

Gottingham Times

Issue 73 - December 2007

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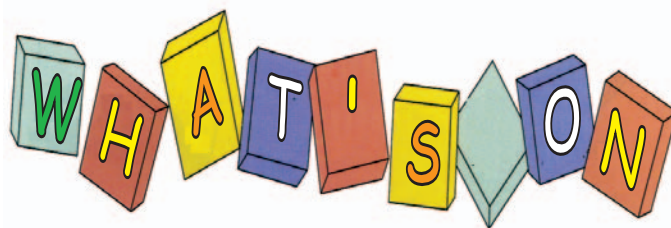
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In Cottingham and District

Cottingham British Red Cross

Weekly meetings on Tuesdays in the Methodist Church, Hallgate.
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East Yorkshire Federation of Women's Institute Cottingham Green

Saturday December 8th, Carol Service in Beverley Minster at 2.00 pm. Tea, coffee, mince pies in the Parish Hall across from the Minster afterwards.

Cottingham Catholic Women's League

Monday 10th December, Christmas Social.

Cottingham Women's Institute

Tuesday 11th December, at 10.00 am upstairs at Cottingham Civic Hall.

Cottingham Gardening Club

Tuesday 11th December, 7.30 in the Garden Room, Holy Cross Community Meeting Room, Christmas Social Evening.

Cottingham Evening Townswomen's Guild

Wednesday 12th December, at 7.30 in the Darby & Joan, Finkle Street. Charity Cheque Speaker and Christmas Party.

Cottingham Men's de Luda Society

Wednesday 12th December, Douro Cruise (with slides), in the St. Mary's Church Hall, at 2.00 pm.

U3A

Thursday 13th December, Terry Richards, Christmas Nostalgia, at 2.00 pm in the Darby & Joan Hall, Finkle Street, Cottingham.

Skidby Village Hall & Institute

Saturday 15th December, Christmas Coffee and Mince Pies, Admission Free. 10.00 am - 1.00 pm.

Cottingham Band

Saturday 15th December, at St. Mary's Church, Hallgate. The Cottingham Band's Annual Christmas Concert at 7.30 pm. Admission £4.50. Concessions £3.50.

Skidby Lakes Golf Club

Sunday 16th December, Juniors Christmas Party, 2.00 pm to 5.00 pm. £12 per person includes two hours course management tuition, three-hole competition and meal. Members and non-members welcome. Ask in pro shop for details.

Cottingham Singers

Wednesday 19th December, to be held in the Bricknells Avenue Methodist Church, commencing 7.30 pm. There will be seasonal music and readings, with some audience participation. Admission £3.50 including refreshments.

Front Cover Picture: Is an evening view of the Cottingham Parks Golf and Country Club. Photograph courtesy of Cottingham Parks.

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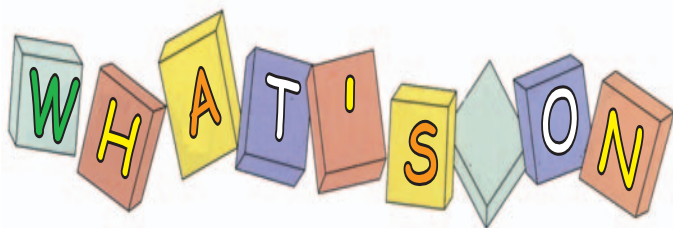
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In Cottingham and District

Cottingham Singers

Wednesday 19th December, to be held in the Bricknells Avenue Methodist Church, commencing 7.30 pm. There will be seasonal music and readings, with some audience participation. Admission £3.50 including refreshments.

Cottingham Men's de Luda Society

Wednesday 19th December, Men Only Christmas Lunch, in the St. Mary's Church Hall, at 2.00 pm.

Hull and Holderness Branch, British Sugar Guild

Saturday 5th January, 2.00 to 4.00 pm., The Terrace, Cottingham Parks Golf and Country Club, Woodhill Way, Cottingham. Fun Day and Workshop "Rice Paper Flowers".

Cottingham Bowling Club

January 1st, Presidents Sherry Morning, for members at the Club, 11.00 am to 12.30.



The Blue Bell, West Green, Cottingham

Open Mic Nights Every Other Wednesday
Wednesday 12th December, Johnny Lino's Christmas Party. Free buffet and Open Mic.

The Railway, Thwaite Street, Cottingham

Sundays - Country & Western with Barry John
Every other Tuesday - The East Coast Band
Wednesdays - Johnny Pat & The Aces, £2 at the door with a free raffle.
Thursdays - Karaoke

Cottingham Bowling Club News

Cottingham Bowling Club recently held their Annual General Meeting when members discussed, and approved, a change to the Constitution of the Club. The purpose of quite a minor change is to reduce the time that new applicants must wait before they become eligible to play. A new Management Committee was appointed although the majority of the Committee members have held office previously but in a different role. Brian DeVine stays on as the Club Secretary. (Home telephone number is 01482-847303).

The Petanque Section remains open throughout the winter season and anyone interested should ring the Secretary at the above number, or even call into the Club when the gates are seen to be open. Petanque (you may know it as boules) is not a strenuous game although you might need your coat on for the next few weeks!!

Please send us your Society or Pub's information for the What's On column, and let everyone know what's happening in and around the Cottingham area. If people don't know they won't go.

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Broadband “monopoly” is in the news again!

By RDM Computers

Broadband is in the news again, hitting the headlines recently over the review by Telecoms watchdog, Ofcom. The report they compiled covered the whole of the UK and looked at quality of service and prices offered by broadband providers. It found that services provided in our area by Kcom to be a 'good quality service at competitive prices'. However it also concluded that because Kcom has a dominant market position, that regulation should continue be imposed so that other operators can come into the area if they so wish. This will probably come as a surprise to many people.

As we have been involved in installing broadband and networks for our customers since its introduction, I am constantly asked why it is that they can only buy broadband services from Kcom (Karoo). The answer has always been that if you have a telephone line provided by Kcom then you can only have Karoo broadband. If you live outside this area and have a BT line, there are other providers you can go to, but they don't always offer services in smaller villages etc. for economic reasons. In the UK as a whole there are around 50 companies offering broadband.

Most people feel this 'monopoly' situation is unfair, but interestingly Ofcom say there are no regulatory barriers to prevent other companies coming in to the Hull area and offering their services. The companies do have to approach Kcom first of course, as they own all the exchanges and telephone cabling in the area, and to be fair have invested heavily in that infrastructure to make broadband available to most subscribers, even in outlying districts. However Ofcom have invited anyone who feels they have a valuable comment to make to contact them, preferably by email and attaching their letter in Microsoft Word format. A cover sheet can be downloaded from www.ofcom.org.uk and should be sent to david.clarkson@ofcom.org.uk Responses should be sent in by February 8th.

On the subject of Microsoft Word, a new edition was launched earlier this year under the Office 2007 brand. The best sellers since the launch have been Office 2007 Home & Student edition, which includes Word, Excel and PowerPoint, and the Small Business Edition that also includes Outlook and Publisher. Those using it will have found that the look and feel of the products has changed considerably, but the important thing to remember is that the new versions use a slightly different file format. In other words if you want to send a Word document to

someone else, it is better to use 'save as' and then choose 'Word 97-2003' This way you know that whichever edition of Word (or other Office product) the recipient is using, they will be able to open your document without needing a converter.

Apple also launched its new operating system, Mac OS X Leopard, to great acclaim. This is to be found on all new Mac computers and can be purchased as an upgrade for users of previous versions. The other big crowd pleaser that had people queuing outside Apple stores was the iPhone. Which at £265 plus the cost of an 18 month tied contract is certainly not the cheapest mobile around, but has received excellent reviews, mostly for its big screen and internet and music playing capabilities.

Microsoft Windows Vista has been around since the beginning of this year, and like previous new operating systems has been having quite a few problems. The situation regarding drivers (the software that makes attached hardware work, like printers etc) has improved with many manufacturers providing specific drivers for Vista. It is always worth checking the website of the company to see if updated versions are available. The other feature that may be of interest to those not happy with Vista at the moment is that if you have purchased a computer preloaded with only the Business or Ultimate version, it is possible to downgrade to Windows XP. Although of course this does mean formatting the hard drive and starting again. Some machines do come with a disk to do this.

In the New Year we will do a feature on Vista as there are some very good features included, and following the Christmas rush, there will be a lot more users out there. If you are buying a new computer with Vista installed, go for Home Premium or Business (see above), rather than the Basic version. Also make sure it has sufficient memory (Ram); you will need a minimum of 1Gb. or more if you want to run demanding applications.

May I take the opportunity to wish all our customers and readers a very Merry Christmas and a prosperous New Year, and thank you for all the kind comments I have received about my Cottingham Times articles and Radio Humberside features.

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Cottingham Parish Council



PCSO's report to Parish Council

Because of other commitments, village police representatives were unable to attend Cottingham Parish Council's October meeting. But PC Tracey Chaney and Police Community Support Officers Michael Dale and Lindsey Sewell, from the village's Neighbourhood Policing Team, attended the November meeting where crime statistics for the previous two months (September 13-October 12 and October 13-November 12) were distributed.

They showed significant increases in burglaries, as well as theft and handling and theft from vehicles, in the later period which reflected an annual seasonal trend in the approach to Christmas.

September 13-October 12 - Burglary: 13 (Dwelling 3; Other 10). Vehicle crime: 9 (Theft from motor-vehicles 8; Theft of motor-vehicle 1). Violent crime: 7 (Against the person 5; Robbery 2). Criminal damage: 18. Drug offences: 4 (Possession 3; Trafficking 1). Fraud and forgery: 2. Theft and handling: 17. Other crimes: 3.

October 13-November 12 - Burglary: 37 (Dwelling 9; Other 28). Vehicle crimes: 13 (Theft from motor-vehicles 12; Theft of motor-vehicle 1). Violent crime: 15 (Against the person 13; Sexual offence 1; Robbery 1). Criminal damage: 13.

Drug offences: 3 (Possession 2; Trafficking 1). Theft and handling: 26. Other crimes: 1.

Cottingham Parish Council continue to support Cottingham Little Theatre

Cottingham Parish Council has assured Cottingham Little Theatre that it will continue to support the village drama group, but an application for a grant to fund planning permission for a dedicated notice-board outside Barkers, the Hallgate newsagents, has been turned down. The Finance Committee referred the application for discussion by the full council at their November meeting. But it was unanimously felt that it was 'inappropriate' for the village authority to award a grant for planning permission when the application would be put before them, as a Planning Committee, for their recommendation.

Clerk Judith Macklin was asked to advise Cottingham Little Theatre about the decision but, at the same time, stress that the village authority will continue to give its full backing to the group.

Structure of Parish committees is satisfactory

Following a review of the responsibilities of various Cottingham Parish Council committees and frequency of meetings it has been agreed that, in the main, the structure is suitable for purpose, but the Finance Committee will in future convene every second month after the scheduled January 8 meeting.

At the village authority's full meeting in October, Coun. Angela DeVine, chairman, reminded representatives that the council had been in existence for eight years - most committees were set up at the time the authority was formed and had asked them to consider if a review of the responsibilities was required.

Apart from the change to the Finance Committee time-table, it was agreed that the authority will continue the practice of not holding meetings in August and December. The next full council meeting is scheduled for Thursday, January 17.

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Five full plots on King George V allotments to be let at 10 half plots

Five plots at Cottingham Parish Council's 94-plot allotments site to the north of King George V Playing fields, off Northgate, have become vacant and it has been unanimously agreed that they will be offered to people on the full-plot waiting-list as 10 half plots on a pro-rata rent basis.

The vacancies were announced by the Allotments Association Committee at last month's full council meeting when representatives heard that the half-plot scheme would serve more than one purpose.

It would allow those who have been on the waiting list for a long period to have access to an allotment, and would also give prospective tenants the opportunity to 'try their hand' on a smaller piece of land.

If they then wanted to upgrade to a full plot, they would re-join the waiting list without losing their original place on the list - until a full plot became available. If they did not want a half-plot, they would retain their place on the full-plot waiting list.

New members elected to comply with employment regulations

To comply with employment regulations, Cottingham Parish Council have elected three members to each of the newly-formed Personnel and Grievance committees. Personnel: Couns. Kevin Casson, Susan Cleary, Gary Cooper. Grievance: Couns. Win Knight, Kenny Robinson, Mark Ward.

Parish Council-Funded tree planting underway

The Cottingham Parish Council-funded tree-planting project is now underway. Five species - ash, lime, hornbeam, rowan and prunus hillieri spire (flowering cherry) - have been selected for the project. The village authority has received all the necessary permissions for the scheme from the East Riding of Yorkshire Council, who had suggested that, although not a statutory requirement, it was felt appropriate that, in some cases, residents should be asked for their views on the selected locations.

Meanwhile, an order has been placed with the ERYC for litter-bins, which will be installed in the next few weeks. Selected sites are: Newgate Street (at the bus stop between Carrington Avenue and Carisbrooke Avenue); Priory Road (at the bus stop outside The Arches residential home); the corner of Linden Avenue with Northgate; Abbots Walk (outside the play area); Endyke Lane (at the bus stop outside Endyke Tyre Mart) and Hull Road (opposite the West Bulls public-house).

Pedestrian crossing supported by Cottingham Parish Council

Following discussions, EYRC proposals for a pedestrian crossing on Harland Way are being supported by the Cottingham Parish Council.

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Selling Fast! - Don't Miss It!

“Cottingham Shops - Past and Present” is the title of the latest book by local author Peter Railton

Cottingham Shops - Past and Present is the title of the latest book by local author Peter Railton. As the title indicates, we have a look at the changes in shops and shopping in the village during the last 50 and 60 years and earlier in some cases. A few familiar retailers are still here, but many have gone and their shops have changed uses.

Remember Cussons on Hallgate, or Pym's on New Village Road, or Wigbys on Northgate?

Take a nostalgic trip through the village as it used to be!

“Cottingham Shops - Past and Present” is available at Barkers in Cottingham and at Browns Books in Hull.

Calendars and Greetings Cards

Calendars and Greetings cards which are produced by John Dewing who takes many of the photographs which appear on the front cover of the *Cottingham Times* are available from Barkers, Hallgate, Cottingham. These show many of the familiar landmarks which he has taken in and around the village.

He can be contacted at 6A Queens Close, Cottingham or telephone 847140.



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Top Tips to Consider When Starting a Business

by Nick Robinson

Here's our list of the top things to look out for when starting a business.

- Appreciate that setting up and running a business takes a lot of time and commitment. The rewards can be great but you have to know why you are starting your own business and what you are getting into.
- Identify your strengths and especially your weaknesses. Identify areas where you need to get advice.
- Decide on your business structure. You can trade as a sole trader, partnership, limited liability partnership or limited company. They all have different tax consequences and responsibilities and you should take advice on which one is best in your circumstances.
- Produce a financial forecast so that you know what funding you are likely to need and be conservative.
- Investigate the competition thoroughly, don't take them for granted and look to take advantage of their weaknesses. You must also constantly be on the lookout for what they are doing.
- Research your market to ensure there is a demand for what you are offering.
- Decide on your marketing plan. Just because you have a good product or service doesn't mean you will sell anything. Getting the marketing right can be the difference between success and failure.
- Decide on what staff you are likely to need and what skills they need to have. You will have to operate PAYE for any employees you have although your accountant can help with this. You'll also have employment law and health and safety law that you must be up to scratch on.
- A business plan is an important document to put together even if you don't need to raise finance. It will help you to properly focus.
- Design your business stationery, ensuring it not only meets your legal obligations but conveys the image you want to get across.

- Decide on how you are going to keep your accounts and get advice from your accountant from day 1.
- Make sure you register with all the relevant authorities including HM Revenue and Customs and decide if you need to register for VAT.
- Consider all the necessary insurances you need including public liability, keyman, stock, business assets, business interruption, bad debts, motor insurance, employer's liability (compulsory if you have employees), professional indemnity and permanent health insurance.
- Use trusted advisors such as accountants and solicitors to help guide you. Not getting the right advice can.

How we can help you

Whilst there are many common issues to consider for new businesses, every business start up situation is different and expert advice at the beginning will pay for itself many times over. Assistance with business plans for funding, setting up your book-keeping system and tax planning at the beginning are all key areas that we regularly get involved with.

Question of the month

Q. I have a joint savings account with my husband that pays about £1,000 in interest each year. We are both higher rate taxpayers, so does it matter which of us includes this interest on our tax return?

A. As a married couple you are deemed to receive an equal share of the interest, so half of the total amount should be included on each of your tax returns. Although the same tax overall would be paid if only one person returned all of the interest, that would not be the correct position. In this case the Taxman could demand tax, interest and penalties from the spouse who did not include their share of the bank interest on their tax return.

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Wordsearch - Stars of the Silver Screen

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| N | H | V | W | N | Z | Y | B | R | M | M | Y | R | N | A | L | O | Y |
| D | D | V | G | T | C | S | G | K | U | A | E | V | L | N | T | V | L |
| R | U | I | D | V | E | R | G | A | M | T | E | M | O | Z | I | I | A |
| A | A | C | A | S | B | M | A | A | R | R | A | S | S | J | V | V | I |
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| M | J | E | D | V | A | N | T | N | F | A | A | B | A | R | I | E | W |
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| S | N | O | M | M | I | S | N | A | E | J | Z | V | N | I | H | R | U |

Find the names in the letters above:

Ann Baxter, Audrey Hepburn, Ava Gardner, Bette Davis, Carole Lombard, Gloria Swanson, Greta Garbo, Hedy Lamarr, Ingrid Bergman, Jane Russell, Jane Wyman, Jean Harlow, Jean Simmons, Joan Crawford, Judy Garland, Lana Turner, Lauren Bacall, Marilyn Monroe, Merle Oberon, Myrna Loy, Rita Hayworth, Veronica Lake, Virginia Mayo, Vivien Leigh

Wordsearch courtesy of www.puzzlechoice.com

Sudoku No. 12 -

This is a medium challenge

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 8 | | | | | | | | 9 |
| | 4 | | 9 | | 5 | | 2 | |
| | | 9 | 4 | | 6 | 1 | | |
| | 8 | 7 | | | | 9 | 1 | |
| | | | | 9 | | | | |
| | 9 | 5 | | | | 3 | 8 | |
| | | 8 | 1 | | 9 | 7 | | |
| | 5 | | 6 | | 7 | | 9 | |
| 9 | | | | | | | | 6 |

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Two staff members of Hallgate Infant School are finalists in National Busary Awards

Two members of staff at Hallgate Infant School are finalists in the National Bursary Awards to be held on Saturday 1st December in London.

The school cook, Mrs Barbara Caws, has been nominated for the category of 'Cook of the Year.' After winning the regional section, Mrs Caws is now one of the three national finalists.

Also Mrs Michelle Fee, the senior midday supervisor at Hallgate Infant School, has been successful in the regional section for 'Pupil Supervisor of the Year', she too is one of three national finalists for an award in London.

The ceremony will take place at the Merchant Taylor's Hall, with Libby Purvis comparing, after a Gala Dinner for all the finalists and their guests.

The Executive Head Teacher at Hallgate Infant School, Mrs Ann Hill, said that she was very proud of Barbara and Michelle, and delighted for them as it is recognition of their total dedication and hard work that they do for the school. Mrs Hill said both of them are winners - well they are at Hallgate already!

Pictured above left to right: Mrs. Michelle Fee, Mrs. Barbara Caws, Phoebe Crosby, Jessica Arnott, Murron Cruickshank and Robert Tweedale.

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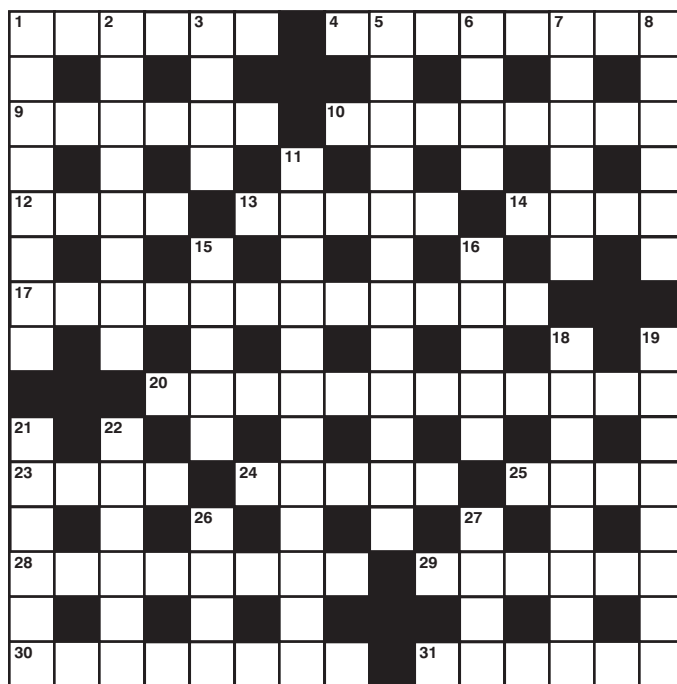
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 COTTINGHAM LIGHTS EACH YEAR

Crossword - Solution on page 34



Across

1. daily reading (6)
4. treasured (8)
9. unbroken (6)
10. pantry (8)
12. melody (4)
13. wading bird (5)
14. foremost (4)
17. sewer (12)
20. collating ideas (12)
23. bone in the lower leg (4)
24. alter (5)
25. interested in (col) (4)
28. gladdening (8)
29. indicator (6)
30. furthest back in time (8)
31. nearer (6)

Down

1. publishing (8)
2. protected invention (8)
3. wealthy (4)
5. recovering (12)
6. sect (4)
7. musical dramas (6)
8. backing off (6)
11. interweavings (12)
15. beg (5)
16. jewel (5)
18. money won (8)
19. more dishonourable (8)
21. lithe (6)
22. captivate (6)
26. spumanti (4)
27. birds beak (4)

"Crossword provided by www.dowedo.co.uk. Used with permission"

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Stuart Hilton elected as First XI Captain for Cottingham Cricket Club for the 2008 Season

Stuart Hilton has been elected First X1 captain for Cottingham Cricket Club for the 2008 season. Appointed to the post for the first time, he has succeeded Graeme Furlong and will have Ken Parker as his vice-captain.

At the club's annual meeting, held in the Hilltop Sports and Social Club, off Willerby Low Road, Mike Gibson was re-elected chairman for an eighth term, while Mike Best will continue as secretary next season which will be his 44th year in the post.

As players prepare for the 2008 campaigns, indoor winter net sessions for seniors and Under-17 and Under-15 age-group squads will be held at Beverley's Longcroft School on Tuesdays (7pm-9pm) from January 8 until April 8.

Nets for the Under-13s will be held at Hull's St Mary's College (6pm-7pm) on Thursdays from January 10 until April 24.

Officers elected:

Chairman: Mike Gibson. Secretary: Mike Best (pictured on page 16). Treasurer: Mark Ransome. Match-ball and Corporate sponsorship: John Ewens. Equipment Officer: Ken Parker. First X1 captain: Stuart Hilton (vice-captain: Ken Parker). Second X1 captain: Ken Parker (vice-captain: Mark Hebblethwaite). Academy X1 captain: Rob Rhodes

Continued on page 16

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SALON 36 



Left: Mike Best (Secretary)

Continued from page 15

(vice-captain: Mike Hunt). Sunday X1 captain: Jez Parker. Under-17 managers: Graeme Furlong, Richard Easter. Under-15 and Under-13 manager: Rob Rhodes. Under-11 manager: Pete Pearson. Youth Development Manager and Child Welfare Officer: Pete Pearson. Press Officer: Rach Rhodes. Website Co-ordinator: Graeme Furlong. Hilltop Sports and Social Club representatives: Mike Gibson, Mike Best, Graeme Furlong. Cottingham Sports Club representatives: Mike Gibson, Mike Best, Mike Hunt, Rob Rhodes, John Ewens, Mark Ransome, Graeme Furlong, Len Gibson, Steve Fuller, Pete Swetez, Ken Parker, Jez Parker, Mark Hebblethwaite. Club Development Plan Officer (new position): Rob Rhodes.

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Quote of the Month

"We cannot always control our thoughts, but we can control our words, and repetition impresses the subconscious and we are then master of the situation"

Florence Scoval Shinn



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10 MARKET GREEN, COTTINGHAM





Cheque for £1,500 presented to "Lal" Kirby, Chairman of Hallgate Section of Cottingham Lights

A "window" of dry weather during a rainy period helped to boost the turn-out to street-jamming proportions for the switch on of Cottingham Christmas Lights last month.

At the time the switch was thrown by five-year-olds Alexander Stott, Jack Thompson and Murron Cruikshank to herald the much-vaunted festive-season spectacular, there was "a sea of faces as far as the eye could see in both directions" from the from the elevated rostrum, opposite the Memorial Gardens in Hallgate, said by BBC Radio Humberside presenter Steve Massam, of Cottingham, who was Master of Ceremonies.

The lights are in daily operation from mid-afternoon until early January, but they will be switched on all day on Saturdays and on Christmas Eve.

Since the first celebrations in 1981, hundreds of thousand of pounds have been injected into the King Street, Hallgate and West End sections of the illuminations.

Cottingham Parish Council has awarded grants to all three sections. Recent awards include £1,500 each to the Hallgate and West End sections.

Coun. Angela DeVine, Chairman of the village authority, is pictured when she presented the cheque to Harold "Lal" Kirby, Chairman of the Hallgate Section.

Cottingham Methodist Church Musical Festival

Plans for the Cottingham Methodist Church Musical Festival 2008 are now well advanced, and from Friday January 18th 2008 to Saturday 2 February 2008 we are looking forward to hearing performances in solo singing, duet and choral classes, solo, duet and trio piano classes, and a variety of string classes.

Among the latter is yet another increase in participation in the harp classes - last year we had 13 harps in church at the start of the harp class session!

We welcome Marilynne Davies and Christopher Wiltshire as adjudicators, both paying return visits.

The Festival programme with full details of classes, venue and timings will be available in January from:

Music in Print, Williams, Saville Street Hull; Beverley Music Centre, Norwood, Beverley, The Photo Shop, King Street, Cottingham. Entry fees for audience are £1 per session, £2.50 per day. (There is no charge for those in full-time education).

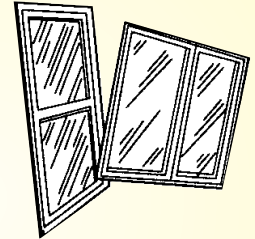
The Festival will finish with a Celebration Concert on Saturday March 1 when a number of class winners will perform. A retiring collection will be taken at the Concert for 'Missionaries of Charity' whose sole mission is 'serving the needy and the homeless' in Goa. This is one of a number of charities set up by Mother Teresa.

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Down Memory Lane



*Some old photos of Cottingham. Top - A well known view down Hallgate taken in the 1930's.
Below: A view of Market Green, looking down King Street, taken in 1922.*



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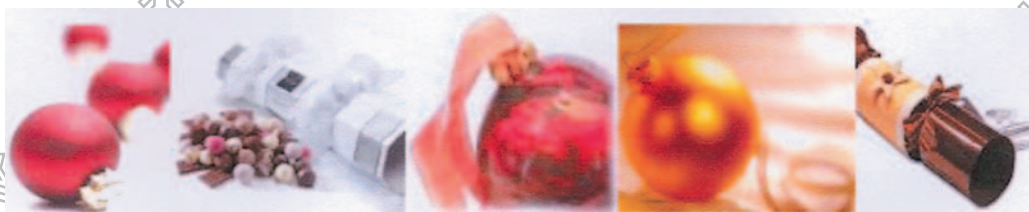


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In the Kitchen



Ingredient of the Month Chestnuts



The European chestnut *Castanea sativa* belongs to the botanical family Fagaceae (also the beech and oak tree family) and is native to northern hemisphere, having long been cultivated and consumed throughout Asia, Europe and America.

Origins and History

Chestnuts have been cultivated for at least 3,000 years in the Mediterranean region, and it's believed that the ancient Greeks introduced the European chestnut from Asia minor. The Romans were responsible for extending the cultivation of *C. sativa* into northwest and central Europe and it was the Romans named chestnuts "*Castanea*" but the name 'chestnut' is thought to be an English corruption of the original Latin.

Chestnuts in cooking

Chestnuts are a versatile ingredient which can be cooked in a variety of ways - boiled, roasted, steamed, microwaved, pureed and are used in both savoury and sweet dishes. Simple roasted chestnuts in their shell are absolutely delicious and are a favourite in Britain, especially at Christmas. However, before cooking in their shell they must be slit to avoid them bursting (a very messy occurrence). Once cooked, they should be shelled and the thin skin removed before eating or using in recipes. To peel chestnuts prior to cooking, slit as above and place in a pan of boiling water and boil for 10 minutes. Keep the chestnuts in the hot water until ready to peel as it is easier to remove the shells and skins when they are warm.

You can now buy chestnuts in a variety of ways: fresh, frozen, tinned, vacuum packed, pureed, dried and even chestnut flour for baking. Keep fresh chestnuts in the fridge in the vegetable drawer where they can be kept for up to six months. They are free of gluten, oil and cholesterol, low in protein and very low in fat but they have reasonable quantities of vitamin C and potassium and are very low in sodium.

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Turkey Preparation

If you have bought a frozen bird do make sure it is well defrosted first. If possible, remove it from the plastic packaging and re-wrap in aluminium foil as the plastic tends to make the bird "sweat".

Make sure you remove the giblets (if present) from the cavity and neck areas and wash the bird inside and out under cold running water. Don't stuff the body cavity. Instead lift the neck flap and press your stuffing up against the wishbone, replacing the flap of skin and securing with metal skewers, or wooden toothpicks. Any remaining stuffing can be placed in a well greased shallow baking tin or made into balls then covered with foil and cooked separately.

For extra flavour place half an onion and/or half an orange in the body cavity (both with the skins still in tact)

For a tasty and attractive finish, sprinkle the turkey with ground paprika and crushed thyme or dried mixed herbs before cooking and don't forget to season all over the bird with salt and pepper.

Cover the breasts and legs with LOTS of streaky bacon secured with wooden toothpicks then cover loosely with foil until the last 45 minutes of the cooking time.



Turkey Quantities and Roasting Times

Allow 20-25 minutes per lb (50-55 minutes per kg) plus and extra 20 minutes at 180C, 350F, Gas Mark 4 and remember to include the stuffing weight when calculating the timing. Some say to start it off breast side down which isn't a bad idea as the cooking juices flow downwards into the breast helping to keep it moist. If you are going to use this method, don't smear the breasts with butter at the start as it will just melt and run into the roasting tin. If you feel so inclined, you can baste the bird every 1-2 hours, however if you use the foil method, basting 3-4 times during cooking is sufficient.

About 45 minutes before the end of the cooking time, remove the foil (and bacon if you prefer), baste with the cooking juices and continue to roast. This will allow plenty of time for the bird to brown.

Check the meat is cooked by parting the skin between the leg and breast. If it is still a little pink then allow an extra 20 minutes on top of your calculated time. When pierced with a skewer at the thickest part of the thigh the juices should run clear not pink.

Before Serving your Turkey

Transfer the bird to a large serving platter, making sure you drain any juices which will have collected inside the cavity. You can add these juices to the gravy for extra flavour.

Leave the cooked turkey to stand in a warm place for about 20 minutes before carving. This may seem a long time, just cover it loosely with a foil to retain its heat. You'll be surprised how hot it will remain and this resting time makes carving a doddle. This extra time can be used to finish cooking all the accompaniments.

Continued on page Twenty two

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Your Stars for December 2007 -

By Kay Gower

ARIES - (Mar. 21- April 20)

You really must begin to make plans for a creative idea that has been brewing for months. You could be forever putting off a lifetime ambition because of everyday duties. December is the magic month when circumstances will favour you.

TAURUS - (Apr. 21- may 21)

A stressful situation finally eases up at the beginning of December. Take a deep breath, Taurus and let it all go. Make big plans for the Christmas celebrations, by the New Year, whatever it was that has been bothering you will be just a memory.

GEMINI - (May 22-June 21)

Gemini, you may find the two side of your nature at odds this month - the smart logical side and the wild extravagant side.
(Note from Astrologer: The extravagant side won't give up - sooner or later it gets what it wants. You have been warned!)

CANCER (June 22-July 22)

Sometimes, when you're not thinking big enough, the universe lets you know. Take this month as an example. Nothing is going to meet your expectations. That's because all your expectations are going to be surpassed!

LEO - (July 23-Aug 22)

I would never say that you were a control freak, Leo. You do at times, appreciate guidance, and 'allow' others to take the lead. Still, there are times (and mid month will be one of those times) when the one who knows best is you.

VIRGO - (Aug 22 - Sept. 23)

This month you will be mixing with the kind of people that compliment you beautifully. These type of relationships (the ones that happen smoothly, pleasurably, and with very little effort) are easy to take for granted. Try not to this month Virgo.

LIBRA - (Sept. 24 -Oct. 23)

The New Moon on 17th December, will be your time to shine, Libra. If you've been frustrated recently with the progress of an idea, or feeling that things have been stuck in a rut, you'll be pleased to see the pace of life becoming much livelier. This New Moon will allow you to initiate a special plan dear to your heart.

SCORPIO - (Oct. 24 - Nov. 22)

The harmony you seek is less important than the harmony you bring. Remember this especially around your family. Your good humour and grace will keep others on their best behaviour. Good news arrives towards month end.

SAGITTARIUS - (Nov. 23 -Dec. 21)

Your social-self is inspired all month and you may even throw an impromptu party. Where there's music, there should be dancing ~ you go first Sagittarius.

CAPRICORN - (Dec 22.- Jan. 20)

Practical issues may tend to keep you on the hop for most of the first week, you may not mind too much since your general level of energy will be higher than usual. Don't allow small insignificant interruptions to get in the way of progress during the rest of the month.

AQUARIUS - (Jan. 21.- Feb. 19)

Your intuition is giving you a nudge Aquarius. But sometimes your inner voice doesn't speak loudly enough, and you brush it off as minor. That's just the way you are ~ you believe that if a hunch is crucial, it'll return. If it does, then for goodness sake take notice!

PISCES - (Feb. 20-Mar. 20)

No matter how scattered you might feel, no one could ever accuse you of being uncaring. Maybe you confide more than you really should, but rest easy, Pisces ~ your kind of sharing opens a two-way path between hearts. December is looking wonderful.

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Trimmings and Accompaniments

Traditional accompaniments for a Christmas roast turkey include gravy, stuffing, cranberry sauce, bread sauce, bacon rolls, small sausages, roast potatoes, red cabbage, roast parsnips and Brussels sprouts.

Depending on how much time you'll have on the day, you may wish to prepare some of the trimmings such as the giblet stock for gravy, stuffing, and bacon wrapped sausages the day before. Indeed, items such as brandy butter and cranberry sauce can be prepared 2-3 days ahead.

Our advice is to do as much as possible before the actual day and refrigerate it so you don't have to spend too much time preparing the bits and pieces on Christmas morning.

If possible, get a turkey with the giblets so that you can make a well flavoured gravy.

Unless you are fortunate enough to have a very large or double oven it's likely that you'll have to do some juggling in order for accompaniments like roast potatoes, roast parsnips, and bacon rolls to be browned and crisp without overcooking.

The 20 minutes whilst you are resting the bird as above is the prime opportunity for you to brown and crisp up all your accompaniments, turn up the oven, however, this relatively short time means you'll have to steam or boil potatoes and parsnips in advance until almost cooked.

Keep a watchful eye and reduce the oven temperature or even turn it off if items are browning too quickly.

Accompaniments

If you are serving the full compliment of turkey, trimmings and vegetables you should allow:-

Roast Parsnips - 1 per person

Roast Potatoes - 3 - 4 pieces per person

Brussels Sprouts - 125g/+4oz per person

Red Cabbage - 125g/+4oz per person

Bacon Wrapped Sausages - 3 per person

Gravy - 180ml/6fl.oz. per person

Cranberry Sauce - 30ml/1fl.oz. per person

Bread Sauce - 60ml/2fl.oz. per person

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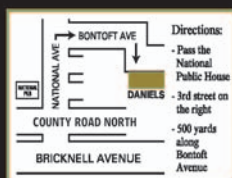
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and

A Prosperous New Year



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Christmas Late Night Shopping in Cottingham

Late night shopping is coming to Cottingham this Christmas, with many shops and businesses opening their door till 8pm on each of the four Tuesday's before Christmas.

Nick Russell, chairman of the Association of Businesses in Cottingham, and owner of Spectrum Video & Electrical said "This is the first time for years that the people of Cottingham and surrounding areas have had a chance to shop locally on a late night rather than have to go into Hull/Beverley etc. It also gives families a chance to look at the Christmas lights in the village while they shop, eat and drink. This year is an experiment and if successful will happen again next year, so it needs the support of everyone in Cottingham.

To highlight those that are taking part, posters will be printed and displayed in the relevant windows, with the first night being Tuesday 27th November. Not only will the late night opening allow people to shop 'till they drop', it will also mean they can try out the coffee shops, bars, pubs and restaurants that Cottingham has to offer. All in all it should create a great Christmas feel to the village.

So let us make it a vibrant and successful Christmas in Cottingham this year. 'Shop till you drop' then enjoy all the local hostelrys and restaurants.

Remember - Local shops and Businesses Use them or lose them.

Watch out for posters in the windows of all participating businesses.



So far the shops and businesses that will be open are as follows:

| | |
|-----------------------------|---------------------------|
| In Hallgate:- | |
| Spectrum Video & Electrical | Jaquelines Bridalwear |
| Alterframe | John Ford Menswear |
| Gillys Balloon Company | Barkers Newsagent |
| Everson - Beckett | Strouds |
| Wok Ever Restaurant | Gino's Takeaway |
| Cottingham Tandoori | Cottingham Chinese |
| Alishaan Restaurant | Frydays |
| So Wok Chinese | King William IV |
| Hallgate Tavern | Fair Maid Pub |
| Bluebell Inn | Kristoff's |
| Curtain Creations | Sarah-Jayne Footwear |
| In King Street:- | |
| Somerfields | Best Wishes |
| Dove House Shop | Turnbulls |
| Eyesite Opticians | Cottingham Flooring |
| Sense | Sainsburys |
| La Scala | Tiger Inn |
| Kismet | Manna Coffee |
| Elliot's Wine Bar | Duke of Cumberland |
| Blondes Coffee Shop | Photo Shop |
| Gifted | |
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Down Memory Lane



*Some old photos of Cottingham. Top - The Cottingham Band taken in the 1930's.
Below: This is 22 Thwaite Street, taken in the 1900's.*



The strength of the dollar, it's a must to visit the United States!

By Marion Owen

Well the year has flown by. Last night I saw my first Christmas lights appear on a private house; with a little luck mine will be up by Christmas Eve!

Christmas shopping: I think its jolly time to turn to token gifts; as really, what do you buy everyone? Our gift vouchers are becoming more and more popular each year and sometimes simpler than guessing where your loved one may want to have a holiday.

Thinking of value: this leads me straight to the United States with the dollar around 2 to the £1, your money goes so far and so does your fuel if you hire a car! A gallon for the cost of our litre!

Whatever type of holiday you are looking for you, will find something to fit the bill in the USA, I have itchy feet right now thinking about it!

Any month to grab a few days away: why not have a weekend break, take in the sights, a little retail therapy there are so many cities to explore with direct flights taking you to the Eastern states e.g. New York, Boston, Washington, Philadelphia (shopping is tax free here), Chicago, Atlanta?

If you are looking for something a little more relaxing - Miami will offer warmer climes and you will still find plenty to do. If you have ever thought of a trip to Disney and the vast array of theme parks that Florida has to offer, there is no better time to visit. Beware, seats will become pricey so you need to book sooner rather than later as more families than usual will be flocking over there this summer.

For adventure take to the road, I find driving in the states very easy, with everyone sticking to the speed limits, cars generally come with a cruise control, so set it and you won't go wrong! The drivers are generally more courteous and the roads in most areas are deserted in comparison to the UK. Self driving holidays are most popular in the western states but wonderful itineraries can be organised anywhere. It is on my 'to do list' to visit every state; at the moment I have managed 21 out of the 50 but I have to say that a state can be larger than the UK and I have visited some states a few times.

If driving is not for you, how about a 3 or 4-centre city holiday; Seattle in Washington is a fabulous spot especially in the summer, Los Angeles (26 cities joined together) offers the excitement of Hollywood, Disney and the Beaches, Las Vegas has to be mentioned and from here an excursion out to the Grand Canyon by coach, four wheel drive, helicopter, plane or train would make a visit complete. Travelling east, New Orleans offers vibrant music along with the Creole culture; Memphis, the home of Elvis, Chicago perched on the edge of the blue Lake Michigan, Washington with its huge Smithsonian's Museum, Philadelphia with its Liberty Bell in the list just goes on.

The ski season is now upon us and the states has some fabulous resorts; one of my favourites is Winter Park in Colorado, which offers plenty of skiing for all levels, lots of trails through the trees: being only an hour or so from Denver you can drive there or we can pre book shuttles. Not wanting to fly quite so far? New England is a possibility but I always find the snow conditions not so good.

Well it's time to close, Season's Greetings from the Marion Owen Travel Team & Best Wishes for a Happy & healthy New Year.



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In the Garden



Fruit and vegetable garden

Prune grape vines before Christmas to avoid bleeding.
Prune established open-grown apple and pear trees (not cordons, espaliers or fans).

Formative pruning of young, free-standing, fruit trees and bushes (under three years old) can also be done from now. They should at first be pruned to encourage branching and bushiness from the main stem.

Prune currant's and gooseberries.

Check tree stakes and ties while doing your winter pruning. They may need loosening, replacing, or removing.

Hardwood cuttings can be taken this month - this is a great way to propagate blackcurrants, red currant's, white currant's, gooseberries and grape vines. Use only disease-free plants for propagation.

Grape vines can also be propagated using eye cuttings. These are shorter than standard hardwood cuttings (having only one bud, or eye), and are used commercially to produce a large number of plants. Only attempt these if you are confident, as longer cuttings have more buds to rely on for rooting.

This is a good time to plant new fruit bushes and trees - as long as the soil isn't frozen or very wet.

Divide and plant rhubarb. Clumps can be lifted and prepared for forcing in early spring.

Clean and store bamboo canes in the shed (or other dry place) to ensure they're still in good condition for next year. Broken ones can be shortened, where possible, for re-use.

An old Victorian idea is to make a manure hotbed by piling a mixture of manure and straw (or leaves), to be rotted over the winter, into an empty compost bin. This is then covered with a layer of John Innes No 3 compost. A cold frame placed on top will benefit from the heat generated by the rotting manure, and this will aid the germination of crops to be started in January for planting outside in February.

Lift and store root crops such as carrots, beetroot and turnips.

Parsnips can be left in the ground until needed, or lifted and then buried in a shallow trench for easy access when needed. They taste better when frosted. Make sure to mark the trench, and to cover it. Lift and store celery - it can be heeled in just outside the back door, for easy use. It can also be thickly mulched in situ, using straw or bracken held in place with fleece and hoops of wire, and then lifted when needed.

Harvest Brussels sprouts. Pick the largest sprouts from the bottom of the stalk first.

Stake or earth up any Brussels sprouts stalks that look leggy and vulnerable to wind rock.

Some of the spring cabbages that were planted out earlier in the autumn can be used as winter greens (if they are large enough), cutting them before they have a chance to form hearts next spring.

It isn't too late to force chicory and seakale. If you have not done so already, now is the time to dig over and incorporate soil improvers into vacant areas of the vegetable plot. You can cover these areas with thick



polythene to keep the soil dry and make it easier to work in the spring - particularly useful for heavy clay soils. Black polythene will suppress weeds.

Herbs

Place cloches over tender herbs, or those sensitive to excess rain, and protect them from the winter wet and cold.

Mulch the crowns of herbs that have died down for the winter - this will improve drainage and provide some frost protection. Grit or bark are good choices.

In cold areas, bay trees should be brought in for the winter, or placed in a sheltered position. They are borderline hardy.

Mint, chives and other herbs can be kept going, for winter use by bringing them into the warmth and light of the kitchen. They should be planted outside again next spring and left undisturbed and uncropped for a year, so that they can recover from the exhaustion of having missed a dormant period. Alternatively, they can be composted and replaced with new plants.

Check on tender plants outdoors to ensure winter protection is still in place, especially after storms.

In mild areas, and during dry spells, you can still lift and divide herbaceous perennials. This will increase stocks, and revive tired or poorly flowering clumps.

Continue to cut back faded herbaceous perennials and add them to the compost heap. Leave any faded flowers and seed heads that are attractive - they will add to the winter enjoyment of the garden (particularly when covered in frost), as well as providing food and shelter for wildlife.

Finish the autumn tidy-up of leaves from beds and borders if you have not already done so. They can be added to the compost heap, or placed in separate bins to make leafmould. Some leaves, such as plane

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Top 10 jobs

1. Check your winter protection structures are still securely in place
2. Check that greenhouse heaters are working OK
3. Prevent ponds and stand pipes from freezing
4. Prune open-grown apples and pears (but not those trained against walls)
5. Prune acers, birches and vines before Christmas to avoid bleeding
6. Harvest leeks, parsnips, winter cabbage, sprouts and remaining root crops
7. Deciduous trees and shrubs can still be planted and transplanted
8. Take hardwood cuttings
9. Keep mice away from stored produce
10. Reduce watering of houseplants

and sycamore, are slow to break down, and can delay your compost if you mix them into the general heap. Leafmould makes an excellent soil improver, and can also be used as a seed-sowing medium.

It is especially important to clear leaves and debris from alpine, as they will die off if covered in damp for any length of time. Bare patches can be covered with gritty compost to encourage the re-growth of surrounding clumps into that area.

Keep tubs tidy and improve drainage

Keep tubs and containers tidy too, cutting back and removing debris regularly. They can be mulched with compost.

When gardening on wet soils, work from a long plank of wood, or an old sheet of exterior plywood, to avoid treading directly on the soil. This will help avoid compaction.

Improve the drainage of heavy clay soils by working in plenty of bulky organic matter, such as composted bark.

Raise patio containers onto feet or bricks to avoid them sitting in the winter wet.

Large tubs that are at risk of cracking in the frost should be covered with bubblewrap, hessian or fleece, to insulate them over the winter.

Tender plants and pots can be brought into the greenhouse or conservatory if not done so already. Even in mild areas, the winter usually gets much harder after December.

Apply an autumn mulch to protect plants that are borderline hardy, such as Agapanthus, Kniphofia and Phgelius.

Root cuttings can be taken from now. Papaver (perennial poppies), Verbascum (mullein) and Phlox are suitable examples.

Alpines can be sown from seed this month. They need a period of cold to break the seed dormancy. A sheet of glass can be positioned over the sown area to protect it from excessive wet. Alternatively, the seeds can be stratified in the fridge, for sowing next spring.

Order seed catalogues, if you have not done so already, to select next years bedding and perennial choices. You will have more chance of finding all your choices in stock if you order well before the spring.

Clear leaves and twigs from greenhouse and shed gutters.

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Photo Shop, King Street
Sense Charity Shop, King Street
Somerfield Supermarket, King Street

Ann @ Elizabeths Fashions, Finkle Street
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Guest & Philips Jewellers, Finkle Street
Joannes Ladies Hairdressers, Finkle Street
Slimming World, Darby & Joan, Finkle Street

Giblin Hall Hairdressers, Cotta Court
Finkles Boutique, Cotta Court

Cottingham MOT, Station Yard
JaCee Print, Station Yard
Smales Upholstery, Station Yard
Steelmet Building & DIY, Station Yard

J Brannagam Business Services, Danube Road
M Spivey Remedial Masseuse, Hornbeam Drive
Hooker & Roebuck Mortgages, South Street
Newholme Guest House, Thwaite Street
Savoury Insurance, Thwaite Street
Hepworth Builders, Dene Road
Knight Electrical, Queens Drive
Input Kitchens, Northgate
Salon 36 Northgate
Cottingham Golf Club, Woodhill Way
Skidby Lakes Golf Club, Woodhill Way
Miller Eyre Builders, Dunswell Road
Turnbull Landscape Gardens, Dunswell Road
B Brotherton Decorator, Harland Way
Cottingham Times, Skidby

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Cottingham Rangers under 10 girls beat South Cave 3-0

Cottingham Rangers under 10 girls beat South Cave 3-0 to reach the semi-finals of the League Cup. Cott came into this game feeling confident after beating South Cave in the league the previous match. This however was a far tighter contest as Cave fielded a much stronger team and were looking for revenge. South Cave failed to make anything from their early pressure and it was Grace Weston who put the home team ahead.

Jessica Derbyshire and Rosie Clutterbrook both put in strong displays from midfield which allowed Cott Rangers leading scorer to once again find the net. South Cave came into the second half two goals down and looked determined to claw a goal back. Cott's defence Ellie Thompson and Jody Brown with Jenny McCarthy in goal have been solid all season and again proved decisive.

South Cave girls put in a strong performance and went close to scoring on several occasions, unfortunately the score did not reflect all their brave efforts. Evie Hepworth should have made it three when a penalty was awarded by referee Rebecca Shipp but the South Cave goalie made a fine save. Cott made the game safe when Leonie Robertson scored her second goal in as many matches deep into the second half.

Cottingham Rangers: Hayley Allman, Jenny McCarthy, Ellie Thompson, Evie Hepworth, Grace Weston, Rosie Clutterbrook, Jodie Brown, Jessica Derbyshire, Lucy Crockett, Leonie Robertson.

South Cave: Mary Forman, Katherine Imrie, Laura Stride, Courtney McComville, Lucy Reast, Emily Cole, Fran Platten, Ruth Dobson, Lucy Lowther, Emma Williamson.

Referee: Rebecca Shipp

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Gino's is a bright, clean and friendly premises, and there is a small well-lit waiting area. There is an excellent

choice of Pizzas, Burgers, Kebabs and Fried Chicken, and the meals are of ample proportion, even for the biggest appetites. There is also a Gino's Kids Club menu.

The meals are of excellent size and quality and the Mega Meal at £11.99 is superb value for money.

Gino's is now open from 4pm till midnight every day, and is open till 1.00am Fridays, Saturdays and Bank Holidays to provide his customers with good food for longer.

There is a local delivery charge of £1.00 (subject to change). Visit Gino's soon.

You can now download Gino's Menu from the Cottingham Times website www.cottinghamtimes.co.uk under Takeaways. Download the menu, make your choice and telephone Gino's and order your meal, and enjoy.



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57th Haltemprice Art Exhibition

The Council holds an art exhibition each year, which is based, in the Haltemprice area of the East Riding. The exhibition was on display at the Civic Hall in Cottingham from the 19 to 27 October 2007. The exhibition is to enable local amateur artists to display and possibly sell some of their work.

There is a children's section at the exhibition and the response this year had been excellent with a lot of local schools participating. The prize winners for the children's section are as follows

14 Years and Under

1st Rebecca May, South Hunsley
2nd Stephen Collier, South Hunsley
3rd Saul Phillipson, "Auntie's Chicken", Hallgate Junior School
Highly Commended - Natalee Hodgson "Monet in Green", Anlaby Primary School


15 Years and Over

1st India Roberts, South Hunsley
2nd Jamie Oxtoby, "Interior Scene", Driffield School
3rd Alistair Leys, "Scene in Driffield", Driffield School
Highly Commended - Andrew Jenkinson, "Found Objects & Shadows", Hull Collegiate School
Commended - Michael Kendall, "Vanitas Still Life", Driffield School

The Wilburn trophy is to be presented to Mr N Ward for his painting entitled Eagle Dining Out for the most popular exhibit in the adult section. This was done by public ballot during the week of the exhibition to decide upon the winner.



Pictured above are the winners with their certificates and trophies




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Well the New Year is nearly here. One of your resolutions should be to have fantastic looking hair throughout 2008.


New Year - New Look. How can you achieve this?

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Keep an eye in the press for details of our fantastic promotion in January and February. Not only will your hair look fabulous the price is great too!

A very Merry Christmas to all Unique clients and Cottingham Times readers. Thank you for your loyal support in 2007 and we look forward to seeing you in 2008.

Ben



As a leading salon director and stylist Ben has been involved with major events such as the Wella Roadshow and has trained with the British Hairdressing Team. So make sure you don't miss next months edition of the Cottingham Times for the Unique Hair Guide.

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Hallgate Schools

by Peter Railton

The new year of 1909 off to a bang - literally - in the boy's department.

Mr Moorby records -

"23 Jan 1909. The hot water pipe in Std. 1 room burst with a loud report and a jet of steam issued to the top of the ceiling - the room being filled with steam in an instant. In spite of inability to see, the room was cleared of children in a few minutes and beyond being wet with the condensed steam, no one was hurt. Std.III and IV in the opposite room took alarm and rushed out but were prevented from rushing around the corridor by the master. Eventually all scholars were safely out in the yard but nearly all Std.I and II were wet through and sent home. The rest of the school was set to work as usual. 70 boys sent home. Std1 register was ruined by the soaking it had received and a new one had to be started."

The burst pipe was reported to King and Co; the next day. King and Co: were a major firm of plumbers and hot water engineers with show-rooms on South Church side opposite Holy Trinity Church in Hull.

Checks on Heating Efficiency

During February the heating efficiency fluctuated between 'satisfactory' and 'far from satisfactory' Mr Moorby was displeased with a Std.II boy who - "took out a thermometer and placed it on a sloping ledge - result , it rolled off and smashed to pieces."

The Rev's F Minton and J Wolstencroft were frequent visitors to the three departments in their capacities as Managers, checking registers, enquiring about absences, sickness, heating and so on. In March of that year the Cottingham Prize Silver Band agreed to let their various cups and trophies be exhibited in the schools. The boys were especially interested as most of the bandsmen were fathers, uncles or brothers.

Mr Moorby continued with his special interests of giving lessons on singing and botany, and periodically to go into any class that showed signs of weakness especially in arithmetic and took lessons himself. He records that he felt that sometimes the principles of arithmetic were not being taught and therefore "boys could not proceed properly in a problem."

In May E Maw, H Jarvis, J Barker and W Foggarty, all Std VI and VII boys applied for Labour Certificates. Early June brought very hot weather - "the intense heat is almost overpowering and the lack of lavatory accommodation is never felt so much as during this hot weather."

Temperatures of 90f in the sun were recorded and the various Sunday School Feasts held on successive Wednesday afternoons enjoyed maximum attendances.

Longest serving teacher

One of the longest serving teachers in the girl's department made her appearance that year; Miss M Buttery a pupil teacher in the infants' department was appointed as an assistant teacher passing her Article 50 and took up her duties on 14 April. She was still teaching in the girl's school in the early 1950's as Deputy Head and appears on a staff photo of the time; more of that later. Conversely, Miss Whitehead who served the school for 62 years started as a pupil teacher in the girls' department and spent her career in the infants', mainly as a reception teacher; more of that later too.

A girl was punished for -

"taking another girl's dinner from the cloakroom. Doris Pickering was accidentally run over by a cart when leaving school on Monday afternoon and is therefore absent from school on that account."

Throughout May measles, whooping cough and chicken pox were prevalent among the children often affecting 30 or more girls or boys at any one time. It says much of today's school and general medical services that these outbreaks are usually minimal. The outbreaks continued into the following year (1910) and attendances suffered accordingly. Arrangements were made by the E.R.C.C. to conduct a medical examination throughout Hallgate Schools which included measuring and weighing pupils and eyesight testing. Drs Wilson and Thornly were to act on behalf of the authority. These examinations were carried out

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in most parts of the country by the relatively newly established education authorities and threw up a worrying picture of the health of the school population which was to come to a head when war broke out in 1914, when many young volunteers were turned down on medical grounds.

Hungry Children

In February the Rev. Wolstencroft called at the schools one Thursday to make enquiries after 'hungry school children.' Thankfully there were very few but these entries in the log books identified a period when poverty was still very much a part of life. For example, several children were 'ordered' to wear glasses after the medical - just how many did is doubtful and the Heads of the three departments frequently referred to children being badly clothed, or 'dirty' - this usually meant head lice - or with no boots or using an older brother or sister's worn out ones.

The workhouse was still an ever present threat to many families and various speakers went into the boys' and the girls' departments to point out the 'evils of drink' and its often accompanying violence and poverty. The Temperance movement was still very strong in the early years of the 20th century and drew its support from the various religious groups, especially the free churches, hence the continuing 'Feast Days' with their half day holiday - Salvation Army, Methodists, Wesleyan Congregationals etc. which were supported grudgingly by the schools; grudgingly because these absences cut into lesson times quite badly.

Feast Days

The practice of allowing three day's holiday for Hull Fair was an added 'nuisance' but teachers and managers knew very well that children would absent themselves anyway to go there - most walked, the precious pennies were far too valuable to spend on train fares! The annual Cottingham Clubs Feast also cut into school time as a day or a half day holiday was given. Briefly, there were several working men's clubs in the village who's members paid a few pence each week to provide some relief in times of sickness, unemployment or death. As well as a dinner washed down at a hostelry for the members, there were roundabouts and stalls for the ladies and children all set up around Market Green. Inevitably, there were very poor families who's bread winner could not or did not pay into the club, hence the spectre of poverty was never very far away.

The Coronation of King George V and Queen Mary

The year 1911 saw two important events. In June the Coronation of King George V and Queen Mary took place and the schools were closed from the 16th to the 24th of the month in celebration and

"in accordance with the Royal wishes and the sanction of the East Riding County Council."

The 22nd was set aside for a sports day for the whole village and the committee of 69 members appointed Mr Moorby as the Hon. Secretary. The venue was probably the Ellerman Wilson ground down Millhouse Woods Lane. Various events were organised - girls and boys running, jumping, skipping, bell horses, potato and wheelbarrow races, by ages and classes plus events for adults too, egg and spoon, tug of war and so on, even the best dressed bicycle and its costumed rider could win a prize; money prizes for all classes and events were generous and local benefactors on the committee dug deep into their pockets. No doubt the children wished coronations came round more often!

Discipline a problem

By the end of 1910, the pressure of numbers in the boys' department became so great that the ex. Std VII boys had to be accommodated in the infants' school. Mr Moorby recorded that discipline was becoming a real problem due to the overcrowding in all departments and sending pupils to the King Street Rooms did little to ease the situation. The solution had to be a new school building. Work was to start the next year.

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Crossword Solution from page 14

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Alternative Health Matters

by Carole Headley

REIKI

The meaning of Reiki (pronounced ray-key) is one of the most ancient healing methods known to mankind. It originated in Tibet and was rediscovered in the nineteenth century by a Japanese monk named Dr Mikao Usui. The tradition of Reiki is referred to in 2500-year old writings in Sanskrit, the ancient Indian language. The Usui System of Natural Healing named after Dr Usui has been passed down by Reiki Masters since that time and is today practised worldwide.

As humans we have Universal Life Energy all around and within us. The Japanese word rei-ki consists of two syllables: 'rei' which describes the cosmic, universal aspect of the energy and 'ki' which means the fundamental life force flowing and pulsating in ALL LIVING THINGS. This life force energy is given to us at birth. We bring with us a certain amount of 'ki' to life, and we use it up in the business of ordinary daily living. We then have to create a daily supply of new energy. When we are unable to make up for our energy consumption for a prolonged period, we may become physically or emotionally ill. If our supply of life force energy is very low and depleted, we suffer from physical, emotional and mental exhaustion and tend to be much more irritable, bad-tempered, and depressed than usual.

We find different words for this fundamental force in all the different cultures and religions of the world. The Chinese know 'ki' as 'chi' Hindus say 'prana' and Christians call it 'light and in our modern western language, we use the words 'bioenergy' or 'cosmic energy'. In German the words which come close to the meaning of 'ki' are 'Atem - breath and 'leben' - life.

What is Reiki

Reiki is a natural and simple healing method which allows you to absorb more life force energy. The Reiki method vitalises your life force and balances the energies in your body. This natural healing energy flows in a powerful and concentrated form through the hands of the Reiki giver. The laying on of the hands directs the healing energy into the body of the receiver. The Reiki giver uses it as a channel to conduct the Universal Life Energy. As a result, no personal energy is drawn or drained from the giver, who is simultaneously charged and strengthened

What Does Reiki Do?

Reiki usually helps healing of all kinds and relieves pains and acute symptoms very quickly. It also has a positive influence on spiritual growth. After treatment, you may feel mentally much clearer about things and experience deep insights into particular questions or problems you are facing. Reiki can help you make the right changes and decisions in your life, if that is what you need or want to achieve. Reiki affects people differently, but it always acts wherever the receiver needs it most. Reiki strengthens and harmonizes the immune system. We continually use up life force energy without replacing it. Reiki helps us to replenish and add to our energy and, in this way, helps to create a healthy body. Reiki can release emotional blockages and negative feelings. Reiki makes no diagnosis and is intended to be used as a complementary healing method. There is so much more but space here is limited.

Carole Headley, Reiki Master - The Healing Hut, 221 Hallgate, Cottingham Tel 842078

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