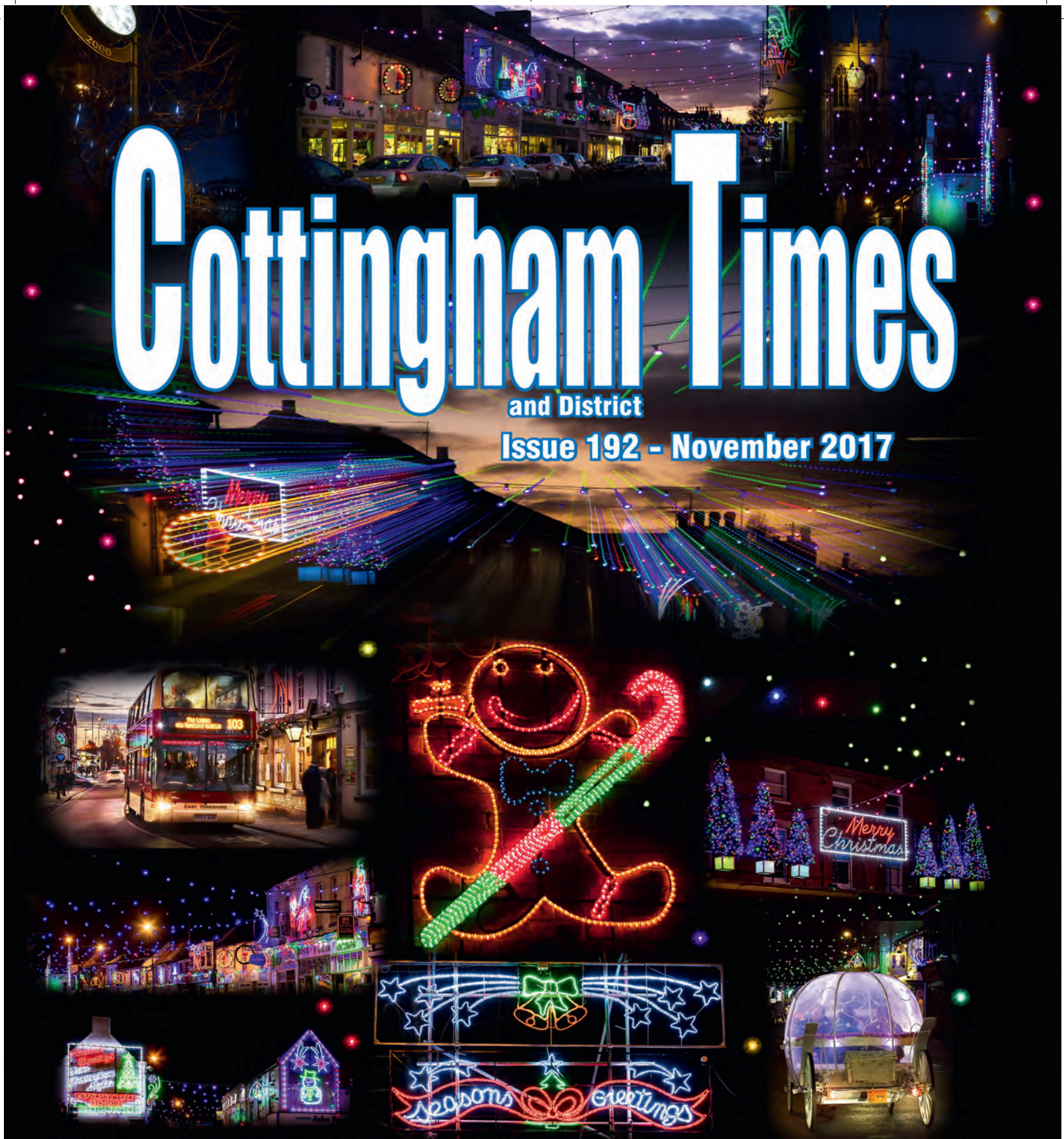


Cottingham Times

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Issue 192 - November 2017



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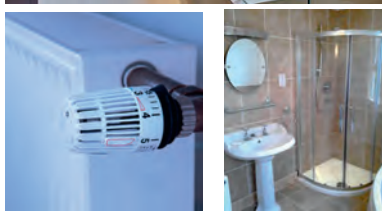
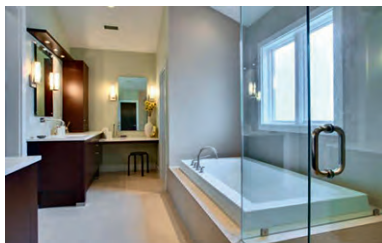
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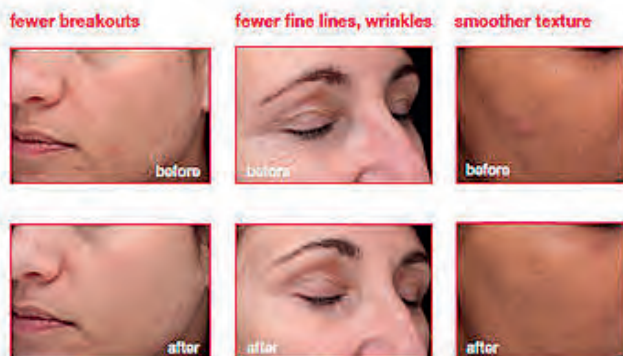
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In Cottingham and District

Cottingham Men's de Luda Society

Wednesday 1st November - Richard Axford - Six Gentlemen of Verona, in the St. Mary's Church Hall, Hallgate, starting at 2.00 pm.

Cottingham Ladies Circle

Thursday 2nd November - Pat Elliot - Medieval Beverley, to be held in the Darby & Joan Small Hall, Finkle Street, at 2.30 pm.
PLEASE NOTE NEW MEETING TIME!

East Yorkshire Group of the Hardy Plant Society

Thursday 2nd November - at 7.30 pm in Lund Village Hall, Latus Way, Lund YO25 9TF, Liz Webster - 'Pests and Diseases'. Further information from Lois Scott 01482 494276. **PLEASE NOTE NEW VENUE!**

Skidby Branch of the Yorkshire Countrywomen's Association

Thursday 2nd November - will meet in the Skidby Village Hall, Main Street, at 7-30pm for a Musical Evening. All welcome.

Hull Alpha Probus Club

Thursday 2nd November - Two course lunch at £10.00 per person. 12.00 pm for 12.30 pm.

Thursday 30th November - Two course lunch at £10.00 per person. 12.00 pm for 12.30 pm.

This is a social club for retired Business and Professional persons. We meet every two weeks at the King William IV, Hallgate, Cottingham. We usually have a short talk by one of our members on a subject of their choice. If you would like to join us for any of these events, please advise the Secretary, tel. 01482 815132, or the Treasurer, tel. 01482 844125, before 12 noon on the Tuesday prior to the event.

St Michael's Church, Skidby

Saturday 4th November - will be hosting a Musical Concert given by the Hull Citadel Salvation Army Band, led by Bandmaster Jean Longwa at 7.00 pm. Tea, coffee soft drinks and biscuits will be available. Entry:- adults £3, children, £1. All proceeds will go towards St Michael's church tower repair fund.

Beverley Flower Club

Monday 6th November - Beverley Flower Club welcome Tony Brown from Leicestershire for their Christmas Demonstration entitled "The Joy of Christmas". Tony is a national demonstrator who will entertain and delight with beautiful floral arrangements. The Demonstration will be held at Molescroft Upper School, Beverley, on Monday 6th November at 7.30. p.m. Tickets cost £12 and include a glass of wine and a mince pie. Tickets can be obtained by ringing 01482 86595, or pay at the door on arrival. Everyone is welcome, please come and enjoy a very pleasant evening.

Bishop Burton Gardeners' Club at Beverley

Tuesday 7th November - Hidden Gardens of London - Peter Mathers. At 7.45 pm in St Mary's Church Hall, North Bar Within, Beverley. You are welcome to join us for a talk by Janette Merillion entitled 'Spring Fever'. Entry for non members £4 which includes tea/coffee and biscuits. For more information contact 01482 865432. New members welcome.

**Front cover: Cottingham Lights Collage.
Photo: Paul Lakin.**

Haltemprice Art Group

Tuesday 7th November - Appraisal with Sue Spivey

Tuesday 14th November - Abstract

Tuesday 21st November - Sketching evening with Still Life (G. Wilks)

Tuesday 28th November - Through the Seasons

Meetings are held in the Cottingham High School, Harland Way (Art room on first floor). 7.00 pm to 9.00 pm.

Cottingham Methodist Church Photography Group

We meet in Cottingham Methodist Church hall

Tuesday 7th November - Outside visit - 6.30 pm (7.30 pm if wet)

Tuesday 21st November - 7.30pm

Why not give our friendly group a try? New members welcome. All levels. Contact for further details:- John on 842169 or john@jcmhome.karoo.co.uk

Cottingham Local History Society

Wednesday 8th November - "A Rare and Remarkable Man W. H. Thompson, Cottingham Groundsman, Musician and WWI Diarist, Annual Stamp Lecture, Katrin McClure, in the Red Hall, Hallgate Primary School, King St, Cottingham starting at 7.30 p.m. Meeting fee, members £1; non-members £2. Contact: Peter McClure 01482 845734.

East Riding Cricket Society

Wednesday 8th November - meet in the Brewery Bar, King William IV, Hallgate, Cottingham, 7.30pm for 7.45pm. Speaker - Yorkshire legend Geoff Cope, 'a polished raconteur with a prodigious gift of recall'. Signed copies of Geoff's new biography, In Sunshine and in Shadow, available on the night. Coming up - James Buttler, Martyn Moxon, Andrew Gale. Everyone welcome - £15 a year / £5 on door. More information from Maggie Sumner 01482 861848 / <http://ercsoc.blogspot.co.uk/>.

The Beverley Film Society

Thursday 9th November - Neruda (2016). Spain/France Bio/Crime/Drama 107 mins. Popular poet Pablo Neruda was a politician in 1948, when President Videla betrayed his leftist roots and allied himself with the war on communism. As Chile's most famous Stalinist, Neruda lost his high-powered protectors and went into hiding with his aristocratic Argentinian wife, assisted by members of the Communist Party far more attuned to the hardships of the working class than Neruda himself. At Parkway Cinema Beverley. Films start at 7.30pm on the 2nd THURSDAY* of the month (doors open 7.00pm). Membership fee: £15 for whole season of 10 films. PLUS: Tickets £3.00 per film (Members) £6.50 (Guests). For more information www.beverleyfilmsociety.org.uk

Cottingham Green Women's Institute Evenings

Thursday 9th November - Tickton Tarts. Competition: Teapot. Meetings held in the Darby and Joan Small Hall, Finkle Street, Cottingham, at 7.30 p.m., second Thursday of each month.

U3A

Thursday 9th November - Tony Martin - Yorkshire Wildlife Trust, at 2.00 pm in the hall at the Darby and Joan Hall, Finkle Street.

Continued on page six

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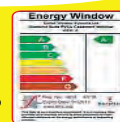
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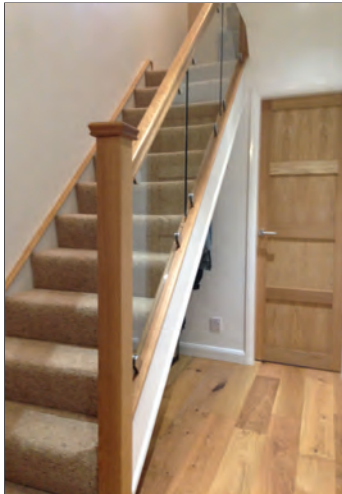
Continued from page five

Beverley Arts Trust

Thursday 9th November at 7.30 pm - Also coming up in association with Artery Live is a performance of Tomato Tomato Live. Intrigued? This duo from the Canadian folk scene will be playing at the Masonic Hall in Beverley. Old time harmonies in the style of folk and Bluegrass combine with guitar and varied percussion - we're promised cymbal, snare drum, tin cans and washboard! Tickets for this are available from the Tourist Information Centre [01482 391672] or from Jackie [01482 862185].

East Yorkshire Embroidery Society

Saturday 11th November - Dr. Susan Kay-Williams (Chief Executive RSN) - "Just a Needle and Thread", in the Darby & Joan Hall, Finkle Street, at 2.15 pm. Members £1.50; Visitors £2.50. Includes coffee and biscuits. www.eyes-embroidery.co.uk



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Wold Lace Makers

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Rotary Club of Holderness

Saturday 11th November - Craft Fair to help fund our club's charity projects, 10am to 4pm, The Civic Hall, Market Green, Cottingham. Wide range of items available, plus refreshments.

Cottingham Catholic Women's League

Monday 13th November - Open Meeting, in the Garden Room, Holy Cross RC Church, Carrington Avenue, Cottingham at 7.30 p.m.

YPI Camera Club

Monday 13th November - Dave Enefer and Lynne Donovan of Cleethorpes Camera Club will present an evening of their work and discuss their approach to AV. The club encourages the production & appreciation of audio-visual sequences (AVs). We meet on the second Monday of the month in the Darby & Joan Small Hall, Finkle St at 7:30pm.

Cottingham Women's Institute

Tuesday 14th November - AGM and Christmas Bring and Buy Sales Table. Competition: Guess the cost of the hamper, at 10.00 a.m. to 12 noon, in the Methodist Church Hall, Hallgate, Cottingham.

Cottingham Evening Townswomen's Guild

Wednesday 15th November - Cathleen Barnett - Adopting a Tiger "Born Free", at 7.30 pm in the Darby & Joan (Small Hall), Finkle Street.

Cottingham Men's de Luda Society

Wednesday 15th November - Family History - John Ferguson, in the St. Mary's Church Hall, Hallgate, starting at 2.00 pm.

Hull and East Riding Antiques and Fine Arts Society

Tuesday 15th November - AGM followed by Lecture. Sarah Dunant: "Getting under their skins: Art, History and Fiction", at 10.45 a.m. Willerby Manor Hotel (Pavilion Suite). Non-members welcome. Guest tickets £5.00. For further details please contact Membership Secretary, Margaret Ashley, tel. 01482 657574.

Cottingham Ladies Circle

Thursday 16th November - Marilyn Walker - Christmas Traditions and Customs, to be held in the Darby & Joan Small Hall, Finkle Street, at 2.30 pm. **PLEASE NOTE NEW MEETING TIME!**

Continued on page seven

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East Yorkshire Association of the National Trust

Thursday 16th November - 'Yorkshire Air Ambulance at Work - An illustrated talk by one of the YAA volunteers, in the Cottingham Civic Hall, 7.30 p.m. Non-Members welcome.

The Hull Group of the Macular Society

Friday 17th November - Yorkshire Air Ambulance to give a talk to the monthly meeting at HERIB Beverley Road Hull, 10.30am until 12.15pm, refreshments served from 10 am, lunch available. For more information contact Clive Skinner 01482 656714.

Inland Waterways Association

Friday 17th November - Narrow Boat Holderness - presented by Tony Porter. From 8.00 pm to 10.00 pm in the Methodist Church Hall, Hallgate. All welcome.

East Yorkshire Woodturners.

Tuesday 21st November - 6.45pm: Demonstration by popular professional woodturner Andrew Hall from County Durham, who - among other things, turns wooden hats! Meetings are every third Tuesday each month at Skidby Village Hall. Visitors are always welcome, whether woodturners or just interested. (No need to book - £3.50 on the door). For further information please contact David Taylor, Secretary, 876702. cotters@cotters.karoo.co.uk

Hull and East Riding New Stitchers (H.E.N.S.)

Tuesday 21st November - Speaker: Red Stitch - Jean Ellis, at the Newland Christian Centre, St. Johns Newland Church, Clough Road, Hull. Meeting start at 7.15 pm on Tuesday evenings. New members and visitors are always welcome. Free Parking. Further details from Jean Ellis on 01482 845415 or www.hullandeastridingnewstitchers.weebly.com.

Continued on page 17

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Cottingham Parish Council



Welcome to our section of the *Cottingham Times* that keeps our residents updated with some of the projects that Cottingham Parish Council is involved with.

- **Word from the Clerk**

In my inaugural 'Word from the Clerk' in August, I hoped for a less hectic time after my first few months in post dealing with our audit. Unfortunately, for a variety of reasons, this has not proved to be the case.

Our office is currently experiencing staffing issues and you may have seen that we have not been open to the public on Monday's in October. I would like to take this opportunity to apologise for any inconvenience caused. At the time of writing, I am unsure as to whether this arrangement may have to continue into November. If it does a notice will be placed on the front door of our offices and online on the Parish Council website.

On a personal note, part of the staffing issues have been caused by myself as I took two weeks leave for the birth of my first child. Aurora Kay was born on 11th September and both her and her mother are well. I would like to apologise to anyone who has been into the office since then and noticed me looking more tired than usual!

I am enjoying meeting the people of Cottingham who come into the office, but just a word of advice for those who come in for dog waste bags, if you really need some bags come early in the month. We order our bags in bulk for the financial year and then ration them out on a monthly basis. We have 120 bags per month which equates to 60 people, on the assumption that everyone takes the two bags that they are allowed. We work on a first come first served basis and normally run out at least a week before the end of the month, sometimes sooner. In October we ran out at around lunchtime on the 18th.

If you think that the Parish Council can assist you in anyway then please do not hesitate to get in touch.

Matthew Kay, Clerk to Cottingham Parish Council
parishclerk@rishcouncil.karoo.co.uk

- **Cottingham Christmas Festival**

The Cottingham Christmas Festival will be taking place on **Sunday 3rd December from 10am -5pm** (an hour earlier than previously advertised).

There will be a:

Christmas Market on Market Green/King Street.

Live Nativity

Father Christmas

Actors in Victorian dress

A family of reindeer

Carol singers

Craft stalls and Christmas activities in the Civic Hall

Stalls places are still available

If you are interested in having a stall at the Christmas Festival or wish to volunteer in any way, please contact the Parish Council office by telephone on 01482 847623.

- **Grants to Local Organisations**

Cottingham Parish Council may award grants to any community groups or charitable organisations that are beneficial to the village. If you belong to an organisation and wish to apply for grant funding from the Parish Council, then in the first instance, please contact the Parish Council Office for more information and an application form. Please note that there are criteria elements to this form that need to be taken into consideration. All application forms received are decided upon at the next scheduled Finance & Asset Management Committee Meeting. The next meeting of the committee is **Tuesday 14th November**.

At our meeting in September grants were given to Cottingham Christmas Lights, Twilight Football, and the Mens (de Luda) Society.

As well as individual grants, the Parish Council donates money received through the sale of dog waste bags. Between April 2016 to March 2017 this raised £830, which was given to Cottingham Christmas Lights. For the 2017/2018 financial year the money will be given to Cottingham Wild Spaces. The charge for the bags remains at 50p per pack (each pack containing 50 bags) and is limited to 2 packs per person per month.

- **Cottingham Civic Hall and Council Offices**

Cottingham Parish Council extends its warmest congratulations to the Cottingham Village Trust who have acquired the transfer of the Civic Hall and Council Offices from East Riding of Yorkshire Council. The transfer is due to take place early next year and we look forward to working with them in the future.

Cottingham Parish Council supported the Trust with grants to enable them to conduct a survey of the building and to put together a business plan. The Trust will now be conducting a number of fundraising events including a Zumbathon on November 26th and a carol concert on December 15th. We encourage you all to attend.

- **Office Opening Hours**

As previously mentioned, the office was not open on Monday's in October. This may remain the case in November. Visit our website for confirmation. We will be closed on Thursday's and Friday's as usual but open between **11am-3pm on Tuesday's and Wednesday's**.

- **Dates for your Diaries**

Cottingham Parish Council meets the third Thursday of every month, excluding August and December, commencing at 7.30pm. The final Full Parish meeting for 2017 will take place on **Thursday 16th November**. This does not include meetings of our Finance or Planning committees, which will be advertised as they arise.

We encourage and welcome members of the public to attend any of our meetings and find out more about what is happening in their village. Alternatively, If you would like to speak to a Parish Councillor, their contact details are displayed in the noticeboards around the village, by visiting our website on www.cottinghamparishcouncil.org.uk or by contacting the Parish Council Office on 01482 847623.

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New computers, security and new product news

November and December are the months when many people are thinking about new computers. So it's a good time to mention another important point and that's security. Customers who already have Eset installed will be pleased to know that their product is transferable. And if you haven't already upgraded to Internet Security, now is the time to do that. And if you haven't already upgraded to Internet Security, now is the time to do that. And for anyone who hasn't tried Eset yet, don't just take my word what an excellent product it is, go to the website <https://www.eset.com/uk/home/free-trial/> and download a free one month trial! Just make sure you uninstall any existing anti virus you may have, even if it has expired. For prices, upgrades and licences – just give us a call.

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Wi-Fi security - The big news recently, of course, is the newly-found security hole in WPA2 - the security standard used by modern Wi-Fi to keep your sensitive information encrypted. At the time of writing, major manufacturers and software companies were aware of this new threat and were going about issuing patches and security fixes as necessary. Although home users probably don't have to worry unduly about this as they are less likely to be targeted, do look out for possible news of software upgrades for your WIFI router.

London cyber-crime court opens as experts warn of increased threats. The City of London has updated its court system with an 18-courtroom building in Fleet Street

HMRC Tax refund scam. Lots of people have received scam emails saying they are due a tax refund, so HMRC have published updated information here: <http://bit.ly/2irHP6T>

CTRL+ALT+DEL – we've probably all used this curious combination of keys in Windows many times to try and get out of trouble (or even to log in on some systems). Well it's interesting that after all these years of blaming Microsoft for

making us do this, that its founder Bill Gates has come out and pinned the blame fairly and squarely at the door of IBM who of course developed the original Personal Computer.

Make RDM your first call for home computer support – call us on: 875666

Closing iPad apps – When using your iPad (or iPhone), every time you open an app whether it be email, messaging, weather etc., it stays running in the background. This can use up memory and battery power, so every now and then it is a good idea to close them all down. All you have to do is double press (quickly) the round home button, and this will cascade all your open apps and you can swipe up each app to close it. When you've finished just press the home button once to return to the home screen.

An undersea internet cable that is fast enough to stream over 71m high-definition movies at the same time has just been laid by Microsoft and Facebook. The 160-terabits-per-second pipeline that stretches 4,000 miles under the Atlantic Ocean is the highest capacity subsea cable to cross the body of water and runs from Virginia in the United States to Bilbao in Spain. Using eight pairs of fibre optic cable Marea (which is Spanish for 'Tide') will carry the enormous amounts of data between the US and Europe as the demand for data flow, especially the demand for video content continues to increase.

KCom Lightstream – If you haven't upgraded to it yet now is the time. KCom say that by December this year 75% of their network will have access the superfast broadband service. You can normally expect speeds of around five to ten times normal broadband, and it may not cost more than you are already paying. It's not just about speed, by using fibre-optic cabling right to your home it provides much better stability of service.

Amazon has launched an all-new waterproof Kindle Oasis E-reader with 7" High-Resolution Display (300 ppi), Built-In Audible, 8 GB Wi-Fi.

Microsoft retires Windows Phone after failing to gain the expected foothold in the mobile market.

Amazon's Echo voice assistant (aka Alexa) is to get lots of new features including Echo Connect, which will turn your Echo into a voice-controlled speakerphone. In other words you'll just say 'hey Alexa call my Mum' and she will. Coming Early 2018

Malwarebytes – a new program version has recently been released, so whether you have the Premium or free version you can safely update it. If your free trial has expired, you have the option to purchase it from www.malwarebytes.org or to keep it free but it won't offer live protection.

For honest, unbiased advice & pricing on a new PC call RDM on 875666

Telephone scam – yes, I must mention this again as I have many times before. There has been another spate of unsolicited calls to computer users in this area purporting to be from Microsoft (which they are not) offering to fix problems with your computer (which they won't) and then fraudulently taking money for their (non-existent) services. If you get such calls, and they can be very persistent, tell them you are not interested, or that you have a local computer specialist, or that you don't have a computer!

Remember to look on my website for copies of the current and previous two articles where they can be read, downloaded or printed. And if you are considering investing a new computer you will also find on there my popular article on 'things to consider when buying a new computer. Or if you would like a copy sent by email, just drop me line.

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Wordsearch - Autumn

Can you find the hidden words. They may be horizontal, vertical, diagonal, forwards or backwards.

L O N G E R N I G H T S N A A U C N
T O R U E S T U N Y R O K C I H R I
M S O A Y Q E N I S I A O T R W O K
R C Y H N E U V S T E R F H E O P P
C E A A C G K I A S N O A A B R S M
K N D N D S E R N E D S R N M C O U
S C Y L N R G L U O L P M K E E C P
Q R A K E I E R E T X G I S V R T S
U Y D T M A N T S A E F N G O A O E
A D Y D S I V G R T V S G I N C B P
S N R N G Y W E H O E E N V W S E T
H I E L P P A E S P H A S I V O R E
B W T Y L L I H C T E S P N R F L M
F T S E V R A H Y E L O I G C R E B
A A U H A L L O W E E N E F I O S E
A F L S E V A E L W O L L E Y S L R
L O B L W E C H E S T N U T S T R D

Find the words in the letters above:

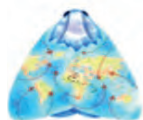
Acorn, Apple, Bird Migration, Blowing Leaves, Blustery
Day, Canning, Chestnuts, Chilly, Cold, Crops, Equinox,
Fall, Farming, Feast, Frost, Halloween, Harvest, Haystack,
Hickory Nuts, Longer Nights, November, October, Orange
Leaves, Pie, Pumpkin, Rake, Red Leaves, Scarecrow, School,
Season, September, Shorter Days, Squash, Sweet Potatoes,
Thanksgiving, Turkey, Windy, Yellow Leaves.

Wordsearch courtesy of <http://www.puzzles.ca/wordsearch.html>

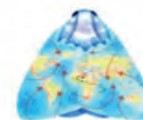
Sudoku No. 129

This is an easy challenge this month - Answer on page 29

	2					6	9	8
					9		2	3
				7				
5	9			2				
				5		4		
7	3			4		5		
				9	4			6
		1	2				8	
4			5	3				



MARION OWENTRAVEL



November a great time for a little sunshine or alternatively book a sunny holiday to look forward too.

Our WW1 tour was a special event which I would like to repeat in 2018.

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Secret Gardens of Tuscany is one of our unique tours. Visiting the gardens of the Ducal Palaces for 6 days including lunch (1 free day to relax in Montecatini Terme). Our hotel is the 4 star Toretta located in a super setting. We depart on 4th June 2018. Sit back and relax from the moment you leave home and enjoy a great week. All meals included except one lunch, fully guided and all entrances £1726 per person twin share, limited singles available please ask. I look forward to you joining me on this tour. I accompany each of our own tours to ensure everything runs like clock work for you.

Travel from your door: is important to many of our guests. This is available with many of our tour operators and if not we can always ensure you get to/from your door for a reasonable supplement should you not wish to drive or take the train etc.

Christmas markets are just around the corner why not join me in Dordrecht? This is Hollands biggest market and they really make it into a festival with free entry to museums, live music plus the local shops are open including C&A's!

Do remember we are a full travel agency, we book financially protected holidays and you never have to worry about the security of your holiday. Why book direct with an operator when it costs no more to book with us and have our help in the event of unforeseen circumstances both before or when you are travelling with our 24 hour service.

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20 Nov	Chatsworth House & Christmas Market - Day outing	£ 49
10 Dec	Edinburgh Markets, Botanical Gardens & Whiskey 2 nights with an extensive breakfast in the heart of the old town	£ 169
11 Dec	Warner's Alvaston Hall ~ midweek 5 day Festive Party	£ 289
15 Dec	Dordrecht Christmas Market Dash, via North Sea Ferries	£ 99
11 Jan	"The Sales" at Boundary Mills just for the day	£ 15
27 Jan	Celebrating Burn's Night 2 day weekend dinner B&B	£ 115
08 Feb	World of Rhubarb, talk & 3 course lunch Just for the day	£ 49
02 Mar	Thoresby Hall 3 night weekend "Big night Live" Latin Tempo	£ 259
03 Mar	Harry Potter & RAF London : entries & 1 night DBB	£ 149
11 Apr	Crazy for You - Starring Tom Chambers matinee Bradford	£ 59
12 Apr	Springtime in Norfolk 4 nights at the Links Country Park itinerary inc. Thursford, Blickling, Felbridge, Kings Lynn, rail & sail	£ 449
11 Apr	Crazy for You - Bradford's Alhambra great seats for matinee	£ 59
06 May	Mike James Orchestra & Nottinghamshire 2 days HB	£ 125
09 May	Matthew Bourne's Cinderella, matinee Bradford Alhambra	£ 59
13 May	Isle of Man, 5 nights half board & full sightseeing programme	£ 595
31 May	Llandudno 3 nights at the lovely Tyndale Hotel Half board	£ 299
22 Jul	Tatton Park Flower Show & Renishaw 1 night DBB	£ 179
06 Aug	Warner's Littlecote & Highclere Castle 5 days half board	£ 485
05 Sep	Musical, An officer & a Gentleman, Bradford Matinee	£ 59
06 Sep	Isles of Scilly - this 8 day holiday is 6 night HB & 1 night B&B	£1125
14 Sep	Star break Alexander Armstrong at Thoresby Hall 3 nts	£ 449
10 Nov	Thursford Christmas Spectacular - 2 days & best seats	£ 185
08 Dec	Thursford Christmas Spectacular - 2 days (+ 11th Dec)	£ 185

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Nov 17*



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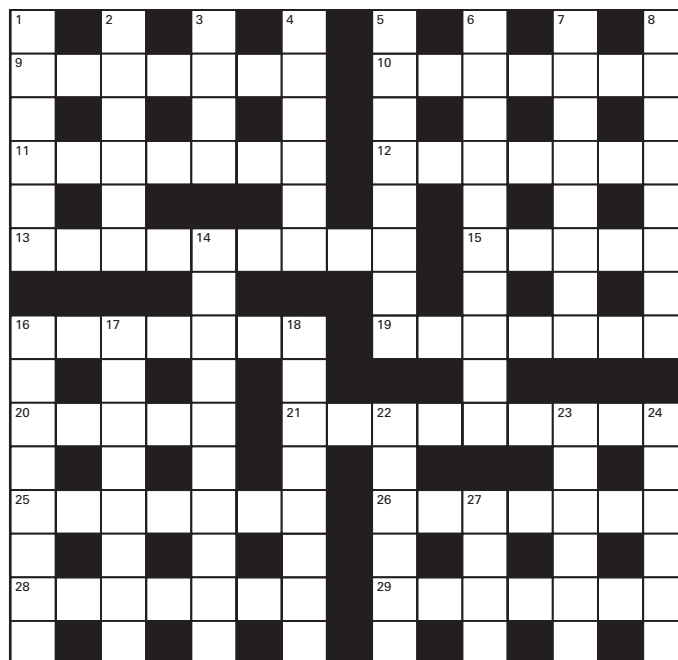
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Crossword – Solution on page 46



Across:

9. A nonconformist (7)
10. A daughter of Agamemnon (Greek mythology) (7)
11. A blend (7)
12. Male chicken (7)
13. Formulae (9)
15. Crucifixes (5)
16. Craved (7)
19. Craftsman (7)
20. Steam bath (5)
21. Showing hesitation (9)
25. Varnish (7)
26. Lurches (7)
28. Lasting forever (7)
29. Otagia (7)

Down:

1. Afire (6)
2. An idyllic place (6)
3. Cozy (4)
4. Elbows pointed outwards (6)
5. Cornhusker state (8)
6. Not Republican (10)
7. Radio, television or railroads (8)
8. Fort (8)
14. Waterproofed canvases (10)
16. Calamity (8)
17. Pressed together (8)
18. Frankly (8)
22. Securely fastened (6)
23. A business that serves other businesses (6)
24. Throws (6)
27. Scarce (4)

*Crossword courtesy of www.crosswordpalace.com
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TCHAIKOVSKY: Violin Concerto
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REVOLUTION

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Hallgate School Fayre on Friday 1st December

The Friends of Hallgate Primary School in Cottingham are hosting their annual Christmas Fayre, on Friday 1st December 2017, straight after school at 3.30pm until approximately 5pm.

There will be an opportunity to meet the big man himself at Santa's Grotto and lots of opportunities to purchase little gifts and stocking fillers for Christmas.

If there are any local businesses/crafts/stallholders who are interested in booking a stall, at the cost of £10, please contact the school direct on 01482 846136 or hallgateprimaryfriends@gmail.com

Hull CHA Rambling Club

We are a friendly walking club established 1911, whose members enjoy walking in the Yorkshire Wolds, Howardian Hills, North Yorkshire Moors, Yorkshire Coast, occasionally to Lincolnshire and Derbyshire, and walk throughout the year.

Sunday rambles are once a fortnight. Travel by coach to the starting point. Fare £10.

We pick up at on route to the city centre at Bilton and Holderness Road.

Pick up at City Centre is now 0830 am for the spring and summer months continuing Beverley Road and onto Beverley.

Walks with leaders.

A walk 10 to 12.5 miles. B walk from 7 to 9 miles

Sunday 12th November 2017.

Aislaby to Pickering TBC

Sunday 26th November

Barnetby (Circular)

A. (Barnetby – Melton Ross – Kirmington Vale – Ownby – Wold Lane – Somerby – Bigby - Barnetby)

B. (Barnetby – Melton Ross – Somerby Wold Lane – Somerby - Bigby - Barnetby)

For further information and book a place on the coach, please contact Joint Rambles Secretary Sue O'leary on sue@sueoleary.co.uk telephone 07767 420646.

Pauline Borger on Pauline.borger223@btinternet.com telephone 07929 933323

Check out the website www.hullcharambling.wix.com/hull-cha-rambling

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You will be very welcome.

Phoenix Walkers

If you like walking in the countryside/a social day out then why not join Phoenix Walkers. We are a very friendly walking group with walks on Sundays in picturesque areas of Yorkshire, Lincolnshire and Derbyshire.

The coach picks up on Ferensway Hull then through to Cottingham Green, coach fare £10.

Three levels of walks.

A) Walk 8-10 miles

B) Walk 5-7 miles

C) Walk 'The Strollers' a very leisurely 3 miles or so.

12 November Nettleton Lincolnshire

26 November Bishop Wilton East Yorkshire

For further information and pick up times please ring Dulcie Hartley 01482 509000.

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Continued from page seven

Wednesday Social Club

Wednesday 22nd November - Paul Schofield - Hull Pubs, in the small hall at the Darby & Joan Hall, at 2.00 p.m.

St Michael's Church, Skidby

Friday 24th November - 10.30 am - 12noon. Coffee morning in the church. Join us for our monthly coffee morning and enjoy coffee, homemade cakes and friendly chat. All proceeds towards the upkeep of the church.

Cottingham Methodist Church, Hallgate

Friday 24th November 2017 - Free Film Night - 6.40 for 7pm. Refreshments including ices on sale.

East Riding Flower Club

Monday 27th November - "A Touch of Sparkle", by David Ryland (National Demonstrator). In the Pavilion Suite, Willerby Manor, at 2.00 pm. Doors open 1.00 pm, please ring to reserve your ticket. Visitors welcome £10.00. Enquiries Judith Robinson 876279.

Cottingham Men's de Luda Society

Wednesday 29th November - 'Classified' - John W. Day, in the St. Mary's Church Hall, Hallgate, starting at 2.00 pm.

Cottingham Singers Christmas Concert

Wednesday 6th December - The Cottingham Singers will be presenting their annual Christmas Concert on Wednesday 6th December. This year they will be joined by the Hedon Mixed Voice Choir (formerly Holderness Grange Choir), as their guests. If you enjoy singing and listening to Christmas carols, please join us at Bricknell Avenue Methodist Church, Bricknell Avenue at 7.30pm on the 6th. Tickets are available on the door, priced £4.50 (including refreshments). For further information contact Janet Burton (secretary) on 01482 442894.

The deadline for entries in the December 2017 "What's On" section, is no later than the 19th November.

Maureen Hunter

Singers in concert at Middleton Hall on

Saturday 9th December

The choirs are well into rehearsals for their 'Christmas Voices & Brass' concert, to be staged in the superb Middleton Hall at the University of Hull on Saturday 9th December at 7.30 p.m. AND on Sunday 10th December at 3.00 p.m.

Following the great success of last year's concerts, we will be welcoming again as guest performers the fabulous Riverside Brass – a band guaranteed to entertain with music to suit all tastes. This 10-piece brass ensemble is made up of ex professional musicians of the highest calibre from military and civilian backgrounds.

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As always, the programmes of both senior and junior choirs, and that of the band, will be chosen to provide 'something for everyone' – with the ultimate aim of sending our audiences away full of seasonal joy.

Tickets (priced £12.00 and £10.00) are available from Mrs. Margaret Talbot, 26 Churchill Avenue, Cottingham, HU16 5NL (Tel: 01482-846550), or via Choir members.

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Cashew Nut Roast, Glazed Parsnips & Butternut Squash (v)

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Christmas Pudding with Spiced Rum Sauce

Homemade Vanilla Crème Brûlée

Winter Fruits in a Brandy Snap Basket

Cheese & Biscuits

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2 courses with Coffee – £17.95

3 courses with Coffee – £22.95

This menu is available pre-booked parties of 10 people or more. A deposit of £10pp is required to confirm the booking.

Full payment & a pre-order is required 1 week in advance.

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Or email catering@cottinghamparks.co.uk



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Cottingham Parks,

Woodhill Way, Cottingham,

East Yorkshire, HU16 5SW

www.cottinghamtimes.co.uk - November 17

ON THE GRAPEVINE

WITH ROY WOODCOCK

Blue is the colour, wine making is the game

E lvis Presley may have been ahead of his time by 60 years when he released “Blue Christmas” in 1957, for the rather startling news of late has concerned blue fizz being produced in time for the festive season.

This most unlikely of trends has emerged with the launch of a sparkling wine called Eden. It's made from Chardonnay grapes from Provence and is medium sweet with 38g/l of sugar added.

Selling for £45 a bottle, it is not cheap but follows on from other blue sparklers launched earlier this year.

In May, Italian company Saracini Wines introduced Blumond, a seven per cent by alcohol “wine” made from a blend of Prosecco, blue curaçao and peach while in August English entrepreneur Chris Arbery launched a blue “Cava” in the UK called Skyfall.

Described as fresh and crisp, Skyfall is made in Sant Sadurni d'Anoia in Barcelona using only natural ingredients, combining four grapes: Macabeu, Parellada, Xarel-lo and Chardonnay.

Each bottle is aged for three years, turned by hand, with a blend of natural flower and fruit extracts added towards the end of the production process to create the turquoise hue. Labelled by hand, it has an ABV of 12 per cent.

Like Eden, this blue fizz doesn't come cheap and is currently selling for 39.99 a bottle on the Skyfall website (www.skyfalluk.co.uk)

And should you want to try Eden for your very own blue Christmas then that, too, can be bought online via www.sparklingeden.com

Me? I think I'll stick to all things traditional. So, I won't be investing, either, in what Lidl describes as a “hangover-free” Prosecco launched last month. Their Organic Prosecco Spumante, which is said to boast “bright aromas of pear and white peach”, has gone on sale for £7.99. The retailer claims that because the fizz is low in sulphites, imbibers are less likely to get a hangover from it.

“We've all had that shocking wine hangover. This is sometimes attributed to the sulphite preservatives used in wine to keep them fresher for longer. Generally, organic wine producers use a lower level of sulphites in the production process, which means they are less likely to contribute to hangovers,” said a spokesman for Lidl.

Meanwhile, Aldi has announced that it will expand its alcohol range this month, stocking a chocolate-flavoured dessert wine with notes of “figs, toffee and caramel” in time for Christmas.

The Rubis chocolate non-vintage wine uses a base of fortified Tempranillo, more commonly found in Rioja, and is infused with chocolate essence. It can be served at either room temperature or chilled over ice, according to the winemaker's website.

The wine, which has flavours of “raisins, figs, dates, toffee and caramel,” has proved popular with industry leaders. It won the Silver award in 2015's International Wine and Spirits Competition and took the IWSC's Silver award again last year.

The fortified wine, which has a deep ruby colour, has notes of “mocha with a hint of freshly ground coffee beans, plus overtones of red fruit and cream,” according to the IWSC.

“Flavours of raspberry and cherry come forth on the mid palate, giving way to notes of creamy milk chocolate. Climaxing with a lingering a luxurious and silky finish.”

The unique Tempranillo has received positive reviews from retailers. The Whiskey Exchange describes the drink as “a very off-the-wall alternative to Port”.

While Rubis' dessert wine is priced at around £13 online, Aldi will sell the bottles for £9.99.

The company said the drink “would make the perfect end to a festive feast”.

* If you're reading this before Bonfire Night you might like to try this recipe for mulled wine. Most recipes are variations on a theme but this one calls for: Bottle of red wine (Cabernet Sauvignon, Pinotage or Carménère would work well), 60g/2oz demerara sugar, 1 cinnamon stick, grated nutmeg, an orange halved, dried bay leaf and 60ml/2fl oz of sloe or damson gin or port (optional).

Put the wine in a saucepan with the orange, sugar, bay leaf and the spices. Heat gently until the sugar has dissolved. Taste to see if you want the wine sweeter, and add more sugar to taste. Take off the heat and stir in the added alcohol if you are using it. Strain into heatproof glasses and serve at once.

And if you've already had your fireworks, the wine will taste equally as good at any time through the winter!

*** Finally, just a note to say Roberts & Speight's annual wine and food tasting takes place at Longcroft Lower School in Beverley on Wednesday November 15th, 6.30 to 9.30pm. It's a chance to try over 150 wines, beers and food at your leisure. Tickets cost £15.**



BEST BUYS

**Adeletto Prosecco**

Where: Co-op

When: November 1 - 21

Why: Nothing blue about this Italian fizz, a best seller that's dry, light and refreshing. And with this offer even the price won't give you the blues!

£6.99 (was £8.99)

**Freixenet Ice Rosé**

Where: Waitrose

When: November 8 - 28

Why: This is about as experimental as it gets for me ... a rosé Cava with plenty of sweetness on the palate, made from Garnacha and Pinot Noir. Bright raspberry-pink in colour, with intense and long lasting aromas of berries and other sweet, ripe fruits. Designed to be served over ice in a large glass.

£8.99 (was £11.99)

**Pisano Progreso**

Tannat, 2015

Where: the Wine Society (thewinesociety.com)

When: Now

Why: Talking of the unusual, this wine from Uruguay is made from Tannat, the Madiran grape from south west France, which is often very hefty and can have dry tannins. Not so this one, it's fresh and characterful with delicious brambly fruit and goes well with grilled meats and meaty pasta sauces.

£7.95

**Stonehaven Sauvignon Blanc**

Where: Co-op

When: November 1 - 21

Why: From a winery that has won 27 awards in the last eight years, full of elderflower and citrus aromas.

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Mistletoe and Wine

I am so sorry this may be early for some and you only like to start thinking of this until December 1stCHRISTMAS. I usually make this my December article but thought it is better to prepare early as you will find out.

My Grandson Alfie is 18 months old and very much into EVERYTHING much to the amusement (and sometimes annoyance) of his older, Noah. I must say it is amusement most of the time but on the odd occasion when he heads, on a determined mission, towards Noah's Lego, Star Wars figures or even an attempt of tasting one of Baxter's dog biscuits disrupting whatever is in his path, is another matter. Looking around the house, there are a lot of potential dangers for tiny fingers, toes and mouths so my daughter Kath and partner Matt, have had quite a task in making everything 'Alfie' proof. Are the plug sockets covered, is everything high and out of the way or are there any wires he can easily pull? At the moment everything is virtually sound but what about when the festive season begins? The bright lights and colourful parcels around the tree, the smell of Christmas pot pourri and the ever-seasonal plants are a magnet to any child let alone an inquisitive 18th month old but what about our pets? We as parents/grandparents, often take care in buying toys that are presumed safe for little fingers, watching out for parts that can easily be consumed if they fall into the wrong hands but how many of us pet owners go along the same line of thinking?

Every child loves chocolate and to see the various array of sweet items dangling from the Christmas tree can be so tempting but more so to our canine friends. Human chocolate is highly toxic in dogs, especially dark chocolate because the cocoa beans contain a substance called theobromine. In general, the amount of this substance found in chocolate is small enough to cause toxic poisoning. The most common victims are dogs for which can be fatal. The toxic dose for cats is even lower and are less prone to eating chocolate since they are



unable to taste the sweetness.

The majority of us enjoy a slice of Christmas cake even if it's just for the icing and marzipan but please be very careful as two of the ingredients namely raisins and currants, can be potentially poisonous and is highly toxic to a dog's kidneys.

So far it has been our canine friend but our felines do not get off lightly. Tinsel can be so decorative around the tree and also a playful attraction to small children but in a cat's eyes it is especially exciting. After all, its shiny, dangles and is something new in the environment so how many cats can pass this by. Playing with the tinsel is not the problem, it is when it gets wrapped round their tongue or is swallowed when the nightmare begins. Objects that are swallowed can cause an obstruction in the digestive tract which may then involve major surgery to be removed. With the tree still in mind, cats may also be attracted to the baubles which then may shatter, splinter and cut their paws. In the case of the real Christmas trees, beware of the sharp pine needles. Twinkling lights around the tree is a big attraction to any toddler and can be so mesmerizing but obviously extremely DANGEROUS, even to a cat or young puppy.....lights have electrical wires which are a major hazard when chewed not only for them but a potential fire risk too. Please bear this in mind when decking out your halls.

How many of us have holly, ivy or poinsettia in the house? Me for one, but did you realize they are toxic to our furry friends? Also on the list are mistletoe and surprisingly, lilies! They are all my favourites but are now kept well out of reach of inquisitive paws. Turkey bones (although tempting to give as a treat) can cause choking, constipation as well as seriously damaging internal organs. I know the next one may seem silly but alcohol should never be given to a pet. I am not saying you will be offering a 'tipple' on Christmas day morning but if a glass is within easy reach to our four-legged friends then they could be just that bit too interesting. If drank it could lead to coma and eventually death.

New pets.....we do not recommend getting a new pet for Christmas. It is far better to leave it until after the festive season when things in the household are just that bit more calm but if you happen to have a new addition, please make sure they are identichipped. With all the hustle and bustle, coming and goings in the house, an escaped pet may go unnoticed for a few hours which may then be too late. It may only cost the price of a couple of bottles of wine but is for life so what better way of giving you that extra piece of mind. Some of the nicest things at this time of year are the smells.....logs on the fire, baking in the oven or pot-pourri pots which give off the amazing smell of Christmas. I used to like them around the house during the festive time but since two little dogs were admitted to our Park Street Hospital with poisoning after eating one of these pots, they are now kept well out of reach. They contain two substances namely essential oils and cationic detergents and it is the latter that is the most concerning. It can cause severe ulceration and chemical burns to your pet's skin plus their digestive tract.

Something that is not in the house but associated with the cold weather..... anti freeze. Please keep this well away from inquisitive paws. The sweet taste can be so tempting but fatal!!!!

So there we have it The HAZARDS of Christmas ... but please remember, they are only hazards when they are within the reach of inquisitive paws, mouths and not forgetting little fingers and if you think that working for a vet we know better...how wrong can you be. If you have read the past exploits of my wonderful dog Teal, you will realise that I, for one as a pet owner, am not immune....from eating a full Christmas fruit loaf to a Chocolate Advent Calendar also not forgetting the time she ate a box of Thorntons chocolates plus 6 mince pies. Yes, Teal and I have spent many a day and night at our Park Street surgery so as you can see, it can happen to ANYONE.

If you have any queries at all or concerns that your pet has consumed a hazardous item, PLEASE contact us INTERMEDIATELY. Time is of utmost importance so do not hesitate, no matter how small and insignificant you feel your questions may be.

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"The Tooth and Nothing but The Tooth"

by
Chris 'Dr. Smile Maker' Branfield

On top of the World

Hello again. I hope that you are well. Another busy month, phew! I've just got back from Morocco getting kids out of pain up in the Rif Mountains. This was a collaboration with the Local Health Authority in Chef Chaouen province.



It Felt Like Being On Top Of The World

We got more remote than ever before, needing 4x4's to get us to some places. We all worked really hard and put our heart and souls into it. Another great team of people and our largest team yet. In fact our British team split into two teams for four out of the five days of working so we could get to as many people



in need as we could. We saw almost 3000 children and every one received fluoride treatment, oral health advice, a toothbrush and toothpaste. In fact with our Moroccan colleagues about 6000 kids received this. We actively treated many hundreds of children in pain and took thousands of abscessed teeth out. Bless 'em.

Not 2 Halfpennies To Rub Together

People here are really poor and there has been a lot of resentment towards the government. Everybody we worked with was so friendly and appreciative though. The kids, teachers and parents were lovely.



And Breathe

Communication and rapid trust building with the kids is always key. We did have lots of help from interpreters when required but the main thing is keeping eye, verbal and even tactile contact and always asking if they are OK ("cava or labass"). The other thing that is massive to show empathy and understanding is breathing. This works wonders for relaxation. We all forget to just breathe and just "be" to relax. I do not know how to spell this but the word for "breathe," phonetically is "sniffez". We were all saying and doing it and really elaborating on it to add a bit of humour. **"Humanisation"**.



Not Lost In Translation

We discussed the role of interpreters and it works best just to do the minimum to allow an "in" for the dental team so they can start and develop a trusting relationship, heart to heart, human-to-human. One young Moroccan interpreter got it when I explained. He said "emotional content". Bob on!! It's all about that and humanising every step of the process, stripped right back to basics. Formal language is then secondary

A Massive Big Thank You

A heart felt thank you to the ladies who give me knitting to take out to the poor families. You know who you are! Also thank you to everyone who has donated money, toothbrushes and toothpaste. It's great for us all to be involved in helping people, and really trying to leave a long term legacy impacted on peoples lives for good.

Certificate Time

As I mentioned this was a joint venture with the local authority and many bridges were built. Ewe had to sit through a really long speech and ceremony of certificates. My name was spelt wrong. I should have done my usual, "think branflakes but field instead".



Until next time. Take care and be good.

Chris

Chris Branfield is Principal Dentist at Castle Park Dental Care, Castle Villa, 28 Castle Road, Cottingham, telephone 01482 772550. He has been in dental practice for 24 years and has a special interest in life changing, pain free dentistry with dental implants, rapid teeth straightening and cosmetic dentistry. And, not only that Chris is founder member and trustee of Dental Mavericks charity- ending the daily dental pain of Moroccan kids. For more patient success stories and Chris's humanitarian work go here now www.castleparkdental.co.uk

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It had been a total of 36 years since my last visit to a dentist and I viewed the thought of it with fear. I cannot praise the practice enough for the kind and gentle treatment I have received and help in overcoming my fear. They are a very professional team and I shall recommend them to everyone.

Carol Hookem, E. Yorks.

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Early development plans for Cottingham Parks

About Cottingham Parks

The land which now forms the Cottingham Parks complex was first acquired by the Wiles family in the 1940's for farming purposes. Over the years the family has expanded the use of the site, often in response to the changing economic climate, and various additional uses have been introduced.

The equestrian centre has been running since 1990 and the most significant change took place in 1994 when a golf course was formed on an area of 125 acres. This has successfully matured over the intervening years. To support this a health and leisure club based around the club house was added in 2000. Recent years have seen the further development of 20 holiday lodges on land adjacent to the main access road.



In line with this long term measured diversification, and to support the ongoing success of the established existing elements of the business, the family are now looking to the future and hope to make new investments in the facilities.

This will help to ensure the ongoing sustainability of the golf and leisure facilities and preserve and increase employment opportunities in the local area as well as providing an opportunity to enhance and improve existing facilities.

The golf club market

Recent years have seen a significant trend towards reduced demand for golf facilities across the county amongst consumers. Golf as an industry is under pressure from other leisure pursuits and in the present economic climate, membership fees are often seen as luxury items.

As a consequence there have been an increasing number of golf course closures in the last 10 years both locally and nationally. This does put pressure on to the operators of courses and many have had to seek alternative income streams in order to maintain revenues.



Traffic and accessibility

It is intended that access to the development will be taken from the existing route to Cottingham Parks from Woodhill Way. We will ensure that access for construction vehicles has a minimal impact on the existing golf and leisure operation.

Car parking on site is likely to be located closest to customer destination and the existing car park will be improved to provide the bulk of the car parking spaces for the golf and leisure club house. Separate car parking areas are likely to be provided for the hotel and also the residential areas.

An existing pedestrian route to the south of Badgers Wood will be improved to provide access into the centre of Cottingham.

Environmental considerations

Ecology

Ecology surveys have highlighted that there are no significant ecological constraints on the site, subject to standard mitigation measures for nesting birds.

Drainage

A Flood Risk and Drainage Assessment shows that the site lies within Flood Zone 1 (ERYC Strategic Flood Risk Assessment) and that the risk to the site from all sources of flooding is low. It is proposed that any additional surface water will be diverted into a local water course and that the housing units will be designed to generate minimal run-off.

Ground Condition

An initial desk based review has found no issues of concern in relation to ground condition given the past undeveloped nature of the site.

The proposals

Although still at an early stage, proposals are now being considered which would firmly establish Cottingham Parks as a unique development bespoke to the local area which adds up to a sum greater than the individual parts.

The proposals can broadly be split into 3 components:-

- Retirement housing - apartments and bungalows, mostly with two bedrooms
- A c.70 bed hotel adjacent to the existing leisure facility
- Improvements to the existing golf and leisure club house and facilities



Retirement housing

Alongside the hotel, we are also considering additional alternative uses. The proposal is therefore to provide a mix of bungalows and apartments specifically for older persons (likely to be over 60 years old and controlled via planning conditions).

The occupiers of the properties will benefit from access to the leisure offer at Cottingham Parks allowing them to remain active and maintain healthy lifestyles as they grow older.

The communal aspects of living in a dedicated development and the opportunity for extending support services to include catering as part of a bespoke offer for residents will create a unique offer.

The homes will also be built to Lifetime Homes standards which incorporate a set of design principles to maximize utility, independence, and quality of life all of which are geared towards creating adaptable homes which can accommodate the challenging needs of residents as they grow older.

These will also provide an opportunity for people to downsize from larger family houses and therefore create more options in the wider housing market locally for younger families who are currently constrained by a lack of supply.



The hotel

The proposed hotel is a natural next step in the growth of the leisure offer at Cottingham Parks which will enable it to fulfil its full potential as a venue for all types of visitor trips, including conferences and weddings.

The hotel will also play an important role in securing the sustainability of the full range of leisure facilities at the complex. Helping to sustain the the golf and leisure facilities, protecting the existing 60 jobs and creating further employment.

Market research shows that demand exists in the area for an upper 3 star/lower 4 star hotel of up to 70 bedrooms, supported by a mix of new and improved back of house facilities. It is likely that hotel guests will come from a mix of mid-week corporate and golf related occupancy along with private leisure guests and wedding parties at weekends.



Upgrading the existing facilities

Along with the hotel development, the proposals intend to allow for the redevelopment and extension of the existing clubhouse to improve the facilities available to golf and leisure club members.

These works would increase the size of the kitchen, the health and beauty area, the catering and bar areas, create a dedicated function room and outdoor space, and also allow for significant improvement to be made to the golf shop and changing areas.

Whilst the overall proposals will result in a much improved offer we are conscious of the need to allow for the continued uninterrupted use of all the existing facilities throughout the development phase and this principle has been at the forefront of the formulation of the proposals to date.

Consultation dates

We have planned a second round of public consultations to share updated plans for Cottingham Parks.

We hope you will join us at one of the following sessions:

**4-7pm
Tuesday 21st November**
Cottingham Parks Golf
and Leisure Club
Woodhill Way
Cottingham
HU16 5SW

**4-7pm
Wednesday 22nd November**
The Annexe
Zion URC Church
Hallgate
Cottingham
HU16 4BB



Please do not hesitate to visit:
<https://cottinghamparks.commonplace.is/>
for more information regarding the development
and to leave any feedback that you may have.



What will winter bring this year? The weather has been remarkable unpredictable over the last few months making it impossible to make any garden plans. What we do know is that November is sure to have a few sunny days were we can get out into the garden and tidy everything up ready for the spring. Plus when the days are dark and dreary we can cheer our gardens up with bursts of colour. There's something especially valuable about shrubs which flower in winter. Seeing these delightful and resilient flowers putting on a show through short, dark days and taking frost, rain and snow in their stride lifts our spirits and encourages us to get outside. Many can also be cut for indoor winter posies, and many are fragrant.



Houseplants

At this time of year it's nice to add colour to your garden and your home with flowers and foliage. There's nothing better for brightening up an indoor environment than a well-grown houseplant and they are available in a vast range of forms from tiny gems suitable for the smallest windowsill to rampant growers for the largest hallway. They offer lush foliage, beautiful blooms and

interesting forms. Some thrive in damp bathrooms, others need a sunny spot, so make sure you choose a houseplant that will tolerate the conditions in which it is to grow. Ask our staff for advice on the best choice. Once you've made your purchase, take care when transporting houseplants to protect them from cold, drafts, wind or excessive heat. Failure to do so can lead to plant deterioration or even death, and the effects may not fully show themselves until some time after you've bought it.

Once your new houseplant is safely home, you need to care for it correctly to ensure that it remains in pristine condition – and this largely depends on how well it is watered. Too little or too much watering can cause problems.

Overwatering: Giving too much water can be as dangerous

as under watering. The roots not only require moisture but also air, so overwatering leads to the forcible removal of air from the potting compost so the houseplant's roots are killed by suffocation.

Best Practice: Watering little and often is the best advice, taking into account the growing environment and the seasons. Watering from below is the best approach as some plants can suffer from rotting or sun scorch if water is directed onto their stems, root systems or foliage.

Drainage:

The best method is to stand the pot (which must have drainage holes in the bottom) on a suitable sized saucer into which a small amount of gravel has been placed.

Fill the saucer to about 1/3 of its depth with water and leave the plant standing for 30 minutes.

If all the water has been taken up you can repeat the operation until uptake stops, then any surplus water should be tipped away but of course retaining the gravel.

Pests & Diseases

Healthy Habit: Plants that are well-fed and watered are less likely to suffer from pests and diseases, so prevention is always better than cure. However, keep a look-out for common houseplant pests. Pick off any visible pests from the stems, leaves or soil, clean leaves with water and use a chemical spray available from our garden centre, or try an organic or biological control.

Throughout the year Coletta and Tyson Garden Centre has everything you need for your garden and home including indoor and outdoor furniture. Plus they have just extended their gifts department which now includes clothing accessories, chocolates, teas and nibbles. It's a great place to shop for that perfect gift. Of course we can't forget their fantastic pets department where they have aquatics, reptiles & small animals which are great to come and visit and with their great pets specialists on hand if you think you've found your perfect pet they can help you sort out everything you need to house your pet in the most comfortable way.

Not forgetting the Oasis Cafe, which offers everything from a cuppa to a delicious meal or light bite. All the cafes ingredients are locally sourced and head chef Leanne is bringing in new recipes all the time. As a result the Oasis Café has recently been awarded two East Yorkshire Local Food Network Awards for their Feta, Pea & Mint Quiche winning the Best Savoury Baked Product & their Salted Caramel & Peanut Butter Shortbread winning the Best Sweet Baked Product.

10 Jobs for this month

1. There is still time to plant Spring blooming bulbs for the early part of November
2. Transplant trees and shrubs
3. Prune evergreens to shape
4. Cover strawberries two inches deep with straw or hay
5. Increase feed and provide plenty of fresh water for the birds
6. If you haven't already feed your lawn with a fall or winter feed
7. Rake leaves from the lawn and compost them
8. Drain your hoses and put away over winter
9. Finish weeding and tidying up beds
10. Clean up and cover you garden furniture to protect over the Winter

This Christmas they have created a festive Christmas scene that takes you through the Christmas section, which is filled with fantastic products sectioned into wonderful themes from the traditional red, green, & gold's to a sophisticated Vintage Blush that offers that sophisticated style of pinks and eucalyptus. Winter Sky theme boasts this years in colours, and finally Santa's Workshop which is definitely one for the kids. With every theme there is a fantastically dressed Christmas tree using products from that theme to inspire you, they really are a treat for the eyes! Once you have made your way through the amazing Christmas isle (we would recommend leaving plenty of time for this) you will arrive at the Winter Wonderland Grotto. Featuring an ice rink display, get the cameras at the ready because this year you'll be amazed as you enter Christmas at Coletta & Tyson.

Santa will be arriving on Saturday 25th November, Coletta & Tyson are holding a great Grotto Launch party for him! Come along and enjoy this great Christmas event, KCFM will be there from 11am – 3pm giving you chances to win great prizes! You will also have the chance to win £100 Coletta & Tyson gift card with Elfie Selfie. Get in this festive spirit with our Christmas face painter from 11am – 4pm, PLUS it's your first chance to visit Santa in his magical Grotto! Grotto tickets are £7 per child and available on the day. Visit them on Sunday 26th November for a Christmas photo booth with FREE PRINTS!

Plus there are lots of other events throughout December, tea with Santa, breakfast with Santa and new for this year Christmas Donkeys will be in the garden centre! Plus not forgetting the amazing reindeer will be there for 4 WEEKS from the 25th November -22nd December. Check the website and Facebook for all events and details.

Late night shopping will begin on Thursday 30th November followed by Thursday 7th, 14th & 21st December. Plus Thursday 30th November is their popular Yankee Candle Ladies Night, there will be some great Yankee Deals so don't miss out!



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Your Stars for November 2017

By Kay Gower

Aries (Mar. 21- April 20)

There could be a bonus hanging in the balance, and it may be you who takes it home. A lump-sum payment made to you at the end of the month will alleviate financial stress. December will bring improvements on the work front.

Taurus (Apr. 21- May 21)

Use the next three weeks for setting a precedent. Make sure you're doing something you'd like to repeat so that if things are not moving the way you want, you can turn them around while you have the chance.

Gemini (May 22-June 21)

Venus is in the psychic realm of Scorpio while Neptune is in artistic and empathetic sign of Pisces. These aspect bodes well for relationships and are just in time for the new moon on the 18th. If you need a fresh start this is the opportunity you've been waiting for.

Cancer (June 22-July 22)

You beat yourself up for errors that come with the territory of being human. You're doing your very best - mistakes are normal, so let them go. Besides, perfection is boring.

Leo (July 23-Aug 22)

Whether or not the dreams of the past came to fruition, they look much smaller today. The question now is: Should you try for them again? Perhaps not just yet. Keep your eyes open for new inspiration this month.

Virgo (Aug 22 - Sept. 23)

Talking about what you want can be hard and might make you feel vulnerable. However, how will you have any chance of getting what you want this month if others don't know about it?

Libra (Sept. 24 -Oct. 23)

Routines can give a sense of control, which leads to a sense of calm. For some reason that seems to bother the universe especially around the 10th when things may be disrupted. Find your calm in a deeper place inside yourself.

Scorpio (Oct. 24 - Nov. 22)

There's a new moon in your own sign on the 18th. Take action mid month and you'll be golden. Get it right and you'll have an adventure. Get it wrong and you'll have an even bigger adventure.

Sagittarius (Nov. 23 -Dec. 21)

Physical labor is favored especially after the 22nd when you will have the energy necessary to do more than you could have last month. You'll apply your strength to improving your surroundings.

Capricorn (Dec 22.- Jan. 20)

This is the month to become extremely successful in endeavor that means so much to you. Your money making faculty will be put to good use over the next seven weeks as you gather up all the opportunities that others miss.

Aquarius (Jan 21 - Feb 19)

What's popular is not always right. You begin to see something glaringly wrong with a path that many are following. Before you speak up, anticipate the backlash.

Pisces (Feb. 20-Mar. 20)

During November you find out what you really need and want instead of being quick to settle into the roles that others cast for you. December and January bring financial opportunities.

Rotary Club of Holderness Craft Fair, Saturday 11th November

Please come and support the annual Craft Fair organised by the Rotary Club of Holderness, held in Cottingham's Civic Hall on Market Green. This year's event will be on Saturday 11th November and will be open from 10am to 4pm.

Refreshments will be provided in the café area by the Inner Wheel Club, so there will be a chance to take a break from browsing the stalls.

Sudoku Answer from page 12

3	2	7	4	1	5	6	9	8
1	4	5	6	8	9	7	2	3
6	8	9	3	7	2	1	4	5
5	9	4	7	2	6	8	3	1
2	1	6	8	5	3	4	7	9
7	3	8	9	4	1	5	6	2
8	7	3	1	9	4	2	5	6
9	5	1	2	6	7	3	8	4
4	6	2	5	3	8	9	1	7

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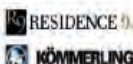
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Local Beekeeper Neil Gower Continues his quarterly article on Beekeeping

The Newspaper Method

I knew as soon as I had submitted my last article that I had tempted fate by praising the weather. A warm Spring then gave way to a typical British Summer with lots of showers interspersed with some sun, and a cool breeze that never seemed far away. It was disappointing for those hoping for a chance to get out the loungers and enjoy the extended daylight. We only managed a handful of evenings sat outside with a nice cool drink, as the wind seemed omnipresent.

That said, the bees didn't seem to mind too much and they were able to leave the hives between the showers to forage. Last year I moved my Apiary to a new location, and this is their first full season at their new base. They have settled in well and have enjoyed the varied mixture of forage available to them from their new surroundings. My plan for this year was always to increase the number of colonies that I manage, and by splitting colonies and breeding new Queens I was able to accommodate this increase with good results. In the last article I wrote about harvesting the early crop of honey and as a result of the bees hard work I harvested the second crop of honey towards the end of August. I'm delighted that 2017 has been my best honey harvest for a few years and my honey extractor hasn't had to work so hard for some time. I've also made sure to leave each colony enough honey to feed them into the winter.

After the final honey harvest I always take stock, look at the health of the bees, begin pest management, assess the size of each colony and decide whether they are large and strong enough to get through the winter. I was satisfied that after some Varroa treatment all my

colonies were in a good position to meet those criteria, and I went off on holiday. Upon my return I was able to take advantage of some warm Autumn sunshine and give my colonies a late inspection, during which I found that one of my most prolific hives no longer had a Queen. Each colony can have a different temperament which is pretty much dictated by the Queen. I was particularly disappointed as this Queen had a very calm temperament and I had used her eggs earlier in the year to breed from. Losing a Queen in this way happens from time to time and there can be a number of reasons. As it was too late in the year to be able to breed and mate a Queen I took the decision to unite two of my colonies. In this process, the hive without a Queen and a hive with a Queen are joined together. Whilst this reduces the total number of colonies it means that the resultant colony is bigger and stronger and the best food stores from both can be utilised.

Bees are very good at navigating home from a foraging session and instinctively know which hive to land on. As the Queenless colony has to be moved in this operation it is important that it is done gradually so that the flying bees can get used to the new hive location and can find their way home. Fortunately my two hives were situated quite close together, so this was not a problem. I used what is known as 'the newspaper method' and I waited until any remaining eggs in the Queenless colony had hatched. One evening I carefully opened the brood box of the colony with the Queen and placed a sheet of newspaper over the frames which I weighed down with a Queen excluder. I then placed the brood box without a Queen over the top and left them alone. The scents of the two hives immediately start to mingle and curious bees from both brood boxes start chewing through the newspaper. As more of the newspaper is chewed away the bees from the upper brood box come down into the brood box containing the Queen and make contact with her, immediately picking up her pheromones. When all the bees from the upper brood box have completed this the unification is complete. I left them for just under a week and when I returned I was pleased with the result.

On another note I had hoped to close by announcing that there had been no further sightings of the dreaded Asian Hornet on the British mainland. Unfortunately there have been two confirmed sightings in Devon towards the end of the summer which gives cause for concern. The resources that were directed at those nests found earlier in the south west of England are not sustainable and the FERA based National Bee Unit have indicated that should the Asian Hornet become established in this country, they will step back to a purely advisory role. This comes on the back of recent university modelling based on the Hornets' march through France which indicate that establishment is likely and eradication would become impractical. Potentially worrying times for British beekeepers..... and British bees!

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World-Renowned flower arranger Florian to visit North Ferriby Garden Club on November 9th

ELVIS is in the building!!! Well that's what it will be like to North Ferriby Flower Club members when **FLORIAN** visits North Ferriby Village Hall on **9th November, 2017 – 7 pm for 7.30 pm** to give us a Christmas demonstration. He has called his demonstration "A Wunderkammer Christmas".

Tickets for non-members are £15 and can be obtained from Margaret Hobson, 01482 634114 or Sue Guilliat 01482 875621. Tickets are also available from North Ferriby Post Office.

Please come along and enjoy a relaxing evening with a glass of wine or tea and coffee.


Florian is also doing a Workshop on Friday, 10th November, 2017 - 9.30 am to 3.30 pm. Tickets for this are **£50 which includes lunch.** He has called his Workshop "Coming Home for Christmas". These tickets can be obtained from Margaret Hobson 01482 634114 or Sue Guilliat 01482 875621.

Florian is a **WORLD-RENOWNED** flower arranger and very much respected within the industry.

We are very fortunate to have Florian visit us as his diary is usually fully booked, but we asked him over a year ago, especially as this is Hull's City of Culture year. We look forward to seeing you.

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Melanie Watson of Skidby Livery Stables with the latest of her monthly articles

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The local charity which captures me. The Hull branch of the RSPCA

I am a firm believer in giving something back, and when I see dedicated people working tirelessly to help animals in need then I try to do my bit and help. I perform equine related home visits for the RSPCA on a voluntary basis when the inspectors are too stretched. There are so very few inspector's country-wide, their workload has reached impossible overload.

I support the Hull Branch of the RSPCA. This small unit is totally flooded by work here in Hull and surrounding areas, and must self-fund its premises and its complete role in rescue and rehabilitation. Depressingly, Hull has one of the highest cruelty crime rates against animals in the UK.

The official RSPCA staff in Hull are only a few but are supported by a brilliant group of volunteers, who are totally invaluable. Manager Alison Ripley and her staff must be congratulated for their forward thinking and innovative ideas for educating young people as a way of preventing cruelty crime in the future. Capturing children at a young age and involving them in classroom projects on site. A few years back I was part of the team of volunteers who designed, funded and equipped the very first "Children's Education" room of its type in the country within the centre. All the local primary schools support and use this facility where the team run school day trips and weekend/holiday workshops for young children. Getting children involved and educated in pet care, management, enrichment and training at a young age is



awesome and hopefully animals will reap the benefit in years to come.

As the centre on Clough Road is self-funded, they are tirelessly trying to improve the old and horribly outdated facilities. The Cattery section is now a beautifully modern set up where the very lucky resident rescue cats benefit from the large bespoke designed, warm and highly enriched pens, while they wait to be rehomed. Now it is time for the dogs!

Fund-raising new, comfortable, warm and modern kennels is going to cost an absolute fortune and is on the very top of the fundraising agenda. As such, I am delighted to say that the Hull Branch is opening a charity shop in the heart of Cottingham (177 Hallgate). All being well, the opening date will be Saturday 9th December and will be a grand affair! Watch out for the adverts!

All being well, my rescue Celebrity basketball playing Toby pony will be distributing presents to children (and the odd adult maybe!). He will give kisses and be ringing his special Christmas bell in the hope that Father Christmas will hear and come for a visit too!

I do hope that you will all support this fundraising shop, attend the Grand Opening and help us all to help all the battered, starved, and traumatised animals which the team at Clough Road do such an amazing job with in such difficult circumstances.

I am personally grateful to this team for their amazing work with my dog Buddy (formally Dobby), who I gave a home to last year. I am sure you can see from these pictures how extreme his condition was when they rescued him and how much money (veterinary mostly), love and care had to have been invested in him to try and have him even survive. To everyone's credit, survive he did and now he has his forever home with me, hurtling around my fields, my yard, my tack room and my house! Buddy has a huge forgiving heart, an adorable personality and such love for life, considering his bitter and gruesome start. He, along with countless other pets around Hull owe their lives to the entire team of staff and volunteers at the Hull branch of the RSPCA. We can all help to ensure their future in our community and help them to help all the future animals they will rescue. We simply cannot afford to lose them.





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Cottingham Civic Hall - SAVED!!

On Tuesday 17th October, the East Riding Council Cabinet agreed to the transfer of the Civic Hall and Council Offices to Cottingham Village Trust. Details still have to be agreed and the actual transfer will take place early next year.

Thank you to everyone who has supported the campaign during the last year and ensured its success.

Now we know that we will be running the Civic Hall next year, and for many years to come, we need to fund-raise seriously. Our next fundraising events are -

November 26th - take part in the Zumbathon in the afternoon

December 1st - Hull Ladies Choir Carol Concert

December 15th - Our Christmas Carol Concert (with audience participation)

January 26th - Beautiful Couch

Come and enjoy an evening out in your own Civic Hall!

Katrin McClure

Cottingham Village Trust

www.cottinghamvillagetrust.org.uk

Christmas is coming – Don't miss this!!

Yes, the Christmas season will soon be upon us and the members of Haltemprice Lions have been busy arranging their traditional fund-raisers for enjoyment by all. This year the Christmas Craft Fair will be held on Saturday, 25th November, at the Cottingham Civic Hall, between 10.00 a.m. and 4.00 p.m.

It is expected that all stalls will be sold and care has been taken to ensure there will be no duplication of goods sold on the stalls. Therefore, we expect a wide range of Christmas Gifts, Crafts, plants, collectibles etc., together with our Tombola which is different this year. The Lions' tombola will take the form of a Teddy Bears' picnic – all prizes are good quality teddy bears – who can resist a teddy bear? Of course, refreshments will be served all day. Hope to see you there!!

SAVE THE DATE - On Saturday, 16th December, the fantastic Christmas Band Concert by the East Riding of Yorkshire Band will be held at St. Mary's Church, Cottingham, at 7.00 p.m. A truly memorable night of traditional music played by an exceptional Brass Band. Tickets are on sale now at £8 each (£7 concessions). Please obtain your tickets early – they are available now.

As with all fundraising by the Lions we support local good causes together with national and international disasters or charitable needs. We are always working on a voluntary basis to support every need, do you think you can commit to this – and of course, enjoy the social interaction by developing new friendships?

If so contact David Whincup Tel 01482 847267 or email: dwhincup@dwhincup.karoo.co.uk and learn more about the Lions.



at Christmas

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<p>Gamberetti Savoia Pastry case filled with Prawns, Mushrooms, Fresh chopped Tomatoes and topped with Cream Savoy Sauce and baked</p> <p>Mascarpone con Prociutto Bruschetta bread topped with Mascarpone Cream Cheese, Marinated Tomatoes and topped with Parma Ham and served with a drizzle of Pesto</p> <p>Paté di Fegatini di Pollo Homemade Chicken Liver Paté served with a Salad Garnish and Toasted Bread</p> <p>Bresola di Manzo Medallion of Cured Beet thinly sliced. Served with Bruschetta Bread and Finely Chopped Marinated Tomato and drizzly Chilli Oil</p> <p>Salmon Offunicato Sliced Smoked Marinated Salmon served with a drizzle of Olive Oil, Lemon Juice, Dill and Salad Garnish</p> <p>Funghi Al-Forno Button Mushrooms cooked in Garlic Butter, White Wine and Cream, Topped with Cheese and Baked</p>	<p>Filetto di Salmone Fillet of Salmon filled with Ricotta Cheese, Spinach and topped with a Slice of Parma Ham and served with Dill and Creamy Sauce</p> <p>Bistecca di Manzo Rump Steak cooked with Mushrooms, Dijon Mustard, Vodka Tarragon with White Wine and Cream (served plain if required)</p> <p>Anetra Prune Pan Fried Duck Breast, Cooked with Marsala Wine and Prune Sauce</p> <p>Pollo con Parmigiana Chicken Breast topped with Asparagus, Pesto, Mozzarella Cheese, Parmesan and baked</p> <p>Tortellini Ripieni Round Shaped Pasta, Filled with Ricotta Cheese and Spinach, and Cooked with Peppers, Mushroom, Garlic and Pesto Cream</p> <p>Pasco's Special Strips of Chicken Cooked with Tiger Prawns, Roast Peppers, Garlic, Pressed Chilli, Tomato and a Touch of Cream</p>

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Property News from Martin English of Homelink

Water Damage – Who Pays? - Part I

The risks of a leak in an apartment block

The nature of apartment blocks are that as an owner of one of these apartment you have neighbours above and below you as well adjoining your property unless you are lucky enough to have invested in the pent-house. This can cause massive problems should you have a leak in your property. Lets face it landlords constantly face issues with leaking boilers, showers and baths where the seal has gone between the tray and the wall. Water has an uncanny knack of finding the gap, fissure, hole and gravity does the rest. This means that your leak or problem very rapidly becomes your neighbours problem too. You also should be aware of a landlords_water_responsibilities.

How to spot a water leak?

Water leaks can be difficult to spot. Where you have a poorly fitting plumbing joint. Plastic plumbing pipes and joints have revolutionised the plumbing industry in the speed and ease of fitting and avoiding the need to solder joints but they have a terrible habit of the screw joint to 'thread' if not screwed together correctly. The result is a small leak which can go undetected for years. Over a period of time this small amount of water can cause damp and the rotting of timber or damage to plasterwork. In an apartment block this damage from a faulty plumbing joint can cause damage a distance below the actual leak. This all makes the detection process of spotting a leak much more difficult.

Where there is a significant leak it will be much more obvious. A landlord is likely to hear the sound of running water, there will be standing areas of water, water pressure in your system may fall. Where there is a leak in your gas central heating system then you will find that the water pressure will be constantly fall resulting in having to keep re-pressurising the system.

A landlords experience of water leaks

A Landlord had a problem with their residential investment which had

suffered a major water leak. The buy-to-let property was a top floor flat. The result was that damage had not only been caused to the carpet in their flat but also to the carpet of the tenanted flat below. In addition to the carpet, the ceiling in the flat below had also been damaged resulting in the plaster bubbling up and falling off.

The Legal responsibilities of a landlord

Firstly, before getting into the details of the insurance policy a landlord should be clear about their responsibility for maintenance of their buy-to-let property under the terms of any tenancy.

One of the most important pieces of legislation governing repairs is that contained within Section 11 of the Landlord & Tenant Act 1985 and which applies to leases or tenancy agreement granted on or after 24th October 1961 for less than seven years.

The vast majority of Assured Shorthold Tenancy Agreements are periodic or for terms of less than seven years and therefore Section 11 applies to these tenancy agreements.

The landlords implied obligations under Section 11 are:

- To keep in repair the structure and exterior of the dwelling (including drains, gutters and external pipes) to fulfil the tenancy agreement.
- To keep in repair and proper working order the installations in the dwelling for the supply of water, gas, electricity and sanitation (including basins, sinks, baths and sanitary conveniences) to fulfil the tenancy agreement.
- To keep in repair and proper working order the installations in the dwelling for room and water heating to fulfil the tenancy agreement.

In the example given above the landlord would be responsible for the repair of the ceiling as it is part of the structure of the building. The reality is that the ultimate responsibility may not lie with the owner of the leasehold flat. This is because the landlord themselves may only be a leaseholder and it could well be that it is their landlord, the freeholder or any appointed management company that will ultimately be responsible for carrying out the repair work.

To be continued in the January 2018 issue.

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**Dunkirk - Saturday
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7.30 pm**

The 2017 film DUNKIRK (PG13) is showing at Swanland Village Hall on Saturday 18th November at 7.30 pm. When 400,000 men could not get home in 1940, home came for them.

Tickets on the door cost £4 adults and £2 schoolchildren. More details from www.swanlandvillagehall.info/forthcoming-events.htm.



**'We Are The Lions, Mr. Manager' - Sunday 12th
November at 7.30 pm**

'We Are The Lions, Mr. Manager!' is the remarkable story of Jayaben Desai the inspirational leader of the 1976-78 Grunwick Film Processing Factory Strike.

She was recently amongst the women who have had the biggest impact on women's lives over the past 70 years as part of the Radio 4 Women's Hour Power List. This play - written by Neil Gore (who also wrote and performed in Dare Devil Rides to Jarama last November) - is on at Swanland Village Hall on Sunday 12th November at 7.30.

Tickets £8 (£7.00 for SVA members paid in advance) and £4 schoolchildren are available from Yvonne 01482 634863. More details from www.swanlandvillagehall.info/forthcoming-events.htm.

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Have yourself a 'handmade' Christmas at East Riding Adult Learning Centres

East Riding of Yorkshire Council has launched its 2017 Christmas courses, which are available to view and book online.

The courses are suitable for adults aged over the age of 19, plus there are some Christmas family learning courses too.

Courses will run from four centres in Beverley, Bridlington, Cottingham and Goole and include subjects, such as festive sewing, handmade Christmas crafts, festive creations with flowers, family learning at Christmas, festive photography and pottery gifts for Christmas.

Sara Arnold, employment, education and skills group manager at East Riding of Yorkshire Council, said: "Have your very own handmade Christmas this year with a wide range of creative courses for you and your family. Whether you are looking for a course that involves flowers, fabric, felt or glitter, there's a course for you.

"We've welcomed a number of new tutors this year who specialise in craft, sewing and floristry, so we hope that you enjoy the extended range of courses that we are now able to offer. We look forward to seeing you in a centre soon."

To find out about the full range of courses on offer, look online at www.eastriding.gov.uk/learn or call your local centre. Booking is essential.

Courses at a Glance

Festive sewing courses

create stunning table runners and napkins

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Pottery gifts for Christmas

mould, decorate and glaze your own pottery Christmas gifts this year.

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City Choir sings Sir Karl Jenkins' The Armed Man

Hull Choral Union begins its 89th Season on Thursday 9th November 2017 @ 7.30 pm in Hull Minster, Market Place, Hull HU1 1RR with a performance of Sir Karl Jenkins' The Armed Man: A Mass for Peace.

The soloist is Joanna Gamble. Hull Choral Union is joined by HCU Junior Chorus and Hymers College Chamber Choir increasing the massed choirs to 100 singers. The singers are accompanied by Hull Choral Union Chamber Orchestra and conducted by Paul Dewhurst. www.hullchoralunion.org.

TICKETS: £10 Adult or 3 for £25 (Patron - 10% reduction); £5 Jobseekers and Higher Education Students; £1 Accompanied children under 14 & 14 -18 students

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www.cottinghamtimes.co.uk - November 39

Hull Savoyards combining its role in the Hull City of Culture celebrations and the campaign to save the Cottingham Civic Hall

Hull Savoyards – who specialise in the comic operas of Gilbert and Sullivan – are stalwarts of the Civic Hall. Their chairman, Harold Kay, says: “While the people of

this area are being encouraged to focus on culture, this is the precise time when Cottingham should ensure that the village’s centre of culture, the Civic Hall, remains open and thrives. Therefore, our November concert will be one of many fund-raisers for the hall.”

The Savoyards’ concert maintains the Year of Culture theme. “It will show how Gilbert and Sullivan reflected culture in all its forms,” says Mr Kay. “For example, the cultured aristocrats of the House of Lords in ‘Iolanthe’; the highbrow – and laughable – aesthetics of Oscar Wilde in ‘Patience’; and we’ll have some saucy, Saint Trinian’s culture with the Three Little Maids from School, in ‘The Mikado’.”

The evening promises high-speed cameos as the cast romp through nine comic operas.

As a sign of confidence in the Civic Hall’s future, Savoyards have announced that their next major production there, in June, 2018, will be ‘The Gondoliers’. The frothy operetta, set in Venice, features such catchy numbers as ‘Take a Pair of Sparkling Eyes’ and ‘Dance a Cachucha’.

‘A Gilbert and Sullivan Kaleidoscope of Culture’, is at Cottingham Civic Hall, Saturday, November 25th, 7.30 pm. Tickets £7 on the door. More information at www.hullsavoyards.co.uk.

Two other fund-raisers for the Civic Hall will be held there next month (December). Hull Ladies Choir, December 1st and Hull Musical Theatre Company with Beverley Musical Society, December 15th, with a Christmas Carol Concert.

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Service of Remembrance and Thanksgiving Sunday 2nd December at Queens Centre, Castle Hill Hospital

You are invited to the Christmas service of remembrance and thanksgiving for loved one’s that have passed away at the Queens centre.

Every year at 2pm on the first Sunday in December people gather in the reception area of the Queens centre.

As they arrive many write in the book of remembrance the name of their loved one. Names are read out, carols are sung, and there are prayers and a brief address. Service lasts less than an hour. Refreshments are served. A small memento is given to take away with them.

Collection box Volunteer - can you help?

The RNLI has a network of local fundraising branches organising a wide range of activities and events which last year raised £14 million to save lives at sea. Each branch and guild is supported by a Community

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Fundraising Manager although the range and frequency of fundraising events is determined by the branch members themselves.

Becoming part of your local fundraising branch could offer you an opportunity to improve your CV, meet new people, learn new skills or just have fun with fundraising in your community. Some of our branch members have been volunteering for many years, some just join us for a few months – whatever their commitments allow.

We are currently looking for motivated people to join our local network in Hull and surrounding areas and we have a specific vacancy detailed below:



Do you like getting out and about meeting people and developing relationships as well as having basic numeracy skills? If so, the role of Volunteer Box Collector might be for you. Emptying current RNLI collecting boxes and then counting and recording the income and saying thank you to our supporters is all part of this role. If you can also seek out new locations to place the RNLI collecting boxes this will be a bonus!

This is a great opportunity to really make a difference by raising vital funds for our volunteer crew members and lifeguards.

For more information please contact Amy Casbolt on 07827 957 086 or email Amy_Casbolt@rnli.org.uk.

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Council launches new e-bike rental scheme

East Riding of Yorkshire Council's Wheels to Work Scheme will launch a new range of e-bikes available for rent from October.

Designed to help local residents get to work, training, college, or simply to become more healthy and active on a bike, the pilot scheme will initially launch with 14 bikes to hire.

The e-bike launch is part of the council's £1.4 million Get Active East Riding project, which received a £700,000 contribution from the Department for Transport's Access Fund.

The e-bikes, which are regular cycles with an electrical assist, will be available to anyone aged 16 years or over and aim to encourage more people to travel using sustainable modes.

Eligible East Riding residents will pay £35 a month and will receive an e-bike, for up to one year, as well as a helmet, hi-visibility jacket and cycle lock. Free bikeability training and bike maintenance courses are also available to all who join the scheme.

Erika Spight, project manager for Wheels to Work, said: "We're really excited to be launching these new e-bikes and they offer a real alternative to our popular scooter loan scheme, plus an opportunity to try out an e-bike before you commit to buying one."

"E-bikes are popular with people young and old and this mode of transport is already taking off all over the UK. We're envisaging a high number of applicants for the e-bikes, so I'd encourage people to apply sooner rather than later."

Councillor Andy Burton, cabinet portfolio holder for economic investment and planning delivery, said: "Given the rural nature of the East Riding, Wheels to Work is one of the council's most popular initiatives and supports our residents get out and about on two wheels."

"These new e-bikes will be a welcome addition to the scheme and will be ideal for those who live in parts of the East Riding with hills or those who have a bit further to travel but don't qualify for a moped."

To find out more about Wheels to Work or to apply, visit www.eastriding.gov.uk/wheelstowork. Councillor Andy Burton, cabinet portfolio holder for economic investment and planning delivery, and Erika Spight, project manager for Wheels to Work, with one of the council's new e-bikes.

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2,000 Flapjacks for the Hull Marathon runners

Just over three weeks before the event the office of the East Yorkshire Federation of Women's Institutes received a request to provide flapjacks for the runners of the Hull Marathon and Stage Marathon.

This was held on Sunday 24 September 2017 and approximately 1600 runners had signed up to take part. Some ran the whole route which wound its way through the main streets of Hull and Parks. Others ran in relays with teams of either two or four, changing partners at the refreshment points.

When the EYFWI was asked to make flapjacks for the runners, we realised that 2000 would be required to cover all the staging points, as well as the finish. A huge undertaking! Immediately all 52 Institutes were contacted and asked if they could contribute. And in true WI style, an overwhelming "Yes, of course!" was the answer. Over 2000 home baked flapjacks were collected, delivered to the Federation office, or taken to the staging posts, and given voluntarily by the Members.

WI helpers positioned themselves at each stage of the Marathon as well as the finishing post at KC Stadium,

and after the runners had received their medals they were offered a flapjack. These were very warmly welcomed with cries of "awesome" or "I'm really ready for that" bringing smiles to everyone present.

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The Traditional Chinese method of Acupuncture treats the whole person, body and mind, and not just the symptoms

Traditional Chinese Medicine (TCM) has existed for over 4000 years and is a comprehensive medical system with its own principles, diagnostic methods and therapies.

TCM views the body as an organic whole with a network of meridians connecting and co-ordinating the internal organs, Qi ('vital energy'), blood, body fluids, muscles, bones, tendons and the skin.

TCM also holds as its central belief that health in all parts of the body is due to the relative balance of Yin and Yang. Yin-Yang theory forms the basis of TCM's holistic approach to health and disease and also offers practical guidance in the prevention and management of diseases.

TCM has two basic components - Chinese Herbal Therapy and Acupuncture.

The aim of Chinese Herbal Medicine and Acupuncture is to regulate the meridians or channels of the body to unblock the stagnation of Qi, as it believes that the disease is caused by the energy blockages within the body.

The channels are related to the internal organs, which if out of balance is another important factor in the cause of disease. Chinese Herbal Medicine and Acupuncture are used to correct this imbalance.

Chinese Medicine is therefore a truly holistic form of medicine, aiming at treatment of the whole body rather than just the symptoms.

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Internal:

High Blood Pressure, Palpitation, Obeseness, Asthma, Bronchitis, Headache, Dizziness, Migraine, Nausea, Vomiting, Gastritis, Colitis, Indigestion, Peptic Ulcers, IBS, Diarrhoea, Edema, Diabetes, Constipation, Haemorrhoids, Cold, Flu etc.

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'Wuthering Heights' - Classic novel to be Staged in Beverley by John Godber Company

The John Godber Company will be staging a new production of classic Yorkshire novel Wuthering Heights this November at The East Riding Theatre in Beverley, as well as two nights at Wakefield Theatre Royal.

The production, which is written and directed by BAFTA winner Jane Thornton, the recent writer of the international hit show OCHO, which sold out at the East Riding Theatre, will also be designed Lucy Weller, who has previously worked at the National Theatre and the Royal Court, as Jane brings her energetic style of physical theatre to the stage with a script that was described as 'wonderful' by Dr. Juliet Barker, the world expert on the Brontës.

The production is not only a celebration on the novel, but is also a scheme by the John Godber Company to give work to graduating actors. Graduates from drama schools can often struggle to get a first job, having no prior experience outside of University, and so, for this production the John Godber Company has given all of the roles to 2017 graduates of northern drama schools the Liverpool Institute of the Performing Arts (LIPA), and the Academy of Live and Recorded Arts (ALRA North), in an effort to give these young actors a "leg up" into the industry.

The cast is made up of LIPA graduate Duncan Riches (Edgar/Linton), and ALRA graduates Lauren Sturgess (Cathy), SORCHA Macaffrey (Isabella/Nelly), Lamin Touray (Heathcliff), and Alex Bailey (Hindley/Haerton) and runs from the **3rd November until the 18th, including a Saturday matinee on the 11th, and a specially priced schools' matinee on Wednesday 8th.**

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Crossword solution from page 14



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