

Cottingham Times

and District

Issue 235 - October 2021



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A word from our chairman

What a lovely summer we've had!

As the autumn draws in, we're looking back over our lovely parties in the garden and the fun we had during the long and sunny days.

The residents of Magnolia House cheered on Team GB in the Olympics and the Paralympics and hosted their own version of the Tokyo games.

There have also been lots of activities in our stunning grounds, including residents making birdfeeders to make sure the local wildlife doesn't go hungry. In addition to the avian visitors, there are also a number of well-fed squirrels in the garden!

I would once again like to thank the team for all their hard work, bringing joy to our residents every day.

We're now looking forward to our autumnal activities, including Hallowe'en and Bonfire Night, as well as enjoying any last-minute good weather we might have!

Chris Mitchell, Chairman,
Park Lane Healthcare

News from Magnolia House Care Home

Magnolia House goes for Gold

Residents of Magnolia House celebrated Tokyo 2020 in style with their own version of the Olympic games.

The lounge was decorated with Olympic rings and a crowd mural, while residents made medals and a discus for the events.



In teams of four, residents took part in 'home-friendly' events, including indoor swimming, balloon tennis, discus and Frisbee toss. Staff also competed in a tug of war and water pistol shooting.

Activities coordinator Sue Smith acted as judge and umpire, ensuring that all rules were followed to the letter.

At the closing ceremony, representatives from each team took to the podium to receive their medals, celebrating the end of the games.

Sue Smith said: "As with all our activities we like to encourage all our residents to take part, Tokyo 2020 was a good excuse to have extra fun!"

"Residents were given the opportunity to participate at all levels. We love for all our residents to take part as it's not the winning that counts, it's the fun and laughter we share that creates lots of lovely memories!"

Mavis, a resident, said: "We all enjoyed the day. We were all happy and no long faces! I enjoyed the discus. We all had a good laugh!"



Wildlife in our beautiful grounds

The residents made bird feeders to hang in the garden. The squirrels also seemed to enjoy them!

On an afternoon of summer fun, everyone sampled a variety of artisan pizzas from Hanleys, had a sing along with Kel and enjoyed a dance too! Delicious desserts were supplied by Paul's Ices!

The team would also like to say thank you to Robert for loaning his PA system to play residents' favourite songs on during the afternoon



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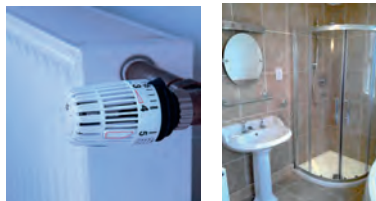
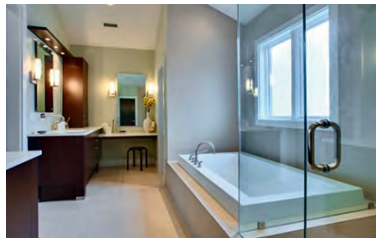
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In Cottingham and District

The deadline for entries in the November "What's On" section, is no later than the 18th October.

St. Michael's Church, Skidby

Sunday 3rd October - An Invitation from St. Michael's Church, Skidby to a Cafe Church in the Village Hall at 10.00 am. Join us for Coffee/Tea/Juice, light refreshments and a chat. Children's activities. Harvest Theme.

Cottingham Local History Society

Wednesday 6th October - National Picture Theatre, Beverley Road,

Hull - Hilary Byers, in Cottingham Civic Hall, starting at 7.45 p.m. Meeting fee: members £2; non-members £3. Contact: Chairman Peter McClure 845734.

Wednesday 3rd November - Hull's Golden Age of Public Transport 1874-1949 - Colin Cooper.

Cottingham u3a

Thursday 14 October - At 2 pm in the Darby & Joan Hall. Fred Walkington will give a talk on 'Bridlington Life Boat', which will be followed by the usual tea/coffee and biscuits. As numbers are limited, members must register to attend the meeting by contacting Lesley Tempest (Secretary) - telephone 847359 or email lesleytempest@gmail.com.

Hull Alpha Probus

Club for retired or semi-retired professional people meeting on alternate Thursdays - new members welcome. Contact the Secretary on 01482 348270 or 07542 959314. Coffee meetings are upstairs at Kristoff's at 10:30. Lunch meetings are at The Blue Bell (on West Green) at 12:30.

14th October Coffee meeting

28th October Lunch & Speaker: 'Cottingham & the Black Prince Connection'.

Yorkshire Country Women, Skidby Branch

Thursday 14th October - at the Skidby Village Hall at 7.30pm. Please note it is the 2nd Thursday of the month this time. The AGM will be held at this event followed by a relaxing, enjoyable fun quiz. All members and guests welcome. Contact Celia Parnaby, Tel. 841370 for further details.

East Yorkshire Woodturners: Welcome back!

Tuesday October 19th, 7pm" Skidby Village Hall. (Doors open 6.30pm): Demonstration by professional woodturner, Mick Hanbury. Visitors welcome. (No need to book - £3.50 on the door for guests). For information, please contact David Taylor, 01482 876702, or see the Club's website: eastyorkshirewoodturners.org.uk.

Hull and East Riding New Stitchers

Tuesday October 19th - A talk by Hilary Spilsby on Quilting, at 7.15pm in the Darby and Joan the small hall, Finkle Street, Cottingham, HU16 4AZ. This meeting is open to visitors. Membership is £15 per year, meetings £2.50 (visitors £3.00) plus refreshments. There is a small car park on the premises but a large free carpark nearby. Further information from Jean Ellis 01482 845415.

East Yorkshire Association of the National Trust

21st October - An illustrated talk by John Scotney, entitled 'Chapels, Charity and Choirs'. To be held in Cottingham Civic Hall at 7.30 p.m. Non-members welcome.

The Hull Macular Society Group

Friday 22nd October - At 10.30am at Sight Support Beverley Road Hull. Guest Speaker is Louise Downey from The Hull and East Yorkshire Eye Hospital. All COVID requirement are in place If you wish to attend please let us know by 13th October to book a seat. For more information ring Bernard Messingham (chairman) 01482 860381

Beverley Men in Sheds

Meets every weekday morning between 9:00 to 13:00 at Oldroyd's Corner, Woodmansey Garden Centre, Hull Road, Woodmansey, HU17 0RS. We provide a safe place for lonely and isolated men and women to come together to make new friends and indulge in their hobbies. e-mail meninshedsbeverley@gmail.com, or telephone 07795-820443.

**Front cover: Beverley Road, Skidby.
Photo: Paul Lakin.**

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Cottingham Local History Society Meetings

The Cottingham Local History Society is delighted to announce that with the easing of Covid restrictions it can put on a first-rate series of talks for the new season and in a new venue, the Civic Hall. **The talks are open to members and non-members.**

October 6th. Hilary Byers will talk on 'The National Picture Theatre, Beverley Road, Hull. Securing a future for a bombed cinema'. This date is as close as we could get to the anniversary of the 1941 bombing. **November 3rd.** Colin Cooper, will talk on 'Hull's Golden Age of Public Transport 1874-1949'. **December 1st.** Dr Alec Gill MBE will entertain us with 'The games we used to play: an imaginative skip down Memory Lane'. Alec's talk will be an interactive one with the audience's own memories. Not to be missed! January 5th. Michèle Beadle will give us 'A glimpse of Edwardian life: Hull in 1901-1902, based on the Lady magazine'. **February 2nd.** Elaine Moll will give the Annual Stamp Lecture. Her topic is Cottingham's short-lived newspaper 'The Cottingham Review (1952-1954)'. **March 2nd.** Pete Walker, will draw on his own research into a piece of neglected history. 'Power beneath the pavements: a world's first for Hull's Victorian engineers' tells the story of Hull Hydraulic Power Co., which pioneered hydraulic technology to provide power to local businesses, by installing high-pressure water pipes under Hull's roads and pavements.

Our new venue is the Civic Hall, which is large enough for us to create seating with safe distancing. **Talks will start at 7.45 p.m.** The admission fee is £2 for a member and £3 for a visitor. **Covid mitigation.** Hand sanitisation will be available in the vestibule and we recommend wearing a mask.

You can find out all about the Society on the **Cottingham Local History Society Group Facebook page**, where everyone can see some fascinating postings about Cottingham history.

If you wish to join the Society, email cottinghamhistory@gmx.co.uk. **The Annual Subscription** remains at £10 per member (£18 per couple) including a free copy of the annual journal.

The Society's History Room in Market Green will re-open on Tuesday afternoons from October onwards between 2.00 p.m. and 4.00 pm. It is the treasure house of the Society's growing library, archives, displays and equipment. For reasons of space and Covid safety only two (masked) visitors will be allowed at a time, so visits must be booked in advance by sending an email to cottinghamhistory@gmx.co.uk or phoning Barbara Rowe on (01482) 847202.

Peter McLure

Phoenix Walkers are back

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Sunday 10 October - Scarborough

Sunday 24 October - Caistor/Tealby Lincolnshire

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Walks are with leaders and are risk assessed.

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Community Governor wanted for Bacon Garth School

Bacon Garth is a happy and friendly school where the whole community prides itself on the fact that all children, including those with special needs and special talents develop, learn and grow.

We are looking for a willing volunteer to become a Community Governor at our school. The volunteer doesn't have to have a connection to the school or the local authority, they just need the skills required to contribute to the effective governance and success of the school.

School governors have a varied and important role, helping the school run effectively. They have 3 core functions:

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- Holding the headteacher or school leadership to account.

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Governors usually attend around 6 meetings a year. Being a school governor is a commitment and a responsibility, but offers you the chance to see first-hand the impact you can make in improving education for children in your community.

If you think that you have the skills and commitment to work with the other governors, please contact Sue Burgess (Chair of governors) on 07792 469866 who will be happy to answer any of your questions.

21st Birthday Celebrations at Cottingham u3a

On Thursday 9th September 2021 the AGM of the Cottingham branch of the u3a took place in the Darby and Joan Hall in Cottingham under Covid-19 rules.

After the business of the AGM, with praise and thanks given to retiring members of the committee and the members who volunteer to help out, seventy u3a members were ready for the usual drinks and biscuits, but on this occasion it was drinks and birthday cake to celebrate 21 years of the u3a in Cottingham. Five members of the attendees had been at the very first meeting in 2000!

While enjoying the refreshments, a PowerPoint presentation took place showing photographs of social events, garden visits, walks and celebrations that members had taken part in over the past 21 years. Memorabilia was also on display for members to see the changes that have occurred during Cottingham u3a's lifetime.

Although activities have been restricted over the last 18 months, members have been able to keep in touch via the bimonthly newsletters, emails and books/jigsaw puzzle exchanges, as well as the occasional get-togethers.

If you are interested to see what the Cottingham u3a has to offer, please take a look at the website: u3asites.org.uk/cottingham/home.



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We pick up at Bilton, Holderness Road, Hull City Centre, Beverley Road, Greenwood Avenue and The Green, Cottingham.

We have two walks planned for September. We advise face coverings be worn on the coach.

10th October 8.30am
Winteringham/Shardale to Sledmere.

24th October 8.30am
Sheriff Hutton/Terrington to Hovingham.

Places must be booked in advance.

For further information and to book a place on the coach

please contact Joint Rambles' Secretaries, Sue O'Leary on sue@sueoleary.co.uk or telephone 07767420646 or Pauline Borger on pauline.borger223@btinternet.com or telephone 07929933323.

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An Old Crock of a Beekeeper Local Beekeeper Neil Gower continues his quarterly review

Old Crock

The Beekeeping season has just come to a close for another year. It's been a particularly unusual season for me as I spent 8 weeks of it on crutches following ankle surgery, and unable to take as active a role as I would have liked. However, the crutches have now been discarded and although not fully back to normal, I'm far more mobile than I have been.

I tried to make sure in advance that I had prepared for the likely issues prior to my immobilisation, and luckily the timing meant that my unintentional lack of intervention was not critical to the bee's wellbeing. The colonies that had needed swarming had been taken care of, all had active queens and any treatment for pests/diseases had been carried out. Fortunately, the bees hadn't been briefed on my condition and had carried on with their lives as usual, blissfully unaware of my situation.

Knowing of my impending operation I'd made the decision earlier in the year not to harvest any honey this year. I have long held the view that I'll only take excess honey from the hives and on recent inspections I've seen that all the colonies are in good shape moving into the autumn/winter.

In a previous article I'd mentioned my foray into the world of beekeeping DIY and the fact that I had designed and was building a smaller hive. I have two in service now and both have worked well through the summer months. The next big test will be their ability to store enough food to feed the smaller colonies over the winter and whilst everything looks good at the moment, the proof of the pudding will be in the eating as they say. I should have a good idea how they are faring in time for my next article.

Asian Hornet Update.

I'm conscious that I haven't reported back to you in any detail recently on the Asian Hornet situation. I was reminded recently as the British Beekeeping Association always runs an Asian Hornet awareness week in September and I have been catching up with events. You may recall that a Hornet was found close to our location

a couple of years ago. Although it seems that it had been brought into the country already dead in the luggage of returning holidaymakers, we are still registered as having a sighting in this area. The Asian Hornet (*Vespa Velutina*) is one of the largest species of the wasp family and I have included a photograph to remind you of what it looks like.



The threat from this alien invader is still very real. The Asian Hornet was introduced by accident into France a few years ago and has caused devastation in its wake as it has travelled up through the country. It has spread through other parts of mainland Europe with equally devastating impact. In France it is now estimated that 30% of colonies have been impacted either by completely wiping them out or by weakening them so badly that the colony dies out as a result.

A single Asian Hornet can eat as many as 50 honeybees a day, so with a nest located in the vicinity of a hive, it doesn't take long for either scenario to play out.

The main UK fight against this predator has been taking place on the Island of Jersey. Although sightings have been made and nests destroyed along the south coast, it is Jersey where the real battle has been going on. The AH had got a foothold on the island and a small group of volunteers including beekeepers and non-beekeepers have been working tirelessly to try and defeat the threat.

All beekeeping regions in the UK now have an action team in place and the British Beekeepers Association and the Government department DEFRA coordinate activities and ensure a smooth flow of information and intelligence sharing. It was thought that the Asian Hornets progress further north would be thwarted by cooler temperatures, but that is now under review due to potential changes to the climate.

I don't believe this is something that can be taken lightly due to its impact on the honeybee population and pollinators in general. As I have referenced in previous articles Albert Einstein is attributed with saying that if the Honeybee died out mankind would be wiped out in 4 years. No bees, no pollination. No pollination, no crops. No crops, no food. No food, no mankind.

Although not proven to have come from Einstein it is still a powerful and thought provoking statement.

As more information becomes available I will pass it on through his forum as I know by the number of people who stop and ask me, that many of you take a close interest.

Ready for Winter.

The bees will continue to venture out on warm days although as we move into late autumn/early winter these trips will be fewer. The threat from wasps trying to rob honey from the hives has passed and we now need to keep an eye on areas where Green Woodpeckers live. They will drill holes in the side of the hives to get at grubs and stores, so we have to wrap a layer of chicken wire around the hives to prevent their access. Beekeeping could never be accused of being boring!!

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Indeed, Debbie's decision to practice in personal injury law was made after she suffered serious spinal injuries in a car accident in the 1990's, "Such gave me an insight into the difficulties an injured person can face such as trying to do everyday tasks, worries about losing your job and financial strains. It was important to me to have a solicitor who was knowledgeable and committed to helping me."

Helen, heads up Graham & Rosen's personal injury department and has over 30 years' experience with particular expertise in securing compensation for motorcyclists, cyclists and those injured in work accidents. Over the years, her determination has won millions of pounds of compensation for local people and she has fought hard to win claims which other lawyers have declined or which have been heavily contested.

She says, "I am proud that our personal injury team has such a wealth of experience to offer to our clients and that we provide a caring, bespoke service for local people who have the misfortune to suffer injury through no fault of their own."

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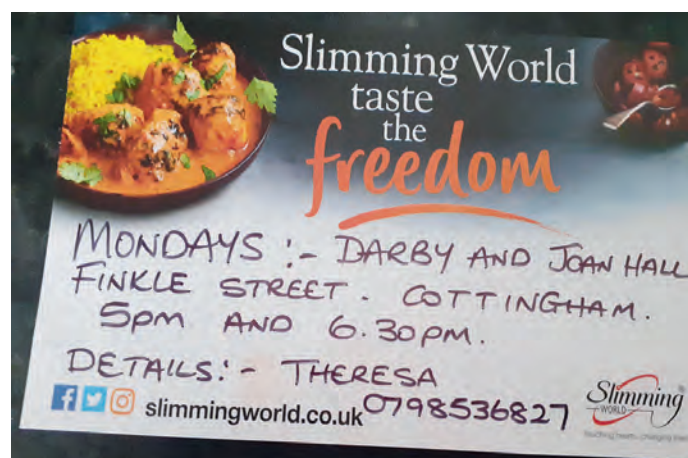
7.improves asthma symptoms and reduce the need for medication

8. You become more mobile and it's easier to be more active

9. Improves fertility and menstrual problems

10. Reduces the risk of certain obesity related cancers.

By just losing 10% of your body weight the health benefits are so good.



New exhibition coming soon to Beverley Art Gallery: 'Reflections of Japan in East Yorkshire'

Opening on Saturday, 16 October at Beverley Art Gallery will be 'Reflections of Japan in East Yorkshire', a unique exhibition bringing together a selection of items from private collections across East Yorkshire and artwork by Laura Boswell.

The idea for the exhibition came about more than two years ago when the Japanese Embassy introduced the 'Japan-UK Season of Culture', a celebration of the many facets of Japanese culture in the UK.

Beverley Art Gallery was eager to participate in this national opportunity and is pleased to confirm that the upcoming exhibition is indeed one of the official events of the 'Japan-UK Season of Culture'.

Originally, the exhibition was intended to show a unique collection of toys from the East Riding based collector, Jane Irida. Then COVID came and the exhibition had to be postponed. During the long lockdowns, curator Helena Cox came up with an idea to widen the exhibition's appeal, and the gallery ran a call-out on social media, asking East Yorkshire residents to get in touch.

As a result, over the lockdowns, a group of Japan-lovers has been formed with members ranging from Japanese expats to art and craft collectors, those who worked and lived in Japan and who came back to East Yorkshire enriched and inspired by Japanese culture. The group met Helena and over Zoom during the lockdowns and shared their passion and stories about Japan.

Beverley Art Gallery curator Helena Cox explained: "As the lockdowns came to an end, we decided to change the focus of the exhibition and include a wider variety of Japanese items. The core of the exhibition will still be Jane Irida's stunning collection of traditional Japanese toys, which she collected from all over Japan during her many journeys there. Jane previously worked in the Oriental and Japanese sections of the British Library, and therefore her collection is brilliantly documented and well researched.

"To accompany this collection, we will be showing a selection of items and stories from private collections, including rare items from the Imperial Court, calligraphy, and decorative items, as well as artwork inspired by Japanese culture and a stunning collection of Japanese vintage kimonos."

One of the items, on loan from Beverley-born Philip Highy, is a calligraphy he obtained during one of his many visits to Japan, together with the Eton College Chapel Choir.

Helena Cox added : "The calligraphy reads 'Once in a lifetime experience' – we sincerely hope that this exhibition will indeed be a unique experience for our visitors, celebrating the rich connections between East Yorkshire and Japan".

To celebrate the mutual influence between Japan and Great Britain, the Gallery is delighted to present a selection of works by the renowned printmaker, Laura Boswell. Laura will be showing examples of her work capturing the stunning Yorkshire and wider British landscapes in the traditional Japanese medium of coloured woodblock prints.

Continued on page 29

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Tickets are now on sale for the East Riding Festival of Words 2021

East Riding Libraries are delighted to announce a varied and exciting programme for their literature festival, The East Riding Festival of Words, which will be back with live events this autumn. The main festival will take place from Friday 15 to Saturday, 23 October, with additional events scheduled in the lead up, plus a varied programme of children's events too. Tickets are now available from: www.festivalofwords.co.uk.

Events have been programmed by the expert East Riding Libraries team, who keep a close eye on what people like to read and what's new in the world of books. There are some fascinating authors, performers and musicians who will be performing at the festival this year, as live audiences are welcomed back.

The main festival begins on Friday, 15 October with Olympic composer, Luke Carver Goss, and celebrated Yorkshire poet, broadcaster and performer, Ian MacMillan, who are hosting a writing workshop exploring the collaboration between writers and musicians. Tickets for the workshop will cost £15 each.

That evening, at the Memorial Hall in Beverley, Luke and Ian present a hilarious night of words, music & breathtaking comedy, featuring songs, stories and a musical created out of thin air! Tickets for the evening event will cost £12 each.

Back by popular demand is the 'Crime Day' on Saturday, 16 October, hosted by local crime author, Nick Quantrill. The day starts with local author Amanda Mason, followed by Danuta Kot and Kate Evans discussing their thrilling books set along the dramatic East Coast. Next is a panel of bestselling 'cosy crime' writers (think gentler thrillers with likeable characters and less of the gritty gore!): Frances Brody, Julia Chapman and

Continued on page 23

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Wordsearch - Gardening

Can you find the hidden words. They may be horizontal, vertical, diagonal, forwards or backwards.

F S W H E E L B A R R O W W H G E G R
U P E G S P E T U N I A S S N F N R T
C A G O R T L S O I L O C I N O W A U
H D H R R E L R O W S A T O M A E K L
S E R O O A E S S E B N I E M A E E I
I S W C U W F N S D A T R N E P L B P
A E C N U O E O H L L U O G N O O S S
L L N A I L R G P O T O N M V E U S F
P A B R L N T M N L U A G E A N I L T
I I E E O I I I U I R S G I S T O B S
N N E T C A L C V D G E E H R W O S E
W N T A C R I I Y A T G I E E A E E I
H E S W O T Z H E A T N I R D O M V S
E R G A R D E N B S E E S D H S S O I
E E O O B D R L O E C I N A G R O L A
L P H S S D E E W G N I X A L E R G D
L E V O H S A E P S M U I N A R E G H
O P P I T C H F O R K E C A R R O T S

Find the words in the letters above:

Annuals, Beans, Beets, Biennial, Broccoli, Carrots, Compost, Cultivate, Daisies, Digging, Fertilizer, Flowers, Fuchsia, Garden, Geraniums, Gloves, Gnome, Greenhouse, Grow, Hoes, Horticulture, Hose, Hydrangea, Lilacs, Lilies, Marigolds, Organic, Peas, Perennial, Petunias, Pinwheel, Pitch Fork, Planting, Rain, Rake, Relaxing, Roses, Rows, Seeds, Shovel, Soil, Spade, Sunshine, Tomatoes, Trowel, Tulips, Vegetables, Water, Weeds, Wheelbarrow.

Wordsearch courtesy of <http://www.puzzles.ca/wordsearch.html>

Sudoku No. 171

This is an easy challenge this month - Answer on page 29

							6	
	8			5	3			7
	3	4	1				8	
			5			9	1	
2	7		3			6		
						8	9	
	4	3			9	7		5
8		9	7			1		

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MARIONOWENTRAVEL

October Christmas is creeping closer & next summer will be here in a flash. At least we can now get away on holiday a little easier and it is great we are being made welcome by more countries.

The USA & Canada are buzzing for new bookings at the moment. These are very easy countries to travel to with no language barriers, and offer every type of adventure you could be looking for. For example a simple shop till you drop city break to the most complex of itineraries allowing you to immerse yourself in the scenery & culture of the country. There are so many amazing experiences just waiting to be explored.

North America's Deep South, offers many highlights travelling on an escorted tour. This area takes in Memphis & Elvis, Plantation houses and New Orleans, the Jazz on Bourbon Street is amazing.

City breaks, New York is popular but so are Boston, Chicago, San Francisco, Seattle & Las Vegas to name a few. We have so many ideas we can offer you.

Having stayed very close to home for so many months now why not have a treat? I love Western Canada and the Calgary Stampede is the right to be called the Greatest show on Earth, it is a really exciting event. Calgary borders the Prairies & the Rocky Mountains offering scenery that should not be missed along with great wildlife. This area is stunning year round and a skiers paradise in the winter.

I could talk for pages on Canada. My last adventure included Niagara Falls, Winnipeg & the Polar Bears in Churchill. October is time of the year to visit before the bears disappear on to the ice.

International cruising is now taking place. There are a few new protocols to follow and for multi country visits be prepared to need a smart phone or portable tablet with email facilities to receive confirmations of PCR's required for entries. Don't be baffled we will look after you and assist along the way with any booking you make to ensure you get away on your well deserved holiday.

September saw our last tour on our much loved coach. She carried us safely around the North Coast 500 covering 1530 miles for her last tour. We are now able to carry extra guests and I feel sure everyone will love our new coach. Hence, we now have a few extra seats available to book on tours that were full. I look forward to welcoming guests old & new on our future tours.

We book all holidays with all tour & cruise operators. If you see any holiday advertised you fancy pick up the phone we will be happy to book and look after it for you.

Our wealth of first hand knowledge travelling around the world by land, sea & air allows us to make your travel simple & hassle free leaving you to relax and look forward to enjoying your holiday.

We welcome you to visit our office Monday to Friday 9am to 2pm but we are available over the telephone at all other times. We look forward to creating your special memories when we book your next holiday whether a break in the UK or a far away holiday to any corner of our world. It is great to get back to exploring and enjoying wonderful adventures. Best wishes *Marion*

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31 Oct	Isle of Wight, Victorian Christmas. A special tour of the island inc Osbourne house DBB Bourne Hotel.	£ 649 6 days
25 Nov	Harewood house & Christmas Market Or add an afternoon tea in the Billiard Room!	£ 49 £ 75
26 Nov	Festive weekend with Gin & Wine dinners - 3 days Staying in historic Leatherhead on the River Mole. Includes a visit to RHS Wisley & Glow + more.	£ 299
04 Dec	Thursford Christmas Spectacular & poss 02 Dec	£ 199
11 Dec	Polar Express premium seats, theatrical experience for all ages, join in with PJ's & dressing gowns.	£ 85
2022	Tours are growing and more in the pipeline...	
14 Jan	Boundary Mills January sales just for the day	£ 20
16 Jan	Northern Lights flying from Humberside 4 nts from	£ 989
27 Jan	Scotland & a Burns celebration - 5 days Dinner B&B plus. A scenic relaxing & sociable break	£ 369
10 Feb	The Pudding club experience - all 7 puddings 2 days Inc. A tour of Coventry, City of Culture & a visit to the National Memorial Arboretum	£ 189
20 Mar	Ilfracombe , a great itinerary inc. RHS Rosemore 4 Star Carlton Hotel - 6 days dinner B&B	£ 529
03 Apr	London , Tea at the Tower, ride up the Shard 2 days	£ 199
02 May	Somerset Explorer —5 days dinner B&B	£ 499
17 May	APT Croatian Coastal cruise & Zagreb 9 days from your door with flights from Humberside. Excursions, most meals & gratuities are included	£2345
08 Jul	APT Russian River cruise 11 days from	£2995
21 Nov	Holly & Mistletoe at the 4 star Tynedale hotel in Llandudno 5 days of fun and amazing food DBB+	£ 465

JERSEY From your door 2022

coming soon following our Island inspection.
Emma & Marion will be in Jersey Mon 11th & Tues 12th October when our office will be closed to visitors (telesales only)


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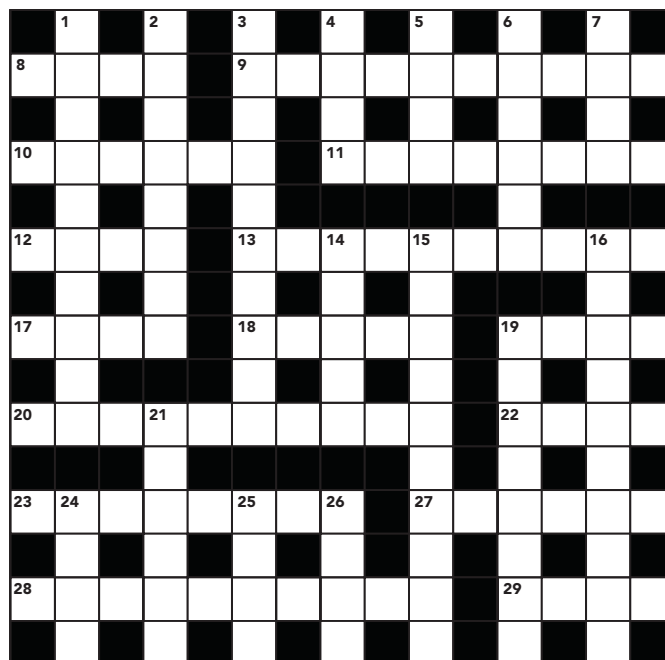
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Crossword – Solution on page 29



Across:

8. Visage (4)
9. Bitterness (10)
10. Pronouncement (6)
11. Accomplished (8)
12. Shopping center (4)
13. Lamentably (10)
17. Drink in small amounts (4)
18. Crease (5)
19. Stiff hair or bristle (4)
20. Belligerent (10)
22. Bacterium (4)
23. In a delicate manner (8)
27. A musical composition (6)
28. Giant (10)
29. Sod (4)

Down:

1. Foliating (10)
2. Speeches to instill enthusiasm (8)
3. Turkey legs (10)
4. Occupational Safety and Health Administration (4)
5. 1/12th of a foot (4)
6. A parasitic marine protozoa (6)
7. Initial wager (4)
14. Proof of innocence (5)
15. Instilling a favorable emotional impact (10)
16. Written material (10)
19. Pamper (8)
21. Fail to fulfill a promise (6)
24. Biblical first man (4)
25. Hotels (4)
26. Not mine (4)

Crossword courtesy of www.crosswordpalace.com
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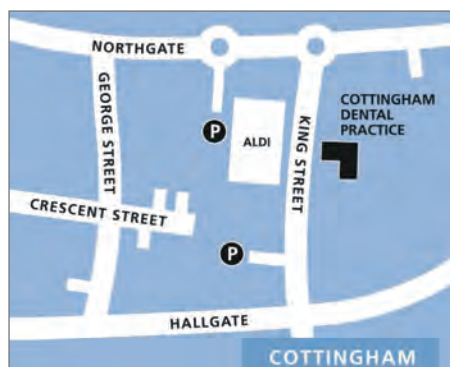
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Tiny Treasures are back at the Treasure House in Beverley

The popular Tiny Treasures sessions are returning to the Treasure House in Beverley from Thursday, 14 October.

The sessions, for under 5s and their accompanying adults, explore different themes from the Treasure House Museum and Beverley Art Gallery collections, and take place on Thursday afternoons.

An exciting range of activities include messy play, paint, crafts, role play, handling items and more, with a story and a 'Tiny Challenge' at the end of each session.

The first session will focus on the theme of 'building'. Covid secure measures will be in place, including limited numbers, and increased cleaning.

Future sessions will be:

11 November - Archaeology

13 January, 2022 - Line and Texture

17 February - Cooking

17 March - Fossils.

Lucy Cooke, under 5s learning co-ordinator at East Riding of Yorkshire Council, said: "We are excited to be able to bring back these sessions, which are based on really interesting themes, reflecting on what the Art Gallery and Museum offers to visitors.

"They promise to be a lot of fun – but we would advise the young participants to bring a change of clothes with them, just in case!"

Booking is essential to secure a free place - visit www.eastridingmuseums.co.uk/whats-on for more information, and to book.



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Immediately after it is installed, a professionally specified and installed unit will protect plumbing, showers and appliances and keep everything at peak efficiency and performance year after year.

Amazingly the softener doesn't stop there, it will also undo the previous years of scale build up in existing plumbing and appliances and over a period of 12 months or so it will gently dissolve away the limescale.

Cleaning and care for kitchen and bathroom is transformed with a softener; no need for harsh chemicals or scrubbing and elbow grease; a rinse and wipe down is all that is needed.

How will I find room for a water softener, they are huge aren't they?

Well, yes they used to be and indeed some of the older styles and more basic "builder grade" softeners still available are on the bulky side, however the good news is that there are now compact, non electric "consumer range" softeners that are the size of a tower computer, superbly efficient and stylishly designed to blend in.

Will we need plug sockets and a degree in computers to operate it?

In a word, no. The modern softeners no longer need electric power, they are kinetically powered by water flow and are pre set by our skilled installer to give perfectly soft water all of the time, no dials to set or

flashing lights to look out for, it's all perfectly simple, perfectly soft.

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All the above benefits of a softener will not be at the top of most long term softener owners list of reasons they would not be without theirs, they almost all say it is the luxury of bathing, showering and washing in the superbly soft water, not to mention the super soft fluffy towels that are the product of softened water laundry.



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ON THE GRAPEVINE

WITH ROY WOODCOCK

Malt Whisky

I want to go off piste this month (stop sniggering at the back!) and write about whisky. Malt whisky in particular.

It's from Scotland, right? Stands to reason . . . it's why we ask for a Scotch!

Well, yes and no. Last time I looked there were 134 distilleries licensed to produce Scotch whisky. Yet, over the last few years, whisky connoisseurs have become increasingly enamoured with whiskies from Japan, many of them similar to single-malt Scotches in their methods and composition, but with a character all their own.

Three Japanese whiskies took top trophies at last year's World Whisky Awards: Suntory Hakushu, Single Malt 25 Year Old was named World's Best Single Malt, reclaiming the title it first won in 2018; while Fuji Single Grain and Ichiro's Malt & Grain also picked up gongs.

Whisky, of course, is produced around the world and increasingly you're seeing more of them in your local supermarket, including some from England and Wales alongside the long-popular Irish whiskey (like the Americans they add an "e" to the spelling).

Penderyn, a Welsh single malt, is a common site; Cotswolds Single Malt won't be too hard to find either. But this month I was delighted to take part in a whisky tasting over Zoom for Filey Bay, the first single malt whisky made in Yorkshire.

The Spirit of Yorkshire Distillery is based at Hunmanby Grange, near Filey, and is a joint venture between two farmers: Tom Mellor, well known as the founder, with his late wife Gill, of Wold Top Brewery in 2003, and David Thompson.

The idea came to them a few years ago when they realised that Tom's farm was sending a lot of his top-quality malting barley to Scotland to make Scotch. With his own water source also on the farm, surely they could make whisky themselves, closer to home?

Spirit of Yorkshire was founded in 2016 and the first Filey Bay whisky went on sale in 2019 and has been going from strength to strength (interestingly 46 per cent alcohol by volume compared to the more usual 40 per cent) ever since.

The distillery boasts two copper stills, the largest outside of Scotland, and thousands of various cask types – including sherry butts and bourbon casks, all of which help create subtle, complex, flavours.

It's a complete field to bottle operation and I have to say the results are remarkable.

The first point Joe Clark, Spirit of Yorkshire's Whisky Director (and, in essence, the Master Distiller) made at the tasting was young whisky can be absolutely brilliant. "Just because it doesn't have '10 years' on the bottle doesn't mean it's not good," he said.

We tasted six samples, five in the current Filey Bay range and one cask sample, and started with their flagship product, called, not surprisingly, Filey Bay Flagship, which currently sells at £54.99.

The first thing to say, and you'll have noticed already, is the price; obviously considerably more than the discount supermarket bargains. But it does reflect both the quality and the limited quantities currently being produced. When new releases are made it tends to fly off the shelves.

Matured in bourbon casks, it is creamy, light and fruity, with notes of citrus, honey and vanilla. This is a whisky to sip and savour.

Others we tasted were Filey Bay Moscatel Finish, which is the distillery's first-ever sherry-finished release (finished in Moscatel barrels after maturing in bourbon casks) and reflects the naturally sweet character of the sherry grapes along with some floral aromas and citrus elements. It leaves a lovely warming glow. This release sells at £59.99 a bottle.

Next up, and at the same price, was the STR Finish. Again, after maturing in bourbon casks it was "finished" in STR red wine barrels from the Rioja region of Spain. STR refers to Shaving, Toasting and Re-charring the casks which gives the resultant whisky a very special flavour – a sweet and oaky spiciness; even a hint of chocolate orange!

The current trend in whisky sales generally is towards "peated" varieties – you either love them or hate them (I love them) – and the Filey Bay Peated Finish (£59.99) is a good place to start for someone trying peat whiskies for the first time – it's lovely and light with a gentle twist of smoke rather than a "smack you in the face" style of some I could mention. This will be a limited release each year – 3,500 bottles were produced for the first batch and I guess will be hard to find by now.

All the four whiskies mentioned so far were distilled and bottled with 46 per cent alcohol by volume. By law, Scotch whisky must be bottled at a minimum of 40 per cent but increasingly, if you study the labels, more are being bottled at 46 per cent; particularly if they are not chill filtered (which Filey Bay isn't). In simple terms, the higher the strength the more intense and concentrated the flavour.

Which should have made the Yorkshire Day special release (on August 1) exceptional – bottled at 55 per cent. And it was – probably my favourite on the night. This was an intense, almost fruitcake-tasting, special brew – absolutely gorgeous. Only 1,500 bottles were produced, so once again they will be hard or almost impossible to find. If you are lucky enough you'll have to pay £84.99.

Finally, to give us a taste of a straight-from-the-cask whisky we were given a cask sample at 64.1 per cent. Only four years old and not available to buy, it packed a powerful punch indeed.

I first came across Filey Bay at the wonderful Spirit Specialist shop in Howden, but a good way to explore Filey Bay whisky is to take a one-hour distillery tour (£15), including three tasters and a free glass to take home. From the shop or online you can also buy a tasting box (£27.50), containing three different Filey Bay whiskies.

More details at www.spiritofyorkshire.com.



BEST BUYS


Hawksvale Barossa Valley Shiraz

Where: Morrisons

When: Now, until October 12

Why: This Australian red has a beautiful deep red colour with succulent ripe plum and dark chocolate flavours and aromas, with a hint of black pepper and spice. Great choice for meat dishes, particularly steak.

£8 (was £10)


Cimarosa Marlborough Sauvignon Blanc

Where: Lidl

When: Now

Why: International Wine Challenge bronze-medal winner, this New Zealand Sauvignon has aromas of elderflower and passionfruit. Fruity, fresh-tasting and well balanced. Enjoy with goats cheese, fish and white meat.

£5.99


La Patrie Cahors Malbec

Where: Sainsburys

When: Now, while stocks last

Why: From the sun-drenched south-west of France, it's bursting with blackberry and blackcurrant fruit and would make a perfect partner to all types of roasted meat including beef or lamb.

£5.75 (was £7)


Sorso Nero d'Avola

Where: Morrisons

When: Now, until October 12

Why: From Sicily, Sorso Nero d'Avola is a quintessentially Italian wine, packed with spicy plum flavours and a hint of black pepper. Perfect with pasta and meatballs. Enjoy a moment of Italian style at this bargain price.

£5 (was £6.75)



Melanie Watson of Skidby Livery Stables with the latest of her monthly articles

www.instinctivehorsetraining.co.uk

The animals in my life . . .

Life on my yard is an immersion of animals. Horses of cause, a variety of dogs (some are frequent visitors!) my sweet little yard cat and the surrounding wild life.

We see rabbits, hedgehogs, a lot of various bird species. We have a family of young foxes who can be seen playing and hunting around my fields.

September has been a blissful month of near constant sunshine and warmth, just as perfect as it can be really. I hope you enjoy seeing these pictures of life under the sun.

Winter is never welcome with its rain, cold, mud and ice so we batten down the hatches once the weather breaks and take pleasure from the memories of long summer days.



Creed having breakfast in bed



Buddy in heaven ball+water trough!



Lucy and Buddy playing in the pond



Nallah, new yard puss cat



New Romanian rescue dog Evie enjoying some play time



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www.cottinghamtimes.co.uk - October 19



And Firstly Tali . . .

Yes, you read correctly. My article this month has been prompted by my infamous girl and her exploits of my camping trip. I must say it was mainly uneventful, maybe it is because my lovely girl is maturing or realising that chewing the ropes which hold up the awning, is not fun anymore... but... I thought too soon. It was on the Sunday, whilst my attention was distracted (as it usually happens) that my daughter Natalie, shot to Tali's aid who was frantically pawing at her open mouth. With quick thinking, Natalie prised open her mouth and removed the obstruction to the entry of her throat. In horror, I saw the 3" twig she had chewed from the nearby tree. If you look at the pics, you will see how close she was to going to our Park Street hospital. One lucky girl. This event made me think of my eldest daughter's late dog, Baxter. Here is his story.

During Baxter's annual booster vaccination appointment the vet noticed a lump that was present but not giving any discomfort or pain. He had to return in 2 weeks and on doing so it was noticed that the lump had grown. An exploratory operation was booked and on the 4th December, Baxter was admitted to our



Park Street hospital. During the operation, the surgeon found a very small piece of stick that had lodged itself under the tongue. The piece was removed, cavity flushed and a small drain was sutured into place (this enables any surplus fluid to escape). It was not a pretty sight and poor Baxter looked like Frankenstein of the canine world.

On the 17th December the drain was removed and he had to continue on the antibiotics for a further week but sadly, when they returned 3 days later the area had swollen and burst. The following day, poor Baxter was admitted for an exploratory operation where a piece of stick, which had obviously migrated, was found under his tongue. A swab was also taken and sent to the laboratories to be tested for any further infection. So, our poor gentle giant spent his Christmas looking like a patch work quilt (which I hasten to add the hair did grow back perfectly). On the 27th December, 2 months after the swelling was first noticed, Baxter got the all clear.

Sticks, twigs, branches are a big attraction to our pets, some more than others, so after Baxter's experience, we began stocking SAFESTIX, an indestructible alternative to any piece of wood. These come in two sizes and may be purchased or ordered from any of our six KINGSTON surgeries.

AND FINALLY....MAX....

Yes, I have a new pup who's joined my ever-increasing family of five grandchildren and three dogs. He is a 12-week-old working Cocker Spaniel who belongs to one of my daughters, Jenni and her husband Adam along with their 3 children and of course Oscar their 3 1/2-year-old Cockapoo. Now some Cocker Spaniels can be more relaxed, a bit like the Show Cocker but working ones are very often described as a Ferrari on legs. With his nose to the ground, he scours the garden for anything he shouldn't have and already one or two strange items have appeared out of the other end. Thankfully and fingers crossed, nothing serious but my family have learnt to have eyes in the back of their heads. I know the feeling well!

Until the next time, stay safe.

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"The Tooth and Nothing but The Tooth"

by

Chris 'Dr. Smile Maker' Branfield

Here's to making a difference

Hello again, I hope that you are safe and well. I have a lovely story for you this month. It really made my heart melt. I've been doing this write up in the *Cottingham Times* since May 2009. I've also been part of a charity called dental Mavericks since 2010. It's coming up to the 11th anniversary of our inaugural project in Morocco to get kids with access to a dentist out of daily dental pain. Due to COVID we have not been able to go either this year or last year. It's such a shame.

Anyhow, a young lady who we saw about ten years ago in El Jabah, North East Morocco, has recently contacted Dental Mavericks via social media to say thank you and get involved. She will be a translator on future projects in Northern Morocco. This is so nice. A real feel good story, and we need a few of those. Cally is the person who runs and sorts out Dental Mavericks with so much energy and conviction. This is really a tribute to her. Thank you Cally.

In our absence some prevention work has been done by the Moroccan Red Crescent. The **Red Cross** is the name used in countries under nominally Christian sponsorship,



while **Red Crescent** (adopted on the insistence of the Ottoman Empire in 1906) is the name used in Muslim countries. I didn't know this until recently.

Above: Moroccan Red Crescent. Here doing ambulance training.



Cally Gedge updated her cover photo.

3 September at 15:08 · 🌐


So this lady contacted me. She is now 22 years old. We met her here on one of our first projects in El Jebah and she dm me on instagram to say thank you for taking her out of pain all those years ago. I have invited her to be a translator in 2022 and help with our projects in the future. Obviously I did not take her out of pain [Chris Branfield](#) did 😊

Until next time. Take care and be good.

Chris


Chris Branfield is Principal Dentist at Castle Park Dental Care, Castle Villa, 28 Castle Road, Cottingham, telephone 01482 772550. He has been in dental practice for 28 years and has a special interest in Life Changing, Pain Free Dentistry with Dental Implants, Teeth Straightening and Cosmetic Dentistry. And, not only that Chris is founder member and trustee of Dental Mavericks charity- ending the daily dental pain of Moroccan kids. For more patient success stories and Chris' Humanitarian work go here now www.castleparkdental.co.uk.






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Christopher Edward Branfield GDC Reg No 68346.
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Continued from page 11

Helen Cox. In the afternoon, the team are excited to welcome two of the most entertaining speakers on the crime writing circuit, bestselling husband and wife team Edward Marston and Judith Cutler, before finishing with former home-secretary and bestselling author, Alan Johnson, discussing his new thriller, *The Late Train to Gipsy Hill*.

The closing day of the festival will be 'Bestsellers Day' and will take place on Saturday, 23 October and features an exciting array of authors.

Starting the day with 'The Big Read', is Matson Taylor discussing 'The Miseducation of Evie Epworth' – a feel good explosion of a book, guaranteed to make you laugh! Following on from this is senior staff feature writer at the Telegraph, Joe Shute, discussing his fascinating book 'Forecast: A diary of lost seasons' which explores the climatic changes of the weather in Britain.

Next is bestselling historical fiction author, Stacey Halls, and finally the Festival team extend a warm welcome back to Christy Lefteri, who will be discussing her follow-up to the beautiful *Beekeeper of Aleppo*, entitled *Songbird*.

Councillor Mike Medini, portfolio holder for cultural and leisure assets, said: "This is a superb line-up for the Festival of Words this year, and I am absolutely delighted that we are able to put on live events again, with appropriate safety measures in place. This programme has something for everyone, and I look forward to a successful Festival."

Events will all have a reduced capacity this year, to allow for social distancing, and to ensure that attendees will feel comfortable and confident about being there.

Tickets will cost £7 for each individual session on each day, or £25 for the whole of 'Crime Day' and £18 for the whole of 'Bestsellers Day' on 23 October.

Tickets are on sale now via www.festivalofwords.co.uk.

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7:00 pm - 7:45 pm	Fitness Pilates
TUESDAY	
9:30 am - 10:30 am	Les Mills Bodypump
WEDNESDAY	
10:30 am - 11:15 am	Legs ,bums & tums
11:30 am - 12:15 pm	Fitness Pilates
6:00 pm - 7:00 pm	Les Mills Bodypump
Thursday	
11:30 am - 12:30 pm	Yoga

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www.cottinghamtimes.co.uk - October 23

Motoring - with Roy Woodcock



Toyota has further increased its range of Yaris models by introducing a small SUV version, the Toyota Yaris Cross.

Roy Woodcock investigates further . . .

In just over 20 years on our roads the Yaris has become Toyota's most important model in Europe, steadily increasing both its sales volume and its market share.

Following its launch in 1999 it became the first car from the Japanese brand to claim the European Car of the Year crown, with the second generation model becoming the first vehicle in its class to gain a top five-star rating in Euro NCAP's safety testing programme.

The third generation introduced hybrid-electric power to the small car market for the first time and in 2019 the Yaris shifted 224,000 units across the continent, making it Toyota's best-seller.

Expectations were high, therefore, when the fourth generation car went on sale late last year and were immediately proved right - the car scooping the European Car of the Year award yet again.

It was the first to be built on a new global platform that underpins a planned series of new models. And it's one of those we look at here; the Yaris Cross, an all-new small SUV.

With prices starting from £22,515, there's a choice of trim levels called Icon, Design, Excel, Dynamic and a limited-run Premiere Edition which will be on sale for about a year.

There is also the option to upgrade to intelligent all-wheel drive on the high-end models for £2,360 extra.

At the heart of the car, which is built in France specifically for European customers, is a 1.5-litre, three-cylinder hybrid engine, which together with the electric motors, delivers 114bhp with 120Nm of torque.

The vehicle can complete the 0-62mph sprint in 11.2 seconds (11.8 seconds on AWD-i versions) and maxes out at 106mph. Running costs are impressive with models delivering up to 56.5mpg and from 112g/km carbon emissions on a combined run.

Compared to the standard Yaris city car, the Yaris Cross is 95mm taller, 20mm wider and 240mm longer with the same wheelbase. Customers can choose from 16, 17 or 18-inch wheels depending on trim level and all models are generously equipped with tech, along with excellent safety levels.

We tried the Yaris Cross Dynamic front-wheel drive model costing £26,465 - this price was bumped up a further £450 as there was a JBL premium sound system added to the mix.

When viewed from any angle, the Yaris Cross boasts quite aggressive SUV styling with twin front grilles, a black roof, chunky wheel arches, along with slim headlights and circular fog lamps at the bottom of the grille.

There are black wheels and door pillars, along with privacy glass and smart LED lights at the back with sequential turn indicators.

Moving inside, the Yaris Cross is very big on space with smart cloth upholstery and a clutter-free, yet feature rich cockpit.

The car sees the debut of the new Smart Connect Multimedia system with faster operation and additional functionality. There is the Touch 2 multimedia system with a nine-inch high-definition touchscreen, sat nav, DAB radio and wireless smartphone connectivity via Apple CarPlay and Android Auto.

It has a separate panel for the climate control and seat heaters, plus a neat screen behind the steering wheel that offers all manner of information about hybrid driving performance, speed and fuel levels etc.

The driver benefits from excellent all round visibility and the acceleration from the CVT gearbox is smooth and responsive with plenty of power on tap at all times. The car cruises at 70mph on motorways and is nice and agile in town centres where a new upgraded parking system makes light work of squeezing into tight spaces - even at night.

Out on the country lanes, the Yaris Cross offers confident grip through bends and the cabin is nicely refined with very little wind or road surface noise filtering through.

The driver can switch through drive modes called Normal, Eco and Power that alter the responses of the vehicle and there is an EV-only mode which is ideal when travelling through Congestion Charge zones. Extra energy is recouped through regenerative braking and this is sharper if the car is switched from D for Drive to B mode whereby the vehicle brakes as soon as you lift your foot off the accelerator.

Comfort levels are really good and there is enough room for a couple of passengers in the back provided the front seats are not pushed back too far. Add a third and it gets a little too cosy.

The boot can accommodate 397 litres of kit - a limit that increases to 1,097 litres with the 60:40 or 40:20:40 split-folding rear seats dropped flat. And there are a number of handy storage options scattered throughout the cabin too.

Although the Yaris Cross has yet to be tested for its Euro NCAP safety rating, the Yaris was awarded the maximum five stars and this latest version is packed with safety features.

It has all the second-generation Safety Sense features as standard across the entire range such as pre-collision system, lane trace assist, full-range intelligent adaptive cruise control, road sign assist and automatic high beam. Blind spot monitoring and rear cross traffic alert are options on the high-end models.

Toyota predicts the Design trim level will account for about 50 per cent of sales and, despite initially believing only three per cent of buyers would opt for AWD-i, initial pre-sales figures show that number to be nearer to 10-15 per cent.

All in all, Toyota has taken the compact SUV qualities from the RAV4 - which is now celebrating its 25th anniversary - and added lots of Yaris city car DNA to the mix to develop the all-new Yaris Cross making it big on style, appeal and performance.



Passes needed at all household waste recycling sites: Reminder to East Riding residents

Residents in the East Riding are being reminded that passes will be needed to gain entry to any of the area's household waste recycling sites from Friday, 1 October.

The passes have been introduced by East Riding of Yorkshire Council to make the system fairer – to make sure the sites are only being used by East Riding residents.

Residents living in the East Riding will have already received their free passes, as thousands were posted out in July and August, together with new bin collection calendars, along with instructions of how to use them.

They can be used to gain entry to any of the council's 10 household waste recycling sites.

It is hoped the new scheme should also help to reduce the queues building up at some sites.

Other councils, including neighbouring Hull City Council, already use a similar system.

Councillor Chris Matthews, the council's portfolio holder for environment and climate change, said: "We are bringing these passes in to make sure East Riding residents are getting full use of the waste and recycling facilities available to them."

"Residents in the East Riding do a fantastic job with their recycling, which is there for everyone to see when the recycling league tables are released each year."

"I would encourage all residents to keep hold of their passes and prepare for the change coming from 1 October."

From that date, if a pass is not displayed in a vehicle, a site attendant will query whether that person lives in the East Riding and has a pass.

Alternatively, a valid driving licence, utility bill, council tax bill or bank statement showing the person's address can be used to prove that person lives at an East Riding address.

However, non-East Riding residents will be turned away.

The council won't replace any passes through loss or damage. If a resident misplaces their pass they can use the alternatives instead.

All passes will be renewed just before the expiry date of December 2022.

For more information please visit www.eastriding.gov.uk/residentpass.



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WHEN: SUNDAYS 10.45AM-11.45AM

WHERE: Cottingham Civic Hall, 1 Market Place, Cottingham, HU16 5QG

CHILDREN: We have children's activities for 3-11 year olds during the service in a separate hall.

EMAIL: lucy@revivechurch.co.uk or call 01482 420620 if you have any questions.

For further information about Revive Church, our free confidential debt advice, our toddler groups, food clubs, youth clubs and other locations in east Yorkshire visit: WWW.REVIVECHURCH.CO.UK

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www.cottinghamtimes.co.uk - October 25



October is here, which means Autumn is officially here too. The weather is cooler and the nights are starting to draw in. There is still plenty to do in the garden, some gardeners actually prefer the cooler conditions as they are more comfortable to work in. Remember that Autumn is the ideal season to plant all kinds of things in the garden from vegetables, seeding lawns, shrubs and perennials to evergreen, fruit, and deciduous trees. You can carry on mowing your lawn



through October depending on how much rain we have but it is advisable to raise your mower blade to a higher setting.

Autumn Lawn Care

Sowing a new lawn is best done during Spring (March - May) or in Autumn (September - Mid October)

We recommend using Gro-Sure Smart Lawn Seed (25sqm £10.99 or 40sqm £14.99)

For a new lawn:

Prepare the soil by clearing any debris and clear any perennial weeds and treat with weedkiller.

One a dry day dig soil to a depth of 20-25cm, break down any lumps and then tread it down to firm it over then rake over aiming for a flat even surface.

The day before sowing water the area thoroughly and leave to soak overnight.

For an existing Lawn:

Remove any weeds by hand or treat using a selective weedkilling treatment.

Mow the lawn closely before raking or scarifying to remove any moss and weed remains. If the ground appears



hard or compacted aerate using a garden fork.

Finally, spread Westland Lawn & Turf Dressing to fill any shallow holes and to level-out the surface.

Sowing:

Apply the seed at a rate of 40g per sqm (30g/sq.m for lawn repairs). As a guide one large handful is approximately 40g. Sprinkling the seed in 2 passes at right angles to each other will help spread the seed more uniformly. Lightly rake to gently incorporate the seed into the surface.

After sowing:

Rolling: The ground should be rolled or lightly firmed by walking over it and pressing the seed into the soil.

Watering: Water the lawn thoroughly using a fine-rosed watering can or a lawn sprinkler which produces a fine spray taking care not to wash the seeds away

Mowing: Grass can be cut for the first time when it is 5-8cm (2-3inches) high. A light trim will be sufficient initially. Gradually lower the cutting height to about 2.5cm (1 inch), which is ideal. Do not remove more than 1/3rd of the growth at any one time.

Feeding: After 10-12 weeks we recommend feeding your new lawn with Aftercut 3 Day Green Lawn Feed. Simply apply after mowing for quicker more visible greener results in 3 days.

10 Jobs for this month

1. Plant Spring blooming bulbs
2. Plant Herbaceous Perennials
3. Plant Autumn bedding
4. Introduce fat balls for the birds as well as fresh water
5. Plant new trees and shrubs as ground conditions are ideal
6. Dress Borders with bonemeal
7. Sow Seeds for new lawns
8. Bring your houseplants back inside
9. Add soil conditioner or multi-purpose compost to your soil and turn it to prepare it for Spring
10. Regularly rake up fallen leaves from your lawn

What is Organic Gardening?

Gardening organically means growing plants without manufactured fertilisers and other synthetic chemicals for feeding, pest and disease control, soil conditioning or weeding. Although often regarded as an alternative to gardening with chemicals, many organic techniques are simply good practices and compatible with other forms of gardening.

Excluding manufactured chemicals when growing ornamental plants, lawns, fruit and vegetables brings some challenges.

On the plus side, organic gardening is beneficial to the environment, provides a more attractive home to wildlife and, by cultivating fruit and vegetables organically, you'll know your tasty produce is chemical free. So bearing all this in mind, you may choose to go wholly organic or to combine organic techniques with a reduction in chemicals, using them only as necessary to maintain soil fertility and deal with the most damaging pests, diseases and weeds.

Organic Weed control

Chemical weed killers are a very attractive and effective solution to eliminate weeds. There are not always better alternatives in the organic range that are as effective but they are a lot kinder to the environment and beneficial to wildlife and their habitats. You have to decide where you can use organic methods and where you can't and try and achieve the best balance you can.

Wherever possible, try to avoid weed killers by hand weeding or hoeing and try to tackle weed problems before they produce and disperse their seeds and heavy infestations develop. In addition, prevention is much better than cure, so carefully prepare sites prior to planting and incorporate weed barriers to reduce the chance of weed infestation.

PREPARATION: When preparing a planting site, ensure all perennial weeds such as couch grass, nettles and brambles are removed by digging out with a fork. Remove annual weeds by hand or in dry weather use a hoe to cut off weeds from their roots.

BARRIERS: Different options are available to gardeners to help smother or prevent weed growth. Mulching with a 5–8cm layer of organic material such as garden compost, well-rotted farmyard manure, spent mushroom compost or cocoa shell helps smother annual weeds. Alternatively, plastic sheets, old carpet, carpet underlay or other fabricated material can be used to suppress annual and perennial weeds. In ornamental garden situations, ground-cover plants provide a more attractive weed-suppressing alternative. A barrier of heavy gauge black polythene can be sunk to prevent perennial weeds from growing into an area from an

adjoining garden.

ALTERNATIVE METHODS: Paint-on gels are ideal for treating perennial weeds such as bindweed as the weed killer is absorbed through the leaves and down to the roots, without the worry of spray drift on to other plants. They are also the best way to treat odd nettles or brambles cropping up in a hedge or densely planted border, as you can apply them specifically to a certain area.

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Your Stars for October 2021

By Kay Gower

Aries (Mar. 21- April 20)

The planets offer you scope to be feeling at your best right now. From mid October to mid November, there's a good chance you will find true love. Financial gains are also possible, but in quite a low key way.

Taurus (Apr. 21- May 21)

For the latter half of the year some brilliant ideas that you show when dealing with people and money matters will be very successful. December will be the very best month of the year to improve your financial situation.

Gemini (May 22-June 21)

Procrastination can be a blessing, especially this month. Give yourself a chance to think something over. There may be wisdom in waiting.

Cancer (June 22-July 22)

There have been times in the past when you have felt vulnerable and needy. Because you've had that experience you will be compassionate with someone going through turmoil.

Leo (July 23-Aug 22)

Beware the personality invaders, and don't allow anyone to define who you are. Resist those who are obviously trying to influence you. Let gut instincts be your guide.

Virgo (Aug 22 – Sept. 23)

Friendship based activities have a certain appeal this month. Getting your own way with others should be a piece of cake, particularly if you decide to use a combination of tact and simple common sense.

Libra (Sept. 24 -Oct. 23)

You don't have to wear a business suit to mean business! Mid October you deliver an important message with grace and because of this, people will let down their guard and listen to what you have to say.

Scorpio (Oct. 24 - Nov. 22)

You've been ignoring certain thoughts, but they keep coming back, wanting to be heard! Take the time this month to consider what or who it is that you are blocking, and then decide whether this choice still benefits you.

Sagittarius (Nov. 23 -Dec. 21)

Perhaps things aren't happening fast enough for you. Be patient you will soon be presented with more than enough choices - perhaps too many!

Capricorn (Dec 22.- Jan. 20)

There's a difference between learning a skill and applying it. Just because you know what to do this month doesn't mean you'll do it, especially if you're tense. Relaxation will be the key to making a change..

Aquarius (Jan 21 - Feb 19)

The good news is that opportunities will increase during the last week of the month. Because your mind is open to new ideas and ways of doing things, people will look to you and have a higher regard.

Pisces (Feb. 20-Mar. 20)

You'll have a balanced point of view that could help defuse a tense situation that may be building around you. Behave like everything is normal and others might follow your lead.

Continued from page 10

Laura's long-standing passion for Japan saw her undertake numerous study trips to Japan to emulate the technique. The result is a true meeting of the two cultures, presenting British landscapes with distinctly Japanese optics and aesthetic sensitivity.

The exhibition will also feature reproductions from a book called 'Omoichabako' illustrated by Kawasaki Kyosen and published in 1924, which includes drawing of 100 traditional Japanese toys. The original book is in the collections of The British Library.

As an audio-visual feature, the exhibition will show a series of video presentations made by Japanese exchange students from Ochanomizu University (Japan) and Hull University, presenting the stories behind traditional Japanese toys and customs.

The exhibition will open on 16 October, and will run until early 2022. Entry will be free and it is not anticipated that there will be any need to book in advance.

For full details of Beverley Art Gallery (opening hours, location, and facilities), visit: www.eastridingmuseums.co.uk

Follow Beverley Art Gallery social media for updates on the exhibition: @BeverleyArtGallery on Facebook and Instagram; @BevArtGallery on Twitter

Crossword solution from page 14

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12	M	A	L	L			13	T	R		14	A	G		15	I	C	A	L	L	Y
		T		K				I		L		M								I	
17	S	I	P	S			18	C	R	I	M	P			19	S	E	T	A		
		N						K		B		R			A		E				
20	A	G	G		21	R	E	S	S	I	V	E			22	G	E	R	M		
						E								S		I		A			
23	D	A	I	N	T		25		26			27	S	O	N	A	T	A			
		D		E		N		O		I				A			U				
28	G	A	R	G	A	N	T	U	A	N			29	T	U	R	F				
		M		E		S		R		G				E							

Sudoku Answer from page 12

9	5	2	4	7	8	3	6	1
1	8	6	9	5	3	2	4	7
7	3	4	1	6	2	5	8	9
3	9	5	6	8	1	4	7	2
4	6	8	5	2	7	9	1	3
2	7	1	3	9	4	6	5	8
5	1	7	2	3	6	8	9	4
6	4	3	8	1	9	7	2	5
8	2	9	7	4	5	1	3	6

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Our November Production: A Christmas Carol

Rehearsals for "A Christmas Carol" started last month and it is wonderful to be back! We have a terrific cast, including some very talented younger actors, and we are already starting to see some lovely performances developing.

The crew have been doing a huge amount of work over the summer, especially on building the set and getting costumes together. It's going to be a fabulous show – do come along if you can.

Performances & Tickets

This year there will be 5 shows (including a Sunday matinee) but with a smaller audience for each. There will be a matinee on Sunday 21 November at 2.30pm, and evening performances on Wednesday 24, Thursday 25, Friday 26, Saturday 27 November at 7.30pm.

Tickets go on sale on **Saturday 16 October** either from Barkers Newsagents in Cottingham or via our CLT Ticket Line 07955 138061. All tickets **£8.00**. (Cash or cheque only for Barkers).

Keeping everyone safe

We are really looking forward to seeing you in November, but we have to do things slightly differently this time. After you buy your ticket from Barkers, we need you to give us a call on the CLT Ticket Line (07955 138061) so we can collect relevant contact details. (If you've got tickets directly from us or via the CLT Ticket Line, we'll collect these details when you book).

When you come to the performance, your seats will be reserved for you, with social distancing between each group. You'll also be asked to arrive within a particular time slot, so the foyer isn't too crowded. We won't be selling refreshments, raffle tickets or programmes, but please do feel free to bring your own refreshments with you. And there will be a complimentary mini-programme waiting on your seat!

If you can't come to the show because you are feeling unwell with symptoms of Coronavirus, isolating or quarantining we will of course refund you for your tickets. Depending on circumstances in November, we may ask you to wear a mask while moving round the hall, provided you're able to do so.

Please remember to give us a call on the CLT Ticket Line so we can reserve your seats and make sure everything goes smoothly on the night.

A little word about our ticket prices:

We keep our ticket prices as low as we can, but normally we aim to at least cover our costs. This time around we probably won't manage to do that: "A Christmas Carol" will cost us about £3,500, and as we're restricting audience numbers by a third, we won't make anywhere near that sum in ticket sales. This is a hit we are fully prepared to take, as the important thing is that we keep everyone safe – cast, crew and audience.

We're just glad to be back! See you in November.

www.cottinghamtimes.co.uk - October 29



What makes a Frogman bronze so special?

Tim Cotterill, aka “Frogman” is one of the most popular bronze artists working anywhere today. His iconic bronze sculptures are immensely prized by collectors around the world.

Commonly depicting frogs (although also featuring owls, birds and geckos), these elegant yet whimsical sculptures have captured the hearts of many. From their delicate detailing to perfect patinas and colourful characters, there’s much to love. But what exactly is it that makes Frogman bronzes quite so special?

Why frogs?

The fascination with frogs came from Tim Cotterill’s youth and early adulthood in the UK, exploring through secluded woods and sheltered ponds. Finding frogs and hedgerow creatures contentedly living in these shady spots inspired the artist. “Frogs are fun creatures! I have tried to capture their individual spirit, their fun and their joy. Life is fun!” says Tim.

How are Frogman bronzes made?

No two of Tim Cotterill’s bronze sculptures

are the same. To create them, the artist employs an ancient and meticulous process known as the “Lost Wax” method.

After working on conceptual drawings and ideas, a pose will be created on a simple wire frame. This is created with filler, painstakingly layered on and sanded back repeatedly – until the sculpture emerges before being sent to the Frogman Foundry to be cast in bronze and finally finished with a decorative patina

What is the lost wax method?

It is a method of metal casting in which a molten metal is poured into a mould – initially created with a wax model. Once the mould has been created, the wax is melted and drained away. This leaves a hollow core, into which the bronze can be poured.

Whilst we can’t go into detail on the entire meticulous process, we do know all of Tim Cotterill’s animals are finished with a clean and polish, the intricate patina process before being individually signed and numbered.

Why Bronze?

Bronze has been favoured by artists (ancient and contemporary alike) for its versatility, toughness, rich colouring and ability to achieve the finest of detail. Bronze makes highly detailed sculptures possible. It expands slightly whilst solidifying, allowing for every detail of the

mould to be captured. It then contracts slightly when cooled, meaning that the finished sculpture can be easily removed from the mould.

How are Tim Cotterill’s sculptures finished?

No introduction to Tim Cotterill’s bronze sculptures would be complete without discussing his unique, jewel-like patination. Now, for good reason – the exact process is kept a strictly guarded secret... but it does involve layers and layers meticulously applied to the sculptures.

With Tim Cotterill’s unique patination technique, a unique sense of texture and depth is created – meaning that no two frogs will ever be exactly the same.

Tim Cotterill’s beautiful sculptures remain at the top of any art lover’s wish list. With their optimistic inspiration, meticulous creation and stunning decoration, it’s not hard to see why they are so special and so highly valued.

The Artmarket Gallery are proud to stock an unrivalled collection of Tim Cotterill’s bronzes. From rare frogs and owls to UK exclusives, special editions and artist proofs, our friendly and knowledgeable team can help you find artwork you love. So the only question remains, which Frogman bronze is right for your collection?

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