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NEWS FROM THE MAGNOLIA HOUSE CARE HOME

Remembering the Bee Lady at 100



A word from our chairman

Grab your sun hats — it's summer at Magnolia House! We've already had a few beautiful days to get out and enjoy the garden. Hopefully there'll be more of this to come in the next few months.

This month, we'd like to take a moment to celebrate the life of our own Magnolia House celebrity, Jean 'Bee Lady' Bishop.

Jean would have turned 100 on earlier this month, and so the team celebrated in her honour.

She was a marvellous woman, who raised almost £125,000 for charity over 30 years. She is greatly missed by us all.

Chris Mitchell – Chairman, Park Lane Healthcare





The streets of Hull were always buzzing when Jean Bishop was around. She was a familiar sight in her huge bee costume, shaking her Age UK tin to raise money for charity.

In 2013, she was given a Pride of Britain award, after being surprised by comedian David Walliams, dressed in full bee attire – although we can safely say, Jean was undoubtedly the queen!

She moved into Magnolia House in late 2019 and wore her famous outfit for the final time at that year's Christmas party, much to everyone's delight.

Jean loved spending time in our beautiful garden, and enjoyed nothing more than sitting and chatting with the other ladies and gents.

Magnolia House attends the bowls competitions organised by East Riding Council, and Jean would buzz from group to group, tin in hand.

Although she passed away peacefully in 2021, when her 100th birthday came around we couldn't let it go by without a celebration.

We celebrated by having a cake made in her memory and invited her family to join us, because we thought she would have loved to have had a slice and a cuppa enjoying the garden views.



Hull FC marked the occasion with a special rugby shirt commissioned to raise funds for charity, adorned with 100 bees drawn by local school children. The city's Queen Victoria Square was also lit up amber in her honour.

Jean Bishop was one of a kind, and whilst we all miss her we will try to live by her example. Be kind, be generous, be more Bee Lady.

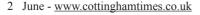


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Editor: Keith Teale

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Tel: 01482 840035 :: Mobile 07563 885388

Editorial and Contributions

Tel: 01482 840035

Accounts: Tel: 01482 840035

Website: www.cottinghamtimes.co.uk

E-mail: media@cottinghamtimes.co.uk

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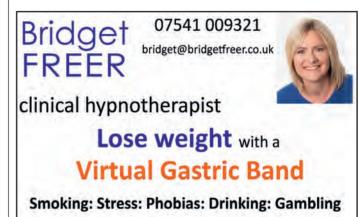
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After all the effort and cost of selecting and fitting your new units and appliances its only natural to want to keep them sparkling and pristine and the one guaranteed way in our hard water county is to find the correct water softener for the property and get it installed as soon as possible.

Immediately after it is installed, a professionally specified and installed unit will protect plumbing, showers and appliances and keep eveything at peak efficiency and performance year after year.

Amazingly the softener doesn't stop there, it will also undo the previous years of scale build up in existing plumbing and appliances and over a period of 12 months or so it will gently dissolve away the limescale.



Cleaning and care for kitchen and bathroom is transformed with a softener; no need for harsh chemicals or scrubbing and elbow grease; a rinse and wipe down is all that is needed.

How will I find room for a water softener, they are huge aren't they?

Well, yes they used to be and indeed some of the older styles and more basic "builder grade" softeners still available are on the bulky side, however the good news is that there are now compact, non electric "consumer range" softeners that are the size of a tower computer, superbly efficient and stylishly designed to blend in.

Will we need plug sockets and a degree in computers to operate it?

In a word, no. The modern softeners no longer need electric power, they are kinetically powered by water flow and are pre set by our skilled installer to give perfectly soft water all of the time, no dials to set or flashing lights to look out for, its all perfectly simple, perfectly soft.



I don't want to be moving big heavy bags of salt around, has this been improved?

Yes indeed it has, I'm pleased to say, compressed 4kg Salt blocks are now available for certain units, which makes storing and replenishing salt much easier and salt can be delivered direct to your door or picked up from our Hull store as required. All the above benefits of a

softener will not be at the top of most long term softener owners list of reasons they would not be without theirs, they almost all say it is the luxury of bathing, showering and washing in the superbly soft water, not to mention the super soft fluffy towels that are the product of softened water laundry.

For more friendly, unbiased advice and information, just call **Dave Parry** at:



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4 June - www.cottinghamtimes.co.uk



In Cottingham and District

The deadline for entries in the June "What's On" section, is no later than the 17th June 2022.

Hull Alpha Probus

Club for retired or semi-retired professional people meeting on alternate Thursdays - new members welcome. Contact the Secretary on 01482 348270 or 07542 959314.

2nd June at 12:00 Coffee – Special Jubilee meeting upstairs at Kristoff's.

16th June at 12:30 Lunch & Speaker meeting at The Blue Bell. 30th June at 10:30 Coffee & conversation meeting upstairs at Kristoff's.

St. Mary's Church, Cottingham

Thursday 2nd June - Service of Thanksgiving for HM the Queen, at 10.30. Parish and East Riding Councillors have been invited.

Skidby Village Hall

Saturday 4th June 11am-2pm & Sunday 5th June 11.30am-2pm. - "A Strawberry Tea for the Jubilee" event. Join us at Skidby Village Hall to celebrate the Queen's Platinum Jubilee year with a traditional strawberry tea on. See www.skidbyvillagehall.com for more details.

St. Mary's Church, Cottingham

Sunday 5th June, 2-4pm, - Jubilee Fete, at St Mary's, followed by Hymns and Pimms at 4.30pm. Please note that the Fete is not a fundraising event, it is a free event open to all. Attractions include: traditional games, live music from the Hull NHS Choir and others, create your own crown, teddy zipwire from the church tower, free cream teas (sponsored by the Co-op).

Cottingham u3a

Thursday 9th June - at 2 pm in the Darby & Joan Hall. Angela Beaumont will give a talk entitled 'The Wheels off the Bus', which will be followed by the usual tea/coffee and biscuits. As numbers are limited, members must register to attend the meeting by contacting Lesley Tempest (Secretary) - telephone 847359. For further information or queries visit www.u3asites.org.uk/cottingham.

The Skidby Branch of Yorkshire Countrywomen

Thursday 9th June - in the Skidby village hall at 7.30 pm. The guest speaker will be Elizabeth Shedley a Weaver & Spinner. Look forward to seeing Friends old and new all very welcome. Further information contact 841370.

Cottingham Catholic Women's League

Monday 13th June - at 7 30pm in the Garden room at Holy Cross RC church Carrington Ave. John Scotney - Hull Civic Society.

Hull and East Riding Glaucoma Group

Wednesday 15th June - 2pm - 4pm at Sight Support (formerly HERIB) on Beverley Road, Hull. when we will be pleased to welcome our patron Mr Burnett as our guest speaker. Mr Burnett is the Glaucoma Specialist Consultant at the Hull and East Yorkshire Eye Hospital where his work involves the medical and surgical management of glaucoma.

Front cover: A view down Northgate, Cottingham. Photo: Paul Lakin.



Hull Stamp and Postcard Club

Wednesday 15th June at 1.30pm in the Arlington Hall (Behind St. Mary's Church, Hallgate). "A Taste of Spain." by Edith and Rodney Knight from York. Come along and see some fascinating material. All are welcome.

Website: www.hullphilatelicsociety.org.

Lt Weighton Gardeners Club

Friday, 17 June, 9am - 4.45pm - GARDENERS' Coach Trip to Harlow Carr. £12 Ticket to confirm your seat. Meet opp P.Office Join our club and come on the trip. Bring a picnic or eat at Betty's. (More info from 01482 844461).

East Yorkshire Woodturners.

Tuesday 21st June - 7pm, Skidby Village Hall. (Doors open 6,30pm): Demonstration by Richard Findley – Registered Professional Woodturner. Richard, from Leicester, undertakes work for architects, furniture makers, restorers and the general public from his workshop. Visitors are welcome. (No need to book - £3.50 on the door for guests). For more information, Tel: David Taylor: 01482 876702.

Hull and East Riding New Stitchers

Tuesday 21st June - Show and Tell. In the Darby & Joan Hall, Finkle Street, 7.15 pm to 9.15 pm. Meetings are open to visitors. Membership is £15 per year, meetings £2.50 (visitors £3.00) plus refreshments. Further information from Jean Ellis 01482 845415.

The Arts Society, Hull and East Riding

Tuesday 21st June – An illustrated lecture by Marie Conte-Helm: "Sunken Treasures from the East". At 10.45 a.m. Mercure Grange Park Hotel, Willerby. Non-members welcome. Guests £5.00. For further details please contact Membership Secretary, Maureen Jones, tel. 01482 869886.

East Yorkshire Thoroughbred Car Club

Wednesday 22nd June - 6:00 pm - 9:30 pm. EYTCC Beverley Midsummer Gathering. EYTCC transforms Beverley Saturday Market Place! With vehicles also displayed down the adjacent Toll Gavel, and Butcher Row, up to Wednesday Market Place. A VERY popular event so please book early – min age 20yr. Pre-Booked Members – £5. Non Members – £8. Late entries – £10 (from 2 days before the event).

The East Riding Flower Club

Monday June 27th - for the annual garden visit. If you would like to join us for a guided tour around Burton Agnes Hall gardens, call Val Shipley on 01482 655514 to reserve your place. We will meet in the car park at Burton Agnes Hall at 1.30pm and if the weather is inclement we will have a tour of the hall instead. The cost will be £20 which includes afternoon tea after the tour. You do not need to be a member of the club to join us at this event; all are welcome'.

Darby and Joan Hall, Finkle Street

Sunday 3rd July. Cottingham Day. The hall will be open all day and our regular hirers will be there to talk to you about the clubs and activities that go on in the hall. Come along, meet the hirers and Trustees, see the halls and have a cup of tea or coffee with us. For more information, look on our website.

The Arterian Singers

Rehearse on a Tuesday evening at Cottingham Methodist Church, Hallgate, Cottingham at 7.30pm. If you would like to come and sing with us you would be very welcome. Contact Maureen Holwell 845363.

Continued on page six

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6 June- www.cottinghamtimes.co.uk

Continued from page five

Musical Memories

Come and join us to sing favourite songs from the past. Everyone is welcome. If you can play an instrument bring it along (piano available). We meet every 1st and 3rd Thursday of the month, from 13.45pm until 15.15pm in the Methodist Church Hall, Hallgate, Cottingham. We ask for £2 to cover costs of refreshments.

Cottingham & Hull Folk Dance Club

Tuesday 7pm-9-30pm at the Darby and Joan Hall Finkle St., Cottingham. No experience necessary come on your own or bring a friend for light exercise in a friendly environment everyone one welcome. For further information please contact Jan Gray on 01482840637 or Keith Alexander on 01482 509751.

Cottingham Tennis Club (off Hull Road)

A friendly club looking for new members at all levels including absolute beginners. We have excellent facilities including three floodlit, all-weather artificial grass courts. Lots of opportunities for social and competitive tennis and a dedicated coaching team. Contact Matthew Fletcher on 07814 495931 for more information and to arrange to visit the club.

Christ Church Cottingham

Coffee Mornings 9am-1pm Monday to Thursday, full cafe menu and all proceeds for the Ukraine Aid Effort. 31a Endyke Lane HU164QD. www.cccottingham.org.uk for more detail.

Christ Church Cottingham Play Cafe

Family cafe environment with play area and reduced cost cafe menu. Every Thursday 9am-1pm, all welcome. All proceeds to support the Ukraine Aid Effort.

Ever Popular Winter Let Chalets in Bridlington and Hornsea will go on sale on Wednesday, 8 June

ast Riding of Yorkshire Council's Coastal Services team has announced the launch of Winter Lets for chalets in Bridlington and Hornsea, which will take place on Wednesday, 8 June, from 8:30am.

The much sought-after Winter lets will run from Saturday, 1 October, 2022 until Friday, 17 March, 2023 and will be priced as follows:

North Marine Drive and Princess Mary Promenade Chalets: £450

Seabird Chalets and Southcliffe Chalets & Pods: £500

Belvedere Chalets: £280 Hornsea Chalets: £290.

Reservations will be available online from 08.30 on Wednesday, 8 June, at https://eastridingcoastandcountryside.campmanager.com/26483/Check-Availability/

Kirsty Salisbury, general manager, coastal, said: "It is highly advisable to book online, as last season the winter lets sold out almost instantly.

"However, if you are unable to book online, you can call our office on 01262 678255. Chalets booked via this method will be subject to availability and due to the anticipated high demand, will only be booked in real-time.

"We will not be able to accept or respond to answerphone or email messages. We will also not be accepting in -person bookings on this date, so please do not queue outside our office."



Hull CHA Rambling Club

We are a friendly walking club established in 1911 whose members enjoy walking on the Yorkshire Wolds, Howardian Hills, North Yorkshire Moors, Yorkshire Coast, occasionally into Lincolnshire and the Yorkshire Dales, and we walk throughout the year.

Travel by coach to the starting point. Fare £12

We pick up at Bilton, Holderness Road, Hull City Centre, Beverley Road, Greenwood Avenue and The Green, Cottingham.

We have two walks planned for June.

12th June 2022 Pateley Bridge circulars via Brimham Rocks

(Yorkshire Dales)

28th June 2022 Buckton/Speeton to Cayton Bay (Coastal Walk).

Places must be booked in advance.

For further information and to book a place on the coach please contact Joint Secretaries, Sue O'Leary on sue@sueoleary.co.uk or telephone 07767 420646 or Pauline Borger on pauline.borger223@btinternet.com or telephone 07929 933323.

Check out our website http://hullcha-rambling.wix.com/hull-charambling. Like us on Facebook: The Hull CHA Rambling Club

NEW WALKERS WILL ALWAYS BE WELCOME.

Phoenix Walkers 2022

Phoenix Walkers are a friendly adult walking group who walk coast and country from February to December.

(

Coach walks for June and July are:-

June 5th Hathersage

June 19th Hole of Horcum

July 3rd Eyam

July 17th Grassington

July 31st Goathland

All walks are risk assessed by our leaders and are 7-10 miles and 5-7 miles

For further information please contact, Sid and Sue 01482 701325; email:-phoenixwalkingclub@outlook.com.





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Castle Hill Hospital now completely powered by its own solar energy

t took just five months to install, but now a local hospital trust's investment in solar technology is paying dividends.

Hull University Teaching Hospitals NHS Trust began installing solar panels on land adjacent to the Castle Hill Hospital site in Cottingham in September 2021

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The project, which quickly became known as the 'Field of Dreams', saw 11,000 panels installed at a cost of £4.2m in order that the Trust could begin to lower its carbon footprint and generate its own electricity.

Work was completed in February 2022, and now that the clocks have sprung forward, the arrival of longer days means the panels are now generating enough electricity to meet the complete daytime power needs of the entire Castle Hill site.

Alex Best, Head of Capital for the Trust says:

"Back in November 2020 we were lucky enough to receive a grant from the Department for Business Energy and Industrial Strategy as part of its Public Sector Decarbonisation Scheme to enable us to embark on this ambitious solar panel installation project.

Continued on page 11





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GETTING PAID WHAT YOU ARE OWE

Cathy Giblin, Debt Collection Specialist at Graham & Rosen Solicitors, looks at the legal options open to you when someone owes you money.

If you run a business, you will be aware of the need to be paid fully and promptly for your work. Many businesses are owed money, and this can have serious consequences on their cash flow. If a service or goods have been provided, then you can rightly expect to be paid for it. Individuals who are owed money can also go through stress due to the financial hardships it can cause them.

As with all debt problems, it is better for the creditor and debtor to have a good channel of communication to try and resolve the problem amicably. However, debtors often need to be approached in a formal way before they will respond, and that is where Graham & Rosen can step in to help. Since 2017, the Debt Collection Protocol has been in force. This Protocol applies to any business, including sole traders and public bodies, claiming debt from an individual (including a sole trader). Any business that is owed money from an individual is required to send a formal Letter of Claim. The debtor must provide certain information within 30 days of receiving the letter. If they return this information within 30 days, they have a further 30 days to discuss the debt (for example they may wish to discuss a payment plan) before Court proceedings are issued. If the debtor does not respond at all within the 30 days, then the creditor would have the right to issue Court proceedings without further notice. Please note that the Debt Collection Protocol does not apply in respect of business-to-business debts; a normal non-protocol "7 day letter" can be sent chasing payment.

Graham & Rosen can help you with all types of debt collection cases including cases where the Debt Collection Protocol applies and business-to-business debt collections. We can take Court action against the debtor and arrange enforcement of Court judgments including bankruptcy and winding up orders.

If you are a business or an individual trying to recover a debt and would like some more information, please contact Cathy Giblin at Graham & Rosen on 01482 314241 or email lcg@graham-rosen.co.uk. Appointments are available at 2-4 George Street, Cottingham, HU16 5QU.





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Haltemprice Lions tree plantation project at Cottingham High School

altemprice Lions have sprung back into action after the protracted period of relative inactivity due to the COVID related lock-down. They have been seriously damaged by the loss of some of their very devoted workers during the Pandemic

The determined members have kept the club activities going somehow, serving the community with online meetings and events in the most creative manner. They offered information sharing event on-line through Zoom meetings with the general public on topics such as relevant advances in the care of Cystic Fibrosis, Dementia, Covid infection and fundraising for the care of teenagers affected by cancer at Castle Hill hospital.

They have opened up, as the threats of serious illness from

COVID infection are diminishing.

They are engaged in a number of projects at present to engage with the Local community and doing things for them, both at personal and at community level.

Climate change related activity of tree plantation has been in progress. The Club has donated 150 tree saplings to Cottingham High School to be planted on the school grounds. The school pupils will participate in planting the saplings, whereby, they will achieve a sense of accomplishment! They will be aware of the benefits from trees in prevention of Climate change, and will learn about volunteering for the benefit of the Community and tackling protection of natural resources. It is hoped this investment will have a long-lasting effect on the climate and the community for generations.

We serve the community by our voluntary work. Should you have a desire to participate in such activities please contact sam-mag112@yahoo.co.uk.







September:

Rod Stewart Tribute & Disco – Friday 23rd

October

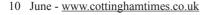
Tina Turner / Cher Tribute & Disco - Friday 21st

November:

Bublé at Christmas - Friday 25th

South Cave Christmas Lights and Market - Saturday 26th

W: www.cavecastlehotel.com T: 01430 422245 E: info@cavecastlehotel.com Cave Castle Hotel & Country Club, Church Hill, South Cave HU15 2EU





Continued from page eight

"Our aim has always been to generate enough electricity to make the hospital site self-sufficient in the summer months when the days are longer, and now that the clocks have gone forward, the panels are generating around 26MWh per day* so far in May, and are anticipated to rise to a peak summer load of 50 MWh per day**.

"Not only does this represent a significant contribution

towards our plan to become carbon neutral by 2030, but the project is also saving us a significant amount of money on hospital energy bills; approximately £250,000 to £300,000 every month.

Marc Beaumont, Head of Sustainability for the Trust says:

"Castle Hill Hospital specialist regional centre for cardiology, oncology haematology for example, and it boasts one of just a handful of specialist infectious diseases units around the country. When you consider the size of the Castle Hill Hospital site and the amount of activity that goes on here, that's a huge amount of power that's required to keep it running.

"Now if you stop to consider what the solar panel project is actually contributing, it's incredible to think that the power used to deliver patients' radiotherapy treatment sessions, to support many life-saving surgical procedures, and to keep our intensive care unit running right now is all completely self-generated, green electricity."

Alex adds:

"The team which has worked on the solar field has done a fantastic job and we're really pleased to be leading the way in this respect. We hope our patients and visitors will also see the value in what we're doing for them, and for generations to come."





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- Holidays & trips: to help you enjoy your retirement
- Home improvements: to enhance or adapt your home making it possible for you to stay there for the longer term
- Pay off outstanding mortgage/debt: to relieve the pressure of monthly outgoings.

To find out if equity release can help you, please contact us to arrange an initial, no obligation discussion. You should think carefully before securing debts against your home.



☑ enquiries@interalphafp.co.uk





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12 June - <u>www.cottinghamtimes.co.uk</u>

Wordsearch - Homophones

Can you find the hidden words. They may be horizontal, vertical, diagonal, forwards or backwards.



Find the words in the letters above:

Airless, Heirless, Allowed, Aloud, Bald, Bawled, Berries, Buries, Click, Clique, Cued, Queued, Farrow, Pharaoh, Fisher, Fissure, Frays, Phrase, Gilled, Guild, Graft, Graphed, Handmade, Handmaid, Invade, Inveighed, Jewel, Joule, Kneading, Needing, Marquee, Marquis, Mustard, Mustered, Overdo, Overdue, Paced, Paste, Praise, Prays, Reek, Wreak, Root, Route, Rough, Ruff, Scene, Seen, Suite, Sweet, Throne, Thrown, Waist, Waste.

Wordsearch courtesy of http://www.puzzles.ca/wordsearch.html

Sudoku No. 179

This is an easy challenge this month - Answer on page 29

					2	4		
		7	3					9
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	7	3	9			6		
			1					8
		2		8				4
		4						6
9	8						5	7
3					9	2		



MARIONOWENTRAVEL



Today I write from Croatia and it would be amiss of me not to mention this beautiful country. Anyone who enjoys a holiday steeped in history, culture and normally travels further afield you need to pay a visit.

We enjoyed a coastal cruise exploring Cities, Islands and a National Park. Swimming in turquoise sea, plenty of sunshine along with good food & company. We found the Croatians vibrant and forward thinking. Having dropped all covid restrictions in Croatia, life is back to normal, it is going to be the place to go this summer.

A coastal cruise is similar to a River cruise. We have fabulous discounts which I am sure will finish soon as the word gets out. Of course if you do not wish to travel on the water we have land tours to offer you along with simple package holidays allowing you to fly, flob and re charge your batteries. Call for details.

The highlight of June must be the Queens Platinum Jubilee. It was fantastic seeing her on the TV opening the new Elizabeth Line in London. To celebrate the occasion many tour operators and cruise lines are offering special savings for example...

FRED OLSEN are offering a FREE DRINKS package plus £70 on board spending money on a number of sailings this summer including 19th August Landmarks of Northern Europe visiting a collection of fascinating ports. Must book by 7th June to enjoy these extras!

Japan is due to open up this month, why not join me on our special small group tour by rail this autumn? It is the safest country I have ever visited the Japanese are a very gentle race and you do not have to guard your personal belongings as in most places. The country and its people are very proud. This tour is a great opportunity to explore the full length of the country.

Is the Orient Express on your bucket list? Yes thenconsider our special departure on 17th April 2023 flying from Humberside via Amsterdam to Venice where you will spend 3 nights with breakfast at the lovely Carlton Hotel right on the Grand Canal before returning home via Paris on the iconic Orient Express £3999 per person based on 2 sharing. Call for further details.

2023/24 We are able to book many holidays and cruises. Book now & have something nice to look forward to. As part of our service, when we **book you** on a holiday we will keep you informed of what is required for entry to the countries you are due to visit. We ask everyone to remain patient as the travel industry is being re built. We do monitor the situation on your behalf as our client. Please do not call if you have booked elsewhere as we are busy looking after our own clients 24/7.

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18 Aug	Boundary Mills just for the day bargain shopping	£	20
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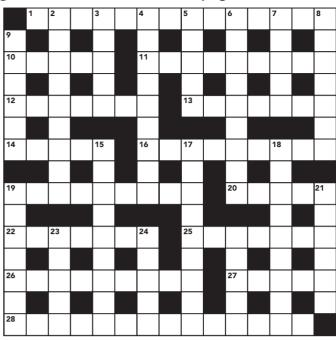


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14 June - <u>www.cottinghamtimes.co.uk</u>

Crossword - Solution on page 29



Across:

- 1. In an awkward manner (14)
- 10. A monetary unit of Oman (5)
- 11. Religious (9)
- 12. Japanese flower arrangement (7)
- 13. Hunting guide (7)
- 14. Nerds (5)
- 16. Enumerating (9)
- 19. People who design and create period clothes (9)
- 20. Vapors (5)
- 22. Supply of weapons (7)
- 25. Squanderer (7)
- 27. Wish harm upon (9)
- 28. Raves (5)
- 29. Slides used with overhead projectors (14)

Down:

- 2. Silent (9)
- 3. City in Nebraska (5)
- 4. Imagine (9)
- 5. At the ends of fingers (5)
- 6. Evoking (9)
- 7. Genus of hemlock spruce (5)
- 8. Sharp high-pitched dog cries (7)
- 9. Fading (6)
- 15. Wastes (9)
- 17. Not here (9)
- 18. Coverage (9)
- 19. Horse-drawn carriage (7)
- 21. Cause a liquid to spatter (6)
- 23. Reddish brown (5)
- 24. Type of vine (5)
- 26. Anagram of "Acres" (5)

Crossword courtesy of www.crosswordpalace.com Support the advertisers who appear within the Cottingham Times



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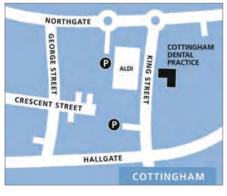






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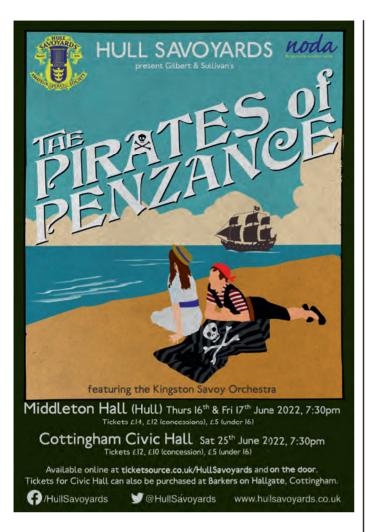
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16 June - www.cottinghamtimes.co.uk

Cottingham's train services as from 15th May

Hull - Bridlington - Scarborough

Trains to Beverley, Bridlington and Scarborough leave Cottingham at (mostly) 28 minutes past each hour (these are trains that come from Sheffield and Doncaster). (Trains back from Scarborough leave there at – mostly – 2 minutes past each hour. The journey to Cottingham takes about 70 minutes.)

In between the hourly Scarborough trains there is a Bridlington train every hour, leaving Cottingham at (mostly) 8 minutes each hour, so you have two trains per hour from Cottingham to Beverley and Bridlington during most of the day.

In the Hull direction, trains leave Cottingham at (mostly) 12 minutes past each hour (these are the trains that go through to Doncaster and Sheffield, providing connections to many other places), and also at (mostly) 36 minutes past each hour (most of these are trains that start back at Bridlington and continue through to Selby and York).

Hull – York. Hourly during most of the day as before. As noted above, most trains between Hull and York originate or terminate at Bridlington, thus giving journeys between Cottingham and York without a change of train at Hull. The last train to York leaves Cottingham at 21.34 and Hull at 21.48. The last one from York to Hull is at 22.47, arriving at Hull at 00.04 (no connection to Cottingham).

Details of all these services, with printable timetable leaflets, can be found on Northern's website, at https://www.northernrailway.co.uk/.

Hull Trains - direct services from Cottingham to London. The Hull Trains services from Beverley and Cottingham continue as before, leaving Cottingham 06.11 (arriving at London King's Cross at 09.14) and 07.59 (arriving at King's Cross 11.08). On the return journey the Hull Trains services at 15.48 and 18.48 from King's Cross operate through to Cottingham (arriving at 18.36 and 21.44 respectively). The last Hull Trains service from King's Cross, the 20.30, arrives at Hull at 22.59, in time for the 23.16 from Hull to Cottingham.

LNER Hull to London service – connections from Cottingham. The 06.30 train from Cottingham to Hull arrives in Hull at 06.38, in time for LNER's 06.58 service from Hull to London King's Cross. LNER's return service at 17.18 from London arrives at Hull at 20.05, giving a connection with the 20.22 from Hull arriving at Cottingham at 20.29. Don't forget that there is an hourly train from Cottingham that goes through to Doncaster (see above) providing connections to other LNER London services.

Please note: all timings given here are for Mondays to Saturdays (Mondays to Fridays for Hull Trains). For up-to-the-minute information and other journeys (e.g. TransPennine from Hull to Leeds and Manchester) see the train operators' websites.

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I all Savoyards are accompanied by the Kingston Savoy Orchestra in Gilbert and Sullivan's timeless classic comic opera in two acts.

Featuring an hilarious farce of sentimental pirates, bumbling policemen, dim-witted young lovers and an eccentric Major-General. Fun for all the family!

Middleton Hall, Hull Thursday 16th and Friday 17th June 2022 at 7.30pm. Tickets £14.00, £12.00 concessions and £5,00 under 16.

Cottingham Civic Hall Saturday 25th June 2022 at 7.30pm. Tickets £12.00, £10,00 concessions and £5.00 under 16.

Tickets available online at ticketsource.co.uk/HullSavoyards or on the door (subject to availability). Tickets for Cottingham Civic Hall can also be purchased at Barkers on Hallgate, Cottingham.

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FOOD & DRINK

FOOD & DRINK

ONTHE GRAPEVINE

WITH ROY WOODCOCK

Only wines from the Champagne region of France can legally be called Champagne

Thile sparkling wines are now made worldwide, only wines from the Champagne region of France can legally be called Champagne.

French vintners have been jealously defending their proprietary right to the name "Champagne" for over a hundred years. The exclusive use to the name was included in a clause in the Treaty of Madrid (1891), the Treaty of Versailles (1919), and—most recently—has been enforced by order of the European Union.

Wines can sparkle, fizz, bubble, and pop, but unless they're made in Champagne, they're not Champagne. Today, worldwide, we positively guzzle sparkling wine. Consumption is up 40 per cent in the past 10 years (as opposed to seven per cent in still, non-bubbly, wines).

The universal popularity of Champagne and its fizzy relatives owes a lot to widows. The renowned champagne Veuve Cliquot, for example—veuve is French for widow—is named after Barbe-Nicole Cliquot. Widowed in 1805 at the age of 27, Madame Cliquot took control of her husband's winery and turned it into an international business, inventing and popularising pink Champagne, and devising the technique of "riddling," which effectively removed sediment from Champagne bottles.

Equally influential was Louise Pommery, who assumed leadership of her husband's winery in 1860 and created the first vintage brut in the history of Champagne. Today this revolutionary dry style is now the standard in Champagne and rapidly replaced the earlier, sweeter, dessert-type varieties in the international marketplace. So canny and clever were these widows that dozens of Champagne wineries scrambled to name their vintages "Veuve."

Another race amongst the Champagne houses has been taking place in recent years - namely to be the first to launch its own English fizz. Claiming victory is that very same Louis Pommery. There are other producers in the wings (with Taittinger planting vines with the intention to release wine by 2023) but this is the first one to market.

Pommery first started producing English sparkling wine in 2014 in collaboration with local Hampshire wine makers and was the first wine to be sold by a Champagne group under the Louis Pommery England brand, and continues to do so.

In 2017 the first vines were planted at the Pommery-owned vineyard Pinglestone estate near Alresford, and now, the resulting fizz has been brought to market - ideal, surely, to be raising a toast to Her Majesty in this, her Platinum Jubilee year.

Their winemaker, Clément Pierlot, has applied the same traditional method he uses in Champagne using a classic blend of Chardonnay/Pinot Noir and Meunier – but this time in Hampshire. And although it's pricey (currently £35.99 with Ocado and Majestic) this is a lovely sparkler - It's crisp and concentrated, with notes of waxy lemon, Granny Smith, freshly baked bread and honeycomb. Fresher than most non vintage Champagne, it delivers long and vital fizz.

* Now then, this sounds like a great idea - a walk in beautiful countryside where you can also partake in a glass or two of wine while raising money for that very good cause that is Dove House Hospice in Hull, who are once again organising their popular "Wine Dash".

It explores the Yorkshire Wolds with a walk through the picturesque Little Wold Vineyard, tasting wines from different regions along the route.

Wine Dash is a 5k route through the South Cave vineyard, up and down part of the Wolds Way countryside with the views only interrupted by the wine stations. At each station participants will visit a different wine region and taste wine from across the world, courtesy of House of Townend – it's a great chance to get friends and family together for a walk with a difference.

Set to take place on Sunday June 12 you can choose a start time of 11am, 12pm or 1pm for the 5K. An alternative 15 mile walk sets off earlier in the morning. The cost to take part is £30 per person, if you plan to enjoy the wine, or £15 for those wanting non-alcoholic refreshment.

A Dove House spokesperson told me: "Wine Dash is my favourite event, the view from the vineyard is phenomenal and, touch wood, we have always had beautiful weather. Everyone returns to the vineyard from their walk so happy, it's such a good atmosphere! It is a great day out whether you are a walker, runner or just there for the wine. And during all of this you are raising money for Dove House Hospice and ensuring that the care provided can continue."

To sign up visit: www.dovehouse.org.uk/winedash

18 June - www.cottinghamtimes.co.uk

* The UK's largest wine brand, Hardys, is this month launching three new varieties in aluminium cans to tap into the on-the-go market. There will be a rosé, Chardonnay and Shiraz (RRP £2.25 for 250ml). Lindsay Holas, brand manager at Accolade Wines, expects the flexible and convenient format will appeal to younger shoppers, opening up whole host of drinking occasions and audiences for an on-the-go format.

"Offering a convenient and easily recycled option, we're expecting the cans to be a hit at festivals in the next few months, whilst also performing well in retail, with their compact size making them perfect for picnics and outdoor summer occasions," she said.

"Hardys cans uphold the same taste and quality as our standard full sized formats and following on from our new TV advert and marketing campaign, we're sure they will be a hit with consumers this summer and beyond."

There's been a 46 per cent growth of light canned wine consumption since 2020, which is now worth around £11.4m a year. The aluminium cans are fully recyclable.

3

BEST BUYS

BDX NON

BDX Revolution Cabernet Franc Rosé

Where: Co-op When: Now

Why: Made by David Hohnen, who founded Cloudy Bay back in 1985, this is old world fruit meeting new world talent. A glorious quartz pink hue with a palate of cherries and a hint of black berries on the beautifully dry finish.

£8.50



Irresistible Solo Rose

Where: Co-op When: Now Why: My second rose choice to enjoy in this month's sun! It's the only premium own-label rosé offering currently in the range - a beautiful pale-dry Spanish Rosé handharvested from bush vine

£7.25

Garnacha.



Finca Flichman Reserva

Malbec
Where: Waitrose
When: Now, until June 14
Why: Deep violet colour with
aromas of cherries and tobacco
leaves with a concentrated
fruity flavour typical of a classic
Malbec from Argentina. An
ideal accompaniment to pasta
with spicy tomato sauce, beef
stew and creamy cheeses like

£7.99 (was £10.99)

Camembert.



Oyster Bay Sauvignon Blanc

Where: Co-op
When: Now, until June 7
Why: You can see where I've
been shopping this month! One
of the icons of New Zealand's
Marlborough region - intense
aromas of gooseberry and lime
lead to a thirst-quenching palate.
A super wine (particularly at this
offer price)!

£7.50 (was £10)









Melanie Watson of Skidby Livery Stables with the latest of her monthly articles www.instinctivehorsetraining.co.uk



Exploring uncomfortable truths

ve been mulling over a recent experience of being harassed on line. The person involved tried very hard to put me down, blasting me with their immovable opinions, over and over again. The thing which worried me the most, was the inflexibility of his views. His hard held beliefs would not allow any sway into exploring any other possibilities. He believes that horses are there for us to use! End of! I guess its in the same way as when we see a pheasant while out in the countryside. That pheasant is only there because it has been bred to be shot for fun. No shooting sport, no pheasant to enjoy seeing in the wild. He is quite right in may ways. Racehorses would be slaughtered in their 1000's if we banned racing- however no one said a word about banning the sport. The whole conversation was about banning the use of the whip in racing. It horrifies me every time I watch a horse race, to see the brutality inflicted on that animal just so that someone can earn or win money. Business before welfare. The outcome of the win and finishing places before welfare. I don't care what anyone says- it is legal abuse.

The Government has just granted animal sentiency in law. This is a huge win for all those people who love and respect animals, however its policing is in question. Sentiency should now eliminate all live transport of animals for meat or rearing abroad for meat. It



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should mean that all our farmed animals should be slaughtered as close to the rearing farm as possible :- all to mitigate unnecessary stress. Please let this come to fruition.

Social licence to operate in horse sports is a big deal. It is in the headlines all the time, when it comes to our use of horses for sport. People are becoming uncomfortable when faced with obvious abuse to horses in order to gain that all important win. Riders are eliminated for excessive use of whip or spur when on the Dressage, Show jumping and Eventing competition field. Stewards are now watching behind the scenes at these International and National competitions too. The French have taken heed of the outcome for the previous Olympic horror that was the abuse of Saint Boy in the Modern Pentathlon. They have put in place enormous and allencompassing strictures for all of the horse competition sections in their upcoming Olympic Games. Well done to them! They know that the eyes of the world are on them.

The fallout for the International Pentathlon Committee was vast and uncompromising. They have been forced to listen after their shameful attitude and are removing the use of the horse after the 2023 Paris Olympics which will be in place for the Los Angeles Games in 2028

Who exactly decides what is classed as appropriate use of a whip on an animal?

There is a vast sector of grass roots (unaffiliated) level horse competitions across the UK, all year around. The basic whip rule for each competition states that a rider will be penalised or eliminated for deemed excessive or inappropriate use of the whip. Who decides how much punishment each individual horse must suffer so that we can have our fun?

Why are we all so blind as the see the emotional harm done to any sentient animal when it feels the sting of a whip in order to force it to perform in a certain way or as a punishment for committing some form of "sin" – especially in a situation where it has absolutely no control and is not present by its own choice?

We have much to do in the equestrian world if we are ever going to grant horses the same sentiency which the law now states it is entitled to have.



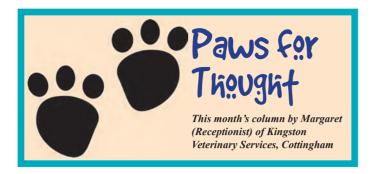
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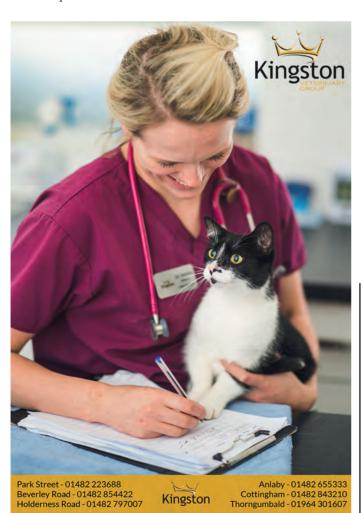
The Gift of Life

s always, my mind does a turn from the article I was going to write to something that is happening at the moment. This one is no exception. My daughter, Natalie, recently attended a blood donor session. I am so proud to say she has been donating for a few years along with my eldest daughter, Kath.

They are following in my fathers footsteps, who actually achieved his gold 50 pints badge, followed by myself but I only have achieved 10 pints so far. Now, what may surprise you is that I can add my previous dog Tammy (see pic) to this scenario. Yes, dogs can actually give blood but they do have to tick a few health boxes, which I shall mention later.

It was whilst working for a previous vets, that a very sick border collie was brought in. He urgently needed a blood transfusion but with no supplies available his fate hung in the balance until. My dog, Tammy was well known in the surgery as she came to work with me everyday so with her onboard and matching all the criteria, we began the process.

She was also a PAT dog (another article in the making) so her training was to stay very still, not jump around and be gentle. I was so proud of her when the vet inserted the needle into her



20 June - www.cottinghamtimes.co.uk



neck. She didn't flinch even when the life saving blood flowed into the collection pouch. Not long after, we had enough to use on the poor patient who was slowly getting weaker by the minute. Now for those of you who have given blood, we enjoy a biscuit and a cup of tea that is waiting for us. A biscuit and a bowl of water was the next best thing for my brave girl. A day or two passed and with a lot of loving patient care, the collie was allowed home.

Miraculously he made a full recovery and Tammy received a wonderful gift from him for saving his life but to me the most special gift was the gift of life. I am proud to say, here at Kingston, we are a donor centre so if you have a dog that matches the criteria below, please give our hospital on Park Street a ring on 843210 or any of our five branches, where we will be happy to help. Criteria to donate.... Fit and healthy ... Between 1 and 8 years old... Weigh more than 25kg ... Have a good temperament... Have never travelled outside of the UK and Ireland... Vaccinated yearly... Not on any medication . Not a lot to ask for The gift of life.

AND FINALLY TALI Blood donor? Sit still? Tali? ... Until the next time



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Market Stalls and Craft Fair

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Climbing Wall

Spider Mountain

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Dog show (Grandads Park, 10.30am - 12 noon) and much more!

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Call 01482 847623 for more information, or visit:

www.cottinghamparishcouncil.org.uk





"The Tooth and Nothing but The Tooth"

by Chris ' Dr. Smile Maker' Branfield

Be careful of the fizz

Hello again, I hope you are well. The sun is out again as I write, and it looks to be good for a bit. It's nice to sit outside with the sun on your skin and enjoy a refreshing cold drink. It's like being on holiday. Like a nice escape.

What's to be careful about?

Well, there is a saying 'that everything is good in moderation'. I'm no prude or kill joy but I just wanted to share a few words that might just help a few people. As well as tooth decay we see quite a bit of tooth erosion. This is when there is tooth surface loss caused by acid. It's usually either acid in the diet or from the stomach e.g., reflux or bulimia. When it happens fast it can cause sensitivity to temperature changes, particularly colds things. It can affect any tooth surface. In America in particular, there has been a big problem in young people.





A lot of it is down to diet or zero sugar fizzy drinks. Carbonated drinks are acid (carbonic acid). When there is no sugar, they tend to add



Would you love straight teeth?



22 June - www.cottinghamtimes.co.uk

Lee did! From this to this amazing smile



"I decided, after 40+ years, to get my teeth straightened. I found the whole process very easy and straightforward and not at all scary.

I had 4 crowded teeth removed and an "invisible" brace fitted. There was no pain during this procedure

I would like to big say thank you to Chris for his expertise but more importantly to his staff who were always kind and professional on the phone and in person.

So finally the results. Well what can I say except "wow!" I'm truly amazed at what Chris has done

If you're considering teeth straightening, no matter what your age, then I would say 100% go for it. See my photo to see the difference. "L Holmes; Beverley.

Call us now on 01482 772562 to start your transformation journey.

Christopher Edward Branfield GDC Reg No 68346.

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citric acid for a flavour boost.

Cola has added phosphoric acid. So, you can see how it can cause quite a problem if you have a lot of it. Some people like the feeling of the fizz on their palate and hold it there bathing the palate side of the upper teeth in acid.

If you brush after an acid attack it speed up the tooth surface loss as the acid softens the surface and brush removes this softened bit of tooth. This will make the teeth sensitive. Rule of thumb is to wait 2 hours before you brush after an acid attack. Best to put toothpaste on the teeth wipe it all round and spit but NOT rinse.

Not only the fizz

I saw a young bloke this week who had a sensitive tooth whilst drinking cider with ice. It's the acid. Beer is the same. However, so is citrus fruit and wine.

Years ago, I saw a teenager with erosion. I questioned her about all the usual stuff as above. Eventually I got to the bottom of it. She was







eating half a jar of pickled onions a day!





A good few years ago now, I was on an advert on the TV for Sensodyne toothpaste. During my 'audition' filming I explained about acid and sensitivity and all the stuff above but also mentioned pickled eggs. They called me pickled egg man. I do like a pickled egg.

Enjoy the sunshine





Until next time. Take care and be good.



Chris Branfield is Principal Dentist at Castle Park Dental Care, Castle Villa, 28 Castle Road, Cottingham, telephone 01482 772550. He has been in dental practice for 27 years and has a special interest in Life Changing, Pain Free Dentistry with Dental Implants, Teeth Straightening and Cosmetic Dentistry. And, not only that Chris is founder member and trustee of Dental Mavericks charity- ending the daily dental pain of Moroccan kids. For more patient success stories and Chris' Humanitarian work go here now www.castleparkdental.co.uk.







Skidby Scarecrow festival to take place on Saturday 2nd and Sunday 3rd July

Preparations are under way for the first Skidby Scarecrow Festival since 2019 – and this year promises to be the best in the event's ten-year history.

The festival will take place on Saturday and Sunday July 2 and 3, with imaginative creations on show throughout the village.

Programmes, which include scarecrow maps and more, will be on sale on the weekend for £1, with all proceeds going to Skidby Village Hall, a registered charity.

Visitors will have the opportunity to vote for their favourite scarecrow, with previous entrants including Iron Man, Harry Potter and the England football team.

Festival committee chairman Stephen Parnaby said: "We have some really imaginative and creative people in Skidby and some fantastic entries already.

"We're looking forward to welcoming visitors to the village on festival weekend to enjoy the scarecrows and all of the other attractions we have in store.

"It promises to be a brilliant weekend for all the family."

Attractions at the festival include a grand raffle, with a first prize of a 43" 4K SMART TV, tombola, village hall refreshments, birds of prey, face painting, children's fancy dress and art competitions, dancing display, craft stalls, ice cream, plant sales and more.

The village pub, The Half Moon, is putting on a street food menu on the Saturday, with roast dinners on the Sunday supported by street food menu for people who would like to eat outside.

Skidby Scarecrow Festival is kindly supported by main sponsors Eon Visual Media, Jordans Cars and Sewell On The Go.

For more information, visit www.skidbyscarecrows.org.uk or join the community at www.facebook.com/groups/skidbyscarecrows.

Hull Amnesty Group concert in aid of Amnesty International on Friday 17 June

Ill Amnesty Group is delighted to announce that it will resume its series of live events in aid of Amnesty International with an evening of music and refreshments at Hymers College on Friday 17 June 2022.

The music will be provided by Live Music Now artists Chameleon, a multi-instrumental woodwind quartet (https://www.chameleonquartet.co.uk/). Cara Houghton (flute, alto flute, piccolo), Sarah Austen (soprano and alto saxophone, clarinet, flute), Jessica Tomlinson (clarinet, bass clarinet, tenor saxophone) and Eleanor Mills (bassoon, baritone saxophone, clarinet) will play a programme including the Overture to Candide by Leonard Bernstein and Jupiter from Gustav Holst's The Planets, as well as music from traditional folk to contemporary classical.

The concert will take place in the Judi Dench Theatre of Hymers College, by kind permission of the Headmaster. The start time is 7.30pm. Tickets, including refreshments, cost £15 (or £10 for under-18s and students with a student card). They may be ordered by email (hullamnestygroup@gmail.com) or telephone (01482 849443).

All proceeds will go to Amnesty International.





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Motoring - with Roy Woodcock



Aygo gets the X factor! Toyota has added the X factor to their small city car and the end result makes the Aygo X both a fun and practical car. Roy Woodcock reports...

ust when you thought the trend, particularly for smaller, what we call city cars, was all-electric, along comes something new that bucks the trend.

The Toyota Aygo X (pronounced Aygo Cross) is a compact five-door, four seater and a replacement for the even smaller Aygo, first introduced in 2005. It's certainly eye-catching, particularly in the range of spicy colours you can choose - Cardamom Green, Chilli Red, Ginger Beige and Juniper Blue.

But what's perhaps more eye-catching, particularly when you're weighing up the choices available to you right now, is the price - certainly against those electric-powered cars.

Prices start from £14,805 on the road, which is way below the cost of a battery-powered Vauxhall Corsa or Fiat 500.

Its chunky, crossover looks, also buy into current trends without having to buy into the Idea of this being some sort of off-roading capable SUV like the Fiat Panda Cross; capabilities which, let's face it, you're never really going to put to the test, even though you've paid more to get them.

What you do get, though, is an increased ride height - the car's ground clearance has been increased by 11mm, giving the driver more presence and assurance on the road, and the seating position has been raised by 55mm, giving the driver a better view of other road users, particularly cyclists and pedestrians.

There are generously-equipped trim levels to choose from called Pure, Edge, Exclusive and Limited Edition and all models are powered by Toyota's highly-acclaimed and award-winning one-litre, three-cylinder petrol engine delivering 71bhp and 93Nm of torque. The Aygo X can be matched to a five-speed manual transmission or CVT automatic gearbox.

It has a top speed of 98mph (94mph on the CVT model), can complete the 0 - 62mph dash in 14.9 seconds and when it comes to running costs, the vehicle can deliver a combined 56.5-58.8mpg with carbon emissions of 109-110g/km on manual models and 56.5mpg with CO2 emissions of 113-114g/km on CVT versions.

There's no denying the Aygo X is a looker and options include a bi-tone black paint job and customers can also specify a pagoda-style open-top canvas roof costing £895.

It features flared wheel arches, a shorter front overhang compared to the old Aygo, plus larger 17 or 18-inch wheels. Entry-level cars have halogen projector headlights while the top models gain LED lights and daytime running lights. There are black wheel arch mouldings, pop-out rear windows and rear privacy glass.

Moving inside, the cabin is fresh, bright and cheery with a choice of fabric, synthetic leather or part leather upholstery.

24 June - www.cottinghamtimes.co.uk

There is a three-spoke leather-trimmed steering wheel and gear level, plus climate control with pollen filters. An 'X' symbol is discreetly stitched into the seat upholstery on higher trim levels, along with the 'Aygo X' model name subtly featured in the LED headlamps.

On-board creature comforts are generous with Toyota's latest multi-media system offering cloud-based navigation – that means the car is always connected on the move with fully automatic over-the-air software updates.

Wireless smartphone connectivity is offered via Apple CarPlay and Android Auto with a charging tray on Exclusive and Limited Edition models. Also, dependant on the trim, there is a four-speaker audio with DAB or five-speaker JBL premium sound system.

The touchscreen ranges from seven, eight or nine-inches in size, but all versions have Bluetooth and USB connection, along with audio controls on the steering wheel. Range-topping models gain Toyota Smart Connect. This not only adds the larger touchscreen, but introduces the MyT smartphone app that allows you to track fuel levels, trip data, driving analytics and it even works as a vehicle tracker.

Some rivals may beat the Aygo X for sheer pace, but this car is very capable on motorways and nicely balanced through winding country lanes. The three-pot engine does get a little more vocal under heavy acceleration but generally the Aygo X is nicely refined. The suspension has been specifically tweaked for this car and it does a worthy job of settling the vehicle on uneven surfaces.

Bigger all round than the car it replaces, there is more shoulder space up front and the two designated rear seats are ideal for children or grown-ups if the seats are not pushed back too far. The boot is larger and can swallow 60 litres more kit compared to the outgoing Aygo. It has a capacity of 231 litres, increasing to 829 litres with the 50:50 split-folding rear seats dropped down. If the model is fitted with the JBL sound system, it reduces the boot limit by up to 50 litres.

Another factor that really impresses with the Aygo X is all the safety equipment and driver assistance aids that are standard across the entire range. These include Toyota's Safety Sense package featuring a pre-collision system with vehicle detection that now functions at higher speeds.

The day and night pedestrian detection, daytime cyclist detection, collision mitigation support functions, intelligent adaptive cruise control, lane trace assist and emergency steering assist all make their Aygo debut.

Additional safety specifications include two Isofix child seat fixtures, child safety door locks, anti-lock brakes with electronic brakeforce distribution, vehicle stability control, hill-start assist, a tyre pressure warning system, seatbelt reminders, speed limiter, eCall and six airbags.

All in all, the new Aygo X is a fabulous compact crossover that is easy on the eye and pocket, packed with tech and great fun to drive.

* More information via www.toyota.co.uk.



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une is a great time to be out in the garden. Many plants are in full bloom at this time of year and the weather (should be) warm and sunny. Keep watering your garden to avoid your plants from wilting. A great way of recycling water and saving money is by using a water butt system that will collect rainwater from summer showers. It's a 100 litre space saving water butt kit at the Coletta & Tyson Garden Centre and will save you money on your water bill over the hot summer months.

The uncertain start to the year with the weather has made it difficult to get started on the garden properly but now the weather is looking better so now is the perfect time to start planning for those summer blooms.

During the month of June roses begin to open up in fantastic blooms lighting up the garden. It's no wonder we chose them to be our Plant of the Month at the Coletta & Tyson Garden Centre.

Roses are one of the countries favourite plants and can be a great benefit to any garden whether the rose is a fragrant variety,

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climber or miniature. Roses come in a rainbow of colours and double blooms meaning they'd suit many gardens with a colour scheme. Some say they are moderately difficult to tend but with our tips on growing and caring for roses it can be an easy and rewarding part of gardening.

At the Coletta & Tyson Garden Centre we have a large selection of roses to suit, with 3L roses for just £3.99 each or 3 for £10. David Austin speciality roses starting from £14.99. Plus protect those roses from blackspot and rust as well as most common insect infestations with Rose Rescue, just £5.99 at Coletta & Tyson.

Planting New Roses

For first time rose growers you can chose to grow your rose in a container or plant it straight into the ground. If you chose to plant your rose in a container the plant will benefit from well draining compost and rose fertilisers through out the year.

When planting your rose you will need to prepare the soil. The best way to do this is by adding farmyard manure like horse or chicken manure

Dig a hole roughly twice the size of the roots and the depth of a spade's blade to allow room for the rose. Add a general fertiliser to the hole to help the roots establish and grow further once planted. To aid the rose over the summer and to avoid drought in summer gently tease out the roots so they can grow out once planted.

Place the rose in the hole and fill with compost making sure that the compost covers the roots completely to avoid future dieback. Water thoroughly.



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10 Jobs for this month

- Keep weeds at bay by hoeing your borders and beddings regularly.
- Maintain the lawn by mowing it once a week.
- Plant summer bedding.
- Shade your greenhouse to prevent it getting to hot over the summer.
- Be careful not to waste water over the dry months. Conserve water by investing in a water butt or using bath and kitchen water that isn't too dirty
- Harvest early potatoes, radishes and salad leaves like lettuce.
- Once the sun has ripened them, strawberries should be perfect for harvesting.
- Remove rose flowers as they fade to encourage new flowers.
- Plants like tomatoes, courgettes and celery can be planted outdoors.
- 10. Tie stems of tall growing plants to supports.





Aftercare

Over the next two summers you will need to keep the new rose well watered to keep the roots healthy especially over dry spells. Your rose will also benefit from an extra feeding with a general rose fertiliser every spring followed by mulching with bark chips or well rotted manure. Be careful to leave a space around the stem of the rose when you are mulching.

Pruning

It is a good idea to prune back your rose in the first winter after planting, and then in late winter to early spring thereafter. With all roses you will need to remove dead, damaged and weak growths. Pruning then depends on the variety in your garden.

- Climbing or rambling roses need to be pruned back to around 30-40 cm away from the base.
- Large flowered varieties are best pruned back to 10-15cm away from the base of the plant.
- For cluster flowered varieties prune back long stems to about 15cm away from the base.
- Avoid pruning the remaining long stems on shrub roses.
 With all roses you will need to remove dead, damaged and weak growths. Pruning then depends on the variety in your garden.
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- Avoid pruning the remaining long stems on shrub roses.

Grow Your Own: June

- Peas: are a trouble free crop that enjoy cooler weather. Sow them directly into the ground from March to June and look forward to the incredible sweet flavour of fresh picked peas from June to August. All they require is support for their stems - simply erect some chicken wire or netting between supports at each end of the row. You'll be amazed at how good fresh peas taste and the more that you pick them, the

more they produce!

- **Broad Beans:** What could be simpler! Sow Broad Beans in spring in small 7.5cm (3") pots of compost, and within a few weeks these quick growing beans will make sturdy plants that can be planted out in the garden. If that sounds like too much work then sow them directly in the ground. Watch the bees pollinate their pretty flowers and before you know it you will be harvesting a bumper crop of fresh picked beans from June onwards, with a flavour that puts supermarket beans to shame.





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Your Stars for June 2022

By Kay Gower

Aries (Mar. 21- April 20)

Sometimes it's wise to watch the river of life flowing for a while before deciding to jump in. Forcing issues probably won't work. Think of this month as a time of reflection and getting more rest.

Taurus (Apr. 21- May 21)

Press ahead with long-term ambitions. With everything to play for you have a very positive time ahead to look forward to.

Gemini (May 22-June 21)

You have cards to play that put you in a favourable position, but not everyone will be easy to deal with especially early in the month. It may be worth being somewhat diplomatic around 10th/11th.

Cancer (June 22-July 22)

Beware of being 'love bombed" or receiving a gift which may have strings attached. As someone famous once wrote - "Rich gifts wax poor when givers prove unkind."

Leo (July 23-Aug 22)

Planetary positions advise taking a rest, this doesn't mean stopping, just easing up. As the first quarter moon moves into your 12th solar house mid month, a slight lull in proceedings at this time would be no bad thing.

Virgo (Aug 22 – Sept. 23)

Put new plans into action. You need to start this month as you mean to go on, there is every reason to believe the stars will help you at each new twist and turn. Keep focused and don't give anyone the chance to get one over on you.

Libra (Sept. 24 -Oct. 23)

Trends suggest that you will be functioning at your best throughout the month. You would be wise to clear the decks for action in a practical sense and prepare for the opportunities that will be coming your way.

Scorpio (Oct. 24 - Nov. 22)

June has the potential to be a good month. The world could be your oyster and if you're looking for excitement the chances of finding it are around every new corner, of which there will be many.

Sagittarius (Nov. 23 -Dec. 21)

There are all kinds of guilt, shame and judgements around being selfish, but should there be? Why? Don't you count, too? If you treat yourself then you've made at least one person happy, and that's a start.

Capricorn (Dec 22.- Jan. 20)

You need to get away from the day to day routine, even if it's only for a short period. Try to manage some time for yourself to do the things that you enjoy doing most. Early in the month a fitness goal will benefit more than just your health.

Aquarius (Jan 21 - Feb 19)

To complete a jigsaw puzzle you have to have all the pieces. Unfortunately you don't always know what's missing until you're almost finished. Try to put everything together at the beginning of June, that way you can work out quickly what else is needed.

Pisces (Feb. 20-Mar. 20)

You may be the last of the Sun Signs Pisces, but you're not the last one standing in the line of opportunities. A lucky cycle continues from now until the end of the year. Spend some time relaxing and treating yourself.



Cottingham Open Gardens – 12th and 19th June

Te are delighted that this year's Cottingham Open Gardens shall be returning for its seventh year, having been slightly different for the past couple of years due to Covid.

The event raises £12,000 annually for Dove House so it will be fantastic to see the community of Cottingham supporting this much-loved event once again. Residents shall be opening their gardens to visitors, allowing them to enjoy these wonderful spaces, most of which are normally hidden from view. Each garden offers something different, with a variety of attractions and fundraising activities throughout the village and it's a fantastic opportunity for residents to show what the 'largest village in England' has to offer. All proceeds to Dove House Hospice.

Plant sales: Plants for sale in individual gardens.

Cost: £4.00 adults, accompanied under 16s free.

How to get event passports

On the day from any participating garden; in advance from the Dove House Shop Cottingham, The Duke of Cumberland, King William IV and Barkers.

Crossword solution from page 14

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Organ donation video translated into 18 languages by Intensive **Care Consultant**

n intensive care consultant in Hull has translated an organ donation video into 18 different languages to help people from all cultures consider the gift of life.

Dr Harish Lad, Clinical Lead in Organ Donation at Hull University Teaching Hospitals (HUTH), has produced a series of videos in 17 different languages to promote organ donation.

The NHS Organ Donation video is used by NHS Blood and Transplant (NHSBT) in television and social media advertising to support their "Leave Them Certain" message, asking people to ensure their families are aware of their decision to donate organs in the event of their deaths.

Dr Lad, who works in the Intensive Care Units at Hull Royal Infirmary and Castle Hill Hospital, said: "We want to reach out to all communities to make them aware of the importance of organ

"These videos share key messages in people's own languages, allowing them to reflect and relate to the issue and to help them begin to have those vital conversations with their loved ones."

Each year, hundreds of opportunities for transplants are missed because families aren't sure what their loved one would have wanted

The "Leave Them Certain" video shows a son sharing memories of his father, with the man laughing and dancing at family parties and having fun on family holidays.

The son says: "I remember Dad's dance moves, his killer 'tache. Dad was just a really happy character. I remember his smile."

The video cuts to the son standing in a hospital corridor. "But I also remember when they asked if he wanted to be an organ donor and I just didn't know."

It ends with the message "Talk to your loved ones about organ donation.'

Dr Lad has arranged for the video to be translated into Arabic, Bengali, Urdu, Gujarati, Hindi, Punjabi, French, Spanish, Portuguese, Polish, Latvian, Lithuanian, Traditional Chinese, Simplified Chinese, Russian, Romanian and Greek.

A spokeswoman for NHSBT said: "The translated versions of our Leave Them Certain videos will really help to engage with a wider audience about the role of the family in organ donation decisions and why it's so important to talk to your loved ones.

"We really appreciate the time and effort that Dr Lad has committed to the project to enable this key activity and look forward to hearing the impact these videos have within communities."

- Leave Them Certain Arabic
- · Leave Them Certain Bengali
- Leave Them Certain English
- Leave Them Certain French
- Leave Them Certain Greek
- Leave Them Certain Gujarati
- Leave Them Certain Hindi
- Leave Them Certain Latvian
- Leave Them Certain Lithuanian
- Leave Them Certain Polish
- Leave Them Certain Portuguese
- Leave Them Certain Punjabi
- Leave Them Certain Romanian
- Leave Them Certain Russian
- Leave Them Certain Simplified Chinese
- Leave Them Certain Spanish
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- Leave Them Certain Urdu





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