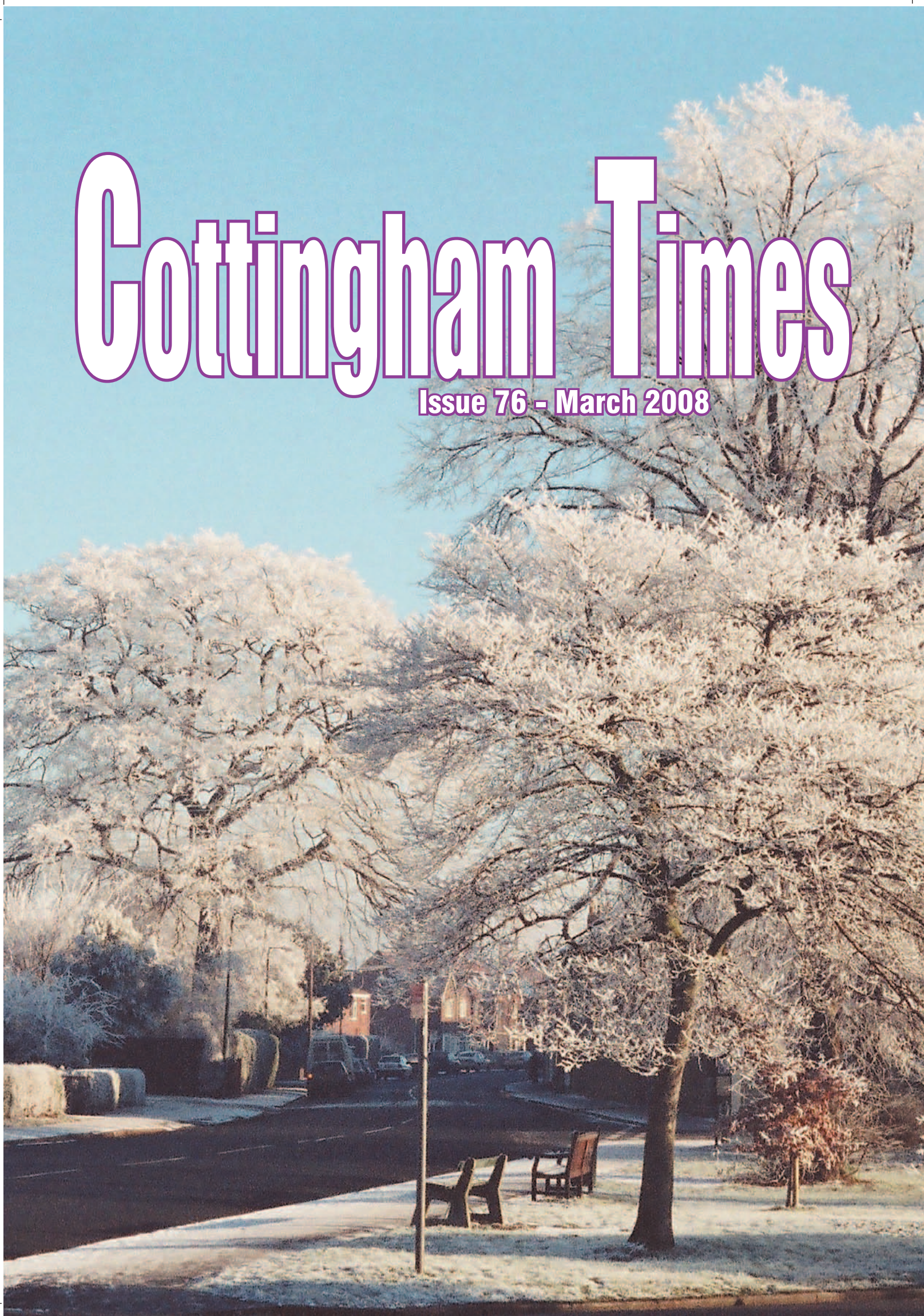


Cottingham Times

Issue 76 - March 2008





Sunkissd Tanning Ltd. (formerly Helios), in King Street, Cottingham is now under new management, Pat Gibbons, the new owner of Sunkissd Tanning, worked at the Helios Studio for more than two years, and could see the excellent potential of the studio and decided to buy it.

Sunkissd Tanning has been totally refurbished and revamped and all beds re-tubed, and now offers a warm, friendly and relaxed atmosphere you experience as soon as you enter the studio. There is a bright, airy seating area where you can relax before your tanning session.

Sunkissd Tanning has four tanning rooms, consisting of two lay-downs and two stand up rooms.

A superb selection of creams for faces and legs to promote faster tanning. Bronzers, accelerator and tingling creams are also available and Pat hopes to stock a range of summer accessories in the near future.

Pat and her staff are always available to help and advise customers on tanning times and programmes.

Currently Sunkissd Tanning are offering reduced courses with free sessions and there will be other special offers throughout the year.

The studio is open Monday through Saturday and is open till 7.00 pm Tuesday to Friday. During the Spring/Summer months the studio will be open until 8.00 pm.



Pat welcomes all customers old and new to experience the new, superb tanning facilities and relaxed atmosphere at the Sunkissd Tanning Studio, at Unit 3, Kings Parade, King Street, Cottingham HU16 5QQ, telephone 01482 848017 for ongoing and latest offers.



Sunkissd Tanning Ltd.

Unit 3, Kings Parade, King Street, Cottingham HU16 5QQ

Telephone: 01482 848017

THE COTTINGHAM TIMES

1 Forge Place, South Rise, Skidby, Cottingham HU16 5UL
Telephone: 01482 840035

Editor: Keith Teale

Published Monthly by: The Cottingham Times

Printed by: John Boland Print, Hull

Enquiries: Advertising

Tel: 01482 840035 - Fax: 01482 840035

Editorial and Contributions

Tel: 01482 840035 - Fax: 01482 840035

Accounts: Tel: 01482 840035 - Fax: 01482 840035

Website: www.cottinghamtimes.co.uk

E-mail: media@cottinghamtimes.co.uk

The views expressed in the Cottingham Times are not necessarily those of the editor. Copyright of the entire magazine contents is strictly reserved on behalf of the Cottingham Times and the authors.

Disclaimer

Whilst every effort is made to ensure the accuracy of the dates, event information and advertisements, events may be cancelled or event dates may be subject to alteration and the Cottingham Times can accept no responsibility for the accuracy of any information or claims made by advertisers included within this publication.

Notice to Advertisers

Trades Descriptions Act 1968. It is a criminal offence for anyone in the course of a trade or business to falsely describe goods they are offering.

The Sale of Goods Act 1979 and the Supply of Goods and Services Act 1982.

The legislation requires that items offered for sale by private vendors must be "as described". Failure to observe this requirement may allow the purchaser to sue for damages.

Road Traffic Act

It is a criminal offence for anyone to sell a motor vehicle for use on the highway which is unroadworthy.

Looking for Window Blinds?

All Types of Blinds Supplied - Vertical / Roller / Venetian / Roman



Conservatory Specialists

5YR Guarantee
ON ALL PRODUCTS

UKBlindsdirect
www.ukblindsdirect.com
info@ukblindsdirecthull.co.uk

ALL blinds Measured & Fitted **FREE**
Call us for a no obligation quotation
01482 840238



25 YEARS

OF SERVICE FOR YOUR
PETS, HORSES & PONIES
& GARDEN BIRDS

animal and pet supplies

WE SHOULD HAVE EVERYTHING YOUR PETS REQUIRE
AND IF WE DON'T, WE WILL TRY TO OBTAIN IT FOR YOU.
WE HAVE A LOCAL DELIVERY SERVICE - MINIMUM ORDER
VALUES APPLY - PLEASE ENQUIRE - OPEN 7 DAYS A WEEK
CALL IN AND SEE US - CAR PARKING AT REAR
72 Castle Road, Cottingham HU16 5JG
Telephone (01482) 843631
Near to Gate 3 Castle Hill Hospital



D. WILLIAMS

& Son Ltd
Established 1984
CITY & GUILDS ADVANCED PLUMBING

Plumbing & Heating

Plumbing • Heating • Bathrooms • Tiling



Full Bathroom installations

- Tiling
- Electrics
- Building Alterations
- Joinery

Central Heating

- Full Systems
- Boiler Changes
- Power Flushing
- Boiler Servicing

Plumbing & Gas

- All Plumbing Work
- Gas Cookers
- Gas Fires
- Servicing to all gas appliances

Tel: 882552 Mobile 07721 366343



Cave Castle Hotel

01430 422245

*Sunday Lunch in
The Windsor Restaurant
£15.50 per person
For a Truly Exceptional Dining Experience*

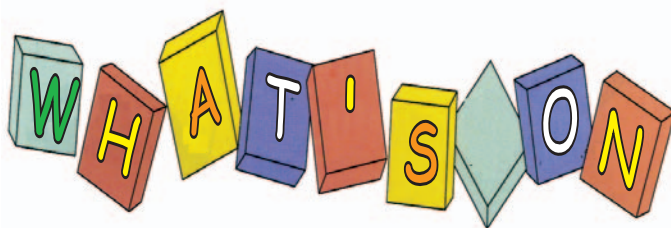
The Courtyard Coffee Shop

*Hot Drinks & Light Snacks
Served All Day, Everyday!!!*

Forthcoming Events

*Murder Mystery Evening
Including Dinner for £29.95 per person
Friday 11th April*

*Evening With Elvis
Including Dinner for £24.95 per person
Friday 9th May
Overnight Packages Available on Request*



In Cottingham and District

Cottingham British Red Cross

8 hour Basic First Aid Course at the Methodist Church
Tuesdays April 8th, 15th, 22nd and 29th at 7.30 pm - 9.30 pm.
Please register 01482 842411 or 846487.

Cottingham Catholic Women's League

Monday 10th March, "Sex, Marriage and Canon Law", Father Stephen Maughan, in the Garden Room, Holy Cross RC Church, Carrington Avenue at 7.30 pm.

Cottingham Women's Institute

Tuesday 11th March, at 10.00 am upstairs at Cottingham Civic Hall.

U3A

Thursday 13th March, Off-road in Oman - Hector Sutherland, at 2.00 pm in the Darby & Joan Hall, Finkle Street, Cottingham.

Cottingham Green Women's Institute

Thursday 13th March, Flip and Stitch Patchwork, Mrs. Jean Ellis, in The Darby & Joan Small Hall, Finkle Street, at 7.30 pm.

East Yorkshire Embroidery Society

Saturday 15th March, 10.00 am - 4.00 pm, in the Darby & Joan Hall, Finkle Street, Cottingham. Entrance charge 50p, Refreshments available.

Skidby Village Hall

Saturday 15th March, Easter Fair, (10.00 am to 1.00 pm).

Cottingham Gardening Club

Tuesday 18th March, Neil Timms - Giving a talk about ferns, at 7.30 pm in the Garden Room, Holy Cross Community Meeting Room, Christmas Social Evening.

Cottingham Evening Townswomen's Guild

Wednesday 19th March, at 7.30 in the Darby & Joan, Finkle Street. AGM and Social.

Cottingham Men's de Luda Society

Wednesday 19th March, Ken Knox, Small Boats, Big Men, in the St. Mary's Church Hall, at 2.00 pm.

Diabetes UK

Thursday 20th March, Mr. Duane Melllor, Academic Research Nutritionist, at the Board Room, Castle Hill Hospital, Entrance 1B, Cottingham. 7.30 - 9.30. (Free Parking). All Diabetics, carers, family and friends are welcome to attend. Please phone 844284 if transport is needed.

East Yorkshire Association (The National Trust)

Thursday 20th March, 7.30 pm in the Civic Hall, Market Green, Cottingham. Mrs. Gwen Staveley, "Along the King's Highway", The Ancient Road from Hessle to Beverley.

Front Cover Picture: Is a view taken looking down Hallgate, Cottingham from the Fair Maid Public House. The photograph was taken and kindly supplied by John Dewing, who can be contacted at 6A Queens Close, Cottingham. Tel. 847140.

STEPHEN RICHARDSON



PLUMBING, HEATING & GAS SERVICES



218388

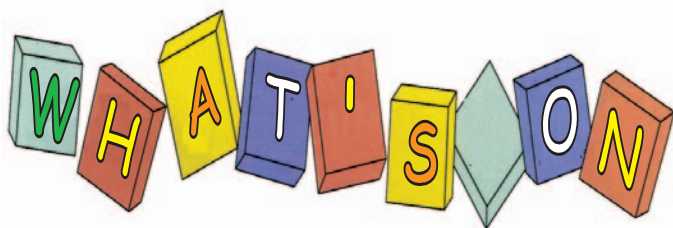
Time served Plumber
Ex British Gas Technical Engineer

- * Gas Central Heating
- * Boiler Replacements
- * Service & Repairs
- * Bathroom Suite's
- * Systems Powerflushed
- * Systems Upgraded

All Plumbing Work Undertaken

Tel: 01482 876145
Mob: 07779 887769

33 St Margarets Avenue, Cottingham, East Yorkshire, HU16 5NQ



In Cottingham and District

Friends of Thwaite Gardens

Tuesday 25th March, Gardeners Question Time, 7.30 pm at the Methodist Church Hall, Hallgate, Cottingham (next to the Nat West Bank). Come and ask the experts Chris Robinson, Head Gardener, Bishop Burton College, plus two ex-tutors. Members free, Guest £1.00.

Wednesday Social Club

Wednesday 26th March, at 2.00 pm in the small Darby & Joan Hall, at the rear of the building, Mr. & Mrs. Spence, Round and About Brough, Elloughton and the Humber.

Cottingham Civic Society

Monday 31st March, "The East Yorkshire Chalk Rivers Trust", Trevor Lonsborough, ****Please note the change from the usual date (24th March is Easter Monday) in the Darby & Joan Hall, Finkle Street, 7.30 pm.**

East Riding Flower Club

Monday 31st March, Practice: Kitchen Basket (niche) setting up at 10.00 am, judging at noon, 2.00 pm "Ready, Steady, Arrange"!, starring club members. at the Civic Hall, Cottingham.

Hull and Holderness Branch, British Sugar Guild

Saturday 5th April, 2.00 to 4.00 pm., The Terrace, Cottingham Parks Golf and Country Club, Woodhill Way, Cottingham. "Water Lily with Dragonfly", by Lily Lamb.

Cottingham Women's Institute

Tuesday 8th April, Church Embroidery and More, Margaret Grimshaw, at 10.00 am upstairs at Cottingham Civic Hall.

U3A

Thursday 10th April, Hull Transport Interchange, Tony Steadman, at 2.00 pm in the Darby & Joan Hall, Finkle Street, Cottingham.

Skidby Village Hall

Saturday 12th April, Coffee Morning, 10.00 am - 1.00 pm.



The Blue Bell, West Green, Cottingham

Open Mic Nights Every Other Wednesday

Wednesday 19th March - Phil Crowder

Wednesday 2nd April - Claudette Tillier

Wednesday 16th April - Mini Festival Night - Guests to be announced

The Railway, Thwaite Street, Cottingham

Sundays - Country & Western with Barry John

Every other Tuesday - The East Coast Band

Wednesdays - Johnny Pat & The Aces, £2 at the door with a free raffle.

Thursday - Karaoke

Please send us your Society or Pub's information for the What's On column, and let everyone know what's happening in and around the Cottingham area. If people don't know they won't go.

Four Generations giving 100 years Family Service

Herbert 1893-1962 Eardley 1908-1986 Geoffrey 1939 David 1964

Funerals respectfully conducted :: Personal Attention
Limousines :: Home & Abroad :: Private Rest Rooms Available

H. KEMP & SON LTD

Funeral Directors

(Established 1893)

259-261 HALLGATE, COTTINGHAM
YORKS HU16 4BG

Telephone (01482) 844695



❖ Golden Charter Pre-Paid
Funeral Plans Available ❖



J. Knight Electrical

Electrical Engineers & Contractors

Fully tested and certified
to BS7671



Mobile:

07788 443814

www.jknightelectrical.co.uk

PAINTER & DECORATOR

25 YEARS EXPERIENCE

QUALITY WORK

TEL: 01482 876743 (COTTINGHAM)

DAISY DECOR

ALL WORK CONSIDERED - NO JOB TOO SMALL
ALTERNATIVE TEL NUMBER: 07929 216172



cottingham

CHIROPODY

192 King Street, Cottingham HU16 5QJ

Tel: 01482 840337

Gillian Scales

DPodM, MChs, HPC Registered Podiatrist

and associate

Sheree Curry

DPodM, MChs, HPC Registered Podiatrist

Maintaining healthy feet and mobility in a relaxing, caring environment

- Feet health checks • Full range of treatments
- Orthotic prescriptions, gait analysis and footwear advice

Appointments also available at Affinity Nail Studio 6 Pinfold, South Cave :: Tel: 01430 425910

Online Bookkeeping - the future?

by Nick Robinson

Richard Mills at RDM Computers Limited writes each month about just how important computers are for the future. Certainly no more so than in small business. Starting and running your business can be helped with the use of simple modern technology - we aren't talking rocket science here, there are always options for even the smallest of businesses.

We are a gold partner of **WinWeb®**, who have created a superb online bookkeeping system. As we are gold partners we are able to supply this to all of our clients free of charge. We thought we would give you some more information...

WinWeb® has a full accounting package and a cash book system. Users also have full access to an address book, diary, email, planning tools and loads of other add ons.

The full package has everything that you would expect from an accounting system. Sales ledger with invoicing, purchase ledger, nominal ledger, reporting, stock control (to be introduced) etc. Couple this together with the reporting facilities, VAT controls, printing statements for late payers and you have the full accounting system that rivals any expensive "off the shelf" package.

The cash book system simplifies the whole process and really only requires the user to input income and expenses - simple!

So what are the benefits of an online bookkeeping system?

1. No more installation files. The software is online and as such you have nothing to install.

2. Software always up to date. As the software is stored on a remote server the software is always up to date. Updates can be installed without you knowing.

3. Fully compliant with any operating system - and the Mac!

4. No security issues. Software is continually backed up onto multiple RAID-5 data servers in multiple physically and network secure data centres. You can also export to CD or DVD. Even if your PC crashes or is stolen you can always login from another machine anywhere in the world! If you trust online banking then you have no reason to doubt this.

5. **WinWeb®** offers a full 24 hours a day 365 days a year support system. 6. Multi users. So for example as your accountant I would also be able to login. No need therefore to pass backups back and forth.

7. Multi-currency - allows you to accept foreign currencies.

8. Did I mention it is FREE?

There are numerous other benefits but I can hear people asking how can all of this be free? Well it's simple. **WinWeb®** believes that you will

like their accounting system so much that you are highly likely to try other services they offer. Although I must stress that there is never any "Hard Sell". They hope to supply a "Small Business Infrastructure" in time!

Many of our clients are using **WinWeb®**. They are reaping the rewards - isn't it time you tried it?

Login either through our site at www.yorkshireaccountancy.co.uk or via www.winweb.co.uk.

Other Bookkeeping Systems

We certainly do not push clients on using a specific accounting system. We always recommend using a computer although we do still accept the traditional manual systems too.

We always try to offer, where we can, these systems for free and have a couple in addition to **WinWeb®** that are worth mentioning.

VT Cash Book

This is a simple cash book system (no invoicing). It's available via www.vtsoftware.co.uk and again it is free.

Unlike **WinWeb®** it is a stand alone system that is installed on your PC. Really simple system to use and ideal for the very small business.

Cash Book Pro

Cash Book Pro is our very own MS Excel bookkeeping template.

We developed this for a client some time ago and since then it has had a major facelift. We did used to charge for this but over time we have made it available via our website free of charge.

Again the aim of this is simplicity. We feel that although **WinWeb®** and maybe VT offer comprehensive bookkeeping systems there is always room for Excel which deals with accounts very well.

February Question and Answer Corner

Q. I'm on the flat rate VAT scheme for small businesses and have recently paid over £2,000 for membership of trade organisation. Can I claim the VAT back on that fee as a capital asset?

A. Under the flat rate VAT scheme you are not permitted to reclaim VAT paid on any purchase, unless it is a capital asset costing £2,000 or more. The capital asset acquired must be a physical good, not a service. So the payment to join the trade organisation does not qualify as a capital asset for the flat rate VAT scheme, and you can't reclaim the VAT

Yorkshire Accountancy Limited

We can make a difference...

Services include:

Annual Accounts ● Personal Taxation

Business Taxation ● Payroll

Book-keeping ● VAT

Company Formation ● Start-up Advice

Low Fixed Fees



**FREE
INITIAL
MEETING**

Contact us:

Telephone: 01482 845750

Email: info@yorkshireaccountancy.co.uk

Website: www.yorkshireaccountancy.co.uk

or at our office on Hallgate, Cottingham

Don't forget to sign-up for our FREE newsletter



Codys New Office in Cottingham



Following the unprecedented success of the Codys Estate Agency brand in Hull (statistics have proven that we outperform all other East Riding Estate Agents) a new satellite office has been opened in Cottingham to deal with both Sales and Lettings. In the current economic climate with the floods and uncertainties over the mortgage market, Codys are the only local agent currently expanding, proof in itself of our success.

Codys Estate Agents was established in 2002 during the property boom in Hull and the East Riding and has gone from strength to strength. Codys now have four offices and are due to open a new "State of the Art" office on Newland Avenue in Hull over the Summer of 2008.

The Directors of Codys Estate Agents and Lettings (pictured with the Practice Manager) have combined experience of over fifty years in Property Management, Sales, Lettings and Building work. Our business model and success has always been built upon our core values of, honesty, integrity and superb customer service - we aim to exceed your expectations and will do what no other Estate Agent will do to sell your property.

The services that we offer in Property include:

- **Sales** - FACT we are taking less time sell properties than other agents who have been surveyed - we are the **ONLY** agent who can offer a DVD tour of your property
- **Auctions** - due to our expertise we are by far the largest independent auction in the area
- **Lettings** - our service standard is not offered by any other agent
- **Financial and Mortgage Advice** - a guarantee that if the product is available we will not be beaten on speed or price

- **Conveyancing** - we work closely with a range of local solicitors and can offer a different service to suit your needs
- **Home Information Packs** - now needed to sell your property with few exceptions - to celebrate the opening of our Cottingham office we will offer **A FREE HOME INFORMATION PACK*** to Cottingham residents who allow us to sell their property (**QUOTE HU16/17 for this offer**)
- **Insurance Services** - many Cottingham Residents will notice that our office is shared with AW Insurance Consultants (previously Savoury Insurances) - this is the result of a long standing friendship between the owners of both businesses - the result being an unbeatable insurance quote for Cottingham residents
- **Building Services** - we use only vetted builders who have membership of a professional organisation (Federation of Master Builders, Guild of Master Craftsmen, CORGI, NICEIC etc...) who we have worked with before - for you this means a high standard of work at a reasonable price

Please contact any of our Directors as below for our personal attention:

Jeremy SW Wong Managing Director 01482 786786

jeremy@codys.info

Deborah J Wong Director 01482 319200 deborah@codys.info

Patrick S C Wong Director 01482 319210 patrick@codys.info

Adam Milner Practice Manager 01482 509509 adam@codys.info

* payable if withdrawn from sale

Pictured top left outside the new Cody's Estate office in Thwaite Street, Cottingham are, left to right: Adam Milner (Practice Manager), Deborah Wong (Director), Jeremy Wong (Managing Director) and Patrick Wong (Director).

Below: Pictured inside the newly refurbished Codys office which fronts onto Thwaite Street, are left to right: Patrick Wong, Jeremy Wong, Deborah Wong and Adam Milner.



Cottingham Parish Council



Police Report by PC Morley

PC Steve Morley Cottingham's Neighbourhood Police Officer was accompanied by PCSO's Mark Bentley and Scott Foster at the Parish Council meeting. They updated on various incidents which had taken place in the village. The main concerns were two incidents of mugging by the same culprits who have since been arrested. Public disorder offenses with youths fighting around village. The police assured Councillors that extra police would be on duty in Cottingham to prevent a reoccurrence.

Councillor Hardwick reminded the police about the problem with parking on Park Lane which caused problems for the large lorries using the road to transport local produce.

Pc Morley asked if the Parish Council would be prepared to fund the purchase of two bicycles for use by the PCSO's which would enable them to move around the village much more quickly.

Report From the Finance Committee

A grant application form had been received from Hallgate Junior School for funding for their entry into a Rock Challenge production. After discussion and a show of hands it was decided the council incur the expenditure because it would be in the interest of the area and its inhabitants. The Council made an award of £150.

A grant application form had also been received from the Friends of KGV for the construction of the BMX track. They had a shortfall in funds as they had to recalculate the amount of soil required in the construction. Councillor Cooper informed the Council that the extra costs were in the region of £6000. The Friends Group had been able to fund most of the shortfall but were £1,250 short. The Council made an award of £500.

Councillor Cooper informed Councillor Hardwick that the Friends Group were now in a position to move forward on the placing of the CCTV camera and he and Councillor Hardwick will have a meeting to discuss this soon.

Allotments

Councillor Hardwick reported to the Committee that all the allotment rents had now been paid, and the rat problem appeared to have been solved.

Cottingham in Bloom

Councillor Abel told Councillors that various residents who usually entered the Cottingham in Bloom competition felt that they would prefer the competition to be cancelled this year due to the continuing damage done to their gardens by last years floods. The Councillor agreed and it was decided that the competition would be cancelled for 2008.

Tree Planting

The extra trees have now been planted on Harland Way.

Fishing Pond

The Deputy Clerk reported to the Committee that at a recent meeting with the Wild Spaces Group the overall opinion was that the group would prefer to see a nature pond at the Millbeck site rather than a fishing pond.

Community Plan

The Chairman reported that volunteers were being approached to serve on the Steering Group Representatives from the churches, the traders, the High School and the leisure groups had been approached and a meeting had been arranged for the first meeting of this group.

Removal of Bench on Thwaite Street/New Village Road

The Parish Council had been asked regarding the removal of the bench on the Thwaite Street/New Village Road following a complaint, youths were congregating there and damaging the overhanging trees. It was decided that the bench would stay because it was used considerably during the day. The PCSO's have been informed.

School Safety Zone

Comments were requested from Councillors on the proposed safety zone outside Croxby Primary School. After discussions it was unanimously agreed that they had no objections to the proposals.

Applying for Planning Consent

Under the heading "Thinking of extending or altering your home?" Coun. Kevin Casson, a member of Cottingham Parish Council's Planning Committee, has drawn up the following hints for residents.

Do you need planning permission? Save yourself money, frustration and time by following these steps:

- Always talk to your neighbours about what you are trying to achieve.
 - Ring the East Riding Planning Office (01482 391737) and explain to them what you intend to do. They will be able to advise as to whether, or not, you need full planning permission.
 - If, for example, you are applying for a large extension or unusual alteration, ask for a site visit. They can advise you whether the application is feasible.
 - After taking on board neighbours' views - and the planning officer's comments, if necessary - have your plans drawn up and submitted.
- "If you follow these steps in order, you should save time, money and frustration", says Coun. Casson, who adds that the number of planning refusals through the Cottingham Parish area in the last 12 months stands at 65.

The majority of these could have been foreseen by contacting the East Riding planning officers before time and money was spent on plans.

"Remember that our object is to help - not hinder - and we work to ensure that the best interests of all Cottingham residents are considered".

Support the advertisers who appear within the Cottingham Times



CHRIS LEE

DOMESTIC CARPETS & FLOORS

The Alternative Flooring Company

The Seagrass Collection, in Natural, Basketweave and Herringbone designs. Choose fashionably chunky or beautifully fine for a practical and durable flooring.

Available from Chris Lee Carpets & Flooring Ltd



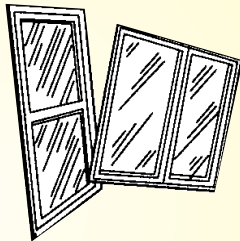
37 Chanterlands Avenue, Hull. Tel 494313

www.chrisleecarpets.com

COTTINGHAM WINDOWS & CONSERVATORIES LTD

Local Established Family Business

For all your uPVC
requirements
70mm profile with
Shoot Bolt Locking
and Internally Beaded



Over 26 Years
personal experience

For your
FREE Quotation,
please call
Helen or Ian

Tel: 01482 849999



Fensa Registered plus
Insurance Backed Guarantee

Southwood Farm Shop and Nurseries have an abundance of goodies for you this Easter

Southwood Farm Shop and Nurseries is a local business that's been in the same family for over 200 years, the shop and nurseries run by the third generation Jones family, Robert and his wife Jane. They offer everything for your garden needs from top quality plants to a full range of garden furniture and accessories.

New to the centre this year is a fabulous range of giftware including lots of great Easter ideas like egg cups, bonnets, soft toys, plates and chocolates and of course chenille chicks perfect for the school bonnet project!!!!

Southwood's also have an animal farm named after their son George, this means its a great afternoon out for all the family - and they can also boast a wonderful coffee shop Lucy's named after their daughter Lucy, celebrating their first year end going from strength to strength, serving coffee, teas, and delicious home made cakes and pastries. There is also a great play area for the kids.

In September last year Southwood expanded their floristry department and now have two florists Jude and Elaine with over 20 years experience between them. They offer something to suit all tastes from modern and contemporary to more traditional. Having had a very successful Valentines and Mothers Day, they are hoping to follow that with an equally rewarding Easter. Offering Spring bouquets, single plants in an array of pots, planted baskets and containers and lots more.

Southwood provides a friendly service and whether its buying for a garden makeover, with the magnificent choice of building materials and plants or gifts for friends, family, garden furniture or a family day out. Why not pay them a visit soon? You won't regret it!

Input Kitchens Ltd
of Cottingham

Free Design Service

Suppliers of
quality bespoke
kitchens

Fully guaranteed
installation service

**30-32 Northgate
Cottingham**
Telephone: 01482 844114
www.inputkitchens.com
sales@inputkitchens.co.uk

Tony Fairhurst - 1934-2008

We are very sad to announce the death of Tony Fairhurst at the age of 73. Many of our readers already know Tony died suddenly on Thursday 21st February.

His funeral took place on 28th February at St. Mary's Church, Hallgate and was attended by many of his friends and colleagues from all walks of life, including many from the sporting world.

Cottingham born, Tony had been associated with the Cottingham Times for over nineteen years, and he worked on the paper with Paul Lead who started the Cottingham Times all those years ago (when it was called The Leader).

He wrote many interesting articles on all topics, sport, features for new businesses, Down Memory Lane, Council News and many, many others.

He is a sad loss to us all.

He gave us inspiration, advice and his knowledge.

We shall miss him so very much.

Beautiful Fresh Flowers for Easter



Full selection of Bouquets,
Planted Containers,
Hanging Baskets and Gifts



Juniper Set RRP £289.99
NOW £129.99



Cadiz Cane Suite RRP £599.99
NOW £399.99



Large selection
of fire pits and
chimineas
from
£39.99



Palermo Rectangular Suite
RRP £449.99 **NOW £249.99**



New fun gift range



Devon Lounger 3 Piece Set
RRP £249.99 **NOW £89.99**



Add colour to your Winter
pots with our outstanding
coloured primroses & plants



Croc mammoths **£34.99**
Two pairs **£60 NOW IN**

Early Season Offers



**HALF
PRICE
POTS**



**FREE COFFEE
OR TEA
WITH THIS VOUCHER**
NOT TO BE USED
WEEKENDS OR BANK HOLIDAYS
VALID UNTIL 15TH APRIL 2008

LARGE RANGE OF SEEDS, SEED POTATOES, BABY PLUG PLANTS

10% OFF FOR SENIOR CITIZENS - EVERY WEDNESDAY
9.00 am - 5.30 pm (Offer excludes all deliveries)

Southwood Farm Shop & Nurseries

Ganton Avenue, The Parkway, Cottingham. Tel. (01482) 845825

Open: Mon to Sat 9.00 am - 5.30 pm :: Sun 10.00 am - 4.00 pm





Blue Bell

West Green, Cottingham
Tel: 847113

Live Music :: Quiz Nights

Wednesday 19th March - Phil Crowder
Wednesday 2nd April - Claudette Tillier
Wednesday 16th April - Mini Festival Night
Guests to be Announced

Happy Hour every day from 4.00 pm to 7.00 pm
Small Function Room available for Funerals, Birthdays etc.

Food Served Daily: Mon - Sat 12.00 noon - 2.00 pm and 5.30 - 7.30 pm
Sunday Roast Served 12.00 noon to 2.00 pm :: Booking Advisable

FastTrackBlinds

CONSERVATORY BLINDS SALE NOW ON

Save up to 50% OFF

*Complete light control and privacy
at your fingertips*

Mobile: 07985 980 215 anytime

After hours: 01482 662619

DAYTIME, EVENING & WEEKEND APPOINTMENTS

Chris Butters No Job Too Small

General Handyman
Garden Maintenance
Decorating
Tiling

Pressure Washing
Kitchen, Bathrooms
and Wardrobes

Domestic Electrical
Installations

Plumbing

Hillary's Window Blind
Advisor and Installer
Fully Insured

Why not give me a call on

07918 755675

Wordsearch - Find the Flowers

hidden in the puzzle below, they maybe horizontal, vertical or diagonal, forwards or backwards.

L	L	C	J	A	E	A	A	V	M	U	I	T	R	U	T	S	A	N
O	U	R	H	A	I	W	I	E	A	I	N	U	T	E	P	A	P	P
B	P	T	T	R	I	C	O	N	L	P	I	L	U	T	I	O	R	I
E	I	E	N	V	O	S	A	S	E	A	K	N	A	L	P	I	M	C
L	N	N	I	E	Y	S	H	C	V	D	Z	M	H	P	M	M	U	E
I	D	I	C	R	N	A	E	C	A	N	R	A	Y	R	B	N	M	B
A	I	M	A	B	B	Z	L	C	U	A	D	A	O	E	D	D	E	O
L	H	S	Y	E	V	U	Y	U	R	F	R	S	G	B	P	N	H	U
H	C	A	H	N	A	C	T	T	M	H	E	O	I	W	S	O	T	G
I	R	J	T	A	L	D	S	T	I	I	N	I	V	M	S	I	N	A
B	O	P	E	A	I	I	P	V	E	I	R	O	R	A	I	T	A	I
I	E	N	M	N	D	E	L	V	A	R	J	P	J	R	E	A	S	N
S	S	E	M	I	O	U	X	Y	R	H	C	H	N	I	W	N	Y	V
C	N	G	P	N	T	E	L	O	I	V	V	U	T	G	L	R	R	I
U	C	S	Y	P	A	I	R	E	T	S	I	W	P	O	E	A	H	L
S	A	R	E	T	S	A	B	L	U	E	B	E	L	L	D	C	C	L
L	I	D	O	F	F	A	D	V	Y	S	I	A	D	D	E	D	P	E
E	V	O	L	G	X	O	F	M	U	I	N	A	R	E	G	C	J	A
G	A	E	G	N	A	R	D	Y	H	S	I	R	I	C	A	L	I	L

Find the flowers in the letters above:

Acacia, Aspidistra, Aster, Azalea, Begonia, Bluebell,
Bougainvillea, Buttercup, Carnation, Chrysanthemum, Cyclamen,
Daffodil, Dahlia, Daisy, Edelweiss, Foxglove, Fuchsia, Gardenia,
Geranium, Hibiscus, Hyacinth, Hydrangea, Iris, Jasmine, Lilac,
Lily, Lobelia, Lupin, Marigold, Nasturtium, Orchid, Peony,
Primrose, Primula, Rose, Tulip, Verbena, Violet, Wisteria

Wordsearch courtesy of www.puzzlechoice.com

Sudoku No. 15 -

This is a medium challenge

	1					6		
			8	6				7
3		8				5		
				7			5	
	5		6		9		7	
	4			1				
		1				3		9
9				3	6			
		4					8	

Reproduced by kind permission of dowedo.co.uk

Support the advertisers who appear within the Cottingham Times

Cottingham Little Theatre playreading session at the King William Pub on Monday March 10th

Cottingham Little Theatre will be holding their monthly playreading session in The Brewery Bar, King William IV Public House on Monday 10 March starting at 7.30pm. This is an open session and anyone who wishes to come along will be made very welcome.

The idea of these sessions is to introduce this aspect of drama in a relaxed atmosphere - everyone who comes along will be given the opportunity to read a part or to simply sit back and listen to the play being read. For further details, please contact Sue 842250."

Cottingham Darby & Joan Luncheon Club

The Club is open to Cottingham residents who are pensioners and meets every Friday in the Darby & Joan Hall, Finkle Street but is limited to 120 members to comply with fire regulations. At the present time there is a short waiting list to join. Members start arriving during the morning and our mini bus makes five 'runs' to bring in those who are more infirm or live on the outskirts of the village.

The Club is run by the WRVS. The excellent lunch is freshly cooked on the premises. After lunch there is entertainment or Bingo followed by a cup of tea and biscuits before members make their own way home or return in the mini-bus.

Anyone wishing to join the Club is very welcome to add their name to the waiting list. Ring Jennifer Hodge Tel 849077 or the Club on Friday Tel 845819.

WANTED

The Cottingham Darby & Joan Club, Finkle Street require escorts to help the mini bus driver either Friday morning or afternoon on a rota basis. Please ring Mrs Hodge on 849077 or the Club on a Friday on 845819.

New Pasta dishes available at Gino's Pizzeria

Gino's Pizzeria in Hallgate, now have a superb new range of eleven pasta dishes for your delight. These dishes consist of variety of pastas including such fillings as King Prawns, minced beef, spinach, garlic, mushrooms, fresh cream.

Gino's is open from 4.00 pm till midnight every day, and is open till 1.00 am Fridays, Saturdays and Bank Holidays. To order your succulent pasta dishes telephone 849222.

A.B. EVERFLOW
Plumbing Services

GENUINE 24-HOUR CALL OUT
REGISTERED UNVENTED INSTALLER & REPAIRS
BATHROOM SUITES, ETC.

NO JOB TOO SMALL :: ALL AREAS COVERED

Call Phil **01482 841304**
Mobile: **07970 359706** Cottingham

Dizzys
HAIR SALON
Cottingham



*We would like to welcome
our new Stylist Sophie*

**Book with Sophie between
March 7th - March 29th inclusive and receive 50% OFF
all Hair Services also receive £10 OFF
your next colour or perm with Sophie only**

NOT IN CONJUNCTION WITH ANY OTHER OFFER OR DISCOUNT
28 KING STREET, COTTINGHAM HU16 5QE
TELEPHONE: (01482) 848494

Digital Hearing Aids & Free Hearing Tests

Coates Opticians, 8 King Street, Cottingham. Tel: 01482 840989

Reason to come to Clear Hearing in Coates Opticians of Cottingham?

1. Fully qualified & Independent.
2. Personal local service with home visiting.
3. Free hearing tests & excellent aftercare.
4. Money back guarantees.
5. Best technology at the lowest prices.

Free full personalised hearing assessment voucher

This voucher is worth up to **£200** off our premium digital hearing systems for the months of February and March

Not available with any other offers



PLASTERING

DOMESTIC & COMMERCIAL

DRY LINING • SKIMMING • RENDERING
 REPAIR WORK

FREE NO OBLIGATION QUOTES
Tel: 07921 123797

81 Churchill Avenue, Cottingham. HU16 5NJ

N.O.C.

PROPERTY SERVICES LTD

ROOFING SPECIALISTS

30 YEARS EXP, CHAS ACCREDITED, FULLY INSURED
 ALL ASPECTS OF ROOFING AND GUTTERING
FOR FREE ESTIMATES AND ADVICE
 CALL NICK O'CONNOR ON
01482 447 357 OR MOBILE 07947 556 719
 92 HULL ROAD, COTTINGAM HU16 4PU

Black Prince

18 The Parkway, Cottingham

Tel: 07970 715 301

Live Entertainment Every Friday
 Quiz Night Thursday - Sky Sports
Home Cooked Food Daily:-
 Mon to Fri 12.00 - 2.00 pm; 5.00 - 7.00 pm
 Saturday 12.00 - 4.00 pm
 Sunday Roast Served 12.00 - 2.30 pm
 Two Real Ales at all times
** Under New Management - Newly Decorated **

Loxley Tree Surgeon

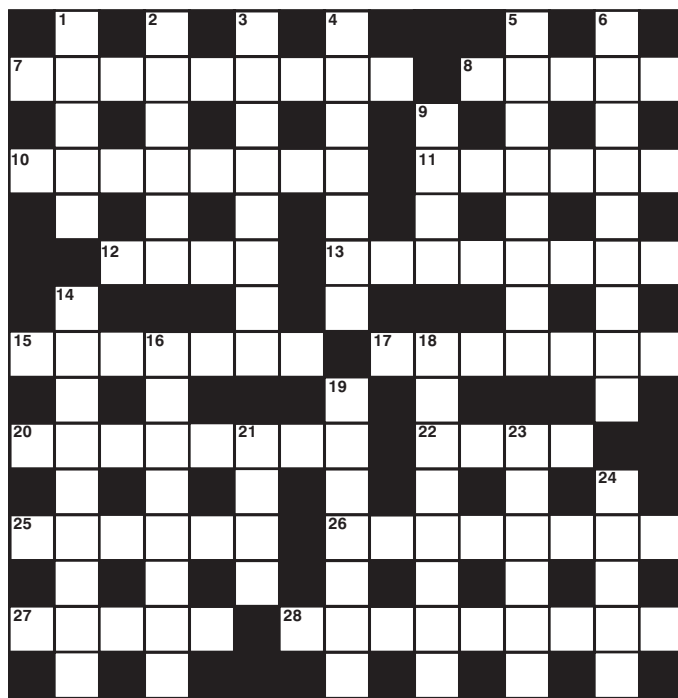
Domestic & Commercial Specialists

- Est. 1994
- FREE ESTIMATE - NO OBLIGATION
- TREE FELLING
- PRUNING
- POLLARDING
- REDUCING
- HEDGE CUTTING
- CHIPPING & REMOVAL

Fully Insured
 £5 million Public Liability
 Staff all NPTC Qualified
 CITB & CSCS Qualified

Call John
Tel: 01482 652380 :: Mobile: 07983 101182

Crossword - Solution on page 34



Across

- Measurement (9)
- Deduct (5)
- Uncommon (8)
- Dangerous (6)
- Domestic charge (4)
- Rhythmic exercises (8)
- Confinement (7)
- Shakespeare play (7)
- Outside (8)
- Pudding ingredient (4)
- Split (6)
- Girls name (8)
- Scratch (5)
- Hypnotise (9)

Down

- Music note (5)
- Breed of hound (6)
- Separated (8)
- Found at the house entrance (7)
- Can be done (8)
- Hard (9)
- Cat noise (4)
- Colourful British bird (9)
- Of third order (8)
- Tedious (8)
- Food connoisseur (7)
- Search (4)
- Image recorder (6)
- Remove (5)

Support the advertisers who appear within the Cottingham Times

Kristoff's

of Cottingham
Licensed Restaurant

Pint of Beer worth £1.50
with any food purchase - ends 31.3.08



104 Hallgate, Cottingham HU16 4BD

Tel: 01482 876886

VILLAGE BATHROOMS AND KITCHENS

**GOOD QUALITY BATHROOMS
AT A PRICE
YOU CAN'T RESIST**

**KITCHENS MADE TO MEASURE
MEASURED TO FIT**

**ACCESSORIES TO ADD THAT
FINISHING TOUCH**

Tel: 07833 920 641
n-p-s@tiscali.co.uk

WE ARE ALL UNIQUE

Isn't it great to see lighter nights and weather. It's this time of the year we see a big switch in hair design.

A popular shape still is the bob, currently we are working on breaking up the one length bob by texturing and shattering the hair to create movement. We are adding soft fringes to give a more feminine feel to the finished shape.

Long hair is a lot looser and less constructed. Curls are softer and there is more fluidity to the hair.

Colour is the key this season. We are definitely moving away from subtle colours. Bright and bold is the way forward. It's amazing how you can completely transform a look by adding head turning colour!

Changing your hair is great, the more often the better. Just by changing your product choice or even your parting can give you a different look.

At Unique we have great stylists all with different hairdressing techniques. I would like to introduce you to Sharon who is our mens hairdressing specialist who is going to pass her seasonal predictions to you.

Hi I'm Sharon and I'm going to give you my predictions for the forthcoming season:- this season is all about tailoring short sharp haircuts, but don't forget to be individual maybe add some colour. If you're a sexy brunette add some russet colours through, terracottas, golds and coppers will emphasise your gorgeous olive skin.

If you're a cool blonde why not go blonder?

Also what's hot this season is sexy relaxed hair for the man who doesn't like to be too tailored. Forget sharp hair lines, let's get softer lines for the ladies to run their fingers through!!

gents- let's get creative. Don't forget we're all unique so let's get individual.

Well that's all from me this time. Hopefully I'll be giving you more hints and tips in the seasons to follow.

Love Sharon

So give us a call for an appointment with one of our fabulous stylists at unique

Ben



As a leading salon director and stylist Ben has been involved with major events such as the Wella Roadshow and has trained with the British Hairdressing Team. So make sure you don't miss next months edition of the Cottingham Times for the Unique Hair Guide.

UNIQUE

01482 847111

7-8 The Cottages, Market Green, Cottingham

NORTH EASTERN CARE SHOP

A complete range of Healthcare and Mobility Products for the elderly and less able.
Specialist Suppliers of all incontinence needs.

FREE DELIVERY, FREE BROCHURE, HOME VISITS

Scooters, Stairlifts, Rise/Recline Chairs, Wheelchairs, Walking Aids, Footwear,
Household Aids, Comfort and Support, Bed Accessories,
Bathroom and Toileting Equipment, Personal Hygiene and much, much more

Commodes from £36.00 including delivery

752 Spring Bank West, Hull HU5 5AA

Telephone: 01482 565626 Fax: 01482 565626



Your opportunity to experience a brand new ship being named *By Marion Owen*

I often write about such events normally only attended by invited celebrities and key business partners, VIPs and dignitaries but Carnival have opened up this one to everyone who takes the mini cruise sailing from Dover for 3 nights at which the naming of the ship will be part of the experience.

Whether you are an ardent cruiser or first timer why not join me aboard, this will give you a great sample of what the Carnival Splendour and cruising has to offer. An American style Mega ship carrying 3000 passengers offers entertainment to suit all tastes this is one of the great things about the Carnival brand they have lots of different evening venues ensuring there is one offering your style of music ñ I usually head for Jazz/Swing or the Piano bar. There is a Theatre offering fabulous shows and not only a disco offering up to date hits but usually a 60/70's venue too!

Crunch time what is the cost - a bargain from just **£249** per person

What does this include?

To witness the naming of the ship

3 nights to enjoy the facilities of the ship

All food - the food and service are excellent on Carnival ships.

A full day ashore in Amsterdam - wander around the flower market, visit Anne Franks House, these are within easy reach of the ship as are the shops. Alternatively take an organised excursion directly from the ship (extra cost)

Experience a full day at sea - time to explore and join in with the activities offered on board. (the spa facilities are super!)

Children's facilities are excellent and all ages are catered for - why not treat the full family. Cabins for 4 start at just £756 total cost.

Gratuities are also included so no need to worry about tipping

All in all a bargain - departs Thursday 10th July.

Don't delay call today for bookings and further details - so much included you could not have a weekend in London for this price including food, shows and accommodation.

Tel: 211913 and speak to Lynne or myself in the Cruise Club today!



MARION OWEN TRAVEL & Cruise Club
THE CRUISE & LONGHAUL SPECIALISTS
Many exclusive departures available inclusive of
Transport to and from your port or airport



Fred Olsen

Summer 2009 & World Cruise 2010
On Sale this month

Register now for our open days
Monday 17th & Tuesday 18th March

Choose your cruise over coffee & refreshments
Lowest brochure prices - your choice of cabin
Transport to/from your door on 7 nights or more

Peter Deilmann
River Cruising
at its best.

We have a selection
of great offers
available - why not
fly from Humberside

Call for full details
Including our
escorted Oder &
Rhine cruises

Oberammergau 2010

Don't miss the Passion Play
it is a very moving
experience - Register today

Cosmos Tourama have
18 departures flying
from Humberside

Join Marion aboard
Fred Olsen's Balmoral
2nd June 2008 for 9 nights
sailing from
Rome to Venice

Tailor Made itineraries are Susan s Speciality, why not give her a call to make an appointment
Telephone or call in for bookings and details today - we have our own car park

23 Portland Street, HULL Tel. 01482 211913 abta D6499 retail agent for Atol holders.

Yorkshire Cancer Research receive £3,874.00 in two cheque presentations

Yorkshire Cancer Research recently received £3,874.00 in two separate cheque presentations. At an event at the Cottingham Parks Golf Club, a cheque for £1,850 was presented to Pamela Bird (Secretary) and Dorothy Cooper (Treasurer) of the Cottingham Committee of the Yorkshire Cancer Research, from Bill North and Mary Risean.

The money raised in memory of John Conlon, who died in 1998. The John Conlon Golf Trophy has been competed for eight times and a total of £13,301 has been donated to the Charity.



Pictured above left to right are: Bill North, Pamela Bird, Dorothy Cooper and Mary Risean at the cheque presentation ceremony at the Cottingham Parks Golf Club.

In the second presentation a cheque for £2,024.00 was presented to Dorothy Cooper, Treasurer for the Cottingham Committee of Yorkshire Cancer Research following a sponsored Sky Dive by the three girls pictured below.



Pictured above left to right are: Julie Formost, Pamela Needham and Kimberley Buckle presenting their cheque for £2,024 to Dorothy Cooper (far right) following their sponsored Sky Dive.

King William IV present cheque for £239 to Cottingham Lights

King William IV recently handed a cheque for £239.00 to 'Lal Kirby' in aid of the Cottingham Lights.

Support your local retailers - Use Them, Or Lose Them

Ann at Elizabeth of Cottingham
52 Finkle Street
Cottingham. Tel: 841246

**Spring/Summer
Fashions Now
In Stock!**

**Lovely styles
and
colours**



OPEN MONDAY - SATURDAY

9.30 am - 4.30 pm

**Manager: Mr. Farouk Miah
of the Alishaan Restaurant
Proudly presents his latest venture**

Ve. Raj

**Contemporary ♦ Indian ♦ Cuisine
Restaurant Bar & Takeaway**

**Voted Best Restaurant of the Year 2006/2007
By The Hull Daily Mail**

Probably the Largest Indian Restaurant in the Hull/York Area
For that unique dining experience
Book now to avoid disappointment
Ideal for Business Meetings or Weddings in our
Separate Function Room :: Disabled Access :: Ample Parking

**Open: Mon-Thurs: 5.30 pm - 11.30 pm
Fri & Sat: 5.30 pm - Midnight :: Sun 12 noon - 10 pm**

**10% OFF your meal
when you bring this advert with you!**

On A1079 York/Hull Road, Nr Garden Centres
Skiptonthorpe, York YO43 3PL

**Tel: 01430 873351 :: Fax: 01430 873924
www.veraj.co.uk**

In the Kitchen



Easter Sunday falls the Sunday after the Paschal Full Moon (PFM) date and is therefore a moveable date i.e. it is not on the same date each year, unlike Christmas or New Year. The reason for this is.....too complicated to go into here. For ease of reference, and without having to do all the workings, below are the dates for Easter until 2019

Easter is a holy day in the Christian faith which celebrates the resurrection of Christ. However, in many Christian countries such as the UK, it is a public holiday and has therefore come to symbolise a time of rebirth to non-Christians. To others, it is just a welcome spring holiday, often coupled with Good Friday thus making a long weekend.

Future dates for Easter Sunday

12 April 2009
4 April 2010
24 April 2011
8 April 2012
31 March 2013
20 April 2014
5 April 2015
27 March 2016
16 April 2017
1 April 2018
21 April 2019



Foods associated with Easter

There are many foods associated with Easter - some with direct associations and others which simply signify the time of year, some of which were celebratory foods thousands of years ago. Below are just a few.

Eggs signify new life. The giving of chocolate Easter Eggs in the UK has become a widespread tradition although in truth the tradition has its roots much further back in history and was originally a pagan ritual celebrating the advent of spring.

By the 18th century, the first chocolate Easter eggs appeared in France and Germany and soon spread to the rest of Europe and elsewhere. Certainly in the UK, the giving of chocolate eggs isn't restricted to children and many an adult is disappointed if they don't get at least one!

Passion Fruit is another food closely associated with Easter, the reason being that the plant was given its name by Christian missionaries who used the flower to symbolise the "Passion of Christ" i.e. his suffering at the crucifixion, to the indigenous natives in South America.

Simnel cake

Easter is preceded by Lent which is a period of 40 days which signifies Christ's time in the wilderness. It is traditionally a period of fast-



ing which ends at Easter with a feast consisting of the rich foods which couldn't be eaten. The making of Simnel cake was a tradition in the 17th century, when servant girls would take one home to their mothers as a gift. It is decorated with 11 marzipan balls signifying the 12 apostles minus Judas, who betrayed Christ.

Hot cross buns

Once again, the eating of hot cross buns stemmed from the Saxon pagan practice of eating as buns marked with a cross in honour of the goddess Eostre. It is believed that the bun signified the moon and the cross the moon's quarters. In Christianity, the cross symbolises Christ's death on the cross - the crucifixion.

Savoury Baked Fish - Serves Four

Ingredients:

450g/1lb Fish fillets, e.g. Cod, Whiting, Pollack, Hake, Coley
100g/4oz Streaky Bacon, chopped
2 Onions, sliced
50g/2oz Butter
1 level teasp Mixed herbs
1 tbsp Fresh Parsley, chopped
25g/1oz Flour
300ml/10fl.oz. Milk
75g/3oz Cheddar Cheese
Salt and Pepper
25g/1oz Fresh White Breadcrumbs
4 Tomatoes, thickly sliced

Instructions

1. Preheat the oven to 180C, 350F, Gas mark 4 and lightly grease an ovenproof dish.
2. Wash the fish fillets under cold running water and dry on kitchen paper.
3. Melt half the butter in a frying pan, add the bacon and onions and sauté for
4. Drain the onions and bacon and spread evenly in the bottom of the ovenproof dish. Sprinkle the herbs over the onion mixture and place the fish fillets on top.
5. Melt the remaining butter in a saucepan, add the flour and cook for 1-2 minutes.
6. Remove the pan from the heat and gradually add the milk, a little at a time.
7. Remove from the heat and add the cheese, salt and plenty of pepper. Mix well until the cheese has melted then pour over the fish.
8. Sprinkle the breadcrumbs over the fish and sauce and bake for 15 minutes.
9. Place the sliced tomatoes in a border around the edges of the baked fish, return to the oven and bake for a further 15-20 minutes until browned and crispy. Serve immediately.

The Village Pine Company open new showroom on Sutton Fields Industrial Estate

The Village Pine Company are makers of fine bespoke hand-crafted kitchens and furniture.

With over 40 years experience in the furniture industry, The Village Pine Company uses traditional joinery skills to create unique kitchens and furniture of the highest standard to suit any room in any home.

The small family run business prides itself with exceptionally skilled craftsmanship to create top quality pieces. All kitchens and furniture we manufacture are solid wood, all doors have mortice and tenon joints, all drawers have dovetail joints, are handmade and hand finished. Our furniture comes in standard sizes but as we manufacture, bespoke pieces can be made to suit your individual needs.

Why not visit our new showroom at Unit 3, Milestone Business Park, Oslo Road, Sutton Fields Indutrail Estate, Hull.

Telephone: 01482 839252

Cottingham Library Opening Times

The Library is situated on the village green, behind the civic buildings. Membership to any East Riding Library is free.

Opening times are 9.30-12.30, 1.30-5.00 Mon, Tues, Fri
9.30-12.30, 1.30-7.45 Thurs
9.30-12.30 Sat

We have six computers for public use and access to the internet and e-mail is free.

At the moment East Riding Libraries are running some promotions:

Come into the library on three separate occasions, collect three stamps and claim a voucher for a free swim, visit to Skidby mill, or a visit to Sewerby Hall.

Borrow any Audio visual item free of charge.

Have your name entered into a draw for a free holiday.



Tel: 01482 842117

E-Mail: sales@jaceeprint.co.uk

Website: www.jaceeprint.co.uk

For Printing, Embroidery & Promotional goods
OLD FASHIONED VALUES MODERN IDEAS
Station Road, Cottingham, E. Yorkshire. HU16 4LL

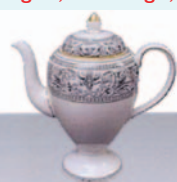
www.replacementsandcollectables.co.uk

Discontinued Tableware Replacement Service

We buy and sell complete or part dinner services

Turn your unwanted china into cash

Wedgwood, Royal Doulton, Royal Albert, Denby, Paragon, Calclough, Hornsea and Shops own pottery and china



A wide selection of discontinued antique and contemporary tablewares available
Visit our website to view our full range

Enquiries via website:
www.replacementsandcollectables.co.uk
or telephone Hull

(01482) 569870



Manufacturers of Fine Pine Kitchens & Furniture



Come visit our new showroom at:
3 Milestone Business Park, Oslo Road
Sutton Fields Industrial Estate
Hull HU7 0YN

Showroom open 7 days



www.thevillagepinecompany.co.uk
TEL: 01482 839 252

 **RO Florists**
 Highly Qualified Wedding Florists
 Fresh & Silk Flower Arrangements

Specialising in:-
 Wedding and Funeral Flowers
 Local and International Delivery Service
Tel/Fax: 01482 841255
 219 Hallgate, Cottingham



Book a wedding in two hours -surely it can't be done!!



Barkers
 For a Superb Selection of Discounted Easter Eggs and Easter Gifts, excellent range of Cards, Chocolates and much, much more
Happy Easter
159 HALLGATE, COTTINGHAM
Telephone 846271

COMPLETE HIRE SERVICE



Wedding, Formal, Morning suits & highland wear, Tailcoats, Frock Coats or Edwardian suits with a full range of supporting accessories

Personal & Professional Service Guaranteed

1-4 Outfits 10% OFF
5 or more receive an outfit FREE

Len Beck
 Over 70 years service
 Menswear

443 Endyke Lane, Hull 200 yds Cottingham Boundary
Tel: 01482 852131
www.lenbeck.co.uk

Yes it can and we just wanted to write in and say a big thank you to all those involved in making our day so special.

Those of you who read the September edition of *Cottingham Times* would have been amazed at how quickly a wedding can and was booked. The aim of the game was to not only book a wedding but to book it all within the village (wherever possible).

On the morning of the wedding (8th January) my only job was to collect the balloons from Gilly's Balloons and deliver them and the ladies and gents favours to The Mill House Restaurant.

R. O. Florists delivered our bouquets and buttonholes before 11am for a 2pm wedding and they were beautiful. I had only given them a colour scheme and left the rest to them. At the same time our photographer from K & P Photography of Beverley turned up to start taking pictures.

The suits had been collected from Len Becks a few days before as had my dress from Jacqueline's. Jacqueline's had also made a winter wrap for me so that I was nice and warm on the day and as my father was ill, Len Becks had made a home visit to ensure his suit fitted perfectly for the day.

With the photographers snapping all morning, my bridesmaid arrived and changed into her dress. Kate looked stunning and I was so proud of her, as were her parents, who turned into chief coffee makers for the morning. My friend Trina Verity-Charmichael arrived to curl my hair and we were ready.

By half past one my car, a Beauford Tourer, had arrived with chauffeur suitably attired, it looked wonderful. I had booked this on the internet but chose 1st Class Cars of Hull as they were only in Beverley. We were off.

Support the advertisers who appear within the Cottingham Times

Cottingham Methodist Church had been decorated with flowers by a member of the church and all looked wonderful. Unfortunately, my father was too ill to attend but managed to give me away by mobile phone, he had listened to the whole service and was really pleased he could still be involved. A big thank you to Reverend Lindley who helped us throughout the service and made sure we had a very special day.

The weather held out for us with only light drizzle and we were off to The Mill House in Skidby. There was hot tea and coffee awaiting us and we were pleased to be in the warmth after the journey from Cottingham. The meal was magnificent as it always is and the service was excellent. The wine and champagne flowed and our guests had a wonderful time.

We had bought our bridesmaid a beautiful bracelet, which she hasn't taken off yet and our mother's flowers were delivered to The Mill House from Flowers by Helen of Cottingham and lasted for three weeks. Our mothers were very pleased.

There was entertainment from a good friend of ours Blakeston Tyler who sang songs from Frank Sinatra, Dean Martin and the like.

The day flew by and soon enough we were on honeymoon, Hong Kong, Melbourne and Sydney. When we returned we once again went to Barkers for our Thank You cards. We now only need to choose our final photographs and the wedding is complete.

Clearly we left our wedding in the hands of the experts and it all worked out perfectly. Instead of getting yourself stressed over colours, styles or food, leave it to them. We do it once (or twice) in our lifetime, they do it every week, they know what will work and what will not, what's in season and not, and roughly what the weather is going to be like to give you the best advice. Thank you everyone

Sheena and Graham Atkinson-Taylor



Support your local retailers - Use Them, Or Lose Them

Tailored for your comfort . . .

*A range of
suites, sofas, chairs
and recliners by
leading
manufacturers*



Plus Free Delivery
in East Yorkshire

Great Choice

. . . . Right Price

Open

Monday to Saturday 9.30-5.00pm
Sunday 12.30 - 4.00 pm

Baileys
SOFAS & CHAIRS
CORNER OF LAIRGATE/LANDRESS LANE
TEL: BEVERLEY 01482 886444



Tim May

BUTCHERS AND DELICATESSEN
129-131 Hallgate, Cottingham

Tel: 01482 847648

For Quality Joints of Beef, Lamb, Pork and Turkey

Don't Miss this months special offer:-

**Corner Gammon Joints
Only £1.25 lb**

*A Local Business offering the Best in Quality
and Value to the Local Community*

ALTERFRAME LTD.

146 Hallgate, Cottingham

Tel: 876473



Clothing alterations and repairs
Curtain alterations and haberdashery
For all your Horse Rug repairs

*Would like to thank all their customers
old and new for their custom and support
on the occasion of their second anniversary*



In the Garden



Flower garden

Early spring is an ideal time to plant herbaceous perennials, including Geranium, Astrantia and Oriental poppies. Check that the plants you buy have strong, green shoots and plant them into well-prepared soil.

Hardy annuals can be sown in pots or modules to provide colour in the garden. They are inexpensive and can provide fun activity for children. Suitable examples include Limnanthes, Nemophila, Lobularia and Consolida. In mild areas you can sow directly outside. Marking out irregularly shaped seedbeds and broadcasting drifts of different seed gives a more natural look.

Plant summer-flowering bulbs. Prepare the soil first, to ensure that drainage is sufficient to prevent the bulbs rotting. Anemone coronaria tubers need particularly well-drained soils.

Sow summer bedding plants in a heated propagator or under glass.

Plan a continuous crop of cut flowers for this summer. Perennials such as Delphinium and annuals can be grown to produce a useful and beautiful display.

Top 10 jobs

1. Plant shallots, onion sets and early potatoes
2. Protect new spring shoots from slugs
3. Plant summer-flowering bulbs
4. Lift and divide overgrown clumps of perennials
5. Top dress containers with fresh compost
6. Mow the lawn on dry days (if needed)
7. Cut back Cornus (dogwood) and Salix (willow) grown for colourful winter stems
8. Weeds come back in to growth - deal with them before they get out of hand
9. Start feeding fish and using the pond fountain; remove pond heaters
10. Open the greenhouse or conservatory doors and vents on warm days

Sweet peas can be sown outside this month in milder areas. Some varieties need chitting (nicking of the seed coat), and/or soaking, in order to germinate

Vegetables

Cultivate and prepare seedbeds, covering them with clear polythene or fleece to warm up the soil before sowing.

Many vegetable crops can be sown this month, especially in mild areas with light soil, including: broad beans, carrots, parsnips, beetroot, bulb onions, lettuces, radish, peas, spinach, summer cabbage, salad leaves, leeks, Swiss chard, kohlrabi, turnip and summer cauliflower. Be guided by the weather, and sow only if conditions are suitable (as per guidance on the seed packets).

Sweet peppers, tomatoes, cucumbers, aubergines, celery, salads and globe artichokes can all be sown in a frost-free greenhouse. Artichokes and celery can be transplanted outside later in the spring. Tomatoes can either remain in the greenhouse or be taken outside from early summer onwards. Peppers, cucumbers and aubergines do best kept under cover. Salad crops vary - it is best to check the temperature requirements cited on the seed packets.

Chit early and maincrop potatoes. In mild regions, earlies are planted out in the second half of the month. In colder regions, it is better to wait until April.

Pot up tomato seedlings when they develop true leaves above the more rounded seed leaves. After growing on in small pots, they can be planted into larger pots or growbags.

Start to remove side shoots from any older cordon tomato plants that you started off early under cover. These side shoots develop in the leaf axils (i.e. between the stem and leaf), and if left to grow will reduce the quality of the fruits by taking up too much of the plant's energy. Pull them off between your thumb and forefinger.

**Garden Rubbish?
Bag it up!**

**200 Strong,
black refuse sacks**

£9.95

Share a box with your neighbour
Also other packaging available

For FREE

local delivery call



Reedkleen

Hygiene & Industrial Supplies

01482 843168

Less than
5p each

TONY ARNOTT
Garden Contractors

Over 30 Years Experience

Garden Care/Design

Spring Clearing

Planting/Drainage

Telephone 844104



Cottingham Neighbourhood Action Team's Operation Community Challenge

Cottingham Neighbourhood Action Team's Operation Community Challenge came to the village on Tuesday 22 January 2008. The event encompassed a number of activities:

- 24 volunteers from local Neighbourhood Watches and Cottingham Churches Together picked up litter collecting 160kg in total from Eppleworth Road, Hallgate, Bacon Garth and the Memorial Hall gardens.
- 15 students and teachers from Cottingham High School cleaned graffiti from outside Hallgate Infants School and Hallgate residential home.
- Volunteers re-painted the ceiling of the Bus Shelter in Cottingham Green.
- East Riding of Yorkshire Council Environmental Operations repainted the benches in the Memorial Hall gardens, removed the graffiti from sign posts and gave the streets in the centre of the village a good clean.
- Graffiti was removed from walls at King George V Playing Fields.
- Community Support Bus distributed advice regarding criminal damage.
- Humberside Fire and Rescue offered free fire safety checks and smoke alarms to residents.

Hallgate Tavern offered refreshments for the event free of charge and Cottingham Neighbourhood Policing Team supervised the operation.

Helen Wheeler-Osman, Community Development Officer for east Riding of Yorkshire Council said, "The idea of the project is to coordinate all East Riding services relating to street cleansing, street furniture and highways to carry out their duties on the same day at the same time in a number of locations in a town or village centre. The challenge to the community is to join us in cleaning graffiti, picking litter and tidying up private property on the same day."

"Everyone worked really hard to make a difference in Cottingham and we'd like to thank everyone who gave up their time."

Quote from PC Steve Morley

"This operation was a great success and shows how the Cottingham Neighbourhood Policing Team (NPT) is working in partnership with local agencies and the Cottingham community to improve the quality of life for the residents and visitors to the village. One of the NPT's and NAT's main priorities is to tackle graffiti in the village, so if any new graffiti appears, I would urge residents to report it to the police so we can investigate the offence and also arrange for it to be removed as quickly as possible. This should help to reduce the spread of the graffiti. I would also like to thank everyone who helped to make the operation a success."

For more information regarding Cottingham Neighbourhood Action Team and Operation Community Challenge, please call Helen Wheeler-Osman on 01482 391015 or helen.wheeler-osman@eastriding.gov.uk

Below: Volunteers hard at work during the Neighbourhood Action Teams Operation Community Challenge



Support your local retailers - Use Them, Or Lose Them

NEWSTAR SECTIONAL BUILDINGS

Established Over 30 Years

Open Sundays 11.00am - 3.00pm

**GARAGES . GREENHOUSES . TOP QUALITY SHEDS
CHALETs . CONCRETE GARAGES & SHEDS . PLAYHOUSES
FULL DELIVERY & ERECTION SERVICE
BASE LAYING & REMOVAL OF OLD GARAGES & SHEDS
FREE LOCAL SITE SURVEYS**

Tel: 01482 444256

Ash Grove, Beverley Road, Hull HU5 1LT
(Opposite The Blind Institute)



KING WILLIAM IV

152 HALLGATE, COTTINGHAM

TEL: 01482 847340



Beer Festival

Starting Friday 28th March
Seven Guest Ales Available

Function Room in Brewery Bar

Parties Catered For

Plasma Screen for all your Sporting Events
Great Pub, Great Atmosphere

Discount Plants

**Pansies, Primulas
Fruit Trees, Acers, Climbers
Full range of composts
Organic Farmyard Manure
Topsoil, Grobags,
Ceramic Pots
and much, much more**

**Park Lane,
Cottingham**

Tel: 07977 588495

www.discountplantscottingham.co.uk



Hand Made Furniture built to your own design

Fed up of seeing the same sofas and chairs in every shop you visit? Fancy standing out from the crowd?

At Hannam's we specialize in making one-off sofas, chairs and corner units to your design, any size you want. Our frames are made from solid hardwood and carry a ten year warranty. We offer a vast choice from 1000's of fabrics, various fillings of feather, fibre or foam. People bring us a picture or photograph of a sofa that is just not quite what they want and that's where we come into our own field. We will make it to whatever size they want, whatever shape they want. We started offering this service in 1983 and over the past 24 years have 1000's of happy customers.

We also offer a complete re-upholstery service as well, so anyone wanting to put new life back into an old piece of furniture, whether it be dining chair seats, new foam cushions, or a completely re-upholstered suite, call into our shop or give us a ring and we will be happy to quote for you.



HANNAM Upholstery Company Ltd

1b Main Street, Willerby,
East Yorkshire HU10 6BP.
Tel/Fax: (01482) 658787

Walking with Paul



We hope you will enjoy our new feature column "Walking with Paul". Each month he will feature a different walk for anyone who wants to experience fresh air and exercise.

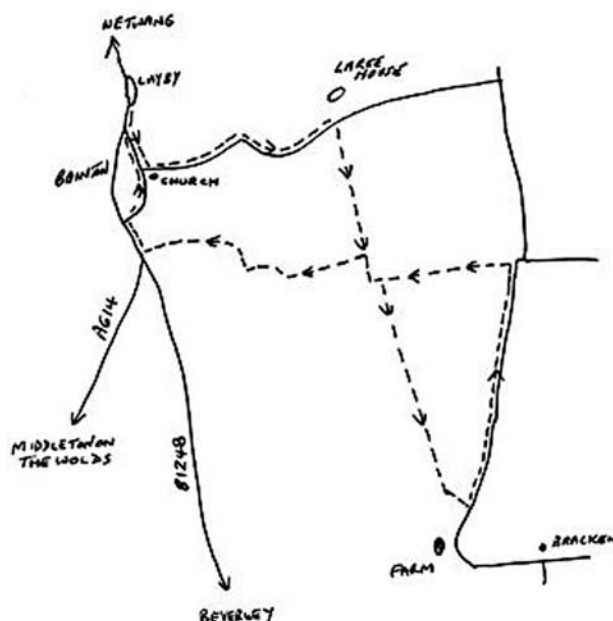
Bainton One

Start at GR. 964527 Lay-by to the North of
The Village of Bainton
Distance 5.5 miles

BAINTON ONE



NOT TO
SCALE



Leave the lay-by and walk towards the church. Turn left immediately before the church and walk down Neswick Lane passing the church on the right. Continue down the lane until just before a large house on the left and then turn right and follow the footpath sign into the field and walk with the hedge on your left.

Support the advertisers who appear within the Cottingham Times

Happy Feet

Foot Health Clinic

Healthy Feet ... Love Your Feet ... By Happy Feet

Julie Kilkenny Hyam, Sac, Dip, Mps Practitioner

Louise Vines Leng, Sac, Dip, Fhp

Treatments include:-

- Diabetic Foot Care & Advice • Ingrowing Toe Nails
- Corn & Callows Removal
- Hard Skin Removal • Toenail Care

15% OFF

All Treatments - New clients only

Bring this coupon with you to receive your discount

Open: Monday - Friday 9.30 am - 3.00 pm

Late Nights & Weekend appointments also available

Appointments not always necessary

OAP Concessions

Tel: 01482 841397

22 King Street, Cottingham, HU16 5QT

At the top of the field continue straight ahead on a wide grass track.

Immediately after taking a sharp left hand bend, turn right and follow the footpath signed Minister Way with the hedge on the right.

This again is a wide grass track used as a farm road. About 200 metres before reaching the farm gates, bear left at a footpath sign and walk diagonally across the field to reach the surfaced lane.

On reaching the lane, turn left and follow this until it bends sharp right, when there turn left and follow a wide grass track.

Follow this as it swings first right and then left and continue ahead down Oldfield Lane to reach the A614 at the southern end of Bainton Village. Then turn right and right again to walk down the back street to reach the lay-by.


Willerby Library hold Story Time Sessions

Willerby Library, The Institute, Main Street Willerby, are holding story times which are held on Monday's between 2.30-3.00 pm (Term time only). Willerby Library has four computers with free internet access.

For anyone wanting to trace their family tree they can log on to Ancestry.com site free of charge and also pop along to our Help desk run by the East Riding Family History Society usually the third Saturday of the month.

The next session 15th March from 10-12. For further information telephone 01482 658077.

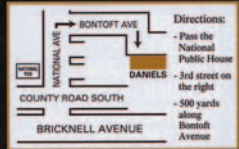
BEAUTIFUL KITCHENS
DESIGNED BY THE PROFESSIONALS



Penthouse Walnut and High Gloss White in Willerby

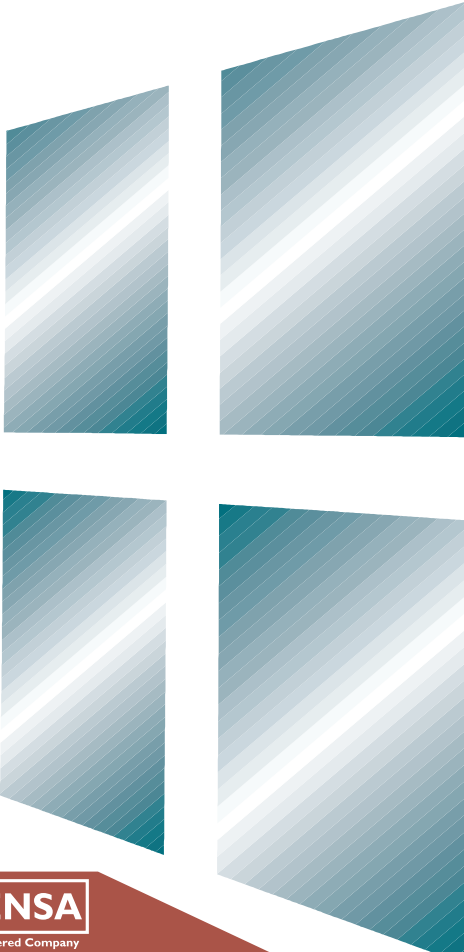
KITCHENS | BEDROOMS | BATHROOMS | HOME STUDIES

daniel L andau
Landau House, Bontoft Ave, Hull
01482 443666



Directions:
- Pass the National Public House
- 2nd street on the right
- 500 yards along Bontoft Avenue

For a Unique Personal Design without Charge or Obligation



FENSA
Registered Company



Est. 1987

skidby windows

For a superb range of
uPVC replacement
composite doors

*Specialists in uPVC
hardwood windows,
doors and conservatories*

18 Years Trading
High Quality Work

**Ring John for a
FREE Quote**

The Saddlery, 35 George Street,
Cottingham HU16 5QP

Tel: 01482 840753 :: Mob: 07801 834921

SENSATIONS

Nails :: Beauty :: Chiropody

A warm, friendly relaxing atmosphere awaits you

Treatments including:-

OPI Nail Enhancements

Deluxe Manicures :: Electrolysis

Reflexology :: Facials

Professional Quality Footcare

HPC Registered Chiropodist/Podiatrist

Over 65's - £15 per treatment

Sunday appointments available

181 HALLGATE, COTTINGHAM

Tel: 849068

ACCESS Roofing

- **Commercial, Industrial and Domestic**
- **Hot Bitumen**
- **Felting Re-Roofs**
- **Weather Sealing**
- **Slates**
- **Gutters - Wood or Plastic**
- **Leadwork and any type of Roof Repairs**

Also:

- **Walls**
- **Extensions**
- **Fencing**
- **Double Glazing**
- **uPVC Gutters, Fascias,**
- **Soffits**



In The Hull Colour Pages



All work Guaranteed
Insurance Work -
Free Estimates
No Job Too Small
Flood Damage Work Undertaken

Freephone Hull 355491

Mobile 07765 276 802 :: 24 Hr Call Out Service

Your Stars for March 2008 -

By Kay Gower

ARIES - (Mar. 21- April 20)

Mid March through to April you will have a tendency to yo-yo between being competitive and co-operative. Both styles are effective when the timing is right, and you're a master of timing during the coming weeks.

TAURUS - (Apr. 21- may 21)

This month you display the kind of self- disciple that everyone else wishes they had - but be flexible, too. Switching gears on a moments notice brings a financial bonus at the end of the month. Invest this money back in yourself.

GEMINI - (May 22-June 21)

You're on the go all month and the less baggage you have to carry the better. Try working in energetic spurts and taking breaks often, you will accomplish much more this way.

CANCER (June 22-July 22)

A relationship introduces exciting new options, but if you begin to question the attractiveness of the offer, you could miss it altogether. The logical path would be to find out what's in it for you. Follow your 'gut' instinct. Gut wins over logic every time. Especially so with those born under this sign.

LEO - (July 23-Aug 22)

You will be an agent of positive change this month, as you will decide it's no longer necessary for you to struggle. You find peace within and therefore can create it in all your experiences.

VIRGO - (Aug 22 - Sept. 23)

If you slow down this month, no one will mind. Therefore, it will fall to you to push yourself. Dig down deep for motivation this month, Virgo. This is how you will prove yourself as a leader.

LIBRA - (Sept. 24-Oct. 23)

Trust yourself Libra, you know when you're comfortable. And when you're not, you know that too. If your 'gut feelings' are screaming at you this month, you would be wise to listen.

SCORPIO - (Oct. 24 - Nov. 22)

If you have been wondering whether a loved one's sweet gesture is enough to erase this person's bad behaviour from your memory banks, here's the answer: No. Getting to the heart of a problem is a must before the month ends.

SAGITTARIUS - (Nov. 23 -Dec. 21)

This month you are in what could be termed as a cosmic 'time-out'. Not so much a punishment Sagittarius, but as a time to reflect on the events of the last few weeks. Regrets? You have a few - 'but then again, too few to mention.'

CAPRICORN - (Dec 22.- Jan. 20)

This month your stars are lucky in all areas that involve sales. You will do well when you apply yourself to pleasing others. Mid month, keep your ears to the vine, rumours carry some truth.

AQUARIUS - (Jan. 21.- Feb. 19)

Over the next six weeks, a financial issue is completely sorted. Work out the area of your life you would most like to improve, and be ready to take action after the full moon on the 21st March.

PISCES - (Feb. 20-Mar. 20)

Stress kills brain cells, and your big plans are going to require all the brain cells that you have, so breath deeply, smile and chill out. Creative activities would be a wonderful way to relax this month.

Support the advertisers who appear within the Cottingham Times

Bulgarian Aid Craft Fair at the Cottingham Civic Hall on Saturday 29th March

Our charity Bulgarian Aid has been working in Bulgaria for the past ten years. During that time we have seen a great deal of improvement in the conditions in orphanages and homes for the elderly. There is one area though, where improvements are still desperately needed. The institutions that house mentally and physically disabled children! There are 24 such places in Bulgaria.

Their plight was highlighted by the programme 'Bulgaria's Abandoned Children', shown on BBC4 in November last year and later repeated on 4 and BBC2. This highlighted the conditions in a place called Mogilino. In late November/early December I was in Bulgaria in connection with the distribution of a container of linen we had sent out there and I took the opportunity of visiting two of these orphanages in the Rouse district where we have worked for many years. They need many things of course, but the basic ones are clothing and educational toys to stimulate their development. Incontinence products are a tremendous boon because many of these children are incontinent.

During the past two weeks we have been collecting clothing, toys and other items desperately needed in the orphanages and by the disabled in Bulgaria. Everything donated has to be sorted and packed and will be despatched in a container, by sea, to Bulgaria at the end of March. I know its arrival will be eagerly awaited and the contents will be extremely useful.

A 20foot container costs approximately £1500 - we now have to pay VAT on the freight charge!

'BULGARIAN AID' will be holding a Charity Craft Fair at the Cottingham Civic Hall on Saturday 29th March from 10am to 4pm. There will be approximately 30 stalls, many local crafts including hand-made doll's house furniture, quilted cushions, hand and machine knits, glassware, jewellery and handbags. Volunteers will run stalls for the Charity - cakes, preserves, handicrafts, plants and there will be a raffle and super tombola. Freshly made refreshments will be available all day. Entrance will be 40p with accompanied children free.

There are still one or two stalls left and volunteers who could help on the day will be very welcome. Donations of items for the Tombola or Raffle will also be very useful. Contact number is 01482 632745. A message may be left.

Financial contributions towards the cost of transportation will be very gratefully accepted and may be sent to Bulgarian Aid, c/o The Pearson Park Hotel, Pearson Park, Beverley Road, HULL - Cheques made payable to BULGARIAN AID.

HERIB is hosting 'A Night of Dirty Dancing'

at the The Quality Royal Hotel, Ferensway,
Thursday 24th April.

£12 per person, doors 7.30pm

Prepare to take a trip back in time to the summer of 1962 when Baby, on a summer vacation with her family at Kellermans Holiday Park, meets Johnny Castle, the dance instructor. Swept away in a whirlwind romance, Baby and Johnny dance their way through Baby's summer holiday and find themselves having the time of their lives.

Featuring all the fantastic songs in the film including: She's like the Wind, Hungry eyes, Time of my life, Hey baby, Be my baby, Big girls don't cry, Sylvia and Mickey's love is strange, Wipeout and many more.

Louise Kenny and Matt Firth are proud to present this toe tap-pin, heart thumpin, and blood rushin experience, definitely not for the faint hearted. If this show doesn't get you moving you'd better check your pulse because there's something seriously wrong!

Ladies and Gentlemen...

It's Time for Some Dirty Dancing!

Support your local retailers - Use Them, Or Lose Them

Finkles Boutique

*Spring Stock
Now Arriving*

**Occasionwear,
Casual and
Separates**

**Fashion at
Affordable
Prices
To Suit All Tastes**

*For something
different
shop local!!*



Cotta Court, Cottingham

Alishaan

Authentic ♦ Indian ♦ Cuisine

Voted Best Indian Restaurant 2005/06

By The Hull Daily Mail

**For Superb Indian Cuisine ♦ Halal Dishes
Special Four Course Sunday Dinner £9.95**

Student Discounts

20% Discount on Takeaway Meals

Outside Catering available for that Special Occasion

Open 7 Days a week (including Bank Holidays)

Sun to Thurs 5.30 - 11.30 pm

Fri & Sat 5.30 - 12 am

**10% OFF your meal
when you bring this advert with you!**

205 Hallgate, Cottingham HU16 4BB

Telephone: 01482 847255

Fax: 01482 847032

www.alishaan-restaurant.co.uk



GINO'S

Pizzas :: American Fried Chicken

Gino's Pizza and American Fried Chicken Takeaway is situated on Hallgate, Cottingham, near the junction with George Street and opposite the United Reform Church.

He has been established for the past six years and has built a reputation for providing excellent quality food and excellent, friendly service.

He has won the coveted Outstanding Achievement Award for Distinction for Excellence in maintaining High Standards of Quality and Customer Service, by The Good Food Guide 2005.

There is ample parking on Hallgate and in the nearby side streets.

Gino's is a bright, clean and friendly premises, and there is a small well-lit waiting area. There is an excellent choice of Pizzas, Burgers, Kebabs and Fried Chicken, and the meals are of ample proportion, even for the biggest appetites. There is also a Gino's Kids Club menu.

NEW!!! A superb range of new pasta dishes are now available at Gino's. These dishes consist of variety of pastas including such fillings as King Prawns, minced beef, spinach, garlic, mushrooms, fresh cream. Call in Gino's NOW and enjoy these new superb pastas.

The meals are of excellent size and quality and the Mega Meal at £11.99 is superb value for money.

Gino's is now open from 4pm till midnight every day, and is open till 1.00am Fridays, Saturdays and Bank Holidays to provide his customers with good food for longer.

There is a local delivery charge of £1.00 (subject to change). Visit Gino's soon.

You can now download Gino's Menu from the Cottingham Times website www.cottinghamtimes.co.uk under Takeaways. Download the menu, make your choice and telephone Gino's and order your meal, and enjoy.

GINO'S
Voted No 1 Pizza

212 Hallgate, Cottingham

849222

Grill Meal

1 REGULAR CHEESE GARLIC BREAD
ANY LARGE PIZZA
MIXED KEBAB, TUB OF CHILLI,
TUB OF GARLIC, SIDE SALAD

£9.99

Mega Meal

1 REGULAR CHEESE GARLIC BREAD
ANY LARGE PIZZA, 5 PIECES OF CHICKEN
1 X POTATO WEDGES, 2 X REGULAR FRIES
1 X TUB OF COLESLAW - 1.5 LITRE BOTTLE OF COKE

£11.99

Pasta Dishes

Burgers

Kebabs

Fried Chicken

Valentina Seferinova, acclaimed Bulgarian International pianist to play at Cottingham Methodist Church, Hallgate on Sunday March 16th

Valentina Seferinova, the acclaimed Bulgarian international concert pianist, will make a return visit to Cottingham on Sunday, March 16, with a concert at the Methodist Church in Hallgate (2.30pm). She will perform a programme of popular pieces which form the basis of her forthcoming CD recording session in Warsaw.

Highlights will include from the works of Rachmaninov, Chopin and Scriabin.

Valentina last appeared in Cottingham two years ago when she accompanied a leading violinist. After that visit, Richard Barton, of Mill Walk, Cottingham, one of the concert organisers, decided that the pianist should take centre-stage with her own recital, and next month's date was the first opportunity.

Mr Barton said: 'For real music-lovers, this is an extremely rare occasion to enjoy and experience the presence of a leading international musician in Cottingham and promises to be another cultural landmark for the village'.

Tickets (£8) will be available from February 18 at two Cottingham outlets - Gilly's Balloons, Hallgate, and The Photo Shop, King Street - or by telephoning Mr Barton (01482-847122), who will provide further details, if required, or 01482- 842347.

Humberside Plant Hire Ltd

Complete range of Contractors Plant available for hire, mini diggers, dumpers, rollers, wacker plates

Beverley Aggregates

Complete range of aggregates delivered or collected, type 1 limestone, top soil, sand & gravel, decorative stones etc.

Cottingham Skip Hire

Competitive rates on 4 & 8 yard skips


Cottingham Tyre Services

All types of tyres fitted to cars, vans, agricultural vehicles and lorries.

All Enquiries

01482 877772

Birthday parties too!



MAD ACADEMY®

music and dance and a whole lot of fun!

High-energy, free-spirited classes in music and dance




Babies (from 3 months)
Walkers to 2 years
2 years to 4 years

Hull, Cottingham and Beverley

Call Kirsty on 01482 824143

movement- rhythms - songs - instruments - guessing games

madacademy.com



The Key to getting the Best Mortgage is using the best mortgage advisor

Contact Roslyn Hooker
Your Local Cottingham Mortgage Advisor

We have a choice of all UK mortgages under one roof

01482 840183
07961 912262

roslyn1@roslyn1.karoo.co.uk

HOOKE & ROEBUCK

THE MORTGAGE PARTNERSHIP
Your home may be repossessed if you do not keep repayments on your mortgage
Authorised and regulated by the Financial Services Authority

Internet Explorer 7 and Megapixels

By RDM Computers

Internet Explorer has suffered from some problems since the launch of the latest version 7 some time ago (to see if you are running version 7 open Explorer, and click Help, and About). Some people complain of their browser being very slow to open, and sometimes even freezing midway. This is normally caused by one of the many add-ons that are now included and one easy way to establish this is to go to Start, Programs, Accessories, System Tools, and click on Internet Explorer (no add-ons).

Netscape one of the original web browsers is to be phased out this month. It lost popularity to Internet Explorer for many years and has since only been used by a small minority of AOL subscribers.

A web browser is really just a piece of software designed to let users surf the web. Internet Explorer has always been the browser included with Windows, and therefore is the most widely used. There are however alternatives available such as Mozilla Firefox and Opera that do exactly the same job, some would say better, and are free to use. They can be downloaded from www.mozilla.org and www.opera.com

Digital photography has now become the norm for most of us and those old rolls of film have all but disappeared. No surprise then that this is one of the most popular uses of the computer. So let us go through how to do this and highlight some hints and tips. First of all the terminology can be very confusing, all this talk of megapixels and zoom. If you haven't bought a camera yet it is worth reading up on, or taking advice from a camera shop. There are hundreds of web sites dedicated to the subject and some good starting points are www.which.co.uk, www.cameras.co.uk and for more detail www.dpreview.co.uk.

The term megapixel is basically a measurement of the cameras ability in terms of picture quality, so generally speaking, more is better. Zoom can be either optical or digital. Optical is the important one here, where the lens actually moves and makes the image bigger and more detailed, as in a traditional camera. 3x (three times zoom) is the normal minimum now, but many cameras are available with over 10x. Digital zoom is really only guesswork; this is where the camera takes the image and enlarges or 'stretches' it, filling in the gaps with similar colours. So in other words go for optical rather than digital zoom.

Memory cards are used to store images in a camera. These are also known as flash memory or flash cards, and come in lots of different types like SD, XD, Compact Flash etc., but all do the same thing. This is where the computer comes in. Having taken your pictures you now want to get them onto your computer so you can view, edit print or even email them.

You can either plug your camera in to the computer with the USB lead that came supplied with the camera, or take the memory card out of the camera and insert it into a card reader plugged into a USB slot. Some PCs even come with a range of card slots on the front of the case for this purpose. Either way you won't normally need any extra software.

Windows XP will recognize a camera or card and will normally launch the Camera and Scanner Wizard that tells you how many images were found and offers to copy them into the My Pictures folder. (Vista is slightly different here and offers to 'Import' the images) All you have to do is type a name and it will make a new folder and name all the pictures accordingly. However if you have installed your own camera's software from a CD, or you have another picture program like Picasa etc., this will pop up instead of the wizard previously described.

If nothing happens at all when you plug in, click on My Computer and look for the camera or a removable disk, and double click on it. This will then show the folder (sometimes more than one); normally called DCIM, that contains the images. Keep double clicking until you see the images appear. When they do, click on one and then hold down the Ctrl key and press A, to select all the images. On the left hand side of the window you should see a line that says 'copy selected items', click that. Then open the My Pictures folder, click on New and Folder and type a name and press enter on the keyboard. Now right click on the newly named folder and click paste and you should see the pictures transferred into it.

Remember that even after transferring the images, they will still be stored on the camera card, so when you are happy you have them safely on your PC you can format the card through the menu on the camera. This wipes the card so you start afresh. Otherwise every time you plug your camera in you will see the same photos over and over again.

Photographs are precious to most of us as they capture a place and time and are usually irreplaceable, so don't take a chance with them - make a back up.. Once they are on the PC you can copy them onto a CD, memory stick or external hard drive. If you can't do that, before you format your card, take it to a photo shop and ask them to make a CD for you.

Next time we'll look at sharing photos on the Internet and by email.

Richard Mills

RDM Computers Limited

t: 875666

e: info@rdmcomputers.co.uk

www.rdmcomputers.co.uk



RDM Computers Limited

Your local specialist for Computer Sales & Service



















Suite 18 Newlands House,
Newlands Science Park,
Hull University Campus - entrance on Inglemire Lane



Tel: 875666

e: info@rdmcomputers.co.uk :: w: www.rdmcomputers.co.uk

30 March 2008 - www.cottinghamtimes.co.uk

Support the advertisers who appear within the Cottingham Times

BACK IN STOCK

Discounts now available on all flooring, glass, oak, wood, Walnut, Mahogany and Teak Furniture, tables, beds, and Table Display Cabinets and much more. All on show in our gallery.

All very "I" HomeExchange now in stock.

Excludes: Pearl Chinese Wall Hangings, no

Shakintosh Porcelain range now in stock. Also, last Bronze Horse Head Bookends.

Check out our many special offers and get your **FREE** mail bargain!

Please call in to our Aladdin's Cave and view our beautiful range at your leisure.

FREE LOCAL DELIVERY ON OUR FURNITURE RANGE

Contributors to Cottingham Lights

**WE WILL NEVER BE BEATEN ON PRICE OR QUALITY FOR
SOLID HANDMADE ROSEWOOD FURNITURE AND QUALITY GIFTWARE**

**MEMBERS OF THE COTTINGHAM TRADERS ASSOCIATION -
HELPING TO MAKE YOUR VILLAGE A BETTER PLACE FOR LOCAL SHOPPING
A PLEASANT ENVIRONMENT AND QUALITY SERVICE FOR THE LOCAL COMMUNITY**

★ ACTIVE SUPPORTERS OF THE SHOP IN COTTINGHAM CAMPAIGN ★

177 Hallgate, Cottingham :: Tel. 01482 841818

Open Monday to Saturday 9.30 am - 5.30 pm

Email: tony@shanghirosewood.co.uk :: Web: www.shanghirosewood.co.uk





EST 1991

UPVC WINDOWS • DOORS • PATIOS • CONSERVATORIES

FOR A LIMITED PERIOD ONLY - SAVE ££££'s

FREE

Air conditioning system with every conservatory installation

Our systems not only air condition, but also heats, dehumidifies, and purifies air allowing you to enjoy your conservatory all year round

FREE

The new heat shield polycarbonate roofing system reduces heat from the sunlight by upto **40%** during the summer months.

Probably the largest selection of uPVC doors in the area.

Over 150 to choose from!




Call us now on (01482) 441445 or 840033

for a no obligation friendly quote

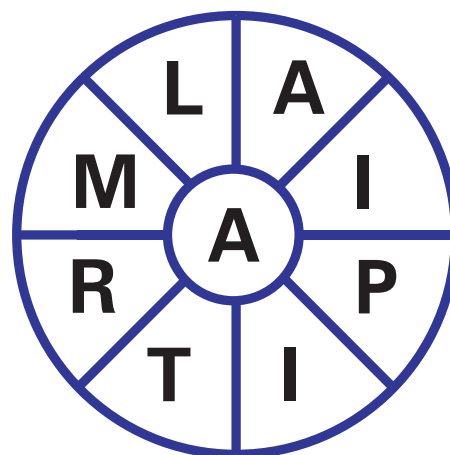
Cottingham Headland 10k to take place on 27th April

The West Hull Ladies RRC based at the YPI Chanterlands Avenue are hosting the Cottingham Headland 10k on Monday 27th April 2008.

The 10k route begins at the Pavilion and runs out towards the Power Station. If any residents wish to enter the 10k event, entry forms can be downloaded from the website www.westhullrunners.co.uk or further information can be obtained by contacting Susan Duffey on 01482 845291.

Hub-Words Two

How many words can you make from the letters in the wheel? Each word must contain the hub letter I. Can you find a 9-letter word and at least 20 other words of five letters or more avoiding proper nouns?



FOR ALL YOUR GAS FITTING,
CENTRAL HEATING & PLUMBING

British Gas Time-Served Engineer

Combi Boilers

Supplied and Fitted

from **£995*** + VAT

*subject to quotation

Free 5 Year Warranty

(Please ask for details)

Finance Available (subject to status)

60 New Village Road, Cottingham HU16 4NE

Tel: 01482 875897

www.classicalgas.co.uk



Reg. No. 375

classical
gas

Atkinsons

Swift Repairs

14 Years Experience

ALL MAJOR BRAND
APPLIANCES REPAIRED

- **WASHERS • DRYERS**
- **ELECTRIC COOKERS**
- **DISHWASHERS**

FREE CALL OUT

ALL WORK
GUARANTEED

- Mon - Sun
- SAME DAY SERVICE

Call Martin

845853

Mob: 07957 991 007



BJD **LANDSCAPES** **BLOCK PAVING SPECIALISTS** **FORECOURTS** **DRIVES** **PATIOS** **PATHS**



**Walls Built, Turfing, Trees Felled/Pruned,
Demolition Work, Fencing Erected,
Concrete Bases**



Established 1985



ONE VEHICLE SPECIALS
12 sq metres BLOCK PAVED
PREPARED & LAID **£710**

ALL WORK FULLY GUARANTEED

Contact Brian
T: 01482 846069 / M: 07885 242773
COTTINGHAM

www.bjdlandscapes.co.uk

 **THE HEALING HUT**
for mind, body and soul
SPECIAL OFFER FOR EASTER
10% OFF ALL TREATMENTS
 BOOKED ON OR BEFORE
 SATURDAY 29TH MARCH
 ON PRODUCTION OF THIS ADVERT
 Contact: Carole Headley, 221 Hallgate, Cottingham
 Telephone: 01482 842078 or 07949 584626
 www.healinghutcottingham.co.uk

Alternative Health Matters

by Carole Headley

Reflexology

What is Reflexology - It is a simple therapy yet an ancient one that dates back nearly three thousand years. It treats the whole person by gentle massage and pressing particular pressure points on the feet, but reflexology can be used on the hands as an alternative.

The art of the therapist is to dissipate the energy blockages and give an energy boost. It may take between 6-10 sessions before you begin to see any noticeable results with chronic problems such as IBS. Anyone with chronic problems should not be expected to recover overnight, though many people say that they are able to cope because the feeling of relaxation and well being can last for several days even after the first treatment session.

Clients who are on medication should inform their GP that they are receiving Reflexology in addition to their medication. Mainly because a relaxed body functions better and may utilise the medication more efficiently, possibly reaching a stage where their dosage may be altered by their GP. Also because you are under the care of your GP, and a reflexologist can not prescribe medication or diagnose any condition.




Does it hurt? No reflexology should not be painful at all. However some people do experience what is known as a 'healing crisis' this is when you may have toxins and impurities in your body and the treatment will stimulate your body to help eliminate them. Some people get emotional or weepy but this only lasts for a short time.

Reflexology can help with a number of different problems, from headaches, sinus problems, stress, during pregnancy (but only after 12 weeks). It is also known to assist with labour pains and sometimes can reduce the number of hours in labour.

Other problems reflexology may help with are: Infertility problems, panic attacks, digestive problems, circulation problems, asthma, headaches, PMS and many more. In fact all nine of the body systems.

I have had the privilege to treat several mothers-to-be and have recently have had the honour to be a birthing partner for one of my clients - giving reflexology as often as possible during her labour which was only six hours and produced a 9lb 10 1/2 baby boy. She had a totally natural birth and no pain relief. What an experience it was and one I will treasure all my life. A huge thankyou to my client and her partner.

If you would like to know more please contact Carole at the Healing Hut, 221 Hallgate, Cottingham Tel: (01482) 842078

  
FAMILY HISTORY RESEARCH
 FREE INITIAL CONSULTATION
 PROFESSIONAL SERVICE
 WITHOUT OBLIGATION
 AFFORDABLE PRICES
 CONTACT
HOWARD THOMPSON
 4 CHELSEA COURT
 COTTINGHAM HU16 5DU
 TEL: 01482 848152

Slimming WORLD
 Weekly Classes held at:
 Darby & Joan Hall, Finkle Street, Cottingham
 Monday 5.30 pm and 7.30 pm
 and all Bank Holidays
 Also at: Sutton Park, Hull
 Tuesday at 9.45 am
 For Membership details Ring Theresa on 823032

Crossword Solution from page 14

1	M		2	B		3	I		4	D		5	F		6	D
7	D	I	M	E	N	S	I	O	N		8	D	E	B	I	T
	N		A		O		O		9	P		A		F		
10	S	I	N	G	U	L	A	R		11	U	N	S	A	F	E
	M		L		A		M			R		I		I		
		12	R	E	N	T		13	A	E	R	O	B	I	C	S
	14	B			E		T					L		U		
15	C	U	S	T	O	D	Y		17	O	T	H	E	L	L	O
	L		E					19	G			I				T
20	A	L	F	R	E	S	C	O		22	R	I	C	E		
	F		T		E			U			E		A		24	E
25	D	I	V	I	D	E		26	R	O	S	E	M	A	R	Y
	N		A		K			M		O		E		A		
27	S	C	O	R	E			28	M	E	S	M	E	R	I	S
	H		Y					T		E		A		E		



**FOR
ALL
YOUR
CARPETS
AND
FLOORING
NEEDS**

❖ Carpets ❖ Laminates ❖ Vinyl ❖ Rugs
❖ Hardwoods ❖ Carpet & Laminate Tiles

**QUALITY WILTONS
FROM ONLY £19.12 SQ. METRE**

**LARGE SELECTION OF
80/20 WOOL TWISTS**

**HUGE RANGE OF
CUSHION VINYL FLOORING**

**LARGE SELECTION OF RUGS
FROM ONLY £24.99 EACH**

QUALITY LAMINATE FLOORING

**FROM ONLY
£12.99 SQ METRE**



**INSURANCE WORK UNDERTAKEN
DOMESTIC AND COMMERCIAL
EXPERT FITTING SERVICE AVAILABLE**

*Uplift and Disposal Service Available Heavy furniture
may be moved when necessary (conditions apply)*

**Home Sample Service Available
FREE No Obligation Quotes Given**



UNIT 2, KINGS PARADE, COTTINGHAM HU16 5QQ

TEL. (01482) 875255

GREAT MARCH DEALS FROM

AND SPECTRUM



Hoover

HNF 7147 1400 Spin
7kg Load, Variable Spin
Delay Start, Variable temp

£260



Hoover

VHD 8142 1400 Spin,
8kg Wash Load Variable Temp,
Variable Spin Delay Start,
Higher, Wider Porthole

£300



Hoover

VHD 9123 1200 Spin
9kg Load, Super Silent
23hr Delay Start
Big Porthole

£340



Hoover

HNWL 7146 Washer/Dryer
1400 Spin, 6kg Wash Load
4kg Dry Load
Optima Wash System

£340

Hoover

VHC 180 Condenser Dryer
8kg Load, Cool Airing and
fast Iron Cycle, Reverse Action

£230



Hoover

VHV 180 Vented Dryer
8kg Load, Cool Airing and
Fast Iron Cycle,
Vent Hose Included

£200



Hoover

HED 6612 Dishwasher
12 Place, 6 Programmes
4 Temps, Auto Half Load
29 min Quick Wash

£230



Hoover

HEDS 668 Slimline Dishwasher
8 Place Settings
6 Programmes
3 Temps, 25 Min Quick Wash

£210

We are an independent retailer - with friendly local service and personal attention - but we're also a member of EURONICS - Europe's biggest independent electrical buying group, which means we can offer you the very best deals on the highest quality brand names.

SPECTRUM Video & Electrical

Visit our Website: www.spectrum-video.co.uk

e-mail: sales@spectrum-video.co.uk

197 Hallgate, Cottingham. Telephone 01482 848339



EURONICS CENTRES
PLUG INTO SERVICE & PRICE

Published by The Cottingham Times :: Tel. (01482) 840035 - Printed by John Boland Print, Hull