

# Cottingham Times

and District

Issue 247 - October 2022



## Her Majesty

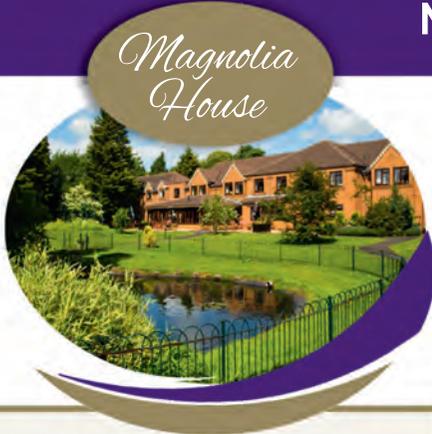
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**A word from our chairman**

As we say goodbye to the last of summer and look ahead to autumn, we have exciting happenings planned for the months ahead at Magnolia House.

Halloween, Guy Fawkes, and Remembrance Day, to name but a few, will be special occasions celebrated with our residents.

Chris Mitchell, Chairman, Park Lane Healthcare

If you want more information about Magnolia House, please contact our manager Lindsay, who will be very happy to help:

[lindsayaltoff@parklanehealthcare.co.uk](mailto:lindsayaltoff@parklanehealthcare.co.uk)

Nev's message read, 'Dear Queen Elizabeth, you have been a good, loyal servant to our Lord and now you'll remain in heaven. God bless.'

Josephine wrote, 'Thank you for setting such a good example of living.'

From everyone at Magnolia House, we express our deepest condolences to the Royal Family, and wish health and happiness for King Charles III.



**Treasured Magnolia House resident, Jean Bishop - aka Hull's Bee Lady - is named on Fifth of the Hull Trains' new Paragon Fleet**

Hull Trains' "Paragon" fleet of five new Hitachi trains for the London King's Cross line were given Hull linked names, with four chosen by the company and one by public vote.

Our beloved resident and renowned citizen of Hull, Jean Bishop - aka Hull's Bee Lady, was one of five names on the ballot. The Magnolia House team set to work, getting the message out amongst the local community to vote for Our Beloved Bee Lady. It paid off, because on 9th August, Hull Trains announced that Jean had won the public vote. Having spent 30 years fundraising for Age UK, this feels like a fitting legacy for her.

Magnolia House is proud that Jean chose to spend her swan song years within our care, and she was certainly a celebrity with us. Amongst her accolades was a Pride of Britain Award, for her tireless work for Age UK, being an Olympic torch bearer for the 2012 Summer Olympics, and an invitation to the Royal Variety Performance. To honour and remember her, we commissioned the 'Jean Bishop - Hull's Bee Lady commemorative bench'. You can see her there, with the Olympic torch in hand and surrounded by busy bees. We all will be looking out for her name plaque on that train.



**Residents pay their respects to Her Majesty Queen Elizabeth II**

The death of Her Majesty, The Queen, who served her country with dignity and grace, brought great sadness to Magnolia House. Our residents wrote their thoughts on luggage tags, which we hung on a memorial board to bid her farewell.



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1 Forge Place, South Rise, Skidby, Cottingham HU16 5UL  
Telephone: 01482 840035 :: Mobile 07563 885388

Editor: Keith Teale

Published Monthly by: The Cottingham Times

### Enquiries: Advertising

Tel: 01482 840035 :: Mobile 07563 885388

### Editorial and Contributions

Tel: 01482 840035

Accounts: Tel: 01482 840035

Website: [www.cottinghamtimes.co.uk](http://www.cottinghamtimes.co.uk)

E-mail: [media@cottinghamtimes.co.uk](mailto:media@cottinghamtimes.co.uk)

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## In Cottingham and District

The deadline for entries in the November "What's On" section, is no later than the 18th October 2022.

### East Yorkshire Hardy Plant Society

Thursday 6th October - Troy Scott Smith, Fissinghurst, a revitalisation of Veta. Troy is the head gardener at Fissinghurst, the team undertook a seven year project to recreate the garden.

### Hull Alpha Probus

Club for retired or semi-retired professional people meeting on alternate Thursdays - new members welcome. Contact the Secretary on 01482 348270 or 07542 959314.

6th October at 12:30 Lunch & Speaker meeting at The Blue Bell.  
 20th October at 10:30 Coffee & conversation meeting upstairs at Kristoff's.

### Cottingham Memorial Club

Saturday 8th October - Keith Newby playing live. Members and guests only.

Sunday 9th October - Classic car show, everyone welcome, starting Midday, lunches served until 4pm

Saturday 15th October - Dine and Show evening with the fantastic Donnamarie, members and guests welcome starting at 5.00 pm. Club renewals and new members welcome from the 1st of October.

### Cottingham u3a

Thursday 13th October - at 2 pm in the Darby & Joan Hall. Roger Burnett will give a talk on 'Britain in Bloom', which will be followed by the usual tea/coffee and biscuits. For further information or queries visit [www.u3asites.org.uk/cottingham](http://www.u3asites.org.uk/cottingham).

### Yorkshire Country Women Skidby Branch

Thursday 13th October - Will be a talk given by Angela Jubb On the colours of Bangladesh. It is the 2nd Thursday of the month.

Thursday 3rd November - Sue Woodcock. The subject is Copper to Shepherdess.

### Hull and East Riding Glaucoma Group.

Friday 14th October - at 11am- 1pm at Sight Support (formerly HERIB) on Beverley Road, Hull, when we welcome. Ellen Messingham, an optometrist from the Eye Hospital, and has agreed to talk to us about diabetic eye disease. For more information, and to book your place for both the meeting and the lunch if applicable, call Sight Support Hull & East Yorkshire on 01482 342297.

### Little Weighton Village Hall

Friday 14th October 2022 - Next Illustrated Talk in Lt. Weighton Village Hall (postcode HU20 3UU) is by Gill Dixon of the Hedgehog Hospital entitled "Hedgehogs, the Gardeners' Friend". 7.30pm Tea & biscuits (included) for a talk start at 7.45pm. Tickets £4pp from Lt Weighton Post Office.

**Front cover: Millhouse Woods Lane, Cottingham.  
 Photo: Paul Lakin.**

### East Yorkshire Woodturners

Tuesday 18th October - 7pm, Skidby Village Hall, (doors open 6.30pm): Woodturning demonstration by Mick Hanbury, (No need to book - £3.50 on the door for guests). For information about the Club, please contact David Taylor, 01482 876702 or visit the Club's website: [eastyorkshirewoodturners.org.uk](http://eastyorkshirewoodturners.org.uk).

### Friends of Thwaite Gardens

Tuesday October 18th - AGM followed by a talk by Bob Hall. "Natural Remedies and toxins - Be careful what you pick", at 7.30 pm, Methodist Church Hall, Hallgate, Cottingham.

### Hull and East Riding New Stitchers

Tuesday 18th October - Jan Wride - Project Linus - talk. Meetings on the third Tuesday of the month at The Darby and Joan Hall, Finkle Street Cottingham, HU16 4AZ, 7.15pm-9.15pm.

### The Arts Society, Hull and East Riding

Tuesday 18th October - An illustrated lecture by Steven Desmond: "The Odd Couple: Lutyens and Jekyll". At 10.45 a.m. Mercure Grange Park Hotel, Willerby. Non-members welcome. Guests £5.00. For further details please contact Membership Secretary, Maureen Jones, tel. 01482 869886.

### Cottingham Catholic Women's League

Monday 19th October - at 7 30pm in the Garden room at Holy Cross RC Church, Carrington Avenue. Philit Walker, Being a Yorkshireman/Woman.

### Hull Stamp and Postcard Club

Wednesday, 19th October - 'Antarctic Expedition Postcards' - Robert McMillan, FRPSL., at 1.30 pm. in the Arlington Hall (rear of St. Mary's Church, Hallgate, Cottingham HU16 4DD). Contact Robert McMillan: [robertfmcmillan@gmail.com](mailto:robertfmcmillan@gmail.com) for further information All visitors are welcome.

### East Yorkshire Association of the National Trust

Thursday 20th October - An illustrated talk by Glennis Whyte, entitled 'Where Earth and Sky Meet - National Trust Gardens in the York area'. Cottingham Civic Hall, 7.30 p.m. Non-members are welcome.

### Little Weighton Gardeners' Club

Friday 21st October - DEFRA Expert Marcus Lazenby on How Healthy is your Garden? Plant health, pests and passports. Entry £2.00 per person. 7.30 pm. in the Village Hall.

### The Macular Society Hull Group

Friday 21st October - at Sight support Beverley Road Hull 10.30am - 12.15 pm. With guest speaker Miss Louise Downey Eye consultant Hull and East Yorkshire Eye hospital giving a talk on the latest macular treatments. This group is for people living with this condition also for their family and carers. For more information contact Bernard Messingham chairman 01482 860381.

### The Arterians

Saturday 22nd October - "The Arterians are giving a concert at St Mary's Church, Cottingham at 2.30pm in the afternoon. Price £5.00 payable at the door. Free entry for children when accompanied by an adult. Music varied to suit all tastes. The Arterians look forward to welcoming you."

*Continued on page six*

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### East Riding Flower Club

Monday October 24th - will be a demonstration by Alex Gracie entitled 'A tribute to Coco Chanel'. As usual the meeting is at Cottingham Civic Hall and starts at 2pm but we welcome friends old and new to join us for coffee/tea, cake and a good chat, from 1.00pm. We will also be selling tickets for the Christmas demonstration with Jonathan Moseley on 28th November at £15.

### Beverley Gardeners' Club

Tuesday 1st November - present a talk on YORKGATE GARDEN by Ben Preston from Perennial in St Mary's Parish Hall, Beverley, at 7.45pm. Refreshments follow meeting Annual joining fee £20 (6 talks) or guests £5 per talk. For further information contact 01482 863996.

### Cottingham Bowling Club

Is a friendly club looking for new members. The outdoor sessions end in October. Indoor Carpet Bowls start in October. The club is situated at the junction of Thwaite Street and New Village Road. If you would like more information contact L. Davey 846611.

### Alternative Aquatics

Is a local charitable, self-help group providing gentle exercise & relaxation for people with back pain and associated mobility problems, in warm water and a friendly atmosphere. Thursdays, 5-6 pm during term time, at the hydrotherapy pool, Frederick Holmes School. The cost is £39/school term. Places available, so for more information please ring Karen on 807072 or Steve on 826873.

### Cottingham Food Bank

Is organised and funded by Cottingham residents and based in the Annexe behind Zion Church, Hallgate, Cottingham. We are open every Wednesday from 10am to 11.30am and we offer a warm welcome to anyone in need of our help. We are available for anyone to use and we do not ask for vouchers or proof of eligibility. Every visitor will be given a bag of food and toiletries to take away and have the opportunity to stay for refreshments. Email: cottinghamfb@gmail.com or tel: 845920.

### Skidby Village Hall

Coffee Mornings - join us for a cuppa and a chat, all welcome! Light refreshments on sale, every Friday, 10am - 2pm. Visit [www.skidbyvillagehall.com](http://www.skidbyvillagehall.com) or @SkidbyVillageHall on Facebook for updates and information..

### North Ferriby Short Mat Bowls Club

Village Hall, 50 Church Road, North Ferriby. HU14 3AA. Tuesdays and Fridays, 10am-12noon, and Thursday Evenings from 15th September, 7pm-9pm except second Thursday each month, with qualified coach. All are welcome to any session and can borrow woods and play in stocking feet if need be. For information please contact Mike on 07889 007005.

### Cottingham & Hull Folk Dance Club

Tuesday 7pm-9-30pm at the Darby and Joan Hall Finkle St., Cottingham. No experience necessary come on your own or bring a friend for light exercise in a friendly environment everyone one welcome. For further information please contact Jan Gray on 01482840637 or Keith Alexander on 01482 509751.

### Christ Church Cottingham

Coffee Mornings 9am-1pm Monday to Thursday, full cafe menu and all proceeds for the Ukraine Aid Effort. 31a Endyke Lane HU164QD. [www.cccottingham.org.uk](http://www.cccottingham.org.uk) for more detail.

Continued on page 10

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## 'Outstanding' Book Launch to coincide with Photography Exhibition

The Viewfinder Photographic Society's annual exhibition gets underway once again in October at Skidby Village Hall and is also the perfect venue for the launch of the club's recently published book.

Entitled 'Outstanding' and with a foreword written by former MP Alan Johnson, the book contains around 200 photographs that celebrate the natural and man-made beauty of Hull and East Yorkshire. Images have been captured by club members as part of a project spanning the last few years with the support of East Riding Council.

Copies of the book will be on sale at the exhibition, which this year is sponsored by Acklams Holidays. As usual, admission is free and the display showcases club members' recent photographs. Visitors are able to browse the pictures, vote for their favourite images and buy from stalls selling cards, prints and gift items.

Once again, the club has also been invited to take the exhibition to Lockington Village Hall for

visitors to enjoy, so anyone that can't see the exhibition in Skidby will have another opportunity in the East Riding the following weekend.

The Viewfinder Photographic Society, which has a waiting list, provides a place for members to learn more about their photography by being with others who share their passion.

Exhibition opening times:

Friday 7th October 2022 10.00am – 5.00pm

Saturday 8th October 2022 10.00am – 5.00pm

Sunday 9th October 2022 10.00am – 5.00pm

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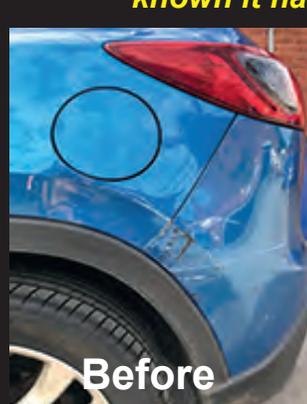
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## Cottingham Parish Council



Welcome to our section of the *Cottingham Times* that keeps our residents updated with some of the projects that Cottingham Parish Council is involved with.

### Word from the Deputy Clerk

Cottingham Parish Council joins the country and the Commonwealth in mourning the passing of Her Majesty Queen Elizabeth II with our thoughts and condolences to the Royal Family.

A book of condolence has been opened within the ERYC Cottingham Customer Service Centre on Market Green. Further information and the official Royal Family Book of Condolence can be found on [www.royal.uk](http://www.royal.uk)

Nicola Pape

Nicola Pape, Deputy Clerk to Cottingham Parish Council, [deputyclerk@cottinghamcouncil.org](mailto:deputyclerk@cottinghamcouncil.org)

### Meetings

Please visit our website [www.cottinghamparishcouncil.org.uk](http://www.cottinghamparishcouncil.org.uk) for dates of our upcoming meetings

### Cottingham Christmas Festival.....

This year we are inundated with requests from traders wishing to take part in our Christmas Festival on Sunday 4<sup>th</sup> December – stalls are quickly being booked up, if you would like to be considered for a stall please email the office for a booking form: [deputyclerk@cottinghamcouncil.org](mailto:deputyclerk@cottinghamcouncil.org)

### Around Cottingham

Recycling rubbish is an issue which many residents take seriously, however, due to issues with the bottle banks in the Co-Operative car park East Riding Council have arranged for these to be removed. Signage will be installed advising the location of other local bottle banks

Whilst the Memorial Gardens continue to be enjoyed by the public, unfortunately, food waste is being thrown onto the grassed area and not placed in the bins provided, this can attract vermin. Also please remember to pick up after your dog and keep your dog on a lead

We have been informed our long awaited Jubilee bench is nearing completion and in due course will be installed on King Street.

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### Cottingham Tennis Club (off Hull Road)

A friendly club looking for new members at all levels including absolute beginners. We have excellent facilities including three floodlit, all-weather artificial grass courts. Lots of opportunities for social and competitive tennis and a dedicated coaching team. Contact Matthew Fletcher on 07814 495931 for more information and to arrange to visit the club.

### Christ Church Cottingham Play Cafe

Family cafe environment with play area and reduced cost cafe menu. Every Thursday 9am-1pm, all welcome. All proceeds to support the Ukraine Aid Effort.

### Cottingham Badminton Club

Badminton Tuesday/Thursday evenings, 8.00pm while 9.30pm. Cottingham High School. £3 per session. No booking required, just turn up and play. Fun and friendly. Open to all levels and abilities. Steve Baker 07795680912/870906"

## The Phoenix Walkers

The Phoenix Walking Club autumn walks list is now out  
 Join us for a Sunday adult coach ramble  
 Oct 9th Lodge Moor (Sheffield)  
 Oct 23rd Riccall ( Selby York)  
 For more details contact  
 Sid and Sue 01482 701325  
 or email [Phoenixwalkingclub@outlook.com](mailto:Phoenixwalkingclub@outlook.com)  
 Looking forward to hearing from you

## St Mary's Church - Gift Day Saturday 8th October

This year we're raising funds to improve the facilities in our Halls for the benefit of the many community groups who use them.

Can you help? You can donate at any time by scanning the QR code below with your smartphone. Also, there are donation envelopes in church. Or on our Gift Day on Saturday 8th October our team will be at the church to receive donations from 10.00 a.m. to 4.00 p.m. Tea and coffee available.

### Activities on the day:

- explore your historic parish church - here for Cottingham for over 800 years
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Discover more about St Mary's at [www.stmaryscottingham.org](http://www.stmaryscottingham.org) or on Facebook.

**Thank you! We look forward to welcoming you.**



## Stand-up comedy event furnishes Quiet Room on Ward 31

Prior to the pandemic, Laura Baxter and Julia Madden organised a 'Laugh at the Law' fundraising event, bringing together solicitors, as they became stand-up comedians, to raise funds for charitable group known as 'The Big C'.

'The Big C' was inspired by Laura who was diagnosed with thyroid cancer in 2015. Laura and has made a full recovery following a thyroidectomy and radiotherapy, and Julia's mum is undergoing cancer treatment. Laura and Julia decided they wanted to raise money for the Queen's Centre, for Oncology and Haematology at Castle Hill Hospital, which cares for cancer patients from across the region.

Laura said, "With the support of our firms, Begbies Traynor Group, Gosschalks and a helping hand from the Smile Foundation, we got our heads together and decided on a charity lunch which we branded as Laugh at the Law involving four solicitors becoming stand-up comedians for the afternoon. The event raised an astonishing £8,000 which meant not only could we raise funds to buy the small items but also furnish the quiet room in Ward 31."

The aim for our group 'The Big C' is to raise enough funds to provide items to make cancer patients cared for across our regions time in hospital and a home more comfortable. We

have helped in various ways, including paying for a family to go to Blackpool, the father had cancer and couple could not afford their annual trip. We have helped provide iPads and Kindles, for hospitals, magazine subscriptions, and Airglove arm-warmers for patients undergoing chemotherapy, enabling more comfortable access to veins for cannulation.

Laura and Julia worked alongside WISHH, the official charity of Hull Hospitals to identify the room where their fundraising could make a difference. With input from the ward 31 staff and patients, a beautiful haven has been created.



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## Wordsearch - Gardening

Can you find the hidden words. They may be horizontal, vertical, diagonal, forwards or backwards.

F S W H E E L B A R R O W W H G E G R  
U P E G S P E T U N I A S S N F N R T  
C A G O R T L S O I L O C I N O W A U  
H D H R R E L R O W S A T O M A E K L  
S E R O O A E S S E B N I E M A E E I  
I S W C U W F N S D A T R N E P L B P  
A E C N U O E O H L L U O G N O O S S  
L L N A I L R G P O T O N M V E U S F  
P A B R L N T M N L U A G E A N I L T  
I I E E O I I I U I R S G I S T O B S  
N N E T C A L C V D G E E H R W O S E  
W N T A C R I I Y A T G I E E A E E I  
H E S W O T Z H E A T N I R D O M V S  
E R G A R D E N B S E E S D H S S O I  
E E O O B D R L O E C I N A G R O L A  
L P H S S D E E W G N I X A L E R G D  
L E V O H S A E P S M U I N A R E G H  
O P P I T C H F O R K E C A R R O T S

Find the words in the letters above:

Annuals, Beans, Beets, Biennial, Broccoli, Carrots, Compost, Cultivate, Daisies, Digging, Fertilizer, Flowers, Fuchsia, Garden, Geraniums, Gloves, Gnome, Greenhouse, Grow, Hoes, Horticulture, Hose, Hydrangea, Lilacs, Lilies, Marigolds, Organic, Peas, Perennial, Petunias, Pinwheel, Pitch Fork, Planting, Rain, Rake, Relaxing, Roses, Rows, Seeds, Shovel, Soil, Spade, Sunshine, Tomatoes, Trowel, Tulips, Vegetables, Water, Weeds, Wheelbarrow.

Wordsearch courtesy of <http://www.puzzles.ca/wordsearch.html>

## Sudoku No. 183

This is an easy challenge this month - Answer on page 29

	8						9
		7		2			
		3	9	6	4		
5		8		7			4
					8		
2		4			3		9
8		2				7	4
		9		8			5
7				1	6		

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# MARION OWEN TRAVEL



September has flown by. We had three tours depart and welcomed new guests on board our coach some experiencing their very first coach holiday ever. Their comments were wonderful. Often I take for granted what is actually included in touring holidays but lets have a little refresher.

- Convenient joining points
- You don't have to find your own way about
- You see more from a coach than a car especially if you normally do the driving
- You can sit back relax and let someone else take care of the finer details.
- The security of having a fully escorted experience, any situation can be taken care of.
- Great value for money, when you start to add up all of the components included in your tour you will see you cannot do it yourself for less!

This week a friend sent me an email regarding our Thursford Tours and pointed out that if you book direct with the hotel and drive yourself in your own car the cost is only £10 less than we are charging!

On our own tour we always have two crew on our tours and guarantee a clean, comfortable coach & great on board service.

We sell tours all over the world hot spots for 2023 are New Zealand, Australia, South America, Canada & Alaska, Vietnam & Cambodia.

Holiday time is precious and travelling to new places broadens the mind. The very best way to experience a new destination and make the most of your visit is on an escorted tour or cruise. You probably know I love my cruising, I am happy on water down a river or on the ocean. We have fabulous offers available on all cruise lines along with 12 exclusive departures with Fred Olsen. The beauty of cruising is you get to explore a variety of destinations yet only unpack the once.

I must mention Jet2 holidays, we regularly get strangers calling for help as they have booked direct on line and cannot get anyone to talk to. We cannot help but you could book your holiday with us. Yesterday we booked a group of teenagers to Gran Canaria and saved them £30 per room on the internet price. They also have the peace of mind we are here 24/7 for any situation that may arise.

Travel is getting easier but travel documents are still later than normal and we ask you to be patient. We are getting everyone away but changes are still happening.

**We book all holidays with all tour operators & cruise lines.** Our wealth of first hand knowledge travelling around the world by land, sea & air allows us to make your travel simple & hassle free leaving you to relax and look forward to enjoying your holiday.

We look forward to creating your special memories when we book your next holiday whether a break in the UK or a far away holiday to any corner of our world.

Best wishes

*Marion*



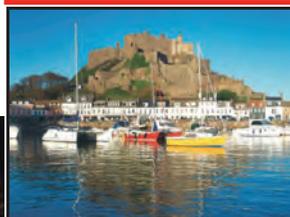
## Our very own exclusive holidays experience the difference

All fully escorted by Marion or Emma.

Our usual pick ups are Beverley, Cottingham, Willerby, Swanland & Elloughton except Thursford.

16 Nov	Boundary Mills bargain shopping just for the day	£ 20
21 Nov	Holly & Mistletoe - 5 days Tynedale LLandudno	£ 485
03 Dec	Bristol Christmas Market Weekend, staying in the centre of Bristol & enjoying a fantastic Sunday evening dinner & cabaret with the Mike James Orchestra 3 special festive days	£ 325
09 Dec	Travelmarvel festive river cruise - solos no supp!	£1495
19 Jan	Boundary Mills for the January Sales bargain shopping	£ 20
03 Feb	Tribute weekend Abba & Bubl� 2 nights DBB	£ 299
27 Feb	Spring in Dorset 5 days very inclusive	£ 500
10 Apr	Holland & Belgium river cruise 6* Scenic via direct Ferries. All inclusive of excursions, tips, premium drinks - you can leave your purse at home!	From £1885
23 May	Regent Seven Sea's cruise ex Southampton all inc. luxury 6 star 10 nights from your door starting price	From £6669
14 Jun	Jersey by Sea - staying at the Monterey - 9 days	£1125
14 Jul	Welsh Adventure - 7 nights two centre 3 nights at the Min Y Mor Barmouth + 4 nights at the Tynedale scenery, seaside, train rides, castles & more	£ 975
07 Oct	Northern Belle, Britains most Luxurious Train. Full day outing to Carlisle travelling the iconic Settle to Carlisle route. Brunch outbound, 5 course dinner return journey.	£ 495
22 Oct	Fred Olsen 10 night cruise visiting the lovely ports of Lisbon, Gibraltar, Cadiz, Malaga & La Coruna. Sails from Liverpool. Emma will be sailing with you.	£1399 inc Drinks
16 Nov & 1 Dec	Thursford Christmas Spectacular, the best seats in the house & a super hotel close by 1 night Dinner B&B. Limited single rooms + £10	£245
More specials will be added in due course for 2023 & 24		

We have regular pick up points for our tours but optional travel from your door is available on any holiday or cruise booked with Marion Owen Travel please ask for details



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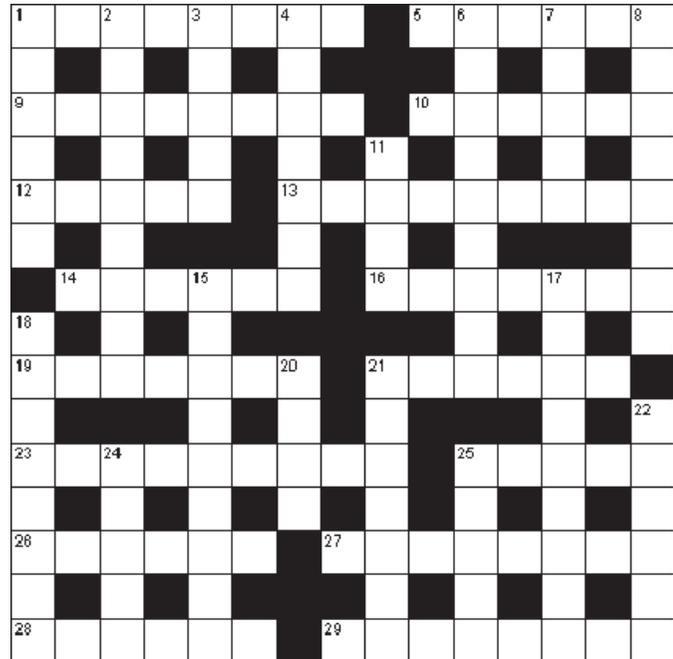
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**Crossword - Solution on page 29**



**Across:**

- 1 Swerved (8)
- 5 An ointment (6)
- 9 See-through (8)
- 10 Known as (archaic) (6)
- 12 Spring month (5)
- 13 Creates something new (9)
- 14 Chompers (6)
- 16 Part or serving (7)
- 19 Famously (7)
- 21 Make smaller (6)
- 23 Parts of a word (9)
- 25 Foliage (5)
- 26 Mar (6)
- 27 Something used to tie (8)
- 28 Gestures of indifference (6)
- 29 Break the heart of (8)

**Down:**

- 1 Brandy (6)
- 2 Personal discipline (9)
- 3 Electronic letters (5)
- 4 Foes (7)
- 6 Cured or healed (9)
- 7 Clumsy (5)
- 8 Craftsmen (8)
- 11 Break (4)
- 15 Hugging (9)
- 17 An inserted document (9)
- 18 Followers of an early heretic teaching (8)
- 20 Christmas time (4)
- 21 Relaxing (7)
- 22 Glue (6)
- 24 Outcast (5)
- 25 Panache (5)

*Crossword courtesy of [www.crosswordpalace.com](http://www.crosswordpalace.com)  
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## Open Art returns to Beverley Art Gallery

The 23rd Open Art Exhibition will be open until 7 January, 2023.

After an enforced break since 2019, the team at the Art Gallery are looking forward to welcoming back Open Art, which always proves popular, both with participants and visitors.

Selection of entries took place in early September. This year's selectors were well known Beverley artists and tutors Neil Helyard and Mimi Cloughton.



The new curator of Beverley Art Gallery, Hannah Willetts, said: "I know that the Open Art Exhibition at Beverley Art Gallery is so important for celebrating the artistic talents of the people of Beverley. It's wonderful to see so much local creativity, and I'm delighted to be starting my post as Art Gallery Curator in time for the exhibition."

Beverley Art Gallery is located in the Treasure House in Champney Road, and entry is free. There is no need to book in advance.

For more information about opening times, and opening hours for the Treasure House café, visit the East Riding Museums website, [www.eastridingmuseums.co.uk](http://www.eastridingmuseums.co.uk) and follow on social media:

@BeverleyArtGallery on Facebook and Instagram  
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### What is Hyperbaric Oxygen Therapy (HBOT)?

Hyperbaric oxygen therapy, also known as HBOT, combines two elements - increased oxygen, and increased pressure - this helps the body absorb more oxygen into the system, thereby increasing oxygenated blood flow and promoting healing.

The increased pressure is what helps encourage your body to absorb these higher levels of oxygen directly into the bloodstream, brain cells, and nervous system. This then helps to fight any inflammation, pain, and infection you may have.

The therapy involves relaxing in one of our specialist chambers and breathing in almost pure pressurised oxygen. People really enjoy the relaxation and can listen to music, read a book, watch their favourite series, or simply just have a sleep while the chamber works its magic. The chambers even have windows in the side so you can see out.

### What happens during a HBOT session?

A HBOT session can last 60 or 90 minutes. It will take around 3 minutes for the chamber to reach the correct pressure. In this time, you may experience a little discomfort in your ears, similar to what you experience when you fly. Once at the correct pressure you can then relax and enjoy your session. A person will be outside the chamber throughout the whole process of increasing and decreasing the pressure. During this course you will be able to go at your own pace so you feel comfortable the whole time.

### How many sessions will I need?

The number of sessions depends on your reason for starting treatment. It is not necessarily how many sessions you need but how frequent you come. We find the more often you come the greater your results. Most people start to see benefits around their 10th session when completed within 2 weeks.

Customers can choose from a one-off session or make a block booking for a course of the therapy. For those worried about feeling claustrophobic, they're welcome to come along to the centre and check out the chamber before committing to paying for a session, so they can decide whether it's right for them.

**The Heal-Air are based at Newland Avenue, Hull. You can find more information on their website [www.thehealair.co.uk](http://www.thehealair.co.uk) or call 01482 689035**





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The Wines of Tuscany

Tuscany is famous for its beautiful landscapes (the incomparable Tuscan hills), the unrivalled cultural history of its major cities - Florence, Livorno, Carrara, Pisa, Sienna - and its most famous wine, Chianti.

This magnificent region in the north west of the Italian peninsula is the second biggest wine growing area of Italy, with an annual production of 110 million gallons. But the reputation of Chianti, sometimes called the “Bordeaux of Italy”, has nosedived in the past 30 or 40 years because of the cheap plonk bearing the Chianti name and often served with fast-food versions of pizza that, equally, bear little resemblance to the real thing.

Chianti was historically associated with a squat bottle enclosed in a straw basked, called a fiasco (flask), and I can still recall in my early wine-drinking days thinking this was the height of sophistication, much in the same way as ordering the equally exotic-looking Mateus Rose.

The truth was that it was inevitably garbage and experiences such as this still prejudices people towards Chianti. Which is a shame because it can be a glorious quaffing wine full of juicy cherry, raspberry and plummy fruit flavours.

Today, few winemakers use the straw-covered flask-shaped bottles and efforts have been made through regulation, to rehabilitate the wine’s reputation.

History tells us that the earliest Chianti was a white wine; today it is 100 per cent red and the rules stipulate it must be composed of 75 to 100 per cent Sangiovese, the most widely-planted grape variety in Italy, the optional 25 per cent being made up of Tuscan varieties like Canaiolo or Colorino or the more well-know Cabernet, Merlot or Syrah grapes.

Wines labelled “Chianti Classico” come from the biggest sub-area of Chianti, that includes the original Chianti heartland. Only Chianti from this sub-zone may boast the black rooster seal (known in Italian as a gallo nero) on the neck of the bottle, which indicates that the producer of the wine is a member of the Chianti Classico Consortium, the local association of producers.

Aged Chianti (38 months instead of 4-7), may be labelled as Reserva. Chianti that meets more stringent requirements (lower yield, higher alcohol content and dry extract) may be labelled as Chianti Superiore, although Chianti from the “Classico” sub-area is not allowed in any event to be labelled as “Superiore”.

Piccini is a wine brand that you may well recognise even if you haven’t tried any of their wine. Widely available, the Piccini winery is located in the heart of the Chianti Classico zone and Piccini Orange Label Chianti is a classic Chianti for everyday drinking.

Now run by fourth-generation brother-and-sister team Martina and Mario, Piccini has been making wines for 131 years. “We still make it in a very classic Tuscan style and use our knowledge of our grapes, soils and famously warm sun to give ripe red fruit flavours on both the nose and palate,” says Martina.

Deep ruby red in colour with intense aromas of juicy red fruit, this is a well-structured and smooth wine with soft tannins, perfect with a variety of foods - from pizza to pasta dishes, roast beef to lamb cutlets.

\* Among the many things I read following the sad news of the death of Her Majesty Queen Elizabeth II was this little snippet of information . . . The Queen’s favourite drink, a Dubonnet cocktail. Apparently it sparked a sales boom, reportedly leading to bottles of the French aperitif selling out in supermarket stores.

The Queen reportedly loved the drink so much that she gave Dubonnet a Royal Warrant in November 2021. The 14.8 per cent ABV French aperitif brand, which was previously also a favourite of the Queen Mother, is owned by Pernod Ricard and made with a blend of fortified wine, herbs, and spices including black tea, quinine and blackcurrant that, combined, taste very much like a slightly sweeter and gentler Campari.

For those looking to emulate the drink, the Dubonnet cocktail favoured by the Queen follows a simple recipe with three components: Dubonnet, gin (Her Majesty’s preference was for Gordon’s London dry gin), and a lemon slice or wheel.

And here’s how to make it: You will need 1 ounce gin, 2 ounces Dubonnet, Half lemon wheel and ice cubes

Method: Pour one part gin and two parts Dubonnet into a small wine glass. Add the lemon, and top with two ice cubes, sinking the lemon, or simply use the lemon to garnish.

The “By Appointment to HM the Queen” labels will appear on Dubonnet bottles from next year.

\* As we went to press we learned that East Yorkshire-based wine firm House of Townend, no stranger to awards, had been short-listed in four categories in this year’s Decanter Magazine Retailer Awards - for “best mid-size online retailer”, for “best regional wine shop” in the North East, and for “best specialist retailer” in two categories - for Burgundy and for Bordeaux wines.

I will bring you the results next month.

BEST BUYS



Peter Yealands Sauvignon Blanc

**Where:** Co-op  
**When:** Now, until October 18  
**Why:** Yealands’ goal is to make excellent wines using sustainable and environmentally friendly methods. This food-friendly Sauvignon shows typical flavours of citrus and passion fruit and a crisp, long finish.

£8.00 (was £10.00)



Cune White Rioja

**Where:** Co-op  
**When:** Now, until October 18  
**Why:** A softly oaked but fruity white. A reminder of how good white Rioja can be - 100 per cent Viura grapes (sometimes called Macabeo) with fresh citrus flavours and toasty richness. Great with roast chicken.

£7.50 (was £9.50)



Campo Nuevo Tempranillo

**Where:** the Cellar Door, Melton  
**When:** Now, while stocks last  
**Why:** A great value Spanish red from Navarra with more than a nod to it’s illustrious neighbour, Rioja. Perfect easy drinking and generous style, with a surprising degree of depth and lushness to the ripe red fruits.

£6.99 (was £8.99)



Secret Cellar Shiraz / Grenache

**Where:** Waitrose  
**When:** Now, until November 1  
**Why:** This velvety red is a soft blend of spicy Shiraz and succulent Grenache, with lovely peppery notes and juicy black fruit flavours.

£5.99 (was £8.99)



## Melanie Watson of Skidby Livery Stables with the latest of her monthly articles

[www.instinctivehorsetraining.co.uk](http://www.instinctivehorsetraining.co.uk)



## Village life is a special gift

In a world increasingly becoming frantic, being able to hold on to some form of rural life is special. Living in a village has a community feel. Folks get to know one another and care is shown to the more vulnerable.

I started my horse livery and training business in Skidby way back in 1985 when I was in my early 20's. However, my connection to this village started when I was 14. My best friend Helen and I used to come over to Norman Porters house to ride the horses he kept behind his house. I lived and went to school in Hessle but Skidby became a second home.

Who would have thought that so much of a life from an "outsider" could have become so inter entwined as mine has been.

When I left home to study and work abroad, it was Skidby I returned to and eventually started my business. I lived at no 63 for 4 years before moving to just the other side of the Bridge when I got married. Many years later I returned to live back in Skidby where I guess I will stay till I die- who knows? I absolutely feel that this village is my bricks and mortar.

The thing about a village is that there are always the extraordinary village characters and they become a focal point for so many. We have lost so many over the years to old age and illness but for those who knew them, they are forever entwined.

Don Harrison still stands leaning against his wall whiling away the hours talking to Richard Marsden and passers-by. His memories of times gone by were amazing and enthralling to a young woman as I was back then. His beautiful wife will always be out walking her



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Collies, striding along the pavement heading for the Risby tracks.

Neighbours become good friends when they become intrinsically woven into our personal lives. I still see little Rob from No 61 out feeding so many cats. I hear Ivan's laughter. The gentleman who was Jack Mainprize with his hand lifted in a wave. John Spencer still shouts funny comments over his fence while gardening. He taught so many of us to "play the spoons" on high days and holidays! Blackie, when not working on the Petrol station foyer or out with his dog, would always be sat in the pub. Geoff, with his big smile, his booming voice and his hand in his pocket always buying someone a drink when not tinkering with his beloved motor bikes. Our village is less without them all, but the hands of time move on and our children grow up into adulthood. Those people we learn to love are always there in our minds eye. We miss them and the village is less without them. However, our memories of them keep us smiling.

The recent passing of Norman Porter is another end of an era. Always dancing in the pub on a Friday night and telling funny stories. Norman lived in Skidby for over 50 years and he was a popular person to so very many. He was my closest friend and I shall never stop missing him.

Sadly the way the world is changing, the farming/countryside connection inside villages is being squeezed out to miles of new housing. Skidby has never been so encroached as it is now. Let's all hope that Cottingham does not end up swallowing Skidby as it appears to be trying to do. I will never be able to get my head around the insanity of new building on productive farm and green land. Where will it end?

Village life has changed for the worse in some cases. An increasing number of residents now complain about the number of dog walkers, the number of horses on the roads which they object to as inconvenient to their driving and the number and noise of tractors holding them up as they try to go from A to B. It's like they want to live in a more pleasant rural setting yet dislike what rural life is all about.

My wish is that people remember what it is to live life a little slower. To take pleasure from simple things. To show respect and concern for others and to learn to care for what should be a very special community and environment. To become involved in sharing rather than taking and to stop complaining about what is the fabric of precious rural life.

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## To cuddle or not to cuddle

The time of the year all pet owners' dread... November 5th. Whether you own a dog, cat or rabbit, they all can be affected by the noise and lights. It is so worrying for pets as they do not understand what is going on and the 'fright and flight' sets in. It shall be especially difficult for pets such as Dexter, my daughter Natalie's dog, has the most distressing phobia I have ever seen. He starts with a tremble then it emerges in to complete violent shake, not knowing where to put himself. How does Natalie cope as this is a learnt behaviour from a pup and she adopted him at two years old?

### Here are a few tips:

Communication is the key word. When a baby arrives within the family, the soothing voice of their parents, whispering against their cheek, eventually brings harmony to the household. As the weeks turn into months and progresses into the first year, the baby responds more to words of comfort rather than 'ssshhhhhh'. This is where the similarity starts and finishes with our pets.

With November on the horizon, you will be quite rightly thinking why have I gone off at such a tangent but the link will

hopefully become clear. Also why talk about it now when it is a month away. Time is the essence and the sooner you start, the better it will (hopefully) become. Also, it just doesn't stop at Guy Fawkes night but carries on to New Year.....so there is no time like the present to begin training and making your home a safe place to be.

Asking any responsible pet owner, I can imagine the response to 5th November would be filled with dread. The thought of pacifying our pets whilst the bangs, hissing, bright lights are going on outside, just doesn't bare thinking about. There is the odd pet who is not afraid, like our late dogs Teal and Charlie not to mention my infamous Tali but the majority are terrified...so what do we do?

Our first response is to cuddle our pets, just like we do our children when they are afraid of sleeping alone. Cuddling and reassuring them that everything will be alright. This works ideally for the child who understands or the baby feeling the closeness but what about a terrified animal? They do not understand as we would, so soothing them with the words "There there do not be afraid" can be translated to "Help, I need you to guard me!". By ignoring your pet and carrying on with your usual evening routine, will help instigate a calm aura around the house. If they sense you are not frightened, then they are calm.

Make sure your pet always has somewhere to hide if they wish (if no safe haven has been previously provided) and make sure there is access to this place at all times. For example, this could be under some furniture or in a cupboard. If your pet would like, you could play with them, ignoring all the noises but do not insist if your pet is not interested.

Never punish or over fuss with your pet when it is scared. This will only make matters worse. Closing the curtains, putting on the television, or playing the radio will help mask and muffle the sights and sounds of the fireworks.

Ideally all pets should be micro-chipped but especially so around this season just in case they are frightened and escape.

Please also do not forget our very small friends, ie. rabbits, guinea pigs etc. Invariably they are usually kept outside, so move them inside a shed/garage if possible and cover the hutch to blot out any bright lights. I do this for my rabbits and also put on a radio as loud as possible to drown out any noise.

Finally in the case of our canine friends, they will most likely need a walk before dusk. If this is so, please be aware of the most probable dangers in using an extending lead. It is so difficult to control a bolting dog on the end of four metres of line after a sudden loud 'BANG'! The pavements are very close to the roads, so both dog and car do not stand a chance. Please try to use a normal lead whenever possible and keep the extending one for the park.

### AND FINALLY...TALI...

Yes, I have booked another camping trip, this time near Pickering. Long walks around the town and a visit to Whitby is on the agenda and maybe another train ride. Foolish you maybe thinking after my incident in Wales but no....this is the Pickering to Grosmont full size steam train. Knowing Tali, time will tell.

*Until the next time . . . . .*

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## Your Hearing Consultants has opened on Hallgate, Cottingham

Your Hearing Consultants offer premium hearing solutions and a professional service that is accessible to all, whether that is at one of our clinics or the comfort of your own home. "For us it's personal and that is what really makes us stand out from the crowd," according to owner and Audiologist Lucy Cabaniuk.

Lucy, who is a Senior Audiologist and clinical director, founded Your Hearing Consultants in her hometown of Pocklington in July 2021.

Since then, the business has opened clinics in York, Howden and Driffield as well as serving the wider East Riding and parts of North Yorkshire as a domiciliary service. On September 12th the business opened its doors to a permanent, state of the art clinic at 177 Hallgate, Cottingham.

At Your Hearing Consultants in Cottingham, Lucy works closely with Audiologist Jo Dalton, Hearing Care Specialist Lesley Thornton and Client Care Coordinator Danielle Wise, who will be in residence at the new clinic providing a full hearing care service, including ear wax removal, hearing assessment and hearing aids. The team has over 30 years cumulative experience in providing high quality healthcare.

"I set up Your Hearing Consultants, having previously worked as a regional manager for a major high-street



audiology company and for the NHS as a clinical audiologist, as I saw a real gap in the market for a high-quality local provider in Yorkshire to serve our communities in a more personalised way.

"We began with a domiciliary service, but now have full-time clinics in Cottingham and Pocklington. I am delighted with the progress that our business has made in such a short space of time.

"Generally Yorkshire is a place which is under-served considering its size, especially since GP surgeries stopped providing ear wax removal services. Since then, it has become difficult for people to access ear care appointments, and you can be waiting up to a year for micro-suction on the NHS if you are lucky enough to get a referral.

We started Your Hearing Consultants to make hearing care more accessible within local communities. We are proudly 100% independent and care about the business we have created and the communities we serve. Being independent means that we are not limited by any one hearing aid supplier and have the freedom to always provide the best customised solutions for your hearing needs, lifestyle, and budget. We can't wait to offer premium quality hearing care services in Cottingham.

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Pictured above: Lucy and Emma

[www.cottinghamtimes.co.uk](http://www.cottinghamtimes.co.uk) - October 21



# “The Tooth and Nothing but The Tooth”

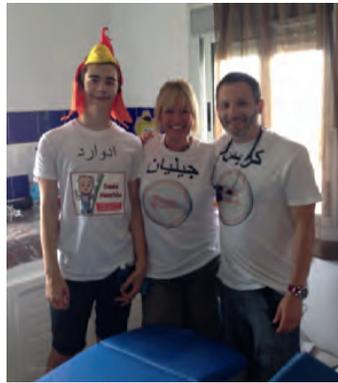
by  
**Chris ‘ Dr. Smile  
Maker’ Branfield**

## We are back!!

**H**ello again, I hope you are well. I don’t know about you but I had a great summer with the weather. It just gives more to do outside and makes it more enjoyable. We did Tribfest (music festival at Sledmere) for our 11<sup>th</sup> year on the bounce. It’s great fun and helped by the good weather.

### So, who’s back?

Dental Mavericks, that’s who. Dental mavericks is the charity that I’m a founder member and trustee of. We treat children in Morocco with no access to a dentist. We also work in Lebanon funding dental work to vulnerable people. Lebanon is in a proper crisis now. It started in 2010 and I’ve personally treated patients on 15 projects, mainly in Morocco but also in Greece treating refugees. Over the years Castle Park Dental Care has been well represented (in fact the most represented) dental practice in Morocco. Our



former practice manager Gillian Fisher came out several times as a volunteer. My son, Edward, first came out as a volunteer as trainee dental nurse on several occasions and won an award as a most inspirational person. On our last project to Morocco in October 2019 Edward went as a clinician treating children to get them out of daily pain. Proud dad! In the photo (2014) Edward has a random chicken hat on. This helped as a fun ice breaker and helped distract the kids. It’s difficult with a language barrier so every little helps.

My last project in 2019 was my favourite in many ways. We had a young contingent of clinicians from New Zealand as well. All projects are nerve racking but the first ones more so as it the unknown and completely out of your comfort zone. I saw these young clinicians grow in front of my eyes. It was heart-warming and I’m glad to be a part of their development. Dental mavericks is a tough gig, mentally, physically and emotionally but has been worth it.



### The trip to work



### New projects and new clinic

There has not been a project involving dentists going over to Morocco for three years. We have kept up with providing toothbrushes and toothpaste. The Red Crescent (same as Red Cross) has helped with oral hygiene coaching and oral health advice whilst we were not allowed to go. In October this year there will a new project with dentists and dental nurses going over again, working alongside a Moroccan dentist. There are more projects planned for 2023 as well. I have been involved on trustee meetings all the while and been involved in working out provisions etc for the next trip. Unfortunately, I won’t be able to go there this year but next year I will be involved as a volunteer on the ground again. Here’s to making a difference

Until next time. Take care and be good.

*Chris*



Chris Branfield has been clinical lead since 2008 at Castle Park Dental Care, Castle Villa, 28 Castle Road, Cottingham, telephone 01482 772550. He has been in dental practice for 29 years and has a special interest in Life Changing, Pain Free Dentistry with Dental Implants, Teeth Straightening and Cosmetic Dentistry. Chris is founder member and trustee of Dental Mavericks charity- ending the daily dental pain of Moroccan kids. For more patient success stories and Chris’ Humanitarian work go here now [www.castleparkdental.co.uk](http://www.castleparkdental.co.uk).

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## Quality Water is our Business

### Hard Water Horrors ?

Fitting a new kitchen or bathroom is often an occasion that gets people thinking about protecting their planned investment from the ravages of hard water; limescale, soap scum, streaks and spotting . . . the list goes on.

After all the effort and cost of selecting and fitting your new units and appliances its only natural to want to keep them sparkling and pristine and the one guaranteed way in our hard water county is to find the correct water softener for the property and get it installed as soon as possible.

Immediately after it is installed, a professionally specified and installed unit will protect plumbing, showers and appliances and keep everything at peak efficiency and performance year after year.

Amazingly the softener doesn't stop there, it will also undo the previous years of scale build up in existing plumbing and appliances and over a period of 12 months or so it will gently dissolve away the limescale.

Cleaning and care for kitchen and bathroom is transformed with a softener; no need for harsh chemicals or scrubbing and elbow grease; a rinse and wipe down is all that is needed.

### How will I find room for a water softener, they are huge aren't they?

Well, yes they used to be and indeed some of the older styles and more basic "builder grade" softeners still available are on the bulky side, however the good news is that there are now compact, non electric "consumer range" softeners that are the size of a tower computer, superbly efficient and stylishly designed to blend in.

### Will we need plug sockets and a degree in computers to operate it?

In a word, no. The modern softeners no longer need electric power, they are kinetically powered by water flow and are pre set by our skilled installer to give perfectly soft water all of the time, no dials to set or

flashing lights to look out for, its all perfectly simple, perfectly soft.

### I don't want to be moving big heavy bags of salt around, has this been improved?

Yes indeed it has, I'm pleased to say, compressed 4kg Salt blocks are now available for certain units, which makes storing and replenishing salt much easier and salt can be delivered direct to your door or picked up from our Hull store as required.



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Enjoy a shiny, limescale-free kettle

All the above benefits of a softener will not be at the top of most long term softener owners list of reasons they would not be without theirs, they almost all say it is the luxury of bathing, showering and washing in the superbly soft water, not to mention the super soft fluffy towels that are the product of softened water laundry.



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## Motoring - with Roy Woodcock



### A new car in the fast lane when it comes to the latest technology is the new DS4. Roy Woodcock road tests a Hybrid version . . .

“Your car; it’s got really funny lights,” my wife said to me after following her home from a trip to the coast (we were using two cars because we had family staying, including two grandkids). “They seem to twinkle; I’ve never seen anything quite like them,” I was informed.

I think what she was driving at, in a roundabout sort of way, was that here was a car - and we’re talking about the brand new DS4 - that truly does have a stand-out appearance. Including those lights - they do sparkle.

This is a French-built luxury car challenging more established front-runners from the likes of Audi, BMW and Mercedes and does look genuinely classy. And in a word, different.

Its elegant, the long bonnet makes the silhouette appear dynamic, the roof stretches down very low on a steeply sloping rear window, while from the rear it looks very muscular.

I love the contrasting black roof which really helps the car stand out and the nicest touch of all - the flush-fitting door handles which pop out when you blip the key fob approaching the car (they recede again once you’re underway).

Inside, the style gurus have been at it again - the screens (including a main 10-inch touchscreen) and everything associated with them you’ll love if you’re an Apple devotee while the heads-up display really is state of the art. It’s claimed to be closer to augmented reality than any other system.

The information viewed doesn’t just get projected on to the windscreen; instead it’s projected further out on to your view of the road in a range four metres ahead and on an image 21 inches wide.

The ride, though, is where it really scores and if longer journeys and motorway treks are the norm, this could be the car for you - one of the smoothest rides I have experienced. It has an Active Scan Suspension system which scans the road ahead as you drive, over a distance of between five and 25-metres and alters damping, dependent on the state of the tarmac.

Depending on how far back your memory goes you may remember DS models being badged Citroen, but since they were hived off to become a stand-alone brand (within the

24 October- [www.cottinghamtimes.co.uk](http://www.cottinghamtimes.co.uk)

Peugeot/Citroen group) they have really cemented their position as offering luxury cars with a difference.

The all-new DS4, just released to UK customers, is available in three distinct variants: DS - a versatile, premium, hatchback; Performance Line - sporting a more athletic look; and DS Cross - with SUV-inspired styling cues, including side skirts, gloss black roof bars, front and rear skids and black bumpers.

Engine-wise, there’s a 130hp 1.5-litre BlueHDi 130 diesel for those still addicted to the black pump; three conventional PureTech petrol units (a three cylinder turbo 1.2-litre unit with 130hp; and two 1.6-litre powerplants, with either 180 or 225hp) and although there’s no no full-electric variant, there is a plug-in Hybrid, which I was testing here.

It’s a smooth, quiet and powerful engine - a 1.6-litre petrol engine mated to an electric motor powered by a 12.4kWh battery for a combined output of 225hp and an electric-only driving range of 31 miles.

The acceleration is smooth and there are numerous driving modes, including electric only, hybrid, eco, normal and sport. As I say, a really nice car to drive and be in.

There are a few downsides, though, and it’s only fair to mention these; after all, we are talking about a car which sits in a price range from £26,860 to £42,200. So, not cheap then.

My major gripe was the lack of space in the boot which, for a car that appears so big on the road, leaves you struggling once you go above the requirements of fitting in a large weekly shop from the supermarket.

Cabin space in the rear seats is a little tight, too, also headroom may be a problem for taller occupants. And lastly - and I do love all the technology - I became frustrated at the way the main touchscreen responded. I’m happy to accept this is merely a case of getting used to the system but I found it slow to respond when frantically tapping the screen to bring up a particular function (not good at speed).

To help minimise this problem DS has fitted a second smaller touchscreen just in front of the armrest that allows you to shortcut to different applications, but in reality, I found this to be more distracting than simply using the main screen.

Sometimes, just sometimes, you hanker back to the simplicity of cars from days gone by when there were simple knobs and switches to turn or flick.

However, there is an air of exclusivity about this car and this brand - you still don’t see too many of them on the road and overall the plusses did outweigh those niggles.

\* For more info visit [www.dsautomobiles.co.uk](http://www.dsautomobiles.co.uk).



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## Skidby Windmill & Hessele Whiting Mill re-opening

The council's Museums Service have re-opened Skidby Mill on a regular basis. From Saturday, 24 September the mill will be open every weekend (10.00am-12.30pm and 1.00pm-5.00pm; closed for lunch 12.30pm-1.00pm, last admissions at 4.15pm).

Hessele Mill will be open seasonally from April until the end of September, from 10.00 am - 4.00 pm, again closed for lunch 12.30 pm - 1.00 pm. From April 2023, the mill will then re-open for a full season on Thursdays/Fridays.

The re openings follow the appointment of new attendants.

Nial Adams, Museums and Archives Manager, said: "It's wonderful that we're getting these iconic buildings, so central to the history of the East Riding, open again. We are looking forward to welcoming our visitors back after quite a long break and in particular to working again with our wonderful volunteers who do so much to enhance the visitor experience."

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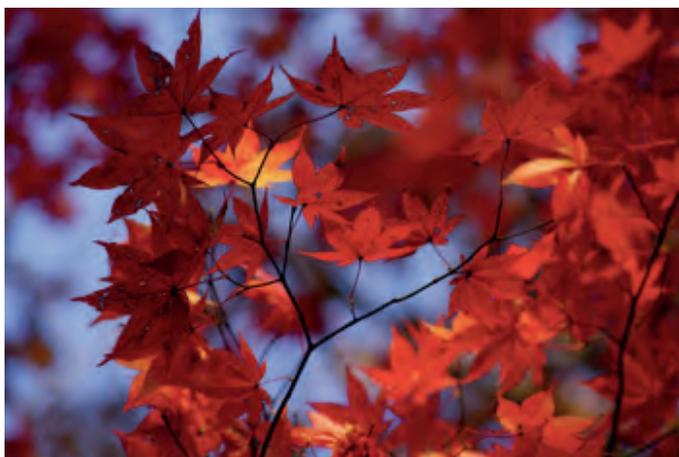


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October is here, which means Autumn is officially here too. The weather is cooler and the nights are starting to draw in. There is still plenty to do in the garden, some gardeners actually prefer the cooler conditions as they are more comfortable to work in. Remember that Autumn is the ideal season to plant all kinds of things in the garden from vegetables, seeding lawns, shrubs and perennials to evergreen, fruit, and deciduous trees. You can carry on mowing your lawn



through October depending on how much rain we have but it is advisable to raise your mower blade to a higher setting.

#### Autumn Lawn Care

Sowing a new lawn is best done during Spring (March - May) or in Autumn (September - Mid October)

We recommend using Gro-Sure Smart Lawn Seed (25sqm £10.99 or 40sqm £14.99)

#### For a new lawn:

Prepare the soil by clearing any debris and clear any perennial weeds and treat with weedkiller.

One a dry day dig soil to a depth of 20-25cm, break down any lumps and then tread it down to firm it over then rake over aiming for a flat even surface.

The day before sowing water the area thoroughly and leave to soak overnight.

#### For an existing Lawn:

Remove any weeds by hand or treat using a selective weedkilling treatment.

Mow the lawn closely before raking or scarifying to remove any moss and weed remains. If the ground appears



hard or compacted aerate using a garden fork.

Finally, spread Westland Lawn & Turf Dressing to fill any shallow holes and to level-out the surface.

#### Sowing:

Apply the seed at a rate of 40g per sqm (30g/sq.m for lawn repairs). As a guide one large handful is approximately 40g. Sprinkling the seed in 2 passes at right angles to each other will help spread the seed more uniformly. Lightly rake to gently incorporate the seed into the surface.

#### After sowing:

**Rolling:** The ground should be rolled or lightly firmed by walking over it and pressing the seed into the soil.

**Watering:** Water the lawn thoroughly using a fine-rosed watering can or a lawn sprinkler which produces a fine spray taking care not to wash the seeds away

**Mowing:** Grass can be cut for the first time when it is 5-8cm (2-3inches) high. A light trim will be sufficient initially. Gradually lower the cutting height to about 2.5cm (1 inch), which is ideal. Do not remove more than 1/3rd of the growth at any one time.

**Feeding:** After 10-12 weeks we recommend feeding your new lawn with Aftercut 3 Day Green Lawn Feed. Simply apply after mowing for quicker more visible greener results in 3 days.

### 10 Jobs for this month

1. Plant Spring blooming bulbs
2. Plant Herbaceous Perennials
3. Plant Autumn bedding
4. Introduce fat balls for the birds as well as fresh water
5. Plant new trees and shrubs as ground conditions are ideal
6. Dress Borders with bonemeal
7. Sow Seeds for new lawns
8. Bring your houseplants back inside
9. Add soil conditioner or multi-purpose compost to your soil and turn it to prepare it for Spring
10. Regularly rake up fallen leaves from your lawn

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## What is Organic Gardening?

Gardening organically means growing plants without manufactured fertilisers and other synthetic chemicals for feeding, pest and disease control, soil conditioning or weeding. Although often regarded as an alternative to gardening with chemicals, many organic techniques are simply good practices and compatible with other forms of gardening.

Excluding manufactured chemicals when growing ornamental plants, lawns, fruit and vegetables brings some challenges.

On the plus side, organic gardening is beneficial to the environment, provides a more attractive home to wildlife and, by cultivating fruit and vegetables organically, you'll know your tasty produce is chemical free. So bearing all this in mind, you may choose to go wholly organic or to combine organic techniques with a reduction in chemicals, using them only as necessary to maintain soil fertility and deal with the most damaging pests, diseases and weeds.

## Organic Weed control

Chemical weed killers are a very attractive and effective solution to eliminate weeds. There are not always better alternatives in the organic range that are as effective but they are a lot kinder to the environment and beneficial to wildlife and their habitats. You have to decide where you can use organic methods and where you can't and try and achieve the best balance you can.

Wherever possible, try to avoid weed killers by hand weeding or hoeing and try to tackle weed problems before they produce and disperse their seeds and heavy infestations develop. In addition, prevention is much better than cure, so carefully prepare sites prior to planting and incorporate weed barriers to reduce the chance of weed infestation.

**PREPARATION:** When preparing a planting site, ensure all perennial weeds such as couch grass, nettles and brambles are removed by digging out with a fork. Remove annual weeds by hand or in dry weather use a hoe to cut off weeds from their roots.

**BARRIERS:** Different options are available to gardeners to help smother or prevent weed growth. Mulching with a 5–8cm layer of organic material such as garden compost, well-rotted farmyard manure, spent mushroom compost or cocoa shell helps smother annual weeds. Alternatively, plastic sheets, old carpet, carpet underlay or other fabricated material can be used to suppress annual and perennial weeds. In ornamental garden situations, ground-cover plants provide a more attractive weed-suppressing alternative. A barrier of heavy gauge black polythene can be sunk to prevent perennial weeds from growing into an area from an adjoining garden.

**ALTERNATIVE METHODS:** Paint-on gels are ideal for treating perennial weeds such as bindweed as the weed killer is absorbed through the leaves and down to the roots, without the worry of spray drift on to other plants. They are also the best way to treat odd nettles or brambles cropping up in a hedge or densely planted border, as you can apply them specifically to a certain area.

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Her Majesty The Queen  
1926 - 2022

## Her Majesty Queen Elizabeth II

The Cottingham Times would like to pass on our sincere condolences to His Majesty King Charles III, the Queen Consort and their families on the death of his mother, Her Majesty Queen Elizabeth II.



*“Thank You,  
Ma’am”*

## Your Stars for October 2022

By Kay Gower

### Aries (Mar. 21- April 20)

Jupiter the great benefactor is in your first house and even though this planet is retrograde the outlook remains positive until late November. Your intuition will be strong for almost two months, this is certainly a good time to back all your hunches.

### Taurus (Apr. 21- May 21)

Spend the first two weeks of October working out exactly what you need and then focus on family matters later in the month. It may be a good idea to explore again a moneymaking idea that you may have given up on.

### Gemini (May 22-June 21)

There may be no evidence that your idea is a gem or that the timing of it is good, but you still feel that you're onto something. The more you talk about your dreams the more real they become.

### Cancer (June 22-July 22)

Decisions you make during October are yours and yours alone - but for a limited time only. If you decide not to make them they will be made for you. For now, that should be enough of a reason for you to move forward.

### Leo (July 23-Aug 22)

Let a beautiful full moon light up your life during the first week of the month. The following three weeks brings a positive change in your personal life. An investment pays off at the end of October.

### Virgo (Aug 22 - Sept. 23)

You will be presented with an impressive array of choices. This is exactly what you've been wishing for, but now that you see what's out there, deciding might be a bit daunting. There's no rush.

### Libra (Sept. 24 -Oct. 23)

Anyone can resist authority, and most of us do at some point. But resisting authority with grace, style and effectiveness – now that's class. Only you could pull off such a stunt brilliantly.

### Scorpio (Oct. 24 - Nov. 22)

You have a wonderful autumn ahead of you. Take a few risks this month, you may be surprised at how many succeed. Health issues begin to improve and travel is well starred.

### Sagittarius (Nov. 23 -Dec. 21)

You may be leaving part of your past behind but this is because new and wonderful things await you. A wish will be fulfilled before the end of the month and you will be heading towards some happy times.

### Capricorn (Dec 22.- Jan. 20)

Writing, teaching, or taking a new class - all forms of communications are highlighted and well starred. Let your instincts lead you towards the people who will help you to succeed.

### Aquarius (Jan 21 - Feb 19)

People recognise your winning presence and will want to help you succeed. The end of the month is excellent for your financial picture.

### Pisces (Feb. 20-Mar. 20)

Jealousy can be difficult to deal with. It's possible that you could be exposed to a side of human nature that you may later wish you hadn't witnessed. The days following the 11th are the ones you should make a note of.

# Hull CHA Rambling Club

We are a friendly walking club established in 1911 whose members enjoy walking on the Yorkshire Wolds, Howardian Hills, North Yorkshire Moors, Yorkshire Coast, occasionally into Lincolnshire and the Yorkshire Dales, and we walk throughout the year.

Travel by coach to the starting point. Fare £12.

We pick up at Bilton, Holderness Road, Hull City Centre, Beverley Road, Greenwood Avenue and The Green, Cottingham.

We have two walks planned for October.

16th October: Thornton-le-Clay/Barton-le-Willows to Malton.

30th October: Bishop Wilton circulars.

Places **must** be booked in advance.

For further information and to book a place on the coach please contact Joint Rambles' Secretaries, [Sue O'Leary on sue@sueoleary.co.uk](mailto:Sue O'Leary on sue@sueoleary.co.uk) or telephone 07767420646 or Pauline Borger on [paulineborger48@gmail.com](mailto:paulineborger48@gmail.com) or telephone 0792993323.

Check out our website <http://hull-cha-rambling.wix.com/hull-cha-rambling>

Like us on Facebook: The Hull CHA Rambling Club

NEW WALKERS WILL ALWAYS BE WELCOME.

## Crossword solution from page 14

C	A	R	E	E	N	E	D		A	R	N	I	C	A
O		E		M		N			E		N		R	
G	O	S	S	A	M	E	R		Y	C	L	E	P	T
N		T		I		M		S		O		P		I
A	P	R	I	L		I	N	N	O	V	A	T	E	S
C		A			E		A		E					A
	B	I	T	E	R	S		P	O	R	T	I	O	N
G		N		M				E		N		S		
N	O	T	A	B	L	Y		R	E	D	U	C	E	
O			R		U		E			L			A	
S	Y	L	L	A	B	L	E	S		F	R	O	N	D
T		E		C	E		T		L		S		H	
I	M	P	A	I	R		L	I	G	A	T	U	R	E
C		E		N			N		I		R		R	
S	H	R	U	G	S		A	G	G	R	I	E	V	E

## Sudoku Answer from page 12

4	8	6	5	3	7	1	2	9
9	5	7	8	2	1	4	3	6
1	2	3	9	6	4	5	7	8
5	6	8	1	7	9	2	4	3
3	9	1	2	4	8	6	5	7
2	7	4	6	5	3	8	9	1
8	1	2	3	9	5	7	6	4
6	4	9	7	8	2	3	1	5
7	3	5	4	1	6	9	8	2

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## Presents The Wolves of Willoughby Chase

Our November 2022 production will be the wonderful gothic adventure by Joan Aitkin, brilliantly adapted for stage by the gifted Russ Tunney whose staging notes require us to be imaginative and produce something gorgeous rather than real. The set should be eccentric, looking like the inside of a doll's house and be more represented by a child's toybox rather than reality - quite a challenge but one which our cast and backstage team have been excited to embrace. The play is set in the mythical reign of King James III. The snow lies deep across England and wolf packs that have migrated from Eastern Europe via the channel tunnel, roam menacingly across the land. But there are even greater dangers because not all wolves have tails and a fur coat.

Cousins Bonnie and Sylvia are alone at the mercy of evil governess Miss Slighcarp and her clique of shady characters. Will their courage and the loyal friendship of Simon the goose boy overcome their dastardly plot?

To find out, journey with them and get the festive season off to a flying start. The dates for your diary are Thursday 24th, Friday 25th and Saturday 26th November 2022. Doors open at 7pm for a 7.30pm start at The Darby and Joan Hall, Finkle Street, Cottingham.

You can buy tickets from 23 October 2022 for cash only at Barkers the Newsagents in Cottingham. They kindly offer this service to us for free so we do not wish to sustain any charges that other payment methods would incur. Alternatively, you could call our ticket hotline **07955 138061**. If you use this method you can pay by bank transfer or by cheque. Cash payments are acceptable but these must be by arrangement before the production. These details are all available on our website <https://cottinghamlittletheatre.co.uk/>

If you do come to see Wolves of Willoughby Chase you will be able to buy tickets for our ever-popular Murder Mystery Evenings in February. These evenings almost always sell out, so this is a great opportunity to book your tickets in advance as they don't go on general sale until after the November production and even then, only if there are any left.

Looking a bit further ahead to May 2023, we will be staging the Agatha Christie thriller **Witness for the Prosecution**, a play that has more twists than a stick of barley sugar!

The November 2023 production will be **The Lady Killers**, that classic black comedy where sweet little old lady Mrs Wilberforce is pitted against five misfit gangsters posing as amateur musicians who will stop at nothing to get away with their crimes.

When normality resumes we hope to restart our rehearsed play readings. These are good fun and also gives us an opportunity to see if the plays are suitable for future productions. You would be most welcome to come and listen - who knows it may inspire you to join us. You would be made most welcome. Check out the website <https://cottinghamlittletheatre.co.uk/> for further details. We'd love to welcome you to any of these productions, so why not come along and be prepared to be entertained. We promise you - you will not be disappointed.

[www.cottinghamtimes.co.uk](http://www.cottinghamtimes.co.uk) - October 29



## How to choose the perfect artwork for your home – a buyer’s guide

The right artwork can have a transformative impact on a space. It’s the finishing touch to any interior, with the ability to imbue rooms with individuality, interest and colour. When buying art for your home, it should express your own character and tastes. Think of it as an exercise in personal curation – unique to you and the home you want to create. So if you’re searching for that perfect artwork for your home, look no further.



### Style over substance

This may seem counterintuitive, but it’s a key lesson when selecting artwork for your home. One of the first things to consider is the interior style you have.

Do you favour a muted colour palette with natural fabrics and earthy tones? Then a bright, graphic print (no matter how much you love the individual piece) might jar. But, if you love urban industrial finishes with plenty of metals and exposed brick, would a bucolic landscape with a traditional gilt frame seem just a bit out of place?

There is such a thing as complementary contrasts, but you know your interiors best. So make sure the style of artwork you’re purchasing doesn’t fight too much with your overall scheme.

### How to choose colours for your art

There’s nothing to say that an artwork’s colour palette must exactly match your home décor – you could contrast, accent or redefine the hues found in your surroundings. If you’re unsure, visit the Artmarket Gallery and take a look at the variety of tones and combinations of colours available and find which appeal to you.

It’s also important to see your favourite art in situ, seeing art in your home adds a whole new dimension to your home. The Artmarket Gallery offer a Virtual Viewing service where you can request a video of the artwork you love and superimpose the artwork onto your wall!

This service will help you get a true feel of the artwork you are interested in. To request your own Virtual Viewing, browse the Artmarket Gallery website, find the “Virtual Viewing” button next to your favourite piece(s) and fill in the short contact form and our Art Consultants will be in touch!

### Suit your space

Don’t forget the relationship between an artwork and your individual rooms.

For instance, the living room is a great place to showcase feature pieces. As the location for entertaining guests and relaxing with family, make sure the artwork reflects this.

Conversely, you can afford to go more intimate in the bedroom – perhaps a piece that has personal significance to you or your partner. Abstract pieces with soothing tones are particularly good for evoking a relaxed atmosphere.

Think about what you use each room for, and go for artwork that matches this purpose. Home office? Select for something motivating and inspiring!

197 Hallgate  
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