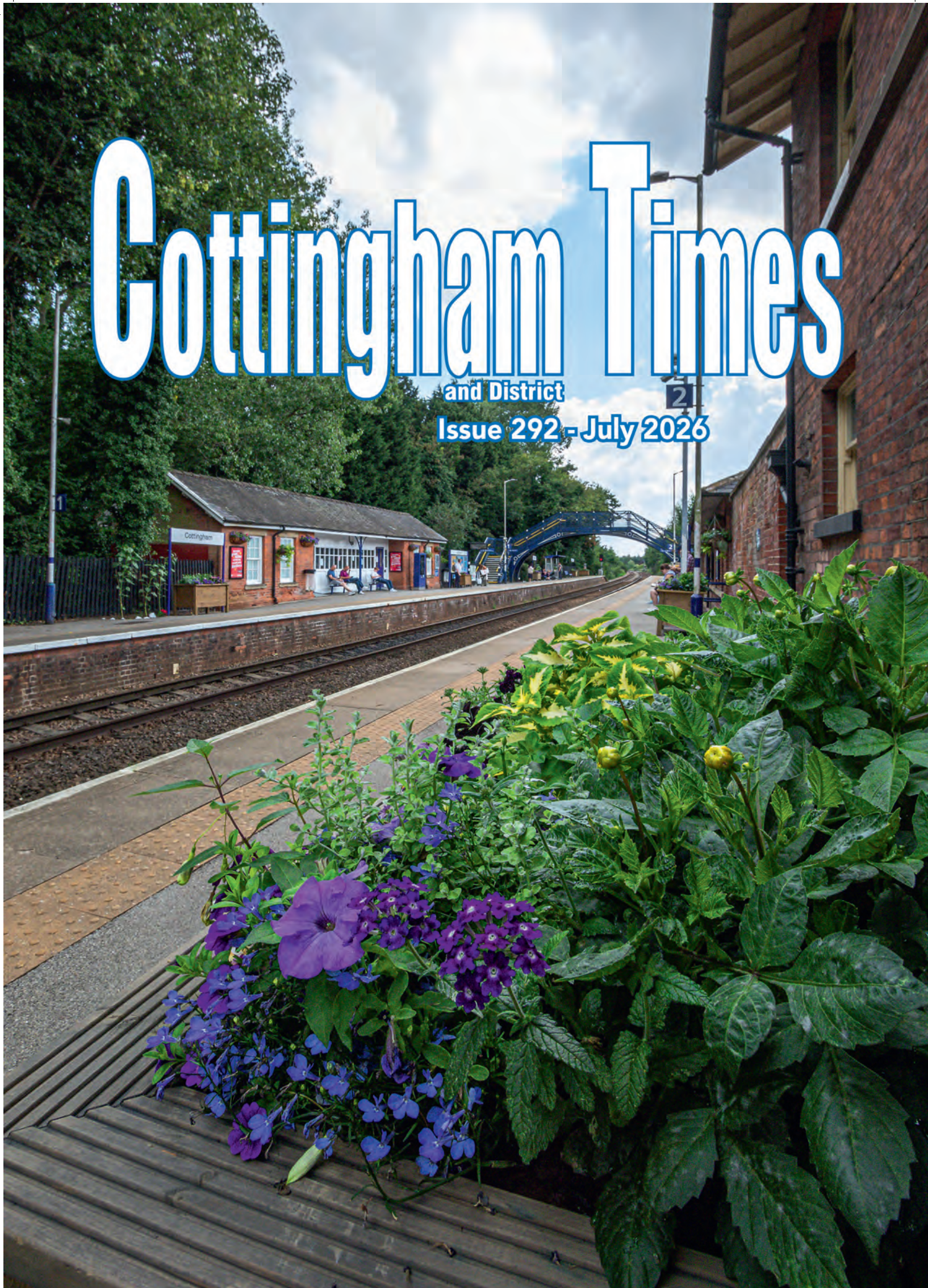


Cottingham Times

and District

Issue 292 - July 2026



Magnolia
House



A Word from our Chairman

Summer continues to be a wonderful time at Magnolia House, with plenty of opportunities for residents, families and staff to come together and enjoy everything the season has to offer.

We are particularly looking forward to our Summer Fair on 1 August, which promises to be a fantastic occasion filled with entertainment, refreshments and community spirit. Events like these are always a highlight in the calendar and provide another opportunity to create special memories with loved ones.

For anyone interested in learning more about our vibrant community, please feel free to reach out to Lindsay Altoft, our registered manager, at lindsayaltoft@parklanehealthcare.co.uk, or visit our Facebook page for a glimpse into our daily lives.

Chris Lane, Chairman, The Park Lane Healthcare Group

RESIDENTS ENJOY IMMERSIVE SILENT DISCO EXPERIENCE



Residents at Magnolia House recently took part in a silent disco, enjoying an afternoon of music, dancing and plenty of smiles.

Equipped with wireless headphones, residents were able to choose their favourite music genres and set the volume to a level that suited them, allowing everyone to enjoy the experience in their own way. The personalised approach meant each person could become fully immersed in the music while sharing the fun with those around them.

The session proved to be a great success, with many residents singing along, dancing and reminiscing over familiar tunes. It was a joyful activity that brought laughter and energy to the home.



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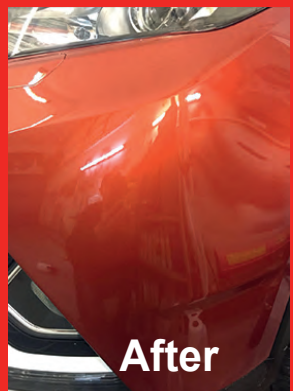
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www.cottinghamtimes.co.uk - July 3



Hard Water Horrors?

Fitting a new kitchen or bathroom is often an occasion that gets people thinking about protecting their planned investment from the ravages of hard water: limescale, soap scum, streaks, and spotting—the list goes on.

After all the effort and cost of selecting and fitting your new units and appliances, it is only natural to want to keep them sparkling and pristine, and the one guaranteed way in our hard water county is to find the correct water softener for the property and get it installed as soon as possible.

Immediately after it is installed, a professionally specified and installed unit will protect plumbing, showers, and appliances and keep everything at peak efficiency and performance year after year.



Amazingly, the softener doesn't stop there; it will also undo the previous years of scale build-up in existing plumbing and appliances, and over a period of 12 months or so, it will gently dissolve away the limescale.

Cleaning and caring for the kitchen and bathroom is transformed with a softener; there is no need for harsh chemicals, scrubbing, or elbow grease; a rinse and wipe-down are all that are needed.

How will I find room for a water softener, they are huge aren't they?

Well, yes, they used to be, and indeed, some of the older styles and more basic "builder grade" softeners still available are on the bulky side. However, the good news is that there are now compact, non-electric "consumer range" softeners that are the size of a tower computer, superbly efficient, and stylishly designed to blend in.

Will we need plug sockets and a degree in computers to operate it?

In a word, no. The modern softeners no longer need electric power; they are kinetically powered by water flow and are pre-set by our skilled installer to give perfectly soft water all of the time. There are no dials to set or flashing lights to look out for; it's all perfectly simple and perfectly soft.

I don't want to be moving big, heavy bags of salt around; has this been improved?

Yes, indeed, it has. I am pleased to say that 2.15Kg salt blocks are now available, which makes storing and replenishing salt much easier. Salt can be delivered directly to your door or picked up from our Hull shop as required.

All the above benefits of a softener will not be at the top of most long-term softener owners lists of reasons they would not be without theirs; they almost all say it is the luxury of bathing, showering and washing in the superbly soft water, not to mention the super soft fluffy towels that are the product of softened water laundry.

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In Cottingham and District

The deadline for entries in the August 2026 "What's On" section, is no later than the 17th July.

Skidby Branch of the Yorkshire Countrywomen's Association

Thursday 2nd July - Sally Taylor - The Fisherman's Mission. In the Skidby Village Hall.

British Sugarcraft Guild - Hull and Holderness branch.

Saturday 4th July, 2.00 p.m. (doors open 1.45). in Skidby Village Hall. A demonstration by Judith Lynn on making Fabric Effect Flowers. All welcome, visitors £7.50.

Cottingham U3A

Thursday July 9th - 'When the railway reached Beverley'. This talk from Colin Bradshaw describes how Beverley changed after 1845 when the first steam trains operated from Hull, via Beverley to Bridlington. Coaching inns declined, new buildings emerged, people travelled much further and more easily. It is not a technical talk about railways. The meeting is held at 2pm in the Darby and Joan hall, with new members welcome.

Quiz Night - St. Michael's Church, Skidby.

Friday 10th July at 7.30 pm - In Skidby Village Hall. Join us for a night of quizzes and puzzles. Tickets £5 per person including tea/coffee/biscuits and nibbles. Bring your own drinks. Raffle. Teams of four but for those not in a team, no problem, we'll create teams on the night. Tickets from Jeanette on 01482 845323/07944421429 or Pat on 01482 840624.

East Yorkshire Embroidery Society (EYES)

Saturday 11th July - in the Darby & Joan Hall, Finkle Street. 2pm for 2.30pm. Members £2. Visitors welcome from 2.15pm (£3). Annual General Meeting followed by Nicola Harper 'Machine Embroidery. Landscapes'.

Strawberry Tea at Skidby Village Hall – A Perfect Summer Treat

Sunday 12th July from 1pm to 3pm - There is no need to book in advance – just come along and enjoy this classic seasonal favourite. The Strawberry Tea is being organised to raise funds for Skidby Village Hall and everyone is welcome. For more information please email skidbyvillagehall@gmail.com.

Cottingham Catholic Women's League

Monday 13th July - Hazel Hutchinson - Ship to Shore. 7.30 in the Garden Room at the Holy Cross Church.

Hull Stamp and Postcard Club

Wednesday 15th July AGM and members afternoon. There are no meetings during August. Meeting begin again on Wednesday 2nd September 'Members Present Items of Interest'. Meetings are held in the Arlington Hall at 1.30pm. Door open at 1pm. Visitors and prospective members welcome. For further details please contact the secretary at robertmcmillan@gmail.com.

Front cover: Cottingham Railway Station.
Photo: Courtesy Paul Lakin.

Macular society Hull Group

Friday 17th July is our next meeting 10.30 am until 12.15 pm at Sight Support Beverley Road Hull. The guest speaker is Nikki Kirk from Lifeline giving information on how Lifeline can be useful. The macular group is for anyone living with central sight loss. For more information ring 01482 342297.

East Yorkshire Woodturners

Tuesday 21st July - 7pm, Skidby Village Hall. (Doors open 6.30pm). Woodturning demonstration by Andy James, Andy joins us for the second time. He has been woodturning for more than 25 years. He regularly demonstrates at clubs and other events throughout the UK. The club meets on the third Tuesday evening each month. Non-members are always welcome (£10.00 entry) - no need to book in advance. For more information about the club, please visit the club's website: <https://eastyorkshirewoodturners.org.uk>.

The Arts Society: Hull and East Riding

Tuesday 21 st July – AGM, followed by the Mary Glen Memorial Lecture, to be given by Rosamund Bartlett: “Rebels not Muses: The Women Artists of European Modernism”. Starting at 10.30a.m. Lazaat Hotel, Woodhill Way, Cottingham. Non-members welcome. Guest tickets £5.00. For further details contact Membership Secretary, Andrew Frankland-Barber (tel. 078437 84763).

Little Weighton Gardeners

Sunday 19th July, or 26th if wet - VISIT – To 20 COTTINGHAM OPEN GARDENS £5pp Meet in Vhall Car Park (please advise us if you are going & if you need a lift)

Hull and East Riding New Stitchers (HENS)

Tuesday 21st July - `Unfinished work and show of work. Third Tuesday on the month in the Darby & Joan Hall, Finkle Street, at 7.15 pm to 9.15 pm. Website: www.hullandeastridingnewstitchers.weebly.com.

Cottingham Bowling Club

Extends a warm invitation to everyone—whether you arrive solo or bring a friend, you'll be made to feel welcome. Experience the enjoyment of flat green bowls with your first game free at our friendly club. All you need is a pair of flat-soled shoes; if you don't have any, we've got most sizes available for loan, as well as bowls if required. To get started, join us for our Sunday morning roll-up, which begins with a meet at 09:45 for a 10:00am start. Flat green bowls is a fantastic way to keep active and enjoy some gentle exercise. Indoor bowling can be added after outdoor season ends. For further details, please contact our Recruitment Secretary, Lesley Davy, on Tel: 846611. You can also visit our website or Facebook page to find out more about Cottingham Bowling Club.

Keep Fit & Line Dancing Classes

In the Darby & Joan Hall, Finkle Street, Cottingham.
Keep fit Mondays 10am-11am or 11 15am-12 15pm chair exercises then low impact aerobics
Line dancing Tuesdays 10am-11am beginners are welcome
Contact Janet Trew M.BATD (SB) A.BATD (JB)
01482 666794 or 07773 189990.

Alternative Aquatics

Is a local self-help group providing gentle exercise for people with back & mobility problems in warm water. On Thursdays, 4.45–6pm term-time, at Hydrotherapy Pool, Frederick Holmes School, Inglemire Lane, Hull. Cost is £52/ 13-week term. Places now available; for info or a free trial, call Karen (807072) or Steve (826873).

Continued on page six

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Arterian Singers

Do you enjoy singing in a group? Arterians Singers rehearse weekly at Cottingham Methodist Church, Hallgate, Cottingham, Tuesday evenings at 7.30. We are a friendly mixed voice choir singing a variety of music and welcome new members. For more information ring 07597 459000.

East Yorkshire Fly Dresser's Guild.

Enhance your fly fishing skills and experience by joining like-minded fly fishers. We are a thriving group keen to learn and share the skills you need to create flies that catch fish. The club meets on the first Tuesday of each month, July and August excepted We meet monthly (September to June) at the Conservative Club, in Beverley. All welcome - please email eyfdg.sec@gmail.com.

Cottingham Cricket Club

We run three Saturday sides, a Sunday side and junior teams from U9 to U15. Cottingham Cricket Club Junior training continues all through winter. Starting at 7pm every Friday night at South Hensley School sports hall. We welcome new members at any level. In the Summer, junior training is on a Friday evening with coaching sessions for all formats during the week. For any further information please contact Matt Aled at cottinghamcc@hotmail.co.uk or on Mobile 07986 329441. We are Clubmark Accredited and all Coaches are DBS checked"

Scottish Country Dancing

Monday nights in Arlington Hall with qualified teachers. New dancers welcome 6.45 - 8.15 pm. Main class 7.30 - 9.30pm. £3 per session (first session free) including refreshments. No partner necessary. A great way to keep active and have fun. Find us on Facebook or our website, RSCDSYork.com Contact Joyce Cochrane 01482 871790 or Lynne Brooks 07834 992027.

Kirk Ella and Willerby Short Mat Bowling Club

Welcome new members at St Andrews Memorial Hall, Beverley Rd, Kirk Ella, HU10 7QA. Mondays and Thursdays, 2 - 4 pm (Sept - April). Summer, only Mondays. Come around 1.40pm. For new bowlers, 1st session is free. Club bowls available to borrow. Bring flat soled shoes. Contacts: Ian or Brenda 01482 650157; email bgih@hotmail.co.uk; visit website: <https://sites.google.com/view/kewshortmatbowls/home>.

Cottingham Food Bank

Cottingham Food Bank is open every Wednesday from 10am to 11.30pm. For £2.00 you will be able to select eight items from our shop style display and in addition refreshments are available in the Church hall next door. You can find us behind Zion Church, Hallgate Cottingham (access via left hand passage). All welcome.

The Cottingham Community Garden Group

The Cottingham Community Garden Group [CCGG] meet every Tuesday and Thursday from 1pm to 3pm on the Worklink site on Eppleworth Road Cottingham HU16 5YF [Far right corner past last polytunnel] - All welcome . Find us a Facebook or visit us to find out more.

Cottingham & Hull Folk Dance Club

Tuesday 7pm-9-30pm at the Darby and Joan Hall Finkle St., Cottingham. No experience necessary come on your own or bring a friend for light exercise in a friendly environment everyone one welcome. For further information please contact Jan Gray on 01482 840637.

Continued on page 00

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HULL OPTIMISTS Swimming Therapy Group

Come and join a friendly group of Adults and Children at Frederick Holmes School, Inglemire Lane Hull, in a warm Hydrotherapy Pool. The club is for persons with disabilities or have a fear of water, and are taught in a friendly and positive way how to overcome that fear and be safe in water and also help with their mobility. We meet in term time every Monday evenings. There are two sessions, the first between 6pm and 7pm for Children and their Carers, and the second for Adults between 7pm and 8pm. All are welcome. For further information and application details please contact:- Karen Brockwell Mobile: 07895 178218.

North Ferriby Short Mat Bowls Club

Village Hall, 50 Church Road, North Ferriby. HU14 3AA. Tuesdays and Fridays, 10am-12noon, and Thursday Evenings, 7pm-9pm except second Thursday each month. All are welcome to any session and can borrow woods if required. Please bring flat soled shoes. For further information please contact Mike on 07889 007 005.

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Phoenix Walkers invites you to join our friendly adult walking club. A full day out on a coach to walk some of the best places around Yorkshire Lincolnshire and Derbyshire.

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Cottingham Welcomes Leeds Male Voice Choir for a Not to Be Missed Performance

People in Cottingham, Beverley and the wider East Riding will have the chance to hear one of Yorkshire's most established male voice choirs this July as Leeds Male Voice Choir performs at St Mary's Church on Hallgate on Saturday 4 July at 7.30pm.

The 70-voice choir is known for its clear, blended sound and its mix of ages. The group performs regularly across the North — from Lancaster Priory to Bridlington Priory, and from the Scottish Borders to Doncaster Minster — so this concert gives local audiences a rare opportunity to hear them in the heart of Cottingham.

The programme will include a range of music, from modern choral pieces and folk songs to sacred music, songs from the shows and well-known pop favourites. The choir aims to offer something for everyone, with a relaxed and enjoyable evening of live music.

A spokesman for the choir, Robert Butler, said: "We're delighted to be returning to the East Riding. Cottingham has a great tradition of supporting live music, and we're pleased to be part of that. We always enjoy performing for East Yorkshire audiences — there's a real sense of welcome and shared enjoyment."

The concert is part of the choir's 2026 season, which

includes events across Yorkshire and a continued focus on making singing in a group open and welcoming for men of all backgrounds.

Jock's Lodge - Update

From Skidby roundabout to Bentley Bridge the concrete barrier has been installed. New road surfacing and white lining has also been laid in this area. Near Skidby roundabout the metal barrier has been installed, this acts as a vehicle restraint system.

The new pedestrian crossing near the Lazaat Hotel is nearly complete with the traffic signals in place.

The final road surface has been laid across the new Bentley Bridge. Down the A164 towards old Victoria Road the joint footway and cyclepath has been installed.

At the Victoria/Morrisons roundabout, the footways have been extended, the pedestrian crossings have been finished, and two new bus stops have been installed.

Site wide, top soil, grass seed and fencing have been installed. Site clearance has also started to restore the fields back to their former use.

Wild flowers are starting to grow across the site, with the first grass cut recently carried out.

Traffic management

A164

The A164 will be closed between Skidby Roundabout and Jock's Lodge Roundabout from 8pm to 5am on the dates below to enable final road surfacing and road marking works to be carried out.

Thursday 2 – Friday 3 July

Monday 6 – Tuesday 7 July

Tuesday 14 – Friday 17 July

Monday 20 – Friday 24 July

Access will be maintained for residents during the closure periods.

It is hoped that only 5 nights in July from the dates above will be required.



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Victoria roundabout

The third phase of the works on Victoria roundabout will start on Monday 15 June. During the day, in order for the works to be carried out safely, traffic will be reduced to single lane on Victoria roundabout. Some works will be carried out overnight between 8pm and 5am. During these times, a section of Victoria Road will be closed and temporary traffic lights will be in operation on Victoria roundabout to maintain access to and from Wingfield Way and Lincoln Way. Part of the footway will be closed throughout the phase.

This phase of works is expected to take approximately two weeks.

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Melanie Watson of Skidby Livery Stables with the latest of her monthly articles

www.instinctivehorsetraining.co.uk



50 years of change

When I started my horse business back in 1985, Skidby was a very different place. Cottingham seemed a long way away and the roads were quiet.

The main road was just at the top of the village, where a small roundabout now stands. The pub only had 2 rooms, the tap room and the salon! It was heated by a meagre gas fire which Phillys only ever had one section burning. Pickled eggs, cheese and onion crisps and pork scratching's were the only food on offer while we played darts or dominoes.

Mill Rise was only a small development and there were several original cottages along the main street, which no longer stand.

The road was quiet. There was hardly any traffic, and no one was ever in a hurry to get from A to B. The village was dominated by its characters. The old farmers stood at their gateways chatting to all who passed by. Don Harrison especially! 😊 Norman Porter, Ivan, John Spencer, and David Shearer were all on the Main Street, big hearted people who all had time for people.

Over all these years there have been many new build houses erected and Mill Rise has doubled in size. I used to keep horses in the fields at the end of Mill rise in 40 acres of grass land and railway carriages as stables. I remember them always being overrun with rats in the wintertime. Now a new build of course, with South Rise as its neighbour.

The days seemed longer then, as did summertime. Oh, the rose-tinted spectacles of youth! I used to come to Skidby with my best friend Helen Baitson to spend time messing with all the horses housed at the back on number 63. Norman Porter was one of the village characters and was my friend for 43 years. (How I miss both him and Helen.) Railway carriages from the back door up. Riding out with no hats, no saddles and sometimes just a headcollar

10 July - www.cottinghamtimes.co.uk



instead of a bridle. It didn't matter in those days because the roads were quiet, and the countryside was more open to ride on.

I started my business here in 1985, living at number 63 and using the phone box on the green as my office! Mobile phones were only seen on Star Trek, yet to be invented. Half my time was with horses, the other half driving a tractor and hedge cutter for George Foster. Life was fun, the villagers were all very close knit and the Westfield Country Club was where it was at for weekend entertainment. Everyone met at the pub after work for a drink and a catch up, then went home for tea.

Over the years, most of us got married and had children. Some moved away but most seemed to have stayed connected here to this day. Lifelong friendships still hold true but of course so many friends have passed away, leaving feelings of great loss alongside so many happy memories.

Quite what happens in life, is still a mystery. Somehow its all got harder, more serious and less fun. We all have less time, less money and more responsibilities. We all suffer so much stress these days because life is so much of a struggle for many of us. My body gives me constant grief, basically worn out by all these years of grafting and accidents. Such is growing old but with no regrets! My life has been quite some rollercoaster ride for sure.

I do hate how vastly Cottingham has expanded, nearly joining Skidby now. It won't be long I suppose. I hate that we are being encroached on by international hedge fund business who want to cover all our beautiful countryside and prime farmland with Mega Solar farms.

The spare battery capacity at the Cottingham substation has opened up the flood gates to all these renewable investors, which is why this area is so heavily targeted.

Between new housing developments, new trunk roads and now this Solar invasion, our beautiful area will be totally unrecognisable. I'm not sure where inevitable progress stands when it all feels like the green land we treasure and appreciate is being destroyed.

At least the sun is shining which always makes you feel better about life in general. Hopefully it will never be taxed! 😊

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'Subterranean Beverley' exhibition now open at Beverley Guildhall

A new exhibition has opened at Beverley Guildhall. 'Subterranean Beverley' is an exploration into the hidden history beneath the streets and historic buildings of Beverley and runs until Friday, 2 October.

The exhibition explores centuries of history, from vaulted cellars and brick-lined culverts to archaeological discoveries, modern flood defences, and the maze of pipes and cables that keep the town running. Together, they reveal a landscape below ground that most people never consider.

The exhibition also explores long-standing local tales of secret tunnels linking buildings across Beverley, with stories that have circulated for generations, whether fact or folklore, they remain an important part of the town's character.

Councillor Nick Coultish, cabinet member for culture, leisure and tourism, said: "Each exhibition at Beverley Guildhall offers something unique, and 'Subterranean Beverley' continues that tradition. It provides a fascinating insight into an often-overlooked aspect of the town's history, and I would encourage people to visit and discover more about what lies beneath Beverley."

Kloskk Tyrer, Beverley Guildhall attendant and researcher of the exhibition, said: "There has been a great deal of research undertaken for this exhibition, and we are looking forward to sharing what we have discovered with the public. With multiple areas of interest beneath the streets of Beverley, this exhibition is sure to intrigue those interested in what lies beneath our feet."

Admission to Beverley Guildhall is free. Opening times are Wednesdays and Fridays from 10am to 4pm. For more information on exhibitions and events at East Riding Museums, visit: www.eastridingmuseums.co.uk/whats-on.



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Wordsearch - Classic Toys

Can you find the hidden words. They may be horizontal, vertical, diagonal, forwards or backwards.



Find the words in the letters above:

Balloon, Barbie, Beach Ball, Bop Bag, Cap Gun, Chatty Cathy, Easy Bake Oven, Etch a Sketch, Finger Paint, Flatsy Doll, Frisbee, GI Joe, Gumby, Gryroscope, Hot Wheels, Jacks, Kaleidoscope, Kazoo, Ken, Lego, Lite Brite, Little People, Matchbox Car, Meccano, Mr Potato Head, Nerf Ball, Paddle Ball, Play-doh, Playmobil, Pogo Stick, Pokey, Pop Gun, Radio Flyer, Rubik's Cube, Silly Putty, Sizzlers, Skipping Rope, Slinky, Sock Monkey, Soma Cube, Spirograph, Super Ball, Teddy Bear, Tinkertoy, Tin Soldiers, Tonka Truck, Viewmaster, Water Pistol, Weebles, Wiffle Ball, Wizzer, Yo-Yo.

Wordsearch courtesy of <http://www.puzzles.ca/wordsearch.html>

Sudoku No. 228

This is an easy challenge this month - Answer on page 29

								5
7		2		1		4		
		5	6			7	3	
9	4		1					
			4			6	9	3
5				7	9			2
		1			3		6	
					6			
4				8			5	9

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MARIONOWENTRAVEL

Keeping Us on Our Toes!

Firstly, a huge thank you for keeping us so busy with a wonderful mix of bookings this month. It's always a pleasure helping you plan your next adventures and one trend that is really taking off is **rail travel across Europe**. The increase in bookings has been incredible, with more travellers discovering the joy of sitting back, relaxing and watching Europe's stunning scenery unfold from the comfort of the train.

Emma has also just returned from another successful hosted cruise, accompanying 35 guests aboard Fred. Olsen's *Bolette* on a fabulous voyage around the Scottish Isles. Spectacular scenery, charming ports of call and plenty of laughter made it another memorable trip. Judging by the smiles and stories on their return, everyone had a wonderful time.

As you read this, we may still be enjoying our **Regent Seven Seas taster event**, where 30 lucky guests are experiencing what many consider to be the very finest in luxury cruising. Spacious suites, exceptional service, exquisite dining and an all-inclusive experience make Regent something rather special. In many cases, when you consider everything that is included, it represents remarkable value for money. If luxury cruising appeals to you, do pop in for a chat – we'd love to tell you more and share our latest offers and savings.

NEW & EXCLUSIVE TOURS

Uzbekistan – 14th May 2027

Our most talked-about tour is back! Our recent tour to Uzbekistan exceeded every expectation. Safe, clean, welcoming and steeped in fascinating history and culture, it captured everyone's hearts. Our wonderful guide, **Kamilla**, was exceptional and made the experience even more memorable.

If you watched Michael Portillo's television journey through Uzbekistan, you'll already know just how captivating this destination is.

Due to overwhelming demand, we are delighted to repeat this incredible adventure.

11 nights exploring one of the world's most fascinating countries. A small group experience – maximum of just 14 like minded guests and exceptional local guiding. Solo travellers warmly welcomed

Places are expected to fill quickly, so don't delay.

Brand New for 2027 – Romania

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Flights from Humberside via Amsterdam—easy & convenient.

A fascinating mix of history, scenery and culture

Call for further information or visit www.marionowentravel.com.

Galápagos Islands Adventure – June 2028

A true bucket-list journey. June 2028 may seem a long way away, but the Galápagos Islands are one of those once-in-a-lifetime experiences that are best booked early. Early booking offers the best value and ensures you have plenty of time to look forward to this extraordinary adventure. I have delved so deeply into this destination to ensure we have it right, please let's have a conversation – the Wildlife is incredible. **If the Galápagos has always been on your bucket list, now is the time to start planning.**

As always, thank you for your continued support. Whether you're dreaming of a European rail adventure, a luxury cruise, a once-in-a-lifetime expedition or an escorted tour somewhere truly special, we're here to help turn those travel dreams into reality. *Marion.*

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16 Oct	Llandudno, Tynedale Hotel - 5 days Dinner B&B	This is an amazing hotel rated one of the best in the UK, exceptional food & service		£ 645
14 Nov	Thursford Christmas Spectacular - 2 days			£ 275
25 Nov	Christmas Lunch on the Rails - JUST FOR THE DAY			£ 115
28 Nov	Regent Seven Seas Grandeur Caribbean Cruise from			£POA
30 Dec	New Year in Southport - 4 days DBB with Gala Dinner			£ 549
2027	For additional tours ask about our special selection with CAB Travel			
21 Jan	Day outing Boundary Mills for the January Sales			£ 25
24 Jan	Luxury Winter warmer in the Lake District	3 nts DBB		£ 420
31 Jan	NORTHERN LIGHTS— 4 nights full board & Activities from			£1279
01 Feb	Potters all inc. resort meals, drinks & entertainment from			£ 649
08 Apr	Caledonian Canal sailing on the Lord of the Glens	4 cabins		£3650
16 Apr	Treasures of Egypt cruise & tour	12 days from		£3785
01 May	Isle of Man a 7 day tour including a special Viking Event			£1195
27 Aug	Isles of Scilly - a 7 night holiday call for details B&B			£1839
12 Sep	Bucharest & Transylvania— a 7 nights of wonderful sights			£1887
04 Oct	Hidden Japan small group tour only 9 places			£6390
28 Oct	Tynedale Llandudno - Holly & Mistletoe	5 days		£ 665
20 Nov	Thursford Christmas Spectacular	2 days		£ 279
05 Dec	Canterbury at Christmas - 5 days Dinner B&B			£ 599
09 Jun	2028 an expedition to the Galapagos call for details.			POA

Please do not panic if the special departure you are booked on is not shown above - we have removed those that are now full.

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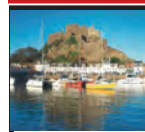
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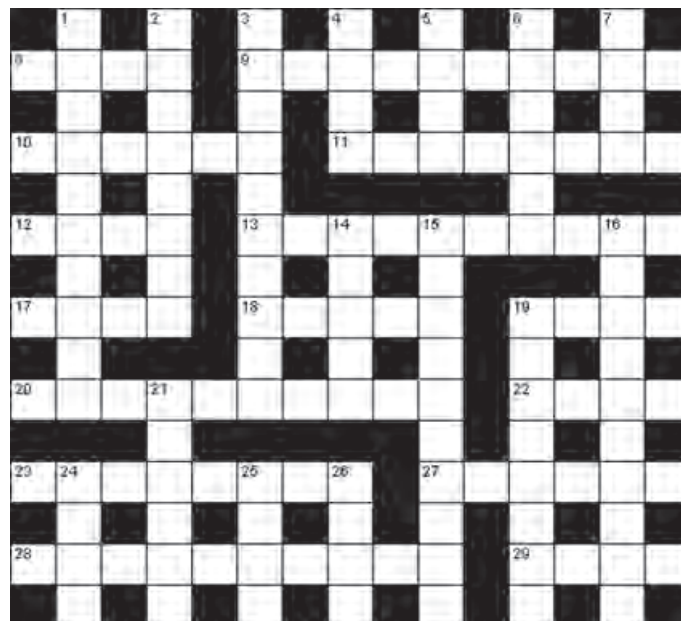
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Crossword – Solution on page 29



Across:

- 8 Locate (4)
- 9 Creator (10)
- 10 Members of a former royal family (6)
- 11 Two-wheeled vehicles carrying ammunition (8)
- 12 Prefix indicating half (4)
- 13 Unlawfulness (10)
- 17 Party (4)
- 18 Committee (5)
- 19 A few (4)
- 20 Travellers (10)
- 22 Biblical garden (4)
- 23 Scottish musical instruments (8)
- 27 A parentless child (6)
- 28 Characteristics of old age (10)
- 29 Fancy or frilly (4)

Down:

- 1 Junior officer (10)
- 2 Reprove (8)
- 3 Believer (10)
- 4 A thin flat circular plate (4)
- 5 Eight in Roman numerals (4)
- 6 Tuft of loose cords (6)
- 7 Sexually explicit material (4)
- 14 Cloth made from flax (5)
- 15 Bilestones (10)
- 16 Moderation (10)
- 19 Dozily (8)
- 21 Had a short sleep (6)
- 24 Expert flyers (4)
- 25 Treaty (4)
- 26 Dispatch (4)

Crossword courtesy of www.crosswordpalace.com

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- How long will the process take?
- What is likely to happen in my case?
- Will I have to go to court?
- What are my different options?
- What should I be doing right now (or not doing)?
- What will happen to the house?
- How will pensions and savings be treated?

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COTTON TRAVEL

WHERE GREAT ADVENTURES BEGIN

*Personal Note
from Josh (owner of Cotton Travel)*



Welcome to July... Can you believe we're already halfway through the year? Summer seems to be flying by, although perhaps that's because helping our wonderful customers create memories across the globe.

Firstly, I would like to say a huge thank you to everyone who attended our Annual Travel Show in June. More than 200 of you joined us at the Civic Hall, making it our biggest and most successful event yet. We also raised over £800 for Bebe's Hive, how incredible is that. Seeing so many familiar faces, the along with new ones, was fantastic. The support from our customers and supplier partners was incredible, and I'm delighted to confirm that the event will return on 6th June 2027.

While the British summer hasn't quite delivered the sunshine many of us were hoping for, holiday demand certainly hasn't slowed down. We're seeing huge interest in last-minute summer escapes, and I have to say, some of the offers available right now are among the strongest I've seen in five or six years. Whether it's Greece, Spain, Cyprus or somewhere a little further afield, there are some tremendous deals for those looking to get away.

To make things even easier, we've continued our Sunday opening hours throughout the summer. The response has been fantastic, and it's proving popular with customers who simply can't make it into branch during the week.

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Of course, Cotton Travel is about far more than just me. I'm fortunate to work alongside an exceptional team, boasting over 80 years of combined industry experience. Their knowledge, passion and dedication are a huge part of what makes Cotton Travel special, and I'm incredibly proud of what it we've built together.

Later this month, I'll be leading our fourth escorted 'Guided By Us' holiday. This time we'll be flying from Humberside to Porto before sailing Portugal's spectacular Douro River aboard APT's beautiful five-star river ship. These escorted departures have become one of the highlights of our calendar. Friendships are formed, memories are made, and the atmosphere is always fantastic. In fact, almost all of this year's guests travelled with us previously on our Danube River Cruise, which says everything about the experience.

Looking ahead, excitement is already building for our future escorted adventures, including our

GUIDED BY US ADVENTURES

- ★ Adults Only Arctic Adventure - February 2027
- ★ Vietnam & Cambodia - March 2027
- ★ Rhine River Cruise - October 2027
- ★ Greek Isles & Adriatic Coastline - July 2028

Availability is already becoming limited on some departures, so if any of these adventures catch your eye, I would encourage you to get in touch sooner rather than later.

As always, thank you for your continued support. Whether you've travelled with us once or many times, every booking means the world to us. You are supporting a local business, helping create jobs but also helping us give back to the communities too. We are incredibly proud to be part of so many special moments and memories on the map, and we look forward to helping you plan your next adventure very soon.

Josh Cotton

Owner & Director
Cotton Travel

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The document families wish had been put in place sooner.

Most people assume their spouse, children or family can automatically make decisions for them if they lose mental capacity. In reality, that isn't always the case.

Many people spend time putting a Will in place to protect their family after they die, but far fewer consider what would happen if they were still alive but no longer able to make decisions for themselves.

A Lasting Power of Attorney, often referred to as an LPA, allows you to appoint trusted people to make decisions on your behalf should you lose the ability to do so in the future. It is one of the most important legal documents a person can have, yet many families only discover its importance when it is too late.

Without an LPA in place, loved ones may find themselves unable to access bank accounts, manage finances, deal with household bills or make important decisions when support is needed most. In many cases, families are forced to apply to the Court of Protection, which can be both time-consuming and expensive.



While many people associate LPAs with old age, they can be equally important for younger adults. Serious illness, accidents or unexpected health conditions can affect anyone, often without warning. Having an LPA in place provides reassurance that somebody you trust would be able to step in and help if circumstances changed unexpectedly.

Contrary to popular belief, being married or being someone's next of kin does not automatically give you the legal authority to make decisions on their behalf. This often comes as a surprise to families who assume they will be able to help when the need arises.

An LPA allows you to choose who you trust, giving you control over who would act for you and how decisions should be made. There are two types of LPA: one covering Property and Financial Affairs, and another covering Health and Welfare decisions. Many people choose to put both in place to ensure all aspects of their future wishes are protected.

The Probate People help individuals and families put Lasting Powers of Attorney in place with clear, straightforward guidance and fixed-fee options.

For an informal conversation about LPAs and protecting your future wishes, contact The Probate People on 01482 651153 or visit www.estate-probate.co.uk.

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NEW ORLEANS & CRUISE

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Departs: Heathrow
Board: Room only (New Orleans) Full Board (Cruise)
Accommodation: 4 nights - 4* Old No 77 Hotel & Chandlery, New Orleans.
7 nights – Royal Caribbean Mariner of the Seas
Cruise Itinerary: New Orleans, At Sea, Cozumel (Mexico), George Town (Grand Cayman), Falmouth (Jamaica), At Sea 2 days, New Orleans

From only **£1,769**

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Based on 2 adults sharing, ocean view cabin, hotel fees payable locally \$80

TORONTO CITY BREAK

Dates: 14th March 2027
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Accommodation:
4* Chelsea Hotel Toronto

Only **£927pp**

Price based on 2 adults sharing



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Board: Room Only
Departs: Heathrow
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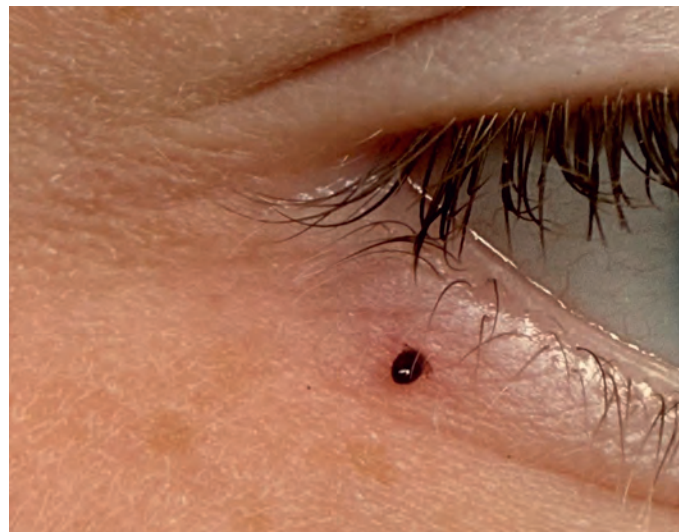


Critters are not just for pets

Well, for once, the subject of this month's article has amazed me. I have heard it happen to others and further up north into Scotland but not so close to home. Two of my grandsons, Jacob and Joshua had a wonderful 2-night camping trip on the moors with a local group, enjoying lots of walks and campfire cooking.

It was on their return my daughter got the text from the leader that most of the boys had found ticks attached to their legs, etc. Of course, as soon as they got home their camping equipment was checked over as well as the boys. Given the all clear of no ticks found, the family could breathe UNTIL Jacob began to scratch his shoulder.

Yes, you've guessed it, the little critter was attached to his skin. Luckily, having two dogs namely Max and Oscar, their parents have tick removal sticks so the little critter was removed safely (DO NOT pull at the tick. This will leave the head in and cause more problems. By using the tick remover, you twist the tick, removing it whole). Of course, all their clothes and bedding were put on a hot wash to eliminate any eggs etc. Breathing a sigh on knowing they had done



everything possible they went to bed.

The next day the boys got ready for school UNTIL you've guessed it again, it was Joshua's turn, but this time attached to his face just under his eye (see pic). How on earth it got there, they don't know as everything, they thought, had been checked. This just goes to show how easy these little beasts can be well hidden and attach not just to us but to our pets which can be much more difficult to find in their fur.

So, what can we do to prevent this happening to our pets. Simple really, regularly use of flea and tick treatment applied every three months will deter them. Yes, it's that simple. The treatment is available from your vet and if you are lucky to be a member of KINGSTON VETS PETHEALTH CLUB, then it is included in the monthly subscription.

There is one other thing to look out for in dogs and yes, it happened to Max last year. The horrible grass seed! It's not the normal seed but the ones found in very long grass which have small barbs. They tend to travel into the ears and eventually down the ear canal or in Max's case, between the digits of the paw. It was the constant licking that brought it to my daughter's attention.

After a visit to KINGSTON and an operation to remove the seed that had actually started to travel further into his paw, he was soon on the road to recovery. It only takes five minutes so please don't forget to check over your pets after any walks.

If you have any worries about ticks or other little critters attaching themselves to your pets, please do not hesitate to call any of the KINGSTON vets surgeries where a nurse will be happy to help.

AND FINALLY.....

WAFFLE AND DOMINO (my rabbits). As you may already have read, my two lovely bunnies are allowed to roam my secure garden during the day. I don't know about you but I have had quite a lot of Magpies around this year and imagine my horror when I saw them swooping down chasing and pecking at the rabbits' bottoms! Not only do they aim for the rears for fur but also their eyes so after reading up on the best deterrent, I now string (at various heights) old CD discs along my washing line! Luckily, I am not overlooked otherwise I'm sure a few funny comments would be coming my way.

Until the next time

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Sources: 1. SunLife Cost of Dying Report 2025. 2. Or after 12 consecutive payments and as long as your payments remain up to date if you choose the instalment payment option. 3. For more information on how your payments are protected, please visit goldencharter.co.uk/faqs/ 4. Based on Golden Charter analysis and independent research of funeral plan market size as at May 2024. 5. As at August 2024.

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www.cottinghamtimes.co.uk - July 21



Chillable Red Wines – The refreshing side of red

For decades, red wine has been associated with roaring fireplaces, hearty winter meals and the long held tradition of serving it at room temperature. But a growing number of wine lovers are discovering a completely different side of red wine - one that is lighter, brighter and perhaps surprisingly, best enjoyed with a slight chill.

With summer now upon us, the popularity of chillable reds continues to grow. Served cool rather than warm, these wines highlight freshness and vibrant fruit without sacrificing complexity. They offer all the pleasure of red wine but with an energy that makes them perfectly suited to sunny afternoons, al fresco dining and summer evenings.

As wine drinkers become more adventurous, lightly chilled reds are finding a place on more tables. Traditional serving rules are giving way to personal preference and experimentation. Instead of asking whether red wine should be chilled, many wine lovers are now asking which reds taste best when they are.

Of course, not every red benefits from time in the fridge. Powerful, full bodied wines with firm tannins, such as Cabernet Sauvignon or Syrah, can become overly bitter or muted when chilled. The best chillable reds tend to share a few common characteristics. They are light to medium bodied, have relatively low tannins, bright natural acidity, vibrant fruit aromas and moderate alcohol levels. These qualities allow the wine to keep its freshness and personality when served cool. A serving temperature of 10–15°C is ideal. A good rule is to place the bottle in the fridge for around 20 to 40 minutes before serving to achieve the perfect balance. If the wine becomes a little too cold, simply leave it on the table for a few minutes before pouring.

So why chill red wine at all?

Serving temperature can completely change your impression of a wine. Served too warm, lighter reds can feel flat or overly alcoholic. A gentle chill lifts acidity, sharpens the fruit flavours and makes the wine feel more refreshing whilst allowing delicate floral, herbal and mineral notes to shine through. In many ways, chilling red wine simply returns it to the temperature it would have naturally been served before centrally heated homes became common. Traditional 'room temperature' in old European houses was much cooler than modern living rooms. It is a simple change that can completely transform the way a wine tastes, opening up a whole new side of red wine for many drinkers.

So which grapes should we be looking for?

Gamay is perhaps the classic example. Best known from Beaujolais, it produces juicy wines packed with raspberry, cherry and floral aromas supported by soft tannins and lively acidity. Few reds are as effortlessly enjoyable with a slight chill. A perfect bottle to try is Beaujolais Villages, Domaine Pardon (£13.49), whose bright fruit and silky texture make it an ideal summer red.

Pinot Noir can also be exceptional when lightly chilled, particularly in lighter styles. Cooling enhances its elegant red berry character whilst preserving the grape's trademark silky texture and subtle earthy complexity. Lake Road Marlborough Pinot Noir (£14.99) is a fine example, balancing vibrant fruit with freshness and finesse.

From Sicily comes Frappato, a grape that has quietly built a loyal following among those seeking lighter, food-friendly reds. Fragrant and aromatic, it offers flavours reminiscent of freshly picked strawberries with hints of herbs and gentle spice. Frappato Terre Siciliane IGP, Feudo di Santa Tresa (£11.99) captures this style beautifully and is wonderfully refreshing served cool and pairs extremely well with fish.

Although it may surprise some readers, Cabernet Francs from France's Loire Valley also make superb summer drinking. Naturally high in acidity with moderate tannins, these wines combine crunchy red fruit with distinctive herbal and peppery notes that become even more appealing when lightly chilled. Chinon La Noblaie, Domaine de La Noblaie (£17.49) is an excellent introduction to the style.

For those looking to venture further off the beaten track, Poulsard from France's Jura region is well worth seeking out. Made from a thin-skinned grape, it produces pale, delicate wines with flavours of strawberry, sour cherry and redcurrant alongside subtle earthy and mineral notes. Chilling only heightens its elegance and purity so why not try Frédéric Lambert's Poulsard at £22.99. This is a delightful example that rewards adventurous drinkers.

This is more than just a summer fad. Wine bars across Europe are embracing lightly chilled reds and a new generation of drinkers are discovering just how enjoyable they can be. What makes these wines so enjoyable is just how versatile they are. They pair perfectly with everything from charcuterie and grilled vegetables to pizza and barbecued meats. Whether it is a juicy Gamay in the sunshine or an elegant Pinot Noir over lunch, these wines prove that red wine can be every bit as refreshing as white when served at the right temperature.

BEST BUYS



2025 Coquille de Fleur, Cinsault Rosé

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2025 Rosé d'Enfer

Pale pink in colour, this is lively and delicate with irresistible aromas of fresh berries and notes of raspberry. A wonderfully round and fresh wine.

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2025 Tradition Rosé, Pierre Cros

A vibrant rosé made from Cinsault and Syrah with a short skin maceration (saignée). Aromas of exotic fruits and freshly crushed raspberries and strawberries, a lively and fresh palate, good balance and a lingering aromatic complexity.

On offer at £12.49 per bottle



2024 Mendel Rosadia

A fabulous succulent Provence style rosé with wonderful crisp acidity from this top award winning Argentinian winery. Intense, fruity and fresh aromas with notes reminiscent of white peaches, ananas and citrus, this is fresh, fruity, very soft and easy to drink with a persistent finish.

On offer at £14.99 per bottle

**All wines are available from The Cellar Door and www.houseoftownend.com*



Landmark moment as sails return to historic Skidby Mill

Restoration work on Skidby Mill has now been successfully completed, with its historic sails reinstated, marking a significant milestone for one of East Yorkshire's most cherished landmarks.

Skidby Mill, a much-loved cultural icon in East Yorkshire, stopped commercial grinding in the 1960s but has continued to stand as a symbol of the region's rural identity.

Originally constructed in 1821, the Grade II listed mill, recognised by Historic England, has long represented the area's rich heritage. In 2019, the sails were removed after it was discovered that they required essential repair works. The

mill closed for restoration in 2020 following East Riding of Yorkshire Council's approval of a comprehensive restoration plan.

In 2024, following pre-installation checks for the installation of the sails, further rot was identified in the cap support beam that resulted in its replacement in 2025. This work was necessary to ensure the mill's structural integrity was maintained and to ensure the sails could be reinstated.

The restoration programme has now been completed and the four sails have been returned to their rightful place. Further essential repairs have also taken place, such as the waterproofing of the mill cap, which will help prevent water ingress and safeguard the structural integrity of the mill for years to come.

Now reinstated, the sails will remain stationary and without shades, as the site is no longer a working mill. This approach has been taken to protect the structure and ensure its longevity.

Councillor Nick Coulty, cabinet member for culture, leisure and tourism at East Riding of Yorkshire Council, said: "The return of the sails to Skidby Mill is a proud moment for East Riding and a testament to the dedication and expertise involved in preserving our historic landmarks.

"Skidby Mill holds a special place in the hearts of residents and visitors alike, and these works ensure it can be enjoyed for generations to come. We are delighted to see this iconic site restored to its full glory."

For museum opening times and further information about Skidby Mill, see: Skidby Mill

For more information on East Riding Museums visit: www.eastridingmuseums.co.uk.

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Classic Cars with Dave Turner

First in a Long Line - Fords Mk 1 Cortina

Although the arrival of Ford UK's 105E Anglia in 1959 seemed to take the range into a new age, when the first Cortinas were made in May 1962 that did truly move motoring forward. The whole concept was so simple and at the same time so practical and just the right size for most purposes while possessing so many satisfying touches like those Zero-Torque door locks that almost closed themselves, and were never bettered until the advent of electrical assistance.



The Cortina was a bit of a gamble for Ford, it was in a previously untried size slot to start with, larger than the Morris Minor, Austin A40 etc but smaller than Morris Oxford, Austin A60, Vauxhall Victor and Hillman Minx. In the event it created its own market and was the UK's best selling car for many years through its five series. Two door Cortinas came on sale in September 1963 at £573, the four door version a month later and just £18 more while for an extra £24 you could have the De Luxe version of either.

For that modest sum the car had a much nicer grille and various extra bright trim, the interior got a sun visor on the passenger side, ash trays in the rear, door operated courtesy lights, temperature and oil warning lights, a glove box with a lid and a padded fascia – the two door got hinged rear side windows- all taken for granted in 2015 of course. Very few of the Standard model were sold, intended for business use.

24 July - www.cottinghamtimes.co.uk

Back in the 1960s when 465 SVO became what is now called our ride to work it certainly felt bang up to date. It began life during June 1963 in Nottinghamshire and the previous owner had added the lime green Lotus stripes, if nothing else it was eye-catching – but it was a four door after all! A little confusing today perhaps is the 'Consul' badge on the bonnet, but back then a huge chunk of Ford UK's range were pre-fixed thus – Consul Cortina, Consul Classic and Consul Corsair for example.

'Autocars' road test for the Cortina with its 1198cc in-line four managed a top speed of 77mph and averaged 30mpg. adequate for the time. The Anglia was given the same engine as an option alongside the new Cortina but a 1498cc option came along for the Cortina in March 1963. Simplicity was the keynote for the Cortina, the fascia looked extremely stark with its plain rectangular speedometer but a new binnacle with twin circular instruments added a bit of 'dash' in September 1963 but more substantial changes came a year later when the new Aeroflow ventilation system was accompanied by the adoption of disc brakes at the front while the Consul badge on the bonnet was finally changed to 'Cortina'.



The first Cortina was also almost perfect to fill the dual role of family transport and 'hobby'. the latter referring to motor sport and in this case rallying in particular. Naturally as the Cortina came from Ford it was not quite ready to blast along country roads and through special stages but was a perfect starting point. YHL 745 was a De Luxe version (£24 more

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than the basic model) with plated grille and opening rear side windows and cost £597 when new in Wakefield during June 1963. With its 1200 engine it could manage 76 mph and offer around 30mpg so the first job was to acquire a 1600 'crossflow' unit as fitted to the larger of the Mk 11 Cortinas together with a suitable gearbox, in this case one from a Corsair 2000E, and of course a radiator to accommodate the higher water flow.

Bodywork was rebuilt for strength with all-new panels, the suspension lowered and uprated with slightly wider wheels and the brakes modified to cope with higher power and speeds. As this car had to be the everyday transport, having it purely as a hobby was not financially practical so it was decided to keep its appearance totally 'civilised'. The only external signs of any changes were the slightly lower suspension and wider wheels, plus if you looked hard the powerful Cibie headlight units.



For several years the car was entered in many local and National rallies, although it wasn't likely to compete with the 'professionals' with their mega-expensive missiles, but the experience was quite enjoyable. Once a matching exhaust system was coupled to the bigger engine, the car was most enjoyable for normal use and cruising. It also accommodated all the clobber associated with a couple of youngsters!

Additions to the range came thick and fast, the 'Super' featured the 1500 engine, fancier trim and external decorations from January 1963 and the estate car in all levels two months later and just a month later the high performance GT came along. The ultimate Cortina was of course the Lotus that had appeared along with the Super in January and that could top the 'ton' by quite a margin.

All change in September 1966 when the next generation of Cortina came along - the Mk 11 - more of that later.

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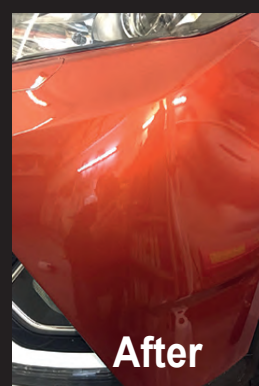
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www.cottinghamtimes.co.uk - July 25



July is often one of the hottest months of the year and a great time to sit out and enjoy your garden. Keep your plants looking good by regularly dead-heading and you'll enjoy a longer display of blooms. Make sure you keep new plants well watered and hoe off weeds, which thrive in the sunshine. Not only can we enjoy our plants in the Summer we can also relax and unwind in the garden on the warmer evenings with a chimenea, garden furniture or even a few bbqs.



A guide to watering and feeding your garden

If you want a healthy garden with an abundance of flowers, watering and feeding are essential. Without water, plants will simply wilt and die. A complete fertiliser or specific nutrients are essential – particularly for plants growing close together. But when should you water and feed? During long hot dry spells, plants definitely need water – but make sure this is given at the right time and in the right way. Plants need to be fed during periods of active growth – not when it could encourage new growth later in the season.

How to water

- **Watering cans:** Use one fitted with a fine watering can rose. This leads to less soil disturbance and possible root or plant damage.
- **Sprinklers:** Try not to use them in hot sunny weather as this can cause leaf scorching. More importantly the water applied has more time to be absorbed in the soil when applied in the cool of the evening or in the early morning.
- **Trickle or soaking hoses:** deliver tiny amounts of water over an extended period of time.
- **Root Watering:** Sink 5–8cm diameter pipes or plastic soft drink bottles with the bottoms cut off in the soil next to trees or shrubs, or in containers. Top these up with water on a regular basis.

Watering Tips

- It's better to soak plants from time to time rather than watering little and often.
- Make sure water gets right down to the roots, by placing the hose or watering can spout at the base of a plant and water gently. If soil is



very dry, water twice.

- Do not water plants too forcefully. Never direct a jet of water at the base of a plant as it will wash away the soil, exposing the roots. Make a hollow around the plant base and fill with water.
- Re-use 'grey water' from baths and sinks or recycle rainwater by using a water butt.

New Plants

New plants need a good deal of care and attention to help them adjust to their new surroundings and grow well.

- When planting new plants, prepare the soil to ensure they get enough water and food.
- Dig the soil between 25 and 50cm deep. This will let in air and water to prevent root suffocation.
- Add some water-retaining gel or try some well-rotted manure, garden compost or peat alternative, as these will act as a sponge, retaining water.



10 Jobs for this month

1. Place Conservatory plants outdoors
2. Regularly de-weed your borders and keep on top of weeds
3. Dead head bedding plants and repeat flowering perennials
4. Paint sheds, decking, fencing and furniture while its dry
5. Spray roses with fungicide to ward against black spot and mildew
6. Be water wise, use your water butt and keep on top of watering bedding in particular
7. Feed your lawn, particularly if you didn't do a Spring feed
8. Look out for Scarlet Lily beetles on your Lilies before they ruin them
9. Also keep a look out for other pests as they thrive in warm weather
10. Chop lupins, delphinium and poppies down once they have finished flowering

Lawn Irrigation

- If grass does not spring back after it has been walked on, water as soon as possible, as long as there isn't a drought!
- If it is very dry, spike your lawn with a fork before watering.
- The quickest way to water your lawn is to use a sprinkler but to ensure you don't over-water in one place, place a jar next to your sprinkler and move it once the jar has 2.5cm of water in it.

Caring for Containers

Like new plants, those in pots and hanging baskets need special care as they run out of water more quickly than established border plants – which have bigger root systems and more soil from which they can reach water.

- Add water-retaining granules or gel (right) to compost in pots and place a small pipe or plastic bottle in the compost to help with root watering.
- Aim to keep the compost moist at all times, watering daily in hot weather.
- If the compost looks pale, has shrunk away from side of the pot, or if plants are droopy and wilting, stand the container in a bucket or pan so that it can soak water right up into the compost.

Dealing with drought conditions

Attach a water butt with a tap to your drainpipe to collect rainwater.

- Keep borders well weeded as weeds compete for moisture.
- A 5–7cm protective layer of mulch such as compost, cocoa shells, bark or even gravel spread on the soil between plants reduces evaporation.
- Stop sprinkling lawns in drought – in autumn they will recover!
- Hoe weeds at the roots to save time and avoid disturbing the soil and increasing water loss from the surface.
- Leave grass clippings on the surface of the lawn after mowing to recycle nutrients.

Different Plant foods for different plants:

- Shrubs & trees –Bonemeal when planting in autumn/ winter; Growmore in spring/summer.
- Bulbs – Bonemeal after flowering.
- Bedding plants – fortnightly general liquid feed.
- Container plants –general liquid feed weekly in spring/summer.

Time for Perennials

We all love bedding plants for the immediate pop of colour in the garden but if low maintenance & great ground cover is what you're looking for then pick perennials. Pick wisely and you will have plants that are beneficial for nature, sometimes fragrant and also edible! Read on for guidance on how to choose the right plant for you.



Smaller Spaces

Outdoor living spaces are becoming smaller and smaller, therefore creating a beautiful garden is more difficult. But fear not there are a great range of perennials that are great for patios, terraces or balconies. The following plants are great for containers to place on your patio or in hanging containers: Heucherella, Scabiosa, Armeria & Primula.

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Low Maintenance & Groundcover

Do you find that maintaining a garden can be very time consuming and at times a little exhausting? There are a number of perennials that require little care and attention but still reward you with trouble-free displays over a long period. Plants which require minimal maintenance: Hardy Geraniums, Heucherella & Achillea.

Water-wise

Other low maintenance plants that require low watering: Coreopsis, Herbs, Grasses & Sedum.

Edible Perennials

Combining beauty and taste creates a whole new gardening and consuming experience. Plant these and your garden will become a visually delicious treat for your senses: Lavenders, Violas, Hibiscus & Phlox Paniculata.

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Your Stars for July 2026

By Kay Gower

Aries (Mar. 21- April 20)

Something exciting is about to come along. Perhaps it's a project you began some time ago but had to put on the shelf. There will be plenty to occupy your mind this month and you won't be stuck for ways to enjoy yourself.

Taurus (Apr. 21- May 21)

Some of your victories have been hard won. You have good persuasive powers especially around mid month(16th-21st). Don't be too quick to step aside in favour of someone else.

Gemini (May 22-June 21)

If you find the days around 9th - 14th disruptive, examine your attitudes and ask yourself if you are being too rigid. An unwillingness to allow anything to deviate from a prescribed plan will make the influences around this time more difficult for you to handle.

Cancer (June 22-July 22)

The planets settle into position bringing about a month filled with good luck. Be aware though, these are only in influences and trends, you also need to make an effort.

Leo (July 23-Aug 22)

You would be best served to use practical common sense rather than allow your kindness to influence judgements. Someone may try pulling the wool over your eyes - pay attention.

Virgo (Aug 22 - Sept. 23)

This month you will have the time to devote to your health. If you need to sort out a part of you that's been aching then July would be a good time to book any health-related actions.

Libra (Sept. 24 -Oct. 23)

Looking back only at mistakes you feel foolish. Looking back at wiser choices you feel infallible. Looking back on everything, you realise you've been through a lot and still learning. Perhaps now would be the right time to tackle old hurts that you've not been able to resolve in the past.

Scorpio (Oct. 24 - Nov. 22)

Press on with all major plans and leave others to do what comes naturally to them. There are times when your sun sign needs to think and act alone. This month is such a time.

Sagittarius (Nov. 23 -Dec. 21)

Having confidence in your own abilities means that there isn't much at which you will fail. People notice and want to back a winner. Your popularity is high right now and a good deal of positive attention will be coming your way.

Capricorn (Dec 22.- Jan. 20)

In your communications with others, startling new ideas will come up. Watch all around you, new aspects of life will be opened up for you to experience. An interesting month.

Aquarius (Jan 21 - Feb 19)

Sometimes it feels like the gap between who you want to be and who you are is wide. Not this month. You're closing in on it daily, which makes this an exciting time.

Pisces (Feb. 20-Mar. 20)

Material security will be the flavour of the month, organise your money and solve any concerns you may have. This transit is not at all negative, it only points to the fact that it would be a good time for you to deal with your financial affairs.

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Cottingham Civic Hall solar panel installation

“Cottingham Civic Hall received a grant of £20,000 from the Northern Powergrid Foundation to install solar panels and batteries to support our aim to reduce our carbon footprint and manage costs efficiently for the benefit of the Cottingham community. The work is now complete and we are already seeing a 30 to 40 percent reduction in electricity usage costs.

These savings are crucial if we are to maintain the Civic Hall as a community asset and ensure the continuing quality improvements we seek. The Trustees inherited a costly heating and lighting system and has already taken steps to introduce LED lighting where possible. The next step is to attract funding support for a complete overhaul of the heating system. This will be costly but we will be vigilant in finding the support we need.

If you want to know more please get in touch with Pat Tomlinson, a trustee, at pat.tomlinson@cottinghamcivichall.com or come to our AGM which will take place in July.”

Crossword solution from page 14



Sudoku Answer from page 12

6	1	4	8	3	7	9	2	5
7	3	2	9	1	5	4	8	6
8	9	5	6	2	4	7	3	1
9	4	3	1	6	2	5	7	8
1	2	7	4	5	8	6	9	3
5	6	8	3	7	9	1	4	2
2	5	1	7	9	3	8	6	4
3	8	9	5	4	6	2	1	7
4	7	6	2	8	1	3	5	9



Introducing Cottingham Cricket Club – A thriving start to the 2026 Season

The first half of 2026 has been an exciting and very successful period for Cottingham Cricket Club, with growth across both junior and senior sections demonstrating the strength and ambition of the club.

One of the biggest success stories this season has been the continued increase in junior membership. More young people than ever have signed up to pull on a Cottingham club shirt, with strong numbers across all age groups. The club's unwavering commitment to providing a welcoming, enjoyable and inclusive environment has helped in attracting new players and retaining those already involved in the game.

Particularly encouraging to take note, has been the growth of girls cricket. This year Cottingham CC launched a girls-only Dynamos programme which has seen 12 girls aged between 8 and 11 take up the sport. This is helping to restart the club's women and girls section with tremendous success. The programme provides a fun, supportive and welcoming environment for young girls to learn cricket, make new friends and with our coaches, develop their skill. Thus, creating a strong platform for the future growth of the female game at the club.

A key figure inspiring the next generation at the club is Chiara Kariyawasan, who continues to be a fantastic role model for young girls. Chiara's outstanding performance not only at Cottingham CC, has seen her representing Yorkshire at age group level. Demonstrating what can be achieved through hard work, dedication and pure love of the game. Her achievements are inspiring many of the girls now coming through the club's growing junior section.

The Kariyawasan family's contribution doesn't stop there. Her Twin brother, Dash, is also excelling, representing East Yorkshire U15 side and further highlighting the strength of our junior development programme.

The success of the junior section is a testament to the hard work of all our accredited coaches, volunteers and parents who continue to support and give up their free time to grow the next generation of young cricketers. This strong foundation is providing the future for the club and a strong pathway to ensure they carry through onto senior cricket.

The club's player development programme is also being reflected in representative cricket. We have Jack Mills, Will Davey, Luke Mattison and Finlay Best representing E. Yorks U11 Squad. Joseph Todd, Sacha and Joe West recently represented E. Yorks U12 V E. Yorks U13 fixture held at Cottingham. All showcasing the quality of young emerging talent from the club. At the upper end of our groups, we have Ethan Tallis, Patrick Kinsella, Henry Connolly and Patrick Yorke who have all been selected to represent E. Yorkshire U17 side. A truly fantastic achievement for both the players and Cottingham CC.

The senior sides have also enjoyed an excellent start to the

season, with all sides competing strongly. With a number of standout individual performances. Jacob Mathew currently leads the race for the clubs highest score of the season at 110* against North Ferriby. Ryan West made an unforgettable impact on his First XI team debut, producing remarkable bowling figures of 8 wickets for 23 runs. Whilst Abdus Samad has established himself as one of the leagues most effective bowlers, currently topping the division one wicket taking chart with 26 wickets to date.

The clubs ongoing junior development has also been evident at senior level too. 15-year-old Seb Ewens produced a personal best bowling performance of 5 wickets for 10 runs, underlining the exciting talent we have emerging through the ranks. Cottingham CC senior teams' commitment to continue to provide invaluable opportunities for our home-grown juniors to transition into senior cricket, offers a challenging but rewarding learning environment where young players can develop their skills alongside experienced teammates.

As the season moves into the second half, there is still plenty to look forward to. With our junior sections continuing to grow, girls cricket flourishing, increasing representation at county and regional levels, senior sides performing strongly, Cottingham CC is well placed for a successful and exciting future.

To date, our First XI are in the mix for promotion. The points are close at the top. As of writing, Cottingham CC first XI are third with only 7 points separating the top 3. The Sunday XI are unbeaten at the top of their league. For both teams, every game is pivotal in the race for promotion.

Meanwhile, training continues with the girls dynamos and seniors every Tuesday evening (6pm) and the juniors every Friday evening (6pm). So why not come down and see for yourself the amazing facilities and coaches the club has to offer. And why not come along to watch one of our games. We have a tearoom selling hot and cold drinks, beverages and refreshments. There are senior games every Saturday and the Sunday XI is at home every other week.

Finally, the progress the club has made reflects the club's community spirit, dedication and passion for cricket. We would like to thank our sponsors (local businesses, companies and individuals) for your continued support, our long list of volunteers that work hard and give up their time to support the next generation of cricketers and our membership (the young to the old) that show true commitment and support for the club. With all of you together, Cottingham CC will continue to go from strength to strength and remain one of the regions most vibrant and welcoming clubs.

If you would like to know more about Cottingham Cricket Club, please E-mail us at cottinghamcc@hotmail.com or call Matt Aked on 07986329441



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