

Cottingham Times

and District

Issue 234 - September 2021



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The Manor House



A word from our chairman

What a lovely summer we've been enjoying!

The great British weather hasn't dampened too many days, and the residents of The Manor House have had plenty of fun in the sun.

We soaked up some rays with a shandy or two and buffets in the garden, getting in plenty of sun before the autumn rolls in and we have to get our jumpers out again.

When we weren't lounging in the garden, we were enjoying the many sporting events, including the Euros, Wimbledon and supporting Team GB as they finally got to chase their dreams of Olympic gold medals in Tokyo.

As August drew to an end, we carried on the patriotic spirit, waving our union flags while watching the Proms concerts live from the Royal Albert Hall.

Of course, none of these lovely events could have taken place without the help of our incredible team, who put so much thought and effort into making the Manor House a special home for our residents.

I would also like to thank the staff for their hard work and dedication as we carefully welcomed back relatives for indoor visits, while ensuring our residents felt happy and safe.

We're glad that we're on the path to 'normal' again, with activities, visitors and fun.

We hope you have the chance to join us soon

*Chris Mitchell, Chairman,
Park Lane Healthcare*

News from The Manor House, Little Weighton

Perfect proms party

Residents have swapped Bargain Hunt for Beethoven, getting into the spirit of the annual classical music concert series with a themed afternoon of celebrations.

Staff laid on an afternoon of fun and frolics including a buffet, cakes, fizz and a proms concert live from the Royal Albert Hall playing in the background. Residents enjoyed a playlist including all the patriotic favourites, joining in with Jerusalem, Land of Hope and Glory and Rule Britannia.

Nina Nixon, resident at Manor House, said: "We had a lovely time celebrating the start of the Proms. The staff did a brilliant job getting us into the patriotic spirit and it's always lovely to have an excuse for a



knees-up and a singalong!"

Leanne Hatch, care home manager, said: "At Manor House care home, we always look for activities that will capture the imagination of our residents and bring us all together as a family.

"The residents thoroughly enjoyed listening to the iconic Proms music and reminiscing about the past – making new memories and recalling the old!"



Residents channel their Creative Mojo

Activities co-ordinator Emily owns business Creative Mojo South Humberside, and residents were treated to an art workshop to create a beautiful mural in the conservatory.

Creative Mojo South Humberside provides accessible arts and crafts activities for people in residential care, specialist dementia care, learning disability homes and the wider community.

Residents painted die cut shapes which were then pieced together to make the collaborative creation.

Emily said: "The workshops are great for those living with dementia because it is an easy activity to get involved in, and it has proved popular at the Manor House."



Sunny Sunday celebrations

Residents enjoyed a sunny Sunday buffet and shandy, making the most of a lazy summer day.

It was a lovely opportunity for residents to socialise and have fun within our little community.

Lots of love to you all from all of us at The Manor House, Little Weighton.

*Park Lane
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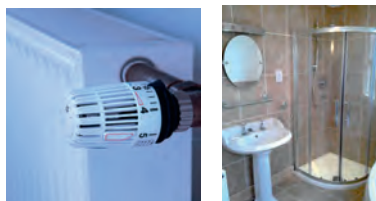
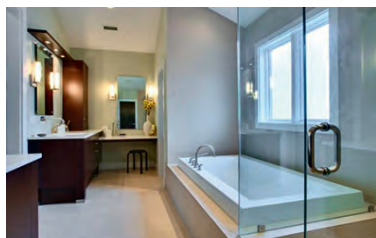
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In Cottingham and District

The deadline for entries in the October 2021 "What's On" section, is no later than the 19th September 2021.

Hull Alpha Probus

Club for retired or semi-retired professional people meeting on alternate Thursdays - new members welcome. Contact the Secretary on 01482 348270 or 07542 959314. Coffee meetings are upstairs at Kristoff's (near Hallgate/King Street traffic lights) at 10:30. Lunch meetings are at The Blue Bell (on West Green) at 12:30.

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2nd September Lunch & Speaker: 'Fraud and Scams Awareness'
16th September Coffee meeting
30th September Lunch & Speaker: 'All Our Yesterdays - 1977'

Yorkshire Country Women Association Skidby Branch

Meeting will be held on Thursday September 2nd, in the village hall at 7.30pm. The event will include a flower arranging demonstration by Angela of The Orange Grove, Hessle. All members and guests welcome. Please contact Celia Parnaby for further details 841370.

Cottingham and Hull Folk Dance Club

The Club will resume dancing on the 7th of September 2021 in the Darby and Joan Hall Finkle Street Cottingham The evening will start at 7.00 for beginners tuition and practice dances. Dancing will commence from 7.30 to 9.30. All are walked through before put to music, you do not need a partner as all dance sets are made up of members present. New members are very welcome to this very friendly club, come and enjoy gentle exercise to music and get fit again after the long period of lockdown. All requirements for covid protection will be adhered to in accordance to government regulations. For further information contact Jan Gray on 01482 840637 or Keith Alexander on 01482 509751.

Bricknell Avenue Methodist Church

Table tennis is up and running again. We have three sessions a week - Monday afternoon 12.30 to 15.00, this is for the over 50s; Thursday morning 9.30 to 12.00 is our Tea, Toast and Table Tennis session (unfortunately without the toast under current

Continued on page five

Front cover: Willerby Low Road.
Photo: Paul Lakin.

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Covid conditions!) and is open to anyone looking for a little exercise and a lot of chat! and our third session is Thursday evenings 18.30 to 21.00 and is open to anyone regardless of age and ability. All our sessions cost £5.00 per person per session. Please contact Richard for further details on 07785 924134.

The Workers' Educational Association

"Have you always wanted to learn how to create beautiful artworks using pen, watercolours and/or soft pastels? As summer turns to autumn, why not take this opportunity to learn the basics with accomplished artist and tutor Janette Hill? We are proud to introduce two brand new art classes aimed at complete beginners, which will be starting at Cottingham Methodist Church Hall on Wednesday 15th September. These are: Autumn in Soft Pastels for Beginners – 10 am to 12 noon, for 10 weeks; course reference C3679765. Autumn in Pen and Watercolours for Beginners – 1 pm to 3 pm for 10 weeks; course reference C3679764. Both courses cost £76, but if you are in receipt of certain benefits you may be entitled to a free course. To enrol, please quote the course reference either online at enrolonline.wea.org.uk or by ringing 0300 303 3464. If you have any queries, please contact Jools at jthompson@wea.org.uk.

East Yorkshire Association of the National Trust

16th September - East Yorkshire Association of the National Trust. AGM, followed by an illustrated talk by Mark Richmond, entitled 'Opposing the Third Reich: the personal journey of Margaret Brash, Hull-based teacher, novelist and traveller.' Held in Cottingham Civic Hall at 7.30 p.m. Non-members welcome.

Calligraphy, Quilling and Folk Art Classes

To be held weekly on Wednesday Afternoons and Thursday evenings in Skidby in the Village Hall, and on Friday mornings in Hessle. A special offer five week taster course will start w/c Monday 20th September. For details contact Jane Jenkins 843721 or email jjquilling@yahoo.co.uk.

Hull and East Riding New Stitchers (HENS)

HENS will resume meetings on Tuesday September 21st at 7.15pm in the Darby & Joan Small Hall, Finkle Street, Cottingham, HU16 4AZ (note the new venue). This first meeting of the programme will be a short AGM and then a stitch and chat. **This meeting will be for members only.** From October the group will meet on the third Tuesday of the month at the new venue. New members will be welcome –for further information please contact Jean Ellis 01482 845415.

St. Michael's Church, Skidby

Fundraising Coffee Morning at St Michael's Church, Skidby on Friday 24th September from 10.30am to 12 noon. All welcome.

East Riding Flower Club

The East Riding Flower Club commences on Monday 27th September at 2pm at the Civic Hall Cottingham. Our first meeting will be an afternoon with Di Smith, an Area Demonstrator from Market Rasen and a very talented and entertaining lady. Di has visited us before and is coming back to entertain us under the title of: 'Earth, Boundless Energy' Do join us, whether you are a member of the club or not, a warm welcome awaits you.

St. Michael's Church, Skidby

Sunday 3rd October - An Invitation from St. Michael's Church, Skidby to a Cafe Church in the Village Hall at 10.00 am. Join us for Coffee/Tea/Juice, light refreshments and a chat. Children's activities. Harvest Theme.

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The Cottingham Darby & Joan Lunch Club resume their weekly meetings on Friday 3rd September

The Cottingham Darby & Joan Lunch Club has been closed since March 23rd 2020 for obvious reasons, but at last we are able to resume our weekly meetings on Friday 3rd September, obeying the rules.

We hope to be able to welcome some new members and anyone interested in joining the lunch club should ring Jennifer Hodge on 849077, or on a Friday on 845819 for more information.

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Cottingham Care Home takes Gold in resident Olympic Games

Residents of Magnolia House care home in Cottingham celebrated Tokyo 2020 in style with their own version of the Olympic games.

The home, based on Hull Road, set up for a full day of events by decorating the lounge with Olympic rings and a crowd, while residents made medals and a discus for the events.

In teams of four, residents took part in 'home-friendly' events, including indoor swimming, balloon tennis, discus and Frisbee toss. Staff also competed in a tug of war and water pistol shooting.

Activities coordinator Sue Smith acted as judge and umpire, ensuring that all rules were followed to the letter.

At the closing ceremony, representatives from each team took to the podium to receive their medals, celebrating the end of the games.

Sue Smith said: "As with all our activities we like to encourage all our residents to take part, Tokyo 2020 was a good excuse to have extra fun!"

"Residents were given the opportunity to participate at all levels. We love for all our residents to take part as it's not the winning that counts, it's the fun and laughter we share that creates lots of lovely memories!"

Mavis, a resident, said: "We all enjoyed the day. We were all happy and no long faces! I enjoyed the discus. We all had a good laugh!"

Another resident, Yvonne, said: "I enjoyed the balloon tennis."

Magnolia House is rated "good" in all areas by the Care Quality Commission.

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Help Needed

Would you like to benefit your local community? Would you be like to be part of a great team? Would you like to work with children?

If your answer is yes to the above questions then get in touch. Due to our numbers increasing 1st. Cottingham Girls Brigade is looking for helpers. We are a Christian based youth group for Girls aged between 4 and 18. Training will be given and we will require a DBS check. There will be some preparation required before the evening but it's worth it when you see the children have fun and grow.

New members welcome.

We have lots of fun on an evening, playing games, working towards badges, doing crafts, fundraising, fellowship and taking part in national competitions. Our badge work program teaches life lessons such as charity, anti-bullying and citizenship. We are passionate about teaching children the skills and values they can take with them in to the world.

We meet up with other companies in the area and have craft and fun days on a termly basis. This will give the children a chance to form good life-long friendships with other children across the city.

Come and join us at Zion URC on a Tuesday evening, (6:30pm – 8pm) your first week is free and is £2 a week thereafter. There are no fees for staff. We start back on the 7th September after the summer holidays.

For more information please email: brookie81@hotmail.co.uk or call 07930878959

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Travel by coach to the starting point. Fare £12.

We pick up at Bilton, Holderness Road, Hull City Centre, Beverley Road, Greenwood Avenue and The Green, Cottingham.

We have two walks planned for September. We advise face coverings be worn on the coach.

12th September 8.30am Rillington and Witheringham to Ganton (Wolds Way).

26th September 8.30am Market Rasen and Tealby to Caistor (Lincolnshire).

Places must be booked in advance.

For further information and to book a place on the coach please

contact Joint Rambles' Secretaries, Sue O'Leary on sue@sueoleary.co.uk or telephone 07767420646 or Pauline Borger on pauline.borger223@btinternet.com or telephone 07929933323.

Check out our website <http://hull-cha-rambling.wix.com/hull-cha-rambling>. Like us on Facebook: The Hull CHA Rambling Club. NEW WALKERS WILL ALWAYS BE WELCOME.

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Cottingham Parish Council



Welcome to our section of the *Cottingham Times* that keeps our residents updated with some of the projects that Cottingham Parish Council is involved with.

• **Word from the Clerk**

As life continues to get back to normal, I am happy to announce that our office on Market Green will reopen to the public on Wednesday 1st September. Though facemasks are no longer mandatory, we would ask that you still wear face coverings if possible.

Our opening hours are 10am-3pm Monday-Thursday and 10am-12pm on Friday.

Matthew Kay, Clerk to Cottingham Parish Council

clerk@cottinghamcouncil.org

CCTV update

The finishes touches to our £25k CCTV upgrade have recently been completed. High-definition cameras have been in place since 2020 with recent work making it easier for Humberside Police to access the images. The police have informed us that they are delighted with the quality of the footage and it has already proved its value in a number of cases.

Grants

The Parish Council can provide grants to local organisations and, especially after recent tough times, we would encourage groups to contact us. Certain criteria must be met but within the last twelve months we have given grants to the Cottingham Lights, Cottingham Village Trust, Cottingham Tennis Club, and the Cottingham Folk Festival.

Memorial Gardens

A big thank you to those who helped us recently carry out work on the central feature of the Memorial Gardens. The Methodist Church, Frydays, Oxfam, Duffills, and the RSPCA all provided water and a special thank you to Judy Nicklas who helped the Parish Council Chairman with the planting.

8 September - www.cottinghamtimes.co.uk

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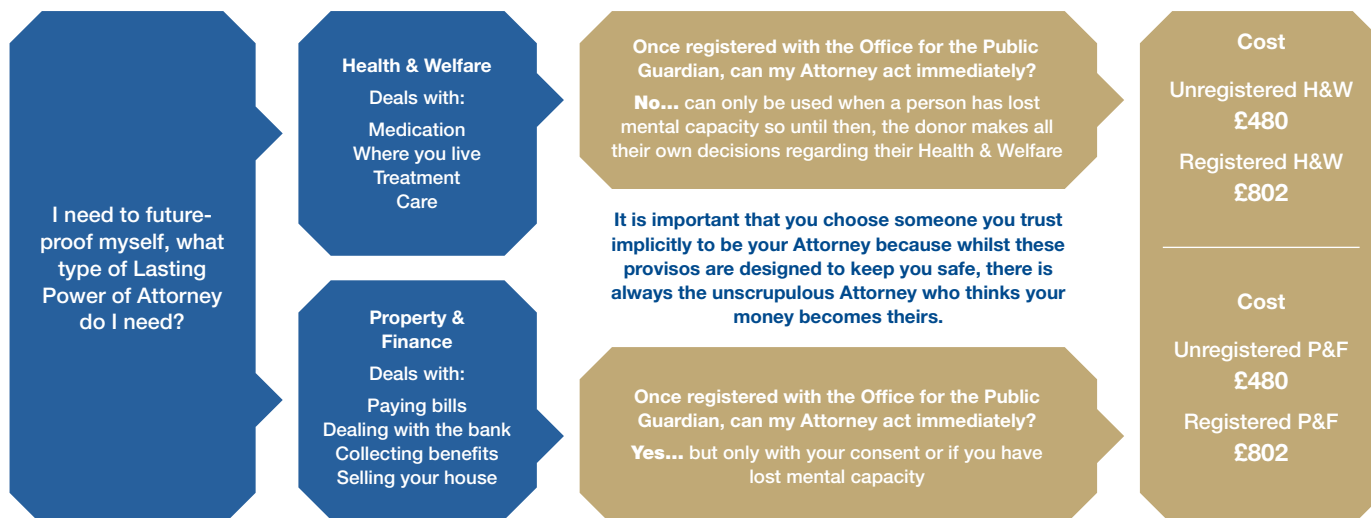
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Children's art competition to mark Skidby Mill's bicentenary

Skidby Windmill is celebrating its 200th anniversary this year. To mark the occasion, East Riding children and young people are invited to enter a competition to draw or create an original image of the landscape, buildings and area around Skidby Mill.

Entrants can use any art media they wish to create a 2D picture

- pens, pencils, charcoals, wax crayons, paints, inks or collage, but 3D work cannot be accepted. All work must be original and not a copy of existing work or feature any copyrighted images such as cartoon characters. Prizes will be awarded to the winning entries.

Entries cost £1 and must be A4 size. There are three age categories: under 5, under 11, and under 18. To enter, collect an entry form from Skidby Mill or any East Riding Library, or download and print your own from <https://www.eastridingmuseums.co.uk/find-a-museum/?entry=skidby-mill>

mill

Artwork, payment and completed forms should be submitted to Skidby Mill between 10am and 12noon, Saturday to Tuesday, before Monday, 8 November, 2021. Full terms and conditions can be found on the leaflet.

Jane Bielby, site supervisor at Skidby Mill, said : "The whole Museums team have been involved in this competition, and are looking forward to receiving lots of creative entries from children and young people, and we are hoping to use some of the entries to improve the resources we can offer to children here at Skidby Mill."

For any further details, please contact Skidby Mill or get in touch with @ERMuseums on Facebook and Twitter, or visit the website.



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New competition launched to complement the 'Brick Wonders' exhibition at Beverley Art Gallery

To complement the hugely popular 'Brick Wonders' exhibition now on display at Beverley Art Gallery, there is a chance to enter an exciting new competition!

The competition, 'Brick Wonders of the East Riding' is open to people of all ages, and entrants need to recreate in Lego one of the objects from the East Riding Museums collection or one of the East Riding Museums buildings, such as the Treasure House or Beverley Guildhall.

Entries should be submitted as a photo or even a short film, up to two minutes in length.

The competition will run throughout the 'Brick Wonders' exhibition, and entries will be accepted until midnight on Saturday, 2 October. Entries will be judged by Warren Elsmore, the curator of the 'Brick Wonders' exhibition. All winners will be notified by the end of October.

Prizes will include tickets for events at Brid Spa and for Sewerby Hall and Gardens and – naturally – Lego!

Sarah Hammond, Treasure House education officer, said: "Those taking part can make their creations at home or at our Construction Sessions on Saturdays at the Treasure House until 2 October. We are really looking forward to receiving lots of amazing Lego creations over the next few weeks and months!"

Entries can be submitted either via the website: <https://www.eastridingmuseums.co.uk/brick-wonders/> or on social media by tagging @ERMuseums.

Full details of terms and conditions for the competition are also online at: <https://www.eastridingmuseums.co.uk/brick-wonders/>.



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12 September - www.cottinghamtimes.co.uk

Wordsearch - Chocolate

Can you find the hidden words. They may be horizontal, vertical, diagonal, forwards or backwards.



Find the words in the letters above:

Addictive, Baking, Bars, Bittersweet, Brownies, Cakes, Candy, Chips, Chocolatiers, Cocoa, Confectionery, Cookies, Cream Pie, Cupcake, Dark, Decadent, Delicious, Dessert, Drinks, Filling, Fondue, Food, Fudge, Ice Cream, Icing, Ingredient, Milk, Mousse, Pudding, Semisweet, Sugar, Swiss, Syrup, Treat, Truffles, Unsweetened, White.

Wordsearch courtesy of <http://www.puzzles.ca/wordsearch.html>

Sudoku No. 170

This is an easy challenge this month - Answer on page 29

		4						
9						4	7	
					9		3	5
		8						
7		1	8			5		
2	9							
		5	7			8	4	2
			5	8		7		
		6		3	2			9

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MARIONOWENTRAVEL

September our last departures to Jersey are now looming for this summer. It has been a main holiday for many travellers this year. Lets hope that next year we will be able to freely move around our world without any hassle once again. We're heading in the right direction!

Fred Olsen have just printed their new brochure and what a joy it is very bright and cheerful with itineraries around the world and closer to home on offer including dates into 2024. With on board credit & tips included on most departures that adds up to a considerable saving. Past guests don't forget to have your Oceans number to hand when you call for a quoted. Plus our low cost hassle free home to port service is always available. Please do not hesitate to ask for further information.

Many cruise ships have now commenced sailing and reports are good re protocol on board and everyone has felt very safe. It is good to be looked after no cooking or cleaning for a few days after spending so long at home.

With both River & Ocean cruising at the moment it is a good idea to stick to one country at the moment to ensure the itinerary goes more to plan. Norway or Iceland offer great itineraries including searching for the Northern Lights during the winter.

Our Croatian Coastal Cruise and Russian River Cruise next summer are concentrating just on the one country.

Don't forget if you are a regular cruiser with any cruise line you will still get your club benefits e.g. Oceans with Fred Olsen when booking with Marion Owen Travel.

I should have been looking forward to a golfing holiday in Mauritius soon but it is now on ice until 2022 along with many other foreign holidays.

We have a great choice of package holidays with the likes of Jet2, Inghams and EasyJet holidays but many of our specialist holidays flights are often not in abundance yet. Our Croatia Coastal Cruise when originally put on sale we could fly to Dubrovnik via Amsterdam. KLM have now taken Dubrovnik out of their flying programme. We can never assume that there will not be changes at the moment, we have to be just grateful to get there.

I have shown our departure points for our own tours this month. It did not occur to me that these were not shown I assume far to much including reading my mind! Thank you to the reader that pointed this out to me.

Mon. & Tue. 20 & 21st Sept. our office will be closed to visitors. We will be in Jersey sorting our 2022 specials.

We book all holidays with all tour & cruise operators. If you see any holiday advertised you fancy pick up the phone we will be happy to book and look after it for you. Our wealth of first hand knowledge travelling around the world by land, sea & air allows us to make your travel simple & hassle free leaving you to relax and look forward to enjoying your holiday.

We welcome you to visit our office Monday to Friday 10am to 2pm but available over the telephone at all other times. We look forward to creating your special memories when we book your next holiday whether a break in the UK or a far away holiday to any corner of our world. It is great to get back to exploring and enjoying wonderful adventures. Best wishes *Marion*

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06 Dec	Harewood House with Afternoon Tea	£ 75
11 Dec	Polar Express premium seats, theatrical experience for all ages, PJ's & dressing gowns are suitable attire	£ 85
2022	Tours are growing and more in the pipeline...	
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16 Jan	Northern Lights flying from Humberside 4 nts from	£ 989
27 Jan	Scotland & a Burns celebration - 5 days Dinner B&B plus. A scenic relaxing & sociable break	£ 369
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03 Apr	London, Tea at the Tower, ride up the Shard 2 days	£ 199
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02 May	Somerset Explorer—5 days dinner B&B	£ 499
17 May	APT Croatian Coastal cruise & Zagreb 8 nights fm	£2345
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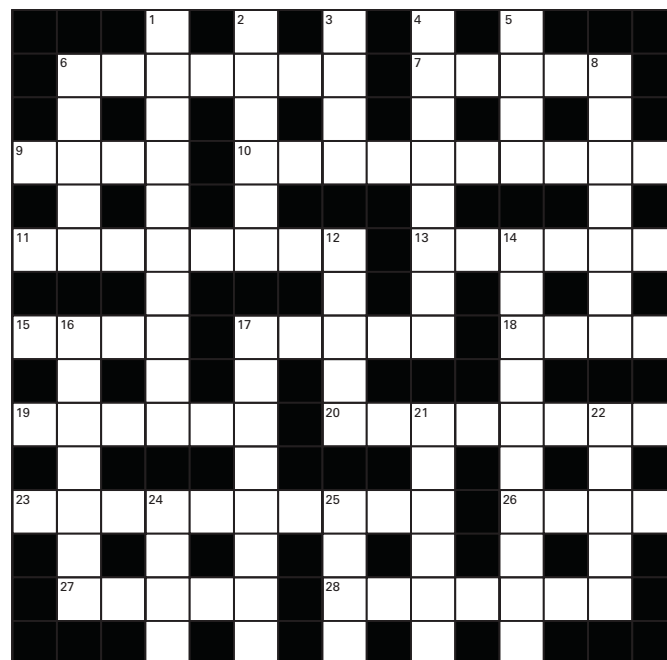
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Crossword – Solution on page 29



Across:

6. Exploded (7)
7. Grasp (5)
9. Oozed plasma (4)
10. Without a care (10)
11. Reaps (8)
13. Attached by means of brads (6)
15. Secure against leakage (4)
17. Not liquid (5)
18. Gardening tool (4)
19. Greek for "I have found" (6)
20. Annoy (8)
23. Pivoting about in 3 orientations (10)
26. City in Norway (4)
27. A synthetic fabric (5)
28. Menacing declarations (7)

Down:

1. A variety show (10)
2. Smells (6)
3. City in Yemen (4)
4. Deprived of parents (8)
5. Howl (4)
6. A strong lightweight wood (5)
8. Nag (7)
12. Ragout (5)
14. In an insane manner (10)
16. Evasion (7)
17. Procrastinating (8)
21. Esteem (6)
22. Speaks (5)
24. Cotton seed capsule (4)
25. Within (4)

Crossword courtesy of www.crosswordpalace.com
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The truth about underwear is on display at Sewerby Hall

The summer exhibition at Sewerby Hall and Gardens is very revealing – it's a 'Brief' History of Underwear... On display in the house, and running until 14 November, the exhibition looks at how women's bodies in particular have been manipulated into shape over the years by means of underwear, through the corset, bustle,

girdle, brassiere and crinoline.

The exhibition also shows how the desired effect of underwear has changed, according to differing cultural and social values, and changing attitudes to sex, morality and gender. Underwear has also been hugely influenced by changes to the technology used in its manufacture and creation.

Curator Janice Smith explains: "Our 'brief' history of underwear takes you through the earliest known origins of the bra, in ancient Greece, through the development of underwear across the centuries, especially looking at the seventeenth and eighteenth centuries and the Regency era.

"We look at the very different approaches of the Victorians and Edwardians, and our journey continues through the World Wars up to the feminist movements of the late twentieth century. It's fascinating to see how things have changed!"

The exhibition is on view in the house itself. For full details of all the facilities at Sewerby Hall and Gardens, including the zoo, the gardens, and the Clock Tower Café, as well as opening hours and admission prices, visit www.sewerbyhall.co.uk.



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Coming soon

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Join one of our courses to find out just why it's been so popular in the last few years.

www.eastriding.gov.uk/learn

East Riding Festival of Words Poetry Competition launched for 2021

The East Riding Festival of Words has launched its Poetry Competition for 2021.

The competition will reach its climax with an event at North Bridlington Library on Saturday, 29 January, 2022, at 11am, to celebrate the winning poets, hear from the judges, and listen to the winning poems.

The theme of the competition this year is 'My Reasons to be Cheerful'. Entries will be judged by a panel consisting of Matthew Hedley Stoppard and Wendy Pratt, and led by James Nash, local writer and poet, who shares his time between Leeds and Bridlington.

Poems are submitted anonymously, so that each is judged purely on its merits. All the winners will be invited to the event at North Bridlington Library. Entries are open now, and cost £4 per entry.

Prizes on offer for the winning entries include the £500 CollectionHQ prize (CollectionHQ are the leading collection performance improvement solution for public libraries); and the East Riding Gold Prize of £200 and the East Riding Silver Prize of £150.

In addition, there will be six Highly Commended prizes of £25 each (two for adults and two each for primary and secondary school pupils); a Prison Competition prize of a £100 voucher; and a Young Poets' Prize : school pupils could win £75, with four prizes for primary school pupils, and four for secondary school pupils.

Councillor Mike Medini, portfolio holder for cultural and leisure assets, said: "We look forward to receiving some wonderful poetry from all age groups again this year!"

"The theme is particularly relevant at the moment – we all need reasons to be cheerful, and this competition will, I hope, inspire people to find them!"

To enter, apply and pay via <https://www.festivalofwords.co.uk/poetry-comp/>.

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www.cottinghamtimes.co.uk - September 17

ON THE GRAPEVINE

WITH ROY WOODCOCK

Everything's coming up Rosé

There was a wine I was drinking last month and the month before and will be drinking this month; but then, apart from the odd glass of the fizzy variety at certain times, I won't be drinking again until around the same time in 2022.

What is it? Well, I'm sure you could hazard a pretty good guess - rosé, of course!

Like many, I regard rosé, in all its many forms, as a quintessential summer drink; enjoyed outside on a warm day. It reminds me of the first time I drove from France into Spain; stopping for an al fresco lunch in a fairly remote location (I can't even remember where, now) and ordering wine and tapas.

It was, I seem to think, a blend of Garnacha and Tempranillo. But what I do know is it was the perfect accompaniment. And it showed me that to enjoy rosé at its best, it has to be chilled. Although the profile of rosés has changed in recent years, with more full-bodied and dry-tasting wines better suited to go with food, I still find that once we lose the heat from the day I'm treading a more traditional path.

What's not in doubt is that rosé has enjoyed phenomenal success in recent years, helped in part by much better winemaking and, some might argue, by the changing climate, with warmer days giving more opportunities for sipping from a glass of the pink stuff. So let's look at the subject in a little more detail...

Rosé is a type of wine made from red wine grapes, produced in a similar manner to red wine, but with reduced time fermenting with grape skins. This reduced skin contact gives rosé a pink hue and lighter flavour than that of red wine. Rosé is produced around the world, as it can be made from any red wine grape cultivated in any wine-growing region.

It is typically a blended wine, made from a variety of different wine grapes, but it can also be a single varietal wine, made from one type of grape. For example, California is known for rosé wines made from 100 per cent Pinot Noir.

Rosé gets its distinct pink colour through a production process known as maceration, the most common way to make pink wine. Red grapes are juiced and left to soak (macerate) with their skins for a day or two until the juice turns a subtle pink colour. The grape skins are then removed and the juice continues to ferment.

The wine will get darker the longer the rosé is left to macerate with the skins. This is why rosé wines can range in colour from pale blush to bright pink.

Rosé is not the same as a blush wine, which is a combination of red and white wine.

Rosé wines can be either sweet or dry, but tend to err on the dry side overall. Rosé produced in the Old World are typically bone dry. Rosé produced in the New World are often sweeter and have a more pronounced fruit flavour, which is due to variations in climate and production methods. Of course, there are exceptions where some New World wine makers mimic the style and methods of Old World producers.

The epicentre of rosé production is Provence, France, where the majority of world's rosé is produced. Provençal rosé is known for its dry and delicate taste and light orange-tinted pink colour. Rosé made in Provence is typically made from Grenache, Cinsault, Mourvedre, and Syrah grapes.

Rosé wine blends are made from a combination of different grape varieties. Some rosé wines lean more heavily on specific grapes, which create subdivisions, or different "types" or "styles," of rosé. Each type of rosé wine has a slightly different flavour profile depending on the grapes used:

Sangiovese rosé is generally an Italian wine, and is fruity but dry. Notes of fresh strawberries, green melon, and roses hit the palate with an acidic finish.

Tempranillo rosé is often a Spanish variety and is savoury, dry, and has a fruity, yet meaty flavour profile.

Syrah rosé is a bold, dry wine with notes of olive and cherry. It does not need to be served as cold as most rosé wines.

Cabernet Sauvignon rosé is savoury, dry, and tastes much more like red wine than most other rosé wines. It is more acidic than regular Cabernet Sauvignon with notes of bell pepper, black currant, and spice.

White Zinfandel is a type of sweet rosé with moderately high acidity levels. Flavour notes of white zinfandel are lemon, melon, and strawberry.

Tavel rosé is robust, savoury, rich, and very dry. Tavel has distinct fruit notes, but with an earthier and nuttier twist.

Provence rosé is the most versatile and classic of rosé wines. This fruity and light wine pairs well with any cuisine and has notes of strawberry and rose petal.

Mourvèdre rosé is a full-bodied rosé with initial floral notes that transform on the palate into a rich cherry, smoky, and meaty flavour.

Pinot Noir rosé is a delicate and crisp rosé with notes of apple, strawberry, and melon.

Rosé Champagne, or sparkling rosé, is Champagne blended with red wine. Rosé Champagne is stronger and more powerful in flavour than traditional Champagne. Champagne is the only region where it is legal to blend white and red wines together to create rosé.

So, there we have it and remember, rules are meant to be broken - so, if we get a late summer bonus, I could well be in the pink for a little while longer! But always remember, Rosé should always be chilled and served at approximately 50 to 60 degrees Fahrenheit.

Place the bottle directly into the refrigerator after purchasing it, and chill for at least several hours before serving (30 minutes in the freezer will work in a pinch). Most sommeliers discourage the addition of ice cubes to any wine, since ice cubes will dilute and change the flavour of the wine as they melt.



BEST BUYS

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Where: Waitrose

When: Now, until September 21

Why: Mirabeau Classic has beautiful strawberry and raspberry flavours, balanced by fresh acidity and leading to a sumptuous finish with notes of redcurrant and pear. When to drink? Anytime and with almost anything! A blend of 60% Syrah and 40% Grenache.

£9.69 (was £12.99)

**Caprichos Garnacha Rose 2019**

Where: Roberts & Speight, Beverley

When: Now

Why: 100 per cent Garnacha, pale salmon pink colour, aromas of fresh wild raspberries and strawberries, lean and fresh on the palate with lovely zesty acidity and a really good finish for a wine at this price level.

£7.99

**Santa Julia Plus Malbec Rosé**

Where: Sainsbury

When: Now

Why: A robust and full-bodied, in your face, rosé from Mendoza-grown Malbec. It has a red fruit and black cherry nose, and a bold palate of black cherry, cream and red fruit. The finish is juicy and loaded with sweet spice.

£7.75 (was £9)

**Co-op Fairtrade Irresistible Sauvignon Blanc**

Where: Co-op

When: Now, until September 7

Why: Cheap (and very cheerful) summery alternative to rosé, but you'll need to be quick to snap this up at this price (although even at £6 it's worth a punt). Hailing from some of the best vineyards in the Cape. Full of zesty citrus fruit flavours refreshing zing.

£5 (was £6)



Melanie Watson of Skidby Livery Stables with the latest of her monthly articles

www.instinctivehorsetraining.co.uk

Medals before animal welfare

This years games has cause huge controversy over horse welfare during the show jumping phases of the Modern Pentathlon. Both the men's and the women's competitions were horrendous to watch as horse after horse suffered abuse, inept riding mistakes causing falls and crashes into fences, tempers directed at the animal and flagrant misuse of the aids. (whip, spurs and hands)

All participants of the Olympic Games are there by choice- it is voluntary. However, the horses being used have no choice, they are there because they are tools to gain medals. They are not volunteers.

For the last decade there has been deepening concerns about the use of horses in the Olympic Games. In a nutshell it is based on man's desire to gain a medal by using sentient animals as a tool to achieve the result. Therein lies the problem- the line between our responsibility for the emotional and physical welfare of the animal and the reinforcement of achieving that highly prized medal.

In the Modern Pentathlon there are a pool of horses provided for the competitors, chosen by the committee. The riders are given 20 minutes to warm up with that horse before they go into the arena to compete. The horses are literally tools. No relationship between rider and horse. No trust built up through ownership longevity and no responsibility for the emotional fallout to the animal after the event. The riders are given the horse, a whip to cause pain with, a pair of metal spurs on their boots to dig into the horses ribs at will causing significant bruising, accompanying pain (and occasionally blood on the ripped skin surface) and off they go. What does this say about us humans? Dear God!!!

This whole issue was proved in Japan last month where a huge line in animal welfare boundaries was crossed on an International platform. The world watched complete brutality, inept riding skills and misjudgements causing suffering to the horses caught between a rock and a hard place. **The Modern Pentathlon was appalling to watch.**

During the womens round, we witnessed poor judgements at the distances needed to jump the obstacles. The horses scrapped themselves over the fences in a bid to get out of trouble, knocking poles off left, right and centre. The riders were not balanced and their standard of horsemanship and skill set was diabolical. They used the reins to hang on to- causing real suffering to those horses because the bits sawed on the their tongues and bruised their mouths. It was all so erratic and horrible.

Then came Saint Boy! He was abused so badly at the hands of his 2 riders- the first round Russian rider Gulnaz Gudaydullina rode him so badly that he lost all confidence and refused to jump. She dragged him about by the mouth, kicking his ribs violently and spurring him to force him to go. She failed to force him round the course, got eliminated and left him traumatised and highly stressed. Unbelievably, Saint Boy was not retired from the competition and was then brought back in by German Rider Annika Schleu. What the organisers were thinking is beyond me! **The Modern Pentathlon Governing body is ultimately responsible for these decisions** which turned out to be grossly unfair on both the horse and his second rider. This poor girl was in Gold position at the start of the show jumping round, which is the very last section of the Pentathlon- the medals are won or lost in this final section.

Saint Boy rode into the arena covered in sweat, wide eyed, nostrils flared and erratic from the very start. **Clearly he had been given a very hard time behind the scenes "to make him concentrate" after that first round.**

Right from the off Saint Boy was in a really bad place emotionally and refused to even enter the arena. It was a train wreck from beginning to pitiful end. Try as she may, Saint Boy was beyond himself, displaying every

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type of conflict behaviour in the text book. At one point we saw her hit him 9 times with her whip as he backed up trying to escape. To make matters worse, the Pentathlon team coach was heard to scream at Annika to hit him harder! When he reversed close to the coach she actually threw a connecting punch at the horse over the rails which the whole world witnessed (she was immediately sacked and did not participate in her role for the upcoming men's section).

Eventually Annika forced Saint Boy away from the arena rails but he simply could not jump, falling into fences, refusing, spinning away and threatening to rear- such a pity he did not deck her! The girl was crying of cause, to her it was the end of the world. This horse was destroying all she had dreamed of and worked so hard to achieve. I get that. I really understand how awful it was for her to find herself in that position- but like it or not, she was riding a sentient being who suffered terrible abuse in her hands. She had no choice but to retire. He was literally dragged away, disappeared from the cameras view and no vet was seen to examine him. Who knows what happened to him after that.

The whole competition was disgusting and highlighted all the worse behaviours that man can aim at horses in competition. Sadly there was more to come!!!!

In the Men's show jumping section, we saw rider after rider ploughing their horses into fence after fence, burying them in too deep so the horses had no chance of clearing the fences. Overtly aggressive riding was to the fore, over use of whip and spurs and tempers flared against the horses. The lack of skill at that level was a disgrace as we witnessed horses falling and struggling and getting hurt yet being made to carry on- all because the end game result was put before the welfare of the horses.

As a competition, **the Modern Pentathlon does not fall under the FEI umbrella** so the horses were not protected by any of the strict welfare guidelines nor veterinary protocols in place which protect the Eventing, Dressage and Show jumping horses. Under FEI rules if a horse falls it is retired. If the rider comes off, the rider is eliminated. There are strict rules governing the use (and over use) of the whip and spurs and the misuse of the metal bit and reins attached to the and inside of horse's mouth. Not so with the Modern Pentathlon. Falling horses were not even checked over for injury! Even despite being winded by the fall, they were just mounted again and ridden on irrespectively as was witnessed in the World Games.

So now there is a huge hue and cry to stop using horses at all under the Olympic banner altogether. PETA has a huge petition on the go as we speak demanding this change in the rules. I don't agree with this but I certainly do agree that The Modern Pentathlon has to make big changes. The horse section **MUST** be protected under FEI rule book and veterinary care must be the same for these pooled horses as is present for the other equestrian sections.

<https://doi.org/10.1016/J.JVEB.2014.10.004>

Conflict behaviour (CB) is a response exhibited by animals that experience difficulty coping with mental or physical discomfort and is most often demonstrated as some form of resistance to handling or training cues and/or equipment.

These include wide eyed expression, open mouth behaviours, crossing the jaw, pulling down on the reins to gain release from pressure. Tail swishing at the feel of a disliked aid given by the rider. Avoidance behaviours will include reversing, bucking, rearing or threatening to rear, spinning and running backwards. Abject stress signs include wide eyes, flared nostrils, profuse sweating. Open mouth, very high head carriage, stiffness in the poll, neck or spine. The physiology shows increased heart and respiratory rates and heightened cortisol/adrenaline levels.

"In equestrian sport, Fédération Equestre Internationale (FEI) code of conduct for the welfare of the horse stipulates that "... horses must only undergo training that matches their physical capabilities and level of maturity for their respective disciplines." **What about the riders?**

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Children are our future

As the rates of dog and puppy ownership soared during 2020, Louise Jackson and Rachel Cook set up Happy Hounds for Life – an online toolkit designed to ensure dogs become well-behaved, socialised and happy.

Research into the puppy boom by The Kennel Club (the UK's largest dog welfare organisation) suggests one in four new owners made impulse buys during the pandemic, with little research or preparation. There are now concerns that many new owners will need a great deal of support to help their dogs socialise and develop good behaviour – especially in such difficult times. The fear is that, without this support, many dogs will end up being re-homed.

Happy Hounds for Life offers free training modules, including 'Settle Your Puppy in 24 Hours' and 'How to Train Your Hound to be Happy Alone'. Free advice on buying the right kind of equipment and toys for specific breeds is also available via the website. Full courses can be accessed on a pay-per-item basis.

Louise Jackson, (Practice Director, Kingston veterinary Group) who has over 20 years' experience as a veterinary nurse, and educating pet owners on all types of animal behaviour problems.

"This project is all about our huge concerns for dogs' welfare. Puppies bought during lockdown present two major challenges. Firstly, it is far more difficult for owners to socialise their new puppies during severe social restrictions. Secondly, there is a big risk that many dogs



will develop separation anxiety when restrictions ease and owners return to the workplace for long periods. In some ways, lockdown has been great for many dogs – lots more attention, lots of long walks –but problems are very likely when that comes to an end."

Ms Cook, founder of Happy Hounds for Life, added:

"Getting the right kind of equipment, support and training advice will make all the difference for dogs in their new homes. None of us wants an unhappy, anxious or poorly behaved dog in the house – life is hard enough at the moment. With a few simple steps we can set our dogs on the path to happy and contented lives – and protect our home furnishings at the same time! Happy hounds is about happy humans too."

If you are looking to buy a puppy, please check out the KINGSTON VETERINARY GROUP website, and click onto "Pet Advice" and then "New Puppy" where you will find information on how to purchase your bespoke puppy pack, with all the items you will need for your puppy, including the right sized crate, along with a free online training course "settle your puppy in 24 hours" which teaches you in real time how to positively associate the crate to your puppy, resulting in your puppy sleeping through the night within the first few nights."

The Happy Hounds team is currently developing a full course on how to treat anxiety and retrain dogs to be happy alone. It is in production and will be available very soon but in the mean time if your puppy/dog is struggling to be left alone, then please visit the KINGSTON website where on the home page, you will see a link for "separation anxiety". Please click onto this link and from there you will be directed to a free on line module, on how to put some immediate changes in place, that will ensure you puppy/dog can start to feel less anxious when left alone.

We, at KINGSTON, feel that children are our pet owners of the future so when better to involve them. A wonderful book to help our young owners has been written by Rachel Cook which features the arrival of a new puppy. These are available to purchase at any of our six KINGSTON surgeries or may also be purchased on Amazon.

AND FINALLY....TALI...

This past month has been pretty uneventful on the Tali front. She did have a short stay at the kennels and woke the owner who thought her smoke alarm was beeping....no Tali doing her high-pitched yap (something she surprisingly does not do at home). Is this lack of events a good thing? Fingers crossed it is BUT remember my escapade the last time I went camping? Well.... I have replaced the guy rope ready for the Bank Holiday. Mmmmm do feel another Tali chapter coming on?

Until the next time....stay safe.



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How will I find room for a water softener, they are huge aren't they?

Well, yes they used to be and indeed some of the older styles and more basic "builder grade" softeners still available are on the bulky side, however the good news is that there are now compact, non electric "consumer range" softeners that are the size of a tower computer, superbly efficient and stylishly designed to blend in.

Will we need plug sockets and a degree in computers to operate it?

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flashing lights to look out for, it's all perfectly simple, perfectly soft.

I don't want to be moving big heavy bags of salt around, has this been improved?

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Enjoy a shiny, limescale-free kettle

All the above benefits of a softener will not be at the top of most long term softener owners list of reasons they would not be without theirs, they almost all say it is the luxury of bathing, showering and washing in the superbly soft water, not to mention the super soft fluffy towels that are the product of softened water laundry.



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"The Tooth and Nothing but The Tooth"

by
Chris 'Dr. Smile
Maker' Branfield

Never had it so good (part 2) . .



Hello again, I hope that you are safe and well. A mixed bag this month, busy working, courses and a bit of time off. I took my touring caravan down to Kent and managed to close the M1 for a short time. The caravan had a blow out, it ripped off half the wheel arch and shredded some of

the floor of the caravan. We hit some torrential rain after the wheel was changed and made the inside of the caravan wet. I was very calm, to be honest, but the nerves were on edge a bit for a few days. I had to do a Blue Peter running repair with some damp proof, staples, no nails, glue and gaffer tape. It did the job on the way home.

Thank your lucky stars

During the 1600s-1800s, the modern profession of "dentist" did not exist, and people would often visit barbers to get their hair AND teeth sorted. Barbers would file teeth down and apply acid to whiten them, which worked, but inevitably led to decay in the



long-term. Blacksmiths also performed dental work and would use forceps and keys to do it. A key, when rotated, could be used to extract a tooth, but often gum and bone would come away with it; patient's jaws were sometimes broken by this method. I have actually seen this done in an outdoor Moroccan market in the Atlas Mountains. NO local anaesthetic!!!! Eek.

The oldest known filling in the world is 6,500 years old and is made of beeswax. The filling belongs to a 24 to 30-year-old



Neolithic man. Scientists noticed that a vertical crack in one of his teeth had been fitted with a perfectly sized thin cap of beeswax, suggesting that Neolithic humans may have used the material to fill their cavities regularly

while they were alive.

You wouldn't have a cup of tea for fear of it melting.

I heard recently of a patient at a dental practice (not local) who was having dentures made. There is a stage, we call the try-in



stage, when the teeth are set up to test the fit, bite and appearance. The patients ran out with these without paying, thinking that they were the finished article. At the try-in stage the teeth are set up but only in wax so that they can be altered, if necessary,

before processing. Well, he or she would have had a shock if they had a cup of tea as the teeth would start wandering around the mouth as the wax melts. Serves 'em right. Honesty is the best policy.

Time for some R&R

I've had a bit of time off for a week. Need it to get over the week off I had a bit ago. I've still got a webinar to do with the British Society of Dental Sleep Medicine, but only the one.

Until next time. Take care and be good.

Chris



Chris Branfield is Principal Dentist at Castle Park Dental Care, Castle Villa, 28 Castle Road, Cottingham, telephone 01482 772550. He has been in dental practice for 28 years and has a special interest in Life Changing, Pain Free Dentistry with Dental Implants, Teeth Straightening and Cosmetic Dentistry. And, not only that Chris is founder member and trustee of Dental Mavericks charity—ending the daily dental pain of Moroccan kids. For more patient success stories and Chris' Humanitarian work go here now www.castleparkdental.co.uk.



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JESUS

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CHILDREN: We have children's activities for 3-11 year olds during the service in a separate hall.

EMAIL: lucy@revivechurch.co.uk or call 01482 420620 if you have any questions.

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Motoring - with Roy Woodcock



Roy Woodcock takes a Shine to the new “baby SUV” from Citroën - the Citroën C3 Aircross . . .

A new study by Citroën of UK drivers has revealed that 40 per cent believe comfort is key to avoiding road rage. Two thousand were questioned and a staggering 62 per cent admitted to having experienced road rage themselves, and 47 per cent said they had been a victim of another drivers’ road rage.

The research found that being cut up on the road is the main cause of road rage while other traits commonly causing anger included being over-taken inappropriately and drivers failing to indicate.

City and town centres were where drivers struggled to keep their cool the most, whilst tackling roundabouts and driving on motorways were also noted as regular hot spots for anger.

I mention all this because I’ve been driving the new Citroën C3 Aircross - a small SUV that the car company claims has been designed with serenity and wellbeing in mind. Yes, really!

Probing this a little further I discover their claims basically boil down to the fact that the top of the range model (called Shine Plus) comes with what are described as “Advanced Comfort” seats. Think mattress topper - what we’re talking about is an extra 15mm of foam added to each seat.

Hmmm ... I’m not sure this adds up to that much, in all honesty. I’m not decrying or denigrating the car on that one, shall we say, “extreme” claim, because the seats were comfortable and I did like the car. But it strikes me as PR hyperbole taken one step too far.

Essentially, it’s an upgraded version of the car first launched in 2017 and this new model has been in showrooms since the end of June; available from £17,320 – an increase of just a few hundred pounds over the outgoing model.

There are three trim levels (C-Series/Shine/Shine Plus), but whichever you choose you’ll be pleased with a well designed and spacious car that exudes great road presence. There’s that raised seating position we all seem to like these days; it’s very practical but with oodles of classy touches that make you feel you’re being noticed with a degree of envy.

There’s a wide choice of colour combinations and exterior styles, too, for the ultimate in personalisation, including bi-tone roof options and a total of five exterior colour packs.

The core model features diamond-cut 16-inch alloy

wheels, black roof bars and the Anodised Regal Red Colour Pack with a monotone roof, as standard. Automatic eco-LED headlights and LED daytime running lights combine with separate fog lamps at the front of the car. At the rear, parking sensors also feature as standard.

The re-designed centre console provides enhanced stowage and cup holders, and the Graphite Grey upholstery combines with white stitching and satin chrome trim for a premium feel. Advanced technology includes a six-speaker infotainment system with DAB radio and Bluetooth connectivity, all controlled via a seven-inch touchscreen with Apple CarPlay and Android Auto compatibility.

The Black exterior Colour Pack with the “Reflective” rear quarter-light design helps to identify the Shine model on the outside, while Mica Grey cloth upholstery and chrome trim features inside. Practicality is enhanced by the “Flex Load / Pull Out” boot floor, while connectivity is boosted by a larger nine-inch infotainment touchscreen with Citroën Connect Nav (includes three-year subscription to Real Time Traffic and alerts). Advanced safety is provided by Active Safety Brake with Forward Collision Alert.

Top of the range Shine Plus specification includes a White Colour Pack, a black bi-tone roof, larger 17-inch alloy wheels and the upgraded Metropolitan Graphite interior – which adds those “Comfort” seats, a gloss black centre console and satin chrome trim.

Front parking sensors and a rear vision camera aid low speed manoeuvring, while keyless entry and start delivers enhanced convenience. Practicality is boosted by a flat-folding front passenger seat and sliding 60/40 split rear bench.

The folding front passenger seat gives New C3 Aircross SUV a maximum load length of 2.40m – ideal for transporting long objects such as furniture and sports equipment.

In terms of safety features, the new C3 Aircross SUV comes as standard with lane departure warning, traffic sign and speed limit recognition, cruise control with speed limiter and “coffee break alert”.

It’s also available with Citroën Connect Box Emergency & Assistance (Shine & Shine Plus) – which automatically alerts the emergency services in the event of an accident.

The new car can be ordered with a range of PureTech petrol engines, and an efficient BlueHDi Diesel – all of which meet the latest-generation Euro 6d emissions standard. The seven-model range tops out from £23,080 for a 1.2-litre, 130bhp, automatic Shine Plus model while diesels are priced from £21,060 in Shine trim.

In short, a much improved model that’s well worth more than a second look.





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September is generally a cooler month than August although if we are lucky the Summer will extend into Autumn months and of course the days are noticeably shorter. There's still plenty to do garden at this time of the year, if you have a fruit or vegetable patch, you'll be busy reaping the rewards of harvest. It's also time to get out and start planting spring-flowering bulbs for next year.

Make the most of the remaining warmth while you can. Plus September is the perfect time to plant shrubs and trees and treat your lawn. If you want lovely grass in the Spring now is the time to give your lawn some TLC. There is also the offering of lovely Autumn colour in your garden from Autumn bedding the smiley faces of violas and pansies are always a welcome addition. Why not refresh your hanging baskets with some ivy, grasses and cyclamen for beautiful autumnal shades.



Autumn lawncare

There are many treatments you can do to your grass in Autumn that will ensure it is at its best the following Spring. One or more of the tasks below might be required.

Scarifying

Regular raking (or scarifying as it known) keeps levels of thatch (old grass stems, dead moss and other debris) at an acceptable level. Layers of thatch greater than 1cm (3/8in) deep can impede water and fertiliser penetration.

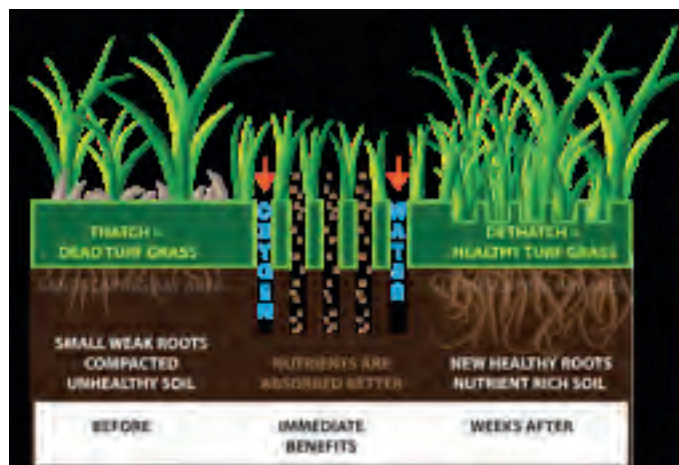
To remove thatch, rake vigorously but carefully with a spring-tined rake. For larger areas powered tools are available as single units or mower attachments.

Note: Turf is damaged if scarified too deeply.

Aerating (spiking)

Aerating (or spiking) lawns allows better movement of air and water in the root zone. A well-aerated lawn will manage better in periods of drought or waterlogging. For an average lawn, aeration every two to three years should be adequate. Concentrate on areas that receive the most wear and those that are compacted.

Small areas can be spiked with a garden fork, spacing holes 10-15cm (4-6in) apart and deep. On clay or waterlogged soils use a hollow-tine aerator every three to four years. This extracts plugs of soil from the lawn. After hollow-tining, sweep up the plugs and then rake a top-dressing (see below) into the holes to improve air and moisture penetration. At coletta and Tyson we have a great heavy duty aerator for just £16.99.



Top-dressing

Top-dressing is the application of loam, sand and well-rotted organic matter to a lawn in order to correct surface irregularities and improve the texture of difficult soils. This encourages greater rooting and thickening of turf.

The top-dressing mix is three parts sandy loam, six parts sharp sand and one part compost or leaf mould.

10 Jobs for this month

1. Divide herbaceous perennials
2. Pick autumn raspberries
3. Collect and sow seed from perennials and hardy annuals
4. Dig up remaining potatoes before slug damage spoils them
5. Net ponds before leaf fall gets underway
6. Refresh Summer hanging baskets & containers with Autumn bedding
7. Start to reduce the frequency of houseplant watering
8. Clean out cold frames and greenhouses so that they are ready for use in the autumn – Smoke fumigators are ideal for this
9. Cover leafy vegetable crops with bird-proof netting
10. Plant spring flowering bulbs



Fairy Ring

Flattening

To correct bumps and troughs, use an edging iron or spade to slice through the turf and roll it back. Fork over the underlying ground and add or remove soil as needed. Replace the turf, pressing the edges together, and water thoroughly.

Problems

Lawns can suffer from a variety of fungal problems including red thread, fairy rings and take-all patch. Damage created by lawn pests such as leatherjackets and chafer grubs, as well as their predators, can be really devastating. Worm casts are also a nuisance in wet weather.

Autumn is a good time to repair damage caused by fungal diseases or pests.

At Coletta and Tyson we have a great product for autumn lawns – Autumn all in one is specially formulated as a granule to keep your lawn healthy over the winter months and will eradicate moss and prevents dis-colouring. It can revitalise any problem areas by adding essential nutrients. It is also high in potash and ferrous sulphate.



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Your Stars for September 2021

By Kay Gower

Aries (Mar. 21- April 20)

When you take a leap of faith there comes the hope that, at the bottom of it, there will be a soft place to land, and there's a time around the 17th- 21st when you can test this out. But once you've leapt, it's too late.

Taurus (Apr. 21- May 21)

You have some plans and you will be able to achieve them but only if you stay focused. Avoid distraction and the stars will steer you in the right direction.

Gemini (May 22-June 21)

When you pay attention, you can usually tell who or what is going to be trouble. The signs are all there in the early stages. The question is - will it all be worth it?

Cancer (June 22-July 22)

Sometimes, being held up by roadworks gives you chance to find your way. Sometimes, you thank mistakes, as they turn out to be for the best. Sometimes, it's the enemy that keeps you on your toes, that keeps you strong.

Leo (July 23-Aug 22)

You have an enjoyable although hectic month ahead. You communicate easily and develop new friendships, expect plenty of attention and opportunities.

Virgo (Aug 22 – Sept. 23)

Think big but spend little. The sacrifices you make in September will pay off later in the year. There could be jealousy in a work environment, so watch out.

Libra (Sept. 24 -Oct. 23)

During the coming weeks think 'creatively' and you'll rise to any occasion. Be assertive and take what's yours. Don't ruin this time with negative thoughts.

Scorpio (Oct. 24 - Nov. 22)

If there's one rule that will save you from feeling low it's to obey the suggestions of your own body. Rest when it says rest no matter what else is scribbled in the diary. Good health and sleep are more closely related than ever right now.

Sagittarius (Nov. 23 -Dec. 21)

You have wisdom to share so when asked for advice you give it. Whether it lands well is not your responsibility. You will do your best to show certain someone the way, but ultimately this person must decide what is best for them.

Capricorn (Dec 22.- Jan. 20)

You have the confidence that comes with experience. Things are heating up and that's when you feel most alive. Some people work best under pressure and you are definitely one of them.

Aquarius (Jan 21 - Feb 19)

Money can be made this month but keep your wits about you and be careful who you confide in. Change is moving in your favour, a small windfall or prize is also indicated.

Pisces (Feb. 20-Mar. 20)

To have compassion for others, you have to have it for yourself, too. This is hard for you because you have a bad habit of holding yourself up to impossible standards. You deserve your own kindness, so give it.

Bridlington Kite Festival set for September return

The annual Bridlington Kite Festival – a weekend of vibrant kites soaring high above Sewerby Fields in the seaside town – is set to return in September and visitors can now find out more about the weekend's activities by visiting the brand-new web page.

The event will take place on Saturday, 11 and Sunday, 12 September 2021 following a postponement due to the COVID-19 outbreak. Please visit www.bridlingtonkitefestival.co.uk for more information.

Alongside of this vast array of giant inflatable kites, visitors will find street food stalls, fairground rides and children's entertainment - making it an action packed, fun-filled festival for all the family.

The festival will run from 10am to 5pm on both the Saturday and Sunday in September, and it is free to attend.

This date change is for 2021 only, and it will return in May 2022

Crossword solution from page 14



Sudoku Answer from page 12

6	3	4	2	7	5	9	1	8
9	5	2	3	1	8	4	7	6
1	8	7	6	4	9	2	3	5
5	4	8	9	6	7	3	2	1
7	6	1	8	2	3	5	9	4
2	9	3	1	5	4	6	8	7
3	1	5	7	9	6	8	4	2
4	2	9	5	8	1	7	6	3
8	7	6	4	3	2	1	5	9

as usual.

For more information, pictures and contact information about the Bridlington Kite Festival, visit the Facebook page at www.facebook.com/bridlingtonkitefestival/ or visit the website at www.bridlingtonkitefestival.co.uk.

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Stunning Paul Oz artworks donated to Castle Hill Hospital and Hull Royal Infirmary

The Artmarket Gallery located in Cottingham, have kindly donated three signed limited edition artworks titled 'Corona-tion Queen', by dynamic artist Paul Oz, to the Centenary Building and Ward 7 Infectious Diseases at Castle Hill Hospital, and also in the Intensive Care Unit at Hull Royal Infirmary as a token of their appreciation to hospital staff for their incredible work caring for Covid-19 patients throughout the pandemic.

The piece was influenced by the Coronavirus and devastating impact it has had on our society, and was painted to raise money to help the NHS. The original oil painting of the PPE adorned Queen was auctioned off to the public with 100% of the £8,250 auction figure raised going directly to the NHS Charities Together of which Hull Hospitals' Charity WISHH, is a member.

The artwork was displayed in the Artmarket Gallery until carefully packed and shipped to the highest bidder. The 'Corona-tion Queen' became an instant hit with gallery customers and was often admired through the gallery windows from passers-by.

Paul Oz posted on his Instagram to say how he 'felt helpless in the current situation' and was 'in awe at our hero's on the front line of the NHS battling to save lives'. Therefore used his talent to create the 'Corona-tion Queen'.

The installation of these striking artworks is part of the Hull University Teaching Hospitals' Arts Programme, Flourish, which recognises that the arts and creative approaches throughout our hospitals can keep people well, aid recovery, and help meet major challenges such as ageing, long-term conditions, loneliness and mental health.

Director David Haire, who leads on Flourish, our Hospitals' Arts Programme, said: "We are delighted to welcome these artworks which uniquely pay tribute to our staff and all NHS workers during the Coronavirus epidemic. Powerful creative images like this can speak a thousand words, and these prints speak, not just for the artist, but also for so many local patients and families whose lives have been touched by Covid-19 over this past year.

Our Flourish Hospital Arts Programme harnesses the special power of arts and creativity to improve our hospital places and spaces; uplift patients, visitors and staff; and bring new innovations to clinical practices. These two new artworks add a new dimension to our ongoing programme and specialist collection of artworks."

British artist Paul Oz has previously released a range of Queen Elizabeth inspired artworks that over the years have been incredibly popular with his collectors. Showcasing his artwork at the Artmarket Gallery, Oz painted the Coronavirus inspired artwork to launch at the Artmarket Gallery's event in March 2020.

Michelle Power, Artmarket Gallery Director said: "We are so pleased that we are able to donate these incredible

pieces of artwork from Paul Oz to two local hospitals in thanks for all of their hard work throughout the pandemic. We hope they will bring a smile to the key workers faces and remind them that even though we have had a challenging few months their perseverance and determination has been highly appreciated. We wanted to say a huge thank you to all the NHS staff so we do hope that our donation adds a little brightness to the hospital wards".

Pictured: Sister Helen Wilson ICU Hull Royal Infirmary Sister pictured with Chloe Proudlove from the Artmarket.

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