



### NEWS FROM THE MAGNOLIA HOUSE CARE HOME

Magnolia House

### A word from our chairman

Spring has definitely sprung here at Magnolia House!

We're starting to see the first shoots of flowers on the grounds, and we've already had some beautifully sunny days.

The team have had a run of birthdays recently, meaning a lot of cake has been consumed and some lovely gifts have been given. A very special happy birthday goes to lvy, who celebrated her 103rd birthday in style.

Last month, we marked World Book Day by sharing staff and residents' favourite reading material, including classics such as Harry Potter, Charlotte's Web and BFG.

**(** 

Looking ahead, we're excited to get out in the garden to enjoy what will hopefully be a glorious summer, and to celebrate Her Majesty's Platinum Jubilee in June.

Chris Mitchell – Chairman, Park Lane Healthcare



### **Big Birthday Bashes**

We've had a flurry of birthdays over the past few weeks, and we wanted to celebrate the residents who celebrated their special days with us.



Our lovely lvy celebrated a milestone of 103, and Pam celebrated her 90th. We also wished many happy returns to Audrey, Sheelah, David, Mavis and Alice.



Wishing you all a very happy birthday from the team at Magnolia House.



### **World Book Day**

The first Thursday in March is World Book Day, so we decided to mark it by sharing our favourite stories and authors.

From gritty John Grisham novels to the silliness of Roald Dahl, from the traditional tales of Enid Blyton to the wizarding world of Harry Potter, there was plenty to enjoy.

We are also taking donations to update our library, so if you have any pre-loved books, please bring them to reception for Sarah.



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#### THE COTTINGHAM TIMES

1 Forge Place, South Rise, Skidby, Cottingham HU16 5UL Telephone: 01482 840035 :: Mobile 07563 885388

Editor: Keith Teale

Published Monthly by: The Cottingham Times

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### **A Christmas Carol**

A big THANK YOU to everyone involved in "A Christmas Carol" last November. We honestly didn't think it would actually happen, but all the planning over the summer and the weeks of rehearsing in freezing conditions, wearing masks and socially distancing paid off and we managed all five shows. It was marvellous to be back, and especially to have such fabulous feedback from the audience – we were not expecting the standing ovations every night! Well done to cast and crew for creating such a joyous and joyful start to CLT's second century in Cottingham!

### Our May Production: "Outside Edge"

It's Saturday, and Roger is desperate to rally his cricket team for the most important match of the season: a fixture against the fearsome British Railways Maintenance Division Yeading East! Unfortunately the fast bowler has injured his spinning finger, the batsman's girlfriend is stuck in the toilet, and Roger's wife has discovered what he got up to playing away in Dorking last year. And then it starts to rain...

Achingly funny, Richard Harris's brilliant comedy says as much about life as it does about cricket! Brian Hossack, CLTs most experienced director, is producing the show and he's assembled a wonderful cast. Rehearsals are going very well – I popped for a sneak preview last month and can confirm that you are in for a real treat.

#### Performances & Tickets

We are only allowed three performances of this show and we expect demand to be high, so please book early. Performances are at 7.30 pm in the Darby & Joan Hall on Thursday 5<sup>th</sup>, Friday 6<sup>th</sup> and Saturday 7<sup>th</sup> May. Tickets cost £8 and are on sale from Saturday 9<sup>th</sup> April from Barkers Newsagents in Cottingham (cash or cheques only, please) or the CLT Ticket Line 07955 138061. Seating is unreserved, (except for members of the Cottingham Little Theatre Friends scheme).

### Keeping safe

We will make sure the hall is sanitised and well-ventilated and, while it's not compulsory, we know some people will prefer to wear face coverings inside. If you can do a home covid test before you come, please do - and remember that if you can't come to the show because you have Coronavirus we will of course refund you for your tickets.

### Another little word about our ticket prices...

As expected, we made a biggish loss on "A Christmas Carol". Tickets were £8, but the actual cost was more like £12.50 because of all the additional measures we put in place to keep everyone safe. We thought it was well worth it, but we obviously can't lose that sort of money on every production or we will soon be out of business! We've kept tickets at £8 for "Outside Edge", but inevitably they will have to go up by a pound or two in the autumn. We hope you'll think we're still good value for money!





### In Cottingham and District

The deadline for entries in the May "What's On" section, is no later than the 18th April 2022.

### Haltemprice Art Group

Meetings held during school term in the Skidby suite at Cottingham High School, on Tuesday evenings between 7.00pm and 9.00pm. April 5th - Storm Brewing; April 19th - Handing in day for exhibition; April 20th - Opening night 7.30 pm; April 26th - Sketching night with still life.

#### **Hull Alpha Probus**

Club for retired or semi-retired professional people meeting on alternate Thursdays - new members welcome. Contact the Secretary on 01482 348270 or 07542 959314. Coffee meetings are upstairs at Kristoff's at 10:30. Lunch meetings are at The Blue Bell at 12:30. 7th April Coffee & conversation; 21st April Lunch & Speaker.

### The Skidby Branch of the Yorkshire Countrywomen's Association

Thursday April 7th at 7. 30 pm - will be holding its Annual General meeting in the Skidby Village Hall followed by a fun Beetle Drive. All members and guests are very welcome. We would be particularly pleased to see some new faces, come along and enjoy the company of our very own Skidby and Little Weighton Women's group. We promise you a warm welcome and an enjoyable get together, look forward to seeing you. Please contact Celia Parnaby 01482 841370 with any questions or more details.

### **Hull and East Riding Glaucoma Group**

Friday 8th April - 11am - 1pm at Sight Support (formerly HERIB) on Beverley Road Hull. We welcome Alison Stannard, Services Manager from Sight Support as our invited speaker. An optional 2 course lunch, bookable in advance is available following this meeting. For more information, to book your place for both the meeting and the lunch if applicable, and also check beforehand if the meeting is going ahead, please call Sight Support on 01482 342 297.

### Little Weighton Village Hall

Friday, 8th April - Last until Autumn. An illustrated talk on "The History & Work of the Yorkshire Air Ambulance" with Kevin Hutchinson. 7.30pm tea & biscuits (included) for 7.45pm talk. Tickets £4 from Lt. Weighton Post Office.

### Skidby Village Hall

Sunday 10th April - Gardener's Fair, Sunday 11am - 3pm, Skidby Village Hall. To book a table to sell your gardening related goods, £10 per table, contact <a href="mailto:skidbyvillagehall@gmail.com">skidbyvillagehall@gmail.com</a>.

### Cottingham Catholic Women's League

Monday 11th April - at 7 30pm in the Garden room at Holy Cross RC church Carrington Ave. Michelle Beadle - A glimpse of Edwardian Life.

Front cover: Cottingham Railway Station. Photo: Paul Lakin.



### Cottingham u3a

Thursday 14 April - at 2 pm in the Darby & Joan Hall. Dulcie Lewis will give a talk entitled 'A Flush in the Pan', which will be followed by the usual tea/coffee and biscuits. As numbers are limited, members must register to attend the meeting by contacting Lesley Tempest (Secretary) - telephone 847359. For further information or queries visit www.u3asites.org.uk/ cottingham

#### Little Weighton Gardeners' Club

Friday 15th April - Doug Stewart tells us about "The World's Largest Gardening Project" at RHS Bridgewater garden.. At 7.30 pm in the Village Hall.

### St Mary's Church, Cottingham

Easter Monday, April 18th - Tower Tour, 2pm. To book, contact Ian on 07768 319570.

#### **East Yorkshire Woodturners**

Tuesday 19th April - 7pm, Skidby Village Hall. (Doors open 6.30pm). Demonstration by Emma Cook - Registered Professional Turner. Visitors welcome (no need to book -£3.50 on the door for guests). For information, please contact David Taylor, 01482 876702 or see the Club's website: https:// eastyorkshirewoodturners.org.uk/

#### **Hull and East Riding New Stitchers**

Tuesday 19th April - Rachel Crawford - Textiles Artist. In the Darby & Joan Hall, Finkle Street, 7.15 pm to 9.15 pm. Meetings are open to visitors. Membership is £15 per year, meetings £2.50 (visitors £3.00) plus refreshments. Further information from Jean Ellis 01482 845415.

### The Arts Society, Hull and East Riding

Tuesday 19th April – An illustrated lecture by Matthew Williams: "Portmeirion: A Welsh Italianate Fantasy". At 10.45a.m. Mercure Grange Park Hotel, Willerby. Non-members welcome. Guests £5.00. For further details please contact Membership Secretary, Maureen Jones, tel. 01482 869886.

### East Yorkshire Association of the National Trust

Thursday 21st April - An illustrated talk by Judith Bangs, entitled 'Victorian Death and Mourning'. To be held in Cottingham Civic Hall, at 7.30 p.m. Non-members welcome.

### **East Riding Flower Club**

Monday 25th April at 2pm - when June Borrowdale, an Area NAFAS demonstrator, will be coming to us to give her interpretation of 'Hold the Front Page'. We are told that the arrangements are inspired by features in magazines. All are welcome to join us for this event. Contact us on: eastridingflowerclub@gmail.com.

### North Ferriby Gardening Club

Monday 25th April - 7.30 -9 pm Parish Hall, Church St, North Ferriby, HU14 3DA. Julian Davies, an experienced Agronomist, will give advice on soil and crop management. Please wear face masks and observe social distancing. A guest fee of £2. Queries? Contact Trevor Barningham 07779 620651.

### Cottingham Catholic Women's League

Monday 2nd May - at 7 30pm in the Garden room at Holy Cross RC church Carrington Ave. Open Meeting.

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### Cottingham Tennis Club (off Hull Road)

A friendly club looking for new members at all levels including absolute beginners. We have excellent facilities including three floodlit, all-weather artificial grass courts. Lots of opportunities for social and competitive tennis and a dedicated coaching team. Contact Matthew Fletcher on 07814 495931 for more information and to arrange to visit the club.

#### The Arterian Singers

Rehearse on a Tuesday evening at Cottingham Methodist Church, Hallgate, Cottingham at 7.30pm. If you would like to come and sing with us you would be very welcome. Contact Maureen Holwell 845363.

#### **Musical Memories**

Come and join us to sing favourite songs from the past. Everyone is welcome. If you can play an instrument bring it along (piano available). We meet every 1st and 3rd Thursday of the month, from 13.45pm until 15.15pm in the Methodist Church Hall, Hallgate, Cottingham. We ask for £2 to cover costs of refreshments.

### **Beverley Men in Sheds**

Meets every weekday morning between 9:00 to 13:00 at Oldroyd's Corner, Woodmansey Garden Centre, Hull Road, Woodmansey, HU17 0RS. We provide a safe place for lonely and isolated men and women to come together to make new friends and indulge in their hobbies. e-mail <a href="mailto:meninshedsbeverley@gmail.com">meninshedsbeverley@gmail.com</a>., or telephone 07795-820443.

### Cottingham & Hull Folk Dance Club

Tuesday 7pm-9-30pm at the Darby and Joan Hall Finkle St., Cottingham. No experience necessary come on your own or bring a friend for light exercise in a friendly environment everyone one welcome. For further information please contact Jan Gray on 01482840637 or Keith Alexander on 01482 509751.



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### The Late Roselie Shores

who sent kind words on her passing.
We thank Revd Dr Nicola Brown and retired

We thank Revd Dr Nicola Brown and retired Revd James Hargreaves for the service at her funeral, on Tuesday 8th March in St Mary's Church Cottingham.

Our mother was the matriarch of our family and had formed lifelong friendships with the villagers in Cottingham and surrounding area. She had supported the Poppy appeal for many years along with our late father Allan and appreciated the British Legion colours flying in the church.

The flowers, which were expertly arranged, adorned the church. Many thanks to all those who assisted with the display and her dear friend's, Sandra and Sue, these were beautiful. You had done her proud. We know she would have been touched and honoured by the gesture.

She had spent her time with the women's institute who also attended the service and played a part in making it so special.

Her flare for baking was very well known around the village. She had looked after so many of her family and friends with abundant cakes and pastries.

We will miss her of course; we are so proud of our mother and her contribution to the various clubs and events she was involved in.

Many thanks to everyone for their kindness shown to us as a family, at her passing.

Paul, David and Mark Shores.







### The East Riding Housing Needs Survey is now live!

chance to tell East Riding of Yorkshire Council about your current home and what the future need for housing might be in your household. Your views as a resident of East Riding are important to us and the information you provide will help us to build a comprehensive picture of the need for homes in our area and help us to ensure we meet the needs of our diverse communities.

The East Riding Housing Needs Survey will allow us to capture a high quality and realistic view of the pressures which our residents might be facing in relation to housing – either for themselves or members of their household. You may have concerns about whether you would be able to afford a new home or you may live in a home that's too large or small for your needs. It may be that you have a family member who wants to move out and start living by themselves but hasn't yet been able to do so. Equally, you may be happy in your current home but we would still like to hear from you.

The information we gather from this survey will feed into a project which will allow the Council to establish the level of housing need in our area as well as what type of need there is. The evidence will support policies to be set out in the East Riding Local Plan which is currently being updated and will provide valuable evidence when planning applications are reviewed with reference to the type, tenure and general mix of a housing development.

The survey can be accessed by the weblink <a href="www.tinyurl.com/22HNSS">www.tinyurl.com/22HNSS</a>. The time taken will depend on your individual household circumstances, but we suggest the average will be 7 – 10 minutes. Responses will be anonymous, but we do ask for data about where you currently live to help us to see where the need for homes is.

The survey will be open until 22 April 2022.

#### Birdsall to Thixendale

Places must be booked in advance.

For further information and to book a place on the coach please contact Joint Rambles' Secretaries, Sue O'Leary on <a href="mailto:sue@sueoleary.co.uk">sue@sueoleary.co.uk</a> or telephone 07767 420646 or Pauline Borger on <a href="mailto:pauline.borger223@btinternet.com">pauline.borger223@btinternet.com</a> or telephone 07929 933323.

Check out our website <a href="http://hull-cha-rambling.wix.com/hull-cha-rambling">http://hull-cha-rambling.wix.com/hull-cha-rambling</a>

Like us on Facebook: The Hull CHA Rambling Club NEW WALKERS WILL ALWAYS BE WELCOME.



### **Hull CHA Rambling Club**

Te are a friendly walking club established in 1911 whose members enjoy walking on the Yorkshire Wolds, Howardian Hills, North Yorkshire Moors, Yorkshire Coast, occasionally into Lincolnshire and the Yorkshire Dales, and we walk throughout the year.

Travel by coach to the starting point. Fare £12.

We pick up at Bilton, Holderness Road, Hull City Centre, Beverley Road, Greenwood Avenue and The Green, Cottingham.

We have one walk planned on 3rd April 2022 Langton Wold/



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### Reduced cost insulation in the East Riding

Residents in the East Riding are being offered the opportunity to install cavity wall and loft insulation for just £99 to homeowners and private sector tenants.

Heat Insulation Ltd, a family owned, and local company established for 30 years, have gained access to funding to install the cavity wall insulation and loft insulation for just £99 each insulation installed. The funding is via a partnership between ScottishPower, Heat Insulation and East Riding of Yorkshire Council and is limited to a first come, first served basis.

Heat Insulation Ltd deliver insulation measures to thousands of homes in the Hull and East Riding area on behalf of the council, Hull City Council and various housing associations and landlords. During winter it is essential to keep warm and healthy and making your home more energy-efficient and insulated will help you achieve this.

Due to further partnership working, they are now also able to

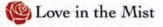
access funding to insulate rooms in roof spaces and internal wall insulation providing they fit specific criteria set out in Ofgem guidance. However, this service is NOT eligible for the £99 scheme and is subject to the property and occupant qualifying for this funding.

The first step would be to carry out a technical survey and if your home is suitable then the works are then booked in for install at a mutually convenient time. Upon completion of cavity wall insulation, you will receive a 25-year CIGA Guarantee.

If you think you may require insulation to your home or require more information on the funding they can offer, please contact Heat Insulation Ltd to book your free survey on 01482 588591. You can also apply online at <a href="https://www.heat-insulation.co.uk">www.heat-insulation.co.uk</a>, quoting "ERYCInsulation".

A resident from Willerby, who has successfully applied for the scheme, said: "We are very pleased with the scheme. We have found the house retains heat during the day and also at night the temperature does not go down much.

"We found Heat Insulation Ltd very helpful and the workers carried out their work in a professional manner."



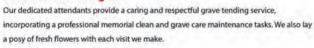
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### **Phoenix Walkers**

Phoenix Walkers are out and about again. We walk every two weeks from February to December.

Our next walks are:

March 13th Stamford Bridge March 27th Pocklington Canal April 10th Snainton/West Ayton April 24th Dalby Forest

Coach prices £11 per seat, come and join us. For further info and to book your seat. Contact Sid and Sue 01482 701325, or Email

Phoenixwalkingclub@outlook.com.

### Marie Curie charity says "Thank you" to the residents of Cottingham

he charity Marie Curie would like to thank everyone who so generously supported the recent street collection in Cottingham on Saturday 5 March. Despite cold, wet and windy weather the amount raised was £935.96, which equates to 48 hours of nursing care. This will be used in our area for people who are terminally ill with any condition who wish to remain in their own homes, and give support to their families."





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Even then, you may be expected to do much of the work yourself, filling in claims questionnaires, online documents, dealing with call centres, inexperienced staff and without your own dedicated lawyer to advise you.

You might be left wondering if your claim was properly investigated and if you have received enough compensation.

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### **Business thanks Cottingham for support over last 10 years**

A local independent insurance broker, Hedon Insurance is celebrating 10 years of business in Cottingham.

Starting out in Hedon 53 years ago, the firm has grown

significantly with additional branches throughout Hull and East Yorkshire.

In 2012, the Directors chose to open up in Cottingham and since day one, have been well received by customers in the village and surrounding area.

Anne Walters, Managing Director explains:

"Cottingham is a great location. It gives our customers easy access to our in-person services. We have great relationships with customers whose family generations have been walking through our doors since Hedon Insurance set up in 1969.



10 April - www.cottinghamtimes.co.uk

"Personally I loved Cottingham so much I moved my home here to bring up my family. They have now grown up and started families of their own here too.

"Our team all enjoy making the most of the local amenities. There are so many lovely cafes and restaurants and handy shops, it's nice to browse during lunch breaks.

"I believe the best possible compliment is when a customer recommends us to their friends and family. It's often not until there is a problem that people appreciate the value of a great local broker. But our advisers are on the end of the phone, we don't operate a call centre, instead we get to know our customers. I believe this traditional customer service is the secret to our longevity and success.

"Thank you Cottingham, we really do enjoy working with vou."

Photo left to right: Director of Hedon Insurance, Sally Needham with Insurance Advisors; Alex Galbraith and Kerry Abblett.



# Households urged to set up council tax direct debit to receive £150 energy rebate The government has announced a package of support to help

he government has announced a package of support to help households with rising energy bills, worth £9.1 billion in 2022-23. This includes a £150 council tax rebate payment for most households that are liable for council tax in bands A to D in England.

For households who pay their council tax by direct debit where East Riding of Yorkshire Council has received a recent payment by this method, the £150 can be paid directly into their bank accounts. Approximately 100,000 East Riding residents pay by direct debit so payment will be made to those residents in April.

Councillor John Holtby, deputy leader of East Riding of Yorkshire Council with responsibility for corporate services, said: "We are urging households who do not pay by direct debit to set one up today, this is the simplest and easiest way to allow the council to pay your £150 council tax energy rebate. To set up a direct debit online you will need your council tax account number. If you do not have this to hand you will receive your new 2022/23 bill shortly which contains this information. Set up your direct debit at <a href="https://www.eastriding.gov.uk/ctdd">www.eastriding.gov.uk/ctdd</a>.

"If you do not set up a direct debit, the council will contact you in April requesting that you complete an application form."

Councils will also be provided with funding to help households who need support but are not eligible for the council tax rebate. The details of this scheme will be published once the council has received detailed guidance from the government.

Please note that due to increased demand on the council tax service due to administering many government grants and annual billing, the team are unable to take calls at present relating to this matter.

Further details will be made available on our website at <a href="https://www.eastriding.gov.uk/counciltax">www.eastriding.gov.uk/counciltax</a>.



### The Windmill Walkers

In 1999, Windmill Walkers was formed. 23 years on, it still operates as a successful, friendly walking club thanks to the support of regular members.

Originating in Skidby, East Yorkshire, and the location of the most northerly English working windmill built in 1821, the club name was created. Current membership of around 80 adults, are residents within East Yorkshire, from Hull and surrounding villages, to locations further afield with some.

close to the county borders.

Members enjoy a scheduled weekly programme of walks between 5 and 7 miles on Wednesday mornings starting at 10am, and a longer walk on the third Sunday of each month. Many of the walks use the public rights of way within East Yorkshire and, as the weather improves and days draw longer, some take place in North Lincolnshire and North Yorkshire. An annual summer coach ramble also takes place.

If you would like further information, details are available on our website at <u>www.</u> windmillwalkers.org.uk.

Here you will find under the walks tab, our new current schedule that is currently work in progress (mid-January) and will be added to as our experienced walk leaders plan their events. There is also a gallery of photographs to show our happy members at various locations we have visited in recent years.

Windmill Walkers are affiliated to the Ramblers as we support their aims and objectives. We also hold third party liability insurance to protect our leaders and members.

If you would like to undertake up to 3 trial walks with us at any time, and enjoy our company, find a 10am start point on our schedule and show up. Please wear adequate footwear and clothing. Also, a drink and snack as we usually stop for 'elevenses'. You will be very welcome.

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### 12 April - <u>www.cottinghamtimes.co.uk</u>

### Wordsearch - Flowers

Can you find the hidden words. They may be horizontal, vertical, diagonal, forwards or backwards.

Ι.																			
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#### Find the words in the letters above:

Alstroemeria, Amaryllis, Anthurium, Aster, Baby's Breath, Bell Flower, Bird of Paradise, Bouvardia, Calla, Carnation, Chrysanthemum, Clematis, Cornflower, Daffodil, Daisy, Delphinium, Forget-Me-Not, Foxglove, Freesia, Fuchsia, Geranium, Gerbera, Ginger, Gladiolus, Golden Rod, Heather, Hollyhocks, Hyacinth, Hydrangea, Iris, Lavender, Lilac, Lily, Lisianthus, Marigold, Orchid, Pansy, Peony, Petunia, Rose, Snapdragon, Statice, Stock, Sunflower, Tulip, Violet, Yarrow. Wordsearch courtesy of <a href="http://www.puzzles.ca/wordsearch.html">http://www.puzzles.ca/wordsearch.html</a>

### Sudoku No. 177

This is an easy challenge this month - Answer on page 29

						9		
	4	7	6					
8				2	4			
		4	3	9				5
	9			8				
	1	6		5			9	2
	3				8			9
				1	2			
		2	7					4

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### MARIONOWENTRAVEL



Spring is in the air, what a joy to have lighter nights, flowers popping up everywhere plus sunnier days. I am writing from Devon it is just splendid.

Freedom, we receiving good news daily allowing us to travel

that bit more. I was delighted to see this week that even those not vaccinated are able to travel to Holland. Before the 23rd March you had to be tested and fully vaccinated before arrival. The testing is an extra expense that has now gone. Join me this April to view the magnificent bulb fields combined with the 10 yearly event Floriade. This decade 55 countries will be taking part in the expo. We will travel via overnight ferry from Newcastle or Hull. As part of our service, when we **book you** on a holiday we will keep you informed of what is required for entry to countries you are due to visit. We monitor the situation on your behalf as our client.

Our Northern Lights 2023, this magical 5 day adventure includes: mushing huskies, driving a reindeer sled and a snowmobile plus enjoying forest treks along with snow shoeing. This break is incredible value for money. We only have lodges & cabins left in January. February half term, we have 3 rooms in the hotel flying from Doncaster. This holiday is for adults & teenagers 15+ not for the little ones, children are catered for before Christmas including a visit Santa. Ask for further details.

River cruising is a great way to tour, and you only have to unpack the once. Ships vary in standard. As many of you are aware we know our ships inside out at Marion Owen Travel. If you are looking to get away we have some superb savings that can be made too.

Your bucket list? Where ever you are wanting to visit on you list we look forward to helping you achieve your wish. Antarctica may be on yours? This vast wilderness is a fabulous experience and we have a departure in October 2023 offering you a great adventure. Flights, transfers, full board on a modern well equipped eco friendly vessel, expedition landings along with lectures. Price from £7265, do ask more I have been myself.

**Book early**, don't miss out on Summer 2023 early booking discounts. Fred Olsen have spending money on all departures & P&O cruises have just gone on sale.

Our face book page shows offers along with other news, a bit like our shop window! Keep your eye on our website too. www.marionowentravel.com We also have a brochure rack on our website giving a wide choice of known operators & cruise lines with niche options too.

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17 Apr	<b>Keukenhof &amp; Floriade</b> 5 nights sailing overnight to Holland. Dinner B&B fabulous itinerary including steam train & boat excursion plus Amsterdam	£	789
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**02 May Somerset Explorer**—5 days dinner B&B - last room £ 499

17 May APT Croatian Coastal cruise & Zagreb 9 days from your door with flights from Humberside. Excursions, most meals & gratuities are included - limited space

16 Jun Shetland Explorer 9 days - just 1 room available £1295

**07 Aug Edinburgh Tattoo** 4 days great seats - hotel B&B in £ **425** the centre of Edinburgh. Includes the Falkirk Wheel

18 Aug Boundary Mills just for the day bargain shopping £ 20

21 Aug Knowsley Safari Park ~ just for the day £ 39

11 Sep Floriade 5 nights via overnight Ferries, DBB £ 789

21 Nov Holly & Mistletoe at the 4 star Tynedale hotel in Llandudno 5 days of fun and amazing food DBB+

01 Dec Thursford Christmas Spectacular limited seats £ 225

03 Dec Bristol Christmas Market & Mike James Orchestra £ 325

19 Jan Boundary Mills for the January Sales bargain shopping £ 20

22 Jan Northern Lights—5 days hotel full we have cabins? £1249

03 Feb Tribute weekend Abba & Buble 2 nights DBB £ 299

**12 Feb** Northern Lights Adventure with Marion 5 days full £1079 board & all activities - staying in the main hotel

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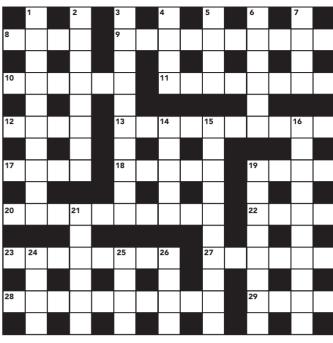
Call Ric 07748 113782



www.host-families.co.uk

14 April - www.cottinghamtimes.co.uk

### Crossword - Solution on page 29



### **Across:**

- 8. German for "Mrs" (4)
- 9. Composure (10)
- 10. Two-piece bathing suit (6)
- 11. A Chinese dialect (8)
- 12. Angelic headgear (4)
- 13. Excessive (10)
- 17. Excavates (4)
- 18. Permit (5)
- 19. Modern day Persia (4)
- 20. Sniggering (10)
- 22. Dogfish (4)
- 23. A type of quail (8)
- 27. A type of strong liquor (6)
- 28. Oversimplify (10)
- 29. Require (4)

### Down:

- 1. Supplying dry land with water (10)
- 2. Radiant (8)
- 3. Valid (10)
- 4. An island in the Marianas (4)
- 5. In a little while (archaic) (4)
- 6. Mar (6)
- 7. Pocketbook (4)
- 14. Prefix meaning more than one (5)
- 15. Rated lower (10)
- 16. Traded or exchanged (10)
- 19. Integral (8)
- 21. Hooded (6)
- 24. Mineral-bearing rocks (4)
- 25. Formerly Saddam's country (4)
- 26. Heroic (4)

Crossword courtesy of www.crosswordpalace.com Support the advertisers who appear within the Cottingham Times















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# In the Kitchen



### One-pot roast chicken with garlicky potatoes & greens

Preparation time: 15 minutes + resting
Cooking time: 1 hour 20 minutes

• Total time: 1 hour 35 + resting. Serves: 4 - 6

### **Ingredients**

1 medium chicken (about 1.5kg), string removed 500g Charlotte potatoes, halved or quartered if large 400g pack echalion shallots, halved lengthways, root trimmed but attached

1 garlic bulb, halved horizontally 100g unsalted butter, softened 500ml tub fresh chicken stock 250g pack Kale, tough stalks removed 2 tbsp cider or white wine vinegar, to taste

### Method

- 1. Preheat the oven to 220°C, gas mark 7. Remove the chicken from the fridge 20 minutes before cooking. Place the potatoes, shallots and garlic into a medium roasting tin. Season the chicken and rub it all over with butter before placing on top of the vegetables. Roast for 45 minutes.
- 2. Cover the chicken with foil and roast for another 30 minutes, or until golden brown and piping hot, the juices run clear and there is no more pink meat when tested at its thickest part (between the leg and breast). Set the chicken aside to rest, loosely covered with foil.
- 3. Put the roasting tin on the hob, add the chicken stock, bring to a rapid boil over a high heat, stirring occasionally,

16 April - www.cottinghamtimes.co.uk

until the liquid reduces by at least half and the potatoes and shallots are very tender. Discard the garlic.

4. Add the kale, cover and steam for 2-3 minutes more, until just softened. Stir in the vinegar and seasoning, to taste. Carve the chicken, adding any resting juices to the vegetables. Serve at once.

### Roasted spicy squash, nuts & beans

Vegetarian

• Total time: 35 minutes. Serves: 2

### **Ingredients**

300g frozen butternut squash
1 red onion, cut into chunks
1 aubergine, diced
40g mixed nuts, roughly chopped
200g can butter beans, drained and rinsed
350g tub Tomato & Chilli Sauce
1 tbsp chopped chives

### Method

- 1. Preheat the oven to 200°C, gas mark 6. Mix together the butternut squash, onion, aubergine, nuts and butter beans in a roasting tin, stir in the sauce and 50ml water. Bake for 25-30 minutes until tender.
- 2. Sprinkle with chopped chives to serve.



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and over a period of 12 months or so it will gently dissolve away the limescale.

Cleaning and care for kitchen and bathroom is transformed with a softener; no need for harsh chemicals or scrubbing and elbow grease; a rinse and wipe down is all that is needed.

### How will I find room for a water softener, they are huge aren't they?

Well, yes they used to be and indeed some of the older styles and more basic "builder grade" softeners still available are on the bulky side, however the good news is that there are now compact, non electric "consumer range" softeners that are the size of a tower computer, superbly efficient and stylishly designed to blend in.

### Will we need plug sockets and a degree in computers to operate it?

In a word, no. The modern softeners no longer need electric power, they are kinetically powered by water flow and are pre set by our skilled installer to give perfectly soft water all of the time, no dials to set or

flashing lights to look out for, its all perfectly simple, perfectly soft.

### I don't want to be moving big heavy bags of salt around, has this been improved?

Yes indeed it has, I'm pleased to say, compressed 4kg Salt blocks are now available for certain units, which makes storing and replenishing salt much easier and salt can be delivered direct to your door or picked up from our Hull store as required.



All the above benefits of a softener will not be at the top of most long term softener owners list of reasons they would not be without theirs, they almost all say it is the luxury of bathing, showering and washing in the superbly soft water, not to mention the super soft fluffy towels that are the product of softened water laundry.



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### **FOOD & DRINK**

### ONTHE GRAPEVINE

### WITH ROY WOODCOCK

### The future for Chilian wine is very bright

Tines from Chile have suffered from the generalisation that the country produced "cheap wine" which went hand-in-hand with the belief this equated to poor quality. But like all generalisations it did a disservice to what was actually available.

There has always been some good Chilean wine available to buy in this country, particularly red varieties, but it's certainly true that Chile became first known for its cheap Cabernets and Merlots made from high yields in the fertile, warm, flat, flood-irrigated Central Valley

White wines, by comparison, left much to be desired up until the very late 1970s, largely as a result of using wooden vats, made from a native variety of beech, that left a taint in the wine. The gradual introduction of temperature-controlled stainless steel vats saw a dramatic rise in quality.

Toby Morrhall, wine buyer with The Wine Society, based in the UK and the world's oldest memberowned community of wine lovers, believes the future is bright for Chilean wines and is firmly behind the society's campaign to highlight Chilean wine, which was launched in March and runs into early April.

"The future for Chile is very bright . . . Chile has incredible potential," he told me. But added: "But it's not for cheap wines. It's for wines of £7 upwards."

Chilean wine has always rated highly with Toby. "As soon as I tasted the wines, I knew they were fantastic value for money," he says. "I remember the first time I tasted Cono Sur Pinot Noir - I couldn't believe how good it was. They've only really scratched the surface in Chile. The Syrahs are phenomenal, and I love Chilean Sauvignon Blanc."

The only constant in Chile is change, he says; its 3,000 mile-long gamut of soils and climates and incredible winemaking innovation producing an ever-diversifying and improving selection of wines. The warmer regions such as Colchagua, Maule and Itata are now producing excellent wines from Rhône varieties. And there are plantings of unirrigated Carignan and Cinsault dating from the 1950s producing lovely wines. Garnacha and Mourvèdre are more recent plantings but already looking very

"When it comes to white wines, 2021 is Chile's best vintage for over a decade. It was a cool year and the wines achieved flavour ripeness at lower alcohols than normal, and the wines are fresh and vibrant with intense aromas and bright fruit. Sauvignon Blancs and Chardonnays from cool coastal vineyards of Casablanca, Leyda and Limarí are increasingly successful," Toby told me.

He picked out, as one of the hottest producers around, the Cristóbal Undurraga family, who sold the company that bears their name and bought an estate near Los Lingues, called Viña Koyle, in Alto Colchagua to make, principally, fine red wines (see best buys).

They planted 50 hectares in 2006/7 (Cabernet Sauvignon, Carmenère, Syrah, Malbec, Petit Verdot, Mourvèdre, Tempranillo) and a further 30 ha in 2010 (Cabernet Franc, Merlot, Carignan, Grenache, Sangiovese and Petit Syrah) totalling 13 varieties.

The vineyards are at the base of some hills at 400-550m altitude in guite a windy situation, particularly in summer, where the maximum average temperature in the hottest month is about 26C. Annual rainfall is between 500 and 700mm, and may allow some vineyard blocks to be "dry farmed" once the young vines have established deep roots. The soil is red clay over friable granite soils.

Toby continued: "The vineyard faces north-west and is divided into three terraces. The bottom terrace has more clay and alluvial soils, while the middle and upper ones have decreasing proportions of clay and increasing amounts of stones and friable granite. The altitude gives a 2C difference in

"The vineyard was certified organic and biodynamic from the 2019 vintage. There is huge potential to make lovely wines here; Cristóbal Undurraga, who lives in a house built on the property, has a real feeling for vineyards and viticulture and is also a very experienced winemaker, having worked in Australia at Rosemount with Phillip Shaw, in Bordeaux at Château Margaux with Paul Pontallier and in Mendoza for Kaiken with Aurelio Montes. One can sense great quality potential here."

\* What's in a name? When it comes to the central European native white grape Furmint, it seems we struggle to know what to make of it and, as a result, producers struggle to sell it through UK retailers.

"We sell Furmint mostly in the on-trade, although in the UK, we do have it in Waitrose," said Tatjana Puklavec from Slovenia's Puklavec Family Wines. She said the problem was related to fact that the grape needed explaining before consumers would try it - something that's possible in a restaurant setting, but rare in a retail environment.

"When we present it to the end consumer, we sometimes hear them say, 'we don't want to taste something that tastes like fur or mint'," she said. However, she added: "But then, when I let people try it, everyone loves it, especially in the UK, because of its fresh style."

She said that because of its "zingy" character, "Furmint is ideal for the Chablis drinker".

18 April - www.cottinghamtimes.co.uk



### BEST BUYS



### **Koyle Cerro Basalto** Garnatxa 2019

Where: The Wine Society When: Now Why: Another great success from Koyle, this seductive and opulent Garnacha is made from low yields on poor basalt soils giving impressive concentration. A generous, powerful wine with aromas of orange peel and rose petals.

### £14.95



### **Koyle Alto Colchagua** Reserva Carmenere 2019

Where: The Wine Society

When: Now

Why: Planted in a coolish spot for Carmenère, enhancing its aromatic complexity, and rendering it fresher and more drinkable than the fruit bomb style from warmer spots. Ripe yet fresh and spicy-tasting with hints of black pepper, cedar and cloves. Made from organically grown grapes

### £8.25



#### **Leyda Valley Syrah**

Where: Co-op When: Now, until April 5 Why: A fresh and juicy coolclimate Syrah grown just 4km away from the Pacific Ocean and produced by multi-award winning winemaker Viviana Navarrete. An extremely intense and concentrated wine, it shows perfumed blackcurrant, leather. spice, black pepper and vanilla notes

### £8.00 (was £10.00)



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### **Luis Felipe Edwards Terraced Sauvignon Blanc**

Where: Waitrose When: Now, until April

Why: Light and refreshing, with crisp notes of citrus and green apple. Suitable for vegans

£5.99 (was £7.99)









Melanie Watson of Skidby Livery Stables with the latest of her monthly articles www.instinctivehorsetraining.co.uk



### Paying it forward

here is an endemic problem in the UK with the indiscriminate breeding of Black and White Gypsy cobs. The value to the owners is to breed fillies, the colts are mostly unwanted. They hold no value and very often are discarded. When I say discarded, I mean exactly that. All over the UK, 100's colt foals are neglected, if they cannot be sold they go for meat or let loose to fend for themselves. The owners literally wash their hands of them with no regard for the safety and welfare of the foal. Road users are put in very real danger of collision, the consequences of which could be devastating.

Over the years I have been called out to help catch roaming colt foals more times than I can remember. A few years back I rehomed a colt foal found wandering the busy roads of Cottingham, lost, scared, in awful condition, full of worms and grieving the loss of his mum. In his distress he latched onto and ended up following some horse riders back to their yard where he was put into a stable. I was called out to collect him and bring him back to my yard where I treated him for his vast worm burden and found him a lovely home with good people.

This year has proved no different. I was called to help two colt foals found roaming the streets and fields on the South Bank. A kindly farmer managed to get them herded into a big grass field so they were contained and safe. I agreed to help find them a home and try to collect them. I did find them a home, a wonderful home near Driffield. Getting them collected was another story altogether.

We were hampered by the Humber Bridge being closed due to high wind on the two occasions that a big team of people could all get together to help round them up. **3rd time lucky worked!** One foal was catchable while the other was very timid indeed. With the use of a bucket full of chopped carrots, 10 people and some very long ropes, we were able to quietly herd them into my trailer. It was touch and go for a while- a bit like pushing water up hill. The timid one tried to head for the hills a couple of times

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but we did it. The little ponies ended up loading inside the trailer via a long avenue of ropes and humans with very little stress. PHEW!

Their new life begins in kind hands- they are the lucky ones. I provided the new owner with halters, ropes, wormer and medications all needed to get them handled and cleansed internally from their massive worm burden. They will always be kept together now, their grief from losing their mums in the harshest way possible will subside as they turn to each other for comfort.

Yet again, the original breeders/owners get off Scott free. We know where these foals came from. We know who owned them and who had tried to sell them unsuccessfully before they conveniently "Wandered off". When contacted, he refused to take them back. Yet no one will touch them. The law is a farce. The local council do nothing. The RSPCA will not intervene. The police don't care so long as the ponies were off the road and posing no threat to people or road users. I could scream at the unfairness of this non-accountability. All that happens is that the same scenario will be repeated, year in, year out, across the country to 100s of vulnerable little gypsy bred colt foals, ripped off their mothers and abandoned somewhere away from mum- whose only crime was to be born male.

These two were lucky. My thanks go to all those who helped out during this protracted rescue. Such awesome people willing to help save two valueless little ponies.



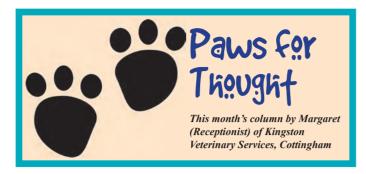
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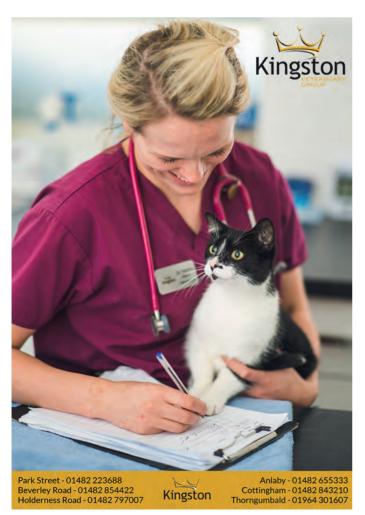




### Where is Oscar?

It was whilst driving to work this morning, my idea for this article came to mind. I do go off track a bit (as did Oscar) so bear with me. Foxes! Who would have a thought seeing a fox at 8am in a residential area? What a distraction for our 4-legged friends and especially in my area where owners walk their dogs off-lead thinking they will not be distracted.

Now, I am not saying this was the case with Oscar but something did make him do something out of character. As like most days, he was having his daily walk with a friend with 3 other dogs on a field close by, when suddenly he wasn't there. Receiving the frantic call, the story unfolds. It was 12.30pm on Costello fields, Pickering Road when Oscar decided to have an adventure. With many calls and family/ friends gathering, the hunt began. Now I am not a fan of social media but in this case, it came out tops with people (who we didn't know) sharing his whereabouts and joining us in the hunt. He had sped off towards Hessle, crossing Boothferry Road, down First Lane then spotted in Hessle centre. He was well recognised as he was still wearing his harness plus, he had a collar on (I shall get to that later). By this time, it was 1.30pm and the family were in hot pursuit with my son in law, Adam (Oscar's dad) waiting at Pickering Park for a while in case he returned and another friend at their house with his bed, food and water outside. Time passed with no sightings so Jenni, (Oscar's



20 April - www.cottinghamtimes.co.uk



mum) started to look where he goes for a walk followed by Adam, searching the Tranby Park area but more messages were saying he was heading up Boothferry Road towards Wingfield Farm on the junction of the A164. By 3pm he had crossed the bypass towards Humberfield tip when, to our horror, we heard the police and members of the public had stopped the traffic on the A63. Thankfully, the little monkey had made it across to the other side so of course we were all following his tracks. With Adam, family and friends heading towards Hessle Country Park, Jenni and I decided to go towards the foreshore. Next call, he was seen running along Ferriby High Road towards Ferriby, then darting into a Landscape Gardeners. Leaving Jenni patrolling the area, I went into the gardeners where I was told he had run through only minutes previously. We seemed to be missing him by minutes each time, just like when he was next spotted around 4pm heading towards the Toll booths on the bridge. There were so many people out looking for him by now surely, we would spot him? With us all surrounding the Country Park, shouting his name, blowing a whistle which he usually comes back to it was getting very dark. Suddenly at 7pm, a post went on Facebook saying a Cockapoo wearing a harness was sighted on Welton cricket grounds. Thinking he couldn't haven't possibly gone this far but we didn't want to turn any sighting down so we headed there with a search party. Sadly, it wasn't him but another escape artist who thankfully found his owner. After a scour around Welton Waters, we headed back towards Hessle when Jenni received a call that he had been seen alongside the Country Park Inn, on Hessle foreshore, by my other son in law Matt. He had decided to sit quietly in his car when Oscar trotted by but was so frightened, he wouldn't respond to his name. We rang our friend who was out looking around Ferriby who set off along the foreshore path followed by Jenni, Adam and Matt heading from the Hessle end. By 8pm, after a very long wait Oscar was found by both search parties, sitting on the edge of the cycle path exhausted. As you can imagine, there were plenty of tears flowing and especially when they saw how many people had turned up after following his journey on Facebook (over 2,000 shares), which my other two daughters had constantly updated as well as manning the phones. Apart from exhaustion, sore pads and a nasty wound under his foreleg where the harness had dug in, he was happy to be home (see pic).

Thankfully, not only did Oscar have a collar and tag (which is a legal requirement), an identichip with up-to-date details which kept us reassured during his escape, BUT he and Max now have a tracking device attached to their collars that is connected to Adams mobile phone! It is very sad seeing all the lost pets advertised that have no I.D at all that heartbreakingly cannot be reunited. Did you know that by joining KINGSTON VETS PETHEALTH CLUB, not only does it include Vaccinations, Flea/Worm treatment plus other extras but Identichipping? Please ring any of our six surgeries, where we will be happy to help.

AND FINALLY...TALI....Mmmmm a tracking device? TALI!!!!!



### Flamborough Lighthouse to reopen for tours

lamborough lighthouse is now open for tours for the first time since the start of the pandemic.

Operated as a partnership between Sewerby Hall and Gardens and Trinity House, the twenty-minute tours offer breathtaking views of the coast. Visitors climb the 119 steps to the top of the lighthouse to enjoy the unrivalled vista of the stunning coastline.

The lighthouse was built in 1806 and acts as a waypoint for deep sea vessels and coastal traffic, as well as marking the Flamborough Headland for vessels heading for the ports of Scarborough and Bridlington.

The lighthouse will be open at weekends until the end of September, and will also be open for tours during school holidays on Tuesdays, Wednesdays and Thursdays.

Tours will operate every 30 minutes, in groups of up to 15 people, and there is no need to book in advance.

Visitors should wear sensible footwear (no flip flops) and should consider any medical conditions before embarking on the climb and descent. Participants must be at least 1.1m tall in order to be able to take the tour.

Tickets cost £5 for adults and £4 for children. Family tickets are also available, at £17 (two adults and two children). All payments must be made in cash.

It is also possible to pre-book private group tours, and school bookings.

For full details of the lighthouse, visit <a href="https://www.trinityhouse.co.uk/lighthouse-visitor-centres/flamborough-lighthouse-visitor-centre">https://www.trinityhouse.co.uk/lighthouse-visitor-centre</a> or <a href="https://www.sewerbyhall.co.uk">www.sewerbyhall.co.uk</a>.





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# "The Tooth and Nothing but The Tooth"

by Chris ' Dr. Smile Maker' Branfield

### Nature's Little Helper

ello again, I hope that you are well. As I write it is a beautiful sunny day letting us know that spring has arrived. I like spring. New life and new growth. A bit of a metaphor for new hope. When you see the news these days it's good



to switch off and enjoy the sunshine and the daffodils.



I like daffodils. They are dependable and come back every year to give an early splash of colour after some often gloomy and colourless days of winter. I like people like that as well. So, it's got me thinking of nature and natural ways to help healing

rather than industrial pharmaceuticals. One product I have used 20+ years, both at home and at work is propolis.

### What is propolis?

Did you know that honey isn't the only thing that bees make? Bees also produce a compound called propolis from the



### Would you love straight teeth?



Lee did! From this to this amazing smile



"I decided, after 40+ years , to get my teeth straightened. I found the whole process very easy and straightforward and not at all scary.

I had 4 crowded teeth removed and an "invisible" brace fitted. There was no pain during this procedure.

I would like to big say thank you to Chris for his expertise but more importantly to his staff who were always kind and professional on the phone and in person.

So finally the results. Well what can I say except "wow!" I'm truly amazed at what Chris has done.

If you're considering teeth straightening, no matter what your age, then I would say 100% go for it. See my photo to see the difference. "L Holmes; Beverley.

Call us now on 01482 772562 to start your transformation journey.

Christopher Edward Branfield GDC Reg No 68346.

22 April - www.cottinghamtimes.co.uk





sap on needle-leaved trees

or evergreens. When they combine the sap with their own discharges and beeswax, they create a sticky, greenish-brown product used as a coating to build their hives. This is propolis.

Thousands of years ago, ancient civilizations used propolis for its medicinal properties. Greeks used it to treat abscesses. Assyrians put it on wounds and tumours to fight infection and help the healing process. Egyptians used it to embalm mummies.

### Healing compounds in propolis

Researchers have identified more than 300 compounds in propolis. The majority of these compounds are forms of polyphenols. Polyphenols are antioxidants that fight disease and damage in the body.

Specifically, propolis contains the polyphenols called flavonoids. Flavonoids are produced in plants as a form of protection.

### Wounds

Propolis has a special compound called pinocembrin, a flavonoid that acts as an antifungal. These anti-inflammatory and antimicrobial properties make propolis helpful in wound healing. One study found that propolis can help people who have had traumatic burns heal faster by speeding up new healthy cell growth.



Another study found that a topical propolis alcoholic extract was more effective than a steroid cream in reducing mast cells in oral surgery wounds. Mast cells are associated with inflammation and slowed wound healing.

So, it's great to have in for oral ulcers and sores as well as cuts, grazes and burns. The Bee Health propolis company is based in Carnaby East Yorkshire so local to us as well. We use this and have for years

Until next time. Take care and be good.





Chris Branfield is Principal Dentist at Castle Park Dental Care, Castle Villa, 28 Castle Road, Cottingham, telephone 01482 772550. He has been in dental practice for 29 years and has a special interest in Life Changing, Pain Free Dentistry with Dental Implants, Teeth Straightening and Cosmetic Dentistry. And, not only that Chris is founder member and trustee of Dental Mavericks charity- ending the daily dental pain of Moroccan kids. For more patient success stories and Chris' Humanitarian work go here now <a href="https://www.castleparkdental.co.uk">www.castleparkdental.co.uk</a>.





### **Summer nights of Outdoor Cinema** at Sewerby Hall and Gardens

utdoor cinema will be back at Sewerby Hall and Gardens this summer, with three great nights over the August Bank Holiday weekend.

On Friday, 26 August, the venue will be hosting 'West Side

Story Outdoor Cinema Experience' at 7pm – details can be found at <a href="https://www.facebook.com/events/264098045797012">https://www.facebook.com/events/264098045797012</a>

Abba fans should save the date of Saturday, 27 August for the 'Abba Outdoor Cinema Experience'at 7pm – details are at <a href="https://www.facebook.com/events/472947751063630">https://www.facebook.com/events/472947751063630</a>

The weekend will finish on Sunday, 28 August at 7pm with the 'Harry Potter Outdoor Cinema Experience'. Details of this event are at <a href="https://www.facebook.com/events/632156304658446">https://www.facebook.com/events/632156304658446</a>

Marie Gascoigne, general manager, Sewerby Hall and Gardens, said: "After the huge success of our previous Outdoor Cinema events, we can't wait for this long weekend of brilliant films! Bring a chair, a rug, and a picnic, and enjoy the entertainment in a superb setting!"

### New season about to start at Sewerby Hall and Gardens

ewerby Hall and Gardens is now open fully for the summer.

The house, gardens, zoo and cafe will be open seven days a week, and a full season of events and activities is planned for 2022.

Over the coming weeks and months, visitors can look forward to the Return of Easter Adventures; the Spring Spectacular; and the Summer of Fun, as well as car rallies in June, July and August. May will also see the opening of the Wildlife Photographer of the

Year exhibition, visiting Sewerby Hall and Gardens for the first time, and running until July.

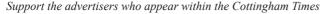
Charges will be reintroduced to the grounds for the summer season as usual, and regular visitors are reminded that an Annual Pass offers excellent value for money. The current cost of an Annual Pass is £28 for adults; £16 for children aged 3-15; and £80 for a family pass (two adults and two children). These prices will increase from 26 March, so visitors are encouraged to lock in the current price now.

Councillor Mike Medini, portfolio holder for cultural and leisure assets, said: "It's very exciting that we can launch a whole summer season at Sewerby Hall and Gardens for the first time for a while! We have a great line-up of events and activities planned this year for all the family, from the traditional Easter Sunday jousting through to exhibitions and a range of outdoor activities throughout the season. And of course the gardens and the zoo are well worth a visit at any time of the year.

"I look forward to a great summer season at this truly wonderful venue!"

For full details of opening hours, events, opening hours, and prices for admission and passes, visit <a href="https://www.sewerbyhall.co.uk">www.sewerbyhall.co.uk</a>.







### Motoring - with Roy Woodcock



The Skoda Fabia just got even fabber . . . It's a distant memory when Skoda were the butt of so many jokes; long ago they cemented a reputation for delivering quality, value-for-money cars, with the Fabia part of that success story since the turn of the century. And the good news is, the Fabia just got even fabber - Roy Woodcock reports.

he Fabia has been a mainstay of the Skoda range for over 20 years and has played a crucial role in building the brand into what it is today. Time to usher in, then, an all-new fourth generation version that raises the bar significantly.

We're looking at the Fabia Hatch here (there is a Fabia Estate as well) and with prices ranging from £15,305 to £19,380, UK customers can currently choose from four trim levels, although the range will be able to boast the full Monte when the sporty Fabia Monte Carlo goes on sale later in the year.

There's no denying the fact that the new Fabia is a good looking car. It has grown in length and width, which not only gives it more road presence but also improves space within the cabin. There's more room in the boot, too - the Fabia already boasted the largest boot in the segment; now capacity has increased by 50 litres to 380 litres. And with the rear seats folded that figure rises to 1,190 litres.

So, a highly practical family car. But buyers will also want to know that it will draw admiring glances, too. And it will . . . it looks particularly dynamic with its athletic proportions, sculptural lines, and sharply drawn headlights and tail lights featuring LED technology.

There's a choice of nine body colours, including the new Phoenix Orange (particularly striking on our test car) and Graphite Grey metallic paint finishes. Metallic Graphite Grey and pearl-effect Magic Black can also be chosen as contrasting paintwork for the roof, wing mirror caps and alloy wheels, while the grille surround can also be ordered in Graphite Grey. A panoramic glass roof is another optional feature.

Engine choices currently are from four, three cylinder, 1-litre units with power outputs of 65PS, 80PS, 95PS, fitted with a five-speed manual gearbox as standard, and 110PS, fitted with either a six-speed manual or seven-speed DSG auto.

There will also be a four-cylinder 1.5-litre option with 150PS to come, but no diesel, hybrid or electric versions.

Trim levels start with the Fabia S, which features LED headlights, Front Assist, Pedestrian Protection and Lane

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Assist, including road edge detection are standard across the range, along with DAB digital radio, a 6.5-inch colour screen infotainment system with easy-to-navigate buttons and manual air conditioning.

S buyers also benefit from e-Call+, a system that establishes an audio and data connection to a dedicated emergency call centre if sensors within the car detect a major accident.

Fabia SE Comfort adds 15-inch alloys, front fog lights and a two-spoke leather multifunction steering wheel. SE customers will also benefit from rear parking sensors, height-adjustable front seats, adjustable lumbar support in front seats and leather-wrapped handbrake lever and gearshift knob.

Fabia SE L includes bigger (16-inch) alloys, chrome window surrounds and electric windows front and rear. Inside, all SE L models are equipped with Comfort seats, chrome-edged air vents, ambient lighting package and microsuede grey lower decorative trim with art grey stitching. In terms of infotainment, the SE L comes with an Amundsen navigation system with 9.2-inch colour display, Care connect and Infotainment online (1 year), web radio and six speakers. Dual-zone air-conditioning, along with two LED reading lights, a removable cup-holder and a front centre armrest are also fitted as standard.

Finally, the Colour Edition has black alloys, privacy glass and door mirrors painted in roof colour. Inside, there's a feature-packed Bolero radio with 8-inch colour display, Virtual Cockpit with 10.25-inch colour display and keyless engine start/stop. And, oh yes, there's an umbrella in the door pocket - always a nice Skoda touch!

We tried the Fabia in the Colour Edition trim driven by a three-cylinder turbocharged 1.0-litre TSI engine with 95 horsepower. It delivered plenty of zip and the light steering proved ideal for weaving through busier town centre congestion, although the engine does get more vocal when pushed on.

Special mention has to go to the highly effective suspension set-up that helps smooth out uneven road surfaces along the way.

All in all, Skoda has been a key player in the supermini segment since the arrival of the Fabia back in 1999. Now the car has got even more appeal with its sporty new look, highend technology, competitive pricing and efficient engines.

\* More information at www.skoda.co.uk



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### The land trains are coming back to Bridlington!

ast Riding of Yorkshire Council has announced that the hugely popular land trains in Bridlington resumed on Saturday, 26 March and will run throughout the summer season.

Initially, two trains will operate, one running from East Riding Leisure Bridlington to Sewerby Hall and Gardens, and one running from South Cliff to Bridlington Spa.

The full service with three trains operating will start on Saturday, 9 April.

#### Fares are:

**(** 

_ *** *** ***			
	One person	Family (4)	Family (5)
Full Journey -SGL	£2.50	£8	£9.50
Full Journey -RTN	£3.50	£12	£14
Half Journey SGL	£1.50	£5	£6
Half Journey RTN	£2.50	£8	£9.50
Day Rider	£6		

Councillor Mike Medini, portfolio holder for cultural and leisure assets, said: "It's a sure sign that Spring has sprung when the Bridlington land trains start running again, and I look forward to another very successful season for these iconic elements of any visit to Brid!"

# Cottingham Food Bank

We are a self-funding organisation run
by volunteers and we need
your help please

We are looking for volunteers to offer their time and skills to carry out any of the following tasks, the only requirement is that you are able to give up the occasional Wednesday morning to do any of the following:

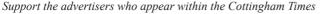
Pack bags with food items etc Sort and stack donations Collect donations from drop box at the Co-Op

**Meet and greet visitors** 

If you are interested in becoming involved in this community run project please contact us:

Email: cottinghamfb@gmail.com Tel: 01482 845920









arch has been quite cool but now the daffodils and crocuses should be in full bloom. With these gorgeous, showy spring displays it's time to start thinking about the summer. There's something to do in the garden whether it's planting, pruning or tidying up – have a literal spring clean in the garden.

When the inevitable April showers stop you from getting into your beds and borders, why not give your greenhouse a clean. Use warm, soapy water on the glass to get rid of pests and diseases, and let more light in.

Now is also the perfect time, if you haven't already, to repair any damage to your lawn. The wet weather will help the grass seeds and fertilisers penetrate your lawn fully. We have a great range for your lawn in the garden centre this month to suit gardens of all sizes, including GroSure Fast Acting Lawn Seed and Aftercut 3 Day Green Lawn Feed. A high-nitrogen fertiliser will give your lawn a boost to start the growing season.

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Hoe your borders, getting rid of the weeds before they take over and apply mulch before the herbaceous growth blocks your view. Improve your soil as well if you haven't already. Use your own compost, organic manure enriched composts or soil conditioner to pep up your soil ready for the growing season. Once the weather begins to warm up add a general-purpose fertiliser to load your soil full of much needed nutrients.

There are plenty of new products and offers in the garden centre this month to help you get your garden looking its best. Visit us soon or take a peek on our website.

This spring and summer get the kids in the garden with some great 'Grow Your Own' projects. Gardening projects can be fun, creative and educational all at the same time.

#### **Grow Wildlife-Friendly Plants**

Plants like Buddleia, wildflowers and Lavender all attract pollinating insects like butterflies and bees. These insects are great to watch and will also help you get a good crop of fruit and vegetables.

Pick up our Perfect Plants for Pollinators at the Information



Desk or take a look at our selection of Pollinator Friendly plants in our Planteria.

### **Plant Sunflower Seeds**

See how high you can grow your sunflower by planting a selection of sunflower varieties in your garden. Stake them to hold them upright and watch them grow and grow. Sunflowers are another plant that is quick and easy to grow with kids.

Plant them in different spots in the garden with varying levels of sun and see which grows best. This is a great way to teach children the importance of sunlight for plants.

### 10 Jobs for this month

- 1. Increase the water given to houseplants.
- 2. Feed shrubs and roses.
- 3. Divide bamboos and waterlilies.
- 4. Protect fruit blossom from late frosts.
- 5. Sow hardy annuals and herb seeds.
- 6. Tie in climbing and rambling roses.
- 7. Sow new lawns or repair bare patches. (visit us for all your lawn care needs)
- 8. Prune fig trees.
- 9. Plant summer flowering bulbs in beds, borders and containers.
- 10. Feed citrus plants.



#### Create a Vegetable Patch

Growing vegetables is a great way to show kids where food comes from. It's also an exciting project with delicious rewards at the end. Tomatoes, cucumbers, broad beans and peas are ideal if you are a beginner too. They can either be grown outside, in a greenhouse, in growbags or in a growhouse if you have little room.

Get a bit more adventurous by planting carrots.

A particular favourite for us is the growbag, the growbag makes it easy to grow all your favourite vegetables and team it up with a hozelock growbag waterer The easiest way to grow plants in a growbag with no pipes, no timers and no fuss.

### How best to grow potatoes in a planter

- 1. Quarter fill the potato planter with a good quality multi purpose compost.
- 2. Set 2 or 3 seed potatoes (do not use more than this as you will only end up with very small potatoes), chits or eyes up, into the compost and cover with another 15 to 20cm layer of compost.
- 3. Water well, two to three times a week, to ensure the compost never dries out. Once shoots break through, roughly every seven to 10 days, cover over with more compost, until the bag is full. Potatoes like a lot of water. You don't want the compost soaking wet but it should be moist all through. Once the bag is filled, feed weekly with a liquid tomato fertiliser instead of watering that day.
  - 4. Once the plants flower, this is the indicator that the tubers



coloured flowers for sight and plants with soft or rough leaves for touch. Plants that stimulate the senses can benefit children with sensory impairments and special needs as it encourage them to explore and enjoy the garden.

Try Heuchera 'Chocolate Ruffles' and Marigolds for bright colours, bamboo Nigella Damascena for sound, Silver Sage and Sempervivum for touch, Chocolate Cosmos and Sweet Peas for smell, Rosemary and Chives for taste. Explore our Planteria to discover more plants to create your sensory garden or container.



are forming and may be ready. Scrape some compost out and if the tubers look OK, empty the bag and harvest your crop. Not all varieties flower so check bags according to the type of potato grown.

### Fill a Container with Sensory Plants

Young children love plants that stimulate the senses – pick out a selection of plants with them and have fun filling a border or container. There's a wide selection of seeds and plants in our Planteria. Choose plants for each sense. Ornamental grasses rustle in the wind for sound and there is a large selection of plants with fragrant flowers and leaves for smell. Aromatic herbs for taste, brightly

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### **Your Stars for April 2022**

By Kay Gower

### Aries (Mar. 21- April 20)

An enjoyable although hectic month ahead. If you don't have what you want this month then the stars suggest that you find a way to create it. A small business on the side would be successful.

#### **Taurus (Apr. 21- May 21)**

Your intuition during April is on target. When it comes to your two favourite things (love and money), buy yourself a lottery ticket and ask for the moon.

#### Gemini (May 22-June 21)

April promises to be a good month for you Gemini, especially under the influence of this astrological alignment. Improvements right across the board will soon put the spring back in your step and faith back in your future.

### Cancer (June 22-July 22)

Move on, look up, and if you want to look back, don't stare too hard. Trust your own good instincts this month, a heartfelt desire will be realised and optimism returns.

#### Leo (July 23-Aug 22)

The ladder to the top can take a long time to climb especially if you stop to dust every rung. Sometimes, good enough really is good enough.

#### **Virgo (Aug 22 – Sept. 23)**

By clinging too tightly to an outcome, you may be blocking something or someone better from turning up. Loosen your grip this month, then stand back and see what happens.

### Libra (Sept. 24 -Oct. 23)

You appear affluent to others. Since nothing succeeds like success, resources and people will come to you late April and most of May. You are entering a fortunate time.

#### **Scorpio (Oct. 24 - Nov. 22)**

A last minute decision could work in your favour. You will be full of ideas about ways to improve your income and the planets forecast a period of significant financial gain. Plans made now or early next month will lead to exciting times.

### Sagittarius (Nov. 23 -Dec. 21)

Complete any unfinished business before the 15th. Changes are in the air but not until month end or perhaps a week after that. Make sure that you have a clean slate before you begin anything new.

#### Capricorn (Dec 22.- Jan. 20)

Good news or an important decision will bring about feelings of satisfaction putting an end to problems, stress and strain. If you have been below par recently you will soon be back on form.

### Aquarius (Jan 21 - Feb 19)

At last, change is moving in your favour. Plan your escape from all things routine and unimportant. A small windfall or gift is indicated.

### Pisces (Feb. 20-Mar. 20)

Go after what you want this month. Not only is this a time of achievement, it's a time when you are blessed with good fortune because lucky Jupiter is in your sign.



### A 'Memory Museum' is now open at Beverley Guildhall

Beverley Guildhall will be hosting the first outing of a 'Popup Memory Museum', showing audiovisual presentations aimed at stimulating people's memories of Beverley, and starting with a specially-created video of 'Memories of Hodgson's Tannery'.

Fiona Jenkinson, Guildhall curator, said: "We are very excited to be able to set up our new Memory Museum, because it will allow us to show the history of the town in a different way. Over the years we have built up a very large collection of images and stories, which we are now combining together to create these videos.

"The first one, on Hodgson's Tannery, which was located on Flemingate, features the voices of several people who

**Crossword solution from page 14** 

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23 <b>B</b>	<sup>24</sup>	В	w	Н	25	Т	<sup>26</sup>		27 <b>A</b>	R	R	Α	С	Κ
	R		L		R		Р		D		Е		Т	
28 <b>G</b>	Ε	N	Е	R	Α	L	ı	Z	Ε		29 <b>N</b>	Ε	Ε	D
	S		D		0		С		D		Т		D	

Soduku Answer from page 12

1	2	3	8	7	5	9	4	6
5	4	7	6	3	9	2	1	8
8	6	9	1	2	4	3	5	7
2	8	4	3	9	1	6	7	5
7	9	5	2	8	6	4	3	1
3	1	6	4	5	7	8	9	2
6	3	1	5	4	8	7	2	9
4	7	8	9	1	2	5	6	3
9	5	2	7	6	3	1	8	4

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worked there, as well as many photographs and excerpts from Ernest Symmons' film 'Romance of Leather', which has been remastered and kindly provided for us by the Yorkshire Film Archive. The 25 minute film will run on a loop throughout the day, so there is no need to book, just pop in and stay for as long as you want."

It is intended that the Memory Museum will 'pop up' at intervals in the Guildhall exhibition programme, with different video presentations each time.

The first new Memory Museum at Beverley Guildhall will be showing 'Memories of Hodgson's Tannery', which will run until 1 July, 2022.

The Guildhall is located in Register Square, off Cross Street, and is open from 10am to 4pm every Friday and 10am to 1pm every Wednesday until 30 April, and 10am to 4pm on Wednesdays thereafter. Admission to the building is free.

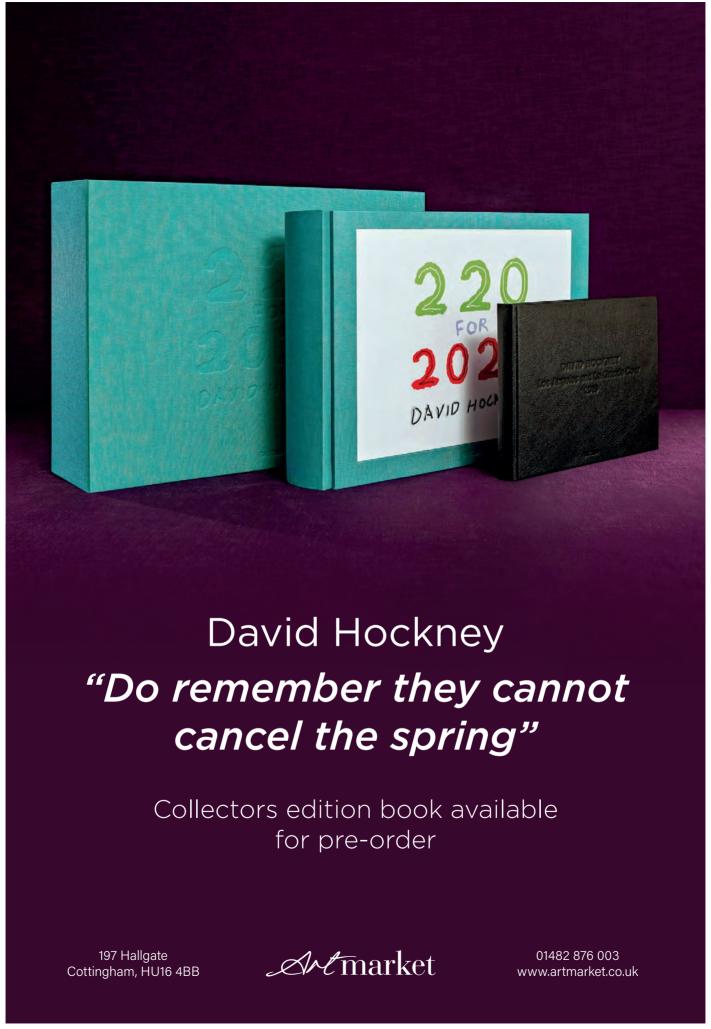
### The Lloyds TSB Bank on Hallgate, Cottingham to close

he Lloyds TSB bank on Hallgate, Cottngham is to close on September 21st 2022.

The nearest branches will now be Newland/Goddard Avenue, Hull City Centre or the Post Office on Finkle Street.

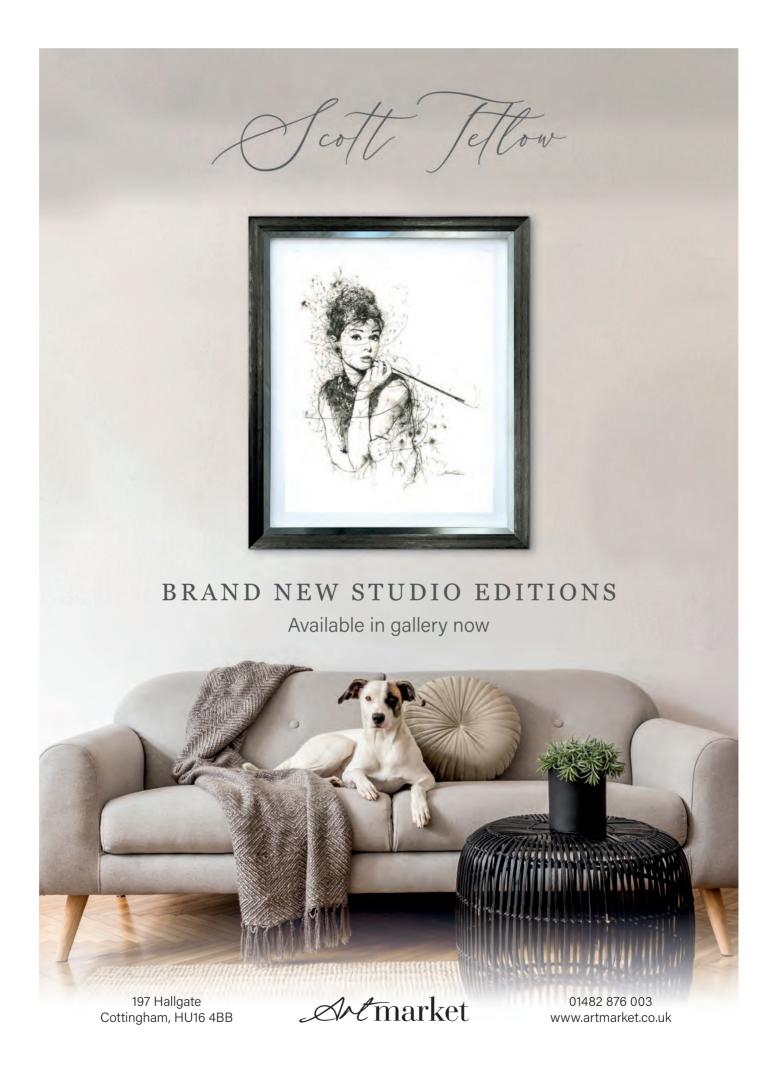






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