

Cottingham Times

and District

Issue 238 - January 2022



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Steph – My Care Story

'At a lot of places, you're treated like you're just a number, but not here. Here you're valued.'

A word from our chairman

More so than ever, the fantastic work of carers has been highlighted over the past two years.

We'd like you to meet some of them who are caring for your loved ones at The Manor House, so you can see why we're so proud of our team.

This month, we're meeting Steph - a senior carer who left The Manor House, but missed us so much, she came back.

To find out about any exciting opportunities to join the team, contact

leane hatch@parklanehealthcare.co.uk

Chris Mitchell – Chairman, Park Lane Healthcare



I started at the Manor House in January 2020. I was working in North Yorkshire, but I live in the next village over from the home. On the off chance, I called and spoke to the manager, Leanne Hatch, to see if she had any jobs.

She gave me an interview, and offered a job as a night carer. I'd administered medication in a previous role and within three months of joining, I was promoted to a senior carer. That's one of the great things about working at The Manor House – they see how hard you work, and you're rewarded for it. In my case, this was a promotion.

At the end of 2020, I decided to pursue an opportunity that came up at Hull Royal Infirmary, but I quickly realised that I much preferred life at The Manor House. We're like a big family, and you build relationships with everyone. It just wasn't the same in my new job, so I called Leanne up and I was back in my old job by February.

Everything just works at The Manor House. Leanne's a fantastic manager, the team are lovely, the residents are great, and everyone really

cares about each other. At a lot of places, you're treated like you're just a number, but not here. Here you're valued.

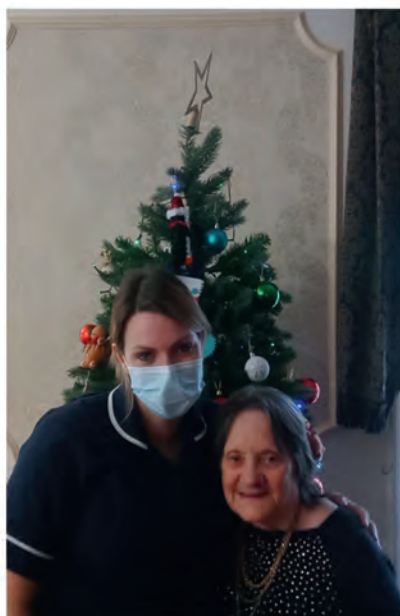
I'm currently 20 weeks pregnant and planning my wedding in January, and the team couldn't have been more supportive. Leanne's so accommodating of my appointments, and everyone's always asking how me and the baby are.

I'm now working days instead of nights, which means meeting visitors and helping with medical appointments, rather than bedtimes and overnight check ins, but I enjoy the fact that you can build more of a rapport with people in the daytime.



In my spare time, I like to relax (as much as possible when you're pregnant), in between planning a wedding and having two young daughters! My fiancé and I are very excited about our wedding and our growing family, even though it's all a bit hectic.

And of course, I can't wait to take my new arrival in to visit everyone at The Manor House, so my little bundle of joy can see where Mummy's coming back to after maternity leave.



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Published Monthly by: The Cottingham Times

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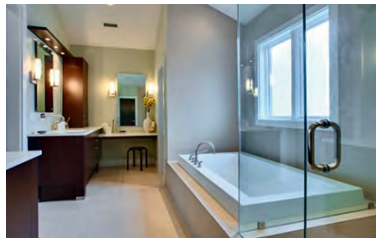
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softener will not be at the top of most long term softener owners list of reasons they would not be without theirs, they almost all say it is the luxury of bathing, showering and washing in the superbly soft water, not to mention the super soft fluffy towels that are the product of softened water laundry.

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In Cottingham and District

The deadline for entries in the February "What's On" section, is no later than the 19th January 2022.

Cottingham Local History Society

Wednesday 5th January - A Glimpse of Edwardian Life. Hull in 1901 to 1902, based on the Lady Magazine, Michèle Beadle, in Cottingham Civic Hall, starting at 7.45 p.m. Meeting fee: members £2; non-members £3. Contact: Chairman Peter McClure 845734.

Skidby Branch of the Yorkshire Country Women Association

Thursday 6th January - in the village hall at 7.30 pm. The speaker is giving a talk on guide dogs for the blind. Who will be accompanied by a puppy I am sure we will go ga ga. at the sight of it and wanting to give it a lot of cuddles. Members and guests welcome.

Music Recital Club

Sunday 9th January - Concert at 3pm at the Cottingham Methodist Church, Hallgate. Programme includes the Hull Youth Jazz Orchestra and bursary-winning young musicians on percussion, piano, voice and violin. Adults £5 Students £2 including refreshments. All welcome. Raising money for bursaries for local young musicians.

Cottingham Catholic Women's League

Monday 10th January - at 7 30pm in the Garden room at Holy Cross RC church Carrington Ave. The speaker Stephen Robinson will be talking about the work of 'Emmaus'.

Cottingham u3a

Thursday 13th January - at 2 pm in the Darby & Joan Hall. Val Wise will give a talk on 'Mary Wollstonecraft', which will be followed by the usual tea/coffee and biscuits. As numbers are limited, members must register to attend the meeting by contacting Lesley Tempest (Secretary) - telephone 847359 or email lesleytempest@gmail.com.

Hull Alpha Probus

Club for retired or semi-retired professional people meeting on alternate Thursdays - new members welcome. Secretary on 01482 348270 or 07542 959314. Coffee meetings are upstairs at Kristoff's at 10:30. Lunch meetings are at The Blue Bell at 12:30.

Thursday 13th January - Coffee meeting & AGM at 10.30 at Kristoffs.

27th January Lunch & Speaker

Little Weighton Village Hall

"Friday 14th January- First in a series of Talks in Lt Weighton Village Hall. Steve Wilks talks on 'EODs in Northern Ireland and the UK' (bomb disposals). 7.30 for 7.45pm start. £4 tickets are at Lt Weighton Post Office now. More info from 07714 089289.

**Front cover: Sunrise over Thwaite Street, Cottingham.
Photo: Paul Lakin.**

North Ferriby Gardening Club

Monday 17th January - 7.30pm -9.30pm Parish Hall, Church St, North Ferriby. HU14 3DA. Eileen Shore 'Chasing the rainbow'. How iris can offer interest in every month of the year. Please wear face masks and observe social distancing. A membership of £5 or guest fee of £2. Queries? Contact Trevor Barningham 07779 620651.

East Yorkshire Woodturners

Tuesday 18th January, 7pm, Skidby Village Hall. (Doors open 6.30pm): Demonstration by Professional woodturner, Rick Dobney. Visitors are welcome - no need to book - £3.50 on the door for guests. (Face coverings must be worn). For information, please contact David Taylor, 01482 876702, or see the Club's website: eastyorkshirewoodturners.org.uk.

Hull and East Riding New Stitchers

Tuesday 18th January - Stitch and Chat. In the Darby & Joan Hall, Finkle Street, 7.15 pm to 9.15 pm. Meetings are open to visitors. Membership is £15 per year, meetings £2.50 (visitors £3.00) plus refreshments. Further information from Jean Ellis 01482 845415.

The Arts Society, Hull and East Riding

Tuesday 18th January - An illustrated lecture by Neil Faulkner: "Gertrude Bell: Traveller, Archaeologist, Orientalist". At 10.45 a.m. Mercure Grange Park Hotel, Willerby. Non-members welcome. Guests £5.00. For further details please contact Membership Secretary, Maureen Jones, tel. 01482 869886.

East Yorkshire Association of the National Trust

Thursday 20th January - an illustrated talk by Paul Mann, entitled 'The Hull Shells - munitions work in World War I.' To be held in Cottingham Civic Hall, at 7.30 p.m. Non-members welcome.

Little Weighton Gardeners' Club

Friday, 21 January - 7.30pm. Talk from DEFRA expert Marcus Lazenby on "How Healthy is your garden? - Plant health, pests and passports". LW Village Hall.

Hull & East Riding Broderers

Saturday 22nd January - at St Cuthbert's Church Hall Marlborough Avenue Hull HU5 3JX, 1.30.p.m. to 4.30pm. Please do come and bring your sewing and chat. Visitors fee is £3.50 per meeting (two meetings allowed). Tea and cake will be available. Further information email herbyembroidery@gmail.com or contact Steph Palmer: 07725 320513. Everyone is welcome. The Hall is COVID safe.

The East Riding Flower Club

Monday 24th January - at the Mercure Hotel Willerby, 12pm for the Annual Lunch. This will be followed by a short AGM and a talk. We are welcoming back Paul Schofield who will take 'Hull; Georgian Suburbs' as his topic for the talk. We look forward to meeting friends old and new at this event. The cost of the 2 course lunch will be £23 and for further details including menu choices please contact us on 07745 061238 or email us at: eastridingflowerclub@gmail.com, before 10th January 2022

Beverley Men in Sheds

Meets every weekday morning between 9:00 to 13:00 at Oldroyd's Corner, Woodmansey Garden Centre, Hull Road, Woodmansey, HU17 0RS. We provide a safe place for lonely and isolated men and women to come together to make new friends and indulge in their hobbies. e-mail meninshedsbeverley@gmail.com, or telephone 07795-820443.

Cottingham & Hull Folk Dance Club

Tuesday 7pm-9-30pm at the Darby and Joan Hall Finkle St., Cottingham. No experience necessary come on your own or bring a friend for light exercise in a friendly environment everyone one welcome. For further information please contact Jan Gray on 01482840637 or Keith Alexander on 01482 509751.

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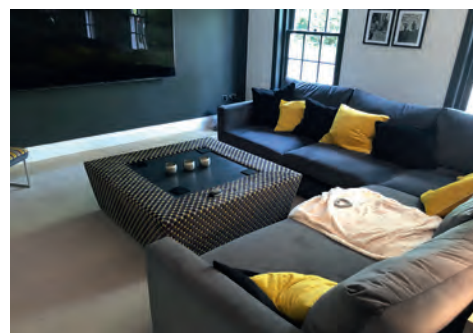
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Would you like to join The Beverley Barge Preservation Society?

The BBPS on Beverley Beck are holding an early season Open Day on Sunday 20th March 2022 for any members of the public interested in becoming members of the Society. Members can get involved in maintenance work on our 3 boats, crewing on trips on the River Hull and helping at events. It's open to all ages and genders and there are many ways to join and get involved from engineering maintenance, painting, to sailing to exotic places on the River Hull as well as helping in admin and social media. Everything helps!

We are proud to be working with the Beverley Town Council as part of their Strategic Partnership over the next

three years and have a youtube site (search 'Beverley Barge Preservation Society'), a website (www.syntanbarge.org.uk) and a Facebook Group (search 'Beverley Barges') which you can join and see what trips we have planned for 2022. We are also open on some Sundays during the summer season, over the Heritage Open Days in September, and our maintenance days down at the Beverley Beck are Tuesday and Friday mornings from around 10.00.

Why not come along on the 20th March and have a chat and find out what it's like to be a member. You can go onboard our boats the Syntan (built 1949), the Sun (1960) and if the weather's good we'll do boat trips along the Beck in the Mermaid (1986). You don't have to have a working knowledge of boats to get involved.



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Farewell on retirement of a popular Cottingham priest

While in Cottingham from 1996 until 2013 Father Pat was well known for his work with the Churches Together and being chaplain at Castle Hill Hospital, where he touched so many peoples' lives.

Fr. Pat has now returned to his home town of Derry and we all wish him a long and happy retirement.

Adrienne Cox

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Commuted Sums benefit two clubs in Swanland

Two clubs based in Swanland have been awarded £29,303.91 funding from East Riding of Yorkshire Council as part of Commuted Sums from local housing developments.

Swanland Bowling Club have been awarded £16,303.91 towards purchasing ground maintenance equipment and upgrading the current kitchen and toilets on the site. The project will allow the club to have hot water from the taps for the first time. In addition to the Commuted Sums funding, Swanland Bowling Club will be funding £1,811.55.00 of the £18,115.46 project from their own funds.

David Mitchelson, Committee Member at Swanland Bowling Club, said: "The Bowling Club are delighted to be recipients of the Commuted Sums

Funding Award. It will enable us to undertake a long overdue renovation of the ladies' and gents' toilets and replace most of our green maintenance machines which are proving to be expensive to repair."

Swanland Cricket Club have been awarded £13,000 towards their club upgrades project. The funding will allow the club to purchase new sight screens, to replace the existing ones which have been damaged; wicket covers; an electric cricket scoreboard; a line marker; and two extra cassettes for ground maintenance. In addition to the Commuted Sums funding, Swanland Cricket Club will be funding £1,449.72 from their own funds towards the £14,449.72 project.

Alan Smith, Chairman at Swanland Cricket Club, said: "This award provides funding for equipment, which is vital for a club like ours, to enable it to move forward and prosper, within the village of Swanland.

"The new equipment will replace that which was vandalised during lockdown, allow wickets to be covered during periods of inclement weather, enabling more cricket to be played, and ground maintenance equipment necessary for the continued improvement of the playing surface.

"The award really does mean the difference between surviving or thriving. Currently with no external sponsors or funding, the only revenue string for the club is from members' subscriptions.

"Having to pay for, but also prepare, our own wicket, it is essential we have the right tools for the job, which this award provides. The club can now look forward to a bright future, maintaining a summer focus in the village and providing increased opportunity for all, be it playing, practicing, or simply supporting their local team.

"Our gratitude and thanks go out to all the Commuted Sums team, but in particular Lea Anne Wright, Rob Laycock and Theresa Gale for their

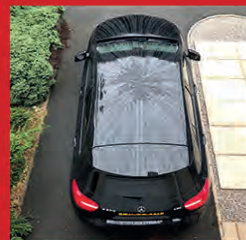
continued hard work, professionalism and assistance delivering the award process - a big thank you from everybody at Swanland Cricket Club."

Councillor David Tucker, portfolio holder for planning, infrastructure and housing, said: "I am very pleased that we have been able to facilitate these two awards of Commuted Sums provided by local housing developments as a condition of their planning approval. It's clear that both awards will form a lifeline for both of these clubs, and I wish them both well for the future."



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Cottingham Parish Council



Welcome to our section of the *Cottingham Times* that keeps our residents updated with some of the projects that Cottingham Parish Council is involved with.

Word from the Clerk

A happy New Year to you all and I hope you had a good Christmas, despite Omicron! Thank you to all those that attended our Christmas Festival (did you see the Dalek invasion?) and a big thank you to our volunteers, without which the event could not proceed. Next on the horizon is Cottingham Day which, fingers crossed, will be taking place on Sunday 3rd July 2022.



Following the Christmas Festival, we closed our office to the public for one day to allow us to deal with the aftermath but then decided to keep it closed due to Omicron, only a couple of days ahead of the Government announcement regarding working from home. As I write this, I am unsure of when we will be reopening however, we are still available on the telephone 847623 or via email.

Matthew Kay, Clerk to Cottingham Parish Council,
clerk@cottinghamcouncil.org

Grants

The Parish Council can provide grants to local organisations and, especially after recent tough times, we would encourage groups to contact

us. Certain criteria must be met but within the last twelve months we have given grants to the Cottingham Lights, Cottingham Village Trust, Cottingham Tennis Club, Cottingham Tigers, the Cottingham Folk Festival, Cottingham Springboard Festival, and the PTA of Hallgate School.

2022 meetings

Cottingham Parish Council meetings are open to members of the public to watch proceedings. They are not, however, public meetings and public participation is limited to a 10-minute session during our Full Parish Council meetings or when invited to speak on specific agenda items or planning applications.

Usually, our Full Parish Council meetings are the third Thursday of the month, except August and December, and our Planning meetings are the first Tuesday of the month, including August and December. Other meetings happen as and when required. However, due to Covid, our meetings are currently changeable so please contact the office, visit our website (www.cottinghamparishcouncil.org), or examine the Noticeboard outside of the Post Office for details of meetings. The proposed dates of our **Full Parish meetings** are **20th January, 17th February, 17th March, 21st April, 19th May, 16th June, 21st July, 15th September, 20th October, & 17th November** and the proposed dates of our **Planning meetings** are **4th January, 8th February, 8th March, 5th April, 3rd May, 7th June**

The contact details of all our Councillors can be found on our website and are contained in all our Noticeboards.

Trees

Our Councilors recently met with the Principal Tree Officer of East Riding of Yorkshire Council to discuss various tree related issues in Cottingham. One thing she asked us to highlight to the public was the suitability, or unsuitability, of the trees people are planting in their gardens. If you are thinking of placing a new tree on your property, which is something we encourage, do think carefully about its type. Trees like eucalyptus can be beautiful in the right environment but they can also cause a lot of problems if planted in the wrong place.

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Fitmums & Friends founder wins a regional BBC Unsung Hero 2021 Award

Athletics club and charity, Fitmums & Friends is proud to announce that its founder and chief officer, Sam Barlow, BEM, is a regional winner of the BBC Sports Personality of the Year's Unsung Hero 2021 Award.

The BBC Sports Personality of the Year's Unsung Hero Award recognises the volunteers in sport whose efforts are making a difference to our communities. This year's winner for BBC East Yorkshire and Lincolnshire is Sam Barlow, founder and chief officer of local charity, Fitmums & Friends.

Fitmums & Friends is passionate about supporting everyone to be more active. It offers running, walking, cycling, boot camp, buggy and junior athletics sessions which enable men, women and children of all ages and abilities to be active in friendly and supportive groups.

Sam started Fitmums & Friends in 2009 as a way to meet and socialise with other parents, and her idea quickly grew. Today, there are 11 Fitmums & Friends clubs across Hull, Yorkshire and North East Lincolnshire with more than 850 members. For the most part, its sessions are organised by a network of dedicated volunteers. The organisation became a registered charity in July 2017. In 2019, international runner and five-time Olympian, Jo Pavey, joined the charity as its patron.

Sam continues to lead the development of the charity, supporting existing activities and introducing new programmes to enable more people to access regular exercise and feel the physical and mental health benefits of physical activity and social connections. Sam also coaches adult run

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sessions and particularly enjoys coaching junior athletics sessions.

In October 2020, Sam lost her husband, Mike, following a long battle with cancer. Sam used this personal experience of bereavement to develop a programme of walking and yoga sessions for adults and an outdoor activity project for children which now support others in Hull who have experienced the death of someone close to them.

Vickie Hillier, deputy chief officer of Fitmums & Friends, explains why Sam is a deserving winner: "Sam's initial desire to keep active and make friends herself has grown into a passion, enthusiasm and willingness to help others be more active in a supportive, friendly environment. That passion is infectious and is the drive that keeps our activities moving and new ones developing. It means Fitmums & Friends has helped thousands of people over the years since it began."

Sam responds: "It is such an honour to have been recognised for this award, especially knowing how many amazing unsung heroes there are in communities across the region doing invaluable work. It is particularly meaningful in this first year of losing my husband, Mike, who so believed in the work we do and supported so

many people himself through activity. I feel lucky to work with a team of volunteers who ensure we can help people to reap the benefits of being active in so many different ways and, most importantly, to feel connected to a community in the process."

Watch Sam's winner's film at <https://www.bbc.com/news/av/uk-england-humber-59433524>. To find out more about Fitmums & Friends, please visit www.fitmums.org.uk or search for Fitmums & Friends on Facebook.



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Wordsearch - Happy New Year!!

Can you find the hidden words. They may be horizontal, vertical, diagonal, forwards or backwards.

SEIBABNEWYEARSEVEY
GCHAMPAGNETYIMNSTT
ENSSUETHCDANCEDRHR
SQINFETOODMUAYOEIA
EFCGFINASLSUERFKRP
DHEFNFRRRRIASEDATS
AIUSEIASSEBRDNIE MYK
RBBTTESMTIESAFCEFR
AMTAYIANNORLAYESIO
PISWLEVROEFTTEEMIRW
NDEARLEINI HJVCBOSE
DNETRVONTETEASENTR
AISWIAAORINASNR OHI
YGYEOBITNTEIR RUKCF
OHWINEITSSKSI OHATS
NTYLIMAFNOISACCORT
ETSAEFSNOITULOSERY
SREZITEPPAYFRIENDS

Find the words in the letters above:

Appetizers, Babies, Balloons, Banners, Buffet, Celebrate, Champagne, Confetti, Dance, Day One, Decorations, End of December, Events, Family, Father Time, Feast, Festivities, Fireworks, First of January, Friends, Hats, Holiday, Horns, Kiss, Midnight, Music, New Years Day, New Years Eve, Noisemakers, Occasion, Parades, Party, Punch, Resolutions, Singing, Streamers, Thirty First, Tiaras, Wine, Year in Review.

Wordsearch courtesy of <http://www.puzzles.ca/wordsearch.html>

Sudoku No. 174

This is an easy challenge this month - Answer on page 29

4	6			8	9			
				1				8
		2				5	6	
7	4					3	9	
					4			
	8	9	2	6			1	
	5		7		8			3
			4				2	
				9	6			

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MARIONOWENTRAVEL

Happy New Year and let's look forward to enjoying holidays... We are booking holidays and cruises not only for 2022 but 2023 and into 2024.

We have many special New Year offers in partnership with many tour operators & cruise lines.

Fred Olsen are offering free drinks & tips on many of their sailings and with our optional home to port service this makes for a nice inclusive holiday.

Regent Seven Sea's luxury all suite & all inclusive cruising lowered their brochure savings 1st January but with a 2 category free suite upgrade it is possible you may still enjoy a greater saving. We also have a rare opportunity for you to join me on our 30th Anniversary sailing. Departs Southampton 23rd May 2023 for 10 nights - yes no flying and the itinerary visits a lovely selection of ports. Please ask for further details.

Is Italy on your "to do" list? The Italian Lakes or Tuscany are available flying from Humberside. The one departure is the 7th September 2022 for a 7 night duration.

Did you see Gregg Wallace in Lapland? What a fabulous programme. Book now for your visit to Santa this December for the family or in search of the Northern lights departing in early 2023. Both available flying from Humberside airport. Call for details.

2022 give the opportunity to enjoy 10 yearly events Floriade (a Dutch Horticultural show) & Oberammergau (Passion Play). You need to book now as special events sell out very quickly.

Your bucket list? Where ever you are wanting to visit on you list we look forward to helping you achieve your wish. With our expertise you can sit back and relax whilst we take care of your arrangements.

Our face book page shows offers along with other news, a bit like our shop window! At present we aiming to whet your appetite with ideas. Do take a look. We also add bits on our website blog and send out emails with news. If you are not on our mailing list call and we will gladly add you.

Check out our website we have a great new brochure rack full of inspiring content, we felt this necessary as paper brochures in short supply. We also have a new cruise search. Use these tools for research then simply pick up the telephone and we can talk through your ideas and get you booked.

I am hearing stories of high payments for insurance, PCR testing, Entry visas and more. If you book at Marion Owen Travel we will help and guide you with these details it is part of our service when you book with us.

We book all holidays with all tour & cruise operators. Our wealth of first hand knowledge travelling around the world by land, sea & air allows us to make your travel simple & hassle free leaving you to relax and look forward to enjoying your holiday. We look forward to creating your special memories when we book your next holiday whether a break in the UK or a far away holiday to a corner of our world. Let's get back to exploring and enjoy wonderful adventures.

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10 Feb	The Pudding club experience - all 7 puddings 2 days Inc. Coventry & the National Memorial	£ 189
20 Mar	Ilfracombe, a great itinerary inc. RHS Rosemore Carlton Hotel - 6 days dinner B&B	£ 529
03 Apr	London, Tea at the Tower, ride up the Shard 2 days	£ 199
17 Apr	Keukenhof & Floriade 5 nights via P&O NSF DBB	£ 789
02 May	Somerset Explorer—5 days dinner B&B	£ 499
17 May	APT Croatian Coastal cruise & Zagreb 9 days from your door with flights from Humberside. Excursions, most meals & gratuities are included	£2345
08 Jul	APT Russian River cruise 11 days from	£2995
07 Aug	Edinburgh Tattoo 4 days great seats - hotel B&B in the centre of Edinburgh	£ 425
21 Aug	Knowsley Safari Park ~ just for the day	£ 39
11 Sep	Floriade 5 nights via P&O North Sea Ferries, DBB	£ 789
21 Nov	Holly & Mistletoe at the 4 star Tynedale hotel in Llandudno 5 days of fun and amazing food DBB+	£ 485
2022	Thursford Christmas Spectacular 17 Nov, 01 Dec	£ 225



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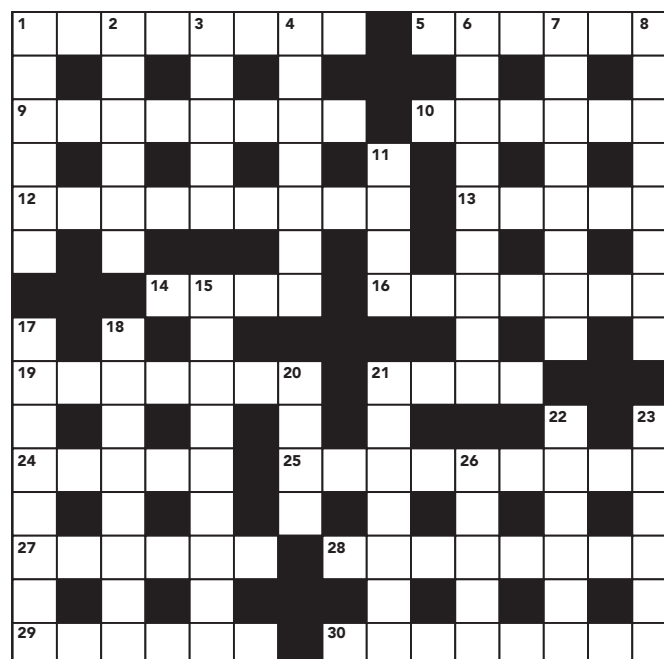
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Crossword - Solution on page 29



Across:

- Proven innocent (8)
- Parisian palace (6)
- Runner (8)
- Eatable (6)
- Thorough or vigorous (9)
- Provide (5)
- Nature of being (4)
- Notion (7)
- Tavern (7)
- Not quite all (4)
- Standoffish (5)
- Prevent (9)
- A mass of polar ice (6)
- Make more (8)
- Imbedded (6)
- A yellow-brown garnet (8)

Down:

- Australian (6)
- A guarantee or bond (6)
- Cloth made from flax (5)
- A Christian recluse (7)
- Preposterous (9)
- A deliberate act of destruction (8)
- Find repugnant (8)
- Lease (4)
- A crystal of snow (9)
- An erosive process (8)
- Singers (8)
- Hand warmer (4)
- A branch of the US military (7)
- Hunting expedition (6)
- Assert (6)
- Pinfish (5)

Crossword courtesy of www.crosswordpalace.com
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A New Year – A New Smile

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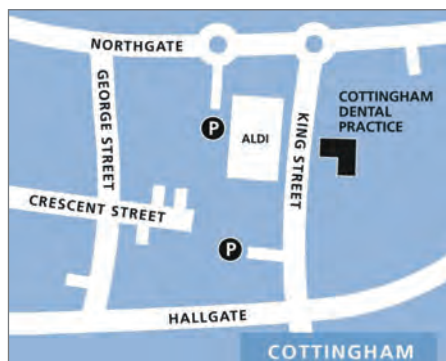
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We pick up at Bilton, Holderness Road, Hull City Centre, Beverley Road, Greenwood Avenue and The Green, Cottingham.

We have two walks planned for January. Face coverings to be worn on the coach.

9th January 2022 Arras/Goodmanham to Millington.

23rd January 2022 Hutton Cranswick circulars

Places must be booked in advance.

For further information and to book a place on the coach please contact Joint Rambles' Secretaries, Sue O'Leary on sue@sucolary.co.uk or telephone 07767420646 or Pauline Borger on pauline.borger223@btinternet.com or telephone 07929933323.

Check out our website <http://hull-cha-rambling.wix.com/hull-cha-rambling>

Like us on Facebook: The Hull CHA Rambling Club
NEW WALKERS WILL ALWAYS BE WELCOME.

Hull Macular Society Support Group

Friday 21st January 10.30am until 12 pm at Sight support Beverley Road Hull. With guest speaker our former chairman Clive Skinner with his Back to Basics talk on living with Macular. For more information contact Bernard Messingham 01482 860381.



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C.S. LEWIS

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WHEN: SUNDAYS 10.30AM

WHERE: Cottingham Civic Hall, 1 Market Place, Cottingham, HU16 5DD

CHILDREN: We have children's activities for 3-11 year olds during the service in a separate hall.

EMAIL: info@revivechurch.co.uk or call 01482 420620 if you have any questions.

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WWW.REVIVECHURCH.CO.UK



Winners announced of Skidby Mill art competition

Skidby Windmill is celebrating its 200th anniversary this year. To mark the occasion, East Riding children and young people were invited to enter a competition to draw or create an original image of the landscape, buildings and area around the mill.

Continued on page 29

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ON THE GRAPEVINE

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Pinot Noir one of the most popular red wines

There's something comforting about cosying up with a glass of red wine on a winter's night; and Pinot Noir has the right amount of spice and complexity to chase away the biting cold. It's one of the world's most popular red wines, made from black-skinned grapes that thrive in a narrow spectrum of cooler climates. It's also notoriously difficult to grow, but when done right, it produces lighter-bodied wines of elegance, complexity and longevity.

Pinot Noir is one of France's oldest grapes, cultivated more than a century ago by the Cistercian monks in Burgundy. Today, collectors prize Pinot Noir for its finesse and age-worthiness, especially from the most famous vineyards in Burgundy. Due to its popularity and difficulty to grow, it's one of the world's most expensive wines.

But while Burgundy has long been the spiritual home of Pinot Noir, as the wines rose in fame and price, winemakers around the world sought to emulate the region's success. This led to plantings of Pinot Noir throughout other parts of Europe and the New World and today it is considered to be an "International" variety.

Switzerland, Germany, Austria, New Zealand, Australia, the United States (California, Oregon and New York) and Chile all produce Pinot Noir and some cracking examples, too.

Typically, Pinot Noir is dry, light-to-medium-bodied, with bright acidity, silky tannins and alcohol that ranges between 12–15 per cent.

The best Pinot Noir taste has complex flavours that include cherry, raspberry, mushroom and forest floor, plus vanilla and baking spice when aged in French oak. Pinot Noir wine taste varies based on climate and producer style. Cooler climates produce more delicate and light-bodied Pinot Noir. Warmer climates produce riper and fuller-bodied Pinot Noirs with higher alcohol.

Some producers age their wines in 100 per cent new French oak which creates a fuller, textured wine.

The best food pairings for Pinot Noir complement the wine's pretty fruit flavours, bright acidity and elegant style. These qualities make Pinot Noir a perfect partner to lighter red meats like duck and lamb, or white meats like turkey, pork and chicken. Fuller-flavoured fish like salmon go well, or using bolder tasting cooking methods on fish as well.

Earthy vegetables and herbs like mushrooms and thyme match the wine's savoury flavours, especially when folded into risotto and pasta.

Pairings that don't work with Pinot Noir are foods that are dense and richly flavoured. They can overpower the delicacy of the wine.

Serving it at the right temperature can be important - it has an ideal serving temperature range of 55–65 degrees Fahrenheit. Pinot Noir can be delicate and fresh, or rich and oak-aged. You can serve lighter wines closer to 55F, and fuller-bodied Pinots closer to 65F. And if you don't finish a bottle of Pinot Noir, replace the cork and stick it back in the refrigerator. The flavours will stay fresh for one to three days. Beyond that, the wine will start to oxidise.

A great example of Pinot Noir I tried recently reflects the grape's spread around the world - Vina Leyda is the most awarded coastal winery of Chile and is renowned for its Pinot Noir - one of their emblematic grapes. The new 2020 Viña Leyda Reserva Pinot Noir is available now from Tesco priced £12 per bottle.

Both aromatic and intense, this Pinot Noir is made with grapes from two of Viña Leyda's vineyards, one of which is the most extreme in Chile, being based only 4km from the Pacific Ocean. It is a true expression of the variety, with an abundance of red and black fruits, spices and earthy hints, with just a hint of creaminess, and I thoroughly recommend trying it.

A sign that the "booze cruise" is consigned to the dustbin of history came last month, when Majestic announced the closure of its two Calais stores as changes to the duty-free alcohol allowance brought about by Brexit weigh on the economics of the business.

The two stores are understood to have raked in £10m in annual sales prior to Brexit and the onset of Coronavirus. They are also said to have contributed £1m to the retailer's bottom line, according to Retail Week. But Majestic's Calais stores have been pushed into the red as revenues have dropped to a fraction of that level since April.

UK residents were previously able to transport any amount of alcohol for personal consumption across the channel. Now, each adult can bring a maximum of 42 litres of beer and 18 litres of still wine into the UK. Also permitted are an allowance of either four litres of spirits or nine litres of fortified wine, sparkling wine or alcoholic drinks up to 22 per cent ABV, although this allowance can be split.

And if you want to bring back quantities in excess of this, you have to declare that and pay the duty before you come back. You lose the allowance on the whole of that category, so if you bring back 20 litres of wine, you don't get any wine allowance and have to pay duty and VAT on all 20 litres.

BEST BUYS

**Banrock Station Organic Shiraz****Where:** Co-op**When:** Now

Why: Why: I've gone organic this month (not quite a New Year's Resolution, but I'm going to try and highlight more organic wines where I can). And this medium-bodied Australian red is a great example; not only organic but 100 per cent carbon neutral too. Rich berry fruit flavours, balanced with subtle spice.

£9.00**Emiliana O Organic Pinot Noir****Where:** Waitrose**When:** January 3 - 25

Why: The "O" in the branding stands for Organic and this elegant, medium bodied Pinot Noir from Chile has aromas of fresh strawberries and juicy cherry flavours, with a long satisfying finish.

£8.99 (was £11.99)**Castillo De Zalin Organic Monastrell****Where:** Co-op**When:** Now

Why: A spicy organic red from Spain; this is a great alternative to Syrah or Chateaufort du Pape with ripe bramble fruit flavours. A powerful and fruity wine.

£7.50**Rock & Roots Organic Verdejo-Sauvignon Blanc****Where:** Co-op**When:** Now

Why: Sauvignon is not the obvious grape for this organic white's hot, home region in Spain but this blend with Verdejo, works well. Crisp in style but light in body, it has melon, peach and gooseberry flavours supported by gentle lemon acidity and a background reminiscent of pear drop sweets.

£5.50



Melanie Watson of Skidby Livery Stables with the latest of her monthly articles

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2022- here we come!

It's always with a mixed bag of feelings and emotions whenever we greet in the New Year. This year is no different from any other except for the fact that this awful Covid pandemic is still rearing its ugly head. We hope and we pray for health and happiness for our family, friends and for ourselves. We hope for change for the better in our lives and we look forward to the warmth of the summer months to come.

As always, it is a time for personal reflection. We should maybe count our blessings because it is always so easy to find the negatives. The things we usually look forward to are being withheld- planning that all important summer holiday or special family gatherings. Covid is certainly continuing to put the kibosh on any sort of social planning.

My positives are invariably animal related. My negatives are invariably animal related too! As I write this, I am surrounded by mud and cold wet yukky days working outside with the horses. The old tractor decides if she will start or not- always a positive when she complies! I am always relieved not to have got her stuck in the field while trying to empty the yard trailer! Funny how I relate to the old girl as female! 😊

Pleasures are taken where you can- a wonderful sun set, watching horses play in the fields, being hounded by my



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dogs for ball play, a dry day, the mucking out finished, the fragrant smell of a newly opened bale of hay, a well earned cup of coffee, someone telling a great joke, a dry pair of gloves and a warm hat, a gift of Morrison's jam doughnuts (or chocolates), having all my animals safe and well - all little things inside of a days work that bring a smile!

Wishing you all lots and lots of little pleasures inside of these difficult times. Focusing on the positives is always a good thing yet can be so difficult to remember when life is not so easy.

Wishing you all a happy, safe and successful New Year 2022.



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When tomorrow starts without me

SHOULD AULD ACQUAINTANCE BE FORGOT AND NEVER BROUGHT TO MIND? How many of us own up to shedding the odd tear whenever we hear those words sung on New Years Eve. I, for one, often reflect on the past year going over the events, good or bad, and look forward to what the New Year may bring. Also, at this time, we tend to reflect on loved ones who are no longer with us to share and enjoy these precious moments. In fact, I feel it has been more poignant during 2020/2021 due to COVID. The feeling of solitude and isolation has taken its toll and magnified any loss that we may have sadly endured. Luckily, I have my close-knit family of daughters, son in laws and grandchildren around me plus a job I totally enjoy, to keep me going, not forgetting Tali of course. Sadly, there are many people who have no close family or relatives and rely totally on their pets for companionship. Whether it is a dog, cat, rabbit or even a rat, no matter what four-legged companion they have chosen, it has become their soul mate and confidant for many years. Someone they can trust, never be criticized and is always there for them. Therefore, who are we to judge that they too, cannot reflect on their missing loved one?

I know I have mentioned in previous articles of the way some, but not all, people approach this delicate subject. If they are not animal 'lovers' or have no pets of their own, then it is quite normal too often hear "Well it is only a dog, cat, rabbit etc. You can get another ". Would they say that if it was a relative or someone close, we are grieving for "You can get



another friend?". If only we can step back a few paces, 'walk a mile in their shoes' and then reflect, I think we would hear it less often. Life is not that simple, so we just have to accept that everyone is not the same and they grieve in different ways.

My family have had many pets over the years and when it has been the time to say goodbye, we have been faced with the sometimes difficult decision as to whether or not to request for their ashes to be returned, in a casket, from the crematorium. We, as a family, came to the decision to say our goodbyes in the surgery or at home and to commemorate their life by planting a patio rose with a snippet of fur buried in the soil along with an apt saying applying to that particular pet. My late mum also had three patio roses placed strategically in front of her patio doors which give her great pleasure. To our amusement one day she happily said that 'Cassie' was blooming! Sure enough she was...the little rose bush was an abundance of colour. We also have many photographs of our beloved pets, dotted around the house taking pride of place amongst family photos... after all, they were our family.

What happens after our 'soul mate' leaves this life and crosses over? Are they still around, watching over us as if they haven't left at all? Once again, who is to say. I have had my doubts in the past, secretly hoping in the meantime that I could sense them being nearby. Was that our old cat, Suiki, I saw going up the stairs to only find nothing there when I followed? Or the feeling of Tammy, my long and trusted friend, laid on my feet at the bottom of my bed? Both of these occurrences happened within months after they had passed away. To me, they are not sinister happenings but warmer and comforting in the knowing they are not far away.

It doesn't matter what we do or how we do it to find comfort in remembering our faithful friend, as long as it gives comfort to those who are left behind.

If you are finding it difficult to come to terms with your loss, please do not hesitate to call the surgery. Our experienced staff, here at KINGSTON are always willing to listen.

AND FINALLY..... MAX AND TALI.....

I was away last week with the family so of course our 4 family dogs stayed in kennels. Now the last time Tali was there I was asked if she made the sound of a smoke alarm which, strange as it seems, she does as the sun rises (who needs an alarm clock). So this time, with her crate in situ within the kennel, there was hardly a sound to be heard. It could have been the familiarity of the crate, her maturing at last or moreso the fact that everytime the dogs were exercised, Tali joined them and she was exhausted. This holiday, it was Max's first stay and what a ball he had. So many dogs to play with, he didn't want to go home especially when he made a 'girlfriend' in the next kennel. It is so reassuring that they are having a holiday too.

Take care and see you next month.

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"The Tooth and Nothing but The Tooth"

by
Chris 'Dr. Smile
Maker' Branfield

Whoops a daisy - Don't Panic

Hello again, I hope that you are safe and well. Happy New Year to you! Let's hope it starts to get better than the last two strange ones to say the least.

I started my first job as a qualified dentist 29 years ago in January 1993. I've seen some of my patients grow up from kids and have their own. Makes me feel old at times. It's been a journey I can tell you and it's not ready go stop just yet. I did my first in the flesh course last month since the beginning of the pandemic. I loved it. Asked loads of questions and got involved. It was a small affair and well organised.

Whoops a daisy

Winter obviously is a colder time and the chance of ice and snow. This can lead to accidents and dental trauma whether it's having a great time sledging or just a slip on black



ice. The heart in the mouth moment is when a tooth is knocked out or avulsed. It's easy to say and not as easy to do but don't panic. If it's a baby (deciduous) tooth then do not

try and put it back, it won't last, and you damage the adult tooth underneath. If it's an adult tooth it's best to put it back.

Time is of the essence

The longer a tooth is out of its socket the less chance of it refixing and lasting. It's best to get it back in immediately. It may not be for the faint hearted though. If the tooth is dirty then a gentle clean in milk, saline (if available), the patient's saliva or very gently in water is OK. Water is not good to store the tooth in. Fresh milk is the best. Also be careful but to hold the tooth by the root as this can damage the cells on it that are important for



the refix. Hold the tooth by the crown that have no cells on and make sure you have it the right way round. When you are happy it's clean and the right way round seat it the socket and it all the way home. Keep pressure on it for a good five minutes to let the clot secure and hold the tooth. Then get the patient to bite down on a gauze or handkerchief to secure in place. Then seek immediate dental help. It will need to be assessed and splinted in place for a couple of weeks



Flexible splint attached to teeth to allow tooth to refix

Success is best if put back immediately and, definitely, within 30 minutes even if stored in milk. If the tooth is out of the socket for 60 minutes or more, even if stored in milk the chances of success diminish. However, it's usually worth a go to keep it for a bit and keep options open to a different way to sort it out later when a bit older, especially with children. Also, the sooner the tooth is put back the easier and less painful it is. The area is sort of concussed and there is less chance of a clot forming that gets in the way. It will need to be checked out every few weeks to see how it is doing. Older teeth (from about 10 years old) will need root canal treatment, most likely.

It's a good life skill

I just thought that it was a good thing to share as you never know when it could really make the difference.

Have a great 2022!

Chris



Until next time. Take care and be good.

Chris Branfield is Principal Dentist at Castle Park Dental Care, Castle Villa, 28 Castle Road, Cottingham, telephone 01482 772550. He has been in dental practice for 29 years and has a special interest in Life Changing, Pain Free Dentistry with Dental Implants, Teeth Straightening and Cosmetic Dentistry. And, not only that Chris is founder member and trustee of Dental Mavericks charity- ending the daily dental pain of Moroccan kids. For more patient success stories and Chris' Humanitarian work go here now www.castleparkdental.co.uk.

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Motoring - with Roy Woodcock



The Fabia has been a mainstay of the Skoda range for 21 years; now, as it comes of age with a new fourth edition, it's bigger and better than ever.

Roy Woodcock reports . . .

Skoda's popular Fabia has come of age with the fourth generation of a model that, while still billed as the Czech company's smallest car, now actually offers more space than the Skoda Octavia of 1996, which was judged a comfortably-sized family car in its day.

Available since the end of September from £14,905 on the road, the new Fabia arrives 21 years after the first-generation Fabia set new standards for space, value and quality in the UK supermini sector. It now exceeds the four-metre mark for the first time and, compared to the outgoing model, is 111mm longer; its wheelbase has increased by 94mm to 2,564mm, and at 1,780mm, it is 48mm wider.

What all those figures add up to is more useable space inside the car. This is most noticeable in the rear seats and the boot - five adults will find themselves sitting comfortably, with good amounts of head and leg room for each.

The outgoing Fabia had the largest boot in its segment but the new model's luggage space has increased to gigantic proportions, doing better than rivals like the Ford Fiesta and Volkswagen Polo.

In total, it offers 380 litres of storage space, which is 50 litres more than before, and by folding down the rear seats, the capacity of the boot can be increased to 1,190 litres.

The UK range currently consists of four trim grades: S, SE Comfort, SE L and Colour Edition and while, sadly, a performance-orientated vRS version isn't planned, a sporty Monte Carlo trim will arrive early in 2022.

The entry-level S trim features LED headlights, Front Assist, Pedestrian Protection and Lane Assist, including road edge detection, as standard across the range, along with DAB digital radio, a 6.5-inch colour screen infotainment system with easy-to-navigate buttons and manual air conditioning.

S buyers also benefit from e-Call+, a system that establishes an audio and data connection to a dedicated emergency call centre if sensors within the car detect a major accident.

SE Comfort adds a host of additional features including 15-inch alloy wheels, front fog lights and a two-spoke leather multi-function steering wheel, rear parking sensors, height-adjustable front seats, adjustable lumbar support in front seats and leather-wrapped handbrake lever and

gearshift knob.

The SE L benefits from larger (16-inch) silver alloys, chrome window surrounds and electric windows front and rear. Inside, SE L models are equipped with Comfort seats, chrome-edged air vents, ambient lighting package and micro-suede grey lower decorative trim with art grey stitching. In terms of infotainment, the SE L comes with an Amundsen navigation system with 9.2-inch colour display, Care connect and Infotainment online (one year), web radio and six speakers.

Dual-zone air-conditioning, along with two LED reading lights, a removable cup-holder and a front centre armrest are also fitted as standard.

Finally, Colour Edition adds 16-inch black alloy wheels, privacy glass and door mirrors painted to match the car's roof colour. Inside, there's a feature-packed Bolero radio with 8-inch colour display, Virtual Cockpit with 10-inch colour display and KESY keyless engine start/stop. An umbrella in the door pocket completes the generous standard specification.

Not surprisingly, given automotive trends, there is no diesel option on the new Fabia; what is surprising is the fact there's no hybrid or fully-electric option. What we have at the moment is a 1-litre petrol engine with a choice of four power outputs, ranging from 64 to 108bhp. A 1.5-litre powerplant joins the range next year; I'm presuming this will be in the Monte Carlo version.

The three-cylinder unit might be small, but it only really makes its presence felt under hard acceleration; otherwise it's very subdued. Frugal, too, with economy figures in the mid-50s mpg on longer journeys.

Handling-wise it feels very "neutral", for which you should read smooth, with Skoda aiming to make this a car majoring on comfort and space.

Where the new Fabia has moved on considerably is with its build quality and finish and the cockpit is smart, well designed and very comfortable. Two-tone interior finishes, nice chrome detailing and a quality feel to all aspects of the interior are light years ahead of that seen in the Fabia when it first arrived back in 1999 as Volkswagen began to stamp its mark on the brand.

In short, the new, fourth generation, Fabia represents a significant shift up-market and in terms of the sector it competes in, it could easily be Czech-mate for Skoda!

More information: www.skoda.co.uk



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Clean and repair your garden tools, book the lawn mower in for a service and check garden furniture for any rot. When it is warm enough to brave the elements, treat sheds, fences and trellis with wood preservative; brushes and rollers are fine for most things, however a sprayer is well worth buying for tricky projects such as woven panels!



When soil conditions allow, continue to dig over beds and borders, incorporating as much organic matter as you can. Forking over not only helps prepare the soil for next year, it helps reduce pests by exposing them to hungry birds.

Get kids into the garden

Gardening isn't just for grown-ups, just for summer or just for those with gardens. There are hundreds of ways children can have fun both in and outdoors, all year round. From miniature gardens to planting bulbs, from weeding and digging alongside adults to having a little spot all of their own – gardening can occupy them for hours and even help you out.

A good way to get children interested in gardening is to stimulate their senses with brightly coloured flowers, aromatic foliage, scented blooms, tactile leaves and fast-cropping edible plants. It may be necessary for you to explain things initially, making suggestions and putting forward ideas, but in the end the child should feel it's his or her project. And don't worry if you're a beginner yourself – gardening with children is the perfect excuse to go back to the drawing board together!

26 January - www.cottinghamtimes.co.uk



When the weather allows, carry on clearing paths of moss and leaves.

Helping Out

Smaller children love to get really messy, but you can turn it to your advantage by getting them to help you with digging, weeding and watering.

Very small children may be scared of the creatures that live in the garden, so it's worth spending some time explaining what they do. Soon they'll be merrily collecting them in jars. You can explain:

- A weed is really an 'ugly' plant in the wrong place. Because they compete for food in the soil, it's best to pull them up. Take care to show children which are weeds, or precious plants could come a cropper!
- Some weeds, like dandelions, have deeper roots than others and are a bit difficult to dig up. Start with those that are easily lifted.
- Digging and forking the soil lets in the air which is important for the plants' roots and for all the animals living in the soil.
- To prepare the soil for a flowerbed, you have to turn over down to a depth of about 30cm and break up all the large lumps, adding organic matter, such as well rotted manure or compost.

10 Jobs for this month

1. Recycle your Christmas tree by shredding it for mulch
2. Ventilate the greenhouse on sunny days
3. Dig over any vacant plots that have not been dug already
4. Repair and re-shape lawn edges
5. Inspect stored tubers of Dahlia, Begonia and Canna for rots or drying out
6. Prune apple and pear trees
7. Start forcing rhubarb
8. Plan your vegetable crop rotations for the coming season
9. Keep putting out food and water for hungry birds
10. Prepare a polythene shelter for outdoor peaches and nectarines, to protect them from peach leaf curl.

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FUN TIPS:

- Put a small box around the fruit of a tomato when it's little, the tomato will grow into a square – much more fun to eat.
- If you tape a fridge magnet letter to a young apple, then the fruit will grow around the letter. When you remove it you have your own personalised fruit!
- Grow a 'head' of long, wild green grass by cutting off the foot of an old thin sock or thickish tights, tying a knot at the cut end and filling that end with compost and grass seed so you end up with a good-sized head. Knot the other end like a balloon and make a nose by pulling out a lump in the middle and fixing an elastic band around it. Cut out felt features, stick on with fabric glue and leave to dry, then sit it on a cup of water and watch your new friend grow grassy hair.

STIMULATE THE SENSES:

- Introduce your children to 'noisy' plants such as the rattling seedheads of *Nigella* (love in the mist) and poppies, and rustling grasses and bamboos.
 - Let them experience the distinctive scents of *Helichrysum italicum* (curry plant), cherry pie heliotrope, chocolate cosmos and *Melissa officinalis* (lemon balm).
 - Fun to touch plants include furry *Stachys byzantine* (lamb's ears), sticky *Petunia* or prickly *Eryngium*.
- Once a child is happy digging and weeding, they're all set to prepare a small garden of their own.



Spring Seeds

- Seeds that can be planted straight into the ground and produce fast growing, brightly-coloured flowers are best, as a few weeks can seem years to a child. Look for candytuft, nasturtiums, stocks and sweet peas and packets that say 'easy' or 'good for children'. Big tree seeds, like acorns, conkers and sycamore wings are ideal for young children.
- Use a stick to dig a trench 2cm deep and place large seeds in at least 1cm apart. Small seeds should be sprinkled evenly pinch by pinch.
- Cover with soil and pat gently. Then water thoroughly with a sprinkler watering can, taking care not to disturb the seeds.
- Label the area so you remember what you have planted and where!

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Containers

If you have a patio or roof terrace, have fun with containers – they will get children used to planning, preparing and tending, and can be moved indoors when it's too cold outside!

Winter Bulbs

- Put a few pebbles in the bottom of a pretty pot 20–25cm in diameter and half fill with bulb fibre. Plant three hyacinth bulbs, putting bulb fibre around them but leaving the top of the bulbs just showing. Water well. Cover with newspaper to block out the light and keep in a cool frost-free shed or unheated room. Water every 2–3 weeks. After six weeks put it on a window sill and watch the flowers grow!



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Your Stars for January 2022

By Kay Gower

Aries (Mar. 21- April 20)

You start the New Year in high spirits, and why not! 2022 will see you living the life that is right for you, so don't spoil it with negative thoughts.

Taurus (Apr. 21- May 21)

What takes place around the time of the new moon (17th Jan.), will spur you into activity. Just remember that before any form of activity, be it mental or physical, it's advisable to warm up first.

Gemini (May 22-June 21)

Opportunity knocks for you this month, but it means that you will have to let go of your comfort zone in order to take advantage. Fortune favours the brave. Are you brave enough to embrace your good fortune?

Cancer (June 22-July 22)

You have the new moon on the 17th in your own sign, on one hand doors may open for you filling you with ambition - but on the other hand, rising to the challenge makes you hesitate. Wait until the 21st to make decisions.

Leo (July 23-Aug 22)

You'll hear many versions of the truth, especially around the 17th. Avoid trusting other people. As Groucho Marx once said: Who are you going to believe, me or your own eyes?

Virgo (Aug 22 - Sept. 23)

There will always be explosive topics buried like landmines in the field of conversation, they are usually best avoided. If you accidentally wander into the field turn and run. Good luck.

Libra (Sept. 24 -Oct. 23)

You will be thinking creatively this month and because of this, you will see how there are wonderful experiences to be had for very little or no money. They'll take planning though. This is a lucky time for making plans.

Scorpio (Oct. 24 - Nov. 22)

There's no reason to try and push the action along this year, and it wouldn't work anyway. Sit back, relax and watch. Things will happen naturally and in their own time.

Sagittarius (Nov. 23 -Dec. 21)

Good experiences happen because of good people. If you're having one without a good person around, you know what that means: You're the good person. Believe it.

Capricorn (Dec 22.- Jan. 20)

Towards the end of this first month of the year you will attain clarity of vision that will help you make some wise decisions concerning your future. You have what it takes, and it's time to show exactly what you're made of. Strong stuff.

Aquarius (Jan 21 - Feb 19)

Imagine a postage stamp. Its job is in its ability to stick to one thing until it gets there. Job done. You do the same.

Pisces (Feb. 20-Mar. 20)

The influence of Jupiter as it moves through your birth sign this year will be positive and beneficial to your health. Begin new projects, they will have a positive effect on your well-being and lighten your spirit.

Continued from page 17

The winning entries have now been chosen by judges Paul Clifford and Helena Cox. Paul Clifford is a Yorkshire based artist, who has previously collaborated with the Treasure House in Beverley to produce an art installation to commemorate the anniversary of the First World War. Helena Cox is the curator of Beverley Art Gallery.

Entrants could use any art media they wished to create a 2D picture - pens, pencils, charcoals, wax crayons, paints, inks or collage - and there were three age categories for entries:

- 5 and under
- 11 and under
- 18 and under.

In the first category, the winner was Aria, aged four, from Skidby. The judges described the winning artwork as an 'intuitive depiction of the windmill and surrounding buildings and area. A simple linear drawing, yet very informative'.

In the second category, the winner was Maryam, aged 10. The judges said:

"We were very impressed by their use of media and careful

use of painted imagery. This is well observed from real life".

In the third category, the winner was Jude, aged 12, from Hornsea. The judges' comments were: "Dramatic, atmospheric use of landscape at sunset, and effective use of light and dark contrast. Appreciated experimental media in foreground, contrasted to horizon detail."

In addition, the judges also awarded a 'Highly Commended' to another piece of art (in the 11 and under category), submitted by Ariel from Skidby. The judges' verdict was: "Perceptive use of composition appropriate to the windmill. Framing suggested an architectural feature such as a window."

The winning entrants will receive a voucher to spend on artists' materials, and books kindly provided by East Riding Libraries.

Helena Cox said: "I was delighted to take part in the selection process alongside Paul and it's great to see that the competition has been carried out to the highest standards.

"Skidby Mill is such an amazing venue with a fascinating history, and it is located in beautiful countryside. This competition opened my eyes to how inspiring the Mill can be for contemporary artists, and I'm sure there will be more exciting art projects coming to Skidby in the near future.

"I would also like to congratulate all the children and young people who took part in the competition; all the entries were brilliant, and I only regret that we couldn't award a prize to everyone!"

Crossword solution from page 14

1	A	B	2	S	O	L	V	E	D		5	E	L	Y	S	E	8	E
	U		U		I		R					U		A			X	
9	S	P	R	I	N	T	E	R			10	E	D	I	B	L	E	
	S		E		E		M			11	R		I		O		C	
12	I	N	T	E	N	S	I	V	E			13	C	A	T	E	R	
	E		Y					T		N		R		A			A	
				14	E	15	S	S	E		16	T	H	O	U	G	H	T
17	A		18	C		N						U		E			E	
19	B	A	R	R	O	O	M			20		21	M	O	S	T		
	L		O		W		U				A				22	S	23	A
24	A	L	O	O	F		25	F	O	R	E	S	T	A	L	L		
	T		N		L		F		I	A		F			L			
27	I	C	E	C	A	P			28	I	N	C	R	E	A	S	E	
	O		R		K					E		G		R			G	
29	N	E	S	T	E	D			30	E	S	S	O	N	I	T	E	

Sudoku Answer from page 12

4	6	7	5	8	9	2	3	1
3	9	5	6	1	2	4	7	8
8	1	2	3	4	7	5	6	9
7	4	6	8	5	1	3	9	2
1	2	3	9	7	4	6	8	5
5	8	9	2	6	3	7	1	4
6	5	1	7	2	8	9	4	3
9	7	8	4	3	5	1	2	6
2	3	4	1	9	6	8	5	7

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