

# Cottingham Times

and District

Issue 253 - April 2023



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by Kealey Farmer

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## Mother's Day celebrations

Last month we celebrated Mother's Day, which is always a special day for all the mums living at Magnolia House. We have many mums at Magnolia, who enjoy spending time with their children when they come and visit the home.



### A word from our chairman

With warmer weather on the horizon, we are excited to start gradually bringing back some of our outdoor themed activities and make most of the sunshine.

With three bank holidays scheduled in May, we look forward to welcoming our family friends to the home and join us in celebrating significant events, such as the Coronation of the King.

Across all our homes we have always encouraged residents to embrace special occasions, and especially those which have significant meaning. Our activities teams work incredibly hard in making these days memorable, which was replicated on Mother's Day.

If you want more information about Magnolia House, please contact our registered manager Lindsay Altoft, who will be happy to help:

[lindsayaltoft@parklanehealthcare.co.uk](mailto:lindsayaltoft@parklanehealthcare.co.uk)

*Chris Mitchell, Chairman,  
Park Lane Healthcare*



### Mocktail making for Hydration Week

Residents took part in a mocktail making session, which coincided with National Nutrition and Hydration week. After watching a quick tutorial, residents were able to mix different fruits and flavours, to make their very own mocktails. Each year, we take part in an activity during Nutrition and Hydration week to raise the awareness of healthy eating, but also emphasise the value in keeping hydrated to promote skin integrity amongst older people.

## 104<sup>th</sup> birthday

We recently celebrated Ivy Thompson's 104th birthday with a party and lots of drinks and nibbles to tuck in to. It was wonderful to have her family join residents in singing Happy Birthday and enjoy Ivy's special day with her. Ivy is a very popular character at Magnolia, so it wasn't a shock to her when she woke up to dozens of flowers, gifted to her by family and friends.



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## Local Marie Curie volunteers raise £901.04

Local volunteers for Marie Curie have just celebrated holding their 8th street collection in Cottingham for the Daffodil Appeal. On Saturday 4 March the whopping amount of £901.04 was collected and on Friday 10 March, despite the snow and it being bitterly cold a collection outside the Co-op raised £82.

This money will pay for over 4 hours of free nursing care for those in our area suffering from any terminal illness, also providing emotional and practical support for their families.

Many thanks to everyone who gave their help and support in any way.



## In Cottingham and District

*The deadline for entries in the "What's On" section, is no later than the 1st April.*

### Cottingham Men's de Luda Society

Wednesday 6th April - John Day - Classified in the Willerby and Kirkella Social Club 5a Main Street, Willerby HU10 8Y. We meet at 1.30 pm for 20 pm. Cost per meeting (paid at the door) is £4.

### Hull Alpha Probus

Club for retired or semi-retired people meeting on alternate Thursdays - new members welcome. Contact the Secretary on 0800 141414.

6th April at 10.15 Coffee meeting upstairs at Kristoff's (near Hallgate/King Street traffic lights)

10th April at 12.30 Lunch meeting with Speaker at The Blue Bell (on West Green) Subject 'East Yorkshire Railway' given by John Scotney

### The Hardy Plant Society - East Yorkshire Group

Thursday 6th April - June Taimsh - Helmsley Walled Garden Development and Cultivation. Meet at 7.30 Lund Village Hall, YO21 1F. Guest welcome.

### Yorkshire Countrywomen's Skidby Branch.

Thursday 6th April - at 7.30pm. The theme is a craft competition, including baking items, upcycled items, knitted or crocheted items in red or any thing of interest. The meeting will be preceded by our AGM at 7pm. All welcome, contact Celia Parnaby for a information 0800 303030

### East Yorkshire Embroidery Society (EYES)

Saturday 8th April - meeting commences at 2.30pm in the Daryl & Joan Hall Finkle Street, Cottingham. The History of Batik: Speaker Roxanne Pallat. An illustrated talk on the Batik printing technique, fabrics & pop up shop. Visitors welcome, admittance from 2.15pm - 2.30pm entry fee £3.

### Cottingham Catholic Women's League

Tuesday April 11th - Pat Eliot - Old Houses of Cottingham. We meet in the Garden Room at the Holy Cross RC Church, Carrington Ave at 7.30pm.

### Cottinghamu 3

Thursday 13th April - at 2 pm in the Daryl & Joan Hall. Terry Richard will give a talk on 'Hollywood Nostalgia', which will be followed by the usual tea/coffee and biscuits. For further information or queries visit [www.u3asites.org.uk/cottingham](http://www.u3asites.org.uk/cottingham).

### North Ferriby Gardeners' Club

Monday 17th April - 7.30 - 9 pm Parish Hall, Church St, North Ferriby .HU14 3DA, 'York Gate Garden through the Head Gardener's eyes' presented by Ben Preston. Teas and coffees. Raffle. Yearly membership £15/guest £3. Queries? Contact Trevor Barningham 0800 141414.

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### East Yorkshire Woodturners

Tuesday 18th April - 7pm, Skiff Village Hall, (doors open 6pm): Joey Richards on MA. Professional artistic woodturner. Joey is internationally renowned for her artistic creations and has demonstrated in America, New Zealand, Australia and in Europe. Her work is exhibited in many galleries, notably in America. For information about the Club please contact Amanda Barker, 01482 81139, or visit the Club's website: [eastyorkshirewoodturners.org.uk](http://eastyorkshirewoodturners.org.uk).

### Hull and East Riding Needleworkers

Tuesday 18th April - Karen Turner - Stitch in Life - Textile Artist, on the third Tuesday of the month at The Darcy and Joan Hall, Finkle Street Cottingham, HU16 4Z, 7pm - 9pm. For further information contact Jean Ellis 01482 81139 [www.hullandeastridingstitchers.weebly.com](http://www.hullandeastridingstitchers.weebly.com).

### The Arts Society Hull and East Riding

Tuesday 18th April - An illustrated lecture by Fiona Rose: "The Life and Work of May Morris". At 10am. Mercure Grange Park Hotel, Willerby. Non-members welcome. Guests £10. For further details please contact Membership Secretary, Maureen Jones, tel. 01482 81139.

### Cottingham Men's Deluders Society

Wednesday 19th April - Tony and Rona Dickson - Archival Southerton, in the Willerby and Kirkella Social Club 5a Main Street, Willerby HU10 6BY. We meet at 1.30 pm for 20 pm. Cost per meeting (paid at the door) is £10.

### Hull's Antarctic Postcard Club

Wednesday 19th April - Antarctic Expedition Postcard - Robert McMillan, at 1.30pm. Arlington Hall (Rear of St. Mary's Church). All visitors are welcome. Contact Robert McMillan 01482 81139 or more information.

### East Yorkshire Association of the National Trust

Thursday 20th April - An illustrated talk by Godfrey Holmes entitled the 'History and Mystery of Withernsea'. Cottingham Civic Hall, 7pm. Non-members are welcome.

### Little Weighton Gardeners Club

Friday 21st April - 7pm. Sam Shipman, N.Trust Parkland Manager, talk on "York Gardens of the National Trust - What we've done & where they're going". LW Village Hall Entry.

### The Musical Society Hull Group

Friday 21st April - at 10.00 until 12.15 at Sight Support Brewery Road Hull. The guest speaker will be Wayne Johnson Social Ex's co-ordinator for Sight support to give a talk on his role. All welcome members £2 Refreshments available. For more information contact Clive Skinner 01482 81139.

### Hull & East Riding Birders

Saturday 22nd April - Meeting at Our Lady of Lourdes Church Hall Swanland Road Hessle HU13 0Y 1.30pm to 4pm. This will be a group project - Encrusting Calico. Visitors fee is £10 per meeting. For further information please contact our secretary Steph Palmer mobile 01482 81139. We are an independent group and not connected to HENS Hull & East Riding New Stitchers.

### The East Riding Flower Club

Monday 23rd April - will welcome Cary Harrison, to the next meeting on at Cottingham Civic Hall. Cary has taken her theme 'Have passport and still travelling' and all are welcome. There is a charge for non-members of £5. The demonstration commences at 8pm but as usual refreshments will be served from 1pm which gives us an opportunity to catch up with friends old and new. Support the advertisers who appear within the Cottingham Times

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### Skidby Village Hall

Coffee Mornings - join us for a cuppa and a chat, all welcome! Light refreshments on sale, every Friday, 10m - 3pm. Visit [www.skidbyvillagehall.com](http://www.skidbyvillagehall.com) or @SkidbyVillageHall on Facebook or updates and information.

### North Ferriby Sports Club

Village Hall, 6 Church Road North Ferriby. HU14 3AA. Tuesday and Friday, 10m-12noon, and Thursday Evenings 7pm-9pm, except the second Thursday each month. All are welcome to any session especially those who just want to have a go. Newcomers can bring row wood and play in stocking feet if need be. For information please contact Mike on 01482 845750

### Cottingham & Hull Folk Dance Club

Tuesday 7pm-9.30pm at the Darcy and Joan Hall Finkle St., Cottingham. No experience necessary come on your own or bring a friend for light exercise in a friendly environment everyone welcome. For further information please contact Jan Gray on 01482 845750 or Keith Alexander on 01482 845750

### Cottingham Tennis Club (off Hull Road)

A friendly club looking for new members at all levels including absolute beginners. We have excellent facilities including three floodlit, all-weather artificial grass courts. Lots of opportunities for social and competitive tennis and a dedicated coaching team. Contact Matthew Fletcher on 01482 845750 for more information and to arrange to visit the club

### Christ Church Cottingham

Coffee Mornings 9m-1pm Monday to Thursday, full cafe menu and all proceeds for the Ukraine Aid Effort. 31a Ende Lane HU16 4D. [www.cccottingham.org.uk](http://www.cccottingham.org.uk) for more detail.

### Christ Church Cottingham Cafe

Family cafe environment with play area and reduced cost cafe menu. Every Thursday 9m-1pm, all welcome. All proceeds to support the Ukraine Aid Effort.

### Cottingham Badminton Club

Bathinton Tuesday Thursday evenings, 8pm while 9pm. Cottingham High School. £ per session. No booking required just turn up and play. Fun and friendly. Open to all levels and abilities. Steve Baker 01482 845750

### Cottingham Bowling Club

The bowling club is still open for Carpet Bowls. It is a pleasant way to have gentle exercise in a warm friendly club house. Sessions are held most days from 10 to 12pm; 2 to 4pm and 7 to 9pm. You can ring L. Day 01482 845750 for more information.

### Arterian Singers

Arterian singers rehearse Tuesday evenings at Cottingham Methodist Church, Hallgate, Cottingham on Tuesday evenings at 7.30pm. We welcome new members. For more information ring Hilary Anderson 01482 845750

### Cottingham Cricket Club

Run four Saturday sides, a Sunday side, a Ladies team and junior teams from U9 to U15. Our indoor winter net training will be held at Hamers College, 6pm on Wednesday starting in January. This is for all junior (Harrogate) and Senior teams. We also have indoor Softball training for girls and boys aged 7-14 at Sirius Academy North. This is held on Saturday 12.30 - 2.30pm starting in January. In the Summer, junior training is on a Friday evening and Senior training during the week. For any further information please contact Rob Rhoads at [cottinghamcc@hotmail.co.uk](mailto:cottinghamcc@hotmail.co.uk) We are Clubmark Accredited and all Coaches are DBS checked

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## New walking netball session launched at the East Riding Leisure Haltemprice

With the continuing success of walking netball across the East Riding, a new session is being offered at East Riding Leisure Haltemprice, on Tuesday from 11am-12noon.

The cost will be £8 per session, and it is for those who have previously played netball or who would like to try something new, meet new friends, get a little fitter and have plenty of laughs along the way.

The walking netball sessions are a partnership between England Netball, East Riding Leisure Haltemprice and the council's Health and Wellbeing team.

Councillor Mike Medini, portfolio holder for culture, leisure, libraries and customer services, said: "Walking netball is a slower version of the game with adapted rules – it is netball, but at a walking

pace, and has been designed so that it is accessible to people of all ages, but these sessions are for ladies only. Come along and have a go!"

Sarah Johnson, sport and active communities officer, added "The sessions will be led by staff initially however, to sustain these sessions we are keen to recruit experienced players or umpires who would like to get involved with leading the sessions in the future."

For further information please contact Sarah Johnson: [sarah.johnson@eastriding.gov.uk](mailto:sarah.johnson@eastriding.gov.uk).



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# Cottingham Parish Council



Welcome to our section of the *Cottingham Times* that keeps our residents updated with local news.

## Cottingham Day Sunday 2nd July 2023

We are now taking bookings for Cottingham Day which will take place on Sunday 2nd July 2023 10am – 5pm. This year we will have approximately 80 outside market stalls, craft stalls within the Civic Hall, outside food & drink units, fairground and dog show in Grandad's Park, additional children's activities including the ever-popular climbing wall and spider mountain. Scouts activities will be situated within the Memorial Gardens, a stage with music entertainment, tables/chairs for the public to use will be placed on Market Green and a free park & ride bus will operate from Cottingham High School as in previous years.

If you would like to apply for a space to trade, please email Nicola at [deputyclerk@cottinghamcouncil.org](mailto:deputyclerk@cottinghamcouncil.org) to request a booking form.

## King Charles III Coronation

We are offering ten Small Grants of up to £50 for residents looking to organise street parties/events to celebrate the Coronation of King Charles III. If you would like to be considered for a grant, please visit the Financial Information & Grants page on our website, the link to the application form can be found at the bottom of the page, alternatively please email: [deputyclerk@cottinghamcouncil.org](mailto:deputyclerk@cottinghamcouncil.org) or phone 01482 847623.

The Parish Council is also purchasing a Coronation bench which will be situated in the Abbot's Walk play area within the summer months. Red/white/blue bunting has been purchased to decorate the village

## Full Parish & Finance Meetings

Our Full Parish & Finance Meetings take place within the Parish Office at 7pm on the 3rd Thursday of the month (apart from August and December). Within the meeting we have a 10-minute Public Session where the Parish Council will respond to questions submitted in advance of the meeting by members of the public. If you would like to raise a question please submit this to the Parish Office no later than 7 days prior to the meeting, this can be done via emailing [deputyclerk@cottinghamcouncil.org](mailto:deputyclerk@cottinghamcouncil.org), contacting us via our website [www.cottinghamparishcouncil.org.uk](http://www.cottinghamparishcouncil.org.uk), phoning us on 01482 847623 or submitting your question in writing to Cottingham Parish Council, 9 The Cottages, Market Green, Cottingham HU16 5QG

Nicola Pape

Nicola Pape, Deputy Clerk to Cottingham Parish Council [deputyclerk@cottinghamcouncil.org](mailto:deputyclerk@cottinghamcouncil.org)  
Tel: 01482 847623



## East Riding calls on residents to ensure they use licensed pet care while on holiday

The council is calling on pet owners to make sure that they are employing licensed carers for their pets when on holiday.

The time of year is quickly approaching when many families start to think about heading off for holiday, there's often the need for your family dog to be well looked after whilst you enjoy your break.

The East Riding of Yorkshire Council's Licensing Team strongly advise you do not leave your beloved pet anywhere that doesn't hold a licence, whether that be in kennels or with a home boarder.

Home boarding offers an alternative service which is different to kennelling or pet sitting, where someone opens their home to provide care and accommodation for your dog. Your dog will then live in their home whilst you're away and will have access to a safe and secure garden or outside space and be walked daily.

Most home boarders will be happy to take your dog for as long as you need which can include overnight stay. Home boarders will be insured and must be licensed by the Council.

The licence ensures the house and the carers have been vetted to ensure your dogs needs can be fully met.

If you see people advertising a boarding facility for dogs, please ensure you check they hold the appropriate licence before you leave your family pet there.

Louise Wilson, health, safety and licensing manager at East Riding Council, said "There are many great options for people to ensure their pets are well looked after whilst they are on their holidays. However, it's important to confirm they are licensed to ensure your pet gets the best possible care.

"Dogs are a huge part of people's families, and the council acknowledges this. That is why we need to do everything in our power to keep these pets safe and secure, whether they're at home or with a registered carer."

A public register of those premises and individuals currently licensed to board dogs can be found here:

Kennels: <https://www.eastriding.gov.uk/business/licences-and-registrations/available-licences/animals/catteries-kennels/>

Home Boarders: <https://www.eastriding.gov.uk/business/licences-and-registrations/available-licences/animals/home-boarding/>

If you are interested in becoming a licensed dog boarder within the East Riding of Yorkshire or know/suspect anyone who is home boarding dogs unlicensed we would be keen to hear from you.

You can do this by contacting East Riding of Yorkshire Council via <https://www.eastriding.gov.uk/business/licences-and-registrations/available-licences/animals/>.

# AT THE FOREFRONT OF LITIGATION

Peter Duffus has joined Graham & Rosen Solicitors of Hull and Cottingham as a consultant to assist them with litigation matters.

Peter explained, "About a year ago, having been a partner at a successful local firm for over 25 years, I decided that it was time for a break and left on very good terms before going trekking in Nepal. I was then asked if I was willing to undertake work for Graham & Rosen, and having known the partners since 1991, was very happy to accept."

Peter had acquired a reputation for dealing with "unusual" disputes as a result of which he developed a pragmatic approach and a wide range of experience with:

- **disputed estates including claims pursuant to the Inheritance (Provision for Family and Dependents) Act 1975**
- **contractual disputes**
- **claims against solicitors, accountants and financial advisers**
- **disputes over jointly owned property**
- **defamation**
- **partnership disputes**
- **financial derivatives claims**
- **industrial espionage**

Peter attempts to establish both the strengths and weaknesses in the client's case and their motivation, at the same time trying to build a relationship with his opponent and establishing their motivation. If appropriate, a decision can be made to fight the case. Exploring settlement must, however, always be considered (as the wife of a famous footballer found out recently, litigation may turn out unexpectedly!).

Where conventional negotiations fail, Peter will encourage the client to agree to a mediation which usually breaks the deadlock.

Peter lives in Cottingham with wife Helen and their three children (all of whom attended Cottingham High School) and dog. He enjoys music, cooking, walking, cycling and maintaining their large garden (which has featured in Cottingham Open Gardens) and is a trustee of Cottingham Village Trust. In his spare time he is writing a history of the village in North Yorkshire where his mother grew up.



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## Chatty Bus back on the road to connect local communities

Local bus company, East Yorkshire, is bringing back its 'Chatty Bus', an initiative that aims to fight social isolation and promote connection and local communication with the help of Age UK HEY (Hull and East Yorkshire) and local internet provider KCOM.

Across the next four months, teams from all three businesses will be heading out to the streets of Hull, Brough, Beverley and Cottingham as 'Chatty Ambassadors' who're free to have a chat with anyone wanting to talk. Whether you're looking for advice on how to use your devices to connect with people far away, what local groups, events and services are available to you in your area, or you just fancy a natter with a cuppa - everyone's invited to come along.

The tour will start at Brough on 19 April, Cottingham on Thursday 18 May, and Hull on 14 June. Anyone and everyone is invited to come along, have a chat with the team, and find out more about how they can stay connected in the region.

East Yorkshire's Head of Commercial, Stuart Fillingham, said "We're excited to be bringing back our Chatty Buses to the streets of the region.

"Here at East Yorkshire, we're passionate about connecting people, whether that's with their favourite places or their favourite people. That's why we're bringing back our Chatty Bus campaign: to give people across the region the chance to come, have a cup of tea and a chat with the team, and learn more about the services and initiatives that are available in their local areas."

Neil Bartholomew, Managing Director KCOM Retail, said "The Chatty Bus is a great initiative to be involved with that lets us connect with people right across the region. This time especially our ambassadors will be able to talk to people about how the upgrade of our old copper phone network to full fibre will affect them - and give out useful advice on what they need to do to keep their landlines connected"

Age UK's CEO, Angela Hayes, said "Working with East Yorkshire and partnering with KCOM on the "Chatty Bus" is an excellent way to connect directly into the communities we all serve across Hull and East Yorkshire. The Chatty Bus initiative enables Age UK to spend time "chatting" with people, increasing their awareness of how we can help them or those they may care for, as well as sharing about opportunities to get involved in supporting our work. So when you'd see that the Chatty Bus is going to be nearby then do come and say hello and learn some more about our work."

For more information about East Yorkshire and the Chatty Bus initiative, or to find resources which can help those who suffer from loneliness and social isolation, visit [eastor.kshirebuses.co.uk](http://eastor.kshirebuses.co.uk).

To find out more about the services that Age UK HEY offer (including their befriender service), visit [ageuk.org.uk/hull](http://ageuk.org.uk/hull) or call 0844



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# Do It For East Yorkshire community grant given extra funding

A grant for voluntary and community groups has been given an extra £100k by the council and is set to reopen this month.

Open to voluntary and community groups as well as town and parish councils in the East Riding, the Do It for East Yorkshire community grant can award between £500 and £1000 per group. Previous applicants can reapply for different activity if their projects have been fully completed.

The additional funding was approved by East Riding of Yorkshire Council's cabinet after hearing just how successful the grant had been. The grant was originally intended to help organise COVID recovery activity, but more recently has been used by town and parish councils and community organisations to set up welcome places during the cost-of-living crisis.

The grant has, so far, had 17 successful applications. These grants have been used for various activities and events including Leven Festival, the Beeford in Bloom project and the Hornsea Biker event. A mid-term social value report was carried out in September 2023. The report shows that the fund had delivered £1.2 million or equivalent of social value.

The following groups can apply for the grant:

Voluntary and community groups who have a set of rules and a bank account with at least two unconnected people to approve all transactions and decisions.

- Registered charity
- Charitable incorporated organisation (CIO)
- -for-profit company

- interest company (CIC)
- Community benefit society
- Town or parish council
- Schools where they are providing a community activity
- groups

Helena Moss, interim regeneration and funding manager at East Riding of Yorkshire Council, said "The Do it for East Yorkshire community grant has done a brilliant job in addressing isolation, working within communities to help connect new groups of people. It's a brilliant grant that is helping to fund some amazing work throughout our county."

The Do it for East Yorkshire community grant is available for applications from 21st March 2023 until the funding has been fully committed.

## To apply:

Fill in an expression of interest form and the team will check the eligibility of your proposal. Should your proposal be eligible your organisation will be invited to submit a full application.

Ensure your application highlights what you want the grant to specifically fund.

You don't need to spend time selling your organisation, focus on the project you are going to deliver and the outcomes.

Provided quotes for all items over £500.

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You can also visit <https://www.eastriding.gov.uk/council/grants-and-funding/funding-a-grant/> to see what other monies could be available to fund your project, or visit East Riding 4 Community, the community funding support website for the East Riding area: <https://www.idoopen4community.co.uk/>.

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**Wordsearch - Flowers**

Can you find the hidden words. They may be horizontal, vertical, diagonal, forwards or backwards.

P	L	A	V	E	N	D	E	R	A	C	R	O	A	R	A	O	S	A
Y	I	A	I	N	U	T	E	P	E	D	A	N	E	E	E	R	D	R
S	U	L	O	I	D	A	L	G	O	G	T	L	S	W	G	C	L	E
I	C	B	U	Y	A	N	T	R	Y	H	N	K	I	O	N	H	O	B
A	H	A	S	T	E	R	N	O	U	N	C	I	Y	L	A	I	G	R
D	R	E	H	T	A	E	H	R	N	O	O	A	G	F	R	D	I	E
F	Y	E	O	B	D	D	I	H	H	E	L	E	L	N	D	B	R	G
O	S	T	W	L	I	U	E	Y	T	S	M	I	P	R	Y	E	A	A
X	A	A	O	O	M	R	L	L	T	N	S	T	H	O	H	L	M	M
G	N	G	I	E	L	L	D	R	P	I	I	R	E	C	S	L	N	A
L	T	F	A	S	O	F	O	O	A	H	K	C	M	G	I	F	D	R
O	H	U	E	H	E	E	N	N	F	C	I	C	A	W	R	L	A	Y
V	E	C	O	U	M	E	T	U	O	P	A	N	E	Y	I	O	F	L
E	M	H	L	E	D	H	R	T	S	L	A	R	I	S	H	W	F	L
C	U	S	R	S	U	M	S	F	L	E	L	R	N	U	O	E	O	I
I	M	I	L	S	G	E	R	A	N	I	U	M	A	A	M	R	D	S
T	A	A	H	T	A	E	R	B	S	Y	B	A	B	D	T	A	I	S
A	S	I	T	A	M	E	L	C	W	O	R	R	A	Y	I	I	L	S
T	E	L	O	I	V	B	O	U	V	A	R	D	I	A	W	S	O	E
S	L	I	L	Y	S	N	A	P	D	R	A	G	O	N	E	T	E	N

Find the new words in the letters above:

Alstroemeria, Amaryllis, Anthurium, Aster, Baby's Breath, Bell Flower, Bird of Paradise, Bougainvillea, Calla, Carnation, Chrysanthemum, Clematis, Cornflower, Daffodil, Daisy, Delphinium, Forget-Me-Not, Foxglove, Freesia, Fuchsia, Geranium, Gerbera, Ginger, Gladiolus, Golden Rod, Heather, Hollyhocks, Hyacinth, Hydrangea, Iris, Landerlily, Lisianthus, Marigold, Orchid, Pansy, Peony, Petunia, Rose, Snapdragon, Statice, Stock, Sunflower, Tulip, Violet, Yarrow.

Wordsearch courtesy of <http://www.puzzles.com/wordsearch.html>

**Sudoku No. 189**

This is an easy challenge this month - Answer on page 29

8		5	9		4			7
		1			7			
	3			2		6	4	
5				8				
		6	1	5	9			8
					5	3		
9				1		4		6
	2					7		

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# MARIONOWENTRAVEL

As the ski season draws to an end, I have to say that in Les Arcs the ski passes may be expensive compared to other resorts, but you get what you pay for. The slopes have virtually all been open throughout the season. If you are a skier or new to ski then you are in good hands at Marion Owen Travel as we are all skiers & it is not too early to book for next year.

This year I intended to create 30 special departures for 30 years! as Marion Owen Travel will be 30 years old on the 1st June and we are proud to be totally independent. We are one of only a few remaining agents that are not a franchise, so you do really know who you are booking with. Anyway not quite 30 tours, but I am delighted to have added extra departures for this year & 2024's programme is coming along nicely. Rooms sell very quickly for our own departures most tours are down to a hand full of rooms within days of being released. Our tours are cultural, friendly & fun we always have a bit of an adventure taking you places that a coach would not normally go! Why not join loyal regular travellers.

Not shown on the list opposite are two special cruise departures. August 2024 - an expedition cruise exploring the North West Passage, north of Revolution Bay in Canada. Then June 2025 a Panama Canal cruise from San Francisco to Miami, a perfect time of the year for this itinerary, you need to act quickly as it is proving popular, ask for further details.

**Northern Cyprus 2024** ... our special departure is an exciting itinerary, with interesting visits included each day, with the luxury of unpacking once in a 4\* hotel including dinner & breakfast for the duration. With travel from your door, flying direct from Leeds Bradford to Paphos with day time flights this gives your holiday a great start & finish. Suitable for couples & solo travellers, book now as the flight prices are increasing.

**Faraway holidays**, we now are able to book World Cruises for 2026 can you believe this? Regent Seven Seas is full for 2025 hence 2026 RTW is now bookable. They do have European availability for this summer.

We have seen a marked rise for cruising the Polynesian Islands, this is an area I enjoyed a few years ago & can highly recommend. Cruising at one time was not within everyone's reach, now we can offer you a cruise on a P&O ship cheaper than in a hotel from £499 for 7 nights & that includes full board & superb entertainment and different places to visit on your floating hotel.

**Thailand** is a popular spot and one of Emma's favourite countries. We can offer fabulous tailor-made itineraries. Seen an itinerary? Pick up the phone and get our quote. You know who you are booking with, we are local & always available 24/7 throughout your holiday.

**Website**, [www.marionowentravel.com](http://www.marionowentravel.com) Looking for a cottage or a castle, a flight or a holiday package - live availability can be found and booked on line 24/7.

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13 May	Spalding Flower Parade a great day out.	£ 45
09 Jun	Halls & gardens in Cumbria 3 days dinner B&B Visiting Leighton Hall, Muncaster Castle & Sizergh	£ 326
29 Jun	Boundary Mills - summer sale - just for the day	£ 23
14 Jul	Welsh Adventure - 7 nights two centre 3 nights at the Min Y Mor Barmouth + 4 nights at the Tynedale scenery, seaside, train rides, castles & more	£ 975
28 Aug	Durham, Alnwick Castle, Bambrough Castle & Holy Island 3 days dinner B&B	£ 299
02 Sep	Northern Belle, Britain's most Luxurious Train. Full day outing to Carlisle travelling the iconic Settle to Carlisle route. Brunch + 5 course dinner inc.	£ 495
16 Sep	West Ireland Atlantic Way, our journey continues, another adventure down the coast 9 days	£1165
22 Oct	Fred Olsen 10 night cruise visiting the lovely ports of Lisbon, Gibraltar, Cadiz, Malaga & La Coruna. Sails from Liverpool. Emma will be sailing with you.	From £1399
27 Nov	Warners Heythrop Park 5 days great itinerary inc. Blenheim Palace, dressed for Christmas	£ 495
*2024*	The Tynedales Big Weekend, enjoy an 8 course tasting menu, a black tie casino night & more, 4 days	£ 375
26 Jan		
23 Feb	A great little break to Scotland relaxing & inclusive 4 day break including packed lunch & drinks. The sights & history of Sterling & Glasgow	£ 375
16 Mar	Northern Cyprus 7 nights dinner B&B excursions	£1357
17 Jul	Isle of Man 6 nights dinner B&B + comprehensive sightseeing of the island. 4* Mannin Hotel Douglas.	£1195
14 Nov	Thursford Christmas Spectacular 2 days	£ 255
25 Nov	Holly & Mistletoe at the Tynedale Llandudno - visit to our favourite hotel - advance register today £20	£ tba
30 Nov	Thursford Christmas Spectacular 2 days	£ 255

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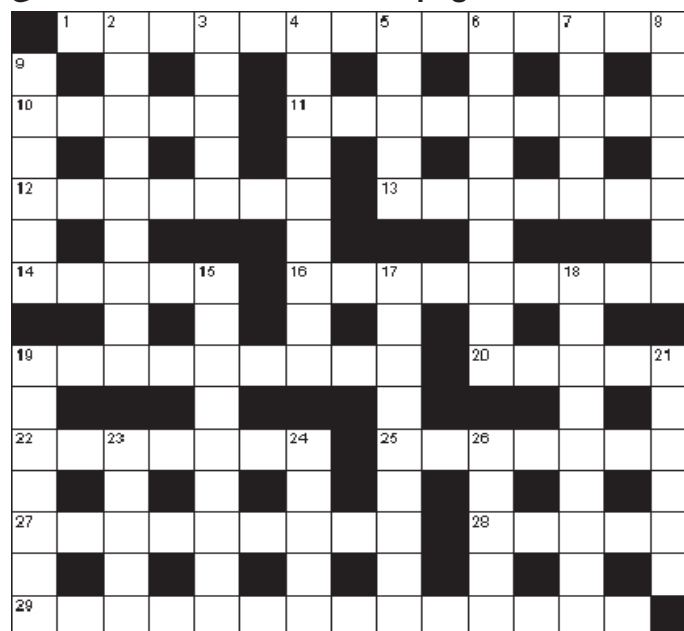
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## Crossword - Solution on page 29



### Across:

- 1 Climb ng tall hills (14)  
10 F uries (5)  
11 Acqi t (9)  
12 U ltimately (7)  
13 Panches of sweetenedn ilk and ggs (7)  
14 A sloping edge on a cutting tool (5)  
16 N osebe eed (9)  
18 ankrupt (9)  
19 ollovedbut (5)  
2 A rope for a sail (7)  
3 nstructions on foodr eparation (7)  
20 arrier (9)  
22 wampyl ake (5)  
23 lid s usedw ith ov rheadr ojectors (14)

### Down:

- 2 C oord nates (9)  
3 Relating to the nose (5)  
4 Weld r's fuel (9)  
5 H angman's knot (5)  
6 nds trious (9)  
7 A RockyM ountain state (5)  
8 s positions (7)  
9 P re-bi lt (6)  
10 B ed ime song (9)  
11 T nterpose (9)  
12 P lant ad ptedr or limitedv ater (9)  
13 L ier or d ell (7)  
14 A field event (6)  
15 I nsect stage (5)  
16 A literarqe nre (5)  
17 B ok ike (5)

Crossword courtesy of [www.crosswordpalace.com](http://www.crosswordpalace.com)  
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## Around 100 new electric vehicle chargers to be installed on-street in the East Riding

New electric vehicle charging points are to be installed in on-street locations across the East Riding over the next year.

East Riding of Yorkshire Council is to invest £1.5m to install around 100 new public electric vehicle (EV) charging points in 2023 in order to improve the entire network as more electric powered cars hit the road.

The scheme is part of the council's climate change pledge and is designed to support residents and visitors and encourage greater take up of electric powered vehicles, as the Government's ban on the sale of new petrol and diesel cars in 2035 gets ever closer.

The points are due to be fitted at key sites in **Anlaby, Beverley, Bridlington, Brough, Cottingham, Driffield, Flamborough,**

**Goole, Hedon, Hessle, Hornsea, Market Weighton, Pocklington and Southaith,** with more locations to follow in 2024.

All the chargers will be free standing and provide power for between two and five vehicles at a time, depending on the available power supply in that area.

All installations will be subject to the normal public consultation and planning approval process.

The council installed its first EV chargers in 2014.

Since then, it has gone on to install a further 57 charging points in its public car parks and at council properties, such as at East Riding Leisure centres, for both public and staff use.

So far, they have all been free to use – to encourage the uptake of electric vehicles – but, in line with other authorities, charges will be introduced when the new points have been fitted because of the effect of soaring energy prices on the council's limited budget.

Prices are due to be set at a competitive rate in order to cover energy and running costs.

All money recouped minus costs, will be reinvested in further EV charging points to meet increasing demand. The council also aims to attract more investment to fund further units.

Although private developers are mandated to install chargers as part of new developments, the council is not required to provide any.

But these new points are being installed to help residents who don't have their own driveways and may find it difficult to charge at home. Although they are not designed to replace at-home charging.

The council has been exploring a number of ways to help residents with on-street parking. It also aims to increase safety around electric charging.

It is looking to offer a gully charging service to residents in return for a fee, depending on permissions, where a gully can be created in a pavement outside a house in order to carry charging wires, to avoid any accidents caused by trailing cables.

Councillor Chris Matthews, the council's portfolio holder for environment and climate change, said "I'm really pleased we are able to fit these public charging points across the East Riding to support our residents – and we're hopefully going to install more in the future.

"Although these units aren't designed to replace charging at home, they will be a handy alternative when drivers need to use them.

"Electric vehicles are becoming much more popular now in the East Riding. They will not only improve the area's carbon footprint, but also improve the air quality, especially in our towns."

# Andy Wilson

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## The Phoenix Walkers

Spring has sprung, what better time to join an adult walking group. Get your boots on for a coach ramble. We walk in The Wolds, Moors and Dales in Yorkshire and Lincolnshire and sometimes even further.

We have two walks 7-10 miles & 5-7 miles, every two weeks on a Sunday from Feb to Dec.

All you need good footwear, a waterproof, packed lunch and £2 for your seat.

(Booking in advance) Membership is £5 per year.

All walks have leaders and are risk assessed.

Our next walks are

April 9th Spurn Point

April 30th Bishop Wilton

May 7th Haxby (Lincs)

May 28th Marsden

For further information ring or email Sid & Sue  
01482 333333 [phoenixwalkingclub@outlook.com](mailto:phoenixwalkingclub@outlook.com).

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# Haltemprice Art Group announce the dates for their 2023 Annual Exhibition

The Haltemprice Art Group Exhibition, will be held at Cottingham Civic Hall from Wednesday April 19th to Saturday April 22nd.

Wednesday April 19th .  
 Official opening at 7.30pm  
 Thursday April 20th . 10am to 4pm  
 Friday April 21st . 10am to 5pm  
 Saturday April 22nd . 10am to 4pm

FREE ENTRY

The Chairman of East Riding of Yorkshire Council, Mr John Whittle, will declare the exhibition open, and present trophies. This year's exhibition will be adjudicated by local artist, Eleanor Tomlinson. You may remember Eleanor's water colour sketch of the Queen and Padington, at the time of the Queens Jubilee, which went viral

on social media. We look forward to welcoming Eleanor to our Exhibition and hearing her comments on our work.

We will exhibit around 10 framed paintings, a themed section titled 'far away places' and a selection of unframed work, along with beautiful hand crafted greeting cards. This year, we will be selling hand painted rocks/stones, to raise money for Hull charity, Chase.

For further information, Contact: [davidgoldsmith@gmail.com](mailto:davidgoldsmith@gmail.com).



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## Easter fun and activities at Sewerby Hall and Gardens – and a brand new Woodland Activity area

Easter at Sewerby Hall and Gardens will see two weeks of events and fun activities, including the legendary medieval jousting on Easter Sunday, and the opening of a brand new Woodland Activity area.

Designed to provide fun and adventure for children, the activity area boasts a range of exciting play equipment including a zip line, bungee beams, stepping stones and wobbly bridge.

The events programme offers fun for all the family

**3 and 10 April** : Rusticus Encounter - Viking : 11.30 am – 3.30pm : join Viking shield maiden, Freyja, and take part in outdoor activities and games

**4 and 11 April** : Rusticus - Knights of the Round Table! : 11.30 am - 3.30pm : Sir Prancealot and page Prentice share what it takes to be knights of the Round Table out of doors

**5, 8 and 12 April** : Easter Magic in the Orangery and Face Painting : 11am-4pm : Join Mr Bubbles for family fun.

**6 and 13 April** : Rusticus - Woodland Adventure : 11.30 am – 3.30pm : featuring the Mad Hatter and the Queen of Hearts, outdoor fun including crazy rope and tea party.

**Good Friday, 7 April** : Wild Mats - Winter : 11am-3pm: create a mountain hare or a hibb mating hedgehog.

**7 April** : zoo activity - willow fruit kebabs : 11am – 12 pm: make a kebab to feed to the animals, and learn about their diet and hair our

**Easter Sunday, 9 April** : medieval jousting : 1pm-3.30pm : England's number one jousting team from Nottingham return, with around 10 jousting teams and horses, including The Black Knight and Sir Michael of York.

**9 April** : Craft Fair : 11am-4pm : handmade gifts, keepsakes, and accessories, in the Orangery

**4 April** : Wildcats - Nest Making : 11am – 3pm : collect materials and weave a beautiful nest for your eggs.

**4 April** : zoo activity - Meet the Hoof Stock : 11am- 1.30pm : a chance to meet donkeys, llamas and goats in the zoo.

Marie Gascoigne, General Manager of Sewerby Hall and Gardens, said "As well as a fantastic Easter programme of events and activities, we are thrilled to open the new Woodland Activity Area at Sewerby Hall and Gardens. It will offer an exciting addition to our already popular attractions and we're confident that children of all ages will have a fantastic time exploring and playing in this new area.

"We've designed the area to be both safe and challenging, and we're looking forward to welcoming families to come and experience it for themselves."

It is hoped that the Woodland Activity Area will be open to the public from the Easter holiday. Visitors can take advantage of the beautiful surroundings of Sewerby Hall, which include stunning gardens, woodland walks, and a host of other attractions. Whether a local resident or a visitor to the area, Sewerby Hall offers a unique and memorable day out for the whole family.

Admission to the Woodland Activity Area is included with the standard admission fee for Sewerby Hall and Gardens. Visitors are advised to wear appropriate clothing and footwear for outdoor play, and to be prepared for an adventure!

For more information about the Easter events programme, all facilities at Sewerby Hall and Gardens, opening hours and admission charges, and to buy tickets, visit [www.sewerbyhall.co.uk](http://www.sewerbyhall.co.uk).

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Quality Water is our Business

## Hard Water Horrors ?

Fitting a new kitchen or bathroom is often an occasion that gets people thinking about protecting their planned investment from the ravages of hard water; limescale, soap scum, streaks and spotting . . . the list goes on.

After all the effort and cost of selecting and fitting your new units and appliances its only natural to want to keep them sparkling and pristine and the one guaranteed way in our hard water county is to find the correct water softener for the property and get it installed as soon as possible.

Immediately after it is installed, a professionally specified and installed unit will protect plumbing, showers and appliances and keep everything at peak efficiency and performance year after year.

Amazingly the softener doesn't stop there, it will also undo the previous years of scale build up in existing plumbing and appliances and over a period of 12 months or so it will gently dissolve away the limescale.

Cleaning and care for kitchen and bathroom is transformed with a softener; no need for harsh chemicals or scrubbing and elbow grease; a rinse and wipe down is all that is needed.

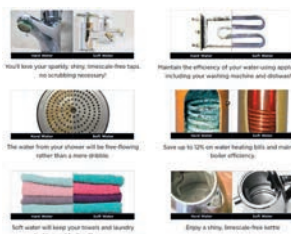


### How will I find room for a water softener, they are huge aren't they?

Well, yes they used to be and indeed some of the older styles and more basic "builder grade" softeners still available are on the bulky side, however the good news is that there are now compact, non electric "consumer range" softeners that are the size of a tower computer, superbly efficient and stylishly designed to blend in.

### Will we need plug sockets and a degree in computers to operate it?

In a word, no. The modern softeners no longer need electric power, they are kinetically powered by water flow and are pre set by our skilled installer to give perfectly soft water all of the time, no dials to set or flashing lights to look out for, its all perfectly simple, perfectly soft.



### I don't want to be moving big heavy bags of salt around, has this been improved?

Yes indeed it has, I'm pleased to say, compressed 4kg Salt blocks are now available for certain units, which makes storing and replenishing salt much easier and salt can be delivered direct to your door or picked up from our Hull store as required. All the above benefits of a softener will not be at the top of most long term softener owners list of reasons they would not be without theirs, they almost all say it is the luxury of bathing, showering and washing in the superbly soft water, not to mention the super soft fluffy towels that are the product of softened water laundry.

For more friendly, unbiased advice and information, just call **Dave Parry** at:



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## Follow your dream . . .

I never thought the time would come for me to say this but sadly I am retiring at the end of April to start a new chapter in my life, after 23 years working within the Veterinary field. It has been a wonderful 23 years with some ups and downs especially during the COVID period but I cannot think of a job more satisfying and a pleasure to come to work. So when did your journeys start?

In 1981 I found myself having to return to work. My passion for animals lead me to study for a HNC in Animal Care at Bishop Burton. At the age of 39 and with only one O' Level and six GCSE'S, I saw myself enrol into a class of 30 mature students. Nervous did not come into, petrified did, but not to be beaten, after two years of study, exams and raising my three teenage daughters I finally qualified.

During the final months of my course, I began putting out feelers for voluntary work and found myself working for Mr Terry at the Park St surgery. This brought me so much experience that after my graduation I was offered a Saturday job at a vets in Hessle where I had been a client with my menagerie of pets. They had another site in Beverley so I flitted between the two for training. After a short while, I was offered a part time receptionist position in Beverley, covering Saturday in Hessle. I loved it, chatting to the farmers on cattle market day (which was then held where the new Tesco is now), hearing all the stories of past farming life. A couple of years passed when one of the partners bought the practice in Hessle and asked me to go with him but this time to be an



Auxiliary Nurse. It was quite a learning curve, assisting in operations, learning medications and nurse clinics. Another period in my life's chapter, which I thoroughly enjoyed as it was more hands on with the animals. When the nurse, who I was covering, returned from her six month vacation, I then covered and worked alongside the Practice Manager this time learning about how the practice functions, involving and attending computer system courses through out the region. Being a 'Technophobic' I did find this quite challenging so when I was approached by Richard Jones, the owner of KINGSTON at the time, to Head the reception team I jumped at the chance as being face to face with clients is my passion. At the time (nearly 10 years ago) we only had two branches, namely Park Street and Cottingham with only four receptionists. How times have changed We now have 14 receptionists spread across six branches, numerous Vets, RVN'S, trainee Nurses, Animal Care Assistants and the Ambulance drivers to name but a few, also not forgetting the members of staff who process Insurance Claims and deal with the Pet health Club enquiries, all on a daily basis. Like I mentioned earlier, we have weathered two challenging years of COVID closing most of the branches and furloughing half of the team which was harrowing at the best of times, but it was the asking the owners to pass over their pets at the door for appointments, some not even being able to say their final 'good bye', took its toll on us. Having to do this despite government guidelines and going against all that we believed in, broke our hearts. Many a time a tear was shed most often at the surgery but also when we got home. Thankfully as the restrictions dropped we started getting back to 'normality'.

As I reflect over these years, I look back with pride, not only in the achievements I have made following my dream but also what the Veterinary Industry try now has to offer and what is readily available. Welcoming an MRI scanner, Orthopaedic Theatre and Heart scanner to name but a few at KINGSTON is the way forward for our precious pets. What more can we ask for?

Shall I miss it all? Yes, is the straight answer. It is not only the wonderful team here at Cottingham where I have proudly been for the past 15 years, the many pets who have passed through the door but it's also the client friends I have made along the way. After all, a good Veterinary Receptionist's main passion above everything, is to be able to converse with ease to clients new and old and for anyone who knows me, I don't stop.

### AND FINALLYT ALL.

Sadly there is nothing to report on my girl this month, as I think I have used all the space on myself but I am over the moon that I have been asked to continue writing my articles on behalf of KINGSTON.

*So I must lighted o' sp, until the next time.*

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# Northern Gas Networks extends partnership with Scouts to raise awareness of the 'silent killer'

Northern Gas Networks, the gas distributor for the north of England, has launched its new suite of carbon monoxide (CO) awareness activities with The Scout Association to help educate young people about the dangers of the CO and how to keep themselves and their families safe from the 'silent killer'.

A year into the three-year partnership with fellow gas networks SGN, Wales & West Utilities and Cadent, NGN has launched the new set of activities for Beavers, Cubs, Scouts and Explorers, helping them to understand the signs of CO, the symptoms of CO poisoning, and what steps to take if they think the poisonous gas is present in their homes. The newest set of activities include useful camping recipes embedded with CO safety information, and a new mystery game where players must identify what the undetected danger is.

Carbon monoxide is known as the 'silent killer' because you can't see, smell, taste or hear it and can kill very quickly without warning. The symptoms of CO poisoning are very similar to flu and can often be mistaken for the common cold. The partnership aims to give as many people as possible the knowledge they need to keep themselves and their loved ones safe.

Adding to the four activities which were created last year for Beavers (6-8 years) and Cubs (8-10 years), the six new activities are also suitable for Scouts (10-14 years), and Explorers (14-18 years).

Cubs can still earn their Cub Home Safety Activity Badge through completing the activities, which has been sponsored by the gas networks, when learning how to prevent accidents in the home and gaining knowledge on what to do if they occur.

Through the partnership, training and guidance is also being provided for adult volunteers about CO safety, so they are better equipped to teach the young people in their groups, and to make sure everyone stays safe in meeting places and in camps.

NGN Customer Experience Director, Eileen Brown, said "We're thrilled to be in our second year of partnership with Scouts to teach more young people across the UK about carbon monoxide. By partnering with The Scouts Association and sponsoring the Cub Home Safety Activity Badge, we know these young members will be actively making sure their homes are safe from CO and any other potential dangers to gain their new badge."

"Most Scouts and Explorers take part in some form of camping but are unaware of the potential CO dangers whilst enjoying their expeditions. Our new activities will make sure they know not to put themselves at risk by doing things like cooking inside their tents."

"Our new activities also include instructions on how to maintain the audible CO alarm in your home, which is one of the simplest ways to keep your household safe. You should always make sure your CO alarm is batteries are tested regularly, and that the alarm is replaced if it comes to the end of its useful life."

The Scout Association's Head of Media Relations Simon Carter said "Understanding the dangers of Carbon monoxide is important for everyone. The activities we have created use the expertise from the UK gas companies to embed this crucial safety message in a fun, engaging way that builds skills for life. The activities encourage young people to consider the dangers of Carbon Monoxide when cooking over a fire, or to use their detective skills to solve a mystery. Through this partnership, we can equip over 300 young people with important skills that may one day save a life."

To view the gas networks partner page on the Scouts website and take a look at our activities, please visit: [www.scouts.org.uk/supporters/gas-distribution-network/](http://www.scouts.org.uk/supporters/gas-distribution-network/)



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ON THE GRAPEVINE



WITH ROY WOODCOCK

The rain in Spain falls mainly . . .

The rain in Spain falls mainly . . . in Rias Baixas. Which is my way of introducing you to one of the lesser-known wine regions; but one well worth exploring.

In fact, while I'm on the subject, it's fair to say that Spanish wines continue to fly under the radar; surprising when you think Spain is the third largest producer of wine with the largest area dedicated to vineyard in the world - some 24 million acres.

Spanish wines range the gamut from great values to collectible treasures, and from delicate whites to opulent reds. But this month we're visiting the north-west of the country, to Galicia, in fact, home to the Denomination of Origin (DO) Rias Baixas (a wine classification, similar to the French Appellations, denoting quality wines).

Galicia is often referred to as "Green Spain," and for good reason. This province receives more rain than any other in Spain, hence the hillsides that hug the Atlantic coastline are green and lush all year round. It bears a stronger resemblance to the green fields and rocky coasts of Ireland than classic images of drier, Castilian plains.

At first glance, Rias Baixas (pronounced Ree Ass Bye Shuss) may not give the appearance of a privileged grape growing region, but in fact, the climate, landscape, soils and indigenous grape varieties combine to make up a region capable of producing distinctive, high quality wines.

As well as the rain - average rainfall in some spots is nearly three times the national average - Galicia's damp Atlantic-influenced climate is, however, balanced by over 2,200 hours of sunshine, sufficient to ensure Rias Baixas' signature grape Albariño ripens fully and is capable of producing wines with good natural acidity and an aromatic profile that makes it a sensory delight.

Over 90 per cent of all wine produced in Rias Baixas is white and while 14 grape varieties are permitted in the DO, the white Albariño grape represents 96 per cent of all plantings. There are five sub regions within the DO and while there are subtle differences in the wines produced they all share a number of characteristics: The wines are bone-dry and aromatic, packed with flavours of white peach, apricot, melon, pineapple, mango and honeyuckle. They share good natural acidity, have mineral overtones, and are medium bodied with moderate alcohol.

It's a region of small farmers and "pocket handkerchief" vineyards and planting the Albariño vines at the proper height and exposure to ensure even, healthy ripening is essential to quality. Vines are traditionally widely spaced and trained on stone pergolas hewn of the same granite as the soils below.

To counter the region's rainfall and humidity, most vines are trained on a wire trellis called a "parra" anchored by granite posts. Parras are up to seven feet high, allowing breezes to flow through for maximum circulation to prevent mildew and to promote even ripening. Ripened grape bunches form a ceiling-like canopy and are harvested by stepladders standing on grape bins.

Some vineyards are replacing the traditional parra canopy and using a European double cordon system called espaldera. Throughout the region, yields are low, ranging from three to five tons per acre. Careful harvesting (the grapes are hand-picked in small plastic 40 pound crates) and temperature control have revolutionised winemaking in Rias Baixas.

Grapes are delivered to the winery as fast as possible to avoid oxidation, and the must is fermented under meticulous temperature control in modern, stainless steel installations.

Recently, I had the pleasure of participating in a Zoom wine-tasting with five Rias Baixas winemakers to gain an insight into the region which, although the first winemakers were thought to be Roman, is still a relatively young.

The "modern" winemaking history of Rias Baixas began in 1980 when an official denomination was created specifically for the Albariño grape variety, but received a huge boost when Spain joined the EU in 1986 - the resulting increase in funding and investment helped modernise the industry and build an international following.

Currently the UK is the region's second biggest export market behind the United States.

The first thing to say - and I'll be highlighting the wines tasted in this month's "best buys" section - is that the wines were a real treat although, sadly, it will be a case of buying on mail order should you want the examples of Rias Baixas I tasted.

However, in spite of the fact that you will not be confronted by a massive choice in local supermarkets and wine shops, Rias Baixas wines are there if you look hard enough. Currently, for example, you should be able to find Vina Taboexa Albariño in Waitrose (£9.99), which was awarded "best own label" and "best value" at the 2018 Wines From Spain awards and has Albariño's characteristic floral, citrus and white fruit notes.

A quick look revealed Sainsbury's, Tesco, Aldi and Lidl all had examples, as did Roberts & Speight in Beverley and Townend's Cellar Door outlet at Melton.

Do go out and try some - as a rule of thumb they are great with seafood and fish, ideal with appetisers and soft cheese, and great with Asian food and ice, pasta and poultry dishes.

BEST BUYS



**Sensum Laxas**  
**Outlet:** Albion Wine Shippers (0207 2420873)  
**Why:** A well balanced, spicy and subtly We started with Albariño's sparkling wine, made in the traditional Champagne method. Fine bubbles, dry with biscuity, honey aromas and a long and persistent finish

£18.95



**Marques De Vargas Pazo San Mauro**  
**Outlet:** josepiazarro.com - London shop based in Bermondsey Street  
**Why:** Fruity, fresh, broad, silky, full-flavoured and with a powerful finish. It harmonises its aromatic generosity with a broad and silky mouth feel.

£28.00



**Lagar D Cervera Albarino**  
**Outlet:** armitwines.co.uk  
**Why:** Pronounced aroma, with the distinctive white fruit of the Albariño variety. Particularly crisp, lively and with good structure on the palate.

£20.00



**Castro Martin Albarino**  
**Outlet:** allaboutwine.co.uk  
**Why:** Fresh and vibrant crisp wine with refreshing citrus fruit and peachy flavours. Quite delicious!

£13.69



## New Walk Launching from the Humber Bridge Country Park

To celebrate the 10th anniversary of East Riding of Yorkshire Council's Walking for Health programme, the council's Health and Wellbeing Team are working in partnership with the Humber Wellbeing Hub to launch a new and exciting walk from the Humber Bridge Country Park.

Meeting at the Humber Wellbeing Hub Hesse Country Park, Ferry Road HU13 0JX. Walks will take place on a weekly basis for 10 weeks and will last one hour.

Cheryl Beal, volunteer co-ordinator for the Wellbeing Hub said "We are really excited about working in partnership with East Riding's Health and Wellbeing Team and being a part of the excellent Walking for Health programme. We want to welcome everyone into the Wellbeing Hub and make it a great place for all members of the community to come and have a cup of tea and chat."

Everyone is welcome on the walk, no matter what age and ability however, due to the nature of the Country Park, some of the walks will include some steps, uneven surfaces and slight inclines. No specialist equipment is needed but comfortable shoes/trainers are recommended especially ones that would be ok to get a little muddy.

East Riding Walking for Health offers 2 different walk locations, with a variety of walk lengths, supported by a team of friendly, specially trained volunteers to provide encouragement and support, and make sure no one gets left behind.

Many walkers start walking to improve their health but find it easy to keep coming back because of all the new friends they have made. As well as all the physical health benefits, walking for health is also great for social life!

Cllr Mike Medini, portfolio holder for culture, leisure, libraries, and customer services, said "Walking really is one of the most perfect forms of exercise there is – physically, it tones your body, strengthens your muscles and keeps your heart healthy. But it's crucial for our mental health too. Going out for a daily walk can help reduce tension, stress and anxiety, which is an issue for so many of us, especially after the year we have all had."

Sue Smethurst, health and wellbeing co-ordinator, added "Walking at a brisk pace for as little as 10 minutes a day can lead to massive health benefits by lowering the risk of type 2 diabetes, cardiovascular disease, dementia and some cancers. Joining our walks provides a safe environment for everyone to enjoy walking and exploring our natural environment."

East Riding Health Walks welcomes new walkers throughout the year. Over 10 walks take place each month, starting from a variety of locations around the East Riding.

To walk with any of East Riding's Health Walk groups, or train as a volunteer walk leader, contact Laura Hutchinson by phone on 01753 75600 or email [laura.hutchinson@eastriding.gov.uk](mailto:laura.hutchinson@eastriding.gov.uk).

See the full programme and find out about other health walks in the area by visiting <http://www.eastriding.gov.uk/leisure/sport-and-play/clubs-and-activities/activities-for-adults/>.

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## Cottingham Little Theatre presents...

### *Witness For The Prosecution*

We are delighted to announce that our next production will be Agatha Christie's iconic play, 'Witness For The Prosecution'. Initially written as a short story, Christie was later asked to adapt her narrative to create a courtroom drama for the stage. Refusing to do so at first, she quickly changed her mind and had the play written within a few weeks, with adaptations and changes to the storyline to create a viable play. The first production took place in the West End in October 1952, and was an instant success. Later, Agatha Christie, in her autobiography, described his performance as 'the only first night I have enjoyed'.

The premise of the play is that a likeable young man, Leonard Vole, has been accused of the brutal murder of the wealthy Miss Emily French. He stands to inherit a fortune, but is that motive enough? The various witnesses give their testimony, but who is to be believed? Perhaps Miss French's housekeeper, Janet McKenzie, who clearly dislikes and mistrusts Vole is telling the truth. Perhaps, Vole's wife, the enigmatic Romaine, can save him, but is all as it seems? The eminent barrister, Sir Wilfrid Robarts, is to conduct the defence, but can he procure the verdict that he and Vole seek? Will his old adversary, Mrs. Worsley, who appears for the prosecution, win in the end? This intriguing play is bundled with twists and turns and will leave you on the edge of your seats until the very end.

Why not join us on 4<sup>th</sup>, 5<sup>th</sup> or 6<sup>th</sup> May and catch the touch of drama and intrigue to your Coronation weekend celebrations?

Tickets will be on sale from Barker's Newsagents in Cottingham from 1<sup>st</sup> April, but please do remember that they are only accept cash for CLT tickets. We are very grateful to Barkers for their help and support and thank them for offering this service.

Also, from 1<sup>st</sup> April, you can buy tickets from the CLT booking line by ringing us on 01300 830000. We are delighted to introduce our new service which now allows you to request tickets via email. If using this, please remember to state how many tickets you would like and for which of the three nights. Contact us (after April 1<sup>st</sup>) at [clt@gmail.com](mailto:clt@gmail.com) and we will get back to you. As always, we are very grateful to everyone member of our audiences for their support and hope that you will join us for this thrilling play of justice and tragedy. If you have not been to see one of our plays before, why not give us a try?

Looking ahead we are pleased to announce that our November production will be 'The Ladies Killers' by Graham Linehan. Sweet old landlady, Mrs Wilberforce, finds herself unwittingly hosting a gang of five criminals who mask their deeds by posing as musicians. This dark comedy promises to be entertaining, thought-provoking and melodramatic. The performances will be on 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> of November.

[www.cottinghamtimes.co.uk](http://www.cottinghamtimes.co.uk) - April 23

## Motoring - with Roy Woodcock



**Celebrating a decade on UK roads, the still hard-to-pronounce Dacia range has been extended with a new seven-seat model; now also available as a petrol-electric hybrid. Roy Woodcock reports . . .**

Is it me, or perhaps a sign of these inflationary times, but cheap new cars don't sound particularly cheap any more. Take the Dacia Sandero, which fights hard to maintain its title of Britain's cheapest car. Sign up for one today and the asking price will be just a fiver under £13,000.

A few months ago you would have been quoted at least £10 less; go back two years and the starting price was just £7,999. What's also changed with the march of time is quality - thankfully also on an upward trajectory at the moment.

The Romanian car manufacturer, owned by Renault since 1999, has established a strong foothold in the market since it sold its first model here in 2013 - an earlier iteration of the Sandero was first registered to a UK owner in January 2013, when prices started at £7,999.

Since then a total of 900,000 Dacias have been sold in Britain with the brand now commanding more than three per cent of the UK car market. The range has been continually upgraded but remains relatively small, with the Sandero (and its more rugged Stepway sibling) co-existing with the Dacia Duster SUV as the only choice - that is, until the innovative Dacia Jogger seven-seater jogged on to the scene last April and was joined last month by the hybrid version.

Given my opening statement about prices, you'll perhaps not be surprised to learn the range starts at £17,499 on the road while the Jogger Hybrid 1.0 will set you back a comparatively eye-watering £22,999. But you are getting an incredibly versatile vehicle which still cleaves to the idea of low prices, even if our definition of "low" has changed somewhat.

The three-trim range starts with the Jogger Essential, followed by the Expression and tops out with the Ekster SE. All three are powered by Dacia's new TCe 180p 1.0 litre three-cylinder direct injection turbocharged petrol engine, mated to a six-speed manual gearbox - although the two higher grades can be ordered as hybrids, featuring a 1.6 litre, four-cylinder, petrol engine mated to two electric motors.

The Jogger Essential has decent equipment levels at this price point, including manual air conditioning, cruise control with speed limiter, rear parking sensors, DAB radio, an adjustable steering wheel, automatic headlights, front fog lights, electric front windows, Automatic Emergency Braking System and

Dacia's Media Control that makes your smartphone responsible for the infotainment experience.

For £18,999 you get the Jogger Essential model (confusingly known as Comfort when first introduced) which adds modular roof rails, body colour door handles, electrically adjustable and heated door mirrors with dark metal finish, automatic wipers, rear parking sensors with reversing camera, auto air-con, and 16 inch 'Flex' steel wheels that look like alloy but are more affordable and do help keep the price down.

Inside the Comfort model gets more equipment with a soft-feel steering wheel, satin chrome interior door handles, satin chrome and copper orange air vents, central armrest with storage, electric rear windows, electric parking brake, keyless entry, automatic air conditioning, blind spot warning, and Dacia's 8 inch Media Display system with two USB ports and Apple CarPlay and Android Auto.

Ekster SE models start from £19,999 and introduce 16 inch alloy wheels in a black finish, black roof bars and door mirrors, plus additional exterior styling elements unique to the model. The interior, meanwhile, gains heated front seats, special floor and cargo mats, and Dacia's Media Nav system with built-in navigation and wireless smartphone mirroring.

The strength of the Jogger is its versatility: You can use the car as a full seven-seater or collapse the third row of seats to turn it into a large estate car or go for massive space by just leaving the front row seats upright. With all seats in place, the boot still offers a useful 23-litres of storage space, rising to 72 litres with the third row seats folded.

Folding the second row seats and removing the third row increases that to a staggering 189 litres.

It may look a little quirky but the Jogger is not ugly and is much lighter than any other seven-seater and is certainly better to drive than most of the seven-seater opposition.

The 1.0 litre petrol engine which gives surprisingly strong performance and the car cruises easily at motorway speed. With seven inside it will obviously take a hit but a hybrid model deserves provided much more punch.

Clearly it is built to a price but you could spend double this money and not get this much space or equipment and in the current climate this family and lifestyle vehicle may be the most relevant product on the road.

Dacia, I have to say, is a car name people still struggle with (literally!) - it's pronounced Datch-Yer - but that shouldn't prevent you summoning up the courage to visit a dealer to check one out.

More information: [www.dacia.co.uk](http://www.dacia.co.uk).



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March has been quite cool but now the daffodils and crocuses should be in full bloom. With these gorgeous, showy spring displays it's time to start thinking about the summer. There's something to do in the garden whether it's planting, pruning or tidying up – have a literal spring clean in the garden.

When the inevitable April showers stop you from getting into your beds and borders, why not give your greenhouse a clean. Use warm, soapy water on the glass to get rid of pests and diseases, and let more light in.

Now is also the perfect time, if you haven't already, to repair any damage to your lawn. The wet weather will help the grass seed and fertilisers penetrate your lawn fully. We have a great range for your lawn in the garden centre this month to suit gardens of all sizes, including GroSure Fast Acting Lawn Seed and Aftercut 3 Day Green Lawn Feed. A high-nitrogen fertiliser will give your lawn a boost to start the growing season.

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Hoe your borders, getting rid of the weeds before they take over and apply mulch before the herbaceous growth blocks your view. Improve your soil as well if you haven't already. Use your own compost, organic manure enriched composts or soil conditioner to pep up your soil ready for the growing season. Once the weather begins to warm up add a general-purpose fertiliser to load your soil full of much needed nutrients.

There are plenty of new products and offers in the garden centre this month to help you get your garden looking its best. Visit us soon or take a peek on our website.

This spring and summer get the kids in the garden with some great 'Grow Your Own' projects. Gardening projects can be fun, creative and educational all at the same time.

### Grow Wildlife-Friendly Plants

Plants like Buddleia, wildflowers and Lavender all attract pollinating insects like butterflies and bees. These insects are great to watch and will also help you get a good crop of fruit and vegetables.

Pick up our Perfect Plants for Pollinators at the Information



Desk or take a look at our selection of Pollinator Friendly plants in our Planteria.

### Plant Sunflower Seeds

See how high you can grow your sunflower by planting a selection of sunflower varieties in your garden. Stake them to hold them upright and watch them grow and grow. Sunflowers are another plant that is quick and easy to grow with kids.

Plant them in different spots in the garden with varying levels of sun and see which grows best. This is a great way to teach children the importance of sunlight for plants.

## 10 Jobs for this month

1. Increase the water given to houseplants.
2. Feed herbs and roses.
3. Divide bulbs and water lilies.
4. Protect fruit blossom from late frosts.
5. Sow hard annuals and herb seeds.
6. Tie in climbing and rambling roses.
7. Sow new lawns or repair bare patches. (visit us for all your lawn care needs)
8. Prune fig trees.
9. Plant summer flowering bulbs in beds, borders and containers.
10. Feed citrus plants.

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## Create a Vegetable Patch

Growing vegetables is a great way to show children where food comes from. It's also an exciting project with a delicious reward at the end. Tomatoes, cucumbers, broad beans and peas are ideal if you are a beginner too. They can either be grown outside, in a greenhouse, in growbags or in a growhouse if you have a little room.

Get a bit more adventurous by planting carrots.

A particular favourite for us is the growbag, the growbag makes it easy to grow all your favourite vegetables and team it up with a hosehook growbag waterer. The easiest way to grow plants in a growbag with no pipes, no timers and no fuss.

## How to Grow Potatoes in a Planter

1. Quarter fill the potato planter with a good quality multi purpose compost.

2. Set 2 or 3 seed potatoes (do not use more than this as you will only end up with very small potatoes), chits or eyes up, into the compost and cover with another 15 to 20mm layer of compost.

3. Water well, two to three times a week, to ensure the compost never dries out. Once shoots break through, roughly every seven to 10 days, cover over with more compost, until the bag is full. Potatoes like a lot of water. You don't want the compost soaking wet but it should be moist all through. Once the bag is filled, feed weekly with a liquid tomato fertiliser instead of watering that day.

4. Once the plants flower, this is the indicator that the tubers



are forming and may be ready. Scrape some compost out and if the tubers look OK, empty the bag and harvest your crop. Not all varieties flower so check bags according to the type of potato grown.

## Fill a Container with Sensory Plants

Young children love plants that stimulate the senses – pick out a selection of plants with them and have fun filling a border or container. There's a wide selection of seeds and plants in our Planteria. Choose plants for each sense. Ornamental grasses rustle in the wind for sound and there is a large selection of plants with fragrant flowers and leaves for smell. Aromatic herbs for taste, brightly

coloured flowers for sight and plants with soft or rough leaves for touch.

Plants that stimulate the senses can benefit children with sensory impairments and special needs as it encourages them to explore and enjoy the garden.

Try Heuchera 'Chocolate Ruffles' and Marigolds for bright colours, Verbena Nigella Damascena for sound, Silver Sage and Semperivivum for touch, Chocolate Cosmos and Sweet Peas for smell, Rosemary and Chives for taste. Explore our Planteria to discover more plants to create your sensory garden or container.

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## Your Stars for April 2023

By Kay Gower

### Aries (Mar.21 - April 19)

This is a month for taking action, Aries. You may feel a strong urge to make changes in your life whether it's in your career, relationships, or personal growth. Trust your intuition and be bold in pursuing your goals. Don't be afraid to take risks and try new things.

### Taurus (Apr.20 - May 20)

You may experience some tension or conflict in your relationships. It's important to communicate openly and honestly with your loved ones to resolve any issues. Around the 9th May, try to be patient and see things from another perspective.

### Gemini (May 21 - June 20)

Your social life may be particularly active this month, Gemini. You may find yourself meeting new people and forming new friendships. This is also a great time to build up your professional contacts.

### Cancer (June 21 - July 22)

This month may bring some challenges in your professional life, Cancer. You may need to make some difficult decisions. Trust your instincts and don't be afraid to seek out advice or support from others.

### Leo (July 23 - Aug 22)

Your focus may be on travel or education, Leo. You may have the opportunity to explore new places or learn new skills. This would be a good time to broaden your horizons and expand your knowledge. On a side note, be careful with your finances.

### Virgo (Aug 23 - Sept. 22)

You may find that you need to let go of some old habits in order to make room for new opportunities. Take some time to reflect on your goals and priorities, and be open to new ideas and experiences.

### Libra (Sept. 23 - Oct. 22)

A month when you may receive a wonderful offer of some kind on the other hand you could just as easily be overwhelmed by unrealistic optimism. Make sure you are able to distinguish the difference between a pipe dream and a sound opportunity.

### Scorpio (Oct. 23 - Nov. 21)

Your relationships with others may be challenging this month. Don't be afraid to address any issues that arise but make sure you're doing so in a calm manner. Communication is key to resolving any conflicts.

### Sagittarius (Nov. 22 - Dec. 21)

Your creativity and self-expression may be highlighted this month. You may have the opportunity to pursue a new hobby or artistic endeavor. This is a great time to let your imagination run wild and explore new ideas.

### Capricorn (Dec 22 - Jan 19)

Your financial situation may be a focus this month. Take a close look at your budget and make any necessary adjustments. You may also find opportunities for increasing your income or improving your financial stability.

### Aquarius (Jan 20 - Feb 18)

This month, it's important to be open to new experiences and perspectives. Don't be afraid to step outside of your comfort zone and try something new. You may be surprised by how much you enjoy it.

### Pisces (Feb. 19 - Mar. 20)

Your intuition is strong this month, Pisces. Trust your instincts and listen to your inner voice. You may find that this leads to greater clarity and understanding in your life.

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# Hull CHA Rambling Club

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Lincolnshire, and we walk throughout the year.

Travel by coach to the starting point. Fare £3.

We pick up at Bilton, Holderness Road Hull City Centre, Beverley Road Greenwood Avenue and The Green, Cottingham.

We have three walks planned for April.

April 2nd: Leconfield/Cherry Burton to Goodmanham.

April 16th: South Duffield/Skipwith to Skipwith Common.

April 30th: Ampleforth/Oswaldkirk to Helmsley.

Places must be booked in advance.

For further information and to book a place on the coach please contact Joint Rambles' Secretaries, Sue O'Leary on [sue@sueoleary.co.uk](mailto:sue@sueoleary.co.uk) or telephone 01482 833333 or Pauline Borger on [paulineborger@gmail.com](mailto:paulineborger@gmail.com) or telephone 01482 833333.

Check out our website <http://hull-cha-rambling.wix.com/hull-cha-rambling>

## Crossword solution from page 14

M	O	U	N	T	A	I	N	E	E	R	I	N	G
P	R	A	C	O	N	D	U						
R	A	G	E	S	E	X	O	N	E	R	A	T	E
E	A	A	T	S	R	H	S						
F	I	N	A	L	L	Y	E	G	G	N	O	G	S
A	I	L	E										
B	E	Z	E	L	E	P	I	S	T	A	X	I	S
E	U	N	N	I	E								
I	N	S	O	L	V	E	N	T	C	O	R	E	D
N	L	E	O	I									
H	A	L	Y	A	R	D	R	E	C	I	P	E	S
A	A	B	R	V	U	H	C						
B	A	R	R	I	C	A	D	E	B	A	Y	O	U
I	V	E	M	N	I	T	S						
T	R	A	N	S	P	A	R	E	N	C	I	E	S

## Sudoku Answer from page 12

8	6	5	9	3	4	1	2	7
2	4	1	5	6	7	8	9	3
7	3	9	8	2	1	6	4	5
3	9	8	4	7	2	5	6	1
5	1	2	3	8	6	9	7	4
4	7	6	1	5	9	2	3	8
6	8	4	7	9	5	3	1	2
9	5	7	2	1	3	4	8	6
1	2	3	6	4	8	7	5	9

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Like us on Facebook: The Hull CHA Rambling Club  
NEW WALKERS WILL ALWAYS BE WELCOME.

# Cottingham Food Bank - Update

Since its inception eight years ago Cottingham Food Bank has solely relied upon the generous donations of local residents, schools and groups who have helped to keep us open and we are very grateful to everyone who has supported us and continues to do so.

Recently we are experiencing an increase in demand for our help and a decrease in the volume of donations we are receiving, as a result we have decided to remodel our sessions in the hope to reduce cost to ourselves and maximise distribution to those families who need our help. As a result from Wednesday 17th April our stock will be displayed in a shop style environment. For a cost of £1 visitors will be invited to select up to eight items, with a maximum two items from each food group displayed. Refreshments are provided in the adjacent church hall and are available to anyone.

If you would like to make a donation we have a drop box in Cottingham Co-Op, which is available at any time and our sessions are Wednesday 10am to 11.30am where donations can be brought directly to us at Zion Church, Hallgate. If you require any further information please contact us by email: [cottinghamfb@gmail.com](mailto:cottinghamfb@gmail.com) or phone Tel: 01482

# Calendar Girls – Beverley Memorial Hall, 26th – 29th April, 2023. Curtain up 7.30pm.

Beverley Theatre Company (BTC) are pleased to announce that their next production will be 'Calendar Girls', by Tim Firth, based on the Miramax motion picture by Juliette Towhidi and Tim Firth.

The story concerns the decision of a group of Yorkshire ladies who are all members of Knapeley Women's Institute to raise funds to buy a settee for the local hospital by creating a nude calendar to sell at the Great Yorkshire Show. The play covers the reasons for this, the struggle to get the WI to accept it, and both the glorious success and aftermath of their endeavours.

The play marks the directorial debut of Helen Wild, a stalwart of BTC who will be familiar to our audiences from her many roles in the past, perhaps the most unusual being Flashheart in our production of Blackadder goes Forth.

Many familiar faces appear, and regulars will recognise the names of Kay Slater, Sam Kneeshaw, Emma Drew, Gemma Briggs, Angela Chapman, Cheryl Giles, Colin Walls, Tony Musgrave and Nev Slater. The play also sees second appearances from Charlie Cross and Alison Healy, and debuts from Jenny Taylor, Sue Allan and Chantelle Francis.

The play will be performed with the kind permission of Samuel French and Concord Theatricals, at 7pm, from Wednesday 26th April to Saturday 29th April at the Beverley Memorial Hall, Laigate, Beverley, with a licensed bar. Tickets are priced at £10 for adults, £8 for concessions, and can be purchased either:

- Online at [www.beverleytheatrecompany.com](http://www.beverleytheatrecompany.com)
- From the Tourist Information Centre at the Treasure House, Champney Road Beverley
- On the door on the night

Beverley Theatre Company is keen to keep amateur theatre alive in Beverley and would be delighted if you would like to tread the boards with us or help backstage. Please contact us at [thebeverleytheatrecompany@gmail.com](mailto:thebeverleytheatrecompany@gmail.com) or via our Facebook page.

[www.cottinghamtimes.co.uk](http://www.cottinghamtimes.co.uk) - April 9

## Renovated and renewed Tophill Low nature reserve reopens

Yorkshire Water's Tophill Low nature reserve near Driffield has reopened to the public after three years of disruption caused by flooding, the covid pandemic and construction works at the site has meant limited access.

During the temporary closure, Yorkshire Water's nature reserve wardens, volunteers and other organisations, such as the Environment Agency, have been busy developing and renovating the site, with areas of poor-quality non-native woodland harvested as biofuels and the area replanted with over 3,200 native trees.

Richard Hampshire, nature reserve warden at Tophill Low Nature Reserve, said: "Tophill Low is unique because it is both a nature reserve and a dynamic and active water treatment works. This can bring opportunities for positive change despite the recent disruption.

"The wildlife has been indifferent to the plant and machinery operating in recent years and we have bittern attempting breeding for the first time ever and three pairs of marsh harriers fledged young, alongside cuckoos, oystercatchers, common terns, kingfishers and grey herons. We've also seen extremely rare great reed warbler and transatlantic spotted sandpiper while the reserve was closed and we're hopeful to see these return in future years."

Work at the reserve concluded with the restoration of Flight Sergeant Angus McBean hide – named as such when an aircraft wreckage discovered at site turned out to be a second world war Bristol Blenheim bomber. After learning of the tragic loss of trainee airman, Flight Sergeant Angus McBean from Durham while on a training flight from nearby RAF Catfoss, the reserve named a new bird hide in his honour.

The hide has now undergone a major refurbishment after ten years of use and will reopen to the public.

Richard added: "Finding the aircraft on site was unbelievable and once we heard Angus's tragic story and found out from a family friend, he was a birdwatcher himself, it seemed an apt tribute to name the hide after him.

"After ten years of use, the time had come to refurbish and renovate the hide and we're pleased to be reopening it to the public in March.

"The renovation of the hide marks the end of three years of disruption at the reserve after three turbulent years of floods, the pandemic and construction schemes. We're now in a position to hand control back to wildlife and its enthusiasts and we're looking forward to fully reopening and welcoming people to the refurbished

Flight Sergeant Angus McBean hide."

Tophill Low is located four miles from the A164 at Watton, East Yorkshire and is open daily from 9am to 6pm with admission £3.50 for adults, £2.50 for concessions, £1.50 for children. No dogs are permitted.



## New technology helps East Riding residents live independently

Residents in the East Riding are benefitting from new technology to help them live independently.

East Riding of Yorkshire Council's Lifeline service is looking at how vulnerable people can be supported to live as independently as possible, for as long as possible through a range of technology.

Nichole is one of the people who has been trialling the Buddi GPS tracker system for the past 18 months. Her tracker contains a microphone, speaker and a panic button to request help 24 hours a day. Linked to it is a wristband that can detect falls. The GPS tracker also enables family members to track the wearer's location through an app.

Nichole has epilepsy and had stopped going out. Since wearing the Buddi GPS tracker she has regained her independence.

Nichole said: "I feel less vulnerable, and this technology could be life altering for so many people; not just for those with visible disabilities, but for those with hidden disabilities too. The device provides the reassurance that people know who I am, that I have epilepsy, and the care I need.

"The reassurance I have from the technology is amazing. It has not only given me my own life back, but it's also given my children their lives back."

Councillor Kerri Harold, portfolio holder for adults, health and wellbeing said: "Seeing the impact that this technology is having on people's lives is fantastic.

"We want to continue to look at new ways and innovative solutions to help support residents to live active and independent lives."

The council will continue to test new technologies and assess their suitability for different people with different needs. The Lifeline team can then recommend products to residents or support them with obtaining their own equipment.

Anyone who would like advice about assisted technology can get in touch at: [tech.trials@eastriding.gov.uk](mailto:tech.trials@eastriding.gov.uk)

The Your Life, Your Way website provides more information about the support available for staying independent.

*Pictured above: ASC Lifeline Cllr Kerri Harold, Nichole Atkin and Philip Woolhead.*



# HOLD ON

By Kealey Farmer

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