

Cottingham Times

and District

Issue 248 - November 2022



*Art*market

To celebrate **12 years**
of the Artmarket Gallery...

WE'RE OFFERING **£100 OFF***

Cottingham | artmarket.co.uk | 01482 876 003

* In gallery purchases over £500 only. Offer valid until 30/11/22.





A word from our chairman

The autumn is drawing in at The Manor House, but there's plenty going on to keep residents feeling cosy.

We're seeing the leaves turn gorgeous shades of red and brown on our beautiful grounds, and many of the residents are enjoying getting wrapped up and taking a bracing stroll in the fresh air.

In addition to our usual busy calendar of activities, we'll be marking Armistice Day and remembering people we have lost in wars past and present.

We will also be seeing out the year with a spooky Halloween, a sparking Bonfire Night and a very merry Christmas.

If you want to find out more about The Manor House, please contact our manager Leanne, who will be very happy to help: leannehatch@parklanehealthcare.co.uk

*Chris Mitchell, Chairman,
Park Lane Healthcare*



News from The Manor House, Little Weighton

Merry melodies at The Manor House

Local guitarist Matt Jones-Green took to the stage in our conservatory and had the residents rocking and rolling to the hits of Cliff Richard, Bill Haley, Burl Ives and many more musical greats.

Everyone enjoyed having a sing-along and a boogie to the tracks of yesteryear, and we look forward to Matt popping over to entertain us again soon.

We also welcomed a group of local children from Little Weighton C of E primary school, who performed harvest festival songs for us. Intergenerational activities provide a lot of joy for the residents and children alike, and we always enjoy taking part in them.



Canine companions

Pets As Therapy (PAT) is one of our favourite initiatives at The Manor House. Having access to a friendly animal to cuddle, stroke and care for can be beneficial for positive mental health. It can also help people living with dementia, because stroking a pet can have a calming effect and can evoke memories of childhood pets.

We're lucky enough to have regular visits from Rafferty, a cockapoo who belongs to Daphne, a PAT volunteer. He's very friendly and enjoys belly rubs and treats. The residents love him, and it always raises a smile when he visits.



Knitter natters

The residents have been enjoying some autumnal arts and crafts, including making colourful pom-poms and painting pictures of flowers.

Projects like yarn craft not only have a social element but also encourage dexterity and the use of fine motor skills – keeping joints active and coordination focused. And it produces lovely decorative pom-poms!

Residential Care ~ Respite Care ~ Dementia Care

The Manor House, White Gap Road, Little Weighton, East Riding of Yorkshire, HU20 3XE T: 01482 848250

THE COTTINGHAM TIMES

1 Forge Place, South Rise, Skidby, Cottingham HU16 5UL
Telephone: 01482 840035 :: Mobile 07563 885388

Editor: Keith Teale

Published Monthly by: The Cottingham Times

Enquiries: Advertising

Tel: 01482 840035 :: Mobile 07563 885388

Editorial and Contributions

Tel: 01482 840035

Accounts: Tel: 01482 840035

Website: www.cottinghamtimes.co.uk

E-mail: media@cottinghamtimes.co.uk

Cottingham Times is a totally independent publication.

The views expressed in the Cottingham Times are not necessarily those of the editor. Copyright of the entire magazine contents is strictly reserved on behalf of the *Cottingham Times* and the authors. **No part of this magazine may be reproduced in any form without prior written consent of the *Cottingham Times*.**

Disclaimer

Whilst every effort is made to ensure the accuracy of the dates, event information and advertisements, events may be cancelled or event dates may be subject to alteration and the Cottingham Times can accept no responsibility for the accuracy of any information or claims made by advertisers included within this publication.

Notice to Advertisers

Trades Descriptions Act 1968. It is a criminal offence for anyone in the course of a trade or business to falsely describe goods they are offering.



EAST RIDING ELECTRICAL
Local Time Served NICEIC Approved Electrician
Over 37 Years Experience



Full/part re-wires	Electric showers	Testing & inspection/ certification
Fuse boards/consumer units replaced	Immersion heaters	Landlords electrical safety checks/certificates
Extra sockets & lights	Fault finding & repairs	Full insurance backed guarantee
Burglar alarms installed & maintained	CCTV installation/repairs	Domestic and commercial work
Smoke detectors	Outdoor lighting & power	
Electric heating	Electric vehicle charger installation	

Contact us for **FREE** quotations and advice:   

Tel: **Anlaby** 01482 571222
Beverley 01482 862220
Email: info@eastridingelectrical.co.uk
Web: www.eastridingelectrical.co.uk





Bridget FREER



07541 009321
bridget@bridgetfreer.co.uk

clinical hypnotherapist

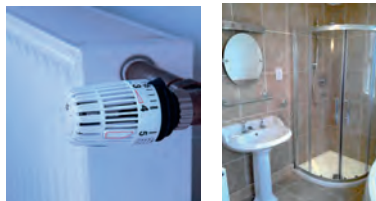
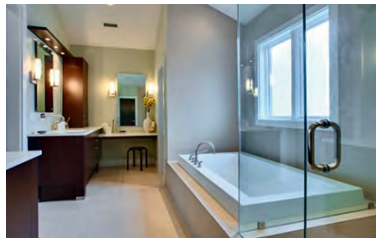
Lose weight with a
Virtual Gastric Band

Smoking: Stress: Phobias: Drinking: Gambling

www.bridgetfreer.co.uk

Williams Plumbing & Heating

(Established over 35 years)



**Plumbing - Heating -
Bathrooms - Tiling**

Full Bathroom Installations

• Tiling • Electrics • Building Alterations • Joinery

Central Heating

• Full Systems • Boiler Changes

Plumbing and Gas

• Gas Fires • Servicing to all Gas Appliances



**Accredited Worcester
Bosch Installer**

Tel 882552 Mobile 07721 366343

Looking for Window Blinds?
All Types of Blinds Supplied - Vertical / Roller / Venetian / Roman



Conservatory Specialists

5YR Guarantee
ON ALL PRODUCTS


UKBlindsdirect
www.ukblindsdirect.com
ukblindsdirecthull@outlook.com

ALL blinds Measured & Fitted **FREE**
Call us for a no obligation quotation
01482 840238

THE
BATHROOM
SANCTUARY




CONTACT
TEL: 01482 247321
26 KING STREET,
COTTINGHAM HU16 5QE
www.thebathroomsanctuary.co.uk




Castle Park
Dental Care
Here's to making a difference

Would you love straight teeth?



Lee did!
From this to this amazing smile



"I decided, after 40+ years, to get my teeth straightened. I found the whole process very easy and straightforward and not at all scary.

I had 4 crowded teeth removed and an "invisible" brace fitted. There was no pain during this procedure.

I would like to big say thank you to Chris for his expertise but more importantly to his staff who were always kind and professional on the phone and in person.

So finally the results. Well what can I say except "wow!" I'm truly amazed at what Chris has done.

If you're considering teeth straightening, no matter what your age, then I would say 100% go for it. See my photo to see the difference. " L Holmes; Beverley.

Call us now on 01482 772562
to start your transformation journey.

Christopher Edward Branfield GDC Reg No 68346.
Castle Park Dental Care is a Private Dental Practice. Registered in England. Company No. 06703803



In Cottingham and District

The deadline for entries in the December "What's On" section, is no later than the 18th November 2022.

Beverley Gardeners' Club

Tuesday 1st November - present a talk on YORKGATE GARDEN by Ben Preston from Perennial in St Mary's Parish Hall, Beverley, at 7.45pm. Refreshments follow meeting Annual joining fee £20 (6 talks) or guests £5 per talk. For further information contact 01482 863996.

Cottingham Local History Society

Wednesday 2nd November - Forgotten Navy, Fishermen, Fishing Vessels and The Great War at Sea, Robb Robinson. In Cottingham Civic Hall, Doors open 7.15 pm. Meeting starts 7.45 pm. Members £2; Non-members £3. Contact Peter Mclure 845734, email. cottinghamhistory@gmx.co.uk.

East Yorkshire Hardy Plant Society

Thursday 3rd November - Kevin Pratt, Woody Plants that merit attention. Kevin has lectured for over 30 years. He writes and has appeared on Gardener's World. In Lund Village Hall, YO25 9TF. Members £2.00; Guests £4.00.

Hull Alpha Probus

Club for retired or semi-retired professional people meeting on alternate Thursdays - new members welcome. Contact the Secretary on 01482 348270 or 07542 959314.

3rd November at 12:30 Lunch & Speaker, at The Blue Bell.

17th November at 10:30 Coffee & conversation meeting upstairs at Kristoff's.

Yorkshire Country Women's Association Skidby Branch

Thursday 3rd November - at the village hall 7.30pm and the speaker will be Sue Woodcock, On Copper to Shepherdess. All members old and new welcome.

Please note December 1st is our Christmas Party Evening at 7.30pm everyone Welcome. Contact no. Celia on 841370.

Little Weighton Village Hall

Friday 4th November - afternoon First Aid session 1pm-4pm in the Village Hall. Places are limited so book yours by ringing 01482 844461.

Cottingham u3a

Thursday 10th November - at 2 pm in the Darby & Joan Hall. Pat Elliott will give a talk on 'The Big Houses of Cottingham', which will be followed by the usual tea/coffee and biscuits. For further information or queries visit www.u3asites.org.uk/cottingham.

Little Weighton Village Hall

Friday 11th November - talk about the last Tzar of Russia's family, entitled, "Mr Stewart and the Romanovs". Come along to hear his fascinating story. 7.30pm Tea & biscuits (included) for an illustrated talk beginning at 7.45pm. Tickets £4pp from Lt Weighton Post Office.

Front cover: Cottingham Lights collage.
Photo: Paul Lakin.

Support the advertisers who appear within the Cottingham Times

Cottingham Catholic Women's League

Monday 14th November - at 7 30pm in the Garden room at Holy Cross RC Church, Carrington Avenue. Mass for the deceased.

East Yorkshire Woodturners:

Tuesday 15 November - 7pm, Skidby Village Hall, (doors open 6.30pm): Woodturning demonstration by Philip Greenwood, registered professional woodturner. Philip is a firm favourite at our club. (No need to book - £3.50 on the door for guests). For information about the Club, please contact David Taylor, 01482 876702 or visit the Club's website: eastyorkshirewoodturners.org.uk.

Hull and East Riding New Stitchers

Tuesday 15th November - Christmas Foundation, patchwork - Practical. Meetings on the third Tuesday of the month at The Darby and Joan Hall, Finkle Street Cottingham, HU16 4AZ, 7.15pm-9.15pm.

The Arts Society, Hull & East Riding

Tuesday 15th November - An illustrated lecture by Christopher Newlands: "Lancaster Priory: 2,000 years of history". At 10.45 a.m. Mercure Grange Park Hotel, Willerby. Non-members welcome. Guests £5.00. For further details please contact Membership Secretary, Maureen Jones, tel. 01482 869886.

The Hull Stamp and Postcard Club

Wednesday 16th November - at 1.30 pm in the Arlington Hall, behind St. Mary's Church, Hallgate. Bill Shand will be showing his 'A Scottish Miscellany'. He has some fascinating material to show us. All visitors are welcome and kilts are optional!

East Yorkshire Association of the National Trust

Thursday 17th November - An illustrated talk by Simon Tomson, entitled 'Bronze Age Burial Discoveries in NE Lincolnshire: with parallels elsewhere'. Cottingham Civic Hall, 7.30 p.m. Non-members are welcome.

Little Weighton Gardeners Club

Friday 18th November - 7.00pm AGM. We have Mulled wine & mince pies along with a talk at 7.30pm by Ernie Howard on "How to photograph your gardens".

North Ferriby Gardening Club

Monday 21st November - 7.30 - 9 pm Parish Hall, Church St, North Ferriby. HU14 3DA. 'Gardening on the menu' presented by Martin and Jill Fish. An evening of fruit and veg talk with great ideas for the festive winter table. Taste the recipes and take home a recipe sheet and some early Christmas presents. Guests £2.50 Yearly membership £10 Queries? Contact Trevor Barningham 07779 620651.

East Riding Flower Club

Monday 28th November - will be our Christmas demonstration by Jonathan Moseley, National Floral Demonstrator. Commences at 2pm but refreshments will be served from 1pm. Non members welcome. The tickets, can be purchased in advance by messaging us, ringing Val on 655514 or from Barkers in Cottingham, cost £15. We look forward to seeing friends old and new at this event.

The Macular Society Hull Group

Friday 28th November - at Sight Support Beverley Road Hull, at 10.30am until 12.15 pm. Guest speaker this month is Marion Gamble from Yorkshire Air Ambulance she will inform the group on the work of the Air Ambulance service. This group is for anyone living with central vision loss. All welcome more information contact Clive Skinner 01482 656714.

Continued on page six

Support the advertisers who appear within the Cottingham Times

Four Generations, giving 125 Years of Family Service

Herbert
1870-1962

Eardley
1908-1986

Geoffrey
1939-2015

David
1964



Golden Charter
Funeral Plans



- Funerals Respectfully Conducted
- 24 Hour Out of Hours Service
- Free Advice and Support
- Private Restrooms
- Pre-Paid Funeral Plans Available
- Finance Options Available



David and Fiona Kemp

Tel: 01482 844695

www.hkempandsonltd.com

259 Hallgate, Cottingham, East Yorkshire, HU16 4BG

Fax: 01482 843898

Email: hkempandsonltd@gmail.com

A Bespoke Sofa or Suite designed by you, built by us

For 36 years we have been turning
people's furniture dreams, into reality!
A unique piece of furniture that fits your
home perfectly.



**Hannam Upholstery
Company**

Hand-built furniture that carries a 10 year frame guarantee

1b Main Street, Willerby, East Yorkshire HU10 6BP.

Tel/Fax: (01482) 658787

Find us on Facebook and Twitter

www.cottinghamtimes.co.uk - November 5



Quality Water is our Business

Hard Water Horrors ?

Fitting a new kitchen or bathroom is often an occasion that gets people thinking about protecting their planned investment from the ravages of hard water; limescale, soap scum, streaks and spotting . . . the list goes on.

After all the effort and cost of selecting and fitting your new units and appliances its only natural to want to keep them sparkling and pristine and the one guaranteed way in our hard water county is to find the correct water softener for the property and get it installed as soon as possible.

Immediately after it is installed, a professionally specified and installed unit will protect plumbing, showers and appliances and keep everything at peak efficiency and performance year after year.

Amazingly the softener doesn't stop there, it will also undo the previous years of scale build up in existing plumbing and appliances and over a period of 12 months or so it will gently dissolve away the limescale.

Cleaning and care for kitchen and bathroom is transformed with a softener; no need for harsh chemicals or scrubbing and elbow grease; a rinse and wipe down is all that is needed.

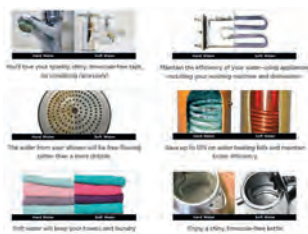


How will I find room for a water softener, they are huge aren't they?

Well, yes they used to be and indeed some of the older styles and more basic "builder grade" softeners still available are on the bulky side, however the good news is that there are now compact, non electric "consumer range" softeners that are the size of a tower computer, superbly efficient and stylishly designed to blend in.

Will we need plug sockets and a degree in computers to operate it?

In a word, no. The modern softeners no longer need electric power, they are kinetically powered by water flow and are pre set by our skilled installer to give perfectly soft water all of the time, no dials to set or flashing lights to look out for, its all perfectly simple, perfectly soft.



I don't want to be moving big heavy bags of salt around, has this been improved?

Yes indeed it has, I'm pleased to say, compressed 4kg Salt blocks are now available for certain units, which makes storing and replenishing salt much easier and salt can be delivered direct to your door or picked up from our Hull store as required. All the above benefits of a

softener will not be at the top of most long term softener owners list of reasons they would not be without theirs, they almost all say it is the luxury of bathing, showering and washing in the superbly soft water, not to mention the super soft fluffy towels that are the product of softened water laundry.

For more friendly, unbiased advice and information, just call **Dave Parry** at:



GREENS WATER SYSTEMS

647 Anlaby Road, HULL HU3 6SX
please phone to check opening hours

Telephone 01482 351 769

email: d.parry@water-systems.co.uk

visit: www.water-systems.co.uk

- for Water Softeners, Salt, Quookers, Water Filters, Taps and Cartridges and Road Salt for icy conditions.

Hull Savoyards

Friday 2nd December - commencing at 7.30pm at the Cottingham Civic Hall - 'Gilbert's Magical Christmas'. A topsy-turvy world of imaginary characters influenced by the Sorcerer John W. Wells (something in the tea). Enjoy some of your favourite Gilbert and Sullivan music and characters along with a mix of Christmas carols for the season. Tickets £8.00 Adult and £5.00 under 16's. Tickets available online at ticketsource.co.uk/hullsavoyards, Barkers on Hallgate or at the door (subject to availability).

Beverley Gardeners' Club

Tuesday 6th December - for a talk on Carnivorous Plants by Peter and Hellen Walker at St Mary's Parish Hall, Beverley for 7.45 start. PLANT sale after. Annual fee £20 provides free admission to all talks or guests £5 per talk Further information 01482 863996.

Cottingham Bowling Club

Indoor Carpet Bowls have started at Cottingham Bowling Club. There are several daily sessions, mornings 10.00am until 12.00pm, afternoons 2pm until 4pm, evening 7pm until 9pm. The club is at the junction of Thwaite Street and New Village Road. We welcome members. For more information ring L. Davy 846611.

Alternative Aquatics

Is a local charitable, self-help group providing gentle exercise & relaxation for people with back pain and associated mobility problems, in warm water and a friendly atmosphere. Thursdays, 5-6 pm during term time, at the hydrotherapy pool, Frederick Holmes School. The cost is £39/school term. Places available, so for more information please ring Karen on 807072 or Steve on 826873.

Cottingham Food Bank

Is organised and funded by Cottingham residents and based in the Annexe behind Zion Church, Hallgate, Cottingham. We are open every Wednesday from 10am to 11.30am and we offer a warm welcome to anyone in need of our help. We are available for anyone to use and we do not ask for vouchers or proof of eligibility. Every visitor will be given a bag of food and toiletries to take away and have the opportunity to stay for refreshments. Email: cottinghamfb@gmail.com or tel: 845920.

Skidby Village Hall

Coffee Mornings - join us for a cuppa and a chat, all welcome! Light refreshments on sale, every Friday, 10am - 2pm. Visit www.skidbyvillagehall.com or @SkidbyVillageHall on Facebook for updates and information..

North Ferriby Short Mat Bowls Club

Village Hall, 50 Church Road, North Ferriby. HU14 3AA. Tuesdays and Fridays, 10am-12noon, and Thursday Evenings 7pm-9pm, except the second Thursday each month, with a qualified coach. All are welcome to any session and can borrow woods and play in stocking feet if need be. For information please contact Mike on 07889 007005.

Cottingham & Hull Folk Dance Club

Tuesday 7pm-9-30pm at the Darby and Joan Hall Finkle St., Cottingham. No experience necessary come on your own or bring a friend for light exercise in a friendly environment everyone one welcome. For further information please contact Jan Gray on 01482840637 or Keith Alexander on 01482 509751.

Continued on page 23

Gilbert's Magical Christmas

Following the success of Humbug! A Musical Christmas Carol last December and the ever popular Pirates of Penzance in June this year Hull Savoyards return to the Civic Hall on Friday 2nd December with 'Gilberts magical Christmas'.

It is Christmas time and Gilbert is not looking forward to the arrival of the assortment of relatives and friends which Lucy, his wife, has invited to a party. He would much prefer to be

getting on with his writing.

Knowing what Lucy had been planning, Gilbert has already come up with an impish little plan to liven up the evening. Without consulting Lucy, he has procured the services of John Wellington Wells, a well-known family Sorcerer, to provide the means to stimulate the imaginations of his rather boring guests. (Something in the tea perhaps).

Even Gilbert had not anticipated the results of his scheming and although, at first, nothing much seems to be happening, before long a variety of uninvited guests begin to appear, as if by magic. It seems that reality and imagination are becoming entangled and Gilbert's topsy-turvy world of imaginary characters begins to

invade everyone's minds.

When Sir Arthur Sullivan eventually turns up, the party is already in full swing and Sullivan finds himself drawn into this imaginary roundabout. Fortunately the delights of the Gilbert and Sullivan collaboration triumph to bring an entertaining, but very unusual, party to a successful end.

Tickets £8.00 Adult and £5.00 under 16's.

Tickets available online at ticketsource.co.uk/hullsavoyards, Barkers on Hallgate or at the door (subject to availability).

DREAM DOORS®
NEW LIFE FOR OLD KITCHENS



20% OFF Autumn Sale
T&C Apply

VISIT OUR SHOWROOM NOW:
4a Belprin Park,
Swinemoor Lane,
Beverley, HU17 0LN

Call us now for a free estimate:
01482 861 653


Checkatrade.com
Where reputation matters
AVERAGE SCORE **9.7/10**

QUALITY BEDROOM MAKEOVERS BY LOCAL PROFESSIONALS

- Bespoke sliding wardrobes
- Styles to suit every home
- Wide range of colours and finishes to choose from
- 96 showrooms nationwide

www.dreamdoorsbedrooms.co.uk

THE UK'S #1 KITCHEN MAKEOVER EXPERTS

- From simple door replacements to complete fitted kitchens
- Fully installed by local professionals in just a few days
- Choose from a large selection of doors, worktops and appliances
- 96 showrooms nationwide

www.dreamdoors.co.uk



SMART REPAIRS

Unit 11 Station Road, Cottingham HU16 4LL

 **Tel 01482 840465**

email: john.allen@jjsmartrepair.karoo.co.uk



We now have the latest in Diamond Cut Wheel restoration technology




Before

After

Bumper Scuffs :: Standard and Diamond Cut Wheel Repairs :: Nano Ceramic 3 Stage Paint Protection Headlight Polishing

Our **SMART** repair "You'd never have known it had happened!"




Before

After

Support the advertisers who appear within the Cottingham Times

www.cottinghamtimes.co.uk - November 7



End of Year Review

Local Beekeeper Neil Gower continues his quarterly review of all thing's beekeeping

Good Feedback

Many thanks for the feedback on the last article. Some of you had clearly enjoyed the photographs of the inside of the hive, and others couldn't bring themselves to look at all those bees. Either way, it's good to know that people are interested.

I've found that this beekeeping season has been very enjoyable. I'd gone back to a small number of hives and was able to spend a bit more time on each colony. The confines of lockdown were finally removed, the weather was good, and I was more mobile than I had been for a few years.

I bred some Queens, watched my colonies thrive and I also collected some beautiful fresh honey.

My wife, as chief taster and tester gave it the thumbs up, so we've taken just enough to get us through to next year.

The extractor has been cleaned and put away in readiness.

The bees have had a productive summer. My colonies were brimming full of bees at the height of the season, and they made good use of the long days and the hot weather gathering pollen and nectar until late in the evenings. Even then, many stayed on the outside walls of the hive at night as it was so warm.

As we head into the final stages of the autumn the bees will continue to forage during the warmer parts of the day, but as the temperatures cool down the activity will decrease.

The hives have been checked thoroughly as part of my disease management programme. After I harvested some honey, I checked for Varroa mite and applied some preventative treatment.

From time to time, I believe I may have taken on the persona of a certain Victor Meldrew in frustration of Government U Turns on the use of Neonicotinoids in the UK. This is a very hot topic in the beekeeping world, and it now transpires that one of the Neonicotinoids in question not only causes increased mortality in Bee larvae but can also increase the reproduction of Varroa. A double whammy for the honeybee population.....I despair.

I've checked all the hives for other pests and diseases

and am happy that my colonies are as well prepared for the winter as they can be.

Asian Hornet Update

The Asian Hornet (*Vespa Velutina*) continues to pose a massive potential threat to the UK's honeybee population.

French authorities report a reduction in bee numbers of up to 40% since it gained a foothold in France in 2016. Losses of that magnitude would have a significant impact in this country if the same thing happened here.



On the UK mainland, there have been two sightings in 2022.

In Jersey however, the government official in charge of keeping the Asian Hornet numbers down advises that he has been 'mobbed' with reports.

As many as 15-20 a day have been keeping the teams busy on the island, and there are currently 10 nests that need to be destroyed.

Jersey is really at the forefront of the British fight against this non-native invasive predator and are working hard to keep on top of the problem.

Preparing for Winter

Preparations have gone well so far.

The colonies are large enough to survive the winter, disease and pest management is under control and the spare equipment has been cleaned and put away.

I've done all the running repairs that were needed, I've replaced any damaged sections of my wooden hives and treated the wood.

Over the next few weeks, I'll be ordering everything I need for next year from the suppliers. New frames for the brood boxes and supers, and the foundation wax to go in them. Over the winter months I will make up the new frames, so I am ready to start the new season.

The only other thing to do is give my beekeeping toolbox a good clean out, sterilise my tools and wash my Beesuit.



And finally, I thought I'd share this amusing caption with you. A friend from America came across it recently and thought it might make me smile.

I did once have that much hair....and a beard.

I look forward to the 2023 season and sharing it with you.

A PROFESSIONAL PERSONAL INJURY SERVICE, NOT A “CLAIMS PROCESSING FACTORY”

At Graham & Rosen, we believe that if you have suffered an injury or have been diagnosed with an industrial disease, you should be able to meet your lawyer face to face to discuss your claim.

Many firms no longer offer this service or if they do, they might be located in a different city and not able to see you when you prefer.

Even then, you may be expected to do much of the work yourself, filling in claims questionnaires, online documents, dealing with call centres, inexperienced staff and without your own dedicated lawyer to advise you.

You might be left wondering if your claim was properly investigated and if you have received enough compensation.

We do not agree with such an approach.

If you choose to instruct the personal injury team at Graham & Rosen to handle your claim, you will be instructing local solicitors with a wealth of experience who are committed to putting you first and supporting you through the legal process.

We provide a caring and bespoke service with all the expertise you need locally so that you obtain the compensation you deserve.

We help with all sorts of personal injury claims including:

- Work accidents
- Road accidents
- Tripping accidents
- Children's accidents
- Brain injuries
- Spinal injuries
- Traumatic injuries
- Fatal injuries
- Asbestos related disease

**GRAHAM
& ROSEN**
S O L I C I T O R S

01482 840201

www.graham-rosen.co.uk

Cottingham: 2-4 George Street, HU16 5QU

Offices also at: 8 Parliament Street, Hull, HU1 2BB Telephone: 01482 323123

Kristmas @ Kristoffs

Family run since 1992

3 course menu Evenings £25 xmas day £70

Starters

Homemade Tomato and fresh Basil soup and rustic roll and butter
Hot black pudding and bacon salad with a local honey and maple dressing
Traditional Prawn Cocktail served how it should be
Hand made sun dried tomato and cheddar garlic bread
Thai cod and prawn fish cake laid on a bed of crisp leaves drizzled with sweet chilli

Main Event

Traditional Roast Turkey Breast served with all the usual trimmings
Slow cooked Shoulder of Lamb sliced into a rich caramelised red onion jus
Creamy Garlic Mushroom Risotto finished with a slosh of Prosecco and Parmesan shavings
Fillet of Salmon poached in a classic cream mushroom wine and prawn Thermidor sauce
Butterfly chicken breast topped with a creamy wine and Red chilli sauce
8oz Ribeye steak cooked to your liking
with a grilled tomato, mushrooms and hand battered onion rings
All meals with fresh vegetables and new potatoes
but shout if you prefer chips



Sweet Treats

Kristmas pudding with Rum custard
Triple chocolate Fudge cake
Raspberry and Moët champagne cheesecake
Cheddar, Stilton & biscuit board
Winterberry ice cream sundae



We are OPEN every Friday and Saturday night in December
and also available 7 nights a week for bookings of 12 or more people

£5 deposit per person required at time of booking menu selections and final balance required 14 days before date of your booking CASH is preferred method of payment please
140 Hallgate, Cottingham HU164BD 01482 876886 Kristoffs.co.uk

Funding available for organisations and community groups to establish welcoming places across the East Riding

Welcoming places are being established across the East Riding to provide somewhere warm for residents to visit during the colder months.

As part of East Riding of Yorkshire Council's Help for Households campaign, which has been established to support residents and businesses through the current cost of living crisis, organisations and community groups will be able to apply for grants to open their venues as welcoming places while East Riding libraries will be opening their doors to people to offer a warm and welcoming place.

As part of the Do it for East Yorkshire community grant, organisations and community groups, including those who have previously received funding from the scheme, can now apply for grants between £1,500 and £5,000 specifically to open their venues on a regular basis to provide welcoming places.

These venues can include village halls, community centres and food banks but they must provide activities and/or refreshments such as a lunch club or exercise group in order to be eligible to apply for the grant to go towards energy costs of staying open.

The funding cannot be used to go towards costs associated with venue hire or staffing costs relating to running this type of activity.

Libraries across the East Riding will also be open for people to drop in during the colder months and will offer a wide range of activities to support health and well-being throughout the cost of living crisis.

Libraries offer free access to wi-fi and a range of digital services while library staff can help people get online while there will also be a range of activities such as games and jigsaws and the offer of a warm drink and support.

East Riding libraries are located at: Anlaby, Beverley, Bridlington, North Bridlington, Brough, Cottingham, Driffield, Flamborough, Goole, Hedon, Hessle, Hornsea, Howden, Leven, Market Weighton, North Ferriby, Pocklington, Snaith, South Cave, Stamford Bridge, Swanland, Willerby and Withernsea.

Residents are also welcome on the mobile libraries that visit 157 locations across the East Riding.

Councillor Jonathan Owen, leader of East Riding of Yorkshire Council, said: "We know it's going to be a particularly hard winter with the cost of energy going up meaning some of our residents will struggle to heat their homes.

"Welcoming places are open to all residents and will provide a warm welcome to all people from all backgrounds and circumstances.

"These welcoming places can be found in our libraries as well as venues within local communities and they are places where people can gather to relax, engage in activities, socialise as a community as well as access support during this cost of living crisis.

"I'd also encourage local groups and organisations who are considering opening up their own venues as welcoming places to have a look at the funding available via the Do it for East Yorkshire Community grant to see if they are eligible and able to provide some help for their communities."

* For more information on the Do it for East Riding Community Grant go to <https://eryc.link/grant>.

Residents, households and businesses can access a wide range of help and support via the council's Help for Households webpage - <https://eryc.link/helpforhouseholds>.

Hull Santa Fun Run & Walk



11th December
Pickering Park

Get sponsored to enter the event and to raise money for *your* favourite Club, Charity or School.

Free Santa Outfit and Medal with every entry!

We are extremely grateful for the support of



www.HullSantaRun.org



Elvis returns to Sewerby Hall and Gardens next Spring

Sewerby Hall and Gardens will host another night of big movie action next Spring, when Adventure Cinema will return with an outdoor screening of Baz Luhrmann's 'Elvis'.

This hugely popular movie about the legendary singer's life, and relationship with his manager, stars Austin Butler as Elvis Presley and Tom Hanks as Col. Tom Parker.

The screening will be on Friday, 19 May, 2023. Gates will open at 7.45pm and the evening will begin with a specially curated soundtrack of music, building up to the film itself at 9.15pm.

Marie Gascoigne, general manager, Sewerby Hall and Gardens, said: "What a great way to spend an evening next Spring! Come and enjoy this amazing film in the open air; bring a picnic, a blanket or a picnic chair and enjoy some superb music, wonderful performances, and a fascinating story...."

For full details, and to book tickets, visit www.sewerbyhall.co.uk.



revive

CHURCH

WEST HULL CAMPUS

We have children's activities for 3-11 year olds

Join Us
Sundays 10.30am

Cottingham Civic Hall, 1 Market Place,
Cottingham, HU16 5QG

NO SERVICE NOV 6TH

Hear **CLEARLY** again...

Never miss out on the sounds you love

with the latest comfortable and invisible hearing aids



FREE
HEARING
TESTS

INVISIBLE
RECHARGEABLE
& SPECTACLE
HEARING
AIDS

WAX
REMOVAL
SERVICE

BRING THIS
ADVERT IN TO
CLAIM YOUR
**SPECIAL HEARING
AID DISCOUNT***
or quote ref
COTI

- ✓ **EASY** parking
- ✓ **HOME** visits available
- ✓ **FREE** aftercare
- ✓ **5 YEAR** warranty*
- ✓ **5 YEAR FREE** batteries*
- ✓ **INDEPENDENT** family business



Hearing aids don't have to be seen!



HULL hearing CENTRE

independent hearing aid audiologists

TROUBLE HEARING THEN
CONTACT US **TODAY!**
www.hullhearingcentre.co.uk

Clare House, 8-10 Baker Street, Hull HU2 8HP
t: **01482 22 22 04**

**HOME & SMALL BUSINESS
COMPUTER SERVICES**

PC/LAPTOP SALES | REPAIRS & INSTALLATION
WIRELESS NETWORKS | STRUCTURED CABLING
DATA RECOVERY | VIRUS REMOVAL
INTERNET | EMAIL SETUP
HOME & OFFICE SUPPORT

**Call Steve Blake on
847711 & 571100
www.blakeits.com**

INSURED
CAB CHECKED
Microsoft
CERTIFIED
IT Professional

EXPERIENCE
25
YEARS
Microsoft
CERTIFIED

EVERFLOW
Plumbing Services

GENUINE 24-HOUR CALL OUT

- Boiler Replacements • Gas Servicing
- Breakdown and Repairs • Full Bathroom Installations
- Gas Central Heating • Systems Powerflushed
- General Plumbing Repairs • Landlord's Certificates
- No Job Too Small • All Areas Covered
- FREE No Obligation Quotations

Call Phil **01482 841304**
Mobile: **07970 359706** Cottingham

CORGI
520101
safe
520101

THE BEAUTY CLINIC
EST 1995

Beauty & Skincare Specialists
01482 875329
www.beautycliniccottingham.co.uk

104A KING STREET, COTTINGHAM

ADVANCED NUTRITION PROGRAMME
jane iredale
DECLÉOR PARIS
ENVIRON
COCI

TIME FOR YOU
DOMESTIC CLEANING

Would you like an Honest, Reliable and Affordable police-checked* cleaner to clean your home?

- Service tailored to your needs
- Same cleaner each visit
- Typical hourly rate £15.00 (weekly cleaning)

Call Jan TODAY: 01482 977737
Mobile: 07930 241 087
hull@timeforyou.co.uk www.timeforyou.cleaning/hull

*police checked cleaner on request

12 November - www.cottinghamtimes.co.uk

Wordsearch - Lights, Action, Camera

Can you find the hidden words. They may be horizontal, vertical, diagonal, forwards or backwards.

T	S	E	R	U	T	N	E	V	D	A	E	S	R	E	M	A	K	E
N	O	U	O	P	G	W	O	O	L	C	T	S	D	O	S	M	H	Y
S	I	L	P	O	R	V	I	A	I	I	E	H	N	P	T	O	I	L
C	D	Y	P	P	E	O	C	S	L	N	S	T	E	E	R	C	O	I
R	U	R	E	K	O	I	J	L	T	E	O	C	M	R	P	L	A	M
E	T	A	A	T	S	R	O	E	P	M	I	E	O	O	O	S	N	A
E	S	T	C	U	I	C	T	U	C	A	H	R	R	M	G	B	U	F
N	E	N	M	I	O	H	E	I	L	T	A	P	K	A	Y	I	N	S
R	E	E	L	S	S	K	W	E	N	O	O	C	F	N	S	O	R	D
S	N	M	T	S	A	S	F	D	A	G	A	R	I	C	A	G	E	O
I	A	U	B	M	C	F	A	N	N	R	A	A	L	E	T	R	L	G
L	M	C	I	P	E	E	I	L	T	A	S	C	M	D	N	A	L	N
E	A	O	M	C	C	M	N	D	C	P	K	E	T	O	A	P	I	I
N	R	D	T	A	A	V	N	E	I	H	R	C	Q	R	F	H	R	D
T	D	S	M	T	E	U	I	S	R	Y	S	A	A	U	E	Y	H	N
H	O	E	I	C	O	M	E	D	Y	Y	R	T	T	L	E	S	T	E
E	R	O	N	S	S	T	O	R	Y	L	I	N	E	S	B	L	S	O
A	N	U	G	P	R	E	Q	U	E	L	H	P	U	E	S	O	L	C
R	O	L	O	C	N	O	I	T	C	I	F	E	C	N	E	I	C	S

Find the words in the letters above:

Actor, Adventure, Animation, Biography, Black and White, Camera, Cinematography, Classic, Closeup, Color, Comedy, Costume, Documentary, Drama, Ending, Epic, Family, Fantasy, Film, Hero, Horror, Makeup, Musical, Plot, Prequel, Projector, Prop, Reel, Remake, Retake, Romance, Scenery, Science Fiction, Screen, Sequel, Silent, Soundtrack, Special Effects, Star, Still, Storyline, Studio, Supporting Actress, Suspense, Theme, Thriller, Twist.

Wordsearch courtesy of <http://www.puzzles.ca/wordsearch.html>

Sudoku No. 184

This is an easy challenge this month - Answer on page 29

	7	5		3			4	1
6	8				7		2	3
			4			5		
2	3							7
					8			9
	1			5	3			2
				7				
8			1	6		4		

Support the advertisers who appear within the Cottingham Times

MARIONOWENTRAVEL

Christmas is coming and this month we start our festive tours. October has been a very busy month for new bookings, a wonderful mix of worldwide destinations. If you are wanting to visit Australia & New Zealand next autumn now is the time to get booking.

Jersey from Humberside is now on sale for summer 2023. Early booking prices are excellent. Don't miss out, £100 per person deposit confirms your booking. We offer a fabulous selection of hotels and know the island like the back of our hands. For the first time we are also offering **Guernsey** connections. You can stay for the week or do a two centre. Ask for further details. *Our office door will be closed on Wednesday 3rd November, due to a training day for touring holidays. We will be answering the telephone as normal. We have also been nominated to win an award for our knowledge & sales for escorted tours too!*

Northern Lights 2024 We expect to have our departures on sale in the next week. If you have not advance registered call today to ensure you do not miss out. We expect very similar dates January & February.

Wild West of Ireland. We had a fabulous time in Ireland this September and have just launched next years tour taking us further down the coast to Westport and Galway. It will be another fabulous adventure.

Fred Olsen cruises predominately attract adults it is also ideal for families looking for a cultural experience. Emma enjoyed her cruise this year so much she has re booked for next October. This sailing covers October half term. With the present offer of free drinks plus generous discount on 3rd/4th sharing it represents excellent value for money.

Georgia, Armenia & Azerbaijan are they on your bucket list? We have a small group tour due to depart in September 2024 why not join me?

Are you looking for Christmas gifts? Why not give the gift of travel we can help you choose a special break or holiday or simply provide you with a voucher. Our vouchers can be used with any tour operator, cruise line or one of our own departures.

APT have just launched a selection of fabulous river cruise discounts for 2023 - 14 nights from £2295.

November see Black Friday and no doubt new offers will appear. Tell us what you are wanting and we can source the best option. Often prices can be confusing. December, Emma & I are taking a week out of the office on a delightful river cruise. We have just been advised we can have a few more suites all with balcony! Why not join us?

We book all holidays with all tour operators & cruise lines. Our wealth of first hand knowledge travelling around the world by land, sea & air allows us to make your travel simple & hassle free leaving you to relax and look forward to enjoying your holiday.

We look forward to creating your special memories when we book your next holiday whether a break in the UK or a far away holiday to any corner of our world.

Best wishes

Marion



Our very own exclusive holidays experience the difference

All fully escorted by Marion or Emma.

Our usual pick ups are Beverley, Cottingham, Willerby, Swanland, Elloughton & on route.

16 Nov	Boundary Mills bargain shopping just for the day	£ 20
21 Nov	Holly & Mistletoe - 5 days Tynedale Llandudno a wonderful hotel we have been given 3 more rooms!	£ 495
09 Dec	Travelmarvel festive river cruise - solos no supp! We have just received a few more suites - fabulous deal	£1495
19 Jan	Boundary Mills for the January Sales bargain shopping	£ 20
03 Feb	Tribute weekend Abba & Bublé 2 nights DBB 3 super days out inc. Banish those winter blues.	£ 299
27 Feb	Spring in Dorset 5 days very inclusive	£ 499
10 Apr	Holland & Belgium river cruise 6* Scenic via direct flight from Humberside or overnight via North Sea Ferries. All inclusive: excursions, tips, premium drinks	From £1885
23 May	Regent Seven Sea's cruise ex Southampton all inc. luxury 6 star 10 nights from your door starting price	From £6669
14 Jun	Jersey by Sea - staying at the Monterey - 9 days	£1125
14 Jul	Welsh Adventure - 7 nights two centre 3 nights at the Min Y Mor Barmouth + 4 nights at the Tynedale scenery, seaside, train rides, castles & more	£ 975
16 Sep	West Ireland Atlantic Way, our journey continues, another adventure to enjoy. 9 days a great itinerary	£1165
07 Oct	Northern Belle, Britain's most Luxurious Train. Full day outing to Carlisle travelling the iconic Settle to Carlisle route. Brunch outbound, 5 course dinner return journey. MAKES A GREAT SPECIAL GIFT	£ 495
22 Oct	Fred Olsen 10 night cruise visiting the lovely ports of Lisbon, Gibraltar, Cadiz, Malaga & La Coruna. Sails from Liverpool. Emma will be sailing with you.	£1399 inc Drinks
16 Nov & 1 Dec	Thursford Christmas Spectacular, the best seats in the house & a super hotel close by 1 night Dinner B&B. Limited single rooms + £10	£245
More specials will be added in due course for 2023 & 24		

We have regular pick up points for our tours but optional travel from your door is available on any holiday or cruise booked with Marion Owen Travel please ask for details



JERSEY From Humberside

The island offers fabulous beaches, great walking opportunities, duty free shopping & is steeped in history.

7 nights dinner B&B sample prices e.g. the Norfolk Hotel

27th May Whit £799 (no single supp) : 9th Sept (air show) £855

The flight is weekly from mid May to September.

2023 - Connections to Guernsey! Ask for details.

For bookings & info Tel: 01482 212525

email: team@marionowentravel.com



Sorry for the inconvenience our office door for visitors at 23 Portland Street, HULL, HU2 8JX as shown below

Prices shown subject to availability at the time of booking. Based on 2 sharing unless otherwise stated. Single travellers welcome please ask for prices.

Office hours for telesales: Monday to Saturday 9am - 5pm to visit in person Mon-Fri 9am to 2.30pm.

Slimming World
taste
the
freedom
EVERY MONDAY
DARBY AND JOAN HALL
COTTINGHAM. 5pm AND 6.30pm
THERESA :- 07985368527
slimmingworld.co.uk

kitchensolutions
Door and Worktop Replacement Specialists

- Over 80 door styles and colours
- Made to measure, Any size doors,
- Worktops, Sinks & Taps, Appliances
- Tiling, Plumbing, Electrical work
- All work guaranteed

Transform your kitchen at affordable prices
Free no obligation quote call 01482 841551
www.kitchensolutions-hull.com

Do you struggle with your hearing?

Join us for coffee and cake on the **23rd November** and trial the latest technology for **FREE!**

At Your Hearing Consultants, we provide quality hearing care for the people of Pocklington, York, Howden and Driffield and the surrounding area.

On September 12th the business opened its doors to a permanent, state of the art clinic at 177 Hallgate, Cottingham.

At Your Hearing Consultants in Cottingham, Lucy works closely with Audiologist Jo Dalton, Hearing Care Specialist Lesley Thornton and Client Care Coordinator Danielle Wise, who will be in residence at the new clinic providing a full hearing care service, including ear wax removal, hearing assessment and hearing aids.

The team has over 30 years cumulative experience in providing high quality healthcare, so why not come in and see us.

Our Services Include:

- Ear Wax Removal
- Hearing Assessments
- Tinnitus Management
- Invisible Hearing Instruments

Book your **FREE** hearing appointment today

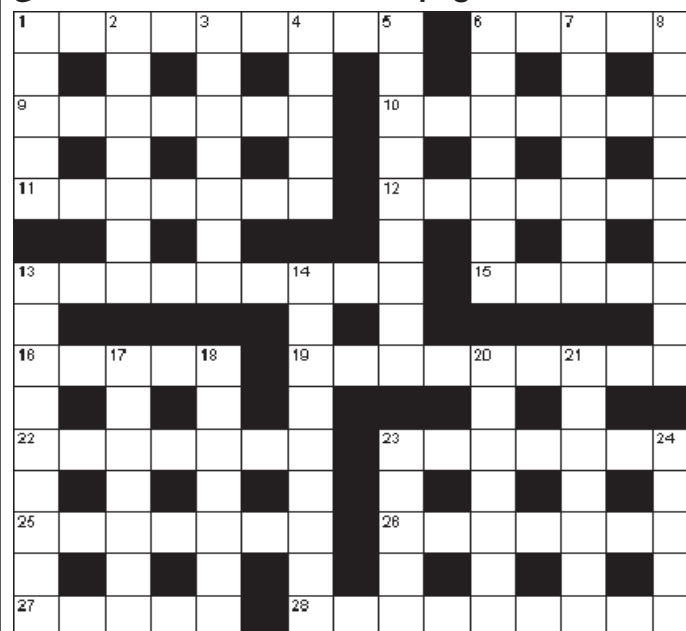
01482 259 021



Your Hearing CONSULTANTS

177 Hallgate,
Cottingham, HU16 4BB.
hello@yourhearingconsultants.co.uk
www.yourhearingconsultants.co.uk

Crossword – Solution on page 29



Across:

1 Scavenging (9); 6 A signet (5); 9 Knickknack (7); 10 Before long (7); 11 Waters down (7); 12 Try (7); 13 Assortment (9); 15 Diameters (5); 16 Possessing rounded parts (anatomy) (5); 19 Marooning (9)
22 A city in Ontario Canada (7); 23 Invents (7); 25 Rod-shaped bacteria (7); 26 Chivalrous (7); 27 Outer (5); 28 Warranty (9)

Down:

1 Planted (5); 2 Pamphlet (7); 3 Orange-red dye (7); 4 Seizure (5); 5 Infantryman (9); 6 Phantom (7); 7 Neat in appearance (7); 8 Comes with thunder (9); 13 Acceptable to the taste (9); 14 Refurbishing (9)
17 Russian beet soup (7); 18 Hung freely (7); 20 A short novel (7); 21 A particular point in time (7); 23 Belief (5); 24 Chance or lot (archaic) (5)

Crossword courtesy of www.crosswordpalace.com

ORGANIC VEG BOXES
Freshly delivered **FREE** to your door

We are a workers co-operative, living and working in Hull and East Riding. Buying our products means you are supporting the local economy.

The majority of our veg is from Yorkshire and, where possible, is sourced from small growers in the Wolds and Holderness areas surrounding Hull.

FRESH ORGANIC VEG BOX & GROCERY DELIVERIES SINCE 1999

CO Your Door
Providing Seasonal & Sustainable Produce Since 1999

ARTHUR ST. TRADING CO. LTD.

www.arthursorganics.com
07949 805695 | info@arthursorganics.com

Support the advertisers who appear within the Cottingham Times

Now welcoming new patients

COTTINGHAM
DENTAL PRACTICE



SAVE 20%
on your dental fees

Join our practice
membership scheme

www.cottinghamdental.co.uk

Cottingham Dental Practice

190-192 King Street, Cottingham, HU16 5QJ

A popular private dental practice: call **01482 848655** to make your first appointment – we look forward to meeting you!

Keep your mouth in first-class condition *Caring for the health of your gums*
Whitening your smile *Ensuring fresh breath* Replacing missing teeth with implants
Transforming misshapen or fractured teeth Fitting comfortable dentures and bridges

Support the advertisers who appear within the Cottingham Times

www.cottinghamtimes.co.uk - November 15

Your local broker will arrange your insurance for you, *perfectly*

Call 707 800

Hedon Insurance
your local insurance broker

and ask for Sally,
Teresa, Kerry or Jayne



Buildings Insurance

Contents Insurance

Motor Insurance

Taxi Insurance

Caravan & Motorhomes

Landlords Policies

We spend our days online so that you don't have to!

Offices : 97 King Street, Cottingham, Hull & Hedon

Hedon Insurance is Authorised & Regulated by the Financial Conduct Authority

STROUDS

of Cottingham

Handbags, Wallets, Purses, Accessories and much more



Gifts to suit all ages & budgets

Find us at: 149 Hallgate, Cottingham HU16 4BB

Telephone: 01482 845 600

Website: www.stroudsbags.co.uk



Macmillan coffee morning raises £125.47

Cottingham Parish Council held a coffee morning on Friday 30th September in aid of Macmillan. Lots of homemade cakes and buns were on offer. The morning was a huge success with local residents enjoying a cup of tea or coffee and a slice of cake. We would like to thank all who attended and donated, we raised £125.47.

Lesley Kemp

Maureen Hunter Singers "Christmas Voices" concerts to take place in December

The Maureen Hunter Singers will be presenting their "Christmas Voices" concerts at the Bricknell Avenue Methodist Church on Saturday 10th December and Sunday 11th December at 3.00 pm each day respectively.

The programmes of both Senior and Junior choirs, and that of the soloists and ensembles are chosen to provide something for everyone, with the ultimate aim of sending the audience home full of seasonal joy.

Tickets are priced at £8.50 (including refreshment) and are available from Mr. Paul Newman, 102 Carr Lane, Willerby HU10 6JX. Telephone 01482 655318 or via choir members.

There is free parking at the Kelvin Hall Sports Pavilion, a short walk from the church in Bishop Alcock Road, HU5 4RR.

Hull CHA Rambling Club

We are a friendly walking club established in 1911 whose members enjoy walking on the Yorkshire Wolds, Howardian Hills, North Yorkshire Moors, Yorkshire Coast, occasionally into Lincolnshire and the Yorkshire Dales, and we walk throughout the year.

Travel by coach to the starting point. Fare £12.

We pick up at Bilton, Holderness Road, Hull City Centre, Beverley Road, Greenwood Avenue and The Green, Cottingham. We have two walks planned for November.

13th November: Everingham to Pocklington.

27th November: Rudston/Burton Agnes to Driffild.

Places **must** be booked in advance.

For further information and to book a place on the coach please contact Joint Rambles' Secretaries, Sue O'Leary on sue@sueoleary.co.uk or telephone 07767420646 or Pauline Borger on paulineborger48@gmail.com or telephone 07929933323.

Check out our website <http://hull-cha-rambling.wix.com/hull-cha-rambling>

Like us on Facebook: The Hull CHA Rambling Club
NEW WALKERS WILL ALWAYS BE WELCOME.

ST MARY'S RIVERSIDE



Amazing views of the River Humber complement our **beautifully styled new care home**, offering 54 large en-suite rooms and 7 suites with own kitchenette, living space and separate bedroom.

A true family home where you can relax and chat with friends in the café bar and enjoy the bright and airy music room, open-air balconies, beautiful gardens, and outdoor seating areas.

Email or call anytime to arrange a visit:

info@stmarysriverside.co.uk - 01482 690038

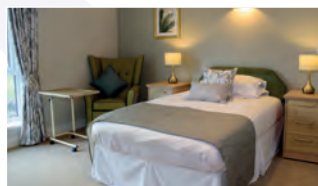
Wintersgill Place, Hessle, East Yorkshire, HU13 0DF

ST MARY'S LODGE



Modern, spacious, en-suite rooms in delightfully styled surroundings that you can truly call home.

A welcoming café bar serves our bright, comfortable lounge where you can enjoy relaxing afternoons reading, watching TV and chatting with family.



info.lodge@stmarysanlaby.co.uk - **01482 690019**

Beverley Road, Anlaby, Hull, HU10 7BQ

ST MARY'S CARE CENTRE

En-suite rooms throughout in four different designs, with a wide variety of communal spaces in peaceful surroundings.

With a cinema room, library, hairdressing salon, music room and physiotherapy room, as well as large lounges and outdoor gardens and seating areas.



info@stmarysanlaby.co.uk - **01482 307593**

Beverley Road, Anlaby, Hull, HU10 7BQ



Melanie Watson of Skidby Livery Stables with the latest of her monthly articles

www.instinctivehorsetraining.co.uk



Changing seasons, changing management protocols

Well, I for one, think we've had the most amazing summer! I cannot remember one that's been so consistently warm and dry. This past summer and even through this autumn has been dry and really pleasant. I guess that's why the wet and cold has been such a horrid shock!

However, it has to happen of course- those nights drawing in and the wet creeping its cold into your bones. YUK! The transition in how we care for our horses changes during this time. The thin night rugs were all brought out, aired and ultimately used. Insidiously the thicker rugs come out of storage starting with the 100gsm filled rugs creeping their way out of the cupboards to replace the non-filled waterproof sheet rugs. Then the real juggle starts! No one wants horses too warm nor feeling the cold and losing weight. Daily we juggle the rugs we use trying to do right by the horses. However, now the weather has made those decisions easier, its cold and wet so the ever increasing choices of thicker rugs win.

The next job in management during the autumn, winter season comes clipping some of the horses. People ask me why we shave hair off horses in the winter months, its seems a strange thing to do to an outsider. They surely need their coats to stay warm? The reality is that this big thick coat works against horses who are ridden and are in work. Their big, highly insulated coats create sweat and holds onto sweat, leaving the horses unable to dry off quickly and at risk of catching cold. We cannot have them stand around wet for hours, there fore we shave the coat off and rug up accordingly.

There are several choices of clip to use from just a little bit off the sweat

areas (throat, chest, tummy and between the hind legs) So just a tummy and throat clip will suffice for a lightly ridden horse. The trace clip takes off all the underneath areas of the horse, leaving all the top of the horse (from ears to tail) still covered in hair. The blanket clip removes all of the neck area and everything underneath, leaving the whole back of the horse still intact with hair. The hunter clip removes all the body hair completely. Clipping is an art in its own right and the choice of clip is totally dependant on the amount of work that horse usually does. Clipped horses are generally stabled at night and the hair is replaced by appropriate rugging.

In the old days rugging horses was easy. We only had Jute rugs and Whitney blankets for stabled horses and the good old New Zealand waxed linen rugs for turn out. We used string vests as coolers with a layer of hay or straw underneath to create warmth and air flow to dry off a wet horse and keep it warm. However these days, modern technology has created a myriad of new materials of varying weights, thicknesses and styles. It is a highly competitive market place and can be totally mind boggling in choices! Stable rugs are now duvet type rugs of varying togs. Cooler rugs range from thin/thicker/thick fleeces to complex technology in semi permeable membrane rugs which draw moisture away from the coat allowing horses to dry and remain warm. All very clever! There are also travel rugs, posh showing rugs (only brought out on special occasions!) magnetic rugs, thermoregulating rugs and so the list goes on.

New Zealand rugs have been replaced with turn out rugs ranging from simple thin waterproof sheets to heavy weight filled rugs. Even the exterior cloth has massive choices in thickness and strength of denier. We all need a university degree to understand it all! As is the way of evolution, technology moves on and whole industries are built on it.

How we feed our horses changes dramatically too. Grass becomes increasingly unavailable and has to be replaced with forages (Hay which is dried grass or Haylage which is of a higher moisture and feed value wrapped up and sealed in plastic). Hard feed and nutrient balancers are needed to help horses keep fit and well and have the energy available to live, work and cope with the cold.

In the old days we fed straights- commonly oats, barley, wheat feed, Beet pulp and a pinch of salt. Cod liver oil was always an old favourite. Modern day feeding of horses has morphed into a huge, highly competitive market and is so complex in choices. Straights have been replaced with bagged mixes or nuts which are all designed to bring different energy levels, nutrient value and complexity according to the needs of individual horses. They are expensive of course but give the horse owner convenience. One bag of mix or nuts now replaces several bags of straights. The science behind all these pre mixed feeds is complex. There are mixes for the laminitis prone, for old age and senior equines, for high level competition horses, racehorses, breeding and youngstock alongside the huge market in ordinary riding ponies and horses who need less available energy- and so the list goes on. Then there are the additives! From good old Cod Liver oil which still has its place to every conceivable potion and powder for immune system, joint care, skin care, liver care, virgin pressed oils of every base for additional Omega and vit 6's, minerals and micro minerals.....and so the list goes on! At the end of the day the simple rule to feeding horses is high forage, low carbohydrate with a little oil and salt available at all times. Clean fresh water must always be on hand. They need to drink vast amounts of fresh water daily.

So please feel pity on us simple horse folks. We are bombarded by real science, pseudo-science, immeasurable choices and all of this has to be affordable. It's a mine field which sadly many horse owners get really wrong.

Over feeding, obesity, leg problems, breathing problems and overheating horses is sadly all too common. A cold horse can move itself to keep warm- an over-heated horse cannot self-regulate when over rugged and suffer greatly as a result. It's a massive issue. Horses do not feel the cold like we humans do. Just because you are chilly does not mean the same to a horse. Yet people consistently dress their horses in the same way as we would dress ourselves. Its uneducated madness and a big welfare issue.

Obesity in horses has become one of the greatest veterinary concerns in modern times. Not helped by the showing world which encourages obesity in the show ring. The horses in our care have no choice in the manner of how they are fed and managed. Cruelty comes in many forms, not just under the banner of neglect or harsh treatment. Killing horses slowly by over feeding and over rugging is the number one issue faced in the UK. Please all stand back and assess carefully. Ask your vet for advice. Ask your farrier for advice. Ask your horses physio for advice. They are all highly trained, highly knowledgeable and are well worth listening to.

DO NOT ASK FACEBOOK!!!!

Support the advertisers who appear within the Cottingham Times

Smiths
animal and pet supplies

**40 YEARS
SERVING
YOUR PETS**

**72 Castle Road, Cottingham, HU16 5JG
Telephone: 01482 843631**

We now deliver around Cottingham and surrounding areas for a small delivery charge. Please contact the shop for further details.

Stockists for all leading brands for dogs, cats, horses and small animals. We also have a large stock of wild-bird feeders and seed.



**VILLAGE CENTRE,
COTTINGHAM**

**10.30am
to 4.30pm**



Craft/Christmas Stalls

Festive Entertainment

**Food & Drink, Snow Globe
and more...**



Synthetic Ice Rink

Reindeer Family

Children's Rides

**FREE PARK AND RIDE FROM
COTTINGHAM HIGH SCHOOL**

Contact Cottingham Parish Council for more information

01482 847623 **www.cottinghamparishcouncil.org.uk**



Little fingers and paws

With a family of five grandchildren ranging from the ages of five to 11 years old, buying presents for them involves many toys that include small pieces ie: Lego, jewellery making, toy guns, etc., but it is the Christmas decorations such as tinsel, baubles and Christmas tree lights that may be amongst the many potential dangers for them. I am pleased to say my grandchildren are past the age of picking things up and putting items in their mouths. How often do we as parents/grandparents, take care in buying the toys that are presumed safe for little fingers, watching out for parts that can easily be consumed if they fall into the wrong hands, but how many of us pet owners go along the same line of thinking? If we can all apply the 'parents' way of thinking and this time look around our homes for any potential 'hazards', then you'll may be surprised.

Children love chocolate and to see the various array of sweet items dangling from the Christmas tree can be so tempting, but more so to our canine friends. Human chocolate is highly toxic in dogs, especially the dark variety because the cocoa beans contain a substance called Theobromine.

In general, the amount of Theobromine found in chocolate is small enough such that chocolate can be safely consumed by humans. In domestic animals, the amount metabolizes more slowly so they can easily consume enough to cause toxic poisoning. The most common victims are dogs for which it can be fatal. The toxic dose for cats is

even lower and are less prone to eating chocolate since they are unable to taste the sweetness. Everyone likes a Christmas cake even if it's just for the icing and marzipan, but please be very careful as two of the ingredients namely raisins and currants, can be potentially poisonous and is highly toxic to a dog's kidneys.

So far it has been our canine friend but our felines do not get off that lightly. Tinsel can be so decorative around the tree and also a playful attraction to small children but in a cat's eyes its especially exciting. After all, it's shiny, dangles and is something new in their environment so few cats can pass this up. Playing with the tinsel is not the problem, it is when it gets wrapped round their tongue or is swallowed when the nightmare begins. Objects that are swallowed can cause an obstruction in their digestive tract which may then involve major surgery to be removed. With the tree still in mind, cats may also be attracted to the baubles which then may shatter, splinter and cut their paws. In the case of real Christmas trees, beware of the sharp pine needles.

Twinkling lights around the tree is a big attraction to any toddler and can be so mesmerizing but obviously DANGEROUS, even to cat or young puppy.....lights have electrical wires which are a major hazard when chewed not only for them but a potential fire risk too. Please bear all these in mind when decking out your halls.

Holly, Ivy or Poinsettia in the house? I for one have them but how many realise they are toxic to our furry friends? Also on the list are mistletoe and amazingly, lilies! They are all my favourites but are now kept well out of reach of inquisitive paws. Turkey bones (although tempting to give as a treat) can cause choking, constipation as well as seriously damaging internal organs. I know the next one may seem silly but alcohol should never be given to a pet. I'm not saying you will be offering a 'tipple' on Christmas day morning but if a glass is within easy reach to our four-legged friends then they could be just that bit too inquisitive. If drank it could lead to coma and eventually death.

New pets.....we do not recommend getting a new pet for Christmas. It is better to leave it until after the festive season when things in the household are just that bit calmer but if you happen to have a new addition, please make sure they are identichipped. With all the hustle and bustle, coming and goings in the house, an escaped pet may go unnoticed for a few hours which may then be too late. It may only cost the price of a couple of bottles of wine but is for life so what better way of giving you that extra peace of mind. Some of the nicest things at this time of year are the smells...logs on the fire, baking in the oven or potpourri pots which give off the amazing smell of Christmas. I used to like them around the house during the festive time but since two little dogs were admitted to our Park Street surgery with poisoning after eating one of these pots, they are now kept well out of reach. They contain two substances namely essential oils and cat-ionic detergents and it is the later that is the most concerning. It can cause severe ulceration and chemical burns to your pets skin and their digestive tract.

So there we have it.....the HAZARDS of Christmas.... but please remember, they are only hazards when they are within the reach of inquisitive paws, mouths and not forgetting little fingers!

If you have any problems or queries at all, we at KINGSTON are only a phone call away. Please don't leave it until it's too late.

AND FINALLY....TALI...

Well, we didn't have a ride on the Pickering to Grosmont steam train as I was wishing in my last article but my daughter and I had a wonderful day out in Whitby along with Dexter and Tali. No dramatic scenes occurred at all which is very unusual when Tali is around so why did a visit to the local pub prove me wrong. With all the fresh air that day, we booked our evening meal at a dog friendly pub hoping our little friends will be shattered. Wishful thinking on my part as we walked through the door. Did I say walk? No, we leapt, yes leapt over the threshold as Tali smelt the faint aroma of steak pie.

With this, she did an about turn and with her nose twitching in the air, she flung herself towards the nearest occupied table followed by my red-faced true self. Now this would have turned out pretty grim if I hadn't had a tight hold on her lead but it was so tight, Tali started to heave and cough as though she was bringing something up. Not a pretty sound in an eatery so a quick embarrassing exit was hastened and Tali spent the next hour in her crate in the car, much to the smugness of Dexter who sat as quiet as a mouse under the table but, being a soft touch, I did bring out a little 'doggy bag' for my girl.

Until the next time.....

Support the advertisers who appear within the Cottingham Times

Kingston
VETERINARY GROUP

Park Street - 01482 223688
Beverley Road - 01482 854422
Holderness Road - 01482 797007

Anlaby - 01482 655333
Cottingham - 01482 843210
Thorngumbald - 01964 301607

20 November - www.cottinghamtimes.co.uk

Autumn Ready?

Adults aged 50+ can get a **COVID-19 booster** and **flu vaccine** to **increase protection** against respiratory viruses **ahead of winter**.

Extra groups also eligible for a seasonal booster are:

- Pregnant women
- Those aged 5+, in a clinical risk group
- Those aged 5+, who are immunosuppressed
- Those aged 5+, who are household contacts of anyone immunosuppressed
- Carers aged 16+
- Residents and staff in care homes for older adults
- All frontline health and social care workers.

Visit **nhs.uk/covidvaccination** to book an appointment.



Scan to find a clinic for you.

Not sure where you can get yours?

Head to **vaccinatehullandeastriding.co.uk** for information on local clinics.

Stay safe. Stay sound. Protect others.



EAST RIDING
OF YORKSHIRE COUNCIL



#TogetherEastRiding

ON THE GRAPEVINE

WITH ROY WOODCOCK

Bonfire celebration wines

I'm going to apply a little rocket science to the column this month... if only to come up with a few suggestions for what you might be drinking come Bonfire Night celebrations.

Mulled wine will be the choice for many and I certainly won't refuse a glass that might be coming my way; just remember, if you are making this most traditional of winter warmers make sure you warm it gently rather than boil it, or all the alcohol will evaporate.

I'm sure I've given a recipe for mulled wine before and most are variations on a theme; but here's another you could try: Bottle of red wine (Cabernet Sauvignon, Pinotage or Carménère would work well), 60g/2oz demerara sugar, 1 cinnamon stick, grated nutmeg, an orange halved, dried bay leaf and 60ml/2fl oz sloe or damson gin or port (optional),

Put the wine in a saucepan with the orange, sugar, bay leaf and the spices. Heat gently until the sugar has dissolved. Taste to see if you want the wine sweeter, and add more sugar to taste. Take off the heat and stir in the added alcohol if you are using it.

Strain into heatproof glasses and serve at once.

Once the fire gets going and the rockets are lighting up the night sky, then what better to wash down the burgers, hot dogs, pulled pork sandwiches or chilli con carne than a ripe, full bodied and satisfying red wine?

You're looking for something with a touch of spice or smokiness and my first port of call would be a bottle of Shiraz or Syrah (it's the same grape, just labelled differently depending on country of origin).

Often described as the classic barbecue wine, choose a bottle of this and the chance of getting a smoky dimension to your wine is very high indeed. And if you like this wine you should also investigate the lesser-known Carménère, from Chile, which exhibits wonderful peppery spiciness, deep dark flavours and a chocolatey richness.

South African Pinotage is always a good bet; classic examples are full-bodied with lots of oakiness, while Grenache (Garnacha in Spain), a leading grape variety of Chateaufort-du-Pape, is another that will win you over with its spicy power.

It's definitely worth reading the labels closely when choosing wines for occasions such as this - essentially you are looking for wines that have been matured in oak barrels, picking up cinnamon and clove flavours along the way. But it's not just red wines that can deliver a hint of smoke on November 5.

The classic French white Pouilly Fumé, made from 100 per cent Sauvignon Blanc grapes, is the obvious one - Fumé means "smoked" in French and good examples have a pungent smell often likened to gunflint.

This is a wine you'll only get from the Loire Valley in France and it's characteristic smokiness is to do with the terroir - the grapes being grown in a flinty soil called silex. It's a wine I absolutely adore.

* I promised in last month's column to bring you news of how House of Townend, and its Cellar Door outlet at Melton, had fared in this year's Decanter Magazine Retailer Awards, having been shortlisted in four categories. And I'm delighted to say they were named Best Regional Wine Shop for North-East England.

It was also named as runner-up for Burgundy Specialist of the Year and finalist for Bordeaux Specialist of the Year and Midsize Online Retailer of the Year. The judging panel commented: "House of Townend near Hull impressed with its wide range (1,836 wines), new Enomatic dispenser systems and commitment to developing the retail side of the business" while in terms of the Burgundy category they said: "House of Townend offers an excellent Burgundy range featuring many mature vintages."

Nationally, Lancashire-based Booths (although they do have outlets in North and West Yorkshire) was named Wine Supermarket of the Year with Waitrose as runners-up. Majestic Wine was named as National Wine Retailer of the Year with The Wine Society as Large Online Wine Retailer of the Year.

* The Co-op has unveiled its autumn wine range, with 12 new wines joining the range in October, including the retailer's first "super premium" Fairtrade wine. Moldovan wines will also be available in Co-op stores for the first time across more than 1,000 stores in a major roll out.

Exclusive to Co-op, the new Finca Notables Malbec Fairtrade (£22) will be the most premium Fairtrade wine ever sold by a UK retailer. Produced by El Esteco in the Argentinean Calchaquí Valley, only a limited numbers of bottles are made for this single-vineyard wine using specific barracks from the winery's most noble estates. The wine spends 15 months of ageing in barrique. The winery supports two Fairtrade projects for the communities involved with the wine's production.

The new Moldovan red and white wine will also go exclusively into up to 1,866 Co-op stores. Tilting Tree Sauvignon Blanc (75cl, £6) and Tilting Tree Merlot (75cl, £6) are produced by producer, Asconi in the Puhoi region. The duo is expected to drive more awareness of the quality and value for money that can be found from countries like Moldova with its approachable wine price points and familiar grapes.



BEST BUYS

**Co-op Irresistible Marsanne, 2020****Where:** Co-op**When:** Now**Why:** A silver medal winner at last year's International Wine Challenge. From the Languedoc, this is a well-made, perky white that is simply a great expression of the Marsanne grape. Think of ripe peach, pear and subtle, tropical fruit flavours with a lovely, creamy texture and good weight. It's a bit different. If you like Viognier, you will like this.**£8.00****Calvet Prestige de Bordeaux White****Where:** Tesco**When:** Now**Why:** Made from 100 per cent Sauvignon Blanc. Fresh, citrusy and softly oaked, it would work well with a seafood starter.**£7.50****El Picador Cabernet Sauvignon****Where:** the Cellar Door, Melton**When:** Now, while stocks last**Why:** Excellent Chilean red. Blackcurrant fruit leads to a full, ripe flavour and juicy tannins. Soft and easy at first, there is definite complexity and a nice sense of power.**£6.99 (was £8.49)****Tilting Tree Merlot****Where:** Co-op**When:** Now, until November 8**Why:** This velvety red is a soft blend of spicy Shiraz and succulent Grenache, with lovely peppery notes and juicy black fruit flavours.**£5.00 (was £6.00)**

Cottingham Tennis Club (off Hull Road)

A friendly club looking for new members at all levels including absolute beginners. We have excellent facilities including three floodlit, all-weather artificial grass courts. Lots of opportunities for social and competitive tennis and a dedicated coaching team. Contact Matthew Fletcher on 07814 495931 for more information and to arrange to visit the club.

Christ Church Cottingham

Coffee Mornings 9am-1pm Monday to Thursday, full cafe menu and all proceeds for the Ukraine Aid Effort. 31a Endyke Lane HU164QD. www.cccottingham.org.uk for more detail.

Christ Church Cottingham Play Cafe

Family cafe environment with play area and reduced cost cafe menu. Every Thursday 9am-1pm, all welcome. All proceeds to support the Ukraine Aid Effort.

Cottingham Badminton Club

Badminton Tuesday/Thursday evenings, 8.00pm while 9.30pm. Cottingham High School. £3 per session. No booking required, just turn up and play. Fun and friendly. Open to all levels and abilities. Steve Baker 07795680912/870906.

The Arterian Singers

Are looking for new members. Do you enjoy singing? Then come and join us. Rehearsals are held in The Methodist Church, Hallgate, Cottingham on Tuesday evenings at 7.30 p.m. All vocal parts, male and female would be welcomed. We sing a wide repertoire to suit all tastes. Contact Maureen Holwell, telephone 845363.

Andy Wilson

Joiners & Wood Turners

National Avenue, Hull

TEL: 01482 420269

MOBILE: 07930 565457



Traditional or Contemporary Bannisters
Glass Panels • Pine • Hemlock • Ash • Oak

Squeaky Staircase?

Treads and Risers Replaced, Kites Rebuilt

All Staircase Repairs

A. Shepherd & Sons

Taking the greatest care in and around Cottingham

Funerals from
£975

Unattended Funerals
Attended Funerals



We're here for you anytime.

Whatever your wishes or budget, we can provide a funeral to suit you.

62-64 Beck Bank
Cottingham

01482 534 904

dignityfunerals.co.uk/local



We're proud to be a Dignity Funeral Director, providing exceptional services to families across the UK.
Pricing is correct at time of going to print and is subject to change. Price stated is for an Unattended Funeral.

★★★★★
Customer rated
Powered by Yext

Motoring - with Roy Woodcock



Roy Woodcock joins the media launch for Mazda's new CX-60 SUV and comes away mightily impressed with the company's first plug-in hybrid . . .

Mazda has got lots to shout about with the introduction of its new CX-60 SUV, which has just gone on sale. It's the largest and most powerful car they've produced for a start and also the company's first plug-in hybrid.

It also represents another shift upmarket in terms of look and feel; so much so that Mazda believes it stands examination with more recognisable "premium" brands, such as BMW, Audi, Mercedes and Volvo and actually leaves them standing in some respects; most noticeably on price.

It looks similar to its stablemate, the CX-5, but this flagship car is much bigger (some seven inches longer) and measures up nicely to models such as Mercedes GLC and Audi Q5.

I think the engine is significant and its development and introduction now, deserves a lot of credit for the company, who've always trod their own path.

While others downsized (almost for size sake) in the chase for cleaner more fuel efficient cars, Mazda stuck to their guns and concentrated on refining their engines for the same result without sacrificing anything in terms of power.

The same seems to be the case here and to me it looks the perfect result - a 2.5-litre, four-cylinder, petrol engine with a 129 kW electric motor and a 17.8 kWh high-capacity battery. But Mazda say they're not ready to give up on the internal combustion engine, just yet, and will add the new generation straight-six 3.0-litre e-Skyactiv X petrol and 3.3-litre e-Skyactiv D diesel engines, which feature M Hybrid Boost - Mazda's 48V mild hybrid system - to the range in the future.

But back to this plug-in hybrid: The combination of engine and motor delivers a total system output of 327PS and an abundant torque output of 500Nm - making it the most powerful road car Mazda has ever produced.

Mazda's first PHEV also displays outstanding environmental credentials with WLTP combined fuel consumption of 188mpg and WLTP combined CO2 emissions of only 33g/km. Head off on battery power alone and the promise is of 39 miles of electric motor-powered driving, running at 62mph or less, and with normal AC charging the battery can be fully charged from empty in two hours 20 minutes.

The CX-60 is swift by SUV standards - the rush to 62mph comes in under six seconds; cornering is agile and responsive and steering is nicely weighted and offers a degree more feedback than most. Interestingly, with what Mazda calls Kinetic

Posture Control technology, the system is set up so that when cornering, it undetectably applies braking to the inside rear wheel to mitigate roll and the draw the car body downwards, while positioning the high-voltage battery between the front and rear axles and as low as possible, which further helps the car's centre of gravity and stability.

Ride is also generally comfortable but can be a tad jiggly over some surfaces, although some of this may be the large 20-inch wheels fitted to the models we drove on a challenging and lengthy drive from Liverpool into Snowdonia and back.

What's really really REALLY clever, though - where fitted - is the Mazda Driver Personalisation System which facially recognises the driver and automatically adjusts the seat position, steering wheel, sound, ventilation and mirrors to fit physique and preferences.

Three versions, starting from £43,950, are currently available, starting with the Exclusive Line which includes LED lights, heated front seats, electric tailgate, reversing camera and leather steering wheel. The Homura is visually distinguished from the Exclusive Line by body-coloured wheel arch mouldings and a dark plated signature wing grille surround, plus gloss black mirrors and honeycomb grille treatment, while 20-inch black alloy wheels finish the stand out exterior look.

Inside, the Homura grade features seat heating for the outer rear seats and ambient lighting, plus it's equipped with that ground-breaking Mazda Driver Personalisation System.

At the top of the range is the Takumi, which features 20-inch black machined alloy wheels and body-coloured mirrors, combined with chrome plated signature wing grille treatment and side window surround, while the gloss black bar type radiator grille design is another feature unique to this flagship grade.

Like the Homura, there's the option to add the Convenience Pack and Driver Assistance Pack. Highlights in the Convenience Pack include privacy glass, 360-degree view monitor with see through view and wireless phone charging, while the Driver Assistance Pack adds a large tally of additional active safety technology.

The car was a joy to drive and felt smooth, refined and luxurious across all terrains. But it's only fair to point out the one downside (for me anyway) - the boot, for such a big car, seems inadequately small.

With more new models to come between now and 2025, these are exciting times for Mazda. With the CX-60 they've set the bar very very high.

More details: www.mazda.co.uk.



Shh! Secret new display at the Treasure House in Beverley....

The latest in the series of mini displays of recent acquisitions at the Treasure House in Beverley has now opened.

The new display features Freemasonry regalia and other items relating to a father and son (Charles Henry Massey & Charles Derrick Massey) who were both members of local Masonic lodges.

Said Dr. David Marchant, museums registrar with the council: "We were very pleased to receive these colourful and fascinating items as a donation from a relative. We previously had very little in our collections about Freemasonry.

"Although there is a lot of myth and legend surrounding the society, these days it is a charitable organisation, although like many it has its share of regalia and rituals."

The display can be found in the museum on the first floor of the Treasure House and will run for six months.



SUPPLIERS OF QUALITY BESPOKE KITCHENS, BEDROOMS & BATHROOMS

30-32 Northgate, Cottingham. Telephone 01482 844114
Fax: 01482 841833 :: www.inputkitchens.com
sales@inputkitchens.co.uk

input kitchens of Cottingham

f g+ t i

Cave Castle

Hotel & Country Club

UPCOMING 2023 EVENTS

CAVECASTLEHOTEL.COM

01430 422245

PARTY ON THE PATIO

We're bringing the party from Ibiza to East Yorkshire! You'll be thoroughly enthralled by our live saxophonist and our DJ will have you dancing into the night.

MURDER MYSTERIES

A fabulous meal turns red with murder, can you reveal the culprit? Discover all the secrets the castle has to offer at one of our dinner shows.

CHILDREN'S PARTIES

Princesses, super heroes and dinosaurs are getting ready to welcome you and your little ones to their castle-away-from-home.

QUEENS OF THE CASTLE

A drag show like no-other! Prepare to be amazed by the UK's hottest drag queens, hosting a variety of entertainment from comedy to lip syncing.

TRIBUTE ACTS

Your favourite artists are throwing a party, and you're invited! Bring your family and friends to an evening of ultimate fun-filled entertainment.

PRIVATE EVENTS

Looking to book your own event? We can cater for weddings, dinners, wakes, conferences and more! With a variety of suites to choose from, we have something for every occasion.

Support the advertisers who appear within the Cottingham Times

www.cottinghamtimes.co.uk - November 25



What will winter bring this year? The weather has been remarkably unpredictable over the last few months making it impossible to make any garden plans. What we do know is that November is sure to have a few sunny days where we can get out into the garden and tidy everything up ready for the spring. Plus when the days are dark and dreary we can cheer our gardens up with bursts of colour. There's something especially valuable about shrubs which flower in winter. Seeing these delightful and resilient flowers putting on a show through short, dark days and taking frost, rain and snow in their stride lifts our spirits and encourages us to get outside. Many can also be cut for indoor winter posies, and many are fragrant.

Houseplants

At this time of year it's nice to add colour to your garden and your home with flowers and foliage. There's nothing better for brightening up an indoor environment than a well-grown houseplant and they are available in a vast range of forms from tiny gems suitable for the smallest windowsill to rampant growers for the largest hallway. They offer lush foliage, beautiful blooms and interesting forms. Some thrive in damp bathrooms, others need a sunny spot, so make sure you choose a houseplant that will tolerate the conditions in which it is to grow. Ask our staff for advice on the best choice. Once you've made your purchase, take care when transporting houseplants to protect them from cold, drafts, wind or excessive heat. Failure to do so can lead to plant deterioration or even death, and the effects



may not fully show themselves until some time after you've bought it.

Once your new houseplant is safely home, you need to care for it correctly to ensure that it remains in pristine condition – and this largely depends on how well it is watered. Too little or too much watering can cause problems.

Overwatering: Giving too much water can be as dangerous as under watering. The roots not only require moisture but also air, so overwatering leads to the forcible removal of air from the potting compost so the houseplant's roots are killed by suffocation.

Best Practice: Watering little and often is the best advice, taking into account the growing environment and the seasons. Watering from below is the best approach as some plants can suffer from rotting or sun scorch if water is directed onto their stems, root systems or foliage.

Drainage:

The best method is to stand the pot (which must have drainage holes in the bottom) on a suitable sized saucer into which a small amount of gravel has been placed.

Fill the saucer to about 1/3 of its depth with water and leave the plant standing for 30 minutes.

Cottingham & Willerby

Fencing

All types of wooden fencing and gates supplied and fitted, also repairs, graveling and grass cutting service.

NO JOB TOO SMALL

Reliable, honest, friendly service
Established 25 years. Cottingham based.
Contact Richard for free quote

Tel 01482 844853
Mobile 07454 014916

10 Jobs for this month

1. There is still time to plant Spring blooming bulbs for the early part of November
2. Transplant trees and shrubs
3. Prune evergreens to shape
4. Cover strawberries two inches deep with straw or hay
5. Increase feed and provide plenty of fresh water for the birds
6. If you haven't already feed your lawn with a fall or winter feed
7. Rake leaves from the lawn and compost them
8. Drain your hoses and put away over winter
9. Finish weeding and tidying up beds
10. Clean up and cover your garden furniture to protect over the Winter



If all the water has been taken up you can repeat the operation until uptake stops, then any surplus water should be tipped away but of course retaining the gravel.

Pests & Diseases

Healthy Habit: Plants that are well-fed and watered are less likely to suffer from pests and diseases, so prevention



is always better than cure. However, keep a look-out for common houseplant pests. Pick off any visible pests from the stems, leaves or soil, clean leaves with water and use a chemical spray available from our garden centre, or try an organic or biological control.

Throughout the year Coletta and Tyson Garden Centre has everything you need for your garden and home including indoor and outdoor furniture. Plus they have just extended their gifts department which now includes clothing accessories, chocolates, teas and nibbles. It's

a great place to shop for that perfect gift. Of course we can't forget their fantastic pets department where they have aquatics, reptiles & small animals which are great to come and visit and with their great pets specialists on hand if you think you've found your perfect pet they can help you sort out everything you need to house your pet in the most comfortable way.

NEWSTAR SECTIONAL BUILDINGS

Est. Over 40 years
OPEN 7 DAYS A WEEK
Open Sundays
11.00 am - 3.00 pm

- Concrete Garages and Sheds
- Greenhouses, Summerhouses, Cabins
- Playhouses, Dog Kennels, Garden Structures, Log Stores
- Base Laying & Removal of old Garages & Sheds
- Full Delivery and Erection Services
- Refelting of Existing Sheds



**FREE
LOCAL SITE
SURVEYS**

Corner of Ash Grove & Beverley Road, Hull HU5 1LT
(Opposite Blind Institute)

TEL: 01482 444256

sales@newstarbuildings.karoo.co.uk
www.newstargardenbuildings.co.uk

NOW IS THE TIME FOR YOUR WINTER SERVICE AVOID THE SPRING RUSH AND SAVE!

Benefit from our reduced price winter servicing and avoid the spring rush by having your lawnmower and other garden machinery serviced NOW

PETROL WALK BEHIND MOWER SERVICING - FROM £89
PETROL RIDE-ON MOWER SERVICING - FROM £175
CORDLESS AND ELECTRIC MOWER SERVICING - FROM £49
ROBOT MOWER SERVICING - FROM £149

**PRICES INCLUDE GENUINE
PARTS, LABOUR AND VAT**

MOWER SERVICE BOOKINGS
Please book online, by e-mail or telephone and we will let you know when we are ready for your mower. Please avoid bringing your mower to us without a booking. Thank you.



**BEAT
THE 2023
SPRING
RUSH**



**SAVE
ON 2023's
PRICES**

**OFFER ENDS
23RD
DECEMBER
2022**



WE OFFER A COLLECTION AND RETURN SERVICE. PRICES FROM £20. PRICES SUBJECT TO CHANGE.

Mini Service - from £49*
Cylinder Sharpening - from £4.25 per inch
Aspen Fuel - from £6.50
Ask us about the benefits of Aspen fuel

*Conditions apply. Prices apply to homeowner use mowers only.

WE ALSO SERVICE: CHAINSAWS, HEDGECLIPPERS, TILLERS, SHREDDERS, BLOWERS/VACUUMS & BRUSHCUTTERS

FG ADAMSON & SON

GARDEN MACHINERY AND PROFESSIONAL GROUNDS MAINTENANCE EQUIPMENT
01482 636230 service@fgadamsonandson.co.uk
Occupation Lane, Swanland, HU14 3QZ

Husqvarna Mountfield

HATTEY STIHL

Westwood HONDA

BOOK YOUR SERVICE NOW AT www.fgadamsonandson.co.uk

Support the advertisers who appear within the Cottingham Times

www.cottinghamtimes.co.uk - November 27



Quality Accountancy Services At Affordable Prices

- ✱ Tax Returns
- ✱ Bookkeeping
- ✱ Company Formation
- ✱ Management Accounts
- ✱ Annual Accounts
- ✱ Startup Advice
- ✱ VAT Returns
- ✱ Payroll

01482 845750

info@yorkshireaccountancy.co.uk

www.yorkshireaccountancy.co.uk

123 Hallgate, Cottingham,
East Yorkshire, HU16 4DA

Scan here...



Your Stars for November 2022

By Kay Gower

Aries (Mar. 21- April 20)

Planetary aspects show that you will have to buck the system in order to do what's right for you. This may not make you popular in November, but it earns you respect in the long run.

Taurus (Apr. 21- May 21)

There's no way you can get where you want to go and retain what you have. You need to cut back. Be strategic when mulling over choices especially when the full moon goes into your own sign on the 8th.

Gemini (May 22-June 21)

Your day-to-day circumstances may not have changed, but Jupiter's forward direction breathes new life into your higher purpose and that's all that counts. Now is the time to hold your nerve in any financial transactions.

Cancer (June 22-July 22)

This would be a good time to slow down, rest and take note of what's going on around you. Progress is marred in any case by the presence of Mars in your 12th house.

Leo (July 23-Aug 22)

This could be a dramatic few weeks. You may find yourself thrust into the limelight with no clue as to how you got there. Enjoy it anyway.

Virgo (Aug 22 - Sept. 23)

You're nervous about taking on an enormous responsibility, but do it. Not only will you rise to the occasion, you'll master it and afterwards you can walk away with no worries.

Libra (Sept. 24-Oct. 23)

There will be two paths for you to follow this month: One is long. The other is short. Take the short. Yes, I know life is supposed to be all about the journey. But it's also about knowing where you want to go and getting there quick sharp.

Scorpio (Oct. 24 - Nov. 22)

You have a caring heart and are generous with your time and your creativity. This generosity is attractive, but be wise about whom you allow into your life. The stars suggest that your good nature may be taken advantage of this month.

Sagittarius (Nov. 23-Dec. 21)

Uplifting trends surround your love life all month and with Venus in your sign from the 16th personal relationships are likely to be the most fulfilling area of life, especially if you are as warm and giving as it is possible for you to be.

Capricorn (Dec 22.- Jan. 20)

If you recently make a poor decision then consider yourself amongst the most successful, as everyone who is anyone has done it. At least you're the one making the decisions and not allowing them be made for you!

Aquarius (Jan 21 - Feb 19)

The full moon lights up your 10th house and brings with it some interesting possibilities. Finances should be easier to deal with, and potentially stronger.

Pisces (Feb. 20-Mar. 20)

If maintaining a position continues to be a struggle, perhaps you should consider that it's not a good fit. Life isn't meant to be easy, but it shouldn't be hard all of the time. Practice the self-care that allows you to relax.

Finkles Boutique

Cotta Court, Cottingham

New Opening Hours
Monday, Tuesday,
Thursday,
and Saturday
10.00 am to 4.00 pm

New stock
now arriving

*"Use your local shops
Use them or lose them"*



Cottingham Parish Council Opening Hours

Due to staffing issues the office will be temporarily closed to the public but will be open from 10am – 12pm on the following Thursdays:

3rd November and 24th November

You can still contact the office by phoning 01482 847623 or emailing: deputyclerk@cottinghamcouncil.org.

**WORRIED about SOMEONES DRINKING?
ARE YOU and YOUR FAMILY AFFECTED?**

Call Al-Anon. A confidential helpline

020 7403 0888

They can direct you to the Al-Anon Support group in Cottingham.

Crossword solution from page 14

S	A	L	V	A	G	I	N	G		S	I	G	I	L		
O		E		N		C		R		P		R		I		
W	H	A	T	N	O	T		E	R	E	L	O	N	G		
E		F		A		U		N		C		O		H		
D	I	L	U	T	E	S		A	T	T	E	M	P	T		
	E		T					D		E		E		N		
P	O	T	P	O	U	R	R	I		R	A	D	I	I		
A						E		E						N		
L	O	B	E	D			S	T	R	A	N	D	I	N	G	
A		O		A		T				O		N				
T	O	R	O	N	T	O			D	E	V	I	S	E	S	
A		S		G		R			O		E		T		I	
B	A	C	I	L	L	I			G	A	L	L	A	N	T	
L		H		E				N		M		L		N		H
E	C	T	A	D				G	U	A	R	A	N	T	E	E

Sudoku Answer from page 12

9	7	5	2	3	6	8	4	1
6	8	4	5	1	7	9	2	3
1	2	3	4	8	9	5	7	6
7	6	8	3	9	1	2	5	4
2	3	9	6	4	5	1	8	7
5	4	1	7	2	8	3	6	9
4	1	6	8	5	3	7	9	2
3	5	2	9	7	4	6	1	8
8	9	7	1	6	2	4	3	5



Sight Support Ladies Lunch with author Val Wood

Ladies Lunch for Sight Support with local author Val Wood was held at The Blue Bell in Cottingham.

62 ladies enjoyed a lovely meal provided by The Blue Bell on Wednesday 12th October to raise funds for sight support.

Val was the guest speaker informing the ladies about her new book coming out on the 24th November, *Winters Daughter*.

Pictured above: Paul landlord, Carol Winter, Ann Massam event organiser, Val Wood, Sylvia and Sandra Acroyd of sight support.

Cottingham Food Bank

**Every Wednesday
10.00 am to 11.30 am**

**At the Zion Church,
213 Hallgate, Cottingham HU16 4BB**
(in the Annexe at the back -
via the left-hand passage)

**Everyone welcome,
no questions asked
or voucher needed**

Refreshments available

Email: cottinghamfb@gmail.com

or Tel: 01482 845920



WE BRING OUR SHOWROOM TO YOUR HOME



QUALITY, SERVICE, AND PRICE

Chris Lee began his career with P&D Carpets in Cottingham as an apprentice in 1984 working with Keith and Linda Donkin. His passion is providing the best service and looking after his long-standing repeat customers helping them to choose the right carpets and floor coverings.

From initial contact to choosing the right quality, colourways and designs, Chris pays attention to the perfect fitting and installation.

What makes Chris different is the simple process of taking his showroom of samples from some of the countries leading suppliers into the home and his expert consultation with his customers. He measures up, provides an instant quote and manages supplier timescales to install the carpet or flooring at a time to suit the customer.

38 YEARS EXPERIENCE

EXPERT FITTING

FREE QUOTATION

COMPETITIVE PRICE

CARPET REMOVAL

FURNITURE MOVING

**YOUR CARPETS
FITTED IN TIME
FOR CHRISTMAS**

**BOOK A HOME VISIT TODAY BY CALLING
07860 123015**



Michael Abrams
You Make My Life Complete

The perfect gift for a loved one this Christmas

197 Hallgate
Cottingham, HU16 4BB

*Art*market

01482 876 003
www.artmarket.co.uk



COLETTA & TYSON
NURSERIES AND GARDEN CENTRE

OUR Christmas

DEPARTMENT
IS NOW OPEN

HUGE SAVINGS TO BE MADE IN STORE

PEGGY WILKINS
CUSHIONS

**£19.99 OR
2 FOR £36**



SELECTED
PREMIER PICKS

**£3.49 OR
4 FOR £12**



TRIPLE CANDLE
LANTERN

**BUY 2 FOR £30
MIX & MATCH**



PIN WIRE
SNOWFLAKE
CURTAIN

**RRP £29.99
OUR PRICE £24.99**

Book Tea with Santa now!

HEAD TO **OUR WEBSITE** FOR MORE INFORMATION



 **FIND US: HU17 0RU**



www.colettagardencentre.co.uk