

Cottingham Times

and District

Issue 255 - June 2023



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A word from our chairman

Three bank holidays and a coronation has made it a month to remember for everyone at Magnolia House.

The coronation weekend was certainly a highlight for everyone and was thoroughly enjoyed thanks to our amazing activities team. Many of our residents have now been fortunate enough to see two monarchs take the throne in their lifetime and cherish the special occasion.

It's fair to say there has been a lot of celebrations in recent weeks with plenty more fun activities and events planned throughout the year.

If you want more information about Magnolia House, please contact our registered manager Lindsay Altoft, who will be happy to help: lindsayaltoft@parklanehealthcare.co.uk

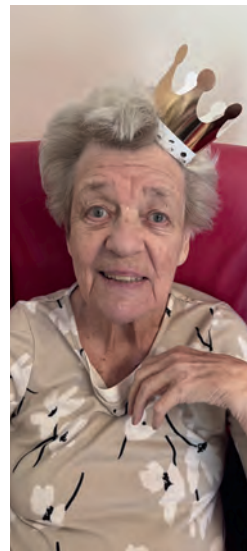
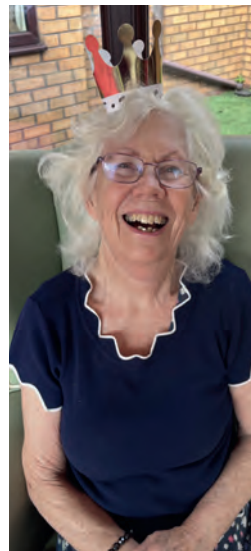
*Chris Mitchell, Chairman,
Park Lane Healthcare*

God save the King

The coronation of King Charles III was a day full of British tradition and marked a new era for the monarchy.

Preparing weeks in advance, residents were equipped with British flags, coronation emblems, and paper crowns as they watched the special ceremony unfold in the comfort of the Cedar Court lounge.

Following the crowning of his majesty, we tucked into a royal feast with plenty of tea and cake enjoyed by all. Over the course of the weekend, residents took part in a variety of royal themed activities which included royal quizzes on other monarchies and heads of state.



Activities galore!



With the days getting warmer, we've been able to move some of our activities outside, and we're very excited for what the summer has in store. We're getting ready for a strawberry cream tea party to celebrate the start of Wimbledon (a big favourite here), a visit from the mobile museum, and some horsing around with the therapy ponies.

We'll also be welcoming our regular entertainers Chris the piano man and Laura, who never fail to have us singing and dancing.



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Magnolia House, 42 Hull Road, Cottingham, East Riding of Yorkshire, HU16 4PX T: 01482 845038

THE COTTINGHAM TIMES

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www.cottinghamtimes.co.uk - June 3



Quality Water is our Business

Hard Water Horrors ?

Fitting a new kitchen or bathroom is often an occasion that gets people thinking about protecting their planned investment from the ravages of hard water; limescale, soap scum, streaks and spotting . . . the list goes on.

After all the effort and cost of selecting and fitting your new units and appliances its only natural to want to keep them sparkling and pristine and the one guaranteed way in our hard water county is to find the correct water softener for the property and get it installed as soon as possible.

Immediately after it is installed, a professionally specified and installed unit will protect plumbing, showers and appliances and keep everything at peak efficiency and performance year after year.

Amazingly the softener doesn't stop there, it will also undo the previous years of scale build up in existing plumbing and appliances and over a period of 12 months or so it will gently dissolve away the limescale.

Cleaning and care for kitchen and bathroom is transformed with a softener; no need for harsh chemicals or scrubbing and elbow grease; a rinse and wipe down is all that is needed.



How will I find room for a water softener, they are huge aren't they?

Well, yes they used to be and indeed some of the older styles and more basic "builder grade" softeners still available are on the bulky side, however the good news is that there are now compact, non electric "consumer range" softeners that are the size of a tower computer, superbly efficient and stylishly designed to blend in.

Will we need plug sockets and a degree in computers to operate it?

In a word, no. The modern softeners no longer need electric power, they are kinetically powered by water flow and are pre set by our skilled installer to give perfectly soft water all of the time, no dials to set or flashing lights to look out for, its all perfectly simple, perfectly soft.



I don't want to be moving big heavy bags of salt around, has this been improved?

Yes indeed it has, I'm pleased to say, compressed 4kg Salt blocks are now available for certain units, which makes storing and replenishing salt much easier and salt can be delivered direct to your door or picked up from our Hull store as required. All the above benefits of a

softener will not be at the top of most long term softener owners list of reasons they would not be without theirs, they almost all say it is the luxury of bathing, showering and washing in the superbly soft water, not to mention the super soft fluffy towels that are the product of softened water laundry.

For more friendly, unbiased advice and information, just call **Dave Parry** at:



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In Cottingham and District

The deadline for entries in the July "What's On" section, is no later than the 19th June.

Hull Alpha Probus

Club for retired or semi-retired people meeting on alternate Thursdays - new members welcome. Contact the Secretary on 01482 348270 or 07542 959314.

1st June at 10:15 Coffee meeting upstairs at Kristoff's

15th June at 12:30 Lunch meeting with Speaker at The Blue Bell (on West Green) Subject TBA

29th June at 10:15 Coffee meeting upstairs at Kristoff's

The Hardy Plant Society - East Yorkshire Group

Thursday 1st June - Mark Pagett - Skerne Alpines: Alpines and their uses. Meet at 7.30 Lund Village Hall, YO25 9TF. Guest welcome.

Yorkshire Country Women Skidby Branch

Thursday 1st June - 7.30pm at Skidby Village Hall. Well known and long term resident Joyce Wells will be entertaining us with her memories of Country Women and life in Skidby. Members and guest welcome. Please contact Celia Parnaby 01482 841370 for any further information.

Swanland U3A Choir

Saturday 3rd June at 7.00 p.m., Willerby Methodist Church. "Music for a Summer Evening" - A wide variety of songs from madrigals to folk songs including solos by Kevin Ormond (Baritone). Entrance £5.00.

Cottingham u3a

Thursday 8th June 2023 at 2 pm in the Darby & Joan Hall. D A Beel will give a talk on 'Supertankers', which will be followed by the usual tea/coffee and biscuits. For further information or queries visit www.u3asites.org.uk/cottingham.

East Yorkshire Embroidery Society (EYES)

Saturday 10th June - meeting commences at 2-30pm in the Darby & Joan Hall Finkle Street, Cottingham. Old Hand Knitters of the Dales - Penelope Hemingway. Penelope will present audio/visual and show and tell presentation of Knitters Creations. Visitors welcome, admittance from 2-15pm- 2-30pm entry fee £3.00.

Bonsai Exhibition

Sunday 11th June - 10.00 am - 3.00 pm, in the Darby & Joan Hall, Cottingham. Entry £1.50 children free. Stunning display of trees in miniature presented by Humberside Bonsai Society and North East Lincs Bonsai Society.

Cottingham Catholic Women's League

Monday June 12th - Phil Walker - Being a Yorkshireman/Woman. We meet in the Garden Room at the Holy Cross RC Church, Carrington Ave at 7 30pm.

Front cover: Northmoor Lane.

Photo: Paul Lakin.

Hull Stamp and Postcard Club

Wednesday 12th June - at 1.30 pm in the Arlington Hall, behind St. Mary's Church, Hallgate, Cottingham HU16 4DD. Jill Fearons will be showing 'Maritime' and Glenn Fearons, '1936 Empire Exhibition, South Africa.' All visitors are very welcome. For more information contact Robert McMillan 840836.

Hull Savoyards

Friday 16th and Saturday 17th June - Hull Savoyards featuring the Kingston Savoy orchestra present the topsy-turvy world of Gilbert and Sullivan's with 'Iolanthe'. A comic opera with colourful costumes, wit and enjoyable music where the fairies challenge the House of Lords. 16th and 17th June. 7.30pm with a 2.30pm (matinee) on 17th June 2023

Little Weighton Gardeners Club

Friday 16th June - 2.00 pm. Visit to Linden Lodge, Newbridge Lane, Near Wilberfoss YO41 5RB to Jared and Roberts Garden. £10.00 per person including refreshments. (Let Pru know if you are going, 01482 844461).

North Ferriby Gardener's Club

Monday 19th June - 7.30 -9 pm Parish Hall, Church St, North Ferriby, HU14 3DA. The Gardening Year- Presented by Mike L'Anson. Come along and improve your knowledge of the how, when and why of the Gardening Year! Guests £3.00, Teas and coffees. Yearly membership £15. Queries? Contact Trevor Barningham 07779 620651.

East Yorkshire Woodturners

Tuesday 20th June - 7pm, Skidby Village Hall, (doors open 6.30pm): Demonstration by professional woodturner Richard Findley. Richard is from Leicester, where he undertakes a wide range of woodturning projects for architects, furniture makers & restorers, and the general public. He has written more than 75 magazine articles, and makes a welcome return to our club. Guests are welcome (£5.00 entry). No need to book in advance. For information about the Club, please contact Amanda Barker, 07792 117539, or visit the Club's website: eastyorkshirewoodturners.org.uk.

Hull and East Riding New Stitchers (HENS)

Tuesday 20th June - Decorated Boxes - Two, on the third Tuesday of the month at The Darby and Joan Hall, Finkle Street, Cottingham, HU16 4AZ, 7.15pm-9.15pm. For further information contact Jean Ellis 845415. www.hullandeastridingstitchers.weebly.com.

The Arts Society, Hull and East Riding

Tuesday 20 th June – An illustrated lecture by Christopher Bradley: "Tutankhamun; The Splendours of Ancient Egypt". At 10.45 a.m. Mercure Grange Park Hotel, Willerby. Non-members welcome. Guests £5.00. For further details please contact Membership Secretary, Maureen Jones, tel. 01482 869886.

Skidby Village Hall

Coffee Mornings - join us for a cuppa and a chat, all welcome! Light refreshments on sale, every Friday, 10am - 2pm. Visit www.skidbyvillagehall.com or @SkidbyVillageHall on Facebook for updates and information..

Continued on page six

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What's On - Continued from page five

North Ferriby Short Mat Bowls Club

Village Hall, 50 Church Road, North Ferriby. HU14 3AA. Tuesdays and Fridays, 10am-12noon, and Thursday Evenings 7pm-9pm, except the second Thursday each month. All are welcome to any session especially those who just want to have a go. Newcomers can borrow woods and play in stocking feet if need be. For information please contact Mike on 07889 007005.

Cottingham & Hull Folk Dance Club

Tuesday 7pm-9-30pm at the Darby and Joan Hall Finkle St., Cottingham. No experience necessary come on your own or bring a friend for light exercise in a friendly environment everyone one welcome. For further information please contact Jan Gray on 01482840637 or Keith Alexander on 01482 509751.

Cottingham Tennis Club (off Hull Road)

A friendly club looking for new members at all levels including absolute beginners. We have excellent facilities including three floodlit, all-weather artificial grass courts. Lots of opportunities for social and competitive tennis and a dedicated coaching team. Contact Matthew Fletcher on 07814 495931 for more information and to arrange to visit the club.

Christ Church Cottingham

Coffee Mornings 9am-1pm Monday to Thursday, full cafe menu and all proceeds for the Ukraine Aid Effort. 31a Endyke Lane HU164QD. www.cccottingham.org.uk for more detail.

Christ Church Cottingham Play Cafe

Family cafe environment with play area and reduced cost cafe menu. Every Thursday 9am-1pm, all welcome. All proceeds to support the Ukraine Aid Effort.

Cottingham Badminton Club

Badminton Tuesday/Thursday evenings, 8.00pm while 9.30pm. Cottingham High School. £3 per session. No booking required, just turn up and play. Fun and friendly. Open to all levels and abilities. Steve Baker 07795680912/870906.

Cottingham Bowling Club

Outdoor bowling has started again. Carpet bowling is also available in the club house. We welcome new members. To find out more visit our web site cottinghambowlingclub.weebly.com.

Arterian Singers

Arterian singers rehearse Tuesday evenings at Cottingham Methodist Church, Hallgate, Cottingham on Tuesday evenings at 7.30pm. We welcome new members. For more information ring Hilary Andre 848958.

Cottingham Cricket Club

Run four Saturday sides, a Sunday side, a Ladies team and junior teams from U9 to U15. Our indoor winter net training will be held at Hymers College, 6-9pm on Wednesdays starting in January. This is for all junior (Hardball) and Senior teams. We also have indoor Softball training for girls and boys aged 7-14 at Sirius Academy North. This is held on Saturdays 12.30 -2.30pm starting in January. In the Summer, junior training is on a Friday evening and Senior training during the week. For any further information please contact Rob Rhodes at cottinghamcc@hotmail.co.uk We are Clubmark Accredited and all Coaches are DBS checked"

The Cottingham Community Garden Group

Meet every Tuesday and Thursday from 1pm to 3pm on the Worklink site on Eppleworth Road Cottingham HU16 5YF. All welcome

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East Riding Leisure offer discounted membership to Armed Forces Veterans

East Riding Leisure are pleased to announce that Armed Forces Veterans can now enjoy a discounted membership, as part of their Group Membership scheme.

Those who qualify can enjoy almost 20% off a Premier Membership price – meaning they can access all ten East Riding Leisure centres, classes, pools, gyms, sports hall and more, for just £27 per month.

Veterans are asked to provide either of the following as proof of eligibility:

- Service card
- Pension slips
- MoD communications
- Veteran's railcard.

In addition to this, those who qualify can also add family members to the scheme for the same price (Terms and Conditions apply).

The discount also applies to veterans who were reservists, and to current reservists and serving personnel.

Tim Hicks, health and wellbeing facilities manager, said: "This discounted membership for Armed Forces Veterans as part

of our successful Group Membership scheme is great news, and I am sure will prove popular.

"Have you ever served in the Armed Forces as a regular or a reservist? We would like to hear from you! The team here at East Riding Leisure are very happy to be able to offer this discount to such an important group in our society."

To find out more about this membership, visit your local East Riding Leisure centre or visit <https://www.eastridingleisure.co.uk/group/>. Alternatively, email leisure@eastriding.gov.uk for more details.



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Cottingham Parish Council



Welcome to our section of the *Cottingham Times* that keeps our residents updated with local news.

King Charles III Coronation Shop Frontage Competition

Thank you to all the businesses that took part in the competition. We received nearly 1000 votes, the winning shops are:

- 1st Place Knit One Stitch One
- 2nd Place Naomi Jackson Hairdressing
- 3rd Place Strouds

The lucky members of the public who have had their entries picked out at random will receive vouchers of £150, £75 and £25 respectively to spend in the winning shops

Elections

We would like to extend our thanks to our outgoing Parish Councillors who have dedicated the past four years serving the village. We welcome our new Councillors who we look forward to working with in the future

COTTINGHAM DAY

We are now in the final stages of organising Cottingham Day for Sunday 2nd July 2023 10am – 5pm. This year we will have approximately 80 outside market stalls, craft stalls within the Civic Hall, outside food & drink units, fairground and dog show in Grandad's Park, face painters, additional children's activities including the ever-popular climbing wall and spider mountain, Scouts activities within the Memorial Gardens, a stage with music acts and tables/chairs for the public to use on Market Green and a free park & ride bus from Cottingham High School.

We are now nearly fully booked – if you would like to apply for one of the remaining market stalls to trade from please email Nicola at deputyclerk@cottinghamcouncil.org to request a booking form

OTHER NEWS

East Riding of Yorkshire Council is looking to increase their Fostering Family. If you are interested in becoming a Foster Carer please contact the team on 01482 396673 or email: fosteringrecruitment@eastriding.gov.uk

Nicola Pape

Nicola Pape, Deputy Clerk to Cottingham Parish Council
deputyclerk@cottinghamcouncil.org
 Tel: 01482 847623

GETTING PAID WHAT YOU ARE OWED

Cathy Giblin, Debt Collection Specialist at Graham & Rosen Solicitors,
looks at the legal options open to you when someone owes you money.

If you run a business, you will be aware of the need to be paid fully and promptly for your work. Many businesses are owed money, and this can have serious consequences on their cash flow. If a service or goods have been provided, then you can rightly expect to be paid for it. Individuals who are owed money can also go through stress due to the financial hardships it can cause them.

As with all debt problems, it is better for the creditor and debtor to have a good channel of communication to try and resolve the problem amicably. However, debtors often need to be approached in a formal way before they will respond, and that is where

Graham & Rosen can step in to help. Since 2017, the Debt Collection Protocol has been in force. This Protocol applies to any business, including sole traders and public bodies, claiming debt from an individual (including a sole trader). Any business that is owed money from an individual is required to send a formal Letter of Claim. The debtor must provide certain information within 30 days of receiving the letter. If they return this information within 30 days, they have a further 30 days to discuss the debt (for example they may wish to discuss a payment plan) before Court proceedings are issued. If the debtor does not respond at all within the 30 days, then the

creditor would have the right to issue Court proceedings without further notice. Please note that the Debt Collection Protocol does not apply in respect of business-to-business debts; a normal non-protocol "7 day letter" can be sent chasing payment.

Graham & Rosen can help you with all types of debt collection cases including cases where the Debt Collection Protocol applies and business-to-business debt collections. We can take Court action against the debtor and arrange enforcement of Court judgments including bankruptcy and winding up orders.

If you are a business or an individual trying to recover a debt and would like some more information, please contact Cathy Giblin at Graham & Rosen on 01482 314241 or email lcg@graham-rosen.co.uk. Appointments are available at 2-4 George Street, Cottingham, HU16 5QU.



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A Fond Farewell Local beekeeper Neil Gower says goodbye for now . . .

The awe and fascination I felt as a boy of 7 opening a beehive for the first time has stayed with me for almost 60 years.

I still get that surge of excitement every time I lift a roof and see the bees busily going about their tasks, and I hope I will continue to feel that way for many years to come.

I began writing this journal about an urban beekeeper in quarterly episodes over 8 years ago. I promised myself at the time that I would only persist if I felt able to both entertain and educate in equal measure. For my part I'm pleased to say that I've been able to carry out that promise.

There is much repetition in the craft of Beekeeping, and I now believe it is time for me to bring this series to a close and to wish you all a fond farewell

I thought the best way to close would be to recap on some of the information and facts I've shared with you over the last 8 years.

Honeybees live in self-contained colonies, whether that is a managed beehive or in the bough of a tree. There are 3 types of honeybees in a colony, The Queen, The Worker Bees and The Drones.

Bees produce honey by collecting nectar from flowers using their long tongues and then storing it in their stomachs. Enzymes in the bees' stomachs break down the complex sugars in the nectar into simpler sugars, which are then regurgitated and transferred from bee to bee until it eventually reaches a honeycomb cell.

Once the nectar is in the honeycomb cell, the bees fan their wings to evaporate the water from the nectar, which thickens it into honey. The bees then seal the honeycomb cell with wax to preserve the honey for later use.

On average, it's estimated that a single bee will produce only about 1/12 of a teaspoon of honey in its lifetime. To produce one pound of honey, a colony of bees may need to visit millions of flowers and travel many miles, collecting and processing nectar over a period of weeks or even months.

Honeybees are vulnerable to a variety of diseases, parasites, and pests. Some of the most common diseases that affect honeybees include:

Varroa mites: These tiny parasitic mites attach themselves to honeybees and feed on their blood,

weakening the bees and making them more susceptible to other diseases.

Nosema: This fungal disease can cause diarrhoea, reduced lifespan, and decreased honey production in infected bees.

American foulbrood: This bacterial disease can kill entire colonies of bees by infecting their larvae, causing them to rot and emit a foul odour.

European foulbrood: This bacterial disease also affects the larvae of bees, causing them to become discoloured and die.

Colony collapse disorder: This is a complex phenomenon where bees abandon their hives and die off in large numbers, and the exact causes are not yet fully understood.

Acute bee paralysis virus: This virus causes paralysis in bees, making it difficult or impossible for them to fly and gather food.

Deformed wing virus: This virus can cause bees to develop deformed wings, which can prevent them from flying and gathering food.

To keep honeybees healthy and prevent the spread of these and other diseases, beekeepers take measures such as regular hive inspections, treatments with medications and chemicals, and good hygiene practices.

Changes to farming practices has had a significant impact on honeybees because bees rely on plants for nectar and pollen, which they need to survive and produce honey. Modern industrial farming practices often involve the use of pesticides and herbicides, which can kill or harm bees and other pollinators. These chemicals can also contaminate the nectar and pollen that bees collect, which can make them sick or kill them over time.

In addition to chemical exposure, changes in farming practices can also affect the availability of nectar and pollen for bees. For example, monoculture farming, where a single crop is grown over a large area, can limit the diversity of plants available for bees to feed on. This can reduce the quality and quantity of honey produced by bee colonies and can also lead to malnourishment and weakened immune systems in bees.

Throughout my tenure as beekeeper in residence I have tried to keep you informed of the newest threat to our native bees, the Asian Hornet

The Asian hornet (*Vespa velutina*) is a predator of honeybees and poses a significant threat to their populations. This species is known for preying on honeybees, and can quickly decimate entire colonies, especially during the summer months when honeybee populations are at their peak.

In spite of these challenges there is an army of like-minded beekeepers around the country doing their best to help the survival of this important insect.

I do hope you've enjoyed my ramblings over the years.

The publication of this great magazine would not be possible without the hard work and effort of Keith and I thank him for the opportunity to share one of my passions with you. I must also thank Kay for her support and editing skills.

I'll sign off for now but may be back at some point in the future.

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Knit One Stitch One win the King Charles III Coronation Shop Frontage Competition

Knit One Stitch One are the 2023 winners of Cottingham Parish Council's King Charles III Coronation Shop Frontage Competition. The top three winners are shown below.

- 1st Place Knit One Stitch One
- 2nd Place Naomi Jackson Hairdressing
- 3rd Place Strouds

The lucky members of the public who have had their entries picked out at random will receive vouchers of £150, £75 and £25 respectively to spend in the winning shops.

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Wordsearch - Delicious Desserts

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Find the words in the letters above:

Ambrosia, Apple Crisp, Apple Pie, Baked Alaska, Baklava, Banana Split, Bread Pudding, Brownies, Butter Tarts, Carrot Cake, Cheese Cake, Chocolate Cake, Cinnamon Rolls, Creme Brulee, Crepes, Eclairs, Empanadas, Flan, Fruit Crumble, Fudge, Gelato, Gingerbread, Ice Cream, Jelly Rolls, Lemon Bars, Macaroons, Meringues, Monkey Bread, Mousse, Nut Brittle, Parfait, Pastries, Pavlova, Peach Cobbler, Pineapple Delight, Plum Squares, Raisin Pudding, Rum Balls, Sorbet, Strawberry Shortcake, Strudel, Sundae, Tiramisu, Tortes, Trifle

Wordsearch courtesy of <http://www.puzzles.ca/wordsearch.html>

Sudoku No. 191

This is an easy challenge this month - Answer on page 29

					9	6		
		7	5	2		8		
							5	9
				6	3		8	1
			7			9		4
2		4		8		5		
	9					1		6
		5	3				4	

MARION OWEN TRAVEL



At long last, I hope we can say summer is here. The wonderful "Marion Owen Travel 30th Anniversary" escorted cruise is just arriving back, so we hope the sunshine stays & we can enjoy wearing our summer clothes.

We still have two accompanied cruise departures this year, both with availability. Fred Olsen's Borealis in October & a Christmas Market river cruise in December. We also have fabulous offers available with APT along the rivers this year with no single supplement on many departures, call for details.

Looking for a late deal to the sunshine? I will be posting offers on facebook so, keep checking posts and like & share to keep up to date. Know our travel dates? pick up the phone & we will fulfil your holiday needs.

For you golfers out there Turkey is a popular destination and we have a great relationship with Caria Golf, you may be surprised at the prices, better than package operators, we are here for bookings & further details.

Big bucket list adventures. Two escorted special cruises August 2024 - an expedition cruise exploring the North West Passage, north of Revolution Bay in Canada. June 2025 a Panama Canal cruise from San Francisco to Miami, being the perfect time of the year for this itinerary. These are already proving popular, so you will need to act quickly if you wish to join me, ask for further details.

Also not listed in our Exclusives is a South African Safari, luxury 5 star tented experience, why not join Susan on this one? Call for further details.

Travel from your door is always available when you book at Marion Owen Travel. We also sell all operators who include this in the cost e.g Titan, Riviera, APT, Silversea.

We can offer fabulous tailor made itineraries. Seen an itinerary? Pick up the phone and get our quote. You know who you are booking with, we are local & always available 24/7 throughout your holiday. Our first hand knowledge around the world is vast everyone always gasps at our map cluttered with pins where we have visited. Myself & Emma are Canadian Specialist and can create itineraries from the crossing the Rocky Mountains to Bear or Whale watching, Alaskan cruising to Salmon fishing. Australia & New Zealand is a favourite of us and we have all visited these areas. Within the US we can almost tick off every state, with visits to Disneyland, Niagara Falls, Boston, New York, San Francisco, New Orleans, the list goes on. **Our Website** now has a "bookable button" on the front page so if you are looking for a cottage or castle, a flight or a holiday - live availability can be booked on line 24/7.

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28 Aug	Durham, Alnwick Castle, Bambrough Castle & Holy Island 3 days dinner B&B	£ 299
02 Sep	Northern Belle, Britain's most Luxurious Train. Full day outing to Carlisle travelling the iconic Settle to Carlisle route. Brunch + 5 course dinner inc.	£ 495
16 Sep	West Ireland Atlantic Way, our journey continues, another adventure of coast, history & culture 9 days	£1165
22 Oct	Fred Olsen 10 night cruise visiting the lovely ports of Lisbon, Gibraltar, Cadiz, Malaga & La Coruna. Sails from Liverpool. Emma will be sailing with you.	From £1399
27 Nov	Warners Heythrop Park 5 days great itinerary inc. Blenheim Palace, dressed for Christmas	£ 495
08 Dec	APT TRAVELMARVEL River cruise, wonderful festive towns along the Rhine & Moselle	£POA
2024	The Tynedale's Big Weekend, enjoy an 8 course tasting menu, a black tie casino night & more, 4 days	£ 375
26 Jan		
23 Feb	A great little break to Scotland relaxing & inclusive 4 day break including packed lunch & drinks. Guided tours of the sights & history of Sterling & Glasgow	£ 375
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17 Apr	Cornwall's wonderful gardens. Register now for this 7 night holiday almost ready for sale.	£TBA
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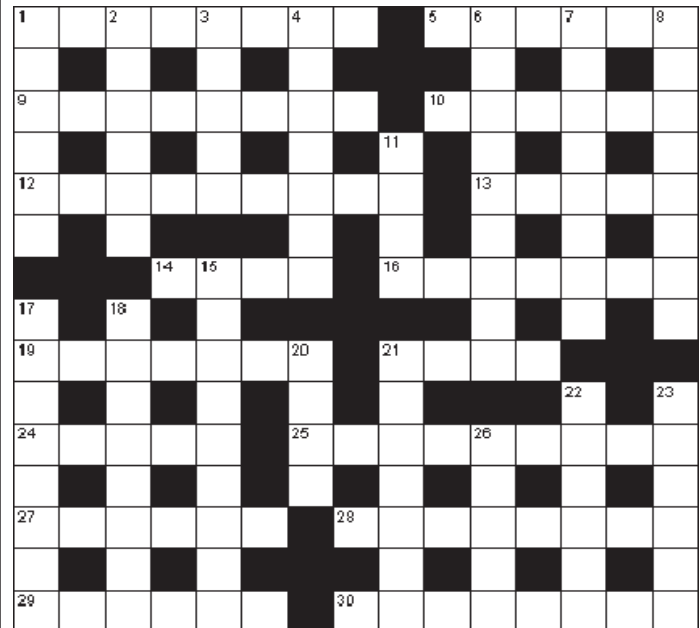
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Crossword - Solution on page 29



Across:

- Water closet (8)
- Set up (6)
- Pull out (8)
- A metamorphic rock (6)
- Enumerating (9)
- Fence openings (5)
- Sinewy (4)
- Support or vote for (7)
- Caustic (7)
- A vaulted recess on a building (4)
- A language of India (5)
- Indescribably (9)
- A style of sleeve (6)
- Turnip cabbage (8)
- Acquired deservedly (6)
- Head restraint (8)

Down:

- Lament (6)
- Rag (6)
- Diameters (5)
- Not transparency (7)
- Rebels (9)
- Dampness (8)
- Calamity (8)
- Look amorously (4)
- Overlap (9)
- A stand to hold wood that is being sawn (8)
- Adolescent (8)
- Potato crisp (4)
- Windflower (7)
- Afire (6)
- One who uses a computer keyboard (6)
- Placed in folders (5)

Crossword courtesy of www.crosswordpalace.com
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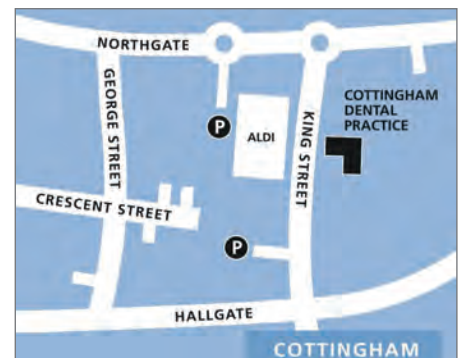
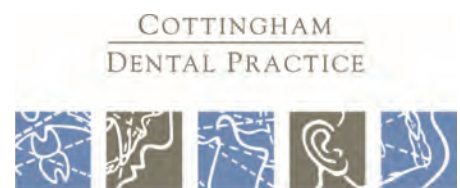
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www.cottinghamtimes.co.uk - June 15



“Best exhibition yet”

Haltemprice Art Group recently held their 74th Exhibition in Cottingham Civic Hall. These are just a few of the lovely comments, left in our visitor’s book.

We are pleased to report that our Exhibition at the end of April, was an outstanding success. With 140 paintings and around 70 greeting cards, over 400 visitors enjoyed the opportunity to admire the work of our talented members.

The Art Group welcomed local artist Eleanor Tomlinson to the Exhibition as adjudicator, giving her a difficult task to select the winning paintings, in each of the categories. Eleanor, of course, is now well known for her watercolour sketch of The Queen and Paddington Bear, at the time of The Jubilee last year. Trophies were presented to the winning artists by the Chairman of East Riding of Yorkshire Council, Councillor John Whittle, who also officially opened the Exhibition.

Twenty seven paintings and over half of the greeting cards were sold over the four days, the best sales figure for many years.

Encouraged by the quality of the exhibits, the Art Group received several enquiries about membership. Anyone interested in finding out about joining our friendly group, can email David Goldsmith, Exhibition and Publicity Secretary: david_carol_goldsmith@hotmail.com

Look out for our table in the Civic Hall on Cottingham Day, where you will be able to talk to us and ask any questions. Some details are also on our Haltemprice Art Group Facebook page.

Porsche Club Great Britain to bring event to Bridlington

Porsche Club Great Britain have announced an exciting event to take place in Bridlington this year, with Icons of Cool in July.

July sees the R7 Yorkshire Porsche Festival taking place at Sewerby Hall and Gardens on Sunday, 9 July.

Generously supported by Porsche Centre Hull, who are delighted to host a Porsche Exclusive Manufaktur event, the day will celebrate Porsche Icons of Cool and pays homage to the heritage, design and style of the 1960s and early 1970s.

In addition to the displays of Icons of Cool and a Concours competition, there will be a wide range of food vendors and refreshments.

There will be entertainment throughout the day, headlined by Cinco Magic, who will play several sets during the day, all with a 60s theme.

There will also be a selection of activities for mini-Porsche fans, which include a range of creative activities to keep children entertained. There will be a selfie booth with prizes donated by Porsche Centre Hull for the best 60’s themed costume.

Sewerby Hall and Gardens, which is open to visitors all year round, is set in fifty acres of early 19th Century parkland with magnificent gardens and includes a zoo. During your visit, the house will feature the Natural History Museum’s Wildlife Photographer of the Year exhibition.

Alex Crutchley, the council’s destinations group manager, said: “It’s been a fantastic opportunity working with Porsche Club Great Britain, R7 Yorkshire Porsche and Porsche Centre Hull. These are two really exciting events that will give residents and visitors to Bridlington the opportunity to get up close and personal with some of the finest cars from the past up to the modern day.

“The event in Sewerby also ties in with the exhibition run of Wildlife Photographer of the Year, which gives our customers two prestigious events for the price of one and makes for a superb family day out”.

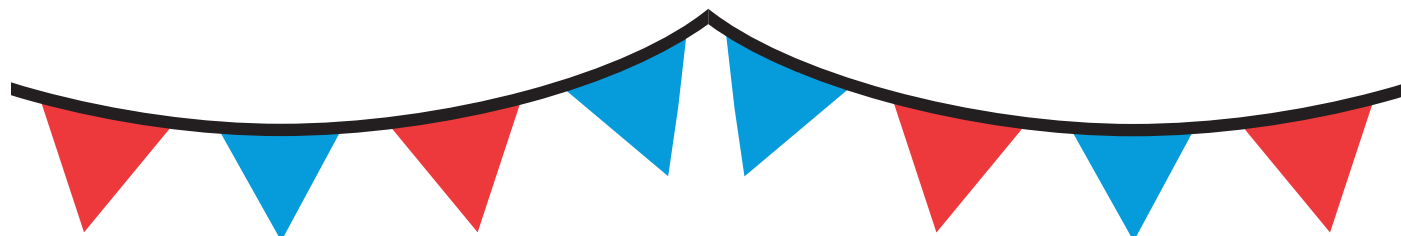
The event is free to Sewerby Hall and Gardens annual pass holders. Otherwise, usual visitor fees apply.

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Melanie Watson of Skidby Livery Stables with the latest of her monthly articles

www.instinctivehorsetraining.co.uk



Handling your new born foal

It's the season for birth and new life. Spring has sprung and we watch all out wild birds working away at mating, nest building and hatching off their offspring. Its all around us and its wonderful.

We try to time our mares to foal in April and May, when the weather is warmer and the grass is flush with goodness. Most of my livery horses have recently had birthdays and its actually my last foals birthday today. Happy birthday Creed!

Watching a new foal be born is a humbling and emotional sight. Its miraculous! Its also terrifying as we worry something may go wrong.

So providing all is well and your foal is born with no problems then it's the start of a new life and a huge training programme.

At first, the foal learns how to stand up and to find where it needs to be to suckle from mum. Unless there is some kind of problem, we leave mum and foal alone for this stage to happen naturally. It can take a long time with many attempts from the foal over a couple of hours. Intervening

is not usually helpful. You think you are doing the right thing but actually you are making it harder. So long as you sprayed the dangling umbilical with a good antibiotic spray as a sensible protocol, we need to walk away.

Once the foal is suckling well, it will sleep because it will be exhausted. Mum needs to rest too. Leaving them alone is important. Bonding and imprinting happens here so we do not want to interfere with this process.

Mum will need a good 24 to 48 hours to rest and recuperate. The vet will have been and checked the foal and mum to make sure that all is well and that all the placenta was passed intact and that mum has not been torn inside. Foal will have a tetanus injection.

The first few times we allow them out of the stable into a small paddock, foal will follow mum. It's a good thing to have fitted a light weight foal slip (A baby horse headcollar) on baby. Teaching them to allow this slip on and off is usually the first bit of training we do. It can be tricky at first but they soon get used to it. Using scratches will always win the day with a foal. They just love being scratched!

Spending some quiet time in the stable allowing the foal to explore us is the best bit ever. Their seeking system is at its maximum in these early days so we take advantage of that. Bit by bit we start to touch them all over, their legs, their feet, their ears always using scratches to help the foal enjoy the process. All foals are born wild so the more gentle touching we do, the better. Its still all part of the imprinting stage and one we use to our advantage.

After a few days it's a good thing to start to introduce leading. Using a lead rope around the chest and around the haunch in a figure of eight across its back, lets us gently keep a hand on its haunch while holding it over its back. You don't start leading from its head at all. Foal learns to walk with us following mum and we can start to quietly introduce ourselves into the leading process.

They soon learn from this technique, to simply walk quietly with us to the paddocks and back again. After a week of this training you can move onto using a slip rope through the headcollar or foals slip. With your hand still on their haunch, leading starts to become more stable and never from a tight rope, just have it soft from the head to your hand. We are always walking with our bodies along the side of the foal .

Conditioning occurs when this is done twice a day going out and coming back in. Foals may well have an opinion of cause and decide to stop or launch forwards. Deal with each bit quietly and it soon becomes just perfect.

You are set up for life at this point. Leading foals never wants to be a fight nor ever get cross with them. They are simply exploring all possibilities and learning along the way. We want foals to be confident, gregarious and to feel safe with us so that we can handle them safely and calmly.

What you do in these early days will stay with them for life.



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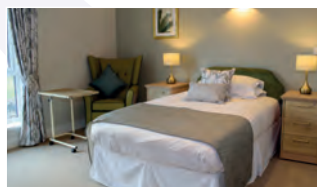


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It's a 'Mitey' big problem

I must start with a huge thank you for all the gifts, cards and well wishes during my last week at KINGSTON. To say I was speechless (something unheard of) is an understatement and I cannot thank you all enough. I do miss working in Cottingham, meeting clients and pets but rest assured am sure I shall be bumping into you from time to time either in the centre or at the surgery when I take Tali for her vaccinations. I do hope so as it will be lovely to have a catch up.

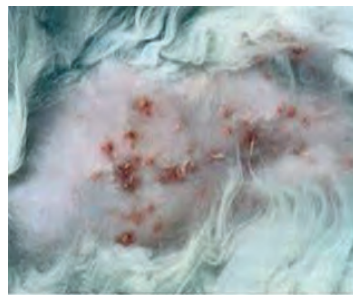
So now over to this month's article which is written by the resident Cottingham vet Barbara Wynn.....

"How about something seasonal, like Trombicula Autumnalis?" I said.

"How about if you write the technical bit?" she replied.

Perhaps I should have tried to be less clever, instead of trying to impress Maggie with the Latin jargon and just called them by their more familiar name of harvest mites, also known as chiggers, berry bugs or red bugs, depending on where in the country you hail from.

These hungry little critters are not so much red but orange though and only just visible with the naked eye, but you do have to look very closely. By late summer, depending on the weather, they have multiplied and reached their maximum population in vegetation and fields and it is from there that they creep onto exposed skin and into



the waistbands of clothing to give walkers and hikers an itchy bite. Fortunately, that's the limit of the damage they do to us in this part of the world and a trip to the pharmacist along with resisting the urge to scratch, may be all that is needed to sort the problem out.

But our pets are not immune to these itchy little pests either and unlike us, they don't have the sense to not scratch an itch. Harvest mites are really not very fussy about which species they pick on. In my experience skin lesions on cats and dogs start just as the green of summer starts to take on the first hint of autumnal tones and the country lanes become a highway for slow moving combine harvesters. This is when we start to see a steady trickle of cats with crusty lesions on their paws and ears as well as dogs with itchy, red paws, arriving at KINGSTON VETS. Cats especially can become very sore from scratching and licking. It's the dagger like claws and rough tongues that do it!

So, what can we do as a veterinary practice? Occasionally, we can find these annoying little mites by taking samples from the surface of your pets' skin and look for them under the microscope but often the poor cat or dog has already licked or scratched them away by the time they come to us for help and all that is left are the sore spots on the skin.

The mites are fairly easy to kill with insecticidal medications but, because of how quickly they can jump back on when our pets are out and about, we sometimes need to prescribe extra treatments to keep them under control. Some pets also need medication to control the itch and secondary infections where they have damaged their own skin.

The upshot of all that is, that if your pets seems to be itchier than expected despite using your usual routine flea control, then make an appointment with your vet or here at KINGSTON VETERINARY GROUP where we can check if these little bugs may be causing the problem and then help your moggy or doggy get back to living and snoozing in comfort.

Thank you, Barbara. We, as owners, do tend to just think of fleas and ticks because they are the ones most advertised about but it's startling to be made aware that it is not only these that can cause skin problems. So be vigilant and please do not hesitate to give us a call at anyone of our 6 KINGSTON surgeries. Also, please ask at the surgery about the PETHEALTH CLUB. For a small monthly fee, it not only covers the vaccinations plus many extras but monthly flea/tick treatment to keep other little critters at bay!

AND FINALLY....TALI.....

Well, with all good intentions, I had planned my days ready for my semi-retirement. Each morning I am in the Reception/Office at the family garage which leaves the rest of the day/afternoon to please myself but manly to walk Tali then have my evening meal ready to settle in for the remainder of the night.

This I was looking forward to as my previous rota saw me getting in late so her walks were usually around 8.30pm...BUT...you see, Tali's clock hasn't told her this is the new regime. So yes, we go for the afternoon walk and yes, we eat at a more civilised time but as the clock turns to 8pm.... PING! The anticipation showing in her eyes and the prancing around for her lead, telling me that the proper walk is still at night and the afternoon was a little jaunt. Who said retirement is restful?

Until the next time.....

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For further Information ring or email Sid & Sue 01482 701325 or phoenixwalkingclub@outlook.com.



Do you remember the choirboys outing to Bridlington in 1939?

This photograph was taken during the 'choirboys' annual summer outing to Bridlington on July 27th 1939.

If you recognise anyone in the photograph or know of their whereabouts today, please contact Richard Barton on 01482 847122 in the first instance. Richard is pictured third from right on the second row standing.

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ON THE GRAPEVINE



WITH ROY WOODCOCK

Chablis

Why is it, when something becomes popular - and I mean really popular - there builds an immediate backlash - a noses in the air, "we know better" attitude that says anything with mass appeal must be short on quality.

As wine lovers, does that ring any bells? Certainly in the 1980s Chardonnay was riding the crest of an international wave; more and more of us asked for it as our wine of choice and Chardonnay production was seriously big business.

All this coincided with the appearance of huge multi-national wine conglomerates, who began to flood supermarkets with affordable bottles. And the downside was these wine were not the refined Chardonnay of decades past - heavily oaked, packed full of creamy, buttery, sweet character; it became the wine for people who didn't really like wine.

The backlash was inevitable amongst those who regarded themselves as "wine lovers" and for some it was almost a badge of honour to order or buy "Anything But Chardonnay". Wine columns of the day would be littered with the ABC acronym.

Over time, wineries, faced with the backlash, began to react and certainly since the new Millennium we have been able to taste the results as a new wave of Chardonnay began to hit the shelves - less oak, more elegance, freshness and acidity. The fashion today is for dryness, minerality and sharp, steely characteristics which pair beautifully with food.

I've always been a lover of a Chardonnay, particularly the unoaked examples. Which is why I love Chablis so much. Unlike other Chardonnay wines, Chablis rarely uses oak-aging, resulting in a very different style and taste profile.

The Chablis wine region is the northernmost region of Burgundy and enjoys a cool climate which produces wines with more acidity and less fruitiness than Chardonnays grown in warmer climes. It is situated roughly halfway between the Côte d'Or and Paris and of France's wine-growing areas, only Champagne, Lorraine and Alsace have a more northerly location.

Chablis is frequently described as having citrus and white flower aromas with dry, lean, light-bodied flavours of citrus, pear, minerality, and salinity. It rarely displays flavours of butter - an indication of oak-aging.

One of the most desirable traits in quality Chablis is a long, tingly finish of high acidity, and flint-like minerality. Much of the lean and elegant taste of Chardonnay from Chablis is attributed to the qualities of the soil, climate, and traditions of the region.

Nowadays, the majority of the growers favour unoaked, tank fermented/aged wines although there are still a few traditionalists raising wines in used oak barrels with great success, particularly on a Premier and Grand Cru level.

There are four appellations (protected wine regions) within Chablis: Petit Chablis, Chablis, Chablis Premier Cru and Chablis Grand Cru.

Petit Chablis wines can vary in quality - the best will be fresh and light with notes of white flowers and peach with zesty grapefruit notes and crisp acidity. The wines are best enjoyed cold and within a year or two of release to champion the refreshing dry taste.

The majority of wines from this region on the supermarket shelves will be labelled simply as Chablis and the best ones have a seducing freshness and minerality and are packed with green apple flavours, notes of lemon, grapefruit and mint.

Chablis Premier Cru wines will certainly benefit from a wee bit of bottle ageing, about five years if you have the patience, and are seriously undervalued compared to other Burgundies. Depending on the Domaine, some of them will have seen some used oak. Expect richer fruit like pear, quince, starfruit and a distinctive flinty minerality.

Finally, Chablis Grand Cru, where you will most likely find some oak, though again this will depend on the winemaker. Expect apricot fruit, orange zest, bruised apple, quince and more savoury notes like toast and peanut shell. Oak-aged examples will have aromas of almond, honey and that mineral/earth characteristic. Those wines are real keepers and the best will benefit from cellaring for 10 years or more.

Though these bottles will command a greater price tag, they are still fairly undervalued to its counter parts in the rest of Burgundy.

The best food pairings take advantage of the wine's naturally high acidity to act as a palate cleanser and work well with delicately creamy sauces. Due to the lighter, more delicate taste profile of Chardonnay, you'll want to stick to lighter meats and fishes as your base ingredient, including chicken, quail, trout, bass, halibut, cod, clams or scallops.

The high acidity and salinity in Chablis also means it will do well alongside raw fish and sushi. In terms of spice profiles, lean towards fresh herbs, white pepper, and low overall spiciness.

BEST BUYS



Petit Chablis 2020, Domaine des Marronniers

Where: House of Townend/The Cellar Door, Melton

When: Now

Why: Fermented in stainless steel tanks, this is an elegant and crisp wine, with a steely structure, balanced in the mouth by notes of peach, baked apple and a nice chalky minerality.

£18.49



Chablis Esprit de Chablis

Where: Waitrose

When: Now, until June 6

Why: Beautifully smooth with a tiny touch of creaminess and flavours of ripe pear and crisp apple. Really sophisticated and pairs fantastically with seafood.

£14.99 (was £17.99)



Emiliana O Organic Chardonnay

Where: Waitrose

When: Now, until June 6

Why: The 'O' is for organic which is at the heart of the Chilean winemaker's philosophy. This unoaked Chardonnay has refreshing citrus aromas and hints of tropical fruit flavours.

£6.99 (was £8.99)



Hereford Tempranillo Malbec

Where: Co-op

When: Now, until June 6

Why: Argentinian red wine that's richly fruity, spicy and well balanced. Perfect to combine with dishes such as red meat, cheeses and spicy cuisine.

£6.25 (was £7.25)



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Bear in mind that a no-claims bonus is usually valid for two years after the policy ends, and if the policyholder stops driving for any reason, it must be built up again from scratch.

When arranging a quote, the insurer will ask for the no-claims bonus and apply the discount based on the number of years of the no-claims. The policy's cost should remain the same as long as the information matches up.

For drivers who have sole use of the company car, or who are buying a second car, or have been driving on someone else's insurance, some insurance providers will consider claim-free years and offer an equivalent discount.

For company car drivers the employer should be able to confirm sole use of the vehicle for social, domestic and pleasure purposes, as well as for business use, and the number of years of claim-free driving.

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Pictured above: Directors - Sally Houlton and Karen Verschoor-Lowe.

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www.cottinghamtimes.co.uk - June 23

Motoring - with Roy Woodcock



Sporty but nice - that's the new plug-in hybrid version of Alfa Romeo's compact SUV, the Tonale.

Roy Woodcock reports . . .

If this was a word association game and the words were Alfa Romeo, what would they conjure up? Sporty? Definitely. Macho? Almost certainly; along with other responses suggesting speed and motoring thrills. And although other colours are available, if you were contemplating owning an Alfa, it would have to be red, wouldn't it?

The Italian car-maker has been inextricably linked to motor sport, and the idea that it's a brand that delivers exciting motoring, for just about its entire 112-year existence. Which is both a major plus but, also, it has to be said, can be a major obstacle in the minds of those who simply want everyday practicality.

The latter is probably why Alfa sales volumes have never been off the scale.

In recent years, a visit to an Alfa dealership would have seen you looking at a choice of just two models - the Alfa Giulia saloon or Stelvio SUV, the latter offering a hot 510 horsepower model in the range capable of eye-watering speeds.

Usher in the Alfa Romeo Tonale, which marks the metamorphosis of Alfa Romeo into a new era of electrification - first with the mild hybrid version which debuted on our roads last year and now, from this month, the PHEV Q4, a plug-in hybrid version.

A fully electric model will follow in due course.

I joined other motoring journalists for a first drive of the latest version on the roads of the Yorkshire Dales and, I have to say, I came away hooked.

The first thing to say is that the Tonale PHEV has lost none of the Alfa DNA - this is still an exciting and rewarding car to drive. But so far as compact SUVs go it can also be viewed and judged by other criteria, as it's both a fabulous-looking car that oozes a premium quality and, most importantly of all, is extremely practical in terms of everyday family motoring.

The rear-wheel drive associated with the Giulia and Stelvio is replaced by an all-wheel set-up (hence the Q4 part of the name) that will bring added confidence to the most cautious of drivers. A 1.3-litre petrol engine sends power to the front wheels while an electric motor drives the rear wheels - giving a combined output of 280 horsepower.

It also delivers decent economy figures and tax advantages.

According to Alfa Romeo, the Tonale Q4 can cover up to 42 miles on electric power alone, or 50 miles if you're just driving around town.

The plug-in Tonale can also return up to 217mpg while emitting 29-32g/km of CO₂, which is how it attracts the same eight per cent Benefit-in-Kind tax rate as the latest BMW X1 PHEV, and well below the 14 per cent BiK rate for the equivalent XC40. Those figures alone show why this car will appeal to a far wider clientele than those who simply want red-blooded thrills.

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The PHEV adds something like £6,000 to the mild hybrid Tonale but, at launch, comes in the same three trim levels - Ti, Veloce and Edizione Speciale. I was driving the latter, with an on the road price of £44,595.

The standard kit list is lengthy, as it should be at this price point, with every model receiving LED headlights, a reversing camera, powered boot lid, keyless entry, 18- to 20-inch alloy wheels, 12.3-inch digital driver's display and 10.25-inch central touchscreen with Apple CarPlay and Android Auto smartphone connectivity.

Rivals will include those already mentioned as well as Audi's Q3, and Range Rover Evoque and I can tell you it stands up well. Alfa's design flair will guarantee this car gets plenty of admiring glances - whether it's front-on and that eye-catching grille and off-centre number plate or the stylist interior that's both minimalistic but eye-catching; right down to the steering wheel-mounted starter button.

I can certainly vouch for the attention the car gets having stopped off at Britain's highest pub - The Tan Hill Inn - on my Dales drive (not for a drink, just for the photos!). And there's lots to admire inside the car, too.

The new infotainment system looks amazing, responds quickly and has contemporary creature comforts like Amazon Alexa voice control.

It's spacious, too, so far as head and legroom goes, front and rear. The rear seats will sit three but only at a pinch and that's pretty normal for this size of car. My only real gripe is the boot - the plug-in model, because of the battery pack and rear axle electric motor, sacrifices some 115 litres against the mild hybrid version, leaving boot space equivalent to what you would get in something like a Renault Clio.

That said, you can fold the rear seats down if you want to pack stuff in.

So, good to look at, practical and reassuring to drive and offering decent running costs. But this being an Alfa, how does it drive: I repeat, it's lost none of its Alfa DNA and is exciting and rewarding to drive. With all that power on tap, 0-62mph takes just 6.2 seconds while the top speed stands at 128 mph. A torque-vectoring system that moderates the powertrain's performance to suit the road conditions, means it turns-in like a hot hatchback on demanding B-roads. Instant punch from the electric motor results in responsive acceleration out of the slowest bends.

The suspension, with frequency-selective dampers, provides a great ride/handling balance that's satisfying on a twisty road, yet comfortable enough when cruising. And adaptive dampers on Veloce models and upwards can be controlled independently of the drive modes via a button in the middle of the rotary selector, so even if you're in the sportier Dynamic setting, the bumpy road mode makes the ride noticeably softer.

Charging is straight-forward - a full battery is possible in less than two-and-a-half hours when using a 7.5kW fast-charger.

Lots to admire, then, in a car that's bound to open up new markets for Alfa in the UK.

More info: www.alfaromeo.co.uk.



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Gardeners help fundraise for an amazing cause with Cottingham Open Gardens!

This summer sees the return of Cottingham Open Gardens as budding gardeners within the Cottingham area collaborate to raise vital funds for Dove House Hospice.

Opening their gardens on Sundays 4th and 11th June between 10am and 4pm, the event will feature a varied mix of garden sizes, garden styles and fundraising activities which help to make the weekends a fantastic family outing.

Gemma Hindley, Fundraising Assistant at Dove House Hospice said "Open Gardens are hugely popular events that take place throughout Hull and East Yorkshire in aid of the hospice. Last year, Cottingham Open Gardens raised over £9,000 for the hospice and we are incredibly grateful to all of our gardens that take part as they are helping to ensure the hospice can provide care for patients and their families within the local area. Some gardens also offer additional activities such as arts and crafts, cakes and refreshments, so there is something for everyone to enjoy whilst visiting the gardens".

Event programs and maps are now on sale priced at £4.00 each and are available from a number of stockists in Cottingham, including the Dove House Hospice shop. For more information, please contact the Fundraising team on fundraising@dovehouse.org.uk or call on 01482 785743

Hull charity Ready Steady Read seeking volunteers to improve literacy

Ready, Steady, Read is a Hull-based charity that aims to improve literacy in primary school children and encourage a lifelong love of reading by recruiting, training and managing volunteers, and placing them in schools as reading mentors. To date they have supported hundreds of children in schools across the city to develop their reading skills

through one-to-one coaching.

Before any volunteers are placed in a school, the charity arranges the necessary DBS checks and safeguarding training and provides reading training so that they are up to speed on the latest techniques and practices for supporting reading.

This is a perfect role for anyone who wants to make a difference to children's literacy, confidence, and future. If interested in this hugely rewarding volunteering opportunity please visit www.readysteadyread.org to find out more about the charity and apply online to volunteer as a reader, or call Joanne Walker on 07949 734175.

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June is a great time to be out in the garden. Many plants are in full bloom at this time of year and the weather (should be) warm and sunny. Keep watering your garden to avoid your plants from wilting. A great way of recycling water and saving money is by using a water butt system that will collect rainwater from summer showers. It's a 100 litre space saving water butt kit at the Coletta & Tyson Garden Centre and will save you money on your water bill over the hot summer months.

The uncertain start to the year with the weather has made it difficult to get started on the garden properly but now the weather is looking better so now is the perfect time to start planning for those summer blooms.

During the month of June roses begin to open up in fantastic blooms lighting up the garden. It's no wonder we chose them to be our Plant of the Month at the Coletta & Tyson Garden Centre.

Roses are one of the countries favourite plants and can be a great benefit to any garden whether the rose is a fragrant variety,



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climber or miniature. Roses come in a rainbow of colours and double blooms meaning they'd suit many gardens with a colour scheme. Some say they are moderately difficult to tend but with our tips on growing and caring for roses it can be an easy and rewarding part of gardening.

At the Coletta & Tyson Garden Centre we have a large selection of roses to suit, with 3L roses for just £3.99 each or 3 for £10. David Austin speciality roses starting from £14.99. Plus protect those roses from blackspot and rust as well as most common insect infestations with Rose Rescue, just £5.99 at Coletta & Tyson.

Planting New Roses

For first time rose growers you can chose to grow your rose in a container or plant it straight into the ground. If you chose to plant your rose in a container the plant will benefit from well draining compost and rose fertilisers through out the year.

When planting your rose you will need to prepare the soil. The best way to do this is by adding farmyard manure like horse or chicken manure.

Dig a hole roughly twice the size of the roots and the depth of a spade's blade to allow room for the rose. Add a general fertiliser to the hole to help the roots establish and grow further once planted. To aid the rose over the summer and to avoid drought in summer gently tease out the roots so they can grow out once planted.

Place the rose in the hole and fill with compost making sure that the compost covers the roots completely to avoid future dieback. Water thoroughly.



10 Jobs for this month

1. Keep weeds at bay by hoeing your borders and beddings regularly.
2. Maintain the lawn by mowing it once a week.
3. Plant summer bedding.
4. Shade your greenhouse to prevent it getting to hot over the summer.
5. Be careful not to waste water over the dry months. Conserve water by investing in a water butt or using bath and kitchen water that isn't too dirty.
6. Harvest early potatoes, radishes and salad leaves like lettuce.
7. Once the sun has ripened them, strawberries should be perfect for harvesting.
8. Remove rose flowers as they fade to encourage new flowers.
9. Plants like tomatoes, courgettes and celery can be planted outdoors.
10. Tie stems of tall growing plants to supports.

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Aftercare

Over the next two summers you will need to keep the new rose well watered to keep the roots healthy especially over dry spells. Your rose will also benefit from an extra feeding with a general rose fertiliser every spring followed by mulching with bark chips or well rotted manure. Be careful to leave a space around the stem of the rose when you are mulching.

Pruning

It is a good idea to prune back your rose in the first winter after planting, and then in late winter to early spring thereafter. With all roses you will need to remove dead, damaged and weak growths. Pruning then depends on the variety in your garden.

- Climbing or rambling roses need to be pruned back to around 30-40 cm away from the base.
- Large flowered varieties are best pruned back to 10-15cm away from the base of the plant.
- For cluster flowered varieties prune back long stems to about 15cm away from the base.
- Avoid pruning the remaining long stems on shrub roses.

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- For cluster flowered varieties prune back long stems to about 15cm away from the base.
- Avoid pruning the remaining long stems on shrub roses.

Grow Your Own: June

- **Peas:** are a trouble free crop that enjoy cooler weather. Sow them directly into the ground from March to June and look forward to the incredible sweet flavour of fresh picked peas from June to August. All they require is support for their stems - simply erect some chicken wire or netting between supports at each end of the row. You'll be amazed at how good fresh peas taste and the more that you pick them, the

more they produce!

- **Broad Beans:** What could be simpler! Sow Broad Beans in spring in small 7.5cm (3") pots of compost, and within a few weeks these quick growing beans will make sturdy plants that can be planted out in the garden. If that sounds like too much work then sow them directly in the ground. Watch the bees pollinate their pretty flowers and before you know it you will be harvesting a bumper crop of fresh picked beans from June onwards, with a flavour that puts supermarket beans to shame.

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Your Stars for June 2023

By Kay Gower

Aries (Mar. 21- April 20)

There's a difference between learning a skill and applying it. Just because you know what to do doesn't mean you'll do it, especially if you're tense or stressed. Relaxation will be the key to making a change this month.

Taurus (Apr. 21- May 21)

The last two weeks of the month will be touched by unusual happenings. Strange people and even stranger experiences come from out of the blue. You might even enjoy the shakeup. There could be a small windfall around the last week.

Gemini (May 22-June 21)

With Saturn turning retrograde mid month it may be harder than ever to express how you feel or put a finger on what might be bothering you. You are facing the ending of the old so that there will be room for the new, and it is natural to be slightly off balance during this time.

Cancer (June 22-July 22)

Secrets are in safe hands with you. Not so much with your friends. This month is no time to spill the beans of the past, not even those beans that now seem funny and harmless. Things will get twisted in the retelling.

Leo (July 23-Aug 22)

The first week of the month especially around the time of the full moon (4th) the focus will be on home and family matters. It's a good time for nurturing relationships with loved ones and being gentle with your own emotional well-being.

Virgo (Aug 22 – Sept. 23)

You'll rehearse certain things that others wouldn't take the time to practice. That's because you see the value in the way you present yourself. In the past, you've said "yes" when you really wanted to say "no." You've since learned your lesson. You will get the chance to prove it this month as you make a choice that's right for you.

Libra (Sept. 24 -Oct. 23)

June kicks off with health and fitness concerns at the top of your list, and the Full Moon on the 4th will be giving you a feeling of intensity and focus. Sports, games and creative activities are all well starred.

Scorpio (Oct. 24 - Nov. 22)

Group based activities have a certain appeal this month. Getting your own way with others should be a piece of cake, particularly if you decide to use a combination of tact and simple common sense.

Sagittarius (Nov. 23 -Dec. 21)

The full moon in your sign on the 4th could bring opportunities for personal transformation and growth. It's a good time for introspection, letting go of what no longer serves you, and embracing positive changes.

Capricorn (Dec 22.- Jan. 20)

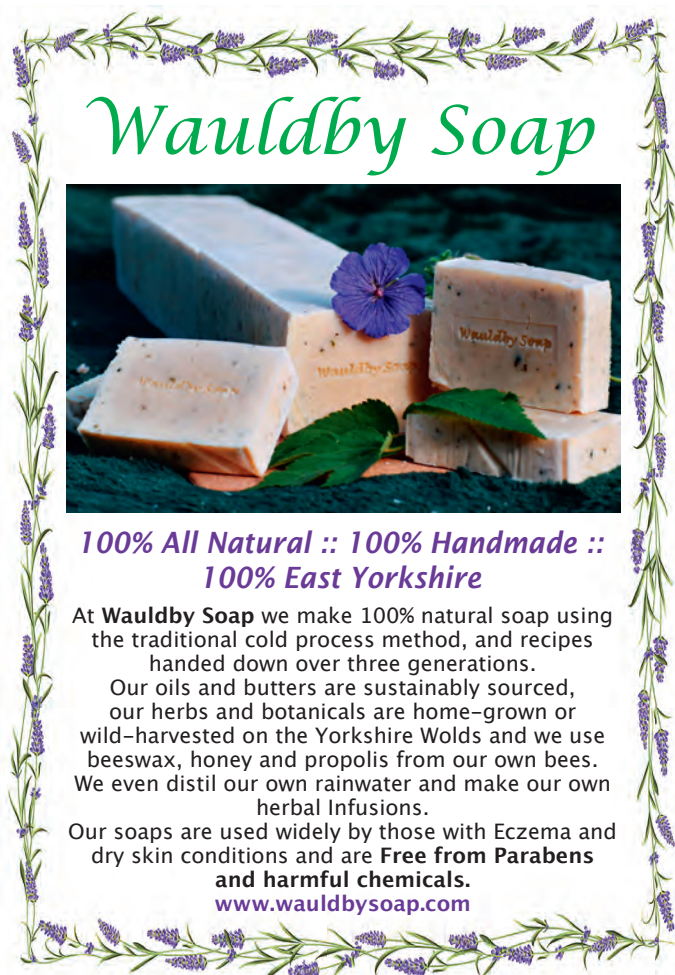
The summer months could involve a focus on work and career. It's a good time for setting goals, pursuing professional opportunities, and making progress toward your ambitions.

Aquarius (Jan 21 - Feb 19)


You say the right thing at the right time, but what is perhaps even better is that you avoid saying the wrong thing or to saying too much. Your use of silence is genius especially around the 15th.

Pisces (Feb. 20-Mar. 20)

Matters in and around the home seem to be the most fulfilling right now. You can afford to view this month with great interest, not least because there will be some entertaining possibilities in store, financial gains are also possible, but in a low key way.



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'Glam and Gloom - 1970s Britain' : a new exhibition at the Treasure House in Beverley

The next Treasure House exhibition will be 'Glam and Gloom - 1970s Britain', and will be on display until 26 August.

The decade saw glam rock bands, sunshine holidays and great British TV shows mixed with rising inflation, power cuts and endless strikes, hence the exhibition's title.

Visitors can expect to see favourite 70s LP covers, including T. Rex, Ziggy Stardust and, of course, the tartan-clad Bay City Rollers! There will be some fabulous 70s fashions on display, including white

Crossword solution from page 14

B	A	T	H	R	O	O	M		F	R	A	M	E	D
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W	I	T	H	D	R	A	W		G	N	E	I	S	S
A		T		I		C		O		E		S		A
I	T	E	M	I	Z	I	N	G		G	A	T	E	S
L		R			T			L		A		U		T
			W	I	R	Y		E	N	D	O	R	S	E
S		T		M					E		E			R
A	C	E	R	B	I	C		A	P	S	E			
W		E		R		H		N				A		T
H	I	N	D	I		I	N	E	F	F	A	B	L	Y
O		A		C		P		M		I		L		P
R	A	G	L	A	N			K	O	H	L	R	A	B
S		E		T				N		E		Z		S
E	A	R	N	E	D			H	E	A	D	R	E	S

Sudoku Answer from page 12

4	5	8	1	3	9	6	7	2
9	6	7	5	2	4	8	1	3
3	1	2	6	7	8	4	5	9
5	7	9	4	6	3	2	8	1
6	8	1	7	5	2	9	3	4
2	3	4	9	8	1	5	6	7
7	9	3	8	4	5	1	2	6
8	4	6	2	1	7	3	9	5
1	2	5	3	9	6	7	4	8

platform boots (as made famous by Abba), Laura Ashley prairie dress and knitted hotpants (perfect for the hot summer of 1976!).

There will be lots of fun 70s toys, including space hoppers and battleships on show, and on the more serious side, "Sum-It" - a game to familiarise players with pounds and pence (Britain "went decimal" in 1971).

To complement the exhibition, a selection of 1970s documents from East Riding Archives will also be on display. These include guides from the Campaign for Real Ale for where to buy beer; items from a souvenir folder relating to the Yorkshire Television adaptation of Winifred Holtby's book South Riding; and a brochure for a flying display at RAF Leconfield with star attraction the Red Arrows.

Visitors can enjoy watching a film showing a drive down Beverley's Toll Gavel in the early 70s before it was pedestrianised, and for younger visitors, there will be a selection of vintage and reproduction favourite 70s toys.

'Glam and Gloom' is a touring exhibition from The Exhibitours and will be located on the first floor of the Treasure House in Champney Road, Beverley. It will be open six days a week, and admission is free.

For full details and opening hours, visit: https://www.eastridingmuseums.co.uk/find-a-museum/?entry=treasure_museum_gallery.





A Look into Frogman Bronzes: Tim Cotterill's Unique Bronze Sculptures

Tim Cotterill, also known as the Frogman, is a talented and renowned artist known for his unique and captivating bronze sculptures.

Born in England, Tim has spent much of his career in Los Angeles, California, where he has made a name for himself with his one-of-a-kind creations. His work has been featured in various exhibitions and collected by art enthusiasts worldwide.

Tim Cotterill was born in Leicester, England, where his interest in art and metalwork began at an early age. He later



moved to Los Angeles, where he honed his craft and developed his unique style of creating bronze sculptures. Despite being based in the United States, Tim maintains strong ties to his British roots, often incorporating elements from his upbringing into his art.

Tim Cotterill's signature style features intricately detailed and realistic bronze sculptures of frogs, owls, and other wildlife. He is particularly known for his use of vibrant patinas, which bring his creations to life with striking colours. To create his sculptures, Tim uses the lost wax casting process, an ancient method for casting metal objects. This technique allows him to achieve incredible detail and accuracy in his work.

The inspiration for Tim Cotterill's frog sculptures stems from his fascination with the natural world and his love for these small, fascinating creatures. Over time, his work has evolved to include other animals such as owls, showcasing his versatility and talent as an artist.

Tim Cotterill, the Frogman, has made a lasting impact on the art world with his unique and intricate bronze sculptures. His work has captivated collectors and art enthusiasts alike, with each piece being



hand-engraved, numbered, and signed, ensuring its authenticity and collectability. From his humble beginnings in England to his success in Los Angeles, Tim Cotterill's art continues to inspire and delight those who encounter it.

Tim Cotterill's fame extends beyond the art world, with appearances on popular television shows such as Jay Leno's Garage. Tim showcased his creativity and engineering prowess by designing and building the Rocket 3 trike, a custom three-wheeled vehicle with a powerful engine and an eye-catching design.

Tim Cotterill's work has gained significant popularity among collectors, with each sculpture being hand-engraved, numbered, and signed by Tim himself. The artists work is available to view at the Artmarket Gallery in Cottingham.

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*whilst stocks last



On May 15th we launched an exciting partnership with Hull & East Yorkshire Mind. We will be working together over the next year to raise money for the charity, but also raise awareness of how nature can benefit mental health.



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